



Local art studio
invites guests to
paint tipsy
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the
ALESTLE

Men's basketball
bounces back
after break
page 7



thursday, 12.01.16

alton — east st. louis — edwardsville

vol. LXIX no. XIX

History descends:

Suspended structure sent for repairs, storage

TAYLOR FLEIG
Alestle Reporter

Students who frequent the Goshen Lounge had to find a new hangout this week as the process to take down and restore the wooden dowel sculpture that hangs prominently in the Morris University Center began. The Goshen will reopen next week once the process is complete.

The Plumb-Bob, created by Yasuhide Kobashi has hung in the MUC for nearly half a century now.

"The mobile was installed in 1967, so about 50 years ago," University Museum's collection manager Erin Vigneau Dimick said.

Since the sculpture's strings are composed of nylon monofilament, they must be restored and are being replaced with stainless steel in order to become more secure.

Director of the Morris University Center Kelly Jo Karnes said this is actually the first time that SIUE has ever had to take down the Plumb-Bob since it's structural completion 50 years ago, but it gradually became a safety hazard to students, faculty and staff.

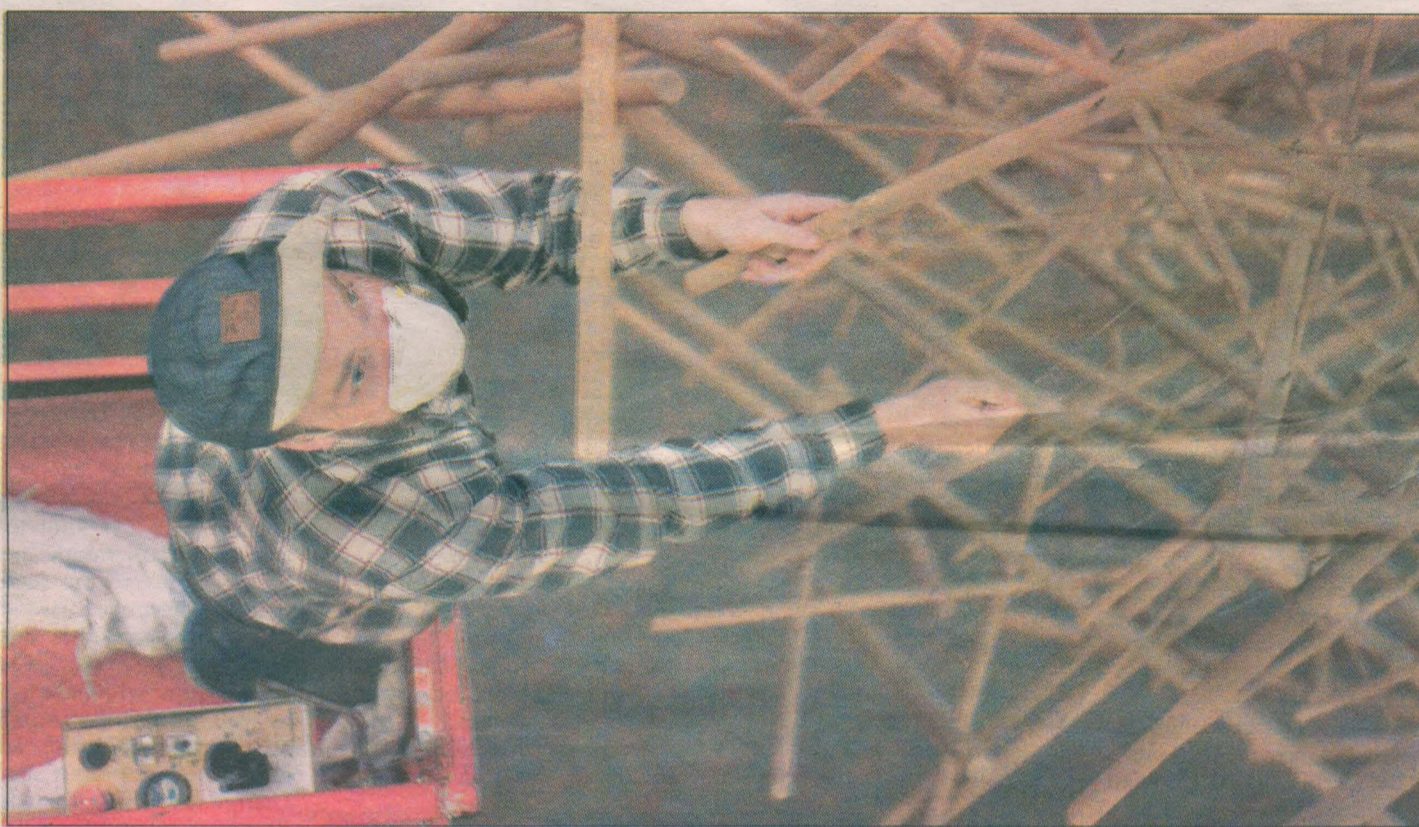
After further inspection, Karnes said another main concern for them is the condition of the overhead skylight and ceiling and the many cracks that are in them.

"They're cataloging everything and every piece as they take it down and then it will be stored in our museum on campus," Karnes said.

According to Karnes, there is a lot of money that will need to be spent in order to restore the Plumb-Bob and place it back in the Goshen.

"Now, the restoration for that piece is a pretty hefty price," Karnes said. "Conversation needs to be had through the [University Museum], through the College of Arts and Sciences as to when and how we are going to do fundraising in order to restore the piece and where it is going to go."

Once the Plumb-Bob is officially taken down by the end of the week, Karnes said there will be an even longer process regarding the sculpture because it has to be heavily examined so it won't be a safety hazard to anyone.



Methods and Materials preparer Travus Copeland, of Granite City, removes dowels from the Plumb-Bob, created by artist Yasuhide Kobashi, Wednesday, Nov. 30, in the Goshen Lounge. The structure was installed in the Goshen Lounge nearly 50 years ago and is being taken down for repair and preservation.
| Brian Muñoz / Alestle

"They have to replace every single little wire on there to the exact specification," Karnes said. "It needs to be cleaned. That is 50 years of dust, dirt and all sorts of stuff so there is really meticulous cleaning and restoration that has to occur and that's honestly a six-month to a year-long process."

