

Index

News1-5
Opinion7
A&E8-10
Sports ...12-14
Puzzles15
Classifieds ..16

The Alestle

Alton - East St. Louis - Edwardsville

Tuesday's Online Edition

- MAP grants reinstated
- Jazz combo at SIUE
- Men's soccer stalemate
- On the blog: Deer problem, human problem

Thursday, October 22, 2009

www.alestlelive.com

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Derrick Hawkins/Alestle
Chancellor Vaughn Vandegrift gave his annual address on Wednesday in the Goshen Lounge.

Vandegrift pushes the

Full coverage of address
available at alestlelive.com

Alestle Staff Report

Chancellor Vaughn Vandegrift addressed faculty and students Wednesday in the Morris University Center's Meridian Ballroom for the Chancellor's Report to the University.

During his fifth address as chancellor, Vandegrift talked about the achievements of the university. Some of those points included were the following:

- Fall 2009 enrollment is the largest in the history of university, standing at 13,490 students.
- For the fourth straight year, SIUE is among the top 15 public midwestern master's universities. For the fifth straight year, SIUE's senior assignment program was cited for excellence with Yale, Harvard, MIT and Princeton.
- A new science building will begin construction in November, thanks to \$78.9 million from the Capital

Construction/Economic Recovery Plan. Money will also be provided to renovate the existing Science Building.

- The Student Success Center was recently completed and provides a central location for students for both academic and personal endeavors. The building includes Academic Advising, Health Services and the Career Development Center.

- The School of Pharmacy achieved full accreditation in June 2009, just after graduating their first class of students.

- The School of Nursing received a 10-year accreditation, the longest possible term a school can receive.

- There are 80,000+ total alumni.

- Two promotional videos have been produced to help promote the university, as well as a commercial.

- With SIUE's move to D-I, basketball games will be televised to better promote the university's athletics.

Complete coverage of the Chancellor's Report will be available in Tuesday's online edition at alestlelive.com.

Eradicating racism

Student Union for Racial Equity finds grassroots at SIUE

by Sarah Jacobsen
Alestle Reporter

The fact that racism does exist is the foundation of a wide-spread need for interracial communication according to Grant Irvine, Student Union for Racial Equality treasurer and senior mechanical engineering major.

SURE is a recent addition to SIUE's student organizations. According to Andrew Heffron, junior mechanical engineering major and SURE vice president, the group is aiming to initiate greater communication among differing races.

"The group seeks to eradicate racism and other forms of discrimination and to build better understanding between people of different backgrounds," he said.

Abby Raesly, senior speech communications major and SURE communication coordinator said said the group hopes to create an environment that encourages people to talk about topics they may otherwise feel uncomfortable discussing.

Raesly said the group's mission statement is, "providing a comfortable environment for asking questions, breaking stereotypes and bridging the gaps among races."

Being a new organization, SURE does not yet have a significant budget to use toward accomplishing these goals. Student government only allocates new organizations \$150.00 for startup. Consequently, SURE is taking initiative to raise additional funds.

On Oct.10, the group held a fundraiser at Big Daddy's. Attendees paid \$25.00 and received all you can eat food and drinks for three hours. \$10 went to SURE, and \$15 went to Big Daddy's. According to Irvine, it had a good response. SURE

'People who don't think
of themselves as racist still
categorize people based
on color.'

-Renee Russell,
SURE adviser

made \$230.

Raesly said the money will go toward marketing and other efforts that will aid in promoting interracial communication.

Raesly said the group is planning several events including a membership drive and another Big Daddy's fundraiser in January. She said the group has great ideas for the future as well.

"We would like to have public speakers in the future sharing their experiences with racism and educating people," she said.

Raesly said SURE has a lot of plans to share their knowledge with a wider group as well.

"If we get enough people involved we'd love to start reaching out to the community," she said.

SURE advisor, Renee Fussell said she thinks SURE is going to make a huge difference on SIUE's campus.

"They have a wonderful vision about what they want to see on campus," Fussell said. "They are working to bring about a connectedness and unity

SURE/page.4

1-800-Alumni

Call center opens jobs for
students, info for alumni

by Rosie Githinji
Alestle Opinion Editor

Most local governments are trying to find a way to create jobs. SIUE has done it in the form of the new call center located in the School of Pharmacy.

The SIUE Call Center started this year. The purpose of the call center is to contact alumni to let them know what is going on now and ask for donations.

Josh Olmsted is the assistant director of Annual Giving. He began working for SIUE in August of 2009.

According to Olmsted, in the past the calls to alumni had been outsourced to Eastern Illinois University.

Now that the call center is located on the campus, the center has hired 27 students to call alumni. There is a good mix of students, according to Olmsted. The school has hired seniors, juniors, international students, etc., all from different programs and majors.

"It's a nice way to keep the alumni connected," Olmsted said. "I sort of view it more as

CALLING ALUMNI/page.4

The green machine



See page 5

The 'natural cougars' of SIUE

by **Lindsey Oyler**
Alestle Photographer

The cougar holds the pride of our school spirit and legacy as the SIUE mascot, but faculty and staff do not welcome the petite versions of this animal.

Director of Facilities Management Bob Washburn said he opposes the presence of cats on campus and students' interactions with the animals.

"The university would prefer that you don't feed the cats because it attracts more of them," Washburn said, "but there is no policy that I know of."

Presently, the cats do not cause problems, but the issue is an underlying one, according to Washburn.

"It's a problem that runs in cycles," he said. "It goes away and comes back again."

Despite the rollercoaster trend, the risks associated with the presence of feral cats are steadfast. Wild cats are one of the carriers of the disease rabies, which attacks the nervous system and is fatal after it goes untreated for a certain amount of time, according to www.peteducation.com. This does not seem to faze some students, including desk manager and junior nursing student Natasha House's friend.

"I had a friend last summer that would take a food bowl out to the cats every day," House said. "Every day, the RAs would take it away. She eventually got a letter saying that if she didn't stop feeding the cats she'd be kicked out of

Cougar Village."

The terms and conditions residents sign when agreeing to live in University Housing state, "The ONLY pets that are allowed in University Housing are fish in an aquarium." Students' residency can be terminated if an animal is living within a unit.

Despite her friend's attempts to help the stray felines, House said the efforts of Facilities Management are valid.

"It's definitely fair that they want to encourage no contact with the cats," House said. "I don't think the cats annoy me. They don't really get in my way, but they should get help."

Alternate methods of helping the cats without removing them are available, according to freshman psychology major Tori Frescura of Rochester.

"I think we could help the cats," Frescura said. "Even simple wooden crates would help. You don't want them to hide under cars 'cause that's asking for trouble."

According to Washburn, students may possibly be to blame for the cats' presence on campus.

"Students have had them in residence halls and had them kicked out onto campus," Washburn said. "We have no proof, but we have suspicions that people have dropped them off at campus as well."

According to Washburn, the cats' time on campus has led to their wildness. Due to the possibilities of a scratch or bite, rules for interacting with these "wild cats" may lie in the future, according to



Lindsey Oyler/Alestle

Hidden within the crevices outside of the Engineering Building, a feral cat sits waiting for food or attention. This is one of several cats that find shelter near the Engineering Building.

Washburn.

"It's possible if the population keeps growing," Washburn said. "Right now, they're a nuisance, but enough people like them so we're not doing anything. These cats are outside and semi-wild. We could have problems with rabies."

Washburn also said that due to contact with other outdoor, nocturnal pests, the cats could be a problem. However, the problem has yet to present itself directly to students without a cause.

"Unless you're approaching the cat," Washburn said, "it's not a real hazard."

Students have enough to worry about other than wild cats on campus."

According to Frescura, however, students should be worried about the cats.

"If they're on campus," Frescura said, "and we're not finding them homes, we can't just let them starve. It's not right to just walk by them. We can do something about it."

Lindsey Oyler can be reached at loyler@alestlelive.com or 650-3527.

