

Increasing Knowledge and Awareness of Individuals Who Identify as



Transgender in Primary Care

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PROBLEM INTRODUCTION

- 1.6 million people in the United States identify as transgender (CDC, 2022)
- Lower rates of health care seeking behaviors among individuals who identify as transgender due to the stigma conveyed when accessing the healthcare system
- There is a lack of LGBTQ specific knowledge by medical providers

PURPOSE

- To increase awareness and provide education of the primary care needs in the transgender population.

CONCEPTUAL FRAMEWORK

Unfreeze → Change → Refreeze



LITERATURE REVIEW

Four Main Themes

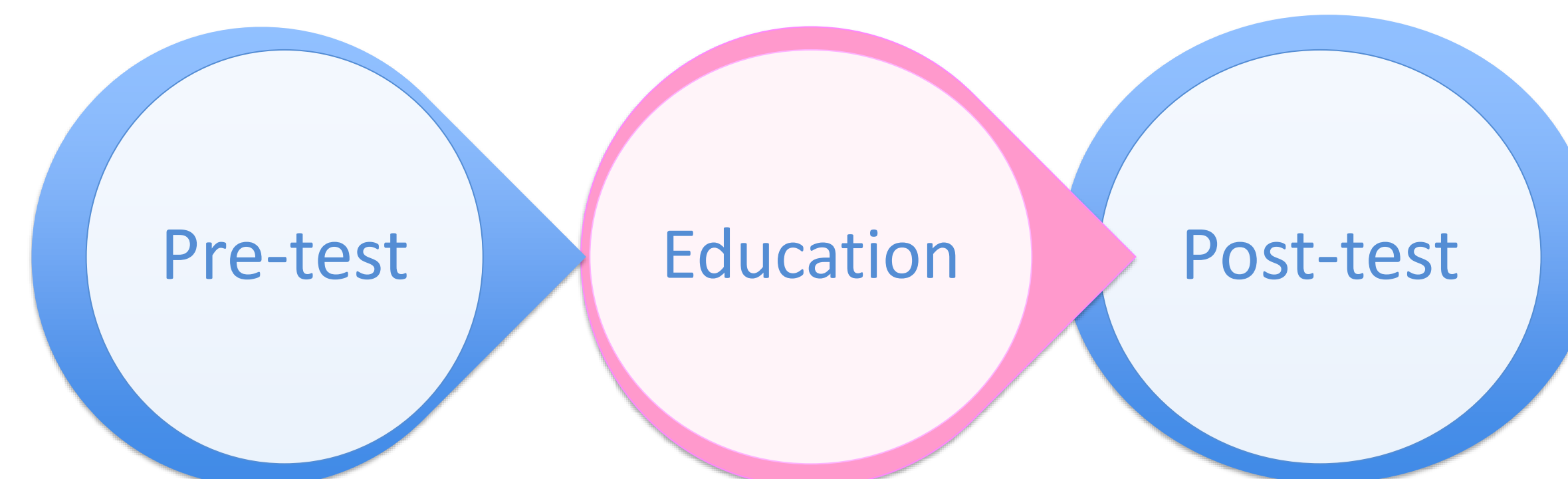
Knowledge Gaps

Transphobia

Barriers to Care

Patient Experiences

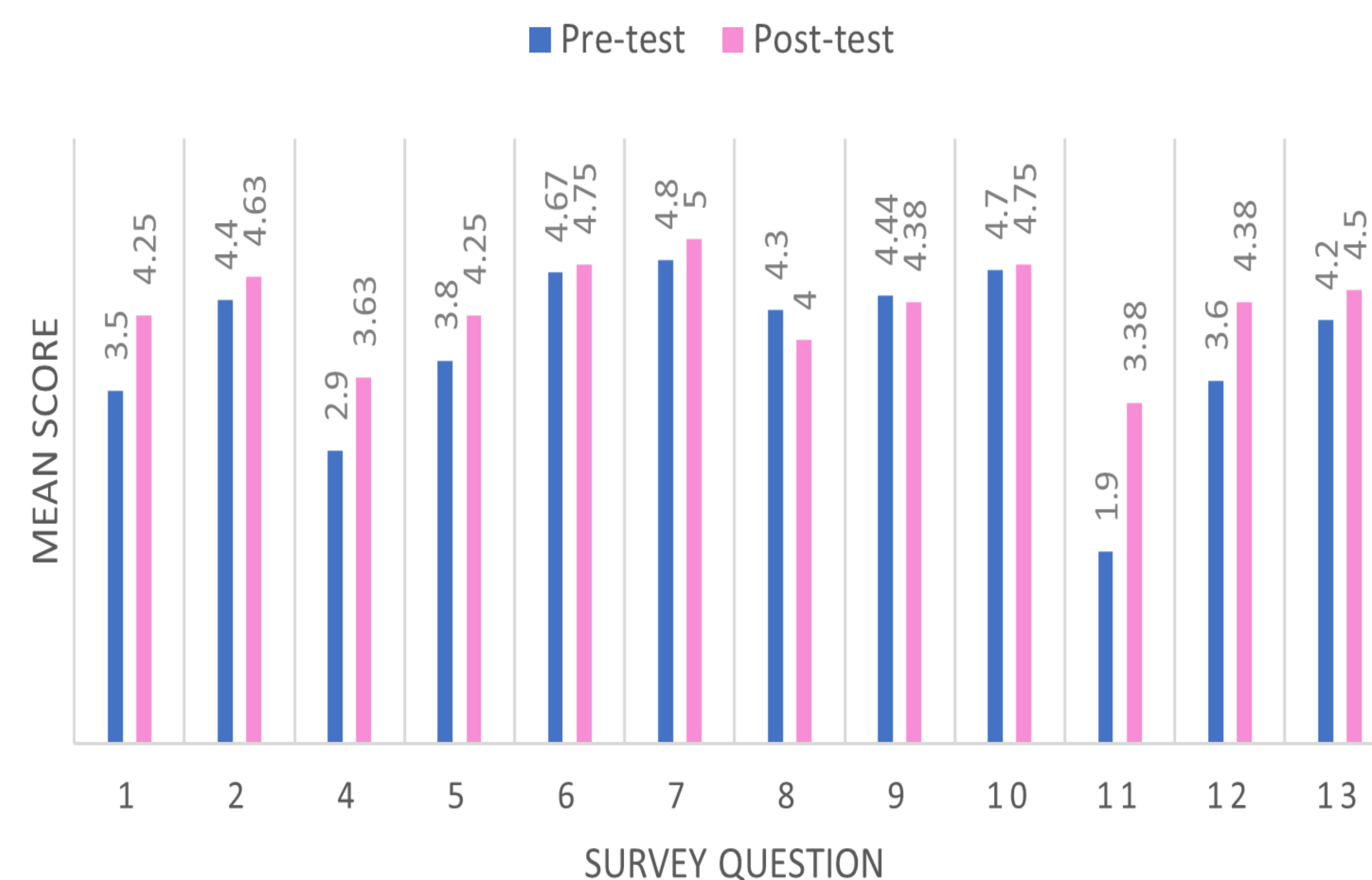
PROJECT METHODS



EVALUATION

- Mean scores for pre-test and post-test were calculated using Microsoft Excel
- Differences among means were analyzed for clinical significance

PRE- AND POST-EDUCATION EVALUATION



IMPACT ON PRACTICE

- Increased awareness and education in the care of this special population and
- Created a space for providers to learn and ask questions in a non-judgmental atmosphere with open dialogue
- Provided a sample guideline for health care practitioners to deliver high quality gender affirming care

LIMITATIONS

Small Sample Size

Project Leader's Site

Increased Transgender Patients

Time/Schedule Constraints
Zoom

Participants non adherent to coding instructions

FUTURE RESEARCH NEEDS

Patient Perspective

Other Primary Care Clinics

Faculty/Student Perspective

REFERENCES

Centers for Disease Control and Prevention. (2022). Patient centered care for transgender people: recommended practices for health care settings. Retrieved February 18, 2022 www.cdc.gov/hiv/clinicians/transformin-health/health-care-providers/affirmative-care.html Patient-Centered Care | For Health Care Providers | Transforming Health | Clinical | HIV | CDC

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