Since this is the first time the Goshen will be without the Plumb-Bob in 50 years, Karnes said it is going to be odd at first, but it will pay off in the long run.

"It is going to be a little different," Karnes said. "But we cannot repair those leaking ceiling lights until we can get that structure down. For us from the facilities side of things, we've got some things we need to fix and that structure not being in the way will help move that project along."

According to Karnes, there has not been any discussion or plans for putting

anything in the space of the Plumb-Bob because of the possibility of having to take it down again when they begin the process of taking down the ceilings.

"We want to give the Goshen back to the students," Karnes said. "It's been blocked off a portion, and now fully, for a couple of weeks. So, it meant we had to bump a lot of programs, and student organizations use that space and students just like to hangout in the Goshen. We want to get the space back to use for the Goshen so that will hopefully happen next week as we gear up for finals."

The architects of the Morris University Center, Gyo Obata and Jack Randall, designed the Goshen Lounge around the Plumb-Bob in order to complement the sculpture as best as possible. According to Dimick, Obata and Randall believed that

art is essential to campus and wanted to implement it as much as possible.

In a 1968 original statement about his work, Kobashi wrote: "I have created sculpture which has lightness as its essential quality: it is created from mysterious matter suspended in air. This matter is ordered within space which I have taken out from a given area. The stretched elements act like magnetic forces, pulling against each other to form surface tensions like those created by the pouring of oil on water. They flow and create their own rhythm. With this system, the rigidly ordered shapes of art are a thing of the past, and creation becomes an activity of infinite possibilities. The basic concept is not solid but plastic, a creation which has as a major characteristic the possibility of movement."

New pharmacy school training facility to come 2017

MIRANDA LINTZENICH
Alestle Reporter

The School of Pharmacy has started the groundwork for a new skills lab, located in the basement of 200 University Park Building near Textbook Services, for counseling sessions and interprofessional interactions for students in the first three years of the program.

According to Jingyang Fan, associate professor of pharmacy and assistant dean of Academic Affairs, the School of Pharmacy had been looking for a place to build their new clinical training facility due to fourth-year students in a teaching specialization course looking at other schools' floor plans and curriculums. The new 2016 school year accreditation requirements that came out in February 2015 by the Accreditation Council for Pharmacy Education was a contributing factor as well.

"We were excited to get a space that we can devote to pro-

fessional education," Fan said. "Right now we are waiting for the current facility to move out when their new offices are done."

John Renken, Facility Management leading project architect said the construction began with planning stages around May and June. From there, a floor plan was created and groundwork on the already-built structure began in late October.

"There are two phases, and we are currently on the first," Renken said. "We are renovating the old chamber of commerce suite for faculty members. They are moving from the offices in the basement to those upper-level offices. Then we take the space they vacate for the training center."

The construction consists of only renovations, according to Fan.

"Our plan is to use that existing space," Fan said. "We will convert the office suite into counseling offices. We have our simulation equipment already. This will allow us to record students and simulate interactions."

Phase one will provide eight offices for faculty and one graduate student space. Renken said they are hoping to be finished by winter break.

"The second phase will be the renovation into the clinical training facility across from Textbook Services," Renken said.

Phase two will end with the completion of five counseling offices and a larger room for student workstations in what is now the vacant area and should be done within a few months, according to Renken. Renken is not sure when the project will be finished for sure.

Along with Pharmacy student and patient counseling sessions, the facility will offer a conference room that allows for interprofessional interactions where students and nursing or dental students can work together and create a plan for the patient, according to Fan. The new renovations allow for a classroom to be used for instruction and debriefing for each simulated session, according to Fan.

"Currently the [proposed training] facility is separated from the classroom, so we are implementing an adjoining door so there is a better connection between the [facility and classroom]," Renken said.

The clinical training facility will serve multiple purposes, according to Fan. It will allow for more hands on experience, let students master skills and then demonstrate those skills.

With the new accreditation standards, there is a call for more skills development, as well as the mastery of skills learned in the classroom and through simulations.

"We are starting a new curriculum in 2018 due to the new accreditation changes this past year," Fan said. "So with this new facility, this will help with the new curriculum and the new accreditation."

The skills will be introduced in the skills lab to the students in the first three years of the program. The fourth year is set aside for students to work off-site with

practicing pharmacists or faculty members who are commonly referred to as preceptors.

"Having this new place allows for more flexibility," Fan said. "We are hoping to have classes going on at the same time. The current simulation is spread out to what classrooms we can get. Currently, we have three counseling rooms, which is not sufficient. It's not ideal for interprofessional communication. Now, there's going to be room."

Fan said she is particularly excited that the pharmacy school will continue to excel with such a top of the art facility to come.

"One of the great things that the pharmacy school is doing is happening with the interprofessional interactions we already have with nursing and dental students," Fan said. "We'd like to expand on that."

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News in brief

Center Court offers new seating

A secluded new area in dining services of the Morris University Center was added during the Thanksgiving Break. The new area includes seating, tables and power outlets.

According to Vice Chancellor of Student Affairs Jeffrey Waple, the next step will include even more couches and tables throughout dining services. The new renovations are designed to help limit the wasted seating space in the eating area.

Sophomore psychology major Kayla Finch, of Joliet, said, "I think it'll be a real cool place to hang out and just eat."

Class collects donations for holidays

A sociology class focused on organizing and raising money for the community is raising money for local families with the goal of making their holiday wishes come true.

The class, Community Action, has organized several events and has been working on fundraisers throughout the semester in order to make this goal a reality. According to Associate Professor Mark Hedley, the class has already raised over \$12,000 in donations.

The money is going to Children's Home & Aid Society of Illinois. This initiative is part of the Help for the Holidays Campaign that CHASI does annually.

East. St. Louis Center receives STEM grant

The East St. Louis Center was recently awarded \$37,500 from Constellation Energy Group through its E² Energy to Educate grant program to help support the SIU East St. Louis Zero Waste Challenge.

This grant will help fund projects that focus on energy science, technology and education. The challenge is designed for the more than 300 middle and high school students in SIUE's East St. Louis Upward Bound Program.

