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Alton - East St. Louis - Edwardsville



2 local tattoo studios compete See A&E

Thursday, March 3, 2011

www.alestielive.com

Vol. 63, No. 22

# Student experiences at Health Services not always healthy

AJ SANSON

Alestle Reporter

Health Services' expertise is being called into question by a handful of students.

Senior biology major Alexandra Clark of Chicago went to Health Services in late January complaining of pain in her esophagus that made her unable to swallow liquids. Clark said she thought Health Services seemed to brush her case off.

"When the doctors asked me what was wrong, I told them it wasn't my throat," Clark said. "It's too low to be my throat; it's my esophagus. I'm a biology student and have studied bodies for three or four years. Not one person in that place listened."

Clark said she was told by the doctors it was a cold and to take ibuprofen.

After getting a second Anderson opinion from Hospital's ExpressCare unit, Clark said the doctors were shocked that Health Services did not deal with her more and asked if Health it's worse now." Services had even listened to her symptoms.

ExpressCare diagnosed Clark with a burned esophagus and said she could have sores or ulcers as

"A cold is not even close," Clark said.

Junior biomedical science major Charlette Jauch of Medinah had a similar experience with Health Services.

"During the week of finals [last fall] I had a bad cough and was coughing up green mucus," Jauch said. "The doctor came in and did a strep test, and it was negative. I told them about the green mucus and they didn't think anything was abnormal."

Jauch said her biomedical studies major taught her some previous knowledge of her case.

"I told them green mucus usually means an infection or even pneumonia," Jauch said. "They said they could only give me ibuprofen and said, if it gets worse, to come back. I told them

Jauch said once she returned to her Chicago-area home for winter break she got a second opinion, which revealed she had an upper-respiratory infection and was prescribed antibiotics.

Director of Health Services Riane Greenwalt said she feels the concerned students should have gone back to Health Services.

"We see about 90 students a day, and two people came to a reporter instead of talking back to us, which is a little concerning," Greenwalt said.

Greenwalt said Health Services always tells students if their symptoms get worse or do not improve to come back to them.

"It doesn't cost them anything, and, as they leave, there is a last moment where we ask them if their visit went OK," Greenwalt said. "And if it didn't, there is a document that they can write it down [and] that's given to me."

Greenwalt said once she receives that document she calls the

HEALTH/pg.5

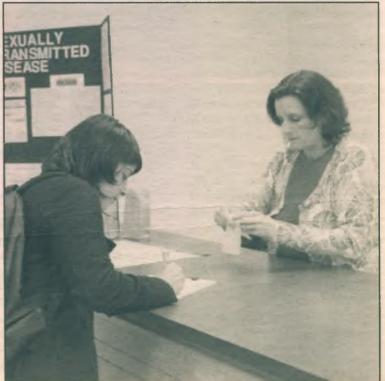


Photo by Rebehka Blake/Alestle

**Doctors working for SIUE Health Services see about 90** students each day. Several students have complained the medical diagnoses they received from Health Services have forced them to seek a second opinion

of the turtles right now, and that Sheldon is pretty friendly.

"He's always got his head poking out and seeing what's up," Markovich said.

Walton maintains a blog for the siueturtleresearch.blogspot.com, which was started to communicate with students and keep people updated on the condition of the turtles in the lab.

"A lot of these turtles that are in here as patients were brought in by citizens that were just concerned," Walton said. "They found them injured or sick or what have you and they wanted updates [on] what's going on with their particular turtle."

Sheldon is "very personable," according to Walton, and his family, the two girls, made him a get-well card and visit him every few months.

Markovich started working with the lab in the beginning of the semester in a volunteer position. He performs general lab duties such as soaking and feeding the turtles and is in the lab two days every week.

When sick or injured turtles tip over the water bowl in their tank, the muddied water could potentially cause an infection, according to Walton, which is why the turtles are soaked.

Senior geography major Eric Hoffman of Quincy said the lab is providing the state with information it does not yet have.

"When Dr. Walton contacted them and asked about turtle populations from recent studies, they had no idea," Hoffman said.

Some of the turtles being

looked at in the lab, according to Walton, are 15 to 20 years old.

"They're not easily replaced and the loss of one individual from that gene pool could cause a serious decline in that population over time," Walton said.

The length of time a turtle spends at the lab depends on the extent of the injury, according to

"We had a couple that came in last year that had cracked shells. They'd been hit on the road and those actually healed better than some of the others we have here," Walton said.

Tracking and trapping turtles Once the tracking and trapping season starts, which will be at least by April 1, Walton said they will be tracking and trapping turtles. Students are tracking weekly now, but they pull the traps at night because if a turtle is caught during below-freezing temperatures it could die.

"We have to wait until the temperatures stay fairly consistent, and then we do that every day," Walton said. "Every day we go out and check 40 traps out in the field."

Markovich said he got involved with the lab because he wanted hands-on experience as an environmental science and geography minor.

"With my major, I hadn't really done anything outside the class," Markovich said. "I've always liked animals so I thought it would be a good thing to try and I love it so far."

Last year, the lab processed a

Photo by Rebehka Blake/Alestle

Sheldon the turtle was rescued by two Madison County area girls who found him in their backyard. He was brought to the SIUE turtle research and recovery lab on May 26. He is still living at the lab.

# Heroes helping half shells

Local professor saving turtles to help recover from injury

KARI WILLIAMS

Alestle Opinion Editor

Infested with maggots, bleeding and injured, Sheldon, a box turtle, was brought to the SIUE Turtle Research and Recovery Lab for rehabilitation by two young girls on last May.

Geography professor Elizabeth Walton described Sheldon's injuries upon his arrival.

"[Sheldon] had this hole right there on the top of his carapace, and there were maggots," Walton said. "It was infested with maggots, which is typical when you have an injured animal, and he was bleeding pretty badly."

Walton said they were able to remove some of the shards that were sticking up, get him cleaned up and get the larvae infestation

"He's doing really well," Walton said. "He's quite the character. I'm his food mama, so he always kind of perks up when I come around."

Walton said the purpose of the lab is to do a population assessment of turtles in Madison County, specifically on the university campus. During that process they find sick and injured turtles to rehabilitate.

Junior liberal studies major John Markovich of Peoria, a lab volunteer, said he works with all

TURTLE/pg.3

# More than just entertainment

Club works on making their own games

**BRIAN BERNS** 

Alestle Reporter

There are many organizations on campus but only one that actually encourages its members to play video games.

However, the Game Development Group, founded in fall 2008, is more than a bunch of students sitting around getting better at "Halo" or reliving the glory days of "Super Smash Brothers." This group goes much deeper into the worlds of Mario and Master Chief.

GDG co-founder and SIUE alumnus Britian Oates said the group was founded on the idea to combine students' creativity and passion for video games.

"I wanted a group where people could work together on a game and share ideas," Oates said. "Making a game is a huge undertaking."

But it's not all creativity and work. The members of GDG also get to pound the buttons of their selected game console and enjoy hours of trash talking each other.

According to the group's current president Cory Lehan, a graduate student of Cahokia, the group does have events where all they do is play games.

"Yes, we have fun but also I want video games to be used as a platform for learning," Lehan

said.

The learning comes in development of new games.

One of the new games being designed is called "Devil's Pit," where your family is in hell and you have to fight hundreds of enemies to get your family out.

"Most games have 10 to 20 enemies you fight throughout the game, so what makes "Devils Pit" unique is the number of villains you can fight in the game," Lehan said.

"Devil's Pit" is close to being done, but according to Lehan, still needs a couple months worth of work.

Another project the group is working on is a game called "Bounce-Back-Attack."

"Bounce-Back-Attack" is an arcade-style game that has a small ship moving across the screen and a space shuttle at the top of the screen shooting down at the ship.

According to Lehan, the game has a similar style to "Space Invaders," which was a game released in an arcade version in 1978. The group wanted to create a game that was simple because most of the experienced members of the group have graduated and new members are being introduced to the game development process.

GDG is a resource for people who have a similar love for video games to gain experience and



Photo by Michelle Beard/Alestle

Students play 'Super Smash Bros. Brawl' during game night in the Goshen Lounge of the Morris University Center. The group set up a 10-hour game marathon to help promote the group.

develop their skills. But these skills are not limited to computer science majors.

According to senior computer engineering major Joe Moore of Maryville, the group's vice president, even if a prospective member is interested in drawing or music, there is a spot for them in GDG.

"If they like to draw then I'll find a way to include them into the game or if the person wants to compose some music for the game, we can use them," Moore said.

A way to promote this crossmajor acceptance is using a game design program that, according to Lehan, is as simple as Windows Movie Maker. Game Maker by YoYo Games is a program that allows users with differing computer programming experience levels to design video games. The most recent version even allows creators to work in 3D

Sophomore engineering major Daniel Stoughton of Peoria, who helped design "Devil's Pit," has benefited in several ways from being in the group. Stoughton was recently given an internship with a computer company back in his hometown.

"I have learned a lot and not only has this group helped me get an internship, but also the group has helped me a lot in my computer science classes," Stoughton said.

There is also a smaller effect the group has had on Stoughton, but one that possibly has a bigger impact. Stoughton said now that he is aware of what goes into making a video game; he looks at the games he plays differently.

Members of GDG notice the little details in games that otherwise would go unnoticed. Stoughton said he looks at the

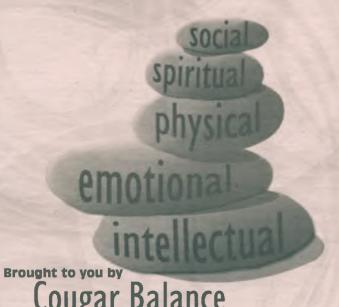
game's story, graphics and music in a different way and has gained more of an appreciation for the art that is making video games.