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Travel bug bites students in study abroad programs



Hunter Creel/Alestle

Students at SIUE that are wanting to study abroad and travel study opportunities were able to attend the SIUE Study Abroad Fair on Oct. 20 at the Morris University Center. Students could get information about various destinations around the world to study and financial aid.

by Kari Williams
Alestle Reporter

The SIUE Office of International Programs hosted the Study Abroad Fair in the Morris University Center's Goshen Lounge Tuesday showcasing various programs and universities that offer opportunities to travel for one's education.

SIUE Travel Study Programs, including Italy, Turkey and Argentina, provided information regarding their respective opportunities. Professor Lucian Stone heads the Istanbul Travel Study and said she believes that its focus on philosophy creates a unique selling point.

"I don't think anyone else is [studying philosophy]. Also, just the nature of the subject and the location. Istanbul is half in Asia, half in Europe, so you get to live in two continents, essentially, for the summer," Stone said.

Senior history and philosophy major Kelsey Borrowman went to Turkey during the 2009 summer program. Hearing fellow philosophy majors "rave" about the program urged Borrowman to participate. One of the most distinctive aspects was that Borrowman would learn about Turkish architecture and be able to witness firsthand what was discussed in class.

"I've never been homesick before in my entire life, and I'm now homesick for Istanbul. I don't miss my hometown or anything like that. I've never had that experience, but I miss Istanbul," Borrowman said.

Another program, GlobalLinks Learning Abroad Program, which includes AustraLearn/AsiaLearn/EuroLearn, provides curriculum in New Zealand and Australia, among other countries. As for many of the schools at the fair, learning the language of the host country is not a requirement to be educated in that country.

Graduate student Clark Srum traveled to Sydney, Australia and attended Macquarie University through AustraLearn/AsiaLearn. He said the largest difference between an American and

a foreign collegiate institution was the type of schoolwork.

"There was a lot more independent work that was required [in Sydney]. [In] most of the classes, the final [exam] was 60 percent of your grade and then there would be a paper that was 40 percent, instead of the teachers giving you a bunch of quizzes and small points here and there. As long as you focused you were OK, but it made it a little more challenging," Srum said.

AustraLearn/AsiaLearn Regional Director Eric Anderson stresses the importance of taking advantage of programs as an undergraduate.

"Study abroad expands their concept of the world. It's going to increase their self-confidence. It's going to increase their understanding of the world. It's going to increase their perspective. It's going to make them much more marketable in the career world once they get out," Anderson said.

According to Study Abroad Coordinator Julie Beall-Marshall, students can use financial aid and receive scholarships — \$750 through the Office of International Programs — to assist those with financial concerns or burdens.

Sophomore history and secondary education major Katelynn Alexander attended the fair and is considering studying in Europe and said that "financial concerns" would prevent her from doing so. If the chance to travel does become reality, Alexander said she feels it will improve her education.

"I think it'll definitely enhance my college experience because it makes us realize that there are other people different than us and different cultures," Alexander said.

Programs range anywhere from four to six weeks to a full year studying abroad. More information can be found through the study abroad Web site at siue.edu/studyabroad.

Kari Williams can be reached
kariwilliams@alestlelive.com or 650-3527.

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CALLING ALUMNI/ from pg. 1



Lindsey Oyler/Alestle

(Above Left) Working through conversation, Brandon Sanders, Marissa Menke, Danyelle Butler, Kourtney Mraz and Tya Wallace make calls to SIUE alumni for Annual Giving. According to director of Annual Giving Julie Babington, their efforts will bring in \$200,000 for SIUE in pledges.

(Left) Writing down the amount of money a pledge is willing to give, caller Tya Wallace moves on to the next SIUE alumnus phone number. Each worker must complete two shifts of calling per week, 5:30 to 9 p.m. from Monday through Thursday and 5 to 9 p.m. on Sundays. I don't just treat [the alumni] like a number, freshman nursing student Danyelle Butler of Duluth, Ga. said, and I get a good phone call.

offering alumni a way to stay connected to SIUE."

There were many reasons the school used to outsource the calls, according to Olmsted. The university had to find money for computers and phone lines. Olmsted said the company that previously made the phone calls is a good company.

"It wasn't a bad option, but I think this is better," Olmsted said. "All of the students share a passion for SIUE, and they remind the alumni of that."

Olmsted said he thinks the alumni prefer speaking to someone who is associated with the school.

According to Patrick Hundley, vice chancellor for University Relations, alumni appreciate receiving calls from students at SIUE.

"Alumni are already calling about what a nice thing it is to have a conversation with students," Hundley said. "We keep up with all of our alumni. We have contacts for about probably 90 percent of our alumni."

Hundley said there was a lot of work that had to be done and Chancellor Vaughn Vandegrift helped make it happen.

Director of Annual Giving Julie Babington said having the call center at SIUE is making a difference.

"What [the alumni] are enjoying is hearing about what the campus looks like today," Babington said. "We wanted our students making contact with alumni, and our administration was able to get us

the funding."

The university has been working on relocating the call center to the SIUE campus for about a year, and made the switch last fall, according to Babington.

"The biggest difference is the impression we are leaving on the alumni," Babington said. "Our average gift dollar is up."

The program has been outsourced since 2001. The school has received donations from alumni of about \$165,000 a year. This year they are making a projection of about \$190,000.

Senior psychology and philosophy major Jordan Shaw of Highland is one of the students working at the call center.

When he calls alumni, he starts out by talking to them about what is happening on the campus. Shaw also has conversations with the alumni about what they are doing now and their experiences while they were attending SIUE.

"We ask them what's going on and promote the campus a little bit," Shaw said.

The alumni can donate money to specific areas of the university, such as the School of Business or the College of Arts and Sciences, so they know where their funding is going, according to Shaw.

"It's not just fundraising; it's friend raising," Shaw said.

Rosie Githinji can be reached at rgithinji@alestlelive.com or 650-3527.

SURE/ from pg. 1

that I think needs to be here."

According to Heffron, SURE was created in May as part of Fussell's interracial communications summer course.

"The group was originally created for our final project in Speech 210, to take what we learned from the class and share it with people outside of the class," he said.

While the organization's formation was an assignment, Raesly said it was also much more than that. She said the course created an environment conducive to communicating and learning from each other.

"Everybody [in the class] is really open and self discloses a lot," she said. "It is designed to bring people together and address hot topics."

Irvine said the changes he and others experienced in the class inspired a desire to share what they learned with others. He said SURE is going to incorporate elements from the course into its monthly meetings. In addition, the group will hold various activities and events.

"We're going to address sensitive topics and provide an environment that encourages respect," Irvine said. "A big thing is raising awareness, getting the issues out there."

According to Raesly, racism might actually be a bigger problem than many people think.

"People who don't think of themselves as racist still categorize people based on color. We're trying to bring that to their attention," she said.

SURE's next meeting is Nov. 3. Students interested in finding out more should e-mail <http://groups.yahoo.com/group/sure2009> or join the group on Facebook.

Lindsey Oyler can be reached at loyler@alestlelive.com or 650-3527.

Engineering SIUE's green energy

Wind, solar power fuels classrooms

by Clay Beyersdorfer
Alestle Reporter

SIUE is continuing to go green this year, this time with some help from the Illinois Clean Energy Community Foundation and the Illinois Environmental Protection Agency.

The Environmental Resources Training Center, located on the north side of campus, recently learned that they would be receiving a wind-powered generator and 150 solar panels by the end of next semester. The initial stages of the project start later this month, thanks to the \$416,000 received from the ICECF and IEPA.

The power generated from both the generator and solar panels will be used in various operations at the ERTC, including the training-scale wastewater and drinking water treatment plants, as well as the laboratories and offices used to conduct research.

According to IEPA's Web site, the ERTC, along with other water protection centers are responsible for providing water that is safe to drink and beneficial for other uses, including bathing and recreation, to the university and surrounding areas. When students drink from water fountains or brush their teeth in the morning, that water has been through and handled by the ERTC.