The goals of the program include increasing critical thinking skills, building interest in energy careers and educating them on teamwork and the excitement of competition. The challenge also strives to opportunities in STEM fields for minority students.

SIUE to host coding workshop

The Department of Computer Science will host the SIUE weCode event on Saturday, Dec. 3, in the Technology and Management Center on campus. The workshop is free to high school students, and there is no previous coding experience needed to be involved.

The event will be a beginners program and the students will learn to achieve sufficient proficiency to help add to a programming project. They will then work in teams while being aided by a mentor to assist a project of their own design.

Students question food option availability

MIRANDA LINTZENICH
Alestle Reporter

SIUE offers a wide variety of dining options located in Center Court, however, some feel that there need to be more options when it comes to vegan, vegetarian and other dietary needs. Some simply don't realize there are options on campus.

Freshman anthropology major Eryn Coppersmith, of Edwardsville, is a vegetarian that wishes the campus had a wider variety.

"They aren't the best," Coppersmith said. "It's hard to find almost anything besides salad to eat for a full lunch. Almost all of the packaged foods have meat in them. I find a lot of snacks like apples or celery, but not entire meals."

They could provide pasta or veggie burgers in their cheeseburger station."

Others, like freshman psychology major Olivia Sheridan, of Peru, Ill., who is a vegetarian, are happy with the options, but struggle with dietary sufficiency.

"I personally like the dining options because I'm not a picky eater," Sheridan said. "But it's also tough being able to get everything my body needs to stay healthy because I'm also lactose intolerant. I think they always have a vegetarian option



Junior psychology major Katie Fritz, of Jerseyville, tops her salad with tomatoes Wednesday, Nov. 30, in the Garden Patch section of Center Court. | Allison Gregory / Alestle

that I can choose from."

Sophomore English major Emma Grundon, of Olney, is also a vegetarian, but commutes to campus.

"I just ate at Fixin's today — I got the black bean burger and it was wonderful. And a different day I ate in the MUC and there was a vegetarian la-

sagna, so to my knowledge, I think SIUE does make an effort to contribute to the vegetarian lifestyle," Grundon said.

Grundon said as the vegetarian lifestyle grows, she thinks the options will have to grow as well. So far, she thinks there are options and she appreciates that, however, if she could change one thing, it would be that food offered for those with dietary needs was better advertised that there are options on campus.

Senior anthropology major Jackie Lampitt, of Waterloo, works at Kaldi's Coffee and said even with beverages, Kaldi's offers options for vegans, vegetarians and students on a diet.

"We have soy milk, non-fat milk and four sugar-free options for different syrups," Lampitt said. "We have a vitamin protein powder, protein supplements and ginseng for green tea and Frappuccinos. It's definitely 50/50. There isn't an abundance of students asking for soy milk, but it is still fairly common."

The vegetarian/vegan options at Union Station include

an array of food that can be found on the SIUE website.

Chick-fil-A, Cocina and Pizza Hut have various items on the menu and through specialization in Ordering.

The Grill, called Boss Burger, in Center Court has Garden Burgers that are cooked in their own section for keeping the item as vegetarian-friendly as possible.

Sammiches and the Wok offer items with order customization. The Garden Patch has vegan soups on rotation and a Grab-n-Go menu and rotates items as well.

Entrees has a wide variety of foods that are lacto-ovo-vegetarian friendly. This includes the polenta spinach cheese, veggie enchiladas, vegetarian rice casserole, spinach pie casserole, green bean and potato curry, broccoli with chickpeas and rice, veggie lasagna and cheese tortellini alfredo, among others.

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Junior medical biology major Dustin May, of Woodlawn, considers his options of fruit cups and yogurt Wednesday, Nov. 30, at the Grab 'n Go section of Center Court in Dining Services. | Allison Gregory / Alestle

Two new organizations potentially coming to campus

TRENT STUART
Alestle Reporter

The Student Organization Advisory Board voted to approve two new organizations, the Filipino Martial Arts Club and New Life North Ministries, in their bi-weekly meeting on Monday.

In the meeting, the logistics of the new organizations were discussed with representatives from each group, and the board voted to recommend both groups to become officially recognized organizations on campus.

According to Organizations Relations Officer Chaz Tiffani, the recommendation is not the final step in the process. However, the only remaining step that both groups need to take now is to get their constitution approved by the Student Government Senate. If that happens, they will become official SIUE organizations.

Filipino Martial Arts Club President Rocco Losurdo has been studying Filipino martial arts for 10 years and said he is enthusiastic about getting the club started.

"I've seen a lot of people that are nervous going off to college, going off to someplace new, so I really want to teach people how to do defend themselves and make it available to everybody on campus," Losurdo said.

Losurdo said Filipino martial arts are an effective form of self-defense and a unique form of martial arts because of how applicable it can be in different situations.

The New Life North Ministries is a Christian group that wants to teach members about God and build their leadership skills.

The members of the organization stressed that this organization is different than other faith-based organizations on campus because of the leadership aspect they plan to teach. The representatives plan on hosting events for the members such as guest speakers and leadership seminars.

Additionally, the SOAB members voted to approve the Pre-Physician Assistant Association's request to change the organization's constitution. The

organization's president, Lauren Mueth said the club was formed in 2014, but there have not been many changes since then.

"I wanted to make a few changes that I've found from being president. The main parts were changing the name and preamble along with a few other smaller points so potential members could have clear and updated

knowledge of what the organization is about," Mueth said.

The next Student Organization Advisory Board meeting will be held on Monday, Jan. 9, in the MUC Board Room at 6 p.m.

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After the Filipino Martial Arts Club and New Life North Ministries presented their plans to the Student Organization Advisory Board, the next step is to present to the Student Government Senate. / Alestle file photo

POLICE BLOTTER

11.26.16

An officer issued a written warning for speeding 39 mph in a 25 mph zone on South University Drive at University Park Drive.

An officer issued a written warning for speeding on North University Drive at the flying fields.

11.27.16

An officer issued a written warning for speeding 36 mph in a 25 mph zone on South University Drive at Parking Lot 2.

An officer issued a written warning for speeding 39 mph in a 25 mph zone on Northwest Entrance Road at Lot 11.

