

Power outage sweep reveals two issues

Alestle Staff Report

Ameren has narrowed down the reasons as to why two power outages occurred during an eight-day span, but finding the exact problem will still take some time.

Ameren Illinois Utilities spokeswoman Victoria Busch said two problem areas were identified, the first of which was two circuits located behind the Center for Spirituality and Sustainability were tied together. Busch said that problem has been corrected and most likely originated from previous labor.

"There was some work in the summer

down by the [Center for Spirituality and Sustainability]. Those circuits have now been untied," Busch said.

The other problem identified was an automated transfer switch used for heating and refrigeration. The switch is designed to throw power over to a new circuit if the system experiences a fault.

Busch said Ameren noticed the switch suffered some damage when they conducted their performance audit on Friday. Ameren has contacted the supplier for the switch so they can evaluate how to fix the damage, but Busch said when the repairs would be made depends on the suppliers' response.

"I don't have a timeline just yet. We've had some meetings [Tuesday]," Busch said. "When we do the repairs, we will stay in communication with the university."

Busch said the collaboration between Ameren and SIUE will be made to make sure an ideal and mutually agreed time is scheduled for repair. The fix may require another power outage, so a weekend or early in the morning are two possibilities to minimize the effect on the university. A power outage during the repair process also minimizes the threat to Ameren workers.

"We have to look at it from a safety perspective. We want to make sure it's safe to work," Busch said.

The first outage was on Feb. 11 and lasted for almost three hours, from approximately from 9:20 a.m. to noon. The second outage occurred at 10 a.m. on Feb. 19 for approximately 45 minutes before power was restored.

The cause of the power outage has not been directly linked to either problem, so the possibility of another outage is still possible.

"In terms of another power outage, I can't predict that," Busch said.

News can be reached at news@alestlelive.com or 650-3527.

DATING on the DEFENSIVE

Housing raises awareness of violence in college dating

by Greg Maddox

Alestle Reporter

February is National Teen Dating Violence Awareness and Prevention month and SIUE is encouraging students to become aware of problems in their own relationships as well as others'.

SIUE Housing has helped bring attention to possible relationship abuse by beginning a small Red Flag Campaign on campus. The Red Flag Campaign is a public awareness campaign that first started in Virginia and has spread throughout the country. Posters can be seen around campus explaining various signs of neglect in relationships that students should be aware of. Sarah Kirkpatrick, assistant director of Housing said she hopes that students can relate to the posters.

"We want residents to be

able to recognize the characteristics of healthy and unhealthy relationships," Kirkpatrick said. "We also want to teach language that friends can use to help each other."

The ads include people holding up red flags with messages of common abuse that occurs in relationships, be it emotional or physical. Some of the posters contain serious topics that concern teen relationships.

"He said if I really loved him, I'd have sex with him," one poster reads.

Kirkpatrick said she thinks the posters' powerful images will grab the attention of students.

"We started out with red signs around campus to generate buzz, now we have the posters out, and we want to create bulletin boards for the campaign," Kirkpatrick said.



by Hunter Creel/Alestle
 Junior music major Stevie Jankowski of Bloomington attacks sophomore political science major Jacob Manuel of Hudson during a self-defense workshop put on by Resident Assistants in the Cougar Village Commons.

Highlights from Tuesday's issue at Alestlelive.com...



SIUE named innovation leader for fifth year

by Jason Frazier
Alestle Reporter

In the recent Best Colleges of 2010 edition of U.S. News & World Report, SIUE was one of 17 universities listed in the senior capstone experience category. This marks one of several occasions SIUE's senior assignment program has been recognized for its effectiveness.

Victoria Scott, assistant provost for Academic Innovation and Effectiveness, said there are at least three reasons why the program has been successful.

"Three key reasons to the senior assignment program's success are its diversity of projects, resources to support innovation and accountability," Scott said.

The diversity of the program comes from the way each department designs a unique capstone experience to match the program outcomes, according to Scott.

"The senior assignment is owned by each department. The professors in that program design the senior assignment," Scott said.

Each department has the chance to put its own unique spin on the senior assignment. Nicole Aydt Klein, assistant professor for the Department of Kinesiology and Health Education gave an example of senior assignments health and kinesiology students have done in the past.

"Students evaluate different health education programs in the area," Klein said. "They also give presentations in the area on topics such as smoking and fall prevention for senior [citizens] ... Students are synthesizing what they learned in the classroom into real life experiences," Klein said.

Beginning with the development of the senior assignment program in 1992, accountability has been a central focus, according to Scott. Scott said each year, departments collect data and look at how effective the assignments were for each program.

"In the education department, we may see that our students excel in teaching subjects such as English and math, but struggle with interaction at parent-teacher conferences. We will incorporate content on collaborating with parents into the classes to address this issue," Scott said.

Senior nursing major Breanna Closen said her senior assignment experience of exploring complementary and alternative medicine and holistic health during a summer semester in Kunming, China enhanced her learning experience.

"I'm very thankful to have the opportunity to use my travels to inspire and enhance my senior assignment," Closen said. "In doing so, I have been able to 'connect the dots' and truly benefit from experiences outside of the classroom. It represents the culmination of my undergraduate education."

Although the senior assignment program already receives high praise, Scott said she feels there are certain things that will make it even better in the future.

"The university has made a commitment to continue to fund innovative and sustainable changes to senior assignment. There is no limit to what we can do," Scott said.

Senior assignment was not the only part of SIUE's curriculum that was mentioned in the Best Colleges of 2010.

In another part of the report there is mention of SIUE being a leader in the category of innovative changes. Scott said there are more innovations and changes coming to SIUE, such as the Lincoln Plan, a new freshman seminar dealing with quantitative literacy and a new director of General Education, associate professor of mathematics and statistics Mazenia Agustin.

"These changes make sure the general education curriculum is cutting edge," Scott said.

Jason Frazier can be reached at jfrazier@alestlelive.com or 650-3527.

Lights out



by Derrick Hawkins/Alestle

Students study in the deserted cafeteria during last Friday's campus wide power outage. Ameren has identified two areas which may have caused the outages, but nothing has been explicitly determined. For more information about the power outages, see page 1.

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SELF-DEFENSE from pg.1

According to a study done by the Archives of Pediatrics and Adolescent medicine, 44.7 percent of students between 17 and 22 have experienced some type of relationship abuse. Of this 44.7 percent, 12 percent of the abuse reported was sexual. Another 17.1 percent admitted to being a perpetrator of relationship abuse.

Several Resident Assistants also hosted a self-defense workshop at the Cougar Village Commons to help promote safety for students. While the course was not meant to support violence, participants were taught basic protection skills that could be useful in any threatening situation, according to Erin Peper, a Cougar Village RA.

"Obviously we aren't supporting physical harm, but we want students to feel comfortable here in relationships or walking around campus," Peper said.

The demonstration was led by local martial arts experts Kyle Fuhrmann and Carl Bringenberg. Fuhrmann and Bringenberg have practiced self-defense for six and three years respectively. They regularly teach a self-defense class Thursday from 9 p.m. to 10:45

p.m. in the Vadalabene Center's Group Activities Room.