Paul Shetley, the director of ERTC says the project is a step in the right direction in terms of finding alternative energy resources.

"As our world changes and time goes on, the importance for finding alternative,

affordable energy resources is huge," Shetley said. "We have always wanted to further our research with what we do over at the center, and this money will allow us to conduct further studies into trying and finding alternate energy to use."

According to Shetley, students from the School of Engineering will benefit from this generous donation, as the research and studies provided, as well as the construction of both the generator and solar panels, will be incorporated into the curriculum. Students will receive firsthand instruction on how the new greener energy sources power the building, as well as the processes and work that is conducted at the ERTC.

"Future engineers, as well as students and people from the community all around will get to witness the construction of devices that are attempts at making our planet greener," Shetley said.

ERTC, which is part of the SIUE School of Engineering, offers courses to those students who are interested in careers in water control management, as well as train plumbers and current water operators around the area who seek advanced degrees. Lewis and Clark Community College, located in nearby Grafton, offers similar courses of study.

Freshman Santos Reyes, an engineering major from Chicago, is excited to get a firsthand experience for the projects that will help out the environment, especially ones that are so close to school.

"The engineering aspect of this whole



Hunter Creel/Alestle

The wind generator and solar panels will be installed in the Environmental Resources Training Center on SIUE's campus.

project is really interesting because this is something that is going to be seen a lot more in the future, and I'll be able to say that I was one of the first to see it here on campus," Reyes said.

Kim Bausch, an alumna from the engineering program who graduated in 2007 from SIUE, wishes she had the opportunity to be able to work hands on with a project like this.

"I think that this will be a great opportunity for students who not only are interested in water treatment and research, but engineering in general," Bausch said.

Clay Beyersdorfer can be reached at
cbeyersdorfer@alestlelive.com or 650-3527.

Student Government to meet on Friday

Alestle Staff Report

Student Government is meeting Friday at 2 p.m. to discuss a travel request, an allocation request and two constitution reviews.

The American Society of Mechanical Engineers is requesting the maximum amount for a travel request to a development conference. Student Union for Racial Equality is requesting a \$300 allocation for the new organization.

Student Government will also review the constitutions for the SIUE College Republicans and Club Ultimate.

The Senate will vote on personnel appointments as well, following which will be an open forum for anyone who wishes to address the Senate.

The meeting will take place in the International Room of the Morris University Center.

News can be reached at
news@alestlelive.com or 650-3527.

Goshen Showcase



Come watch
Justin Kleinhoffer

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TUESDAYS—1ST RUNNINGS OF EACH FEATURE
 ▶ SAW IV (R) 2:00 4:30 6:10 7:00 8:40 9:30
 ▶ ASTRO BOY (PG) 1:20 3:50 6:30 9:00
 ▶ CIRQUE DU FREAK: THE VAMPIRE'S ASSISTANT (PG-13) 1:50 4:50 7:30 10:10
 ▶ WHERE THE WILD THINGS ARE (PG) 1:10 2:10 3:40 4:40 7:20 9:50
 ▶ PARANORMAL ACTIVITY (R) 1:00 2:20 3:30 4:45 6:20 7:40 8:50 9:55
 ▶ THE STEPFATHER (PG-13) 1:15 4:00 6:40 9:10
 ▶ LAW ABIDING CITIZEN (R) 1:40 4:10 6:50 9:40
 ▶ COUPLES RETREAT (PG-13) 1:30 4:15 7:15 10:00
 ▶ ZOMBIELAND (R) 2:30 5:00 7:50 10:15
 *NO 2:30 SHOW ON SAT. 10/24
 ▶ CLOUDY WITH A CHANCE OF MEATBALLS (PG) 1:45 4:20 7:10 9:20
 ▶ MET OPERA: AIDA - LIVE SAT. 10/24 AT NOON
 ▶ MICHAEL JACKSON: THIS IS IT! - SEE IT FIRST, TUES NIGHT 10/27 AT 11:00 PM

LAST YEAR, IT HURT TOO MUCH TO STAND. TODAY, SHE CARRIES A NATION ON HER SHOULDERS.

At her clinic in Freetown, Sierra Leone, Dr. Olabisi Claudius-Cole treated patients of all ages with any condition, and would often take no payment in return. When arthritic hips and knees kept her from the rigors of daily patient care, a disaster loomed.

Dr. Claudius-Cole's sister led her to an American orthopaedic specialist, who had just heard rocker/activist Bono issue his mandate for caring people everywhere to step up and make a difference. As he listened to Dr. Claudius-Cole, he saw his own chance to do just that. Donating his own surgical services, he helped mobilize an entire medical team to get Dr. Claudius-Cole back on her feet. He even arranged free hip and knee implants.

Today, Dr. Claudius-Cole is fully recovered, and back at her vital healing practice in West Africa. Her story truly brings new meaning to the term "pro-Bono." We share it here because it sends two of the most contagious messages we know. Don't give up, and remember to give back.



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aaosinfo.org

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University Housing is hiring Resident Assistants! Searching for talented, positive role models for the 2010-2011 school year.

Tashana Turner Don't forget you have to attend an information session to be eligible to apply to be an RA. Which session will you attend?

John Curry Hey, I think I'll be able to make the **Monday, October 26 @ 9:09 p.m.** in the **Bluff Multi-Function Room** session. See you there.

Rachel Holtgrave Oooh, I'm going to the session on Tuesday **October 27 @ 9:09 p.m.** in **Cougar Village Commons**. It's right after my yoga class, perfect!

Mitch Ryan I'll be at the **Thursday, October 29 @ 9:09 p.m.** session in the **Woodland Multi-Function room**. Afterwards, I'm going to grab pizza. Who's in?

Shane Stephens **Wednesday, November 4 @ 9:09 p.m.** in the **Prairie Multi-Function room** works for me.

Luis Solano I work on nights so the **Friday, November 6 @ 12:09 p.m.** session the **MUC, Missouri Room** is perfect for my schedule. Fabulous!

Justin Byrd Ha! Nice—well, I'll be at the last one in **Evergreen** on **Tuesday, November 17 @ 9:09 p.m.** I'll see you there if you haven't gone to another one!

Questions? Contact Sheila Coressel at 618-650-4629 or scoress@siue.edu.
 More information can be found online at www.siue.edu/housing

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- Matters prohibited by the Code of Professional Responsibility.
- Drafting of wills or estates in excess of \$50,000.
- Tax matters and estate planning.
- Incorporation of groups for private profit.
- Criminal matters.
- Cases involving excessive time and resource commitment.
- Matters involving student academic, student affairs, or faculty grievance cases.
- Matters involving one eligible student against another.

Appointments

Appointments are required; however, if you need immediate consultation, you will be assisted as promptly as possible. No legal advice can be given over the telephone. To make an appointment, contact:

Dennis Orsey, Attorney
 3388 Maryville Road, Suite A
 Granite City, IL 618.797.2800

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All hard copy letters should be typed and double-spaced. Letters should be no longer than 500 words.

Please include phone number, signature, class rank and major. We reserve the right to edit letters for grammar and content. However, care will be taken to ensure that the letter's message is not lost or altered. Letters to the editor will not be printed anonymously except under extreme circumstances.

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One copy of the Alestle is no charge. Additional copies cost 25 cents.

The Alestle is a member of the Illinois College Press Association, the Associated Collegiate Press and U-WIRE.