An officer issued a written warning for speeding 39 mph in a 25 mph zone on South University at Lot 2.

11.28.16

An officer issued a written warning for speeding 35 mph in a 25 mph zone and driving without headlights. The offense occurred on South University Drive at P2 Road.

An officer issued a state citation to Kayla C. Alexander for speeding 47 mph in a 25 mph zone. The offense occurred on South University Drive at Lot 2.

An officer issued a written warning for drive without headlights on North University Drive at Lot 3.

11.29.16

An officer took a report of theft from feminine napkin dispenser in Peck Hall's first floor unisex bathroom.

An officer took a report of harrasment via electronic communication device. Both parties were advised to cease contact.

An officer responded to Bluff Hall for a scofflaw violation on Illinois registered vehicle Q6888504. The vehicle was towed.

An officer found an iPhone and dropped it off at the Morris University Center Information Desk.

An officer issued a written warning for driving without headlights, expired registration and no driver's license on person on Northwest Entrance Road at Circle Drive.

University officials say undocumented students studying abroad should return home

TATIANA SANCHEZ
The Mercury News

College Administrators nationwide are urging undocumented immigrant students studying abroad to come home before President-elect Donald Trump takes office in January.

If Trump makes good on his promise to cancel the controversial Deferred Action for Childhood Arrivals program, which gives thousands of young, undocumented immigrants temporary relief from deportation, they say, students abroad could be barred from re-entering the country.

In a letter sent to each of its 23 campuses, the California State University's Office of the Chancellor has advised administrators to tell DACA recipients currently studying abroad to return to the U.S. before the new president's inauguration. "It is highly likely that as of Jan. 20, DACA students who are abroad will not be allowed to re-enter the U.S.," the letter said.

The letter, which an academic advisor at San Jose State shared with about 2,000 students, according to university spokeswoman Pat Harris, also advises DACA students who were planning to study internationally next year to think twice.

Harris said the school isn't aware of any DACA students currently studying abroad or planning to do so next year, but the university doesn't keep a record of recipients.

"We of course want students to know the reality of federal law," Harris said.

The University of California's Office of the President said advisers at its nine campuses are working with students participating in its Education Abroad Program to make sure they are aware of the implications of leaving the U.S. The program will waive withdrawal fees for DACA students who cancel plans to study abroad, spokeswoman Claire Doan said.

Santa Clara University also has warned students studying abroad to get home before Jan. 20.

Established in 2012 under an executive action by the Obama administration, the Deferred Action for Childhood Arrivals, or DACA, program provides temporary deportation relief to young people brought to the U.S. illegally as children. Nearly a third of the 742,000 so-called Dreamers live in California.

Since the program's inception, an estimated 1.3 million unauthorized young people have received deferred action, according to U.S. Citizenship and Immigration Services. That includes an estimated 526,000 who have received approved renewals. DACA recipients can travel internationally under a system known as advance parole, an application submitted to USCIS that allows them to travel outside the country and return lawfully.

If the incoming Trump administration cancels DACA, students would essentially be on an advance parole that no longer exists, according to Lynette Parker, an immigration law expert and associate clinical professor of law at the Santa Clara University School of Law.


"We want to make sure that students are aware of the risks," Parker. "We want to be on the cautious side and want to make sure that we're warning persons that we don't know what's going to happen."

More than 200 college and university presidents have signed a statement calling on Trump to continue and expand DACA, including leaders at UC Berkeley, UC Davis, UC Santa Cruz, Santa Clara University, the University of San Francisco and the University of the Pacific, among others.

"We are prepared to meet with you to present our case. This is both a moral imperative and a national necessity. America needs talent and these students, who have been raised and educated in the United States, are already part of our national community. They represent what is best about America, and as scholars and leaders they are essential to the future," the statement said, organized by Pomona College President David Oxtoby.

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Edwardsville welcomes new paint-and-sip studio

KIAH EARL
Alestle Reporter

A new and refreshing type of art studio has arrived in Edwardsville. Pinot's Palette, a paint-and-sip art studio, celebrated their grand opening Nov. 22 with a ribbon cutting ceremony and open house, followed by a two-hour group painting session.

Pinot's Palette is located next to Bella Milano in University Pointe shopping center just outside of campus and is open per class schedule.

Owner and alumna Jane Seymour, of Medora, was an art teacher for 20 years and decided she wanted to be a business owner after retiring. Seymour said she sees Edwardsville as a prime location and great community for her paint-and-sip business.

"I've always wanted to own my own studio," Seymour said. "I retired about three years ago and started searching online and that's when I found the Pinot's Palette franchise. I attended their franchise discovery day, and a year later I signed with them."

Pinot's Palette offers three main types of events for guests: studio events, private events and corporate events. In addition to these planned events, open studio art sessions are also available.

The majority of the scheduled events take place in the main studio area, which is set up with long tables, stools and a mini stage for the artist leading the class to stand on. Private events can be booked in the party room, which sits toward the rear of the building near the bar. This room features its own mini bar and sound system, providing every-



Pinot's Palette celebrated its grand opening Nov. 22, and offers customers a chance to participate in art classes while enjoying a glass of wine, beer or soda. | Lashai Spencer / Alestle

thing a party guest would need without having to go back and forth into the main area.

The studio events are open to the public and can be paid for online or in person before the event starts. Seymour said he recommends guests pre-register beforehand so the class starts on time. These events include both a two and three-hour artist-led painting session, a paint your

pet session, a date night session, painting it forward fundraising events and family day for ages 6 and up and are listed by date and painting on the website.

Private events are offered for birthdays, anniversaries, showers and "just because," according to Seymour. These events vary on price depending on attendance and groups can select the painting of their choice.

The studio also offers corporate events which allow businesses and groups to incorporate group art into team-building exercises and games. Collaborative, jigsaw-style, self-guided and custom style painting sessions are all available per request, according to Seymour.

Pinot's Palette also features an on-location bar for painters to purchase wine, beer and soda during their time in the studio. Seymour said painters are welcome to bring in food and snacks during their art experience, but are asked to not bring any outside liquor due to Edwardsville city ordinance.

