

# Cougar soccer is Final Four bound



DAN WALDEN  
SPORTS STRINGER

For the first time in almost two decades, the SIUE men's soccer team will play in the National Collegiate Athletic Association Final Four.

The team is heading to Tampa, Fla., for a shot at the Division II national title.

The Cougars came one step closer as they defeated Ashland University 1-0 at Ralph Korte Stadium in the Elite Eight of the NCAA Tournament.

"With 200 teams in Division II soccer, the fact that we are in the top four is something to take great pride in," coach Ed Huneke said. "Everyone from the administration and coaching staff to the alumni and players should be proud. We feel very honored to be in this position. Seldom does a team in any sport experience this."

There was no score for the entire first period against Ashland, but in the 64th minute of the game, senior Justin McMillian scored off an assist from Chris Knopp.

see COUGARS, page 10

BETH KRUZAN/ALESTLE

The men's soccer team clinched a spot in the National Collegiate Athletic Association Final Four with its win over Ashland University. This is the Cougars' first trip to the Final Four since 1982. The championship is being held at the University of Tampa.

## Convicted felon pleads for mercy on the Internet

ANTHONY WATT  
ASSISTANT NEWS EDITOR

With her sentencing for heinous battery scheduled for Wednesday, Joy Brown is pleading her case online.

Brown was convicted in June of throwing hot grease on her ex-husband, Damien Brown.

"Because of this one horrible night when I decided to stand up for myself, I now have a criminal record," Brown says in her online statement. "I risk losing all of the things that I have worked and prayed so hard for, including my children, my ability to graduate, the respect of my community and my freedom."

Brown says online that the night Damien Brown was burned, he had gotten into her home in violation of a protection order she had against him.

"After deciding we should be a family again, he battered and raped me as he had done many times during our marriage," she says in the statement. "After he

left me lying on my kitchen floor, I sat up and noticed the steam of overcooked grease that I had turned on prior to the attack."

Brown says online she was holding the grease when she confronted Damien Brown and told him to leave her home.

He grabbed her hand and that was when the grease was spilled on him.

"If you could see and realize what really happened on that night, you would know that I am not guilty of heinous battery," she says. "I am sorry my ex-husband got burned. I will never allow myself to be in a predicament where something of this nature could happen again."

Brown's sentencing has been postponed several times because she was having complications with her pregnancy.

She faces six to 30 years in prison for the heinous battery charge, a felony.

Brown's Web site is [www.upscalewedding.com/joy](http://www.upscalewedding.com/joy)

## Textbook rental tops agenda at student government meeting



BETH KRUZAN/ALESTLE

The student government discusses the possible elimination of Textbook Rental at its meeting.

TRAVIS L. ROSS  
NEWS REPORTER

Everything but turkey was up for discussion during the general assembly held at the last student government meeting.

During the open forum, the possible elimination of textbook rental was discussed.

"At the IBHE-SAC meetings

other schools always ask me about textbook rental. It is just one of the major attractions of our university," Illinois Board of Higher Education-Student Advisory Committee member and Student Body Vice President Michelle King said.

"At other colleges you pay a few hundred dollars for your books that you might be able to

turn around and sell for a tenth of the price," student Johnlan Norris said.

Further discussion about Textbook Services is scheduled for the faculty senate meeting at 9 a.m. on Dec. 6 in the Mississippi Illinois Room on the second floor of the Morris University Center.

see GOV, page 5

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# Low-income parents get help

**MINDY HAWKINS**  
**LIFESTYLES STRINGER**

Any student with children knows how difficult it can be to juggle the many full-time responsibilities of both parent and student. Such difficulties are intensified by the high cost of quality child care.

As of Oct. 1, low-income parents attending SIUE will have access to funding through the United States Department of Education Child Care Access Means Parents in Schools Program. Congressman John Shimkus, R-Ill., announced the establishment of the new subsidized child-care program for parents pursuing degrees at SIUE.

SIUE will receive more than

\$50,000 every year for four years to fund the program. By helping fund child care for low-income families, the program addresses a serious need for affordable quality child care for parents seeking degrees that gives them the skills to earn sustainable incomes.

"I am pleased that our local higher education campuses are working to assist all students seeking to obtain a degree and move both their own and their children's lives forward," Shimkus said. "Congratulations to the schools, the day cares and the students."

The funding will allow 10 children to enroll in a day program for two- to six-year-olds, and 10 to enroll in an evening program for two- to 12-

year-olds at the SIUE Early Childhood Center. A sliding fee scale will be based on parents' income and ability to pay.

According to Rebecca Dabbs-Kayser, director of the Early Childhood Center, this program will extend much-needed assistance to low-income parents trying to complete degrees at SIUE.

"It is really an honor for SIUE to be given this grant to provide resources to student families. It is badly needed and we're lucky to have it," she said.

Any SIUE student eligible to receive the Pell Grant will automatically be eligible for child-care assistance through the new program.

see CHILDREN, page 5

# SIUE is sprucing up the campus

**CALLIE STILWELL**  
**NEWS STRINGER**

Say goodbye to the old shrubs and trees on SIUE's central campus. The current landscaping, planted in the mid-1960s, is undergoing a four-year face-lift.

The university hired HOK Architects, who designed the original existing landscape, for the job.

Facilities Management Director Bob Washburn said

SIUE will spend \$117,000 a year for four years.

Washburn said trees and plants from the same nurseries had similar genetic codes and that made them susceptible to the same diseases.

Many pine trees were lost over the years.

Some were overgrown or reached their natural life cycle.

HOK Architects will plant evergreens and flowering bushes around the central and fan parking lots.

Bushes will also be planted along the chain-link fence of Lot 7.

When the bushes are large enough, the chain-link fence will be removed.

Other areas to be landscaped are Hairpin Drive and University Drive.

Washburn noted that the landscaping being done between the Engineering Building and the Art and Design Building is not related to this project.

# Annual Campus Clean-Up day here

**JENNIFER L. VOGEL**  
**NEWS STRINGER**

The annual Campus Clean-Up sponsored by Facilities Management will take place during this week and next.

Crews from Facilities Management will be at designated pick up sites both weeks to remove garbage,

discarded files, surplus furniture and equipment, and other items.

Campus Clean-Up is a free service provided to state-funded departments throughout the campus.

The Campus Clean-Up building schedule is as follows:

Tuesday, Founders and Alumni halls.