Once "Devil's Pit" and "Bounce-Back-Attack" are completed, the group hopes to put the games up on the Xbox Marketplace. Lehan said putting games on the Xbox 360 is much like how anybody can put a video on YouTube. When "Devil's Pit" is completed, it will cost no more than \$5 and "Bounce-Back-Attack" would be free.

GDG has 25 members and, while most members are computer science majors, it is not a requirement. For more information on the group, contact the faculty adviser Dennis Bouvier at 650-2369 or see their blog at game-dev.cs.siue.edu.

Brian Berns can be reached at bberns@alestlelive.com or 650-3527.

# Still getting into pefect Spring Break shape?



Cougar Balance siue.edu/cougarbalance

Contact counseling: (618) 650-2197 or Chelsea Bradley: (618) 650-5392 with questions



Hydrate

Eat a balanced diet
Use relaxation techniques
Keep intensity at a moderate level

Tan

Protect yourself use SPF
Drink water (alcohol causes dehydration)
Wear sunglasses

Find shade whenever possible Wear a hat

Laundry

Wait until finals are over to do your laundry
Wash only Spring Break apparel (the rest can wait!)

### TURTLES from pg.1

total of 47 turtles. Walton said they trapped or found 25 in the wild and seven died. Every turtle was accounted for whether it was caught and released, dead or was at the lab for rehabilitation. They had four that were healthy enough to be released. Injured and tracking accounted for another four in the

"We either found [them] dead on the road or people brought them to us and they were dead on the way in, and then the rest of them had been rehabbed patients that we found," Walton said.

Environmental science graduate student Sarjana Khadka of Katmandu, Nepal has been working with the lab since fall 2009. Khadka said they want to focus on whether the turtles are fully acclimating in their natural habitat because in some cases they are in the lab for more than a year.

Khadka, who works specifically with tracking and trapping turtles, said each turtle has a transmitter in it

"By using the radio telemetry instrument, we track daily whether they are moving properly or not, whether they are fully acclimating in that environment or not,' Khadka said.

If the turtles are moving toward roadsides or an agricultural field, Khadka said they have to bring them back to the forest area.

members of the lab have a responsibility to the animals around them because of their history and because they are an indicator

"I feel like if they've been around this long, we kind of owe it to them to help them survive a little bit longer in light of the fact that it's our numbers that are impacting them the most," Walton said.

#### **Environmental Issues**

Walton said they look to identify the demographics of turtles in this region and found a baby ornate box turtle, which is an endangered species, on campus last summer. The turtle was released, and they are tracking it.

For the lab, Walton said there are not really any ethical issues. Any materials used are disinfected between use and an evaluation of overall health is done. They mark, measure and weigh the turtles, then put them back.

"We are very careful with how we handle the turtles," Walton said.

According to Walton, other studies do the same thing and what they are doing is trying to help. They try to simulate some of the natural environment for the turtles and help them along.

"You always want to leave only your footprints," Walton said. "You don't want to introduce any kind of trash into natural environment."

Walton said box turtles can live up to 100 years, and the annual data they have so far is "just a tiny glimpse into the life of a turtle."

"We need to have multi-year Walton said she feels the data collection," Walton said. "We need more transmitters to be able to follow both the turtles that are native to the research site and others that we've found here on campus that we can relocate into

that area and see how they react to movement, to relocation."

Walton said the rewarding part of working in the two-fold-student involvement and seeing healthy populations of turtles.

"[The students] fully embrace not only taking care of [the turtles], but being very consistent with their field data collection and are very careful with the lives of these turtles," Walton said. "They understand it's their chance of survival is in their hands when you're trapping them so they're very responsible about going out and checking those traps."

Sheldon will go to a halfway house before being fully released to make sure he is acclimated to being outdoors, according to Walton, and he will "definitely go to a halfway house at least by April."

"[He was] found in a backyard," Walton said. "We'll put him back in those woods once we know he's OK outside."

The main concern is that Sheldon does not have protection on the injured area of his shell. Walton said she wants to find some way to protect the hole by covering it with something that will fall off so it does not stunt his growth.

"We want to get him back," Walton said. "We want to return him to making the environmental and ecological contribution he was meant to make."

Kari Williams can be reached kwilliams@alestlelive.com or 650-3527.





Photo by Rebehka Blake/Alestle

Sheldon will not be able to be released back into the wild until he is able to prove he can forage for food. After spending time in a halfway house, he will be returned to where he was found.



# MODULES

**Student Leadership Development Program & Volunteer Services** 

### **Modules**

3/15/11 Module 8, 2:00 p.m. **Human Relations** Matthew Grawitch, Ph.D., Director Organizational Health Initiative, SLU Board Room, MUC

Module 18, 6:30 p.m. **Motivating Others** Pat Rzewnicki, Lecturer Speech Communications, SIUE Board Room, MUC

Leadership & Professional Skills Workshop (free) Saturday, March 26, 8:30 a.m. - 12:30 p.m., SSC 1203 \*Pre-registration required at Kimmel Leadership Cente

### SLDP Reminders...

**Volunteer Projects** 

March 16, 17, 18 & 19 - The Gardens at SIUE

March 19 - St. Vincent de Paul Thrift Store

March 26 - Angel Food

March 26 - Holy Angels Homeless Shelter

March 26 - SIUE Homeless Program

Suicide & Crisis Hotline Training, March 19 & 20, 8:00 a.m. to 6:00 p.m. Project Read Mentor Orientation, March 23, 11:00 a.m. to 1:00 p.m. American Red Cross Disaster Training, April 2, 9:00 a.m. to 4:00 p.m. \*Must attend all training sessions to receive credit.

Alternative Spring Break Trip - Cherokee Nation, OK, \*February 24 & March 3 - Spring Break Orientation

For more information and the calendar, contact the Kimmel Leadership Center, ext. 2686 www.siue.edu/kimmel/sldp or www.siue.edu/kimmel/sldp/volunteer



# Student Government has first contested presidential race in three years

**AREN DOW** 

Alestle Editor in Chief

For the first time in three years, it looks as if Student Government will have its first contested race for presidency.

Three candidates are vying for the 2011-12 student body president position: Junior speech communication major Steven Robinson-Holman, senior business major Nolan Sharkey and junior political science major Nicholas Simpson.

The are three students looking to become vice president as well: Linguistics graduate student Mary Clabaugh, junior philosophy major Erik Zimmerman and sophomore speech communication major Emily Skeels. Sixteen students are running for the twelve seats of student senate and the position of trustee is being sought unopposed by incumbent Jeff Harrison.

There will be an open forum for students to questions of the candidates on Thursday March 17 at 11 a.m. and noon. Elections will be held on April 4 and 5.

Steven Robinson-Holman

Robinson-Holman said he wants to expand the SG budget to allow more student organizations to receive funding. Funds for travel requests ran out in November of last year, and funds for program requests ran out in February.

"I feel like every student

organization should put a bid in for allocations for the year, but every student organization doesn't do that," Robinson-Holman said. "I want to increase the budget, because if we got an extra dollar from every [student], that's \$14,000. We could all use that money."

After serving on Student Senate and running a student organization, Robinson-Holman said those qualities would help him as president.

"I've joined an organization, Alpha Phi Alpha Inc., and I'm a founder and vice president of [an] organization called Premiere Models," Robinson-Holman said. "I think that just improves my ability to work with students and to run an organization."

Working with the students is a point of emphasis for Robinson-Holman, something he said he gained through his experience as a senator.

"I wanted to choose president because you have more of an influence than the body of Student Government does," Robinson-Holman said. "You get to work more closely with the students. I saw the position as a position where I could make the most change for students."

Nolan Sharkey

Illinois has been behind on payments to the university for the past two years, something Sharkey said he plans on addressing headon. "Getting the money that's owed, that's one thing if I win president that I'll work on every single day," Sharkey said. "I think I have with my business background the best mindset, as a finance economics major, to make the dollar go the furthest than any other candidate."

University Park, the area east of campus that houses private sector companies, is an area Sharkey said could be more utilized to increase the number of jobs for students.

"I want to make sure we can create jobs on campus through research. There's a lot of empty fields out [in University Park]," Sharkey said. "If we can bring research, we bring jobs, we bring brain power."

Sharkey said as a business major and through his work with Gov. Pat Quinn on his campaign trail, he would be able to secure funds for the university.

"We have to go and represent our university as a strong university," Sharkey said. "Personally, I think a lot of people would argue Carbondale is kind of lacking on the reputation, so SIUE has to make up to make sure we get the funding we need to continue to grow."

Nicholas Simpson

Simpson, an Edwardsville native, said he wants to improve the connection between the campus and the surrounding community by communication or through a philanthropic event put on by the university.

"I'd like to see campus life extended into Edwardsville and actually accepted because I know a lot of the townspeople, especially the older population, have issues with the university," Simpson said. "I'd like to see those walls torn down."

Making sure students have the right criteria to graduate and are not surprised they have to take one more class is something Simpson said students have come to him about.

"It's an issue of students graduating when they're supposed to. Once they've gone through that graduation check, that should be a final thing," Simpson said. "That's not something where you come back after you've walked or waiting for their diploma to come in the mail and they get a letter in the mail saying, 'Oh, you didn't graduate."

Simpson said he would continue to further his work with securing more student discounts. He said as senator he has been able to find out what issues of the students are and how to translate that into action.

"I would like to continue what I'm doing as a senator, and give the student body the best that they can have," Simpson said.

Aren Dow can be reached at adow@alestlelive.com or 650-3527.