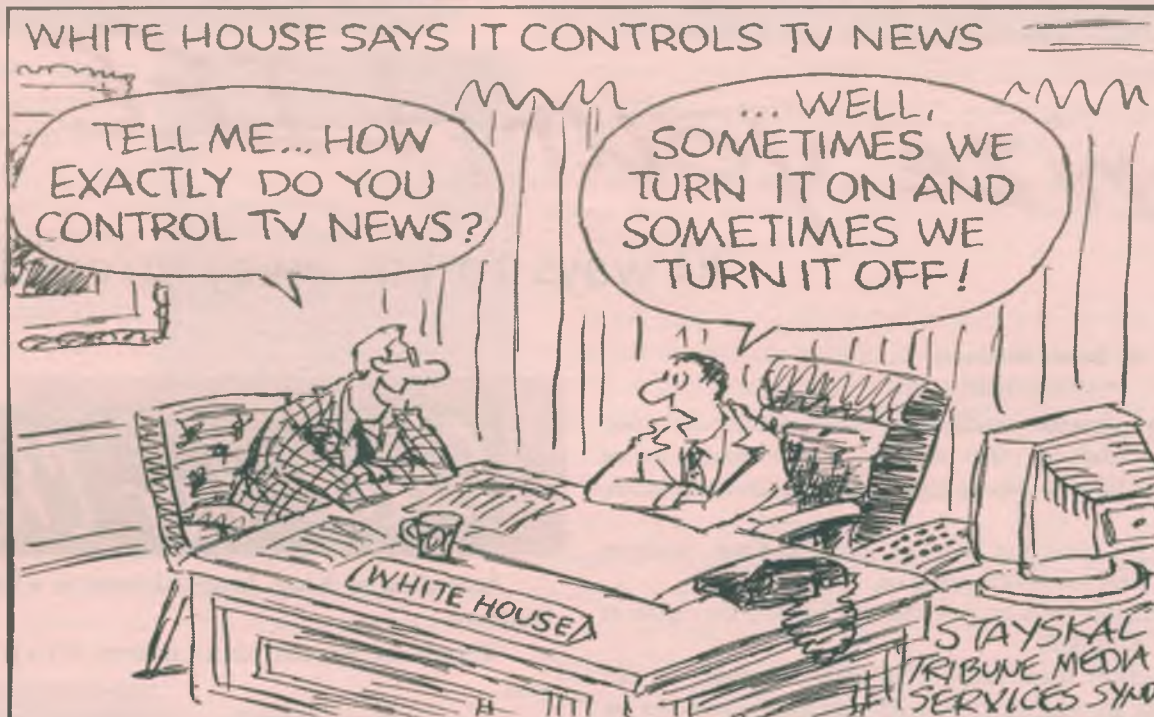
The name Alestle is an acronym derived from the names of the three campus locations of Southern Illinois University Edwardsville: Alton, East St. Louis and Edwardsville.

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Limited registration restricts students

Enrollment officials have stressed that students be "flexible" when registering for classes. Maybe SIUE needs to be a little more "flexible" themselves.

Registration for students with 60 or more hours began Monday. Heading into this semester, I had 57 credit hours. The Department of Mass Communications rarely offers more than one section of upper-level classes. As a junior at SIUE, I am screwed.

Maybe I should have taken a third summer class last year, and maybe I shouldn't have failed statistics, but coming up three credits short and missing out on my opportunity to register for at least one class in my major does not make me happy.



Allan
Lewis

Going into Monday's registration, very limited spacing within the Department of Mass Communications remained to begin with, and Monday's registration shotgun start is going to leave just a scrap heap offering.

I have no problem getting a few easy electives out of the way and giving myself a little bit of a break next semester. A 100 level class sounds rather tantalizing after the first half of the fall. It stands disturbing, however, that I cannot get anything in my major. I do not want CougarNet to keep me at SIUE until 2013.

People in similar situations just credits short are getting the shaft here. Some of us are still on the four-year plan, but spread things out a little more with summer classes. Sometimes students fail a class.

Seniority in registration should be based on how long you have been at SIUE rather than by a margin of three credits. It is hard to catch up when you

are not given the opportunity to move forward with your education. Because I am three credits short, I now do not have the opportunity to graduate when I expected.

This is not right.

Sometimes classes are only offered in certain semesters as well. I am tired of the guessing game and trying to set myself on a track for graduation. SIUE should recognize this and be able to set me on the right path, as opposed to leaving me playing around with electives when classmates are locking up the classes they need to graduate.

If the advisors aren't able to help students on the four-year graduation track, then SIUE needs to provide more classes so we are not wasting our time for classes to finally be offered again.

Allen Lewis is a junior mass communications major from Edwardsville. He can be reached at alewis@alestlelive.com or 650-3524.

Unnecessary accidents could be avoided

As cars exit the SIUE campus to Illinois Highway 157, they suddenly plunge into darkness midway down the road. The lack of streetlights along Cougar Lake Road and the entrance near the dormitories present a real problem considering the amount of deer roaming around on campus.

The wildlife at SIUE is an incredibly unique part of our college campus. While many campuses are located in the heart of a city, SIUE's connection with nature surrounds students with wildlife, including geese and deer.

While the geese droppings around campus are a nuisance when walking, deer present a more dangerous problem when driving.

When leaving campus on East

University Drive, the lights disappear as well. For more than a half of a mile, the winding road provides little visibility for drivers to see deer. South University Drive, the entrance by Prairie Hall and Woodland Hall, has the same problem for a longer distance. The posted speed limit is 45 mph, and at those speeds it is hard to react to a deer suddenly bounding into the road.

Within the past month, there have been three incidents reported to police about a car striking a deer on campus. There were six in the spring semester last year. How many more accidents are needed before a change is made?

The campus should provide lights along the roads not only for the safety of the drivers and their vehicles, but for the wildlife as well. Hopefully, the university takes pride in the wildlife to protect them. We have made our home in the middle of theirs. Part of the reason I was attracted to the campus was the nature, and I believe it gives SIUE an identity. If a small change

needs to be made to preserve that nature, it should happen.

The cost would be miniscule compared to other expenses on campus. We just built a Student Success Center and the Student Activity Center. Soon a new science building will be constructed, all of which are in multi-million dollar projects.

South University Drive was worked on during the summer semester. While the roads were being reworked, lights could have been added along the roads. It would have been the perfect opportunity to protect drivers and brighten the roadways.

A few lights along each roadway is not a complete solution, but would go a long way to providing a little extra insurance and prevent another unnecessary accident.

Aren Dow is a junior mass communications major from Springfield. He can be reached at adow@alestlelive.com or 650-3527.

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Organize your LIFE

10 ways to put away stress in 10 minutes

by Sarah Jacobsen
Alestle Reporter

Classes, work, relationships, finances, homework, extracurricular activities, career preparation ... College students often have an overwhelming set of responsibilities and pressures to balance. Stress, consequently, is an unavoidable part of the college experience.

According to Director of Counseling Services Andrew King, students experience stress because they have too much going on.

"Students are stressed. Metaphorically because they are burning the candle at both ends and in the middle," King said.

With so much time and effort spent keeping up with everything on our plates, it can be easy to become disorganized, cluttered and messy. Students are so stressed, they don't bother to put things in their place, let things pile up and push things off until later. However, disorganization itself can be a significant source of stress and fuel other stresses by making us unproductive, frustrated, overwhelmed and distracted.

Reduce your stress by taking 10 minutes a day to organize something in your life. Here are 10 easy places to start.

Collect Clutter

In some cases, clutter is unavoidable. Some things were never meant to be put away. However, just because you deem some items worthy of staying out, don't let them stay out all over the place. Items such as keys, wallets, rings and cell phones can all be dropped off into a box or bowl in a convenient place in your room. Coats, scarves, purses and bags can be kept off the furniture by simply purchasing an over-the-door set of hooks. Take 10 minutes to set up a couple clutter collectors. These designated spaces will keep your room organized and keep you from hunting all over for the items you can't afford to lose.

Clean Up Your Computer

Clutter doesn't only exist on your desk and in your closet. Your computer can become cluttered and cause you stress as well. In 10 minutes you can significantly reduce the computer clutter that intrudes on your screen and mind.