"The class consists of the same self-defense stuff we did tonight, but we cover a broader spectrum," Fuhrmann said. "We want to cover stuff people can actually do."

While the crowd at the commons was a small one, the group was taught several different techniques for handling physical abuse. They were also taught some of the legal guidelines for taking care of yourself in a situation where you feel you are being physically threatened. C.J. Massie, another Cougar Village RA, said he thought the event was a success.

"I think it was really successful. We understand a lot of the Cougar Village residents have busy schedules, so we are happy we got the turnout that we did," Massie said.

Students who are looking for more information about the Red Flag Campaign can visit the Web site at www.theredflagcampaign.org.


Greg Maddox can be reached at gmaddox@alestlelive.com or 650-3527.

Dating violence by the numbers

- X 53 percent of college students have experienced at least one incident of dating violence.
- X The Department of Justice found that women, ages 16 to 24, are the most likely victims of intimate partner violence.
- X 32 percent of college students report dating violence by a previous partner and 21 percent report violence by a current partner.
- X For females, non-students were more than 1.5 times more likely than college students to be a victim of a violent crime.
- X The presence of alcohol or drugs was reported by victims in about 42 percent of all nonfatal intimate partner violence.


Information from the www.yale.edu's Intimate Partner Violence study.

by Hunter Creel/Alestle
Self-defense instructors junior Carl Bringenberg (left) and senior Kyle Fuhrmann (right) demonstrate a counterattack if a person is grabbed from the left at Tuesday night's self-defense lesson.



Late Night Espresso

Sit back and relax while listening to Brennan and Erin Brooker



Thursday, February 25th
8:00 to 11:30 pm

Alestle's Tuesday edition now online

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SIUE POLICE BLOTTER

2-1-10

Meghan E. George was issued a citation for speeding on University Drive.

Yashica R. McKinney was issued a citation for speeding on University Drive.

A warrant for Jessica J. Cotton was canceled for failure to appear on a suspended driver's license, uninsured motor vehicle and suspended registration after the warrant was served at the Madison County Jail.

Jasmond Hansbrough was arrested for theft of a hangtag. He was transported to the police department where he was fingerprinted, photographed, processed and released with a notice to appear.

2-2-10

Hillary D. Thompson was issued a citation for failure to reduce speed to avoid an accident. There were no injuries or road blockage, but an ambulance was requested to check out an infant that was in one of the cars. The infant was not transported to the hospital.

Robert E. Landers was issued a citation for failure to reduce speed to avoid an accident. No injuries or road blockage were reported.

Officers responded to the construction area behind the Science Building for a report of a small fire with power outage. The building engineer notified and extinguished the flame and called an electrician. There was no fire or smoke upon arrival and a stake

striking an underground wire possibly activated the fire.

2-3-10

Delissa S. Jones was issued a citation for speeding on North Circle Drive.

Marc R. Hood was issued a state citation for speeding on North Circle Drive.

Amber B. Chappell was issued a citation for speeding on South University Drive.

Alisa D. Chomhirun was issued a citation for failure to yield on North University Drive. There were no injuries and no road blockage.

Fifame A. Oussa was issued a citation for the operation of an uninsured motor vehicle and a written warning for speeding on South University Drive.

2-4-10

Johnathan D. Carrico was issued citations for expired registration and the operation of an uninsured motor vehicle on Circle Drive.

Ortega R. Mitchell was issued a citation for unauthorized handicapped parking. Mitchell went to the police department to pick up a tow form.

2-8-10

Police took a report of a stolen laptop in Alumni Hall.

Clyde Bradley was issued a citation for speeding on North Circle Drive.

2-9-10

Courtney M. Morrow was issued a citation for improper backing and a written warning was issued for expired registration as the result of a traffic accident.

Brittany Fuld was arrested for possession of cannabis in the amount of 10 to 30 grams.

The substance was field tested with positive results. Fuld was taken to the police department where she was fingerprinted, photographed, processed and released with a notice to appear.

Heather E. Wallen was arrested for delivery of cannabis in the amount of 10 to 30 grams. Wallen was taken to the police department where she was fingerprinted, photographed and processed. Wallen was taken to Madison County Jail on a felony charge.

2-10-10

Police issued a state citation to Katelyn Trombetta for expired registration.

Police took a report of a jacket containing an iPod and a Cougar Card taken from the Student Fitness Center.

2-11-10

Police issued a state citation to Michael Thureau for failure to yield.

Police took a report of a hit and run in Lot E3 between 11:00 a.m. and 1:30 p.m.

Police took a report of a suspicious odor of cannabis in Cougar Village apartment 428. Patricia Montecinos was arrested for Possession of Drug Paraphernalia and taken to the police department for processing.

Police made contact with a resident in Bluff Hall and resident consented to a search. Blake Hester was arrested for Possession of Drug Paraphernalia and Possession of Alcohol and taken to the police department for processing.

2-12-10

Police issued a state citation to Jennifer Sands for speeding on South University Drive.

Police issued a state citation to Lawren Dampeer for expired registration, speeding and no proof of insurance while on South University Drive.

Police took a report of stolen laptop from a conference room in the Morris University Center.

Police issued a state citation to Christine Vu for speeding on North Circle Drive.

Police issued a state citation to Michael Gilles for an Uninsured Motor Vehicle and a written warning for speeding on South University Drive.

Police issued a state citation to Samuel T. Taylor III for driving under suspension and a written warning for speeding on South University Drive. Taylor was arrested for driving on a suspended license and taken to the police department for processing. He posted \$100 bond and was released.

Police issued a state citation to Aleah M. Millburg for speeding on South University Drive.

2-13-10

Police issued a state citation to Ryan LaPorte for speeding on North University Drive.

Police issued two state citations to John D. Wendler for improper turn and driving an uninsured motor vehicle. Wendler later provided proof of insurance and that citation was voided.

Police issued a written warning to Ashleigh K. Holmes for improper lane usage and a state citation for driving an uninsured motor vehicle on North University Drive.

Police issued a state citation to Sherman A. Poor Jr. for parking in a prohibited zone on the inner roadway in front of Cougar Village apartment 528.

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Speakers & Topics:

Keynote Speaker

Martina Ritchhart, Ph.D.

"Accept, Adopt, Adapt: Principles for Coping with Diabetes"

Dr. Martina Ritchhart graduated from Oklahoma State University, completing her psychology training at the Tucson VA Medical Center. She was faculty for the Southern Arizona Psychology Internship Consortium before joining the staff at the St. Louis VA Medical Center where she currently works as a medical psychologist.

Speaker Sessions

Kevin Blinder, MD

"Diabetic Retinopathy: Diagnosis and Treatment"

Jenny Niemerg, Pharm. D.

"Diabetes Medications: Myths & Facts"

Goldie Peters, Pharm. D.

"ABC's of Diabetes"

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Opening Presentation

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The most important meal of the day

Alumni Affairs to host networking breakfast for current students, alumni to connect over coffee



photo courtesy of Alumni Affairs

SIUE Speed Networking allowed current students to speak with 45 alumni volunteers from a variety of career fields. The next alumni networking opportunity will be a breakfast March 3.

by Kory Peal
Alestle Reporter

Starting next week, the Office of Alumni Affairs will begin hosting a series of breakfasts intended to help reconnect SIUE alumni with current students.