Photo by Rebehka Blake/Alestle
Top: Nicholas Simpson, middle:
Nolan Sharkey, bottom: Steven
Robinson-Holman

# INTRAMURAL SPORTS Flag Football

Registration due March 16
@ the SFC Front Desk

### HEALTH & WELLNESS

Check out our Spring Break Group Fitness Schedule!

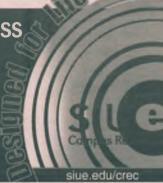
# **OUTDOOR RECREATION**

**Ziplining** 

Saturday, April 16 \$25 for the tour and round trip transportation Register at the information desk in the MUC Tickets go on sale 3/14

Red Cross Lifeguarding Class

March 26-27 continuing on April 2-3
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# SIUCE BEOTTER

#### 2-23-11

Police issued Benjamin Gehrs a citation for speeding on South University Drive.

Police issued Brandon D. Fowler a citation for failure to reduce speed to avoid an accident on University Drive.

### 2-24-11

Police arrested Jordan L. Esch for unlawful possession of cannabis following a report of a suspicious odor in Cougar Village 520. Esch was taken to the police department where she was processed and released with a notice to appear.

Police issued Oniffe D. Grizzle a citation for speeding on South University Drive.

Police issued Ashley L. Taylor citations for operation of an uninsured motor vehicle and no seat belt on Cougar Lake Drive.

Police took a report of money stolen from the Kimmel Leadership Center.

Police responded to a call of a computer stolen from a resident's room in Bluff Hall. The computer was found in another student's room, returned and the owner did not to press charges.

### 2-26-11

Police took a report of a hit-andrun accident in the Evergreen Hall parking lot.

Police took a report of damaged items and two DVDs stolen from a Cougar Village residence.

#### 2-27-11

Police arrested Michael P. Arthur for criminal damage to state-supported property following a report of a male throwing things around in Cougar Village 504. Arthur was combative and caused damage to every room in the apartment and broke out the window in the police car. He was transported to Madison County Jail where he was placed on a felony hold. Charges are pending.

#### 2-28-11

Police arrested Janssen W. Shaw for driving while suspended and no seat belt on Cougar Lake Drive. Shaw was taken to the police department where he was processed and released after posting \$150 bond.

Police issued Anupa R. Singh citations for operation of an uninsured motor vehicle and disobeying a stop sign on South University Drive.

News can be reached at news@alestlelave.com or 650-3527.

### **HEALTH** from pg.1

concerned patient to discuss any discrepancies.

Both Jauch and Clark said they were not offered to fill out such a document.

Greenwalt said she is rather interested about Clark's account and, had they diagnosed Clark with the burned esophagus, it would not have been out of their reach to prescribe her the same antibiotics as ExpressCare.

"If a student complains to us about a sore throat and their eventual diagnosis is a burned esophagus, that's apples and oranges," Greenwalt said. "It's very concerning to us."

Greenwalt said for Jauch's case, the discolored mucus may not have initially pointed toward an infection.

"It used to be thought of if you saw green snot that meant you had a sinus infection," Greenwalt said. "That's not really the case anymore because some people have trouble keeping their nasal passages hydrated. It can turn green faster than actually having a sinus infection."

According to Health Services Head Nurse Sue Grimes, Health Services abides by certain rules before prescribing antibiotics.

"We do not hand out antibiotics just for everything,"

Grimes said. "That's against all the CDC guidelines."

Senior mass communications and graphic design major Audrey Richardson of New Berlin had an issue with Health Services in the fall of 2009 to early 2010.

Richardson came to Health Services complaining of a cough and a sore throat, looking for a diagnosis.

"I went to Health Services three times over the course of a couple months," Richardson said. "They told me it was not bronchitis or pneumonia. They told me it was a viral cough going around school."

In Jan. 2010, Richardson went back to her doctor near her hometown and was diagnosed with bronchitis and a severe bronchial infection. Richardson also said she was not offered to fill out the document surveying her visit.

Greenwalt said Health Services' chief goal is to cure illnesses that are not as catastrophic.

"Our mission is about taking care of episodic illnesses," Greenwalt said. "Episodic illness means it's a short-term illness like sore throat, strain or a sprain and rashes. If someone has a long-term illness, we ask them to

stay with their primary care doctor."

Greenwalt said that is due to the fact that Health Services is generally full.

"We see an average of 20,000 visits a year," Greenwalt said. "If you had two students come to you that were unhappy and chose not to discuss it with us first, I think that the incident seems pretty small. If you're the one person, of course we care about it."

Greenwalt said Health Services tries to conduct the surveys once per semester with the 95 percent coming from a survey conducted last fall. The surveys are at Health Services by students that have used it for medical attention.

The situation as a whole still does not sit well with Clark.

"I don't know who thinks it's OK when someone can't drink water," Clark said.

Nor does it with Richardson. "I feel that it is a problem," Richardson said. "For a lot of students this is our only form of medical help. We don't have time to be sick in college. You get three absences and your grades starts slipping."

AJ Sanson can be reached at asanson@alestlelive.com or 650-3527.





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Alestle Director

The editors, staff and publishers of the Alestle believe in the free exchange of ideas, concerns and opinions and will publish as many letters as possible.

Letters may be submitted at the Alestle office located in the Morris University Center, Room 2022 or via e-mail at opinion@alestlelive.com.

All hard copy letters should be typed and double-spaced.
Letters should be no longer than 500 words.

Please include phone number, signature, class rank and major.

We reserve the right to edit letters for grammar and content. However, care will be taken to ensure that the letter's message is not lost or altered.
Letters to the aditor will not be printed anonymously except Letters to the editor will not be printed anonymously except under extreme circumstances. We reserve the right to reject letters.

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Louis and Edwardsville.
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#### 650-3528. Have a comment? Let us know!

Send us an e-mail: opinion@alestlelive.com The Alestle Campus Box 1167 Edwardsville, III. 62026-1167



Get your name in the paper without the court date. Write a letter to the editor! Send to

opinion@alestlelive.com

### Peck Hall's namesake has a place in university history

In response to Nolin Sharkey's editorial on Feb. 24, I offer the following rebuttal. Sharkey erroneously claims "We have a building named after the SIU president who fired our founder and a building named after a missionary from Alton who has nothing to do with the creation of SIUE (John Mason Peck)." My issue is a correction of the claims regarding Peck.

### Letter to the Editor

Peck established what was the first institution of higher learning in the state of Illinois in 1827, originally named Rock Springs Seminary, but changed to Shurtleff College after John Shurtleff of Boston made a generous donation to the seminary.

The seminary closed and became the original SIUE campus from 1958 until the current campus was built in 1965. Seven years of using a campus founded by someone is a far cry from having nothing to do with the creation

Sharkey also claims, "According to Sen. Paul Simon's book, 'Freedom's Champion: Elijah Lovejoy,' Peck was a head member of the pro-slavery Colonization Society, which was associated with the murder of the abolitionist Elijah Lovejoy, who our beloved library is named after." The second governor of Illinois, Edward Coles, stated, "But the man who accomplished the most (to prevent Illinois becoming a slave state) was the Rev. John M. Peck of St. Clair County...He preached a crusade against slavery wherever he went." Peck also ordained the first African-American minister in St. Louis.

It appears that Sharkey and Sen. Simon is quite mistaken as to the reality of Peck's endeavors and beliefs. Clearly, Peck had a role in the creation of SIUE and also in shaping the history of this area.

Peck was commissioned by state legislature to write a history of Illinois in 1854, which is fitting for a building in which history classes are

I don't disagree with Sharkev's sentiment that perhaps Harold See should have a memorial on our campus; however, I believe everyone should have the proper facts as to why there is a building named after Peck.

George Crouse can be reached at gerouse@siuc.edu.

### Group projects require maximum effort from all members

With one-third of the year left, seniors should focus their attention on their group/senior projects rather than wasting time on unproductive graduation arrangements.

If most seniors put as much effort into their last year of school and senior project as they did into graduation party plans, their career plans would be at the beginning of the

line instead of the end. I have never heard so much complaining about



### **Jeffrey Nolin** Reporter

group projects my whole academic career at SIUE, and I have never heard so many excuses as to why people can't contribute to their group or senior projects.

We have all done group work in one course or another at SIUE. It supposedly makes it easier on everyone, and you can bond with people you would have never spoken to before. But there is no such thing as the perfect group to work with.

I am doing a senior project and going into it I knew it would be a tremendous amount of work. However, I had no idea so many other people didn't realize that. No matter how difficult the project may be, there is always someone (or some people) who don't know how to contribute and/or don't want to.

Students who rely on other group members to do all the work have an easy out because other members will make sure the information is covered so everyone receives a passing grade. I have yet to hear of a group where everyone takes on the same responsibilities, maintains constant contact and gives the same amount of work to each person—not to mention having every member get it done on time.

A majority of professors grade group work by peer evaluations, and we all know how fun those can be. They are the most misleading means of written work anyone could give or receive. You can never tell who has done what because no one will answer appropriately. Some attempt to be honest, some lie and some grade each other in a neutral way. But just because someone writes something down doesn't mean it's a fact.

We are young adults and we know group projects take a lot of time and effort. They are unavoidable. If you can't do the work, don't be in the class. If you don't have the time to give toward making the same effort as everyone else, you'll make up that time when you retake the

If you are the type that is used to doing all the work and have an inactive group member, communicate with them regarding their work ethic. Help them understand what needs to be done with the project and schedule everyone's

time effectively. Not everything must be done at the same time with every group member present, but it is simple to send each other updates via e-mail or a text. Each member should be patient with one another and the issues at hand and make sure everyone knows how important their contribution is.

Members should keep an open mind to opinions and suggestions and get everyone's approval of any changes. If favoritism continues within the group, members are likely to back out of doing work and feel awkward. This can lead to the desire to let others do everything themselves due to aggravation and honestly, you can't blame them.