Derrick Hawkins/Alestle

Begin by clearing up your desktop. When we are constantly looking at a desktop full of files, downloads, icons, etc. our brains can get information overload making it difficult to focus. Delete old downloads and files off your desktop. Condense individual files into folders or relocate them to a folder on the local disk drive. You may also consider changing your wallpaper. New "scenery" might make your computer activities seem less monotonous.

Another way to clean up computer clutter is by cleaning up your e-mail inbox. Permanently delete messages that you won't need to reference in the future. Move all other e-mails to appropriately labeled folders. Separate them by sender, subject, date or whatever subject will make them easy to sort through in the future. Only leave in your inbox e-mails that need a response or that you will need to reference in the next week or two. Next time you login to your e-mail you will be met with an uncluttered inbox and will be able to quickly access what's important without old and unimportant e-mails getting in the way.

Check Your Checkbook

According to King, financial stress is a big pressure faced by college students.

"People are worried about money. It's a tough time right now," King said.

One quick way to take action toward relieving financial stress is to simply remind yourself where you stand. Spend 10 minutes updating your records of your recent transactions. Whether this means balancing your checkbook or simply reviewing your statement, keeping track of your financial status can take off some of the edge. When your financial status is a mystery it can be stressful. Keeping track helps remind you of the progress you are making or at least what goals you need to work toward. In addition, constant review of transactions may illuminate budgeting problems that you may not have been aware of. Start with 10 minutes today catching up your records and continue to keep an eye on where your money is going.

Keep a Keepsake Box

If you tend to keep sentimental items—gifts from significant others, souvenirs, etc.—these things can quickly add up and clutter your room. Keep only a limited number of these items on display in your room. As you receive new items remove the old ones. In her book "The One-Minute Organizer: Plain and Simple", Donna Smallin suggests creating a keepsake box for these items. A designated box for items like letters, cards, artwork, programs and photos will prevent them from cluttering up your room. Find an old shoebox and spend 10 minutes filling it with your keepsakes. Your room will quickly become more organized and less cluttered. In addition, with all the items located in one place you'll know where to look when you want a trip down memory lane.

Put Away Papers

Papers pile up more quickly than almost anything else. Mail, bills, records, assignments—every day we add to the pile. It may seem like you have papers hiding in more places that you can count. Meanwhile, few of these are actually needed on a consistent basis. Files are the best solution to this problem. Put all your papers in one place and divide them by subject. If you don't have room for a full file cabinet or drawer, accordion files are a good alternative. These can be purchased at office supply stores and essentially provide several file slots within an expanding pouch.

Before you begin your filing, take 10 minutes to sort through your papers. Stack them all in a single pile and then commence separating them into three separate piles: recycle, file and keep out. Put unwanted papers into the recycle bin and shred the personal ones. For those you will need in the near future, designate a folder or desk drawer. File the rest of your papers into labeled folders. If you are unsure if you need to keep a paper, file it for now.

Work on Your Workspace

A messy desk is a hindrance to productivity. Don't let a disorganized workspace distract you from getting things done. Spend 10 minutes clearing off your desk to make it a prime surface for accomplishing everything on the day's to-do list. Toss the trash in the trashcan, and put the dishes in the sink. Untangle the computer cords, and move the post-its to a single location.

Put away everything you won't be using for that day's tasks so you won't be tempted to take unnecessary breaks. You might decide to abandon what needs to be done if a magazine or electronic gadget catches your eye. In addition, a clean workspace also makes it easier to spread out and work more efficiently. Books and notebooks can all find a space, and your body posture can relax with more room to move.



Derrick Hawkins/Alestle

Clear Out Your Closet

You begin each day with the opening of your closet. You have to find something to wear. If your closet is a disaster, you are likely to begin your day with a bit of stress. Boxes, racks, piles, bins and shelves full of clothes and everything else imaginable make their way into our closets over time, eventually making it a challenge to find what we're looking for. Organizing a closet can be an intimidating task. However, breaking the project into smaller pieces can give you the motivation you need. Begin by spending 10 minutes uncluttering your closet. This first step alone will brighten up your mornings and set you on a path toward the organized closet of your dreams.

Smallin gives some helpful tips for clearing closet clutter. She recommends, "Starting at one end of your closet and work your way across and remove any items you haven't worn in the last year." According to Smallin, if you haven't worn an item in the past year, you probably won't wear it again.

Smallin also suggests tossing freebies and promotional items you know you will never use and moving special occasion items to one end of your closet to make everyday clothes easier to access.

Another way to make the most of your closet space is by attaching a hanging rod to the rod already in your closet. You will double the space available for hanging clothes by adding another level.

Uncluttering your closet is simply removing items you don't need and placing the items you use most in easy to access locations. In 10 minutes you can rid yourself of your closet's useless inhabitants and give it—and you—room to breathe.

Plan to Use a Planner

Planners are the epitome of staying organized. Beyond organization, they can also reduce stress by providing a space other than your brain to keep track of everything you have to do. Planners come in countless designs for different purposes and different people. Find the planner that is right for you and spend 10 minutes filling this month with everything you have to do. Write down assignment due dates, test dates, meetings, trips and work hours. You can fill the rest of the planner later, but take time now to write down all your immediate plans and requirements. You will feel an immense sense of relief to not have to remember it all.

Also, when another potential commitment comes up you will have quick and painless source of reference to determine your availability. You will certainly avoid adding something that might conflict with studying, homework, work or other obligations. Furthermore, as you do add items to your planner, you can look ahead to see what is coming up and determine the best plan for completing big assignments or studying for tests.

Assign Priorities

Stress can be fueled by mental disorganization. As we take on new responsibilities, are thrown new pressures and think up new desires, our minds can have a difficult time organizing all the information. Then we have no real way of making the best choices for ourselves when deciding which things are most important and which should be done first. Our minds have become overwhelmed and can't make sense of the overload we've fed it.

King said it is important for students to take time to reevaluate the priorities they've set in their lives.

"List everything in life and assign some level of importance to it," King said. "Write everything you think you are obligated to do and those you want to do."

According to King, many people experience stress when they feel they are forced to do things they have no desire to do. One example of this would be a student being pressured to major in something he or she is not good at or does not enjoy.

By making a comprehensive list of obligations and desires you can begin to better wrap your mind around everything. Take 10 minutes to formulate a list and reevaluate your priorities. In the "obligation" section of your list, note the obligations that you absolutely have to commit to and the one's you only think you do. Decide which obligations you have to focus on now and which you can focus on later. In the "want to" section, note the wants you have neglected and the wants you have prioritized. Consider which wants should be given more effort and which should be given less. Writing down everything you feel pressure or stress to do besides the things you would like to do can give you a visual reference for making necessary changes. Sometimes, juggling the information in your mind is not enough.

Condense your Wallet or Purse

Your wallet or purse is likely a significant object in your life. People open theirs every day to search for something. If you have to dig through old receipts, candy wrappers, useless business cards and a plethora of "just in case" items to find what you are looking for, you are bound to experience stress. Spend 10 minutes eliminating this stress by cleaning out your purse or wallet and making it more user-friendly.



Derrick Hawkins/Alestle

Receipts can easily get out of control. Only keep in your wallet those that you have yet to record or need for a return. Once recorded, keep all your receipts at home in an easily accessible location for at least 30 days (in case you need to return an item). After that, file them away or toss them. The same goes with business cards. Keep only the ones you need to have with you at all times. File the rest so you can always find them if you need them, but don't lug them around with you every day.

Women, empty your purse of all the unnecessary things it has acquired since last time you cleaned it out. Also, consider dividing your purse into compartments with plastic baggies or small makeup cases. This way you will always know where to find that lipstick, mirror or hair tie quickly.

Pillowmen and child murderers

by Kari Williams
Alestle Reporter

Things start to get mystifying, in senior theater performance major and Director Greg Fenner's depiction of Martin McDonough's 2003 production "The Pillowman," when a fiction writer's grotesque tales of murdered children begin to reflect real life events.