Wednesday, Dunham Hall

and Lovejoy Library

Thursday, Engineering and Art & Design Building, Vadalabene Center.

During the week of Dec. 3, crews will be at the Alton and East St. Louis campuses.

For further instructions or more information, contact the Grounds Department at 650-3584.

# Campus Scanner

**Share Food Project:** Volunteer to distribute food for the food co-op program. Participants will be picked up at 8 a.m. and returned at noon Saturday, Dec. 15 and Jan 26, in Lot B. Volunteers need to wear work clothes and bring work gloves. For more information, contact Kimmel Leadership Center at 650-2686.

**Alcoholics Anonymous meeting:** The Gut Level Group meets at 7 p.m. every Saturday at the Religious Center. This is an open meeting of Alcoholics Anonymous and Al-Anon.

**Blood Drive:** The American Red Cross is holding blood drives from 10 a.m. to 4 p.m. Friday, at the Bank of Edwardsville, from 4 to 7 p.m. Tuesday, Dec. 4, at the East Alton-Wood River High School and from 8 a.m. to 1 p.m. Tuesday, Dec. 4, at Miller's First Insurance Co. in Alton. Donors must be at least 16 years old, weigh at least 110 pounds, not have gotten a tattoo within the last year, not be taking blood thinners or antibiotics and not have given blood within the last 56 days.

**CPR training:** The American Red Cross is

holding training for Cardiopulmonary Resuscitation and first aid from 6 to 10 p.m. Monday, Dec. 3, at the Red Cross office 1121 University Drive, Edwardsville. For registration, call 465-7704.

**Open Forum:** The University Center Board is sponsoring a panel discussion about the "Alternative ways of looking at the war on terrorism" from noon to 1 p.m. Tuesday, in the Goshen Lounge on the first floor of the Morris University Center. Students, faculty and staff are encouraged to attend and ask questions of the panel participants. For more information, contact Kimmel Leadership Center at 650-2686.

**Theater:** "Dancing at the Lughnasa" is being performed at 7:30 p.m. Wednesday through Sunday at the Metcalf Student Experimental Theater. Tickets are \$5 for senior citizens and students with a student identification card and \$7 for the public. For more information, call 650-2774.

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The editors, staff and publishers of the Alestle believe in the free exchange of ideas, concerns and opinions and will publish as many letters to the editor as possible. Letters may be turned in at the Alestle office located in the Morris University Center, Room 2022 or via e-mail at [alestle\\_editor@hotmail.com](mailto:alestle_editor@hotmail.com). All hard copy letters should be typed and double-spaced. All letters should be no longer than 500 words. Please include your phone number, signature (or name, if using e-mail) and student identification number.

We reserve the right to edit letters for grammar and content. However, great care will be taken to ensure that the message of the letter is not lost or altered.

Letters to the editor will not be printed anonymously except under extreme circumstances.

The Alestle is a member of the Illinois College Press Association, the Associated Collegiate Press and U-WIRE.

The name Alestle is an acronym derived from the names of the three campus locations of SIUE: Alton, East St. Louis and Edwardsville.

The Alestle is published on Tuesdays and Thursdays during fall and spring semesters, and on Wednesdays during summer semesters. For more information, call (618) 650-3528.

**Have a comment?**  
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# We print positive news – I'm positive



I positively hope everyone had a great holiday break.

The Alestle is often accused of printing only negative stories. I figure if I put the word positive in my sentences every once in a while, maybe I can end those accusations.

You see, the truth is, the Alestle prints more positive stories than negative. And, for the non-believers, I will prove it.

No, I won't go soft on our coverage. I will look back on the past week and do a count of the positive, neutral and negative news stories. I did not include the Lifestyles and sports sections.

My study comes from the newspapers printed on Nov. 13 and 15.

On Nov. 13, we printed a neutral story about the hiring of a new director in the School of Business.

We printed positive stories about a new library facility that will help with growth, a Middle Tennessee State University library named for Southern Illinois University President James Walker, a weather station that will help SIUE students, a story about nursing professor Wendy Nehring being elected to the American Academy of Nursing and a picture of Nobel Prize-winner Lech Walesa.

We printed negative stories about students wanted by police, Joy Brown facing her court sentencing and police incidents.

Moving on to Nov. 15, we printed a neutral story about a teachers' conference.

We also covered positive stories about accused students claiming charges against them are false, safety gates being installed at Cougar Village, the Great American Smokeout, a picture of the new disc golf course and Societal Innovators,

the organization of the week.

We ran a negative story about a hit-and-run accident involving students and police incidents.

That comes to 10 positive, two neutral and five negative.

Of 17 news stories, only five can be considered negative, compared to 10 positive. At least that's how I see it.

So, what does this all mean? Nothing.

That's right, I just wasted a whole lot of paper and ink to let you know that we are doing our jobs.

The opposite thing could happen in any other week. It just depends on what comes into the newsroom. We report what happens. That's true of most newspapers in the country.

We would do our readers a disservice if we didn't report the news, whether it be good, bad or neutral. The Alestle is training students for the world after graduation. This is what it's like out there.

We are a mirror of the real world. In the real world, bad

things happen along with the good. Our job is to make sure we keep you informed about both.

We are messengers. We don't make the news; we just tell you about it.

News is abnormal. If airplanes crashed every day, what happened two weeks ago in Queens, N.Y., wouldn't phase anyone.

Ask yourself what the world would be like if newspapers didn't report bad news. We would all be naive. You lock your car doors because something might be stolen. If you were unaware that theft occurs, you could be the next victim.

If you want nothing but warm and happy stories, find a magazine that focuses on those. Get a "Chicken Soup" book.

If you can't face the sometimes awful things that happen in this world, think twice before opening a newspaper or turning on the evening news.

Brian Wallheimer  
Editor in Chief

## Letters to the Editor

Dear Editor:

This letter is in regard to the people complaining about the Vadalabene Center/ Fitness Center being a red parking lot.

Get over it!

If these people know how busy this lot is, why aren't they finding a new place to park? Why should every person with a red hangtag have to park out in lots four, five, six, seven, eight and nine if they don't have to?

I have a chemistry class in the Science Building on Monday, Wednesday and Friday, so it is more convenient to park in the Fitness Center lot. If I did not have the option of parking at the Fitness Center, I would leave earlier and park where I had to park. And I would not be complaining about it.

If you know how crowded this lot is, plan to park somewhere new next semester.

This semester is almost over, so you would think people would have figured it out by now. After all, parking could not possibly be convenient for everyone.