For those of you who think your time is already too valuable to waste on a project and can't find the motivation to do any work, you shouldn't rely on others so much. For those of you who choose to sleep constantly or have to see your girlfriend every weekend so she knows you aren't cheating, know that what you give is what you get. In the end it will only get you a horrible, disapproving evaluation from your peers, a failing grade from your professor and a worthless reputation that could follow you all the way into a career. That is, if you have the time for one.

Jeffrey Nolin is a senior speech communications major from Fairfield. He can be reached at molin@alestlelive.com or 650-3524.

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# WISCONSIN LABOR PROTESTS:

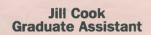
# Labor unions cause political uproar, retaliation

# Labor union negotiations hold back economic progress

Collective bargaining has become an overly abused tool for greed and excused failure.

This statement is sure to ruffle a few unionized state employees' feathers on campus who have gotten comfortable with the sometimes not completely deserved security of their job. But that is just one of

> the horrible abuses collective bargaining has allowed from employees over the years.



It is this unionized labor's favorite weapon that has driven up costs and has scared away employers. And the demands in collective bargaining are often outrageous wage and benefit increases.

Government employees who are unionized have been just as comfortable with their oversized collective bargaining wins. Guaranteed pay raises, great health insurance benefits and even better retirement benefits don't just strain a government's budget, they can bankrupt it.

For example, in 2009, Pennsylvania Transit Authority workers won a \$1,250 signing bonus for signing a contract and 11.5 percent pay raise over four years. While the employees would have to increase their health care contribution by 1 percent and their pension contribution—which had been none before—to 3.5 percent, that still left the state trying to find more money to fork over to the union employees.

And closer to home, UIUC professors and graduate assistants won a 10 percent pay raise over three years, an increase in university share of health coverage and a two-week extension to parental leave when graduate assistants did not want to lose their tuition waiver.

I can't deny that corporate and government leaders are the kings (and queens) of greed. Their porked-out perks at the sake of 20,000 plus jobs or a mountain of debt makes me ill. But to use that as a reason to get even or to demand more is not reasonable. It only leads to one thing: fewer U.S. jobs.

Maybe these demands were wonderful back in the '50s, when the baby-boomers were teenagers. And the demands were even more important at the turn of the 20th century, when employers abused everything from child labor to food production. But to demand a 15 percent wage increase to cover the cost of health care (Chicago unions in 2010) when you should learn how to take better care of yourself in the first place is outrageous at best and plain stealing at worst.

One good note is that many union employees nowadays are accepting pay freezes and more financial responsibility for their insurance or retirement benefits to keep their jobs. But this could change when the economy is on the mend again because of collective bargaining demands. So it's no wonder the governors of Wisconsin, Indiana and Ohio are trying to take away this tool. The tool has often times not lead to sustainable or reasonable compensation request but to bankrupting governments.

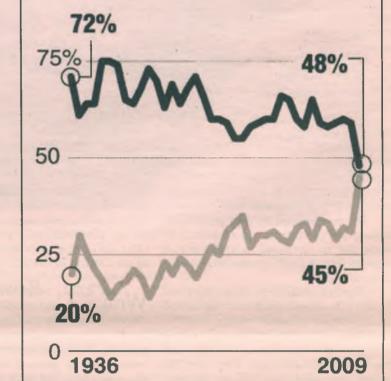
If unions and union members were really concerned about the economy and job growth, they would stop demanding and taking concessions that are simply unaffordable—not just in the present, but also the future repercussions of their bargaining. Instead of demanding to keep their overly abused collective bargaining tool, they would start demanding a middle ground, even if it means no more collective bargaining.

Jill Cook is a mass communications graduate student from St. Louis. She can be reached at jcook@alestlelive.com or 650-3524

# Labor's loss

While two-thirds of Americans think labor unions help their members, fewer than half approve of organized labor.





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Source: Gallup telephone survey of 1,010 U.S. adults, Aug. 6-9, 2009; margin of error: +/- 4 percentage points

Graphic: Pat Carr

### Alternative choices become necessity in collective bargaining

Many states made generous promises to employees that are no longer sustainable.

It is clear from the many concessions made by unions during the last few years that they too understand this and are willing to work with the government to find solutions. In Wisconsin, unions have so far agreed to all of Gov. Walker's demands. They have agreed to increase their

health care payments from 6 percent to 12 percent and pension contributions to 5.8 percent from zero, which amounts to an 8 percent reduction in pay.

### Liz Lebron SIUE Graduate Student

Why, then, does the governor insist on eliminating the right of state employees to bargain collectively except in the case of wages?

The main argument made against public employee unions is that government workers are paid considerably higher wages than their private sector counterparts. This is especially true, opponents of unions claim, if one considers benefits packages given to government employees that are often more generous than those offered by private employers.

A recent New York Times comparison of public and private workers' wages shows state workers do earn higher wages in all but three states. This analysis, however, is overly simplistic. The data tell a different story when workers are divided by level of higher education.

The median wage for state workers with a college degree is less than private sector wages in all but three states—Montana, Nevada and Wyoming. The difference in Wisconsin is 9.1 percent (\$51, 921 public/\$57,113 private). The Economic Policy Institute found 59 percent of Wisconsin's state workers are college educated compared with 30 percent in the private sector. The state also employs considerably less low-skilled workers than the private sector, which further widens the wage discrepancy.

This is, of course, problematic on a national level as well. According to the Times, more than half of state workers have college degrees while only a quarter of private sector employees do. The national wage difference is an average of 19.2 percent (\$51,258 public/\$64,000 private). In Illinois, private sector employees with a college degree earn an average of 19 percent more than state workers with the same educational background (\$53,000 public/\$65,421 private). These numbers clearly illustrate the difficulties of cutting wages for state workers. While pay cuts for non-college educated workers would bring them closer to their private sector counterparts, for college-educated employees a wage decrease means falling further behind from their colleagues.

The Times ignores benefits, which are critical components of any compensation package. Here again, across the board comparisons are difficult to make because not all benefits are created equal. Some educators, for instance, do not work during summer months, which makes it difficult to quantify and is not comparable to most private industries.

The Cato Institute, a Libertarian think tank, identifies four general areas that give government employees an advantage over private sector workers: health care, paid time off, retirement benefits and family-friendly policies like maternity leave. There is certainly room to negotiate, which Wisconsin union workers have shown they are willing to do, but they can only do so if the governor is willing to come to the table. Moreover, the issue of lower pay for college graduates must be addressed in concert with benefit decreases.

The people of Wisconsin hired Gov. Walker to find solutions to their budget problems. Asking public employees to increase their contributions to their health care and retirement funds is a workable and justifiable solution. Eliminating their right to bargain collectively for benefits, workplace safety and other non-wage issues is not. Government employees were promised higher benefits and greater job security in exchange for lower wages. While some of those promises are no longer sustainable and wage differences for low-skilled workers now exceed those of their private sector counterparts, that does not justify stripping state workers of their right to bargain collectively without a reasoned debate.

It's time for the governor to listen to show the people of his state that he is serious about fixing Wisconsin's budget. Rather than taking away workers' rights, he should focus on finding innovative ways to decrease the budget while providing reasonable benefits to civil servants. Affordable, accessible health care, reasonable paid time off, retirement benefits and family-friendly policies are not inherently negative; providing these benefits in a sustainable way should be the goal not only of Gov. Walker, but of any administration.

Liz Lebron is a mass communications graduate student. She can be reached at lizlebron@gmail.com.

www.alestlelive.com

Thursday, March 3, 2011

# Healthy eats in Edwardsville? We found them for you

**COURTNEY HILL/ Alestle Reporter** 

When it comes to matters of the gut, searching for healthy food on any restaurant's menu can be like finding a disease-free date on the street. Cheap, fatty burgers with greasy extras are on nearly every corner, tantalizing each potential customer with luscious lipids and special sauces.

However, skipping the calorie-rich hustlers and finding a legitimately healthy food affair is much more forgiving in the long run on both your body and wallet.

Edwardsville is rife with healthy delights, and many of them are only a couple of miles away from SIUE's campus. And with spring and summer breaks fast approaching, what better way to shed a few belly inches while still being able to eat out at the local food joint with pals?

The healthy food agenda, particularly among college students, has a tendency to wane due to newfound independence, a large variety of food options and stresses from school.

Curt Lox, chair of the Kinesiology and Health Education Department, emphasized the importance of healthy eating.

"You've got students who need to have energy to do what they need to do, and nutrition plays into that," Lox said. "As people have said before, 'you are what you eat,' so that's going to be critical for mental health as well as physical health."

Choosing to live a healthier lifestyle is not as hard as it may seem, but finding the right places to eat around town can be a bit of a hassle. Here is a listing of a few Edwardsville eateries—and a breakdown of their healthiest dishes—to start you off.

Bully's Smokehouse, located at 1035 Century Drive, specializes in barbecue but is now offering a new menu for the dieting customer. Dr.

Shipley's Ideal Protein Diet focuses on a high protein, low fat regimen that ensures rapid weight loss and improved health. The healthicst meal offered on the menu is the grilled tilapia with blackened seasoning and fire-roasted peppers and onions. It is served with broccoli and a small side salad. The dressing is a special blend made specifically for the diet plan and does not include fat or sugar. The cost of the grilled tilapia meal is \$11.99.

Caffe' Avanti is located at 217 E. Vandalia St. and specializes in gourmet sandwiches and coffee. Their healthiest meal is the Chicken Roma, a grilled chicken sandwich with grilled onions and sun-dried tomatoes. It is served between grilled Italian focaccia bread, brushed with a pesto sauce made with olive oil and pine nuts and comes with a side salad and low-fat house dressing. The price of the Chicken Roma is \$7.15.

