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# The Alestle

Alton - East St. Louis - Edwardsville

**What's on your mind?**  
Check out our expanded Opinion section pages 4-5



Tuesday, January 9, 2007

www.thealestle.com

Vol. 59, No. 31



Freshman business major Kortney Vangundy searches for textbooks at Textbook Services Monday. Picking up textbooks is one of many customary activities at the beginning of the semester.

Andy Rathnow/Alestle

## Back to the books

### New year brings activity back to campus

Alestle Staff Report

Since spring semester classes began Monday, SIUE students need to make their last minute class arrangements and pick up their textbooks before their professors start assigning homework.

According to Heather Yeager from Student Services, if students would like to add or drop a class from their schedule, the add/drop forms are available in each department or at Student Services in Rendleman Hall.

Yeager said students can add a class on the first day of classes with just their advisors signature. After the first day, the student must obtain the signatures of the instructor and his or her adviser.

During the second week, the student must obtain the signatures of the instructor, their advisor and the chair of the department. After the second week, no classes can be added, except in extreme cases.

Yeager said if a student wants to drop a class they can do so in the first and second weeks and receive a 100 percent refund. After week two, students are financially responsible for the class they dropped. During weeks three through 10, students will receive a "W" on their transcript.

The signature of the instructor and adviser are not required during weeks one through 10. During weeks 11 through 13, students must obtain the signature of their adviser and their instructor. The

student will receive either a "WF" for failing, or a "WP" for passing, and it will count toward their GPA. After week 13, no classes can be dropped.

In order to check out textbooks, students must be enrolled in classes and must bring their Cougar Card to Textbook Services.

Textbook Services extended hours are from 8 a.m. to 8 p.m. Monday through Thursday and on Friday from 8 a.m. to 4:30 p.m. It will be closed on Monday, Jan. 15 in observance of Martin Luther King Jr. Day. Classes are also cancelled for the holiday.

Alestle News can be reached at [alestlenews@gmail.com](mailto:alestlenews@gmail.com) or 650-3527.

## Groups support troops through 'Adopt a Platoon' service project

by Catherine Klene  
Alestle News Reporter

Not everyone made it home for the holidays this year.

While much of the SIUE community spent time with friends and family during the winter break, many members of the armed forces celebrated the new year on duty in Iraq or Afghanistan.

Various student organizations have not forgotten these men and women, and they are encouraging other students to remember their service as well by donating to the Adopt a Platoon program.

"Essentially, you pick a platoon (through Adopt a Platoon) and you collect presents or gifts for the entire platoon," junior Alexis Vice said.

Vice is a member of the Public Relations Student Society of America, one of four student organizations sponsoring the project. Other organizations include Students Assisting in Recruiting, Resident Housing Association and the Kinesiology Club.

Some soldiers serving overseas do not receive letters or care packages from home. The Adopt a Platoon program offers these soldiers support from

## New semester leaves vacancies in Student Senate

by Holly Meyer  
Alestle News Reporter

Due to removals, resignations and graduations, the Student Senate will have three new faces for the spring semester.

The Friday, Dec. 8, senate meeting marked Senator Kevin Coppinger and Senator Justin Montgomery's last Student Senate meeting. Coppinger graduated at the end of the fall semester and Montgomery is resigning.

"I am removing myself from office for personal reasons," Montgomery said.

Senator Richard Mann's removal from office was announced at the previous Senate meeting.

According to Student Body President Carl B. Mitchell, the vacant seats will be filled through an application process.

Mitchell, Vice President Cameron Cobb and Internal Affairs Chair Ronald Madlock will be reviewing applications and interviewing candidates for the positions. The Senate has to approve the candidates.

"People can still submit applications," Mitchell said.

The Senate approved the presidential appointments of Nikki Grashoff and Sarah Brillhart as the Student Organization Advisory Board Chair and the External Affairs Chair, respectively.

The Senate approved the personnel appointments of Robert K. Harris to the School Spirit and Pride Committee, Corey R. Suelter to the Tuition and Fees Committee and Eric N. Baker to Student Legal Services.

The Student Senate approved the name change of the School of Business ELITE. The name was changed from Emerging Leaders Influencing Things Everywhere to Emerging Leaders Improving Through Experience.

The Senate approved constitution reviews for the Knights of Columbus SIUE Cardinal John Newman 8343

and Student Health Systems Pharmacy. In addition, the Senate approved the travel requests for Delta Sigma Pi - Nu Eta Sigma Colony, Alpha Phi Alpha and the National Student Speech Language Hearing Association.

The Senate did not approve a travel request for Phi Kappa Psi.

The program requests for International Association of Jazz Educators "Jazz Residency," Delta Phi Epsilon "65 Roses Gala and Silent Auction," Recreational Sports Advisory Council "5th Annual SIUE Parti Gras" and the SIUE Chemistry Club "Probst Lecture" were approved by the Senate.