The breakfasts will be centered on SIUE alumni getting together to discuss their lives after graduating. According to Assistant Director of Alumni Affairs Katie Bennett, these breakfasts will help in the area of networking with graduates.

"We want to meet as many alumni as possible and create a relationship with them," Bennett said.

Director of Alumni Affairs Stephen Jankowski said he believes that the breakfasts will also encourage other alumni to join the association.

The breakfasts are planned to "engage, educate and empower Cougars for life," Jankowski said. "The events will also provide attendees an opportunity to exchange contact information, network or take part in social events."

"Part of our mission includes supporting the university and its goals, and having a strong

Alumni Association helps make that happen," Jankowski said.

Bennett also said the breakfasts will help in the area of networking.

"It [will] benefit the association by offering other opportunities to network when building job opportunities and promoting businesses," Bennett said.

Organized by student interns who get hands-on experience through planning the events, the Alumni Association looks to get current students involved, according to Bennett.

They will have the opportunity to choose the venue, invitations and the meals. Interns will also have the chance to meet with alumni and network themselves.

Sophomore criminal justice major Daichan Sykes, said he likes the idea.

"I'd be interested because it'll help me network, help build my résumé and possibly get a job," Sykes said.

Sophomore finance major Katia Coleman said the opportunity can be beneficial.

"That would be a good possible internship for those leaning in that direction," Coleman said. "It's a good

experience for others."

Bennett said it would give students the chance to get hands-on experience.

"We want to make sure they're walking away with great examples for their portfolios."

In order to keep in touch with SIUE's 45,000 alumni everywhere, Bennett said the association also utilizes online resources including Facebook, Twitter and LinkedIn, a social networking Web site built around businesses and organizations.

"We send out press releases, and we're also involved with the local chamber of commerce," Bennett said.

The first breakfast will be held March 3 at Scott Credit Union in Belleville. The second will be at the Gateway Center in Collinsville on March 31. Guest speakers include SIUE graduates Samuel J. Lutton, a published mystery novelist, and Congressman John Shimkus.

Alumni aren't the only ones on the guest list. According to Bennett, current students are welcome as well.

"Alumni events are free to attend and students are more than welcome to join us."

Kory Peal can be reached at kpeal@alestlelive.com or 650-3527.

The Alestle wins five ICPA awards

Alestle Staff Report

The Alestle won honorable mention in general excellence, plus four additional awards during the annual collegiate media workshops of the Illinois College Press Association Saturday.

Honorable mention in general excellence in the non-daily, 4,000 or more division is more than just a consolation prize. The Alestle competes annually against several Illinois state student newspapers. The Alestle has not been honored for general excellence by the ICPA since 2006.

Sports Editor Allan Lewis won first place in the category of sports news story for his examination of money in Division I sports.

Photographer Derrick Hawkins also won first place in the feature photo category for a photo taken

during the 2009 March Down. Hawkins and photographer Sean Roberts also won for their photo essay about the fire at Cougar Village apartment 529.

Chief Copy Editor Kenneth Long also brought home an award with an honorable mention in the column-writing category.

"Being back in the general excellence category at ICPA is a big deal. The competition in the category is very strong," Alestle Program Director Tammy Merrett-Murry said. "This award points to the hard work that the Alestle staff has been doing to continually improve the quality and level of journalism at SIUE."

Alestle News can be reached at news@alestlelive.com or 650-3527.

www.alestlelive.com

Go online for
News, Alerts,
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SIUE Black Heritage Month February 2010
Schedule of Events



Thursday, February 25

Demographic Changes and Their Impact on America
12:00 Noon - 1:00 PM

Goshen Lounge, Morris University Center

This panel will discuss how demographic shifts in the United States population will affect politics and culture in the coming decades.

Black Heritage Month Student Talent Show

7:00 PM - 10:00 PM

Meridian Ballroom, Morris University Center

Come watch SIUE students as they take their turn on stage showcasing their singing, dancing, poetic, and musical talents.

All events are free unless otherwise noted. Contact the Kimmel Leadership Center at 618.650.2686 for additional information. All events are subject to change. Black Heritage Month is sponsored by the Campus Activities Board.

SOUTHERN ILLINOIS UNIVERSITY
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MODULES

Student Leadership
Development Program &
Volunteer Services

Modules

3/2/10

Module 17, 2:00 p.m.

Leading Your Peers
Al Riddley, Executive Director
Illinois Coalition for Community Service
Board Room, MUC

3/2/10

Module 7, 6:30 p.m.

Conflict Resolution: Negotiating Differences
Francella Jackson, Office of the Chief of Police
E. St. Louis Police Department
Board Room, MUC

Leadership & Professional Skills Workshop - Sat. Feb. 27 - Free -
Pre-registration required at Kimmel Leadership Center

SLDP Reminders....

Volunteer Projects

February 27 - Angel Food (two locations)
March 18 - The Gardens @ SIUE
March 19 - The Gardens @ SIUE
March 20 - The Gardens @ SIUE
March 20 - St Vincent de Paul Thrift Store

For more information and the calendar, contact the Kimmel Leadership Center at extension 2686 or visit the website www.siue.edu/kimmel/sldp or www.siue.edu/kimmel/sldp/volunteer.

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TUESDAYS — 1ST MATINEE OF EACH FEATURE

► The CRAZIES (R) 1:50 4:30 7:10 9:50
► COP OUT (R) 1:20 4:00 7:40 10:20
► SHUTTER ISLAND (R)
12:30 1:30 3:40 4:40 6:50 7:50 10:00
VALENTINE'S DAY (PG-13)
12:40 3:30 6:20 9:20
PERCY JACKSON & THE OLYMPIANS:
The Lightning Thief (PG) 1:00 3:50 6:30 9:30
THE WOLFMAN (R) 12:45 3:20 6:10 9:00
CRAZY HEART (R) 1:15 4:50 7:30 10:15
DEAR JOHN (PG-13) 1:10 4:15 7:00 9:40
WHEN IN ROME (PG-13) 2:00 5:00 7:20* 10:10
*NO 7:20 SHOWING THURS 03/4
THE TOOTH FAIRY (PG) 1:40 4:10 6:40 9:10
3-D AVATAR* (PG-13) 12:50 4:20 8:00

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All hard copy letters should be typed and double-spaced. Letters should be no longer than 500 words.

Please include phone number, signature, class rank and major.

We reserve the right to edit letters for grammar and content. However, care will be taken to ensure that the letter's message is not lost or altered.

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Americans should show more support for their athletes in the Winter Olympics

In a country fueled by competition and national pride, it is sad that the Winter Olympics are not being hyped up as much as they should be.

Our country is struggling through rough economic patches and disagreements about government policy, and I believe that it is important for us to unite and cheer for our fellow American representatives in this year's Winter Olympics.

Most Americans wouldn't be able to tell you that the United States leads in total medals and is tied for the most gold medals. As the games roll on in Canada, most are content with flipping through their newspapers looking at the results without bothering to even watch or support the athletes.