Dena Mayes  
Sophomore

## Should the university accommodate students wanting to stay in the dorms during breaks?

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## FBI worried about water supply



BETH KRUZAN/ALESTLE

A panel discusses keeping water supplies safe from terrorism.

CALLIE STILWELL  
NEWS STRINGER

People concerned with water plant security gathered at SIUE's Environmental Resource Training Center for the panel presentation "Terrorism and Public Water Supply."

The panel suggested steps to protect water plants from possible contamination by terrorists.

"The risk is basically low for an attack on a water plant," ERTC Program Manager Bob Whitworth said.

Whitworth spoke about the difficulty terrorists would face in trying to contaminate a water system.

"Less than 1 percent of the water we produce is actually used for drinking and cooking," Whitworth said.

According to Whitworth, for people to get sick, the contaminant would have to be introduced in large quantities or people would need to drink gallons of the infected water.

In addition to Whitworth, the panel included representatives from the Illinois Environmental Protection Agency, FBI and George Alarm Company.

FBI Special Agent Larry Skora from the Fairview Heights bureau office said there are easier ways to accomplish acts of terrorism than by striking a water plant. Skora did urge water plant workers to be more vigilant because terrorist contamination cannot be completely prevented.

"There are steps that can be taken, but they are going to take money," Skora said.

Skora said water plants could update their security systems to

protect their chemicals and treatment facilities.

IEPA representative Todd Rowe said Illinois already had task forces ready to deal with terrorism before Sept. 11.

The task forces went through further training involving chemical and biological terrorism after Sept. 11.

"We have access to our engineers," Rowe said. "We can get people to you 24/7."

He said water plants do not need to undergo a large overhaul to protect them from terrorism. The systems were designed specifically to deal with biological and some chemical problems.

Rowe said the IEPA has consulted with experts from the Department of Public Health concerning effects of chemical and biological agents on people.

He added that the IEPA is using a new method for detecting anthrax. The test yields results in two to four hours instead of one or two days.

David George, a representative from George Alarm Company, spoke about security systems in water plants.

He said chemical storage areas should have backlit cameras to tape in dark areas.

He also said hand geometry systems, which scan the hand's unique pattern, can secure a building better than identification cards and keys which can be duplicated.

## New campus building brings home hardware

TRAVIS L ROSS  
NEWS REPORTER

The Illinois Capital Development Board has selected SIUE's Engineering Building as the recipient of the 2001 Thomas H. Madigan Award.

According to ICDB spokeswoman Mia Jazo, "the award was established in 1988 to recognize outstanding team efforts in ICDB projects."

This year the ICDB reviewed 12 applications for the award.

"The judges like the project because of the way the design fit the function of the building," Jazo said.

One requirement for the award is an exhibition of teamwork.

"The cooperation between the architect and the university resulted in a building that meets the needs of the campus very well," Facilities Management Director Bob Washburn said.

According to School of

Engineering professor Paul Seaburg, the needs of the students were the motivation for the new building and thus influenced the design indirectly.

"Our faculty established our needs and worked with the architect in putting the actual design together," Seaburg said.

"We would like to say that the building carries on the tradition of quality, functional buildings started by (architects) HOK in the original design of the campus and campus buildings in the mid-1960s," Washburn said. "The building boasts an appearance and function that will last without chasing today's trends."

"The building has certainly contributed to a 25 percent increase in engineering enrollment over the past few years," Washburn said. "There are very few buildings dedicated to undergraduate engineering education in the region that even come close to the visual impact of this building."

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**CHILDREN**

from page 2

However, the application process will be handled through the Early Childhood Center, rather than the Student Financial Aid Office.

"Students who want to apply need to provide us with income documentation, a school schedule and an application," Dabbs-Kayser said.

The funding will also be used to provide more resources for SIUE parents. "We'll be able to provide more parent resources like parenting workshops and a small library of reference books on parenting," Dabbs-Kayser said.

Dabbs-Kayser said she hopes access to child-care assistance will help low-income parents have the option to stay in school.

"I've noticed parents dropping out of classes because they're trying to manage tuition, rent, utility bills and child care. I see students really struggling to pay their bills, using loan money to pay for child care. It's really hard. I've had lots of parents in my office crying about the bill," Dabbs-Kayser said.

Although the Child Care Access Means Parents in Schools Program began funding this semester, most of the money will immediately be used to subsidize the child care for low-income families already enrolled in the Early Childhood Center.

"We just found out about this a couple of weeks ago, so things are just getting started, but we will subsidize people whose children are already in the center this semester," Dabbs-Kayser said. "There are around five people who are eligible to be subsidized in the center this semester."

It is likely there will be a waiting list for openings in the Early Childhood Center, so low-income parents who potentially qualify for the assistance should start the application process as soon as possible.

According to some media reports, the new program will offer hourly care, but Dabbs-Kayser said this is misleading.

"Some of the media described it as hourly care, but people need study time too, so it will probably look like a half-day or full-day care," she said.

Over the years, access to higher education has become an increasingly important step in the ability to earn a livable income. The Child-Care Access Means Parents in Schools Program will give low-income parents access to the skills needed to improve their financial situation while their children benefit from a safe and educational environment.

"Quality child care should be accessible to everybody regardless of their income," Dabbs-Kayser said.

**GOV**

from page 4

The only business before going to open forum for the senate was a program request from Retention of African-American Males for the It's All Free program.

"The purpose of this program is to relieve stress before the final exams," RAM member Lamont Tyler said.

According to Kimmel Leadership Center Assistant Director Lisa Ramsey, RAM did not turn in their program request in time. Her signature of approval was not on the document.

The student senators voted the proposal down 8-1 with two

abstentions.

"It would be a bad precedent for us to set if we passed this program," Finance Board Chair Gabe Dubois said. "An organization must turn in their program request 12 weeks in advance."

MUC Director Mary Robinson gave an update on the progress of the MUC renovation project.

"The roof is in progress and the skylights have to be totally replaced," Robinson said. "Around the end of December we plan to start staging for the renovation."

Robinson also answered questions about the high cost of food in the cafeteria.

"We are looking for a supplier that will complement what we already have," Robinson said. "We are trying to see what is out there."

"This was a positive meeting," Senator Philip Gustafson said after the meeting. "There were a lot of good points made before the administration."

The next senate meeting will be held at 2 p.m. Dec. 7 in the International Room on the second floor of the MUC.