Because of writer Katurian's tales, Detectives Ariel and Tupolski bring Katurian in for questioning. They also resort to torturing Katurian's mentally handicapped brother in their search for answers, according to Fenner.

Freshman mass communications major Andrew Beiser takes the lead as Katurian, while junior theater performance major Aiyanna Wade and senior theater performance major Gabe Cranston play Tupolski and Ariel, respectively.

According to Fenner, "The Pillowman" is a dark comedy, and both the darkness and the humor are key components to the play.

"['The Pillowman'] involves serious issues like child murder, but it does it in a comedic way. There [are] a lot of jokes in it, but it talks about serious issues," Fenner said.

Wade said she considers this play one of her personal favorites and urges everyone to come.

"I'm looking forward to everyone else feeling the same about this play as I did when I first read it," Wade said. "I was really excited to do this show, and I hope everyone is excited after they see it and maybe interested in coming to see more shows [at Metcalf Theater] or even doing theater themselves."

The character of Tupolski was a male in the original version of the play—McDonough's version

consisted of an all-male cast—but Fenner altered the gender role, allowing Wade to receive the part. She said she enjoys the role even though her character's disposition is different from her own.

"She's not me; I'm usually happy and bubbly, and she's quite different," Wade said. "She's quite sarcastic with a pretty much dry humor, but I really enjoy the part. It's really funny in that [she's] the character you love to hate."

As a basis of Katurian's character, he cares more about his stories than his own life; his only published story is "The Three Gibbets," according to Fenner. Beiser said his character, Katurian, adds another layer to the play when his character starts hiding answers from the detectives to protect the future of his unpublished stories.

"He only had one story published in all [of] his life, and he wants to keep it," Beiser said. "He wants to make more of his stories public for the world, except now that he's in the situation, he's not sure if he can do that. So, he's doing all he can to protect his stories."

According to Fenner, the suspense and the changing perceptions of characters in "The Pillowman" will keep audience members intrigued.

"You'll think one thing about these characters and...think you know the story. But then, all of a sudden you realize you don't know anything at all and...the story seems like it does a complete 180, and you're not sure where it's going or what's going to happen next," Fenner said.

The Metcalf Theater will host the play from Oct. 28-Nov. 1, with shows starting at 7:30 p.m. and 2 p.m. on Nov. 1. Tickets cost \$6.

Kari Williams can be reached at kwilliams@alestlelive.com or 650-3531.

Love your body



Derrick Hawkins/Alestle

Love Your Body Day is a day dedicated to self-awareness and loving your body. The day was hosted by the Feminist Majority Leadership Alliance. You can find more information on face book at makingwaves@live.com.



SIUE International Student Council and Campus Activities Board present

International WEEK '09



November 2, 2009: Monday

Aalim Belly Dance

Featuring Dances from Middle Eastern Cultures
Featuring Booths with the artifacts from various cultures

10:00 am till 2:00 pm

MUC Goshen Lounge, SIUE



November 3, 2009: Tuesday

Afriky Lolo

Featuring Dances from various African Countries

Featuring Booths with the artifacts from various cultures

10:00 am till 2:00 pm

MUC Goshen Lounge, SIUE



November 5, 2009: Thursday

International Food Festival

Featuring Food samples from different countries

Shaolin Lohan Pai Lion Dance Troupe

Featuring lion Dance

12:00 pm

MUC Goshen Lounge, SIUE



International Night '09

"One World, One Flag, Together We Stand"

SATURDAY, NOVEMBER 7, 2009

MUC MERIDIAN BALLROOM

6:00PM - 9:00PM

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MODULES

**Student Leadership
Development Program &
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Modules

10/27/09

Module 8, 2:00 p.m.
Human Relations
Adelmo Marchiori, Coordinator
Human Resources, SIUE
Board Room, MUC

10/27/09

Module 18, 6:30 p.m.
Motivating Others
Pat Rzewnicki, The Speech Team
All About Communication
Board Room, MUC

SLDP Reminders.... Volunteer Projects

October 22—The Gardens @ SIUE
October 23—The Gardens @ SIUE
October 24—American Red Cross
October 24—Angel Food
October 24—SIUE Homeless Project
November 7—American Red Cross
November 7—SIUE Homeless Project
November 7—St. Vincent de Paul
November 7—Suicide & Crisis Training
November 12—The Gardens @ SIUE
November 13—The Gardens @ SIUE

Issue Awareness Film Series, October 28, 4:00 p.m..
Mississippi/Illinois Room, Morris University Center

For more information and the calendar, contact the Kimmel
Leadership Center at extension 2686 or visit the website
www.siu.edu/kimmel/sldp or
www.siu.edu/kimmel/sldp/volunteer.

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Jumpers will be in the 'Hunt'

New track assistant coach comes to SIUE from Marquette

by T.J. Cowell
 Alestle Sports Reporter

The SIUE track and field program added Division I experience and depth by naming Ken Hunt as an assistant coach for this year's squad. Beginning this spring, Hunt will focus on guiding the Cougar jumpers. SIUE track and field Interim Head Coach Kareem Jackson said Hunt's addition to the coaching roster will prove to be a great opportunity for the program.

"We needed more staff members," Jackson said. "I thought it was huge. It gives us an opportunity to now focus on each event."

Along with coaching the SIUE jumpers, Hunt will work with sprinters and hurdlers. Jackson said the enthusiasm he saw from Hunt during the interviewing process was the first thing that caught his eye. Jackson said Hunt has his way of coaching down to a science.

"He is the technician, from everything between the warm up to the cool down," Jackson said. "I cannot put into words what he does for our program."

According to Jackson, another plus for adding Hunt to the coaching staff is having another person on hand who understands the recruiting process.

Before coming to SIUE, Hunt spent one year as an assistant coach at Marquette University for their track and field program. Marquette track and field Head Coach Bert Rodgers said Hunt's time at MU was successful.

"Ken did a great job for us last year," Rodgers said. "Athletes made a lot of significant marks under Coach Hunt."

According to Rodgers, Hunt's main focus was

working with MU's horizontal jumpers and working with athletes in the triple and long jump. However, Hunt also assisted MU's sprinters, multi-event athletes and hurdlers, playing a small role in recruiting. With Hunt now defecting to SIUE, Rodgers said there are some big shoes to fill for his school's program.

"The next person in line will have to live up to standards," Rodgers said. "We made positive strides with [Hunt] around. I never had to worry because I knew he was getting the job done with our athletes."

Rodgers called Hunt somewhat of a track "nerd" – eating, sleeping and breathing the sport.

Before his time at Marquette, Hunt spent five years as the women's track and field Head Coach at Rufus King High School in Milwaukee, Wisconsin.

As a student-athlete, Hunt set several records at the University of Wisconsin at Milwaukee.

Hunt graduated from UW-Milwaukee with a bachelor's degree in history and a minor in Africology. Along with his impressive list of accomplishments both as a coach and an athlete, Hunt holds a USA Track and Field Level 2 coaching certificate for jumps.

With Hunt having a recruiting base in the state of Wisconsin, Jackson said the addition of Hunt will allow SIUE to diversify its roster. With Hunt, Jackson said the track and field program is headed in the right direction.

"Now we can focus on every area," Jackson said. "Everybody is getting the individual attention that is needed at the D-I level."

Senior mid-distance runner and hurdler Marcus Evans will be one of the student leaders on this year's men's track and field squad. In his final year as a Cougar,



SIUE Sports Information

New assistant track coach Ken Hunt will work mostly with jumpers

Evans

said he wishes to make his mark on the program and continue to establish himself as a runner. With the hiring of Hunt, Evans said the new perspective will add credibility to SIUE's coaching staff.

"It is really big for the track team from the standpoint of having another coach on staff," Evans said. "Track is very event specific. Anytime you can have more specification with a smaller group of athletes there will be success."

T.J. Cowell can be reached at tcowell@alestlelive.com or 650-3524.