The 2010 Winter Olympics have had a lot of moments of glory for the U.S. that have been worth watching: the women's hockey team steamrolling any team that gets in their way, our predictably consistent speed skating teams, Shaun White's continued dominance of the half pipe, Bode Miller's reclamation project, and of course the amazing underdog victory of the men's hockey team against the Canadians.

All of these accomplishments and more would make any American's chest swell, but instead all we are hearing about is the Sports Illustrated cover model that won gold in downhill skiing.

While we are on the topic of attractive women stealing the Olympic spotlight, it must be mentioned that Keeping Up With the Kardashians has held a firm lead over the Olympics in TV ratings for the past week in the

18-34 age bracket. Following closely behind the Olympics were NCIS, Penguins of Madagascar and Hannah Montana.

The only day the Olympics have held a significant lead in ratings besides the opening ceremonies was the night of the hockey game against the Canadians. This was mainly due to the 30th anniversary of the "miracle on ice" against the Russians in the 1980 Winter Olympics. Other than that, the Olympic ratings have been in a steady decline from the beginning. More people tuned in to hear about the tragic death of Georgian luger Nodar Kumaritashvili.

It is understandable that many Olympic events are held during the day when many people are at work or in class. However, I don't understand the lack of viewing in the prime time Olympic events. I think it is disgraceful that more Americans feel it important to support the Kardashians instead of the athletes that represent this country.

The Olympic committee in Vancouver expects this to be the most watched Winter Olympics ever worldwide, even though America is failing to pull their weight. NBC expects to lose \$200 million from devoting so much coverage to the games.

If I were an Olympic athlete I would be incredibly disappointed by the lack of support the Americans are giving. Canada as a nation is rallying around these games and supporting all of their athletes. The U.S. vs. Canada hockey game was the most watched sporting event in Canadian history. All the while, Americans continue to watch their reality shows and wait for baseball season to come around the corner.

Greg Maddox is a sophomore mass communications and psychology major from Petersburg. He can be reached at gmaddox@alestlelive.com or 650-3524.



Greg Maddox

The educational system is not consistent and does not allow us to live up to our potential

The majority of students have gone through test anxiety at one point or another. Our whole educational career is peppered with tests and quizzes that are meant to test our abilities of either memorization or how much knowledge we have retained during class.

There are times when testing does not adequately represent our intellect, however, and it is not fair to make us feel like we aren't smart enough when we get bad grades on tests that, when we get into the real world, will no longer exist.

Professors like to know their students are paying attention, and the easiest way to do that is to test students on their knowledge of the subject they are learning about. The only problem with test taking is when students are unable to memorize large amounts of information or some of the minute details that were not fully covered during class.

When we are in grade school we have to learn how to spell, multiply and divide without the help of a calculator, craft our penmanship and learn the names of all the state capitals in our country, not to mention memorize the names of all the planets in the solar system. The problem with this is that once we get to the upper levels of education we are provided with tools, such as computers or calculators, that ensure we can forget essentially everything that seemed so important to our success at a young age.

Standardized testing such as the ACT, the

SAT or the LSAT can be misleading because students do not always do well on standardized tests and sometimes those who don't do so well on regular tests do really well on standardized tests. This is not a good method of testing because some students are looked over when it comes to scholarships or other educational help because they were not able to perform well.

The same goes for calculators. Where we once had to memorize long division and multiplication to perform well on a chapter test, we now have one little button that does the work for us. I barely remember how to divide without a calculator, and I am no worse off for it.

If we need to know the capital of Illinois is Springfield and not Chicago but cannot remember, it only takes a few clicks of a button and a few words into a search engine on the Internet to make sure that we will never have to worry about forgetting information; it is right at our fingertips, whereas before I had to pull it from memory in order to make the test grade.

Once we enter the "real world" where we will have jobs and work on projects, there is one thing we won't have to worry about: taking a test that will validate our place in the world.

Depending so much on test grades is not fair to all the people who work hard, but don't test well. There should be new way to make sure that we are learning all the life skills we will need to make it in the world once we get out of the educational system.

Rosie Githinji is a senior mass communications major from Farina. She can be reached at rgithinji@alestlelive.com or 650-3524.



Rosie Githinji

SPEAK OUT

Should you be able to own a credit card under the age of 21?

"I think its kind of fair because lots of kids under the age of 21 don't really know exactly what they want to do or make not-so-wise decisions."

- Nick Blaylock
freshman theater major



"It doesn't really affect me because I'm 22. It would have sucked when I was younger and I lived away at home for school and needed to get a credit card of some sort and my parents wouldn't have been able to co-sign for me."

- Kirstin Pellizzaro
media graduate student

"I think it is a good idea because a lot of people aren't responsible enough to have a credit card and then they get into debt and then they have to deal with that for the rest of their lives."

- Kyara Wright
freshman speech communication major



- Cassandra LaBeau
freshman nursing major

"I think that you should lower the age for it underneath 21. It should be at least 18 because, I mean, if you're old enough [and] in college you have to pay for some things, you need it."

"In some cases it can be good because most people abuse their credit cards and get in debt, which is worse on our economy. In other ways, you're 18; you're a legal adult. You should have the privilege to own a credit card and choose your finances."

- Nathan Hatalla
sophomore business marketing major



- Anna Fuller
sophomore kinesiology major

"I think it would be better to have a co-signer. I know a lot of college students need a credit card to get through sometimes. Also, some people tend to start splurging and get into more debt so I think it's a good idea to have a co-signer until you're 21."

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FIGHT CLUBS

by Karl Williams
Alestle Reporter



Music blares from a boom box. Kick. Jab. Kick, jab, kick. With every new combination, the level of difficulty increases in SIUE's Tae Kwon Do/Hapkido club. And that is only the warm-up.

Heinz Peter, senior business finance and economics major and Tae Kwon Do/Hapkido club president, has taught the class on occasion. Peter, who holds a blue belt, said practices last for two hours.

Even the most in-shape person may not be able to keep up because, according to Peter, the workouts take stamina and flexibility, which some people lack.

"I've seen guys walk into Tae Kwon Do, and they're usually really built. They look like they've worked out every day of their life," Peter said. "And then they'll get into Tae Kwon Do, and they can't last 30 minutes."

They do an hour of warm-ups, which include toning, push-ups and a lot of stretching, among other exercises. After the first hour, Peter said they move to more complex things, such as hapkido, which is self-defense, or grappling.

"We just kind of throw it out there: whatever people want to do ... it's very well-received. People really do enjoy it. The community's great. The people that do come, they're a lot of fun," Peter said.

Junior biology major Nam In said he has done Tae Kwon Do for more than five years and that he does it because he loves martial arts.

"When I'm doing [Tae Kwon Do], I can get rid of my stress, and I can't think of anything except martial arts," In said.

According to Peter, he said he feels comfortable in the environment provided through Tae Kwon Do and that the individuals involved with Tae

Kwon Do are not angry people.

"They're not hostile in any way. And they're all very nice. A lot of them are very spiritual, and they're all very ready to do the right thing," Peter said.

The club's intent is not to prepare students in the event of being attacked, according to Peter, but the martial art form does teach self-defense.

"We teach you how to use those tools at your disposal to defend yourself if you ever have to," Peter said. "Not that you would, and we hope that nobody would ever have to, but you have them."