Crazy Bowls and Wraps, located at 6679 Edwardsville Crossing Dr., offers a wide variety of soups, salads and wraps made with fresh, holistic products. Their healthiest meal is the power bowl, which is prepared with brown rice, romaine lettuce and black beans. It can be topped with grilled chicken, corn salsa, quinoa and various vegetables to suit your specific tastes. The power bowl can range anywhere from \$4.90 to \$10, depending on your customizations.

Peel Wood Fired Pizza, located at 921 S. Arbor Vitae, serves Italian-style cuisine with fresh ingredients in every meal. The Apple Gorgonzola salad is one of many healthy salad options, and includes baby spinach, granny smith apples, Gorgonzola cheese,

sun-dried cranberries, spiced pecans and maple cider vinaigrette. As a side, the meal will cost \$5.99 and as a full, \$9.99. Chicken can be added for an extra \$1.50.

Restaurant can be found at 1035 Century Drive and offers several subs "under 500 calories." The honey bourbon chicken sandwich includes grilled chicken, lettuce, tomatoes, onions, honey bourbon mustard and a grille sauce and can be served on several different types of bread. The sandwich will run you around \$5 alone \$7.50 as part of a meal.

Sgt. Pepper's Cafe is a diner with less of a focus on the greasy meals that tend to be associated with the typical diner atmosphere. Located at 1027 Century Drive, the diner's healthiest meal, besides the salad option, is the grilled chicken dinner served with either broccoli or a baked potato. Grilled chicken is also served in sandwich form with lettuce and tomatoes, with your choice of a side salad, broccoli or baked potato and will run you about \$6.99.

The Stagger Inn is a bar and grill located at 104 E. Vandalia St. that serves an assortment of pub food, from burgers to horseshoes. While they do serve a triple black bean Boca burger with a side of either chips or salad, the healthiest meal they prepare is the blackened tuna sandwich with spinach. As a side option, the chef can prepare a medley of roasted vegetables, including sauteed green beans, asparagus, zucchini and carrots. The Boca burger meal will cost you \$5.95, while the blackened fish will run you about \$8.25.

The Pasta House is located at 1097 S. State Rt., 157, and specializes in Italian dishes. The restaurant offers an entire low-fat section on their menu, with an emphasis on vegetables within their pastas. The healthiest meal is actually an 8-ounce grilled chicken breast or salmon with broccoli, which is accompanied with a side salad, and will cost you about \$13.

Wang Gang Asian Eats can be found at 4 Club Centre Court and prepares Pan-Asian cuisine, which includes Thai, Vietnamese and Chinese dishes. Although they offer several heart-healthy meals, the wok-tossed green beans with heart-healthy chicken cooked in stock and brown rice is your best bet for the healthiest choice on the menu. The beans can be cooked in a chicken-based water stock instead of an oil to reduce fat content, and then red chili and a house soy sauce are added into the mix for additional flavor. This meal will cost you about \$7 with chicken.

Finally, Wasabi on 100 S. Buchanan St. is a sushi restaurant with numerous healthy options on the menu. Besides steamed shrimp shumai dumplings, if you are purchasing sushi rolls, the low-carb roll would be the healthiest option. It does not include rice and is wrapped in cucumber. The roll costs \$9.

If you are searching for healthier food options, check out a few of the restaurants listed here, and maybe, just maybe, those "faster-food" restaurants will fall off of your radar.

Courtney Hill can be reached at chill@alestlelwe.com or 650-3531.

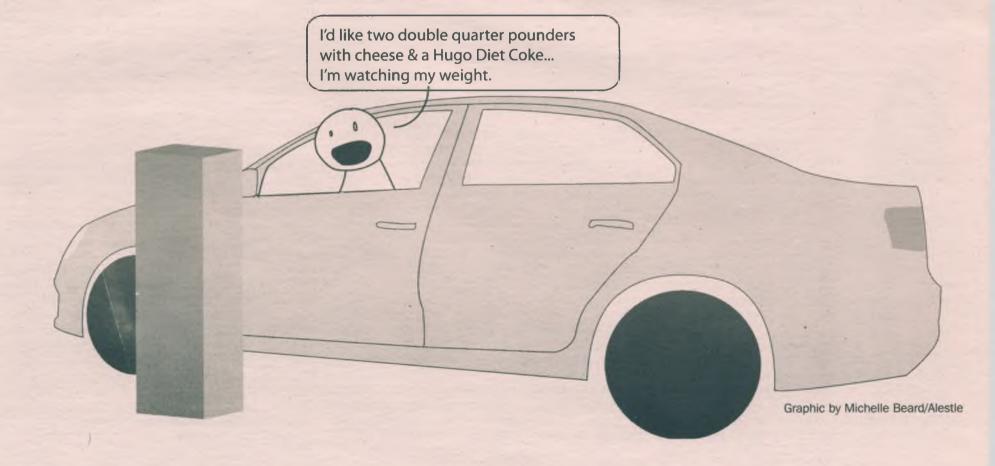




Photo by Michelle Beard/Alestle

Underground Artworks artist Josh Sandvoss tattoos Heath Devardeleben with the client's children's names on his upper arm.

**ASHLEY SEERING** / Alestle Reporter

### UNDERSE UND ORTHORKS

The cost of a tattoo could amount to hundreds or even thousands of dollars, but according to a local artist these permanent works of art are beyond the value of cash.

"Quality over cost is what tattoos are about," Underground Artworks artist Steve Hardin said. "It is going to be on you for the rest of your life and that's priceless."

Hardin, who has been tattooing for 18 years, said the key to picking a good artist is to compare nationally recognized artists' work with that of local artists.

"If the work is similar then chances are you've found a good artist," Hardin said.

Hardin said he did a five-year apprenticeship during which he spent time traveling to tattoo conventions with his coworkers.

"I think [going to the conventions] really helped me as an artist," Hardin said. "I was able to pick up ideas and skills from professionals."

For those who are looking to get a tattoo, Hardin said it is important to keep

an open mind.

"Never go for the cheap deal and be open to different opinions," Hardin said.

"The artist knows what will make a good tattoo."

Artist Josh Sandvoss said in the world of tattoos you really do get what you pay

"Never price shop, artist shop," Sandvoss said. "Don't just randomly pick an artist without doing research on the shop first."

Sandvoss' client Heath Debardeleben decided to surprise his children by having their names tattooed on his upper arm.

"This tattoo is something that I've wanted to do for a while," Debardeleben said. "I really like the art of it and that I get to display if for the rest of my life."

Underground Artworks artist Paul

Thomas said the artists at the shop must complete a bloodborne pathogen test and keep up to date on their hepatitis shots.

Thomas said the majority of clients are between the ages of 20 to 28, but occasionally a 70-year-old will come in to get inked.

The minimum cost for a tattoo at Underground Artworks is \$55. They also offer piercing services as well as a selection of body jewelry.

According to tattoo.com, once a design in selected, the artist draws up a stencil, which is then transferred onto the sterilized skin of the client. The artist then uses a tattoo gun equipped with a needle to permanently inject ink into the skin. During this process, lubricant is used to help guide the needle and a solution cleans the area after the process if complete.

### EVERMORE

Around the corner in Edwardsville sits Evermore Gallery, which also offers tattoo and piercing services.

Evermore Gallery tattoo artist Thomas Plunk said the biggest risk of getting a tattoo is the possibility of regretting it later.

"Tattoos are permanent so you need to make sure it's something that you really want," Plunk said.

Plunk said the number of clients varies every day.

"There are some days when I get no clients or anywhere up to nine," Plunk said. "Weekends tend to be busier."

Plunk, who has been tattooing for five and a half years, got into the business while attending art school at SIUE.

"I have always been interested in drawing," Plunk said.

Evermore piercer Daniel Buie has been punching holes in clients for four and a half years with the majority of his clients being 16 to 18 years old.

"The most common type of piercings are the nose, tragus and navel," Buie said.

A typical piercing costs \$40 with earlobes costing only \$30. The minimum

amount for a tattoo at Evermore is \$40.

Artist Carrie Davini, who has also worked at Allstar Tattoos and Iron Age in St. Louis, said Evermore offers an extensive body jewelry collection in addition to an entire wall of tattoo design ideas, which is the key to making sure you are getting the tattoo you really want.

"Always do research first and get a good idea of what you want," Davini said.

Davini said she got into tattooing after seeing the work of Kim Saigh, an artist from Chicago who has been seen on TLC's "L.A. Ink."

"The best part of tattooing is the relationship you develop with regular clients," Davini said.

The key to a successful tattoo shop starts with the employees and the camaraderic that develops, according to Davini.

Davini's client, Julie Anderson of Alton, said her tattoo represents her individuality within her family.

"I was raised in a heavily religious household and I kind of broke away from that," Anderson said. "I still believe in God, but this represents the different way of life that I chose."

Anderson's tattoo features a snake and is part of her plan for a half-sleeve.

"Eventually I want to get the entire upper half of my arm done," Anderson said

Plunk said the tattooing process has three basic steps: sterilization, application and aftercare. Aftercare includes washing the tattoo with soap and water daily for the first two weeks and patting dry with a paper towel. Lotion should also be applied to the tattoo about three times a day until it is completely healed, according to Evermore's aftercare procedure instructions.

Hardin offered some advice to people who are interested in becoming tattoo artists.

"Find an artist whose work you respect," Hardin said. "Then get an apprenticeship and learn all that you can."

Ashley Seering can be reached at aseering@alestlelive.com or 650-3531.