The Senate approved Annual Allocation of \$150 for the Delta Sigma Pi - Nu Eta Sigma.

Additionally, the Senate approved the following 17 Student Organization Revocations: Aerospace Club, Amnesty International, Maranatha Christian Ministry, Pi Mu Epsilon, Project GAIN (Get Ahead In Nursing), SIUE Chapter of the National Association of Black Accountants, SIUE Fencers Club, SIUE Student Music Educators, SIUE Underwater Hockey Club, SIUE World Powers, Society for Creative Anachronism - SIUE, Student Managed Investment Fund Club, Students United, The Shelia Connection, Turkish-American Students and Friends Association at SIUE, Vital Signs and Christ Apostolic Christian Ministries.

At the meeting, the Student Senate hosted guests from Edwardsville High School and the East St. Louis Charter School in conjunction with Legislator Recognition Day events.

The next Student Senate meeting will be held at 2 p.m. on Friday, Jan. 19, in the Morris University Center's Goshen Lounge.

Holly Meyer can be reached at [alestlenews@gmail.com](mailto:alestlenews@gmail.com) or 650-3527.



## Police Reports

### 12-6

Police responded to a traffic accident in Lot E. There were no injuries or road blockages.

Police responded to a call from the University Center involving theft of Starbucks gift cards. Police took the suspect to the police station for questioning. He was released with charges pending.

Police charged Jordan Pettibone with theft of less than \$300 after a Dec. 3 incident involving street signs found in a Cougar Village apartment. He was processed and released after posting \$100 bond.

Police are investigating a walk-in report after a female claimed to have lost her purse and then found it. She said her credit cards and cash were stolen from the purse.

Police responded to a report of a urinal divider torn from the wall in the men's restroom at the East St. Louis campus.

### 12-7

Police are investigating an employee's claim that while reviewing video tapes from Starbucks concerning the Dec. 6 incident he saw the same person stealing other gift cards.

Police responded to the Woodland Hall Parking Lot after a motor vehicle burglary was reported.

Police reported vehicle damage at Woodland Hall Parking Lot.

Police assisted Granite City Police in arresting Ronald Cotton in Granite City for a felony warrant with theft of more than \$300. His bond is \$50,000 and 10 percent applies. Cotton could not post bond and was transported to Madison County Jail.

### 12-8

Police are investigating the motive behind a Bluff Hall incident involving fire alarms. The Fire Department responded to a report of a burning smell on the second floor's West wing and students were evacuated. The Fire Department checked the building and allowed the students

to re-enter it.

Police arrested Stephen Selvaggio and Joseph Miller for illegal consumption of alcohol by a minor at Bluff Hall. Miller was issued a notice to appear and was released. Selvaggio was released with charges pending.

### 12-11

Police issued Lisa Hindelang a written warning for expired registration and was brought into the police station on an active warrant for failure to appear/contempt bad checks from Illinois State Police District 11. Hindelang could not post \$500 bond and was transported for processing.

The Madison County State's Attorney denied felony charges and issued a special misdemeanor complaint/warrant to Ryan Juhl for disorderly conduct as well as two complaints of unlawful consumption of alcohol and resisting a police officer. Judge Charles Romani signed the warrant with bond set at \$2,000.

Police arrested Matthew Dietiker for theft. Dietiker was processed and released with a notice to appear.

Police issued Marquita Porche a citation for disobeying a stop sign at Circle Drive and Whiteside Road.

Police issued Steven Morrison a citation for disobeying a stop sign at South Circle Drive and Whiteside Road.

### 12-13

Police issued Amy Meyer a citation for speeding on Circle Drive.

Police responded to Woodland Hall Parking Lot for a minor traffic accident and issued a citation to Amber Lotz for improper backing.

### 12-14

Police issued Nathan Ward a written warning and a citation for the operation of an uninsured motor vehicle on South University Drive and Stadium Drive.

Police issued Oluwaleke Ajayi a written warning for expired registration and a citation for the operation of an uninsured

motor vehicle at Housing 4-way.

### 12-15

Police responded to St. Clair Jail to pick up Douglas Wilson for an SIUE warrant for failure to appear and for unlawful consumption of alcohol by a minor. Wilson was transported to the SIUE Police Department and processed. He was then transported to Madison County Courthouse and released on his own recognizance. The judge set new bond at \$3,000 with 10 percent applying.

Police issued William Reiter a citation for failure to reduce speed to avoid an accident and Faten Sinokrot for the operation of an uninsured motor vehicle on Center Grove.

Police responded to a hit-and-run traffic accident in Lot 4.