Justifying Peter's claim, In said he has never had to use the tools of his hobby in a real-life situation.

Tae Kwon Do uses a lot of kicks and defensive counters, according to Peter.

"We use four basic kicks, and later on, you have more advanced kicks, but the four basic kicks are front kick, side kick, round kick and back kick," Peter said.

The Hapkido aspect of the club also focuses on defense, but rather than concentrating on kicks, Peter said Hapkido focuses on grabs and will not work unless one is being attacked.

"Your opponent has to be very close to you for [Hapkido] techniques to work, but they're very effective," Peter said. "Most of them focus off of wrist locks, pressure points, just various inherent mechanical weaknesses in the human body that exploits and turns those into weapons."

A professor who had his own school teaching Tae Kwon Do started the campus club, according to Peter, and all of the instructors are SIUE alumni.

Student Government approved the Jiu Jitsu club at its Feb. 19 meeting. Joey Walters, sophomore kinesiology exercise and wellness major and Jiu Jitsu club president, said he decided to

start the group because he and his friends could not always get into the Vidalabene Center to practice.

"I have some friends here that train Jiu Jitsu, and we would always come in to do VJ and try and get some one time in, but there would be other groups in there that already had it scheduled," Walters said.

According to Walters, Jiu Jitsu is designed for smaller individuals to defend themselves against larger opponents. Walters said Jiu Jitsu has a ground-based approach, as opposed to Tae Kwon Do.

"[Jiu Jitsu is] more focused on a fight that goes to the ground instead of standing up and striking. It's more grappling," Walters said.

Peter said that different areas of martial arts focus on different areas of expertise, with Jiu Jitsu being similar to wrestling.

"You can do things in Jiu Jitsu that they don't teach you in wrestling, because you're not supposed to know them, even though, you don't want to do these things to people unless you absolutely have to," Peter said.

Walters said Jiu Jitsu, aside from being physically beneficial, allows individuals to create friendships.

"I think it's a great workout. You can meet a lot of good friends," Walters said. "Most people who are my good friends now are Jiu Jitsu instructors or people that I train with."

Peter said Tae Kwon Do has a "weird way of bringing people together and everybody's happy."

"You never know who you're going to pass on the side of the road, who just might incidentally be a seventh degree black belt in Jiu Jitsu, and you'd never know it," Peter said.

Karl Williams can be reached at kwilliams@alestlelive.com or 650-3531.

Sean Roberts/Alestle Staff

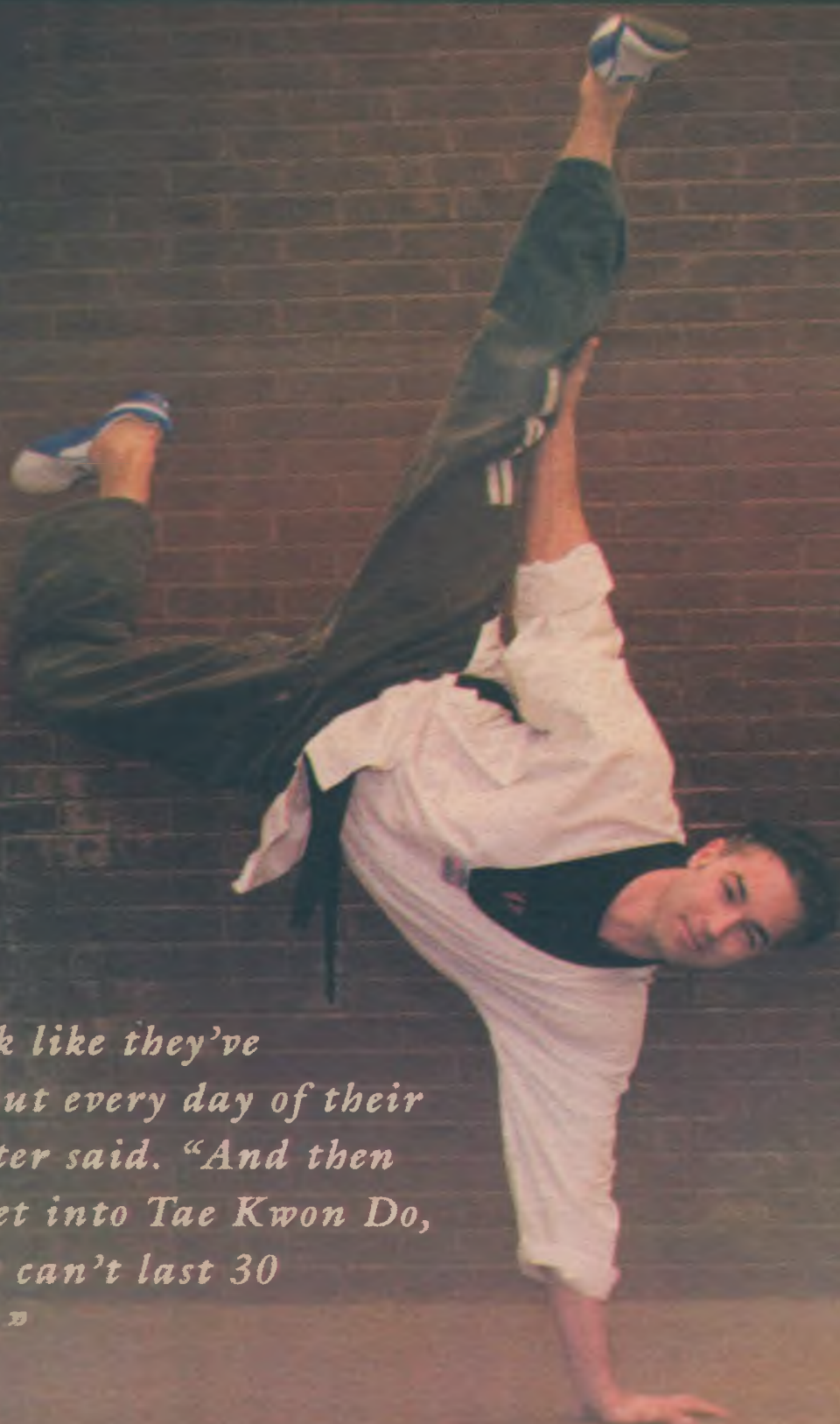
Following through on a kick, Heinz Peter, senior business finance and economics major of Edwardsville, demonstrates the technique of Tae Kwon Do offense.



Sean Roberts/Alestle Staff

Above: Demonstrating the reverse jab, senior Heinz Peter shows an offensive move learned by the Tae Kwon Do Club, of which he is president. Peter said that the best parts of being president of the club are being able to teach other students and also "the social aspect."

Below: Honoring his black belt, 2001 alumnus Rob Bray presents Tae Kwon Do handstand move.



"They look like they've worked out every day of their life," Peter said. "And then they'll get into Tae Kwon Do, and they can't last 30 minutes."

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Tuesday, March 2, 2010 ✨ 3:00 p.m. to 6:30 p.m.

Fair Locations:
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Please note: these fairs are not open to the public and are for SIUE students and alumni only.