Photo by Michelle Beard/Alestle

Artist Donnie Blackburn of Evermore tattoos a Deftones skull onto Ethan Wood of Glen Carbon.

# Through her eyes autistic and using visual thinking

Temple Grandin explains being to make a name in society

KARI WILLIAMS/ Alestle Opinion Editor

Whisked from one room to the other, Temple Grandin's day is jam packed with one obligation after the other: airport, speaking engagement, dinner, reception, speaking engagement, book signing,

Grandin, who is autistic, designs cattle-handling facilities and tours the country to speak about autism. She had an HBO movie made about her life that starred Claire Danes and has written eight books about working with animals while having autism, among other topics.

Grandin said she has been doing many speaking engagements, so she goes to an airport "about every other day."

"[I] get up in the morning, drive to the airport, fly somewhere, hope we don't have a thunderstorm or mechanical problem or snow problem," Grandin said. "[I'm] always worrying about that all the time.

Grandin was at SIUE Feb. 24 as part of the Arts and Issues program and has done speeches all over the country, as well as Canada, Australia and Europe. She spoke to education and speech pathology majors and professors in the Maplewood-Dogwood room, prior to the main event in the Meridian Ballroom.

Senior special education major Michael Downs of Belleville said he met Grandin at the two-hour session and it was more relaxed and conversational than the

"We got a chance to ask questions. It was more of an individual basis," Downs said. "It was a great opportunity to get our individual questions answered when there's not 800 people in a room; there's only 50

Grandin said she calls herself a visual thinker, which makes design a good job for

"As a visual thinker, design was a good thing for me to go into because I can use my specialized skill," Grandin said.

After a dinner and a reception, Grandin spoke at the main engagement about different types of thinking for people with autism-visual (as Grandin is), pattern, verbal mind and auditory.

Some examples Grandin talked about in the first session were applied during the second. Grandin was asked to visualize a vacation and said she saw her travel agent's office with stuffed animals sitting in the window.

Senior speech pathology major Lindsay Harris of Collinsville said she heard about Grandin coming to SIUE last semester in her Introduction to Disorders class and thought the speech was great.

"It was even more than I expected," Harris said. "I wasn't expecting her to be so comedic.'

Harris said she liked how Grandin talked about different kinds of autism.

"You never really think about the visual thinkers and the auditory thinkers, so I think it's good to realize that there's more than just this person's autistic and that's it," Harris said. "It's nice to know there are different ways to help."

Ashley Gwin, a third grade teacher in the Wood River Hartford school district,

said she came to the event because she saw the HBO movie and had heard about some of Grandin's books. Gwin said she liked that Grandin's slideshow had pictures of Grandin's drawings.

"I thought it was great," Gwin said. "I loved how she mentioned teachers a lot since I'm a third grade teacher. I liked how she was suggesting different ways to help kids and with the different styles of learning and thinking."

Grandin said for visual thinkers, everything is learned by specific example.

"I thought everyone thought the way I think," Grandin said.

Gwin said she has not had any students with autism, but knows teachers who have.

"I did like what she said about if they know a kid's coming in with [autism], they really prepare the teacher and make sure they give them information about it,"

Downs said Grandin is someone he has always wanted to hear speak but never had the opportunity and thought it was awesome. She talked about different points such as not focusing on how a student is failing, but rather focus on the positives.

"I thought it was really empowering," Downs said.

Downs said he worked a full year as an aid in a classroom where every child had autism and saw many of the things Grandin talked about, both good and bad.

"Everything that she says affects the way we teach in the field," Downs said.

According to Downs, Grandin's main

point of bottom-up thinking is huge.

"Usually we think from the top and think about grouping everything and teaching everything as a group, but I think that teaching it bottom-up and teaching the very simple things and finding out how each child learns is huge in our field," Downs said.

Similar to Harris, Downs said he did not expect the speech to be as entertaining, but he thought it was educational and it seemed like everybody was impressed with the style and format of it.

"I expected it to be a little more dry given the typical characteristics of someone who has autism or Asperger's [syndrome], but I thought it was very entertaining, Downs said.

After signing books for audience members, Grandin said her mother saved her from being put in an institution.

"In the '50s, kids with severe problems like that were usually put in institutions," Grandin said. "But one of the things that made mother decide not to do that was she could see I was improving. As I had speech therapy and things like that, I was improving and getting better."

Grandi said her speaking helps people to understand autism.

"I've had parents say to me, Well, my kid went to college because of your book,' or something like that [and it] motivates me," Grandin said.

Kari Williams can be reached at kwilliams@alestlelive.com or 650-3531.



Photo by Rebehka Blake/Alestie

Speaking in the Meridian Ballroom, Temple Grandin explains how she used visual learning to excel in society, even with having Autism. Grandin met for a private luncheon before the main event. Grandin has a biographical movie out, which was featured at the Emmy's in 2010.





Photos courtesy of HBO Films.

Portraying Temple Grandin, actress Claire Danes won at the Emmy's with her biographical movie of the austistic icon.

Thursday, March 3 2011



Standings as of March 2

#### Men's basketball

Murray State	23-7 (14-4)
Morehead State	22-9 (13-5)
Austin Peay	19-12 (13-5)
Tennessee Tech	18-11 (12-6)
Tennessee State	14-15 (10-9)
Eastern Kentucky	15-15 (8-8)
Southeast Missouri	9-21 (6-12)
UT Martin	10-19 (6-12)
Eastern Illinois	9-20 (4-14)
SIUE*	8-21
Jacksonville State	5-25 (3-15)

### **OVC Tournament (Nashville)**

First round - Wednesday

Tennessee State, vs. UT Martin Eastern Kentucky vs. SEMO

**Quarterfinals - Thursday** 

Tennessee Tech vs. TSU/UTM Austin Peav vs. EKU/SEMO

Semifinals - Friday

Murray State vs. TTU/TSU/UTM Morehead State vs. APSU/EKU/SEMO

Championship - Saturday TBA vs. TBA (ESPN2 7 p.m.)

### Women's basketball

Tennessee Tech	22-6 (15-3)
UT Martin	19-10 (14-4)
Morehead State	20-9 (13-5)
Eastern Illinois	18-11 (13-5)
Austin Peay	13-17 (12-6)
Jacksonville State	9-20 (6-12)
Tennessee State	9-20 (5-13)
Murray State	9-20 (5-13)
SIUE*	9-15
Southeast Missouri	8-21 (4-14)
Eastern Kentucky	6-21 (3-15)

### **OVC Tournament (Nashville)**

First round - Wednesday

Austin Peay vs. Murray State Jacksonville State vs. Tenn. State

Quarterfinals - Thursday Eastern Illinois vs. APSU/Murray St.

Morehead State vs. JSU/TSU Semifinals - Friday

Tennessee Tech vs. APSU/MSU/EIU UT Martin vs. JSU/TSU/Morehead

Championship - Saturday

TBA vs. TBA (ESPN3.com 3 p.m.)

### Softball

Jacksonville State	7-4	(0-0)
Eastern Kentucky	6-4	(0-0)
UT Martin	7-5	(0-0)
Eastern Illinois	4-4	(0-0)
Tennessee Tech	5-7	(0-0)
Tennessee State	5-9	(0-0)
SIUE	5-9	(0-0)
Murray State	2-4	(0-0)
Southeast Missouri	3-7	(0-0)
Morehead State	4-10	(0-0)
Tennessee Tech	2-10	(0-0)

### Monday's game

Jacksonville State 11, Kennesaw 1

### Baseball

Austin Peay	4-1	(0-0)
Southeast Missouri	6-2	(0-0)
Jacksonville State	3-3	(0-0)
Eastern Kentucky	3-4	(0-0)
Murray State	2-5	(0-0)
UT Martin	2-6	(0-0)
Tennessee Tech	2-6	(0-0)
SIUE*	1-5	
Morehead State	1-8	(0-0)
Eastern Illinois	0-6	(0-0)

### Friday's games

10 games scheduled



Michelle Beard/Alestle

in his first season with the Cougars, junior Cornelius Chatt averaged 12 points per game.

### **Independent from Independency**

SIUE looks ahead after 8-21 season, joins OVC next year

**ALLAN LEWIS** 

Alestle Sports Editor

The Independent chapter of SIUE's transition to NCAA Division I was completed last week with an 84-55 victory over NAIA Hannibal LaGrange

Despite having multiple story lines, this chapter was far from a best seller, as the Cougars prepare to enter the Ohio Valley Conference next season.

For starters, pre-season All-Independent junior forward Mark Yelovich scored 15 points, but broke his foot in the opener Nov. 12 against IPFW. A pair of newcomers expected to do big things at SIUE, junior college transfer Abel Tillman and freshman Gerald Jones, were suspended before they even saw action as Cougars. When they finally saw the court, it was short lived as neither finished the

When the first month couldn't get any worse, SIUE dropped a program-worst 61point defeat to the Iowa Hawkeyes Nov. 26, on national television no less.

It was a wake up call for junior guard Cornelius Chatt, a transfer to SIUE from Wabash Valley Community College, along with Corev Wickware.

"When we played Iowa I was kind of scared," Chatt said. "That was the first big school I played against. Next year we will be ready. We can beat anyone in the country if we put our minds to it."

The Cougars were not beating anyone during the early portion of the season. The lone positives were a 17-point win against Division III MacMurray while an overtime loss to Middle Tennessee State doubled as disappointment.

Head Coach Lennox Forrester, now 40-76 through four seasons at the helm, had to find a way to get the struggling Cougars back on track. It was even tougher for them with three key players entering the season with no Division I experience.

"I knew it was going to be tough with or without Mark [Yelovich]," Forrester said. "Whenever you have new guys coming in, it's a tough transition. I wish our record was better

### Men's basketball

to make them feel better about themselves, but they have made the sacrifices, put in the hard work and stayed together as a team."