Seymour said she believes Pinot's Palette will be the paint-and-sip location to count on in the Metro East area.

"We have so many people who walk by and see the paintings on the wall, or classes going on, just because they're curious," Seymour said. "Once they actually see what's going on, they immediately become interested and most end up booking a class and bringing a friend or two with them."

Studio manager and Seymour's sister, Linda Breitweiser, of Medora, said she thinks the Edwardsville community will catch onto the paint-and-sip wave quickly.

"The closest paint-and-sip location is in Shiloh," Breitweiser said. "For those that are already

exposed to this technique, this location will allow them to not have to travel as far when they want to do a group painting. For those who are new to this, our location provides them with an inviting environment."

At this time, Pinot's Palette does not currently offer a discount for SIUE students, but Seymour said providing a discount is something she looks forward to doing in the near future so more students who are on a budget can come paint-and-sip.

"I've noticed a lot of businesses in the local area offer a student discount," Seymour said. "I hadn't thought about it originally, but now, I think that it's something that I definitely could do for students looking into the future."

Sophomore nursing major Vanisha Freeman, of St. Louis, said she believes the studio will be a good addition to the Edwardsville community, but worries that the cost per session may drive away college students.

"I've never been to a paint-and-sip studio, but it sounds interesting," Freeman said. "The cost is a little high, but if they offer a student discount, it's something that I may consider doing in the future."



Christine St. Claire, of Bunker Hill, hosts a live painting session, demonstrating how to paint a reindeer Nov. 22, at Pinot's Palette. | Lashai Spencer / Alestle

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Make your spirit bright with events at, around the e

Thursday, Dec. 1

Eta Sigma Gamma World AIDS Day
10 a.m. - 4 p.m., Morris University Center Center Court

African Student Association World AIDS Day
10 a.m. - 4 p.m., MUC Willow, Missouri and International Rooms

National Society of Black Engineers holiday bake sale
10 a.m. - 2 p.m., Peck Hall lobby

Dance Marathon bake sale
10 a.m. - 2 p.m., Cougar Statue

Campus Activities Board Taste of Culture: New Orleans
11 a.m. - 1:30 p.m., Goshen Lounge

Department of Music presents "Songs for a New World"
7:30 p.m. - 10 p.m., Dunham Hall Theater

Saturday, Dec. 3

Angel Tree holiday celebration and gift pick-up
9 a.m. - 12 p.m., Meridian Ballroom

Edwardsville Winter Market
9 a.m. - 12 p.m., downtown Edwardsville

Department of Theater and Dance presents "A Good Woman"
7:30 - 10 p.m., Metcalf Theater

Department of Music presents "Songs for a New World"
7:30 - 10 p.m., Dunham Hall Theater

Curtains Theater Company presents "A Christmas Story"
2 p.m. and 7:30 p.m., Wildey Theater, Edwardsville

Monday, Dec. 5

SIUE STEEL in concert
7:30 - 9:30 p.m., Dunham Hall Theater

Extended library hours
24/7, Lovejoy Library

Wednesday, Dec. 7

CAB Cougar Craze
10 a.m. - 2 p.m., Goshen Lounge

Red Cross Blood Drive
10 a.m. - 5 p.m., Stratton Quadrangle

Department of Theater and Dance presents "A Good Woman"
7:30 - 10 p.m., Metcalf Theater

Wind Symphony/Concert Band concert
7:30 - 9:30 p.m., Dunham Hall Theater

Friday, Dec. 9

Department of Theater and Dance presents "A Good Woman"
7:30 - 10 p.m., Metcalf Theater

Orchestra Concert
7:30 - 9:30 p.m., Dunham Hall Theater

Sunday, Dec. 11

Morris Study Center
24/7, Morris University Center

Morris Study Center Late Night Finals Breakfast
8 - 9 p.m., MUC Center Court

Saturday, Dec. 17

"White Christmas" screening
2 p.m., Wildey Theater, Edwardsville

Friday, Dec. 2



History Department T-shirt sale
10 a.m. - 2 p.m., Peck Hall lobby

Student Government Angel Tree gift wrapping
5 - 9 p.m., Student Success Center room 1203

Department of Theater and Dance presents "A Good Woman"
7:30 - 10 p.m., Metcalf Theater

Department of Music presents "Songs for a New World"
7:30 - 10 p.m., Dunham Hall Theater

Curtains Theater Company presents "A Christmas Story"
7:30 p.m., Wildey Theater, Edwardsville

Sunday, Dec. 4

Department of Theater and Dance presents "A Good Woman"
2 - 3:30 p.m., Metcalf Theater

Curtains Theater Company presents "A Christmas Story"
2 p.m., Wildey Theater, Edwardsville

Tuesday, Dec. 6



Alpha Phi Omega bake sale
9 a.m. - 3 p.m., Peck Hall lobby

CAB Finals Week massages
10 a.m. - 2 p.m., Goshen Lounge

Red Cross Blood Drive
10 a.m. - 5 p.m., MUC Mississippi/Illinois Room

"National Lampoon's Christmas Vacation" screening
7 p.m., Wildey Theater

Department of Music Choral Concert
7:30 - 9:30 p.m., Dunham Hall Theater

Thursday, Dec. 8

Department of Theater and Dance presents "A Good Woman"
7:30 - 10 p.m., Metcalf Theater

Saturday, Dec. 10

Department of Theater and Dance presents "A Good Woman"
7:30 - 10 p.m., Metcalf Theater

Monday, Dec. 12

Finals Week begins

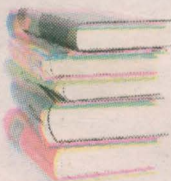
SIUE Gone to the Dogs
10 a.m. - 2 p.m., Goshen Lounge

Department of Theater and Dance presents "A Good Woman"
2 - 4:30 p.m., Metcalf Theater

Sunday, Dec. 18



Chanukah: Festival of Lights
12 - 4 p.m., Missouri Botanical Garden, St. Louis



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Ask Alex

**Q: What should I do
if my parents hate my
major?**

College is the time to figure out exactly who you are and what you want to do.

