

Patient Health Questionnaire – 9 (PHQ – 9)

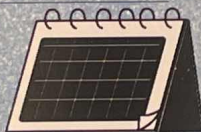
What is it

The PHQ – 9 is an easy, nine question patient self-administered questionnaire, that screens for symptoms of depression. The questionnaire incorporates the Diagnostic and Statistical Manual of Mental Disorders, fifth edition (DSM-IV) criteria for depression. It can be used for screening and monitoring treatment. It usually takes approximately 3 minutes to complete.



When will it be administered

The implementation period will begin in May and continue through August 2021 (specific dates are to follow).



Why

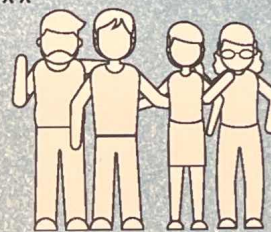
Conducting routine mental health screening in occupational health can help identify psychological needs early, which can improve patient outcomes and the patient's quality of care.



Who will receive it

Patients > 18 years old who come in for new work-related injuries and for subsequent visits, during the implementation period will be given a PHQ – 9 by the nursing staff.

**It is important to note only patients who were given the PHQ – 9 during their initial injury visit should be given the PHQ – 9 to complete at their follow up visits. **



Where it will be used

At the Springfield MOHA office only, during the pilot phase.



How will it be administered

The PHQ-9 will be given to patients by the nursing staff, at the same time they are given the pain drawing to complete. It will only be given to patients being seen for a new work-related injuries and for subsequent visits (for patients who were given a PHQ – 9 with their new injury visit), during the implementation period (May – August 2021)