Chatt, Wickware and freshman Michael Messer were all regulars in the starting lineup and each presented unique challenges for the coaching staff.

For Messer it was consistency and for Chatt it was maturity.

"Early in the season I was a little hotheaded and I was a pain," Chatt said. "Coach took me into his office and told me to get out of my confidence zone and start thinking about other things instead of myself. I was selfish earlier in the season."

Senior Cody Rincker walked onto the Cougars' roster and made an impact for the better part of two seasons, which had an effect on Chatt.

"Cody let me know this was a team thing," Chatt said. "I really took that to my head and I've been trying to be a leader on and off the

SEASON/pg.15



Michelle Beard/Alestle Freshman Michael Messer learned what Division I basketball was about this season, starting 24 of 29 games.

### Call it a career:

### SIUE sends off five seniors

### **ALLAN LEWIS**

Alestle Sports Editor

Letting go of seniors is tough for any college basketball team, and it is no different at SIUE where five players have wrapped up

In his fourth season at SIUE, Lennox Forrester has been around long enough to see the first player he recruited as a Cougar move

Replacing Nikola Bundalo is not going to be an easy task for SIUE, given all he sacrificed while at SIUE on and off the basketball floor. The Serbian center finished his collegiate career last week at the Vadalabene Center with 17 points, giving him 888 at SIUE, good for 19th all-time.

"He played one year the Division II level and three years in the transition to Division I. He is going to graduate with a 3.9 GPA in finance. That is not an easy thing to do,"

CC

Guys after them will reap all the hard work they have done and I will never let the future teams forget about them...'

> -Lennox Forrester Men's basketball head coach

Forrester said, "Winning has to be more than just on the floor but in the community and the classroom and Nik has done that."

Putting basketball behind him will not be easy for Bundalo, and he admitted it was difficult and perhaps surreal suiting up for the final time as a Cougar.

"It did feel kind of weird and it didn't feel like a real game," Bundalo said. "When I woke up it felt weird and I was kind of sad having my last college basketball game."

In his first year at SIUE, junior guard Cornelius Chatt said he would miss playing with Bundalo, who averaged 10 points and 6 rebounds during his senior season.

"We are a good team but we are going to lose one of the best big men I have ever played with since I started playing basketball," Chart

The Cougars are also losing Cody Rincker, Anthony Mitchell, Dob Mavrak and Alex Newlin next year as well.

Rincker walked onto the Cougars roster in 2009 as a transfer from Lincoln Land Community College. Rincker averaged 4.5 points per game last season and 4.6 this season. Forrester will remember Rincker, the Cougars' sixth man, for his hard work ethic and as an individual the team respected playing

"Cody is a young man who didn't get a scholarship. He wanted to be here and worked his butt off to get here," Forrester said. "If you ask anyone on the team who they respect the most it is going to be Cody Rincker for his hard work, unselfishness and putting the team first."

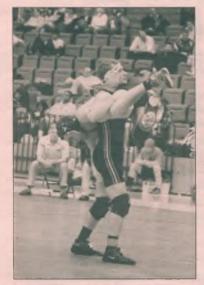
The East St. Louis native Mitchell faced a challenging time as a Cougar. He began his college basketball career at St. Louis under Brad Soderberg, but soon had to adjust to a new coach in Rick Majerus. Mitchell transferred to SIUE for the 2009-2010 season, but a nagging knee injury he had at SLU carried over to his time at SIUE. Mitchell

SENIORS/pg.13

<sup>\* -</sup> Team ineligible for postseason

# Cougars prepare to build on NWCA success

14 off to Georgia after big Saturday at the Vadalabene Center









Michelle Beard/Alestle

Pictured left to right: Eric Biehl, Derrick Pouson, Steve Ross and Head Coach David Ray are among the Cougars headed to Macon, Ga. this weekend for the NCWA National Tournament.



AJ SANSON Alestle Reporter

Fourteen Cougar wrestlers will be heading south for spring break, but they won't be seeing the beaches of Florida.

They will instead stop a little farther north on Interstate 75 in Macon, Ga. for the National Collegiate Wrestling Association National Tournament March 10-12.

The 14 wrestlers qualified for nationals last weekend at the NCWA Conference Championship, which SIUE hosted at the Vadalabene Center Saturday. As a team, the Cougars finished second in the 12-team tournament as Grand Valley State edged the Cougars 214.5-200.

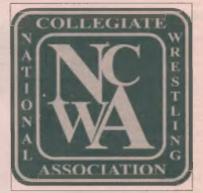
Scoring for the conference tournament was different due to the number of teams competing. Each school was allowed one scorer per weight class. The top seven wrestlers in each weight class advanced to the national tournament, but only two from the same school per class were allowed to advance.

The Cougars boasted five champions on the day, as did Grand Valley State. John Petrov (133), Isaac Ervin (157), Gabe Hocum (165), Michael Dace (174) and David Devine (285) all won their respected weight classes and advanced to nationals.

"That's not usually how I spend my spring break," Dace said.

The Cougars added six runner-up finishers as well. Paul Myers (125), Derrick Pousson (149), Kyle Lowman (157), Steve Ross (165), Deshoun White (174) and Robert Cooney (197) all finished second in their classes earning them a trip to Macon.

Wrestling



The final three wrestlers that placed high enough to advance to nationals were Lawrence Blackful (third, 141), Eric Biehl (fifth, 141) and Terrance Connors (fourth, 184).

Head Coach David Ray said he expected his team to compete well, but they exceeded his expectations.

"I didn't think we would get 11 in the finals," Ray said. "You always want to win, but I'd rather finish the way we did."

Ray's 2009-10 squad sent eight wrestlers to nationals and his 2008-09 team sent just five. The Cougars were forced to forfeit the 235-weight class due to Chase Grafton separating his shoulder last Tuesday in practice. Ray said if Grafton had been healthy, the overall outcome might have been different.

"We only had 10 pointgetters," Ray said. "Grand Valley State had 11."

Ray shuffled his lineup since only two wrestlers from the same school can advance in a given weight class. Ray said he felt he had four wrestlers in the 157 class that could advance to nationals

WRESTLING/pg.15



### **WRESTLING**

from pg. 12

including Lowman, who was injured Feb. 12 against Northern Illinois, finished second.

Ross, who has been wrestling up at 174 recently, was bumped down to 165 to make room for Dace who had lately been battling sore ribs.

Ross said no matter which class he is competing in his goal is the same.

"My mentality goes up," Ross said. "It's a tough tournament. You just have to go out there and compete for the full seven minutes."

Looking at the 14 names of wrestlers advancing, a few may catch the eye, as they did not see much time starting on the mats throughout the season. Ray said the advancement specifically of Biehl, Connors and Blackful to nationals speaks of their work

"They work hard, and when it comes to tournament time they do what they can to take care of business," Ray said. "It's rewarding; they've had a tough vear."

Ray added he expects to be at least a top three team at the National Tournament.

Devine was the heavyweight national champion last year. Looking to defend the title, the sophomore said his experience last year should help him.

"I really learned that even though you are only wrestling club teams, there's still some very good competition," Devine said. "Anything can happen; I just got to do my best."

Dace said advancing to the National Tournament is just one step in obtaining his final goal.

"It's only the first step to the next one, winning a national title," Dace said. "I wouldn't be happy unless [I win a national

Ross echoed his teammate about qualifying for the National Tournament as being just a stepping-stone.

"The goal this year was to place and win a national title," Ross said. "Qualifying is part of it, the goal is to finish with All-American status."

Ray said the regular season where he scheduled several more established Division I programs for his teams' benefit has come to a crackerjack end.

"It's come together like we expected," Ray said. "We thought they were capable of doing it, now it's up to them to take the

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Michelle Beard/Alestle

Nikola Bundalo hit the game-winning free throw in SIUE's first home win against a D-I team Dec. 11 vs. Kennesaw State.

**SENIORS** from pg. 11

averaged 3.4 points per game at SIUE, and although he is listed as a junior, Mitchell will forgo his senior year to graduate.

"It's just been a tough situation for him," Forrester said. "He came here and thought he was healthy and that kept him from making the huge progress he could have made."

However, Mitchell still achieved his goal at SIUE.

"It was a promise I made to him," Forrester said. "Anthony is going to graduate after this year is

over. I told him he will graduate and he will definitely do that."

Mavrak was a fan favorite during his senior season at SIUE, not so much for his on-the-court play, but for his personality. Mavrak came to SIUE as a transfer from Palm Springs Community College in Florida, and is a native of Toronto. The Cougars did see an improvement in the backup center this season, after grabbing eight rebounds twice along with a careerhigh 12 against UT Martin Jan. 24.

"Dob [Mavrak] is a tremendous team player and someone who is never ever in a bad mood," Forrester said. "I could be yelling at him and he has a smile on his face. We recruited him to come in and back up Nik a little bit and he relished the opportunity."

Newlin, like Rincker, was a walk-on addition to the SIUE roster in 2009. Newlin typically was not a guy who saw minutes for SIUE, but Forrester said he knew his role and never complained. He also gave the Cougars flexibility in practice because he could play a number of positions.

"Alex never knows when he is going to play but brings it every day," Forrester said. "If we win and he doesn't play he is just as happy if he went in and played 10 minutes. He was awesome for our program with the sacrifices he made."

Forrester said this year's class of seniors helped set the groundwork for future teams to succeed at SIUE.