### 12-16

Police issued Cody Martin a citation for speeding on South University Drive at Support Services Road.

Police issued Adam Gabany a citation for speeding on South University Drive.

Police issued Vanessa Tutka a citation for speeding on South University.

### 12-17

Police issued Keith Flournoy a citation for speeding on South University Drive.

Police issued James Edwards a citation for speeding and the operation of an uninsured motor vehicle on South University Drive.

Police reported a traffic accident involving a squad car.

### 12-18

Police arrested Ricky Davies on an active warrant from the Madison County Sheriff's Office for body attachment/contempt of court. He was processed and transported to Madison County Jail after being unable to post bond. Police issued a written warning for failure to signal and driving on the shoulder. The vehicle was towed.

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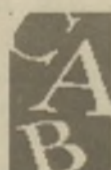
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## MODULES

Student Leadership  
Development Program &  
Volunteer Services

### SLDP Orientation

January 9, 2007  
2:00 & 6:30 p.m.  
January 10 & 17, 2007  
4:30 p.m.  
Suzanne Kutterer-Sibert  
Assistant Director SLDP  
Peck Hall Computer Lab 1410

### Modules

1/16/07  
Module 1, 2:00 p.m.  
Leadership Characteristics: You are a Leader!  
Richard Fleming  
RGCA  
Board Room, MUC

1/16/07  
Module 11, 6:30 p.m.  
Role Models & Risk Takers  
James Pennekamp, Executive Director  
University Park, SIUE  
Board Room, MUC

### SLDP Reminders....

#### Volunteer Projects

January 13 - Angel Food  
January 20 - St. Vincent DePaul Thrift Store, E. St. Louis, IL  
January 28 - Share Food, Granite City, IL  
January 30, 31-February 1 - Voter Registration Drive, MUC  
February 3 - St. Vincent DePaul, E. St. Louis, IL  
February 3 - Computer Rehab, Washington Park, IL  
February 24 - Share Food, Granite City, IL  
Stephen Covey's Seven Habits of Highly Effective People® January 25,  
Korte Room (2407), Founder's Hall.  
Volunteer Fair, January 31, 9:00 a.m.-2:00 p.m., Goshen Lounge, MUC

For more information and the calendar,  
contact the Kimmel Leadership Center at extension 2686 or visit the  
website at [www.siue.edu/KIMMEL/SLDP](http://www.siue.edu/KIMMEL/SLDP)



## Evergreen springs up



Steve Berry/Alestle

**Construction crews continue working on Evergreen Hall Monday.** According to a University Housing representative, proposed housing rates for Evergreen Hall will be available later this month, though official rates will not be set until the Southern Illinois University Board of Trustees finalizes the decision.

## Campus Scanner

**Sumo Suit Wrestling:** Show off sumo wrestling skills in the ring from 10 a.m. to 2 p.m. Wednesday in the Morris University Center's Goshen Lounge. For more information, contact Lise Suliman at lsuliman@siue.edu or go to siue.edu/CAB.

**Coffeehour Showcase - Jason LaVasseur:** Mellow out to the lyrical sounds of songwriter Jason LaVasseur from 5 to 7 p.m. Tuesday, Jan. 16, in the Morris University Center's Cougar Den. For more information, contact Michelle Charbonnier at mcharbo@siue.edu or go to siue.edu/CAB.

**Food Chat:** Learn more about current events while enjoying a free lunch from 11:30 a.m. to 1 p.m. in the Morris University Center's University Club. For more information, contact Chris Worrick at cworr@siue.edu.

**Live Wire:** Jam out to local bands from 11:30 a.m. to 1 p.m. Thursday, Jan. 18 in the Morris University Center's Goshen Lounge. For more information, contact Michelle Charbonnier at mcharbo@siue.edu or go to siue.edu/CAB.

### ADOPT A PLATOON from pg. 1

strangers back home, Vice explained.

Junior Lori Roberts, another member of PRSSA, related to the lonesome feelings a soldier can sometimes experience.

"I served overseas myself," Roberts said.

From 2004 to 2005, Roberts was stationed in Afghanistan as a member of the Army National Guard. Roberts recalled how troops' spirits improved after receiving well wishes from home.

"It's a huge morale booster," Roberts said.

Marcia Fish, an area representative for Adopt a Platoon, hoped the SIUE community would plunge themselves wholeheartedly into the project.

"The main thing is that it means so much to the soldiers that other people support them," Fish said.

Fish has worked with various organizations and companies in the metro area for four years, sponsoring seven units in Afghanistan, 18 units in Iraq and 30 morale and welfare tents throughout the Middle East.

Fish said the soldiers appreciate anything and everything sent to them, whether it is snacks, socks or DVDs.

"Anything at all makes them feel better for the day," Fish said.