Austin Peay storms back to take Cougars in three sets

by Allan Lewis
 Alestle Sports Editor

Lately, it seems that no lead has been safe for the Cougar volleyball team.

SIUE lost an 8-3 advantage in set one and a 9-1 lead in set three, ultimately surrendering straight sets at home to Austin Peay State University 25-23, 25-20, 26-24.

"We are just looking for a win," junior middle hitter Sydney Winslow said.

Austin Peay entered play as the second-best team in the Ohio Valley Conference, improving to 15-6 overall and 8-2 in the OVC, while SIUE continues their season skid as an independent at 1-20.

Volleyball Head Coach Todd Gober found positives in the Cougar's performance, which was an improvement over their earlier meeting with the Austin Peay Governors in Clarksville, Tenn. On the road, Austin Peay befuddled the Cougars 25-13, 25-18, 25-16.

"It was a tremendous improvement, and they are one of the top teams in the OVC," Gober said. "We were able to play them point-for-point."

The Cougars were able to play with the Governors, but the leads did not stick. The early first set lead was eliminated after APSU slowly chipped away, taking nine of 13 points to tie the opening set at 12. The lead swapped places on multiple occasions, and the two teams were deadlocked until Austin Peay took the lead for good at 22-21.

Austin Peay had an easier time taking care of the Cougars in the second set, pulling away from a 10-10 tie with a 9-3 run, but the Cougars had ideas in the third set to avoid a sweep.

Coming out of the locker room with freshman setter Jamie Mueller at the service line, SIUE fired away with four straight kills, and after junior outside hitter Karie Downing's attack error, rallied off four more to go up 9-



Sean Roberts/Alest.

Austin Peay setter Sarah Alisaleh sets up a teammate in Tuesday's game against SIUE at the Student Activities Center.

1.

The Governors called a timeout, and it worked for a brief moment to get them within six points at 10-4, but SIUE kept attacking, with senior outside hitter Brittini Birkey adding two kills to her total, making SIUE up 15-5.

From there, the Cougars offense went flat and Austin Peay rallied off eight consecutive points. The Governors fought out a 26-24 win to go home with the sweep.

"15 seemed to be our sticking point," Birkey said.

Birkey and Winslow led the Cougars each collecting eight kills as SIUE hit .286.

Winslow said the Cougars have had trouble all year playing out the whole 25 points in a set, and those

troubles continued against Austin Peay.

"Our goal was to keep playing in increments of five, and it worked until we got to 15, and once we made one mistake we let them go on a run," Winslow said. "It seems to happen in most of our games, and it's something we need to stop."

SIUE had trouble stopping the Governors' two biggest guns, Stephanie Champine and Kirsten Distler, all night. Champine finished with 18 kills and Distler with 14 to account for well over two-thirds of APSU's offense.

"Coming in we knew [Champine] was their big gun," Gober said.

Gober said preventing runs has been a problem with the Cougars all season.

"We were missing the little things," Gober said. "We gave up some runs [and] some touchdowns. You don't want to be giving up six points in a run, but with this group it will iron itself out."

Gober still wears optimism on his sleeve despite the Cougars lopsided record.

"Our ladies make it a point to keep their heads up, and we are working as hard as anyone" Gober said. "We have been the worst blocking team forever and it's getting better, so we are getting some easy points."

The blocking game has been an improvement for SIUE in their last two games, accumulating seven against Austin Peay and nine against Eastern Illinois University Saturday.

"We have focused on blocking the past couple weeks and it has really helped," Birkey said. "Communication is a key part in that."

Next up for the Cougars is a tough three-game road trip against a pair of OVC foes, Morehead State University and Eastern Kentucky University, as well as a trip to Big 12 power University of Missouri.

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SIUE Sports Information
Junior golfer Neil McCarty shot a one-under-par 215 to place him 10th at Austin Peay State University.

Men's golf saves best for last

by Clay Beyersdorfer
Alestle Sports Reporter

The SIUE men's golf program finished their fall season Tuesday, competing in the F&M Bank Austin Peay State University Intercollegiate tournament Monday and Tuesday.

Playing against a field of teams from around the country, SIUE played some of its best rounds according to Head Coach Kyle Viehl. SIUE placed ninth overall, shooting a team score of 881 amongst a deep field featuring 17 teams from around the country.

"We saved our best rounds of golf for the end of the season, and that's what you like to see as a coach," Viehl said. "Our goal for the entire season was to get better and keep placing higher and higher every tournament we played. We accomplished that goal the past two days, and I couldn't be happier with how the guys finished out the fall."

Eastern Kentucky University won the event with an 859 and was followed by Towson University (862), Oakland University (864), Western Illinois University (865), Jacksonville State University (866), Austin Peay State University (873), Murray State University (875), Missouri State University (877) and SIUE. The Cougars bested Northern Illinois University (882), Tennessee Tech University (882), Eastern Illinois University (883), Morehead State University (887), Belmont College (893), Tennessee State University (896), the University of Tennessee-Martin (897) and Lipscomb University (938).

Junior Neal McCarty paced the Cougars after shooting a 54-hole score of 215; a one-under-par

performance that placed him 10th overall and one of his best finishes of the fall season.

"Overall, I'm pretty happy with how I played during the fall. There's always room for improvement though. I look forward to getting better and having a good spring once the season rolls around," McCarty said.

Not far behind McCarty was senior teammate Matt Lehl, who finished in 16th place with a 54-hole total of 217. Much like McCarty, Lehl said he was happy with not only his performance, but also the team as a whole.

"We struggled a little bit at the beginning of the season, but we kept focusing and working hard to reach the goals we set out for our team," Lehl said. "Consistent play is what places you in the upper-half of the good teams in these types of tournaments, and to finish off the fall like this is a good indicator as to how much better we can be by the spring."

Another positive note was the fact that SIUE played some of the schools they will be facing in their first full season next year at the NCAA Division I level. SIUE will compete in the Ohio Valley Conference, which had all of its team playing in the two-day tournament that recently concluded. SIUE placed fifth out of those 10 teams.

The Cougars will go into hibernation mode during the winter before picking back up in March, with their first tournament being held in Oneonta, Ala. home to the Samford Men's Intercollegiate Tournament. The tournament will be played March 8-9.

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Women's soccer overpowers DII UMSL

Alestle Staff Report

The SIUE women's soccer team flexed their muscles and earned their first road win of the season against the University of Missouri - St. Louis on Tuesday. The Cougars were backed by a solid overall team performance and an explosive offensive effort, steamrolling UMSL by a final score of 4-0.

With several underclassmen and bench players stepping up big, SIUE dominated the contest from the beginning.

Junior forward Kiara Akpore sparked the offensive fire and collected her first goal of the season at 27 minutes, 41 seconds unassisted. Akpore's goal was the only one of the night that would come from the Cougars' starting lineup as the SIUE bench players would prove themselves to be an offensive force.

Freshman middle fielder Kristin Dierker scored to put SIUE up 2-0 at 38:54. Dierker's goal came from assists by fellow freshman midfielder Megan LeBaron and freshman forward

Kristen Dailey.

Offensively, the Cougars did not let up. Sophomore midfielder Rachel Brcic added the Cougars' third goal before halftime, giving the visitors a comfortable 3-0 advantage at the break.

In the second half, Dailey notched a fourth and final goal for the visitors. The Cougars were just as impressive on the defensive end with goal keepers junior Stephanie Jung and junior Sarah Schuchard teaming up for the shutout.

Tuesday's win against SIUE's former Great Lakes Valley Conference opponent improved the Cougars' record to 2-8-2 on the year. With the dominating victory, the Cougars' are playing hotter than they have all season. In their last three contests, SIUE has won twice and tied once.

SIUE continues their season at 1 p.m. Sunday against Missouri State University at Korte Stadium.

Alestle Sports can be reached at
sports@alestlelive.com or 650-3524.