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## Eyes wide open: Staying awake the wrong way

SARA PLUMMER  
DAILY O'COLLEGIAN

(U-WIRE) STILLWATER, Okla. — As finals approach, students grapple with the opposing forces of studying and entertainment, causing them to wait until the last minute and turn to alternate sources of energy.

Kristin Jordan, public relations junior, said she often has to burn the midnight oil to study for tests.

"I cram," Jordan said.

Gabby Tweedy, sociology freshman, has a similar studying strategy.

"I'm very last minute," Tweedy said. "Basically it's memorizing, not studying."

Tweedy also said she wouldn't call her studying cramming.

"I only read and go over notes for about an hour, so it's not like I'm pulling an all-nighter," she said.

Jesse Lafave, public relations junior, said he tries not to cram for tests.

"Cramming doesn't really work," Lafave said, but admits he sometimes does it.

"You should try to spread (studying) out, but sometimes you have to cram," he said. "It just depends on how far until the last minute you wait to study."

Students have different ways to combat the sleepiness and stress that come with cramming.

Lafave said his method is simply to study for a few hours then take a nap for an hour, wake up, study again — repeat as often as necessary.

Jordan uses caffeine as an aid to help her study through the night.

"I don't take (energy) pills, but I do drink a lot of pop," she said.

Lafave said he doesn't use stimulants to study.

"They just make you feel worse," he said.

Tweedy said caffeine and sugar do not work for her.

"They just don't affect me," she said.

Alternatives for extra energy other than Jolt cola include over-the-counter drugs like No-Doz, Vivarin and Yellow Jackets.

According to WebMD, caffeine, the ingredient in many of these drugs, can be harmful to those under a great deal of stress, like many college students during finals week. The effects include high blood pressure, high heart rate or even death.

The newest additions to some college students' cram sessions are energy drinks like Red Bull, ISO Sprint, Semtex Forte and Erektus. All these energy-boosting drinks cost around \$2 a can.

According to WebMD, energy drinks can harm more than help those who drink them.

"Energy drinks like Red Bull and SoBe contain 'metabolic boosters,' said to intensify energy, weight loss and peak performance," the Web site said. "But many experts say these products are more marketing hype than anything else, and some users can react badly to the drinks' various additives."

The Web site also said the most dangerous ingredient in these energy drinks is ephedra, a chemical found in cold medicines, Ritalin and speed.

"Ephedra can cause heart complications, high blood pressure, seizures, strokes and even death, especially when combined with other stimulants like caffeine, guarana and ginseng — also common ingredients in these drinks," the Web site said.

Energy drinks and over-the-counter drugs are found at most drug, discount and convenience stores.

To help crammers avoid all-nighters, several Web sites offer study tips and research assistance.

Magorder.com recommends making the material into a song, poem or rap to familiarize students with the subject and to make it easier to remember at test time.

Secondly, it suggests fighting the solitude of studying by having a quiz session with others.

Finally, it instructs students to stop procrastinating and study, rather than watching the newest "Temptation Island" or "Friends" episode.

## Civil liberties lost in ho

MELINDA HAWKINS  
LIFESTYLES STRINGER

Under the guise of preventing terrorism, a series of fundamental changes in civil liberties have taken place.

Sweeping legislation has been passed in the wake of Sept. 11 which changes many of the legal rights citizens of this country previously enjoyed, including some of the most basic freedoms guaranteed by the Bill of Rights.

One example of this legislation is an act named, "The Uniting and Strengthening America by Providing Appropriate Tools Required to Intercept and Obstruct Terrorism Act," better known by its acronym, the USA PATRIOT Act.

Due to the controversial nature of some of Attorney General John Ashcroft's proposals, the USA PATRIOT Act differs in some respects from the Anti-Terrorism Act Ashcroft originally proposed on Sept. 24.

Ashcroft's bill included unlimited power of detention over non-U.S. citizens suspected of being a security risk. In other words, suspects could be held on suspicion without being charged of a crime for an indefinite amount of time. The revised House of Representatives bill limits the amount of time the government can detain non-U.S. citizens who are suspected as a security risk to seven days.

Ashcroft's bill would terrorism offense, punish possibility of parole and a without obtaining a wiretap

House Judiciary Comm Wis., and ranking Democr the USA PATRIOT A Administration's Anti-Terr

"As much as I want to

Bush called the act "an essential step in defeating terrorism while protecting the constitutional rights of all Americans," but civil rights leaders are concerned that the constitutional rights have not been protected well enough

passed the bill by a vote measure 98-1.

Although some of Ash toned down, the bill still including computer intrusi now be considered terroris affect the conduct of gover retaliate against government

Furthermore, this new worded as to potentially a actions, targeting them

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Ashcroft approve listen in on the c federal custody honored code o building a reason

Taking steps innocent until p signed an exec tribunals operati terrorism. Acco President Dick deserve the same citizens.

Some SIUE measures would sweeping powers Tracy Roach exp liberties embodie

"I'm not wo would rather the have to worry ab Hussein Sha

PATRIOT Act.

"They can de life boring," Sha

However, thi used as an excu religion or count



les



PEOPLE, ENTERTAINMENT & COMICS

Thought of the day...  
 "There is no distinctly American criminal class - except Congress."  
 - Mark Twain

# ...s of preventing terrorism

...ade computer hacking a federal  
 ...life imprisonment without the  
 ...he FBI to monitor computer use  
 ...from a judge.

...airman James Sensenbrenner, R-  
 ...Conyers of Michigan introduced  
 ...an alternative to the Bush  
 ...ct.

...ttorney General John Ashcroft do  
 ...his job, it would be irresponsible to  
 ...ve him a blank check." Conyers  
 ...aid.

...During the signing ceremony  
 ...Bush called the act "an essential  
 ...step in defeating terrorism while  
 ...protecting the constitutional rights  
 ...of all Americans." But civil rights  
 ...leaders are concerned that the  
 ...constitutional rights have not been  
 ...protected well enough.

...The House of Representatives  
 ...6, and the Senate approved the

...more controversial proposals were  
 ...more than 40 criminal offenses,  
 ...damaging a computer, which can  
 ...y are "calculated to influence or  
 ...y intimidation or coercion...or to  
 ...ct."

...tion of terrorism is so broadly  
 ...anyone who protests government  
 ...ly minted powers of Fourth-  
 ...rches, seizures and surveillance.