The four student organizations selected a platoon stationed in Afghanistan and they are now asking for donations from the SIUE community. The list of requested items ranges from AA batteries to beef jerky.

"They go through beef jerky like it's candy," Vice said.

"I know we're all poor college kids, but if they can spare a couple of canned goods or some beef jerky, (the platoon) would really appreciate it," Vice said.

SIUE's Adopt a Platoon project began Monday and will continue until Wednesday, Jan. 31. Collection bins are located on the first floors of Alumni Hall, Founders Hall, Rendleman Hall, Dunham Hall and the Morris University Center, as well as the Wellness Center of the Vadalabene Center and School of Pharmacy student lounge.

The platoon is expected to receive the gifts during the last week of February.

For more information about SIUE's Adopt a Platoon project and a complete list of requested items, visit [siue.edu/STACTV/prssa/platoon.htm](http://siue.edu/STACTV/prssa/platoon.htm).

*Catherine Klene can be reached at [alestlenews@gmail.com](mailto:alestlenews@gmail.com) or 650-3527.*

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#### Letters to the Editor Policy:

The editors, staff and publishers of the Alestle believe in the free exchange of ideas, concerns and opinions and will publish as many letters as possible.

Letters may be turned in at the Alestle office located in the Morris University Center, Room 2022 or via e-mail at [alestle@gmail.com](mailto:alestle@gmail.com).

All hard copy letters should be typed and double-spaced. Letters should be no longer than 500 words.

Please include phone number, signature, class rank and major.

We reserve the right to edit letters for grammar and content. However, care will be taken to ensure that the letter's message is not lost or altered.

Letters to the editor will not be printed anonymously except under extreme circumstances.

We reserve the right to reject letters.

#### About the Alestle:

One copy of the Alestle is no charge. Additional copies cost 25 cents.

The Alestle is a member of the Illinois College Press Association, the Associated Collegiate Press and U-WIRE.

The name Alestle is an acronym derived from the names of the three campus locations of Southern Illinois University Edwardsville: Alton, East St. Louis and Edwardsville.

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#### Have a comment? Let us know!

Send us an e-mail:  
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The Alestle  
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## Police force necessary in order to maintain campus safety

For the last two and a half years, I have read letter after letter to the editor from students whining about how they got caught by the SIUE Police at a party or while driving under the influence of alcohol.



**Zach Groves**

Well, to all of those who do not appreciate the police being around all the time: deal with it.

Those high school kids in Tacoma, Wash. would most likely want that kind of

protection, especially after one student shot another to death in broad daylight at Foss High School last week. This can be applied to the likes of Jonesboro, Ark., and notably Columbine.

To statistically prove our police force's worth, the Alestle published last year's Clery Report, detailing reported crimes during the past year.

It indicated that crime went down overall, while battery and assault charges increased slightly. Though alcohol arrests went up, most other offenses stayed the same.

SIUE Police Lt. Kevin Schmolli said one gun-related incident, to his knowledge,

happened four years ago in Cougar Village and just two others occurred in the last 10 years. Schmolli said two people were injured in the most recent incident, but the campus has been relatively quiet otherwise.

From my experiences at Woodland Hall last year, there appeared to always be a police car parked outside, and for good reason. All I heard about each weekend was how people were caught red-handed and arrested for underage drinking.

That is not a reflection of how "bad" the police force is. It is more of a reflection of that person's irresponsibility when he

**GROVES/pg.5**

## Nonsmokers suffer because of others' destructive habits

New reports are proving time and time again that second-hand smoke is very dangerous to a person's health. With that said, it is past time that SIUE gets control of the threat that is presented to students on campus daily.



**Justin Gibson**

While many people may have made a New Year's resolution to quit smoking, most will not kick the habit. Until they do, nonsmokers at

SIUE have to deal with someone else's bad habit and the harm that it can inflict upon them.

Just walking out of Peck or Founder's Halls after a class can seem like a struggle to breathe with all the smokers who accumulate there under the buildings' overhangs.

It's not just a misconception

any more that second-hand smoke is extremely unsafe. According to the American Cancer Society, people that take in a whiff of smoke from somebody else's cigarette breathe in over 4,000 chemicals, 50 cancer-causing chemicals and an increased level of carbon monoxide. It is also known to lead to problems with a person's heart and arteries.

In case those statistics aren't staggering enough, over 3,000 non-smokers die a year from lung cancer. In addition to that over 30,000 nonsmokers die a year from heart diseases that are caused from secondhand smoke.

While smokers may have a right to light up, we nonsmokers have a right to breathe in clean air and walk out of our classes without smelling like we fought our way through a forest fire.

A solution to this is to designate a particular room for people to smoke in. You know those glass rooms in airports

where it appears like if you stepped into them you would instantly get lung cancer - that