	1	2	T
SIUE	3	1	4
UMSL	0	0	0

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SIUE
Campus Rec

Cougars slow to respond in tournament



SIUE Sports Information
Senior golfer Sarah Gereaux finished 31st in this week's event.

Women's golf places 15 of 17 at Austin Peay

by Clay Beyersdorfer
Alestle Sports Reporter

The fall season for the SIUE women's golf program came to a close on Tuesday, as the Cougars finished up play at the F&M Bank Austin Peay State University Intercollegiate.

In what has been a season of struggles for the Cougars, the team again couldn't find the right stroke, placing 15th out of 17 teams at Clarksville Country Club. SIUE shot a two-round score of 712.

Senior Sarah Gereaux, who led the Cougars all season, finished 31st in her last fall season shooting for SIUE. Gereaux had rounds of 84 and 81 for a 21-over-par performance.

"It's been a struggle for all of us this season to play consistent week in and week out, but we worked really hard and are hoping to have a successful spring," Gereaux said.

Courtney Lovegreen was next to place for the Cougars, shooting a 181. Kelsey Atteberry, who shot a 183, and Hilary Powles, who shot a two round total of 189, followed Lovegreen up.

"We just couldn't get anything going the past two days," Lovegreen said. "The teams at the tournaments we have played in this season have been consistently good, and that is what we have been trying to attain all fall. Unfortunately, the results we wanted didn't come our way, but we've

improved a lot and some of the younger girls and some of the veterans made some positive strides that we can take into the spring season."

Head Coach Jennifer Jakel also shared Lovegreen's thoughts.

"This season has been a battle," Jakel said. "The girls didn't give up though. They were here every day getting better, and the results they want are going to come their way. We're a really young group, and it's exciting to think about the potential of some of our younger girls."

Jakel said the seasoned players has had a positive effect on the team's freshmen athletes.

"Sarah and Kelsey have been tremendous leaders this season, and they always kept our group headed in the right direction," Jakel said. "They have been able to help our younger girls grow and improve their game. We asked a lot of our younger players to step in right away, and those girls helped them with that transition a lot."

The event concluded the last of the fall season tournaments for SIUE. The Cougars will pick back up in early March, as they head down to Murray, Ky. to play in the NewWave Communications Racer Classic. Scheduled dates for the event are March 1-2.

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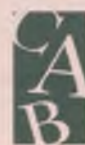
Food Chat

11:30-12:30 Oct 29

MUC University Club



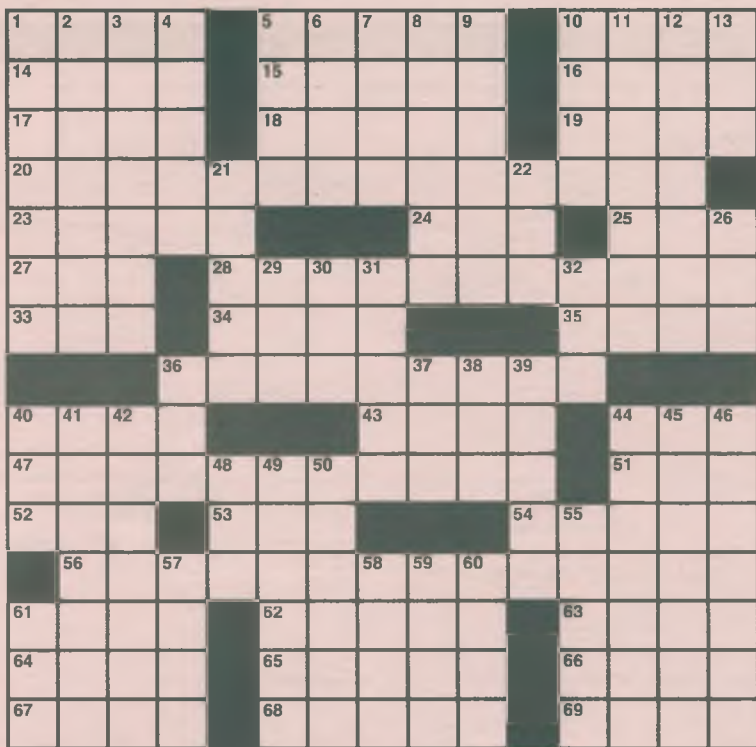
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Crossword Puzzle

Los Angeles Times

Edited by Rich Norris and Joyce Lewis



By Michael Blake

9/16/09

ACROSS

- 1 Colored part of the eye
- 5 Phonograph records
- 10 Become overly dry, as lips
- 14 John Wesley's relig.
- 15 Love to pieces
- 16 Country byway
- 17 Arizona city
- 18 Fenway Park team, briefly
- 19 Condo or apartment, e.g.
- 20 Really exhausted
- 23 "Nevermore" bird of poetry
- 24 Honey maker
- 25 "... and so on": Abbr.
- 27 11-point blackjack card, at times
- 28 Really exhausted
- 33 Copier paper size: Abbr.
- 34 Creole vegetable
- 35 Mil. school at Annapolis
- 36 Really exhausted
- 40 Bassoon cousin
- 43 Big-screen movie format
- 44 Observed

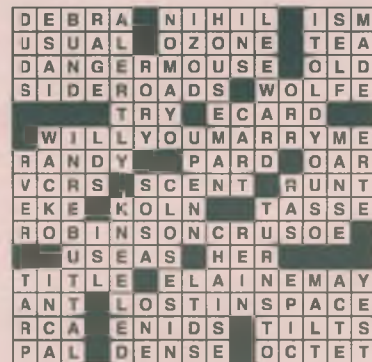
DOWN

- 47 Really exhausted
- 51 Mentalist Geller
- 52 Sandwich initials
- 53 Cereal grain
- 54 Concrete-reinforcing rod
- 56 Really exhausted
- 61 Ali who stole from thieves
- 62 Broom rider of the comics
- 63 With 66-Across, roadside stop
- 64 Finds in mines
- 65 King of rock 'n' roll
- 66 See 63-Across
- 67 Sitcom radio station
- 68 Gunslinger's "Hands up!"
- 69 Afternoon TV fare

- Home Run Club
- 8 Singing Bing
- 9 Moderate-sized chamber group
- 10 Board game with suspects
- 11 Closet assortment
- 12 Jennifer of "Friends"
- 13 House cat, e.g.
- 21 Bankrupt energy company
- 22 July-August sign
- 26 Tax-season advisor, briefly
- 29 ___ out: barely obtain
- 30 Flight board datum: Abbr.
- 31 Camp for presidents
- 32 Faulty firecracker
- 36 Response to a mouse?
- 37 Latin 101 verb
- 38 Sigma follower
- 39 Additional
- 40 Horse player's hangout, for short
- 41 Defensive wall
- 42 Halloween month
- 44 Really cold, temperaturewise
- 45 Shrunken Asian lake
- 46 Furtive listening

- device
- 48 Extensive period
- 49 Preferably
- 50 Star, in France
- 55 Poet Pound and others
- 57 Hoarse sound
- 58 Edison's middle name
- 59 Banking regulatory agcy.
- 60 Diaper problem
- 61 Gift decoration

Answers: Thursday October 15, 2009



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9/16/09

SUDOKU

THE SAMURAI OF PUZZLES By The Mephram Group

Level: 1 2 3 4

		8	3	1		6		
					2	1	4	
		2	5				9	
3								
	1	7				8	6	
								7
	6		2		7	4		
	2	3						
		4		3	6	9		

Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit, 1 to 9.

9/10/09

Answers: Thursday October 15, 2009

9	5	2	4	3	1	7	6	8
8	4	6	7	5	9	2	3	1
1	3	7	6	8	2	5	9	4
4	6	1	9	2	8	3	7	5
2	7	8	5	4	3	6	1	9
3	9	5	1	7	6	4	8	2
7	1	9	2	6	4	8	5	3
5	2	3	8	9	7	1	4	6
6	8	4	3	1	5	9	2	7

For strategies on how to solve Sudoku, visit www.sudoku.org.uk

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