I know someone who recently told a family member they wanted to become a nurse. The relative said, "How many rich nurses do you know?" and my friend in turn said, "Well, I'll eventually become a practitioner." The relative then said, "How many rich nurse practitioners do you know? I get it if you think it's your calling, but you should want to be more successful."

It's common for our families not to understand our aspirations in life, but our goals and our idea of success are not necessarily the same as theirs. When it comes to picking a major, it's perfectly normal to be clueless. You'll find something that makes you happy soon enough, so don't stress over it. If you find yourself struggling, look at your hobbies and skills first. Maybe something will draw you in once you realize your strengths.

For those who already know exactly what they want and just got harassed over Thanksgiving, stay strong. Don't pick something because it sounds cool, or because it has been in the family for 50 years. You are your own person, so be sure your major is a passion of yours.

It's OK if not everyone understands or applauds you for your hard work. In the end, you have made yourself happy.

Ask yourself if your choice in major or future occupation is something you see yourself committed to for the long run. Take care of yourself before you start worrying about what others think, and that advice stands for much more than just your major.

Ask Alex is a bimonthly advice column focused on answering questions anonymously posed by members of the student body. To submit questions, email the opinion editor at crice@alestlelive.com.



Cheer: not just for the holidays

Throughout the holiday season, cheer is often amplified times ten; that's the spirit of the season, right? Presents are exchanged, families come together, but what's troubling is the fact that this seems to be the only time of year these actions are emphasized, and the fake holiday mask some wear can divide people.

**ALESTLE
STAFF EDITORIAL**

Although the holidays encourage us to come together and be thankful for all we have, it's difficult to fathom that this is the only time of the year in which this practice is considered necessary. Not only that, but people are also, pressured to spread holiday cheer to others in the forms of donations, gift giving or excessive jolliness.

Charitable donations, gift giving, spending time with your family and being actively thankful are things to do all year, not just during the holidays.

For many, the holiday season is the only time devoted to spending time with family members. Even then, their time is mostly spent being bombarded with question after question. Being happy, seeing family and being generous should be a year-long endeavor.

However, there may be a valid reason for the overemphasized holiday cheer. As the year comes to a close and winter steadily approaches, days begin to grow shorter and darker. For many who work or are in school all day long, the latter half of their day is spent in darkness. The winter blues are a real thing, and it leads to an increase in depression in the cold, dark months. Perhaps, this exaggerated happiness is just a way of trying to keep ourselves from slipping away into the deep, dark depths of winter depression.

Despite that, people really should try to be as equally grateful and cheerful during the rest of the calendar year. Thanksgiving isn't the only time of year to give thanks, just like Christmas isn't

the only time of the year to show your generosity.

If you really want to implement being generous year round, you can thank people more often; save your sappy Instagram and Facebook posts and actually thank someone in person. If you want to give back to others, try volunteering in your community. Spread positivity to each human with whom you interact. Having positive interactions with people can make them and you feel amazing. The holiday season is full of people you usually don't spend much time with so it can make a world of difference if we strive to make the most out of it.

So this holiday season, and every season after that, challenge yourself to be more active within your community, spend more time with family, and be more generous. With enough practice, it will become a habit before you know it.

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Finals provide benefit for future

With Thanksgiving break behind us and only a few more days of classes before the end of the semester, students are trying to rack their brains with the knowledge they learned in their classes for the ultimate test of a college course's curriculum: final exams.

**TRENT STUART
Alestle Reporter**

Students usually see these exams as a poor test of their knowledge and emphasize the stress they under during the weeks before and during finals. However, not many consider what else these final exams are doing for them. There are plenty of ways students can benefit from taking them.

Simply stepping back and looking at how many classes are set up is an easy way to see the importance of the exams. Usually, class grades are made up of a combination of homework, quizzes, essays and tests. The final exam is usually based on the information that has been

building up since the beginning of the semester, making it worth a higher percentage of the grade.

While it may be difficult and require a lot of time studying, these tests are going to be valuable in the long term. They are actually forcing you to look over the material again, rather than going over it and immediately forgetting about it. The exams are making sure we actually doing what we are pay thousands of dollars to do: learn. In my mind, that is clear evidence that they are important to our education and overall well-being, despite the stress they could endure.

Additionally, they can be used as a benchmark of what you've learned as well as a realization of how you need improve. Unless the test is something entirely different than what the curriculum was supposed to teach, (which is definitely possible), the final is a way to see how you stand within that particular topic. Whether it be a class toward your major or just a required course, you can use the final to evaluate what you still need to learn in the future.

This is especially true for

courses within your major. Even if it's a prerequisite that may not directly apply to what you want to do after graduation, it will still have material you will use in other classes.

However, there are definitely negatives to final exams. The fact they all take place during the same week is aggravating for some because it may not give them enough time to properly study the material for all of their classes. Also, some finals are based on memorizing the material rather than actually learning it for the future, which is troublesome because it's not properly testing what was taught in the class.

But, instead of complaining about the stress or the amount of material on the final, take it as a learning opportunity. Remember that you are paying for this education and that studying should be a worthwhile experience to measure your knowledge of the various topics you are taught.

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Men's basketball evens season record

KYLE STEPP
Alestle Sports Editor

The men's basketball team split two games over Thanksgiving break. After falling to the Arkansas State University Red Wolves Nov. 22, the Cougars won a last-second thriller against the Indiana University - Purdue University Indianapolis Jaguars.

The Red Wolves built off their 11-0 second-half run to beat the Cougars 75-57. The loss was the third straight for SIUE, and boosted Arkansas' record to 5-1.

After trailing 27-24 heading into the locker room, a 3-point play by freshman guard Christian Ellis tied the score less than a minute into the second half. The teams traded baskets until the score was tied at 32. The Cougars looked to be taking control of the game, extending their lead as far as 39-33. The Red Wolves responded with a 11-0 run, taking a 44-39 lead over SIUE.

Head Coach Jon Harris credited Arkansas State and said his team did not give their full effort throughout the game.

"[ASU] stayed the course. They kept pushing. We had a pretty strong game plan coming in. I thought we played well probably for about 32-33 minutes in the game," Harris said.

Just as junior forward Jalen Henry made two free throws to pull the Cougars within two

points, Arkansas State went on a 10-0 run with just under eight minutes left in the game.