...ve been destroyed since Sept. 11.  
 ...rule allowing the government to  
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 ...s to say, this violates the time-  
 ...ey-client privilege, and makes  
 ...ense extremely difficult.

...urther decimate the principle of  
 ...ilty, on Nov. 13, President Bush  
 ...der allowing special military  
 ...ret to try persons charged with  
 ...The New York Times, Vice  
 ...said terrorist suspects do not  
 ...ees of due process as American

...nts believe the anti-terrorism  
 ...ect them, assuming that such  
 ...only be used against terrorists.  
 ...o concern about the loss of civil  
 ...USA PATRIOT Act.

...cause I have nothing to hide. I  
 ...my privacy and feel safe than  
 ...ists," Roach said.

...he is not worried about the USA  
 ...er they want. They would find my

...f power has been abused, often  
 ...prisoning people based on race,  
 ...in. The internment of Japanese-



PHOTO COURTESY [HTTP://DAILYNEWS.YAHOO.COM](http://dailynews.yahoo.com)

Attorney General John Ashcroft.

Americans during World War II and the arrests of suspected Communists during the McCarthy era both serve as examples of government abusing the power to round people up for being suspicious under the guise of national security.

In fact, the unprecedented expansion of governmental power is already being abused with the detention of several hundred people by the government since Sept. 11. A coalition of civil rights and Arab-American groups, which include the American Civil Liberties Union, express growing alarm about these detainees being held for an indefinite amount of time without access to legal counsel and without probable cause.

Some students, such as Wayne Hanvey, were more concerned about these measures.

"I'm really alarmed by it. I find it scary that you have to now be careful what you say and do," Hanvey said. "This is supposed to be a free country. They're just using terrorism as an excuse to take away our civil liberties."

Ian Basler, a freshman at SIUE, expressed the belief that he has no control over the government.

"I don't like it. It's an invasion of privacy to the fullest extent. I don't believe we have to give up privacy to stop terrorists. If there was a protest, I might join it, but I'm not going to go out of my way. There's not much I could do. The government is pretty much out of my control," Basler said.

Reem Young said she couldn't spend her life worrying about things like the USA PATRIOT Act.

"I'm not worried. If someone is suspicious they should have to get evidence before taking them into custody. It's not right but I'm not worried," Young said.

Adam Schaefer said he was somewhat concerned about the antiterrorist measures.

"Yes, I do find it worrisome. We don't need to take away national freedom. That's what I believe," Schaefer said.

## Holidays responsible for gained weight

AMY RESSEGUIE  
 ROCKY MOUNTAIN COLLEGIAN

(U-WIRE) FORT COLLINS, Colo. - The holiday season brings with it many joyous memories: breaks from school, time spent with family and friends, chestnuts roasting on an open fire and more. But the days of large turkey dinners with all the fixings can also bring the fear of putting on extra pounds for the new year.

This fear is not unfounded. According to Andrea Gruner, registered dietitian at Colorado State University's Hartshorn Health Center, the biggest reason people tend to gain weight during the winter months is the typically large and fattening holiday meals.

"People go home and they're surrounded by family and friends and good, tempting foods," Gruner said.

The shorter days and cold weather also contribute to winter weight gain.

"Winter weather, especially because it's dark so early, tends to curtail people's workouts. When it's cold outside, it's easier to lounge around," Gruner said.

The holiday season can also be a very stressful time for many people. Finals, holiday shopping and upcoming family get-togethers can increase student stress levels greatly. According to [www.nutricise.com](http://www.nutricise.com), these stressful events can often cause people to turn to comfort foods, which tend to be high in fat and calories.

"During stressful times, it's important to maintain the feeling of some level of control over your life, especially when your external environment is unbalanced," said Charles Platkin, founder of Nutricise. "At these times, being able to look inward and keep control of your nutrition and health is critical."

Gruner said the best way to ward off potential weight gain is to force yourself to remain active.

"Winter sports are great. Things like skiing, snowboarding, snowshoeing and ice skating are all good ways to stay in shape," Gruner said.

Gruner also offered tips for keeping things under control during the big holiday meals. She suggested that people exercise more on holidays and eat smaller meals earlier in the day so they have more calories to devote to holiday foods. She also suggested drinking water before large meals in order to curb appetite and ward off overeating.

Most of all, Gruner said, save the calories for something you really enjoy.

"Don't eat everything on the table just because it's there. Instead, eat just your favorite holiday treats," she said.

She also stressed that while weight gain may be inevitable during the holidays, one shouldn't work too hard to lose weight either.

"The holiday season is not the best time to try to lose weight," Gruner said. "Opt instead for maintaining your current weight through this season."

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 comments and suggestions.  
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Arts &amp; Issues presents

# Christine Lavin

JEREMY HOUSEWRIGHT  
LIFESTYLES STRINGER

Singer, songwriter and comedian performer Christine Lavin will be performing a concert at 7:30 p.m. Friday in Katherine Dunham Hall Theater. The performance is part of SIUE's Arts & Issues series.

"Spectators should expect a lot of laughs and entertainment," said Karen Bollinger, acting coordinator of the Arts & Issues series.

Lavin has recorded 13 solo albums and tours annually across the country. Her resume includes several television appearances on programs such as "Good Morning America," "Today," "Overnight" and "Sunday Morning." She has also won several awards such as the New York Music Award for Folk Artist of the Year, American Society of Composers, Authors and Publishers Composer Award and National Association of Independent Record Distributors & Manufacturers Folk Album of the Year. Lavin is an original member of The Babes, a singing group.

"Last year's appearance by The Babes was one of the high spots of the season, and now we have the woman who started it all," Bollinger said. "Christine Lavin is a one-woman entertainment package, so look for an evening of quality musicianship and humor."

Lavin performs 120 concerts each year

all over the U.S., Canada and Australia, singing songs, telling stories and twirling glowing batons on stage. She has recently incorporated a digital phrase sampler into her live concert, enabling her to create spontaneously improvised lyrics and intricate vocal harmonies. The singer has garnered a large and loyal following of fans across the country.

According to the Boston Globe, Lavin has become "the classic modern troubadour. People find their lives in her songs." Billboard Music hails Lavin as a captivating artist in solo performance.

"I think people will find Lavin very witty and find that she has some amazing anecdotes," Bollinger said.

Lavin uses only an acoustic guitar, a phase sampler and a countless supply of humor and story to take the audience on a journey.