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****Please bring a copy of your resume with you.**

Hockey delivers a championship



Courtesy of SIUE campus recreation
The SIUE Cougars clear the bench and celebrate on the ice at the Owens Center in Peoria after the final buzzer of the MACHA championship game against Missouri State University. SIUE also knocked off Saint Louis University and the University of Iowa on their way to a championship.

by T.J. Cowell
Alestle Sports Reporter

The SIUE Ice Hockey Club team now has a championship to its name.

SIUE's gold squad secured the Mid-American Collegiate Hockey Association Gold Division Championship title this past weekend in Peoria, knocking off Saint Louis University (9-2), the University of Iowa (6-3) and Missouri State University (5-1).

In their three games SIUE scored a total of 20 goals while allowing only six to their opponents. Following Sunday's championship game, SIUE finished the season with a mark of 23-4-1-1 and a regional ranking of 15th.

The Cougars started things off this weekend against Saint Louis, a team they had beaten twice previously during the regular season. From the drop of the puck, SIUE used an offensive attack to stun the Billikens.

Kalish gets a new deal with SIUE after SLU interview

Alestle Staff Report

SIUE Athletics Director Brad Hewitt confirmed the university's trust in men's soccer Head Coach Kevin Kalish, extending his contract four years.

The announcement comes after Kalish was interviewed for the open head coaching position at his alma mater, Saint Louis University, where he was an All-American, and is a member of the university's Half-Century team.

McKendree
[University in the last regular season game] was a low point in the year. To bounce back against

"It was three of the most exciting games I have ever played. At the beginning of the year everyone doubted us. In the end we came out on top."

-Brandon Becker
SIUE senior goaltender

the three best teams in the league was amazing."

Sunday's endeavor was not the first time the two teams had squared off this season. The Ice Bears bested SIUE in overtime at the East Alton Ice Arena a month ago, and the Cougars got revenge a day later.

Becker said Sunday's victory was even sweeter for him since it

was against Missouri State. When Becker was a freshman for the Cougars, Missouri State defeated SIUE in the MACHA championship game, even after the Cougars led 3-0 early on.

"It was three of the most exciting games I have ever had the chance to play in," Becker said. "At the beginning of the year everybody doubted us. In the end, we came out on top."

Five different players scored in the championship game. Junior center Cory Beck, sophomore center Jared Ippolito, junior center Ryan McTigue, sophomore defensive man Nick Wehrle and junior left wing Geoff Grimes all rounded out their weekend performances with goals Sunday.

"We played probably the best we've played all year," Ippolito said. "It all came together at the right time. The puck was bouncing our way all night."

The Cougars were the number four seed heading into the tournament.

To add to the list of accomplishments, McTigue was named the tournament's Most Valuable Player. McTigue finished the weekend with two goals and three assists, and started the weekend right for SIUE with the first goal.

"Each win was the result of every player playing their role," McTigue said. "Offense, defense, and goaltending. We all worked hard. The team just flat out wanted it, and when we play like that, we're tough to beat."

The MVP honor was a surprise, according to McTigue, because he said he felt all his teammates played strong this past weekend. McTigue finished the championship game with one goal and one assist.

"Really, in comparison with some of the other guys from the team, it's not much at all, which is why I'm in such shock that I was named Most Valuable Player," McTigue said. "I felt like I was skating well all weekend, and I guess they noticed it, and for that I am very much appreciative."

T.J. Cowell can be reached at tcowell@alestlelive.com or 650-3524.

able to do, winning an NCAA Division I Championship in 1979 and a D-II Championship in 1972.

"Kevin has made a commitment to our program, and we wanted to show a commitment to him," Hewitt said. "The university is very proud of the quality student-athletes Kevin has recruited and the first class manner [in which] he leads the program."

Alestle Sports can be reached at sports@alestlelive.com or 650-3524.



Ohio Valley Conference Men's Basketball Standings	
Murray State	26-3 (18-0)
Morehead State	19-9 (14-3)
Eastern Kentucky	19-10 (10-6)
Austin Peay	16-13 (10-6)
Eastern Illinois	16-11 (9-7)
Tennessee Tech	13-16 (7-10)
Jacksonville St.	11-17 (7-10)
Tennessee St.	8-21 (5-11)
SEMO	7-21 (4-13)
UT Martin	4-23 (2-15)
SIUE	4-23 (0-5)

Tuesday's game	
IPFW 78 SIUE 40	
Thursday's games	
UT Martin at E. Kentucky	
Austin Peay at E. Illinois	
Murray St. at Morehead St.	
Hannibal LaGrange at SIUE	

Ohio Valley Conference Women's Basketball Standings	
Eastern Illinois	19-9 (15-2)
Morehead State	19-9 (12-5)
Austin Peay	11-16 (10-6)
Eastern Kentucky	12-14 (8-9)
UT Martin	9-17 (8-9)
Murray State	12-15 (7-9)
Tennessee Tech	9-15 (8-10)
Tennessee St.	9-16 (6-10)
Jacksonville St.	9-18 (6-11)
SEMO	7-19 (4-13)
SIUE	7-21 (3-3)

Tuesday's game	
Tenn. Tech 68 SIUE 60	
Thursday's games	
Murray St. at Morehead St.	
UT Martin at E. Kentucky	
Austin Peay at E. Illinois	
Tenn. St. at SEMO	
J'ville St. at Georgetown	

Ohio Valley Conference Softball Standings	
UT Martin	5-0 (0-0)
Jacksonville St.	2-1 (0-0)
SEMO	4-3 (0-0)
Eastern Illinois	2-2 (0-0)
Tennessee Tech	2-3 (0-0)
Morehead St.	1-3 (0-0)
SIUE	2-7 (0-0)
Austin Peay	1-4 (0-0)
Murray State	0-0 (0-0)
Eastern Kentucky	0-0 (0-0)
Tennessee Tech	0-0 (0-0)

Sunday's games	
E. Illinois 12 Temple 2	
UT Martin 8 SE Louisiana 3	
Fordham 4 Morehead St. 0	
C. Michigan 15 SIUE 0	
IUPUI 6 Austin Peay 1	
Longwood 8 Morehead St. 0	

Mastodons stomp SIUE

Alestle Staff Report

SIUE was cold shooting the basketball Tuesday, and Indiana University-Purdue University Fort Wayne took advantage.

Earlier in the season, SIUE held close to the Mastodons at the Vadalabene Center, as IPFW (15-13) sneaked out with a victory in the last minute. The rematch in Fort Wayne was a different story.

IPFW controlled the game from tip off and cruised to a 78-40 victory. SIUE men's basketball Head Coach Lennox Forrester said his team's mentality was not where it needed to be.

"Things didn't go our way early," Forrester said. "We really didn't come out ready to play."

A three-pointer from senior guard Aamir McCleary gave SIUE their first points and their only lead of the game at 3-2. From there, IPFW ran away with the win.

The Cougars made eight of 31 attempted shots in the first 20 minutes of play and trailed 36-20 at halftime. When the teams came back from the locker room, IPFW picked up where they left off, as did SIUE. As the minutes on the clock ticked away, the host's lead grew.

A basket from beyond the

arc in the final minute of play put the exclamation point on IPFW's 38-point blowout win. SIUE fell to 4-23 on the year after Tuesday's loss. It was the Cougars' final away game of the season.