"Guys after them will reap all the hard work they have done and I will never let the future teams forget about them," Forrester said. "Even last year's guys, Aamir McCleary, Stephen Jones, Denycko Bowles, those guys are a part of the Cougar family and will always be remembered for what they have

The Cougars still have scholarships to give, and the entire offseason to replace four spots. Right now, Charles Joy of O'Fallon High School is the Cougars only commitment for the 2011-2012

"You can't really replace those guys," Chatt said. "We just have to come in next year and get after it."

Allan Lewis can be reached at alewis@alestlelive.com or 650-3524.



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# Collins: The first win is the hardest one to get

Cougars head to Daytona Beach after avoiding second consecutive sweep

AJ SANSON Alestle Reporter

The baseball team avoided being swept for the second consecutive weekend by beating Oral Roberts Sunday in Tulsa,

The Cougars (1-5) dropped Friday's afternoon game 13-5 as well as Saturday's game 6-3 before never trailing in Sunday's 6-2

Head Coach Garv Collins said getting the first victory eliminates a large burden.

"It's the hardest one to get," Collins said. "It was a good road win against a really good team. It was a big pick-me-up."

Once again, the bullpen continued to be an area of concern for the Cougars Friday. The Cougars trailed 6-5 going into the seventh inning before The Golden Eagles scored six runs in the bottom half, including a Chris Williams grand slam off Cougars' reliever Josh Hoguet. Hoguet was charged with six runs in 1 1/3 innings and leads the team overall in earned runs allowed with nine in

Yankees Hall of Famer Yogi Berra once said 90 percent of the game is mental, but for Hoguet it is closer to 100 percent.

"I just have to work through it," Hoguet said. "I know what I'm capable of doing. I just need to not put so much pressure on myself Baseball

and just go out and pitch; the strikes will be there."

Hoguet said the bullpen as a whole needs to focus on getting ahead of and challenging more hitters along with being prepared mentally when called upon to

"It's a different mindset from being a starter," Hoguet said. "A starter knows you just have to start that game, where in the bullpen you expect to pitch at any moment. If you're not ready, it hurts you."

Pitching Coach Stoecklin said when he is on target, Hoguet plays a big role in the team's success.

"We need Josh to step up," Stoecklin said. "If he can pitch like he did in the second half of last season now, he can help the team tremendously. Everyone on our staff has the physical capability to compete at this level. They just need to combine the physical and mental part."

Saturday, the Cougar bats were stymied by the Golden Eagles' starter Alex Gonzalez, who allowed just three hits and one unearned run while striking out five in eight solid innings. Gonzalez, a freshman, was an 11th round selection of the Baltimore Orioles out of Boca Raton Community High School in Florida in last year's Major League Baseball draft.

Sunday box

Stoecklin said he sees why the Orioles liked the 19-year-old.

physically was overpowering with a fastball and slider," Stoecklin said. "Both pitches were above the collegiate level and his slider was above major league level."

On Sunday, first baseman Joel Greatting's four RBIs and second home run of the season helped the Cougars and freshman starter Travis Felax to their first victory of the season.

Collins said Felax's first collegiate victory and the bullpen coming through by allowing only one earned run was a big boost.

"That picked me up, having a freshman compete like that," Collins said. "Thad Hawkins came in and did a great job at the end as

Greatting's 2-3 day at the plate with a home run and four RBIs has him tied for the team lead in batting average with centerfielder Mitch Matecki at .400. Collins said having the two provide the punch in the lineup is a must for his offense to operate.

"It's important that they produce," Collins said. "They both have experience and they're both



Cougar second baseman James Vazquez was 1-4 with a run scored in Sunday's 6-2 win against Oral Roberts. Vazquez was also 3-5 with ar. RBI in SIUE's 13-5 loss Friday.

good hitters. They're a key to us scoring runs; right now the bottom of the lineup is not strong, the top and the middle are pretty good."

Wednesday afternoon, the Cougars were unable to string together consecutive wins, dropping an 11-0 contest at Saint Louis University.

Josh Malin took the loss for the Cougars, going 5 1/3 innings giving up four earned runs, six hits, walking one and striking out four. Hoguet did not record an out, giving up one hit, three walks, four runs and two wild pitches in the seventh inning.

The Cougars collected six hits, but were unable to get to SLU's Zack Smith, who pitched seven innings of shutout baseball.

Looking ahead to Spring Break, the Cougars will travel to Daytona Beach, Fla. for the Bethune Cookman Tournament where they will face Michigan State, Boston College, Bethune Cookman and Seton Hall Mar. 4-

Hoguet said even though the team gets to spend part of the break in the Florida sun, it is not all fun and games.

The main difference between high school and college baseball is college is more of a full-time job," Hoguet said. "We're going to Daytona for business. There may be time to relax and enjoy the moment, but come game time we have to be focused.'

The final weekend of Spring Break has the team scheduled to play a three-game home series against Chicago State. However, due to the delays on the implantation of the new Astroturf, thanks to Mother Nature at the SimmonsCooper Complex, the location of where they will be played is in question.

"It's going to be close," Collins said. "We've made arrangements to play in Sauget [GCS Ballpark] but nothing is finalized."

AJ Sanson can be reached at

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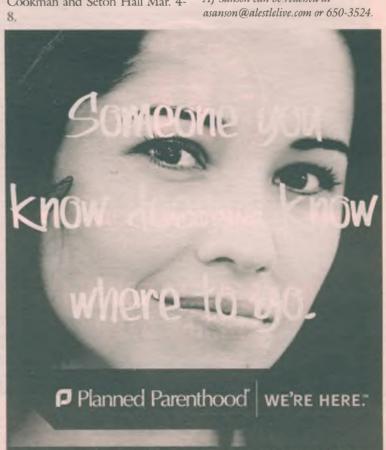
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### **SEASON** from pg. 11

court."

The rigors of a long Division I season wore on Messer, who had scored 24 points against Kennesaw State in the Cougars' first win over a non-transitional Division I team at home Dec. 11.

"Mike was the guy who kind of hit the wall harder than anyone," Forrester said. "He fought really hard to get back on track. He didn't quit, didn't feel sorry for himself and worked through it. It says a lot for himself."

Messer ended the year on a positive note, scoring 15 points against Hannibal LaGrange.

When it seemed like all was lost, the Cougars found a pulse in the middle of the season. They were able to increase last year's win total by three, from five to eight, and followed up last season's Drake Hy-Vee Classic championship with another inseason tournament title. This time, SIUE beat Longwood and the Citadel to claim the upper division title of the Las Vegas Classic.

While SIUE showed a continued ability to win on a neutral court, the biggest area of concern was the team's play against the OVC.

SIUE lost all nine chances it had against teams from the conference, including six at the Vadalabene Center. The closest SIUE came to an OVC triumph was a bit of a surprise, considering they nearly knocked off regular

season conference champion Murray State before falling 67-61 at the Vadalabene Center Jan. 26. It was even more surprising, because the Racers beat the Cougars 71-46 in Murray Dec.

The OVC was more of a test than a must-win for the Cougars this time around.

"That just goes to show this conference isn't easy and it's going to be an uphill battle," Forrester said. "It shows us what kind of talent you have to have and the focus, physicality and mental approach you need to have success in the OVC."

Next year the Cougars will have Yelovich back in their quest to win in the OVC, but they will also have to find a way to replace center Nikola Bundalo who finished his career at SIUE with 888-career points.

"Our team had the guts to step up their roles and found ways to compete and win without Mark," Forester said. "It has helped the team become better and when Mark comes back we will add some pieces to the puzzle hopefully be more competitive."

Yelovich was granted a medical redshirt for his injury, and because of it still has two years of eligibility to try and make an impact at SIUE.

Chatt said he couldn't wait for Yelovich to rejoin the Cougar

"Me and Mark on the same team is going to be like [Dwayne Wade] and LeBron James," Chatt said. "I can promise the fans we



Alestle Photo Archives

Corey Wickware tries to get to a ball before it goes out of bounds during SIUE's overtime loss to Middle Tennessee State Dec. 4.

will win a lot of games."

Forrester laughed at Chatt's comment, and said it is going to take some work for Chatt and Yelovich to become that kind of a

"Well, that is a lot of work to be done between now and then," Forrester said. "[Chatt] better start working and better not sleep

Joking aside, Bundalo said the Cougars will do what it takes to become competitive without him in the future.

"This program has proven it can compete against big teams. Last year we played Purdue when they were ranked No. 4 and it was a tight game for 10 to 15

minutes," Bundalo said. "That wasn't a bad loss. Against Iowa we were a little bit too loose and didn't come to play. These guys won't let it happen again."

2010-2011 was not the storybook season the Cougars had hoped for, but next season brings new and unique challenges.

Although SIUE will play a full OVC schedule next year, they will not be eligible for the NCAA tournament. If the Cougars are able to considerably turn it around they can earn an automatic bid into the NIT with a regular season OVC title.

"I hope we continue to grow and stay healthy so we can make progress and move to where we can compete and have something at the end of the year," Forrester said. "We cannot take steps backwards."

The Cougars participate in the Cancun Challenge next season, beginning with games at Illinois and Illinois State. The three schools join Hampton, Lipscomb, Richmond, Sacred Heart and Rutgers in Cancun for games Nov. 22 and 23. SIUE will play Bradley on the road and Cal State Fullerton and Ball State at the Vadalabene Center as a part of its non-conference schedule.

Allan Lewis can be reached at alewis@alestlelive.com or 650-3524.





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- 6 Valentine trim
- 10 Embezzle
- 14 Medicinal plants
- 15 Comet competitor
- Plantation near
- Twelve Oaks Like ESP?
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- 19 Prince William's alma mater
- 20 Heavy metal mimic?
- 23 Exotic guided
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- 28 Nickname for a pharmaceuticals czar?
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- 34 Chapeau's perch
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- 2 Fighter who was a dove
- 3 Emulate 2-Down

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