Lavin's songs have been performed by such diverse acts as Dartmouth Decibelles, The Gay Men's Chorus of Washington, D.C., and Andrea Marcovicci. Lavin toured with The Babes for nine years before breaking out on her own.

"Lavin was the original 'Babe', but now she is a one-woman show," Bollinger said.

Tickets for Christine Lavin are \$8 for students and \$16 for the public. For ticket information, call 650-5555. Admission includes free parking in the lots behind the Morris University Center or Dunham Hall Theater.



PHOTO COURTESY ARTS &amp; ISSUES

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**Today in sports history**  
 On this day in 1994, Joe Montana of the Kansas City Chiefs becomes the fifth quarterback to surpass 40,000 yards passing in a 10-9 loss at Seattle.

# Sports



The SIUE hockey team remains among division's elite.  
 See page 10

Tennis - Cross Country - Golf - Volleyball

◆ TUESDAY, NOVEMBER 27, 2001

A l e s t l e

Page 9◆

## Men's basketball set for GLVC play

### Cougars start season off with 1-2 record with win over Monmouth College

KELI KEENER  
 SPORTS STRINGER

The men's basketball team is 1-2 after playing host to three home games over the holiday break.

SIUE topped Monmouth College on Nov. 17 at the Vadalabene Center.

Senior forward Marty Perry made his first nine shots of the game and totaled 27 points to help the Cougars take the 76-71 win over the Fighting Scots.

SIUE picked up nine assists from junior point guard Derrick Fomby. Fomby also finished the game in double figures with 10 points.

Freshmen Tim Bauersachs and Rob Baumgardner combined for 23 points.

The Cougars took a 40-35 lead at halftime and exchanged the lead with Monmouth seven times before taking the victory.

The Cougars shot 65 percent in the second half and took the lead for good on a three pointer by junior Garrett Thomas with about a minute left to play.

Kenny Spranger was the leading scorer for Monmouth with 22 points.

SIUE then played host to



BETH KRUSAN/ALESTLE

Freshman Rob Baumgardner (middle) is averaging 8.3 points per game this season for the Cougars.

Delta State University of Cleveland, Miss., on Nov. 20. The Cougars came back from double-digit deficits in both halves but fell to the Statesmen 68-65 in the end.

Thomas broke SIUE's single-game record for three

pointers, converting nine of 14. The previous record was held by Matt Fridley during the 1993-1994 season. Fridley hit eight in a game against Ferris State University.

SIUE fell behind by 17 points in the first half after being

outscored 20-3 in the first 10 minutes of play. The Cougars clawed their way back by halftime to go to the locker room only down by one, 36-37.

The second half was much the same as SIUE fell 14 points behind on a 15-3 run by Delta

State. The Cougars staged another comeback and cut the lead to two, 67-65, when Bauersachs drove down the lane and converted on a layup.

Rod Newton hit a free throw with seven seconds left to put Delta State up by three. A final effort by Thomas to hit his 10th three-pointer of the night fell just short at the buzzer.

Perry scored 12 points in the loss and Fomby had 11. Overall, the Cougars shot 35 percent, 19 of 54 field goals, and from 3-point range SIUE was 44 percent, 12 of 27.

The Statesmen out-rebounded the Cougars 42-27 to offset their 26 turnovers. SIUE had 18 turnovers.

SIUE entered Great Lakes Valley Conference play Saturday as the Cougars played host to the Knights of Bellarmine University.

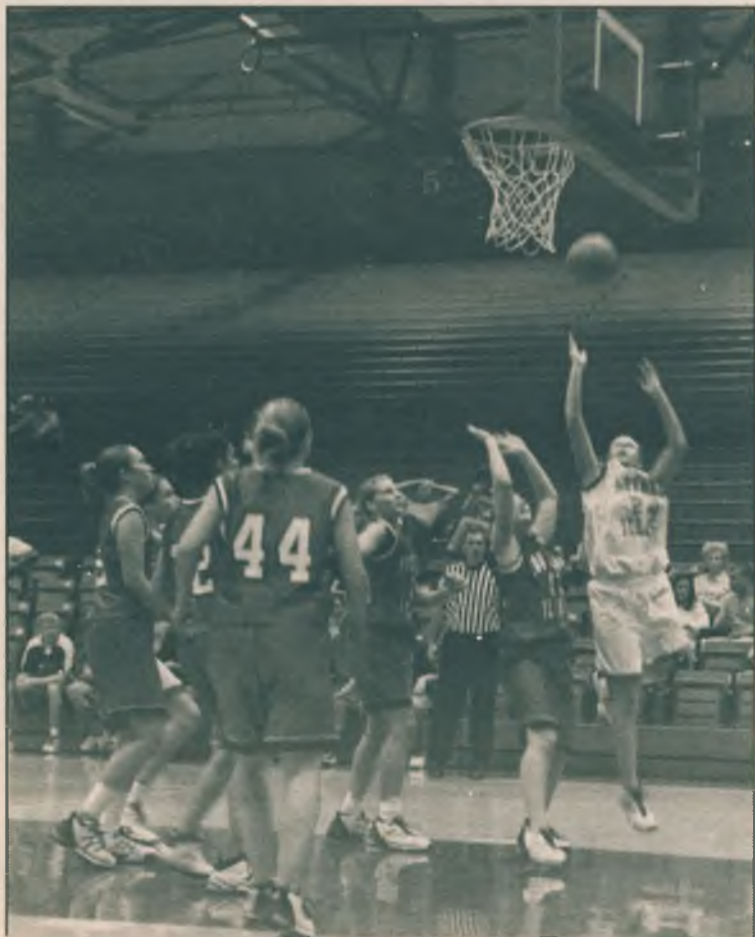
The Knights took the 83-72 decision to hand the Cougars a 0-1 record in the conference to start the season.

Bellarmine converted on 13 second-chance points, 14 off fast breaks.

The Knights also got 22 points from the bench compared to the Cougars' 17.

see MEN'S, page 11

## Lady Cougar basketball starts season off with .500 record



BETH KRUSAN/ALESTLE

Jessica Robert (right) has averaged 11.5 points per game in 2001.

AMY GRANT  
 SPORTS REPORTER

The women's basketball team dropped its first two games of the season in the Holiday Inn Classic, but redeemed itself by winning the next two.

The Lady Cougars faced Central Missouri State University, the host of the tournament, in their season opener on Nov. 16.