The Mastodons had 32 points in the paint against SIUE. The Cougars saw a little bit of life come off the bench with 19 of SIUE's 40 points not coming from the starting five.

Junior center Nikola Bundalo came off the bench and led SIUE with eight points. SIUE had zero players finish with double-digit scoring, but McCleary and sophomore forward Anthony Mitchell each collected seven points.

The Mastodons won the battle of the boards, 50-36. SIUE ended the night shooting a season-low 20 percent from the field.

SIUE closes out their season with a home game against the Hannibal-La Grange College on Thursday at the Vadalabene Center. The Cougar women's squad will start the night off hosting Robert Morris University (of Springfield) prior to the men's tip off.

Alestle Sports can be reached at sports@alestlelive.com or 650-3524.

SIUE women come up short

Bey moves to second all-time in steals in loss

by Aren Dow
Alestle Sports Reporter

The Tennessee Tech University Golden Eagles denied SIUE a bid for a road upset after they scored the last eight points of the game Tuesday, beating them 68-60.

SIUE (7-21) came within one point of the Golden Eagles (13-15) with 54 seconds left in the game, but five Tennessee Tech free throws helped the Golden Eagles defend their home court.

Both SIUE and Tennessee Tech had balanced scoring attacks, as each had four players in double figures. Freshman Courtney Kenner and Raven Berry each had 12 points to lead the way for SIUE. Head Coach Amanda Levens said the multiple scoring options gave the Cougars a chance to win.

"I thought everyone took turns. That's the way we want to be offensively," Levens said. "It came down two big plays at the end."

Tennessee Tech was the sixth team from the Ohio Valley Conference SIUE played this year. While SIUE will not officially qualify for OVC play until next year, the Cougars finished a respectable 3-3 against OVC teams this season. While they were hoping for a winning record against OVC schools, the handful of games gave Levens a reason to be optimistic.

"We wanted to finish with a



Hunter Creel/Alestle

SIUE women's basketball Head Coach Amanda Levens and her team lost to Tennessee Tech 68-60 Tuesday. SIUE will finish the season 3-3 against Ohio Valley Conference opponents.

winning record going into Tuesday, but I think this was a good measuring stick for where we are," Levens said.

Levens said next year the Cougars will play twice as many conference games.

The game never shifted more than 10 points in either teams' direction and held close until the final minute. SIUE got out to an early 12-3 lead five minutes into the game, however, they finished the rest of the first half cold, shooting six of 23 from the floor.

Herrod and Berry each had nine rebounds to lead the Cougars to a 40-36 rebound advantage. SIUE also had more assists, more steals and fewer turnovers than the Golden Eagles.

Ashley Bey had a steal to give her a total of 95 on the season. While she most likely will not

reach her record-breaking 112 steals, which she recorded last season, her 95 steals is enough to give her second place in Cougar history, ahead of Misi Clark's 93 in the 1997-1998 season.

"Part of it is experience. She knows what the offense is planning to do," Levens said. "Her hands are unbelievably quick. She has the quickest hands of anyone we have seen or coached so far."

The Cougars have an exhibition game against Robert Morris University at home today at 7 p.m. SIUE will then close out their season when they take on California State University Bakersfield in the Vadalabene Center Wednesday at 7 p.m.

Aren Dow can be reached at adow@alestlelive.com or 650-3524.

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FREE FOR STUDENTS

COED FLAG FOOTBALL
REGISTER BY MARCH 1
\$20 Entry
\$20 Forfeit Fee

Beginner Adult Swim
2nd Session
March 15 - April 30
Tuesdays @ 6pm
Wednesdays @ 6pm

www.siue.edu/crec

SIUE Campus Rec

OVC Tournament format, venue to change for 2011

Alestle Staff Report

When SIUE is eligible to participate in the Ohio Valley Conference Tournament, they will be doing so under a new format.

The OVC announced in a press conference on Monday that the current format, which features men and women's quarterfinal games at campus sites with winners advancing to the Sommet Center in Nashville, will be discontinued after this season. Also, future tournaments will be held at Municipal Auditorium, also in Nashville.

Under the new format, all 16 men's and women's teams with a spot in the tournament will play their games in Nashville. Instead of the current traditional bracket format, (No. 1 vs. no. 8 No. 2 vs. No. 7, No. 3 vs. No. 6 and No. 4 vs. No. 5) The No. 1 and No. 2 seeds will receive two byes into the semifinals, while the No. 3 and No. 4 seeds will receive byes into the quarterfinals.

In order for a team seeded No. 5 to No. 8 to receive the conference's at-large bid into the NCAA tournament, the team would have to win four consecutive games.

"This is a positive

development for our conference and will truly enhance the championship experience for our student-athletes," OVC

Commissioner Beth DeBauche said during the press conference. "Having 16 teams come to Nashville gives us the opportunity to showcase what our student-athletes and our member institutions are all about."

The Sommet Center has hosted the OVC tournament since 2002, except for 2004 and 2008 when it was also held at Municipal Auditorium. The 48-year-old building also held the tournament in 1989, 1994, 1995 and 1996.

"The Nashville Municipal Auditorium is excited about the opportunity to be home court for the OVC basketball tournament during the next four years," Bob Skoney, general manager of Nashville Municipal Auditorium said during the press conference. Follow this year's OVC tournament with Alestle Sports Editor Allan Lewis reporting from the Sommet Center March 5 and 6 on alestlelive.com and the alestlelive.com sports blog.

Alestle Sports can be reached at sports@alestlelive.com or 650-3524.



The Sommet Center in Nashville will host the Ohio Valley Conference Men's and Women's Semifinals and Finals March 5 and 6. The tournament will move to Nashville's Municipal Auditorium next season with a new format.

Courtesy of the Ohio Valley Conference

www.alestlelive.com

Go online for News, Alerts, Blogs, and more

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TOBEY MADURE | JAKE EFFENHAAL | NATALIE PORTMAN

BROTHERS
Feb. 26
6:00PM

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Adolescence comes with a one-time window for building bones that will stay stronger into adulthood and beyond. That's why it's so important for young teens to "build their bone banks" with weight-bearing exercise and a diet rich in calcium. At least three cups of low fat or fat free milk plus other calcium-rich foods each day is a good rule. For more information, visit orthoinfo.org and nichd.nih.gov/milk.