Harris said his team let the Red Wolves drive to the rim on multiple attempts, ultimately costing them the game.

"We had about a four-minute stretch in there where we started going away from what was causing us to have some success. We started letting them punch the gaps and get to the rim on us. I think that was the difference in the game," Harris said.

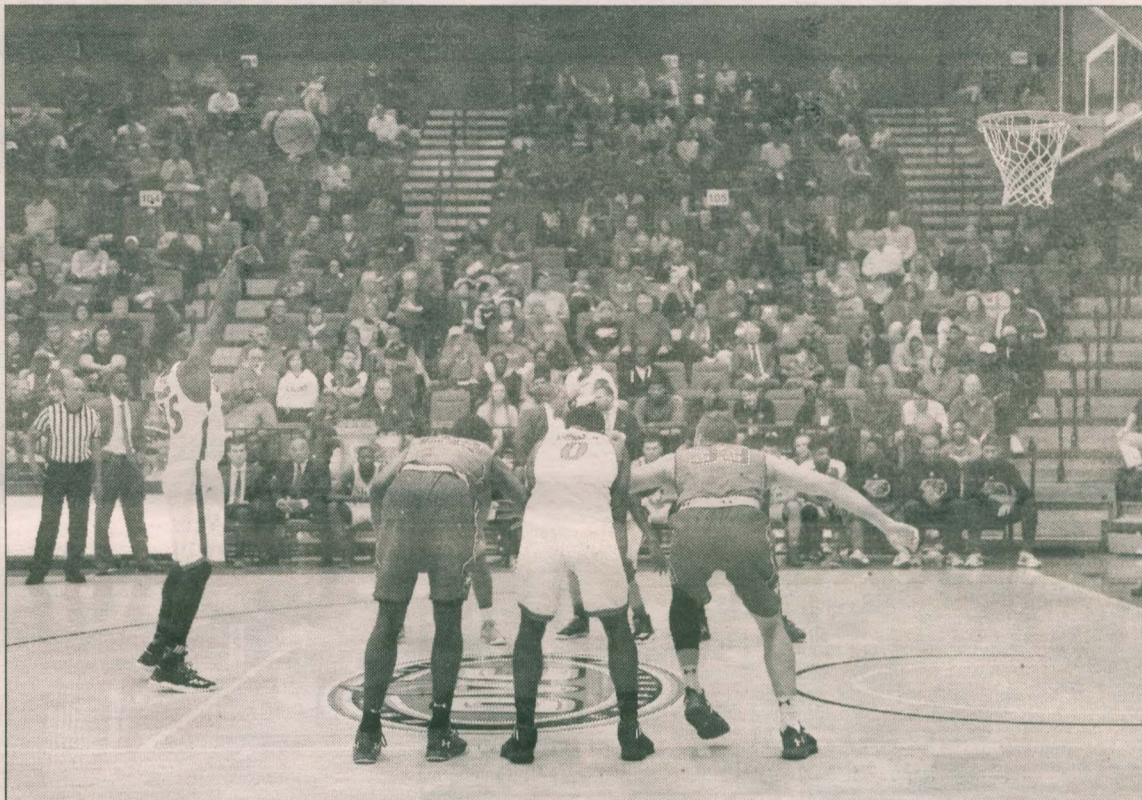
Ellis led SIUE players in points with 13, and was one of four Cougars in double-digits. Senior guard Burak Eslik had 12 points with two 3-pointers, redshirt sophomore guard Tre Harris scored 11 points with three 3-pointers and junior forward Keenan Simmons scored 10 points and brought in an SIUE-high seven rebounds.

SIUE returned home to take on the Jaguars Nov. 26, at the Vadalabene Center, and the Cougars redeemed themselves with a 61-58 thriller.

Eslik sealed the win by sinking two free throws with less than nine seconds left in regulation.

Harris said the team came together, and he hopes they can use the IUPUI win in games to come.

"Hopefully it will give us a little confidence and a little



Junior forward Keenan Simmons (45) shoots a free throw after being fouled Nov. 19, at the Vadalabene Center during SIUE's 101-83 loss to Southern Illinois University Carbondale. | Allison Gregory / Alestle

momentum going forward. I thought the guys did a good job really staying the course. We put 40 minutes together with a defensive mindset," Harris said.

The Cougars only shot 35.3 percent from the field, but were able to win with three players in double-digits. Eslik had 13

points, followed by 10 apiece from Ellis and sophomore guard Carlos Anderson.

SIUE, who is shooting an impressive 39.3 percent from the behind the arc, improved its record to 3-3.

The Cougars take on the Indiana University Hoosiers at 6

p.m. Friday, Dec. 2, in Bloomington, Ind. The game will be available to be streamed on ESPN3.

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Women's basketball split nonconference games

KYLE STEPP
Alestle Sports Editor

The women's basketball team won their first regular season game Nov. 23, against the Southern Illinois University Carbondale Salukis, followed by a last-second loss Nov. 27, to the Western Illinois University Fighting Leathernecks.

The Cougars downed the rival Salukis 60-59 by shooting 37.5 percent at the Vadalabene Center. Head Coach Paula Buscher said the team's mentality pulled them through, and turned 19 offensive rebounds into 19 second-chance points.

"I thought the biggest difference tonight was our toughness. We did a great job on the offensive end. Give our players credit for attacking the rim and going to get rebounds," Buscher said.

Junior guard Donshel Beck led the Cougars with 18 points, while junior forward Gwen Adams scored 11 off the bench. Sophomore center Sydney Bauman secured 10 of the Cougars' 37 rebounds.

Much like the final score, the majority of the matchup was close. The largest lead of the night came from the Salukis, harboring a seven-point lead after hitting a pair of shots beyond the arc with five minutes left in the first half.

Buscher said the Cougars did a good job of staying positive and working for the win.

"When Carbondale went on a run, I was proud our team stuck with it and continued to battle. You saw a lot of belief tonight with each other. These are games you have to grind out and win," Buscher said.