Despite shooting 53.8 percent from the field, SIUE trailed Central Missouri 32-43 at the half. The Lady Cougars committed 27 turnovers in the game, which may have been a factor in the 59-91 loss.

Ruth Kipping led SIUE with 18 points and five rebounds while Jessica Robert was second on the team with 15 points.

Drury College defeated Fort Hays State University in its first game to force a matchup between Ft. Hays and SIUE in a consolation game for third place in the tournament.

Jamie Heiman led Ft. Hays

with 19 points and the team shot 50 percent in the second half to defeat the Lady Cougars 68-49.

Jaque Howard had SIUE's only three pointer and Robert grabbed four rebounds in the game.

SIUE faced McKendree College earlier last week in SIUE's home opener before a crowd of more than 250.

Misi Clark, a former player, now assistant coach, who broke many of SIUE's basketball records, saw at least one familiar face on McKendree's team.

Jacque Clark, Misi's younger sister, has been one of McKendree's leading scorers and led the team against the Lady Cougars with 12 points.

SIUE finished the first half shooting 50 percent and improved to 62 percent shooting in the second half, which helped them pull ahead of McKendree 80-57.

Another important statistic in the game was SIUE's 42 points coming from the paint compared to McKendree's 26.

Kipping finished with 22 points and two other players finished in double figures.

After losing the first two games, the game against McKendree was important in boosting the morale of the team.

"I was happy with the way the team played against McKendree," head coach Wendy Hedberg said. "The win really helped to boost our confidence."

SIUE finished up its games during the holiday break with its first Great Lakes Valley Conference game against Bellarmine University Saturday.

The Cougars' 78-75 win was reflective of how close the game was played.

The score was tied 11 times and the lead changed 13 times throughout the game.

Bellarmine overcame an 11 point deficit and cut the lead to within one on a free throw by Nickie Randall with 34 seconds remaining in the game.

see WOMEN'S, page 11

## Wrestling has high hopes in future

KUMAR BHOOSHAN  
SPORTS EDITOR

Booker Benford has watched his wrestling squad go from a struggling team in 2001 consisting of only five wrestlers, to a team with much promise and hope.

This season the Cougars have competed in three meets and have strong showings in each.

Benford said the success and new outlook has a lot to do with the numbers on his squad.

"This year we have a lot more to work with," Benford said. "It's a good motivator for the guys to see a variety of wrestlers."

The Cougars competed in the Missouri Open on Nov. 18 in Columbia, Mo., and had two wrestlers finish strong in the freshmen-sophomore division.

Freshman Matt Oliva finished fourth at 165 pounds and heavyweight Lee Weeden placed third.

Saturday the team traveled to

Norman, Okla., to grapple in the Oklahoma Open.

Again, the squad had a pair of Cougars with strong finishes.

Sophomore Omari Johnson placed second in the 165-pound class, losing to an opponent from Duke University.

Senior Manny Herrera placed fourth overall in the 133-pound class.

"Last season the outlook was not very bright," Benford said. "But now we'll only get better and grow as a team."

## Hockey team among division's best

AMY GRANT  
SPORTS REPORTER

The men's hockey team clearly dominated Robert Morris College Friday, but let its guard down the last three minutes which cost the game.

SIUE and Robert Morris were undefeated in the Mid-American Collegiate Hockey Association Conference Silver Division coming into the game, but the Cougars had the edge in goals, 30-26, to give them sole possession of first place.

SIUE was also coming off an 8-8 tie with Bradley University and a 7-4 victory over the University of Iowa the previous weekend.

With the winner taking over first place, the game was

considered one of the most important of the season for both teams.

The Cougars got on the board first with an unassisted goal from Sean Walls in the first period.

However, Robert Morris countered the goal a minute later, evening the score at one.

After two periods of play the score was still knotted at 1-1, but SIUE kept Robert Morris off its game and nearly doubled them in shots 27-15.

Tyler Gillig, who played a strong defensive game, broke the tie for the Cougars with a goal coming two minutes into the third period.

Assists on the goal were given to Joe Schmitt and Mike McBride.

SIUE defended its lead throughout the third, but may have started celebrating three minutes too early.

Robert Morris tied the score 2-2 with three minutes remaining in the game and scored the go-ahead goal almost two minutes later to win 3-2.

Todd Bartoskiewicz started in net for the Cougars, stopping 23 of 26 shots in the game. Walls is leading the team with 27 points and Gillig is first among defensemen with two goals this season.

SIUE faces St. Louis University at 10:15 p.m. Friday in St. Louis.

The Cougars' next home game is the following day against Bradley at 3 p.m. at East Alton Ice Arena.

## COUGARS

from page 1

The goal added to McMillian's season total, giving him a team-leading 16th goal, and clinched the Cougars' Final Four birth.

With the win, the Cougars advanced to the Final Four of the NCAA Tournament and will now face the University of Tampa Friday.

Huneke said to advance the Cougars need to "keep the same things, but now we have to do them even better."

"Pretty much we've had success by being better than our opponents, but at this point there

is only a small margin between teams," he said.

The Cougars tied a school record and could break it against Tampa.

With the SIUE record for most goals in a season set at 64 by the 1997 Cougars, the 2001 Cougars scored their 64th goal in their 1-0 victory against Ashland University.

Putting points on the board wasn't the only goal for the Cougars at the start of the season though.

"As always, a goal of ours was to get better as the season

went on," Huneke said. "We wanted to obtain some championship hardware this season. Obviously it was disappointing taking second in the Great Lakes Valley Conference Tournament, but there's a bigger trophy out there and that's our goal now."

The Cougars face Tampa at 8 p.m.

California State-Dominguez Hills faces Dowling College in the other semifinal at 6 p.m.

The winners advance to the championship game on at 1 p.m. Dec. 2.



BETH KRUZAN/ALESTLE

Chris Knopp (right) has totaled 21 points this season to help the Cougars reach the Final Four.

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# Intramural sports set for new seasons to start

AMY GRANT  
SPORTS REPORTER

For those who enjoy playing sports but don't want to compete at the collegiate level, intramural sports are welcomed alternatives.

A wide variety of sports are available to participate in during the fall, ranging from flag football to wiffleball.

While some consist only of a tournament, various other sports offer leagues that run for a series of weeks during the semester.

Chad Rodgers, assistant director of recreational programs, said the success of intramurals depends upon the sport.

"It's been hit and miss with the programs this semester," Rodgers said. "With some, we've had a lot of success and with others we haven't had as much participation."

He named volleyball and flag football as being a couple of the more popular sports, with badminton ranking toward the bottom.

Some of the sports have

already ended, but a few have remaining games and tournaments going into December.

A racquetball tournament concluded after a month of competition between almost 20 players divided into north and south divisions.

Preseason hoops is one of the sports that has generated a lot of interest this semester.

"Basketball is huge right now," Rodgers said. "We doubled the number of teams that we had last year for our tournament."

Anyone who missed out on playing in the preseason hoops tournament will have another chance to play the sport.

A three-on-three basketball double-elimination tournament is taking place Dec. 3. Registration begins Wednesday with a \$10 fee per team.

Those interested in participating in intramural sports can pick up registration sheets and flyers in the Vadalabene Center.

## MEN'S

from page 9

Brad Ayer was the top scorer for the Knights with 21.

Zach Miller followed with 17, Jared McCurry had 13 and Chad Newby had 10 to round out double-figures scorers.

For the Cougars, it was Perry's 22 points that topped SIUE.

Ron Heflin had 17 and Thomas had 10.

The Cougars played host to the Panthers of Kentucky Wesleyan College on Monday.

The Panthers are ranked No.1 in the nation in the

Basketball Times' National Collegiate Athletic Association Preseason Top 20 Teams.

Last season Kentucky Wesleyan held an overall record of 31-3 as it took the NCAA Division II National Championship in March.

KWC was 1-0 in conference play going into Monday's game with SIUE.

The Panthers beat the Hawks of Quincy University 106-100 in overtime Saturday.

Results of Monday's game will be in Thursday's Alestle.

## WOMEN'S

from page 9

With the clock winding down, Bellarmine called a timeout to regroup.

However, Lynne Johnson missed a three-pointer and Kipping added two more insurance points for SIUE in the last three seconds of the game.

"We played well defensively against Bellarmine," Hedberg said. "It was nice to get that first conference win."

SIUE played Kentucky Wesleyan College Monday. The results will be in Thursday's Alestle. Their next game against the University of Missouri- St. Louis is at 5:30 p.m. Thursday in St. Louis.



BETH KRUZAN/ALESTLE

Jaque Howard (left) is averaging 5.8 points per game in 2001.

# The Distinguished Gentlemen of ALPHA PHI ALPHA Fraternity, Inc. Iota Pi Chapter Presents PERSONAL DEVELOPMENT

Date: **December 9th**

Place: **Mississippi, Illinois Room**

Time: **6:00pm**

Guest Speaker: **Mr. Ian Buchannan**

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For more information, call 650-3873

February 9 - March 6, 2002

Wednesdays: 5pm - 10pm

Saturdays: 9am - 12pm

SIUE Students: \$100

Alumni/Faculty/Guest: \$150

Reservations must be made by February 4, 2002. Call the Student Fitness Center, 650-2348, to reserve a space and for further details. SIUE Campus Recreation and the Southwestern Illinois Chapter of the American Red Cross are sponsoring a Lifeguard Course. Upon completion of this lifeguard training course, students will be a certified American Red Cross Lifeguard, along with being certified in CPR for the Professional Rescuer and Community First Aid. The purpose of this course is to teach lifeguards the skills and knowledge needed to prevent and respond to aquatic emergencies. Fee includes books, materials, classroom and pool instruction. There will be a prerequisite test on the first friday of the course.

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**ANY DRIVING RECORD AND  
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We represent only the best companies, names you know and trust!

**GREG SCHMIDT AGENCY**  
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**NOW HIRING**

- Banquet Servers •
- Kitchen Steward •

Apply at:

Sunset Hills Country Club  
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Edwardsville, IL 62025

**Graphic Art Majors!**

- Earn Money!
- Gain Experience
- Learn Ad Production
- Graphic Design
- Page Layout
- Typography
- Digital Photography

**Production Assistant Wanted**

The Alestle offers student work and internships for SIUE graphic design students. Design ads for the school newspaper, plus learn Quark, Photoshop and the latest computer graphic applications. Learn how to use the Macintosh and other desktop equipment in a real ad production newspaper environment.

For more information call 650-3525

the Alestle  
a student publication

**PLACING A CLASSIFIED AD**

**Frequency Rates**

(Five (5) words equal one line)

*All classified s and personals must be paid in full prior to publication.*

1 run: \$1.00/line    5 runs: \$.90/line  
(2 line minimum)    20 runs: \$.85/line  
3 runs: \$.95/line    Personals: \$.50

**Deadlines**

**Wednesday Publication:  
Noon Monday**

**Adjustments**

Read your ad on the first day it appears. If you cannot find your ad or discover an error in your ad, call 650-3528 or come into the office. Positively no allowance made for errors after the first insertion of advertisement. No allowance of correction will be made without a receipt.

**Placing Ads**

To place a classified ad, come to the Office of Student Publications, located in the UC, Rm. 2022, and fill out a classifieds form.

**Alestle Office Hours:**

Monday thru Friday:  
8am - 4:30pm

**650-3528**

**RESUME**



**Busy Bee  
Copy Service**  
(618) 656-7155

311 North Main Street  
Edwardsville, IL 62025

TYPOGRAPHY • PHOTOGRAPHY • ART

OFFSET REPRODUCTION • FOLDING



**Stuck looking for clues?**

Stay out of those dark alleys.

All the information you need is in the Alestle.

**Know your world.  
Read the Alestle.**



**UNIVERSITY BOOKSTORE**

- December 3 - 30% off SIUE Imprinted Items (clothing, glassware, gift items, imprinted school supplies, etc.)  
\* Excluding announcements, class rings, and required kits
- December 4 - 25% off Christmas Cards (Boxed & Singles) and Gift Wrap
- December 5 - 25% off General Stock Books (excluding software, reference, and texts & course materials)
- December 6 - 40% off Costume Jewelry
- December 7 - 30% off Backpacks & Totes
- December 10 - 30% off Calendars
- December 11 - 30% off Sweatshirts & T-Shirts
- December 12 - 25% off Christmas Ornaments
- December 13 - 30% off Jackets and Stuffed Animals
- December 14 - 25% off Children's General Stock Books (excluding required/recommended texts)
- December 17 thru 21 - 30% off Christmas Cards, Ornaments, Christmas Gift Items, and Christmas Gift Wrap



\* Excludes Sale Items \*



Mornings University Center

**SUNDAZZLERS TANNING**  
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**1ST VISIT FREE**  
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