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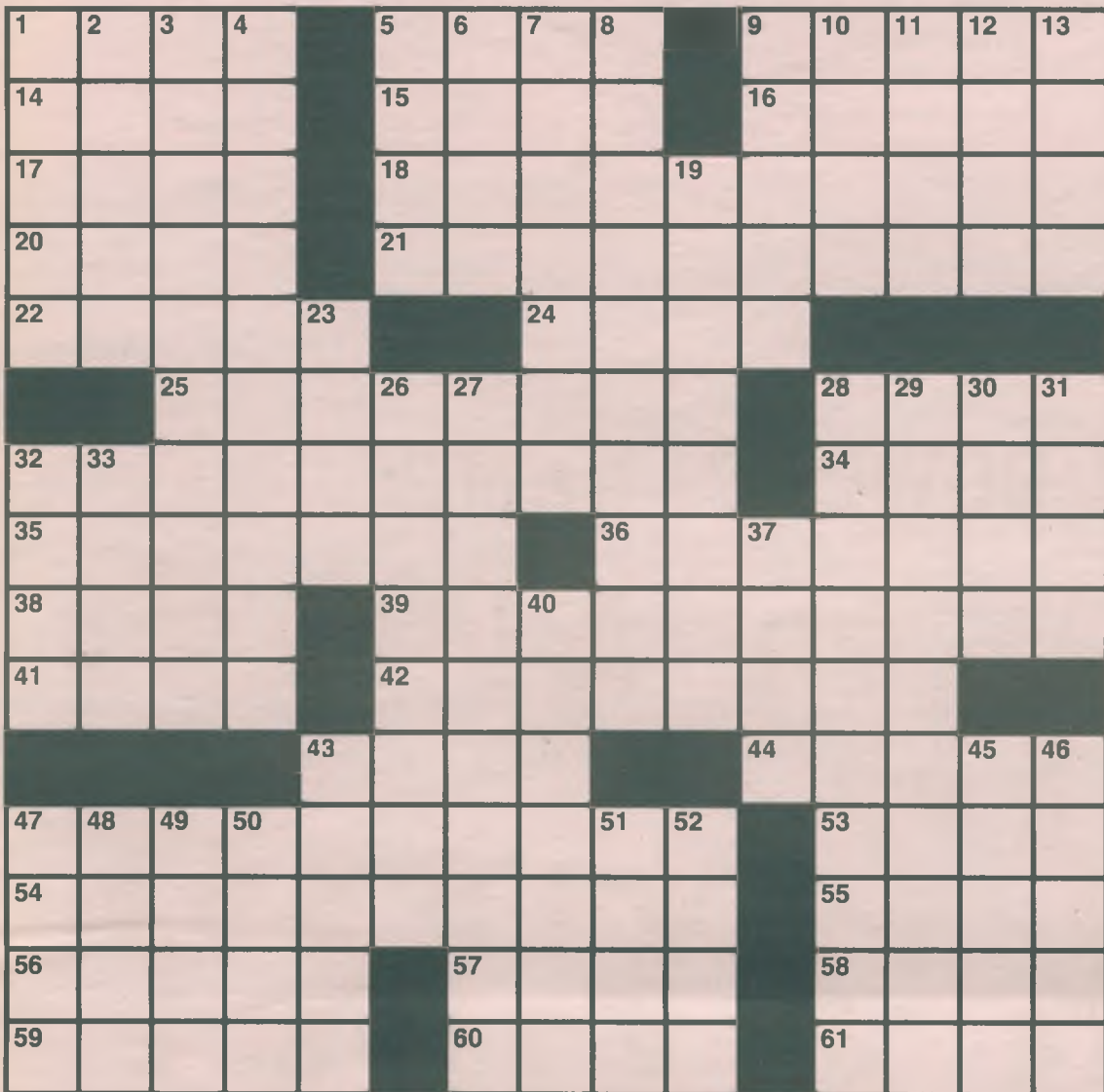
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Crossword Puzzle

Los Angeles Times

Edited by Rich Norris and Joyce Lewis



By Barry C. Silk

9/26/09

ACROSS

- 1 Dr.'s calendar item
- 5 Arizona's southwestern-most county, or its seat
- 9 Narrow one's brows (at)
- 14 Tigger's pal
- 15 "Stop pouring now!"
- 16 NFL commentator Long
- 17 Prefix with marketing
- 18 Phillies pitcher who received the 2008 World Series MVP Award
- 20 Car roof with removable panels
- 21 Instants of revelation, as for puzzle solvers
- 22 Easier version, in music scores

- 24 Iditarod destination
- 25 Sports intermission
- 28 Elvis's swivelers
- 32 Co-proprietor
- 34 French 101 verb
- 35 Existing independent of experience, in logic
- 36 Libya neighbor
- 38 Pimples
- 39 Photographer known for his black-and-white American West scenes
- 41 Citrus peel
- 42 Emits, as pheromones
- 43 Part of MSG
- 44 Snow coasters
- 47 Angler's item
- 53 Bra size
- 54 Carefully entering
- 55 Cube maker Rubik
- 56 Goaded, with "on"

- 57 Fiddling tyrant
- 58 Flat fee?
- 59 Hotsy-___
- 60 Dutch export
- 61 Souped-up Pontiacs

DOWN

- 1 Is ___: probably will
- 2 Meter experts?
- 3 Golfers' tops
- 4 2002 film about a musician who survived the Holocaust
- 5 Girls' rec. center
- 6 "Here comes trouble"
- 7 Skin pigment
- 8 Wind-speed measurer
- 9 Humiliate
- 10 Arrive
- 11 Wilson of "Marley & Me"
- 12 Droop like aging

- flowers
- 13 Not so much
- 19 Self-government
- 23 Range below soprano
- 26 Dirt-cheap
- 27 Like some remote-control planes
- 28 German university city
- 29 "Don't tell anyone"
- 30 Schoolmarmish
- 31 Sailors' milieus
- 32 Cool cat's music

- 33 Mayberry tyke
- 37 Washington team
- 40 Treated with disdain
- 43 Mork's partner
- 45 Slangy "Beats me!"
- 46 Windex targets
- 47 Word after bare or square
- 48 "Othello" traitor
- 49 USMC rank
- 50 Goes quickly
- 51 Other, in Oaxaca
- 52 Dire destiny

SUDOKU

THE SAMURAI OF PUZZLES By The Mephram Group

Level: **1** 2 3 4

		5						
1	4	3	7			6		
8				3			9	4
			6	4				8
9				2	5			
6	3			8				9
		5			2	8	7	6
				1			2	

Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit, 1 to 9.

For strategies on how to solve Sudoku, visit www.sudoku.org.uk

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Answers: Thursday February 18, 2010

S	E	W	N		L	A	N	C	E		E	W	E	S
E	U	R	O		A	T	E	A	M		S	A	L	E
P	R	I	M	E	T	H	E	P	U	M	P	K	I	N
T	E	T	E	A	T	E	T	E	E	Y	E			
U	K	E		T	E	N			A	S	S	U	C	H
M	A	R	Y			S	L	U	E	S		P	L	O
				U	S	S		O	N	T	I	P	T	O
				B	U	M	P	K	I	N	O	N	A	L
S	E	P	A	R	A	T	E		A	H	A			
A	T	M		A	T	A	R	I		N	C	A	A	
M	E	A	N	I	E		C	P	A		O	C	T	
		R	O	N		S	N	E	A	K	I	N	T	O
T	A	K	E	S	A	C	A	T	N	A	P	K	I	N
A	X	E	L		M	A	T	E	S		S	E	V	E
M	E	T	S		I	N	L	A	Y		O	D	E	S

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1	5	4	8	9	7	6	3	2
8	7	6	5	2	3	1	9	4
2	9	3	1	6	4	8	5	7
7	4	9	6	8	5	2	1	3
5	6	2	4	3	1	7	8	9
3	8	1	9	7	2	5	4	6
4	2	7	3	1	8	9	6	5
6	3	8	7	5	9	4	2	1
9	1	5	2	4	6	3	7	8

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