Heading into the final period, the Cougars took a one-point lead. The game remained close or tied until the final minute of the fourth quarter. Beck scored two of her 18 points to extend the Cougars' lead to 59-52. The Salukis hit a 3-pointer to pull within four of the Cougars. With 27 seconds to play, Carbondale sent redshirt junior Lauren White to the free-throw line. White split the free throws, and the Cougars were able to run the clock out.

Buscher said she was proud of the way her team played for the program and SIUE.

"The win is great for our team and our university, but I was proud of how we played," Buscher said. "Even when things don't go well, you play the game the right way."

After the close match against Carbondale, the Cougars returned to the Vadalabene Center Nov. 27, for a 76-74 loss to Western Illinois University.

Leathernecks' junior guard Emily Clemens sunk a pair of free throws with three seconds remaining to edge past the Cougars. SIUE dropped to 1-4 on the season, while Western Illinois improved to 5-1 after the win. The

Leathernecks utilized 20 out of 26 free throws on the night.

Buscher said although her team was outscored in the final seconds, the Cougars lost throughout the night.

"I don't see anything happen in the last five or 10 seconds determining the outcome of the game. We're obviously disappointed. At the same time, there were a lot of little things we could have done better. We put them on the line too many times," Buscher said.

Beck led SIUE with 20 points, followed by 15 from Adams, 12 from White and 12 from redshirt sophomore guard Nakiah Bell. Buscher praised her team's 18 assists and 15 turnovers. Buscher also said her team has the skill, and their 1-4 record is not reflective of that.

"It's just having the confidence and getting a couple of wins. This team has some good components. It's frustrating right now. I know it's disappointing for our coaching staff, the team and everyone involved in our program."

The Cougars head to Colorado for a 5:30 p.m. Friday, Dec. 2, matchup against the Utah Valley University Wolverines at the Air Force Tournament.

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Junior guard Donshel Beck shoots a free throw during a home basketball game late in the 2015-2016 season. Beck leads the Cougars in scoring with 65 points in five games of the 2016 season. | File photo / Alestle

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**Southern Illinois University Edwardsville
Lead in Drinking Water Information**

Southern Illinois University Edwardsville found elevated levels of lead in drinking water in some homes/buildings. Lead can cause serious health problems, especially for pregnant women and children 6 years and younger. Please read this notice closely to see what you can do to reduce lead in your drinking water.

Edwardsville Campus Drinking Water - Background and Current Status

This information is being provided again as required by the Illinois Environmental Protection Agency due to University ownership of the campus water system. There has been no change in what was previously reported in August and early September to the University community regarding lead found in the drinking water on the Edwardsville campus. The water in campus buildings remains available for unrestricted use with the few exceptions noted below.

As the owner of our campus water system, the University is required to regularly test the water. Testing performed in August 2016 found that water in five buildings contained lead exceeding the action level of 15 parts per billion. The University community was immediately notified of the results, and alternative temporary water coolers were distributed for use.

As previous rounds of testing had found only isolated occurrences of lead on the Edwardsville campus, the University conducted extensive additional testing in campus buildings. Water containing lead over the action level was found to be limited to specific locations in the five buildings. All other samples taken on campus were below the action level for lead. The University community was also notified of these results. As a result, sinks in a mechanical room and several custodial closets of four buildings were labeled not to be used for drinking water. A single drinking fountain in the Lovejoy Library was taken out of service until it can be replaced. In Science Laboratory West, the drinking fountains were taken out of service and alternate drinking water provided by a bottled water service pending further evaluation of the building plumbing system. After an evening or weekend, the tap water in Science Laboratory West should continue to be run for at least three (3) minutes before being used and cold water should be used.

Health Effects of Lead

Lead can cause serious health problems if too much enters your body from drinking water or other sources. It can cause damage to the brain and kidneys, and can interfere with the production of red blood cells that carry oxygen to all parts of your body. The greatest risk of lead exposure is to infants, young children and pregnant women. Scientists have linked the effects of lead on the brain with lowered IQ in children. Adults with kidney problems and high blood pressure can be affected by low levels of lead more than healthy adults. Lead is stored in the bones and it can be released later in life. During pregnancy, the child receives lead from the mother's bones, which may affect brain development.

Sources of Lead

Lead is a common metal found in the environment. Drinking water is one possible source of lead exposure. The main sources are lead-based paint, lead-contaminated dust or soil and some plumbing materials. In addition, lead can be found in certain types of pottery, pewter, brass fixtures, food, toys, playground equipment, jewelry and cosmetics. Brass plumbing fixtures may contribute lead to drinking water. Until January 2014, federal law allowed brass plumbing fixtures, such as faucets, with up to 8 percent lead to be used and labeled as "lead free."

SIUE purchases water for the campus from the City of Edwardsville. The city water does not contain lead, and there are no lead water lines serving the campus. However, lead may enter drinking water from components of the plumbing inside the buildings. The Environmental Protection Agency estimates that 10 to 20 percent of a person's potential exposure to lead may come from drinking water.

Steps You Can Take To Reduce Your Exposure To Lead In Your Water

1. Run the water to flush out lead. As noted above, the water in the Science Laboratory West should continue to be allowed to run at least three (3) minutes after an evening or weekend. At other locations on campus, while not required, you may run the water for 15 to 30 seconds after an evening or weekend.
2. Use cold water for cooking and preparing baby formula. Do not cook with or drink water from the hot water tap as lead dissolves more easily into hot water.
3. Do not boil water to remove lead. Boiling water will not reduce lead.
4. Some buildings on campus have a combination bottle filler-drinking fountain that includes a filter which removes lead. A green "Filter Status" light on the fountain indicates that the filter is good. If the light is yellow or red, please contact the Facilities Management Department at ext-3711 to have the filter replaced.
5. Water testing for lead. As the owner of our campus water system, the University will continue to conduct testing of campus drinking water for lead, and report and respond to results which exceed the action level.
6. Get your child's blood tested. Contact your local health department or healthcare provider to find out how you can get your child tested for lead, if you are concerned about exposure.

For More Information

Please contact Paul Fuligni, the Director of Facilities Management, at 650-2560. For more information on reducing lead exposure around your home/building and the health effects of lead, visit EPA's Web site at www.epa.gov/lead or contact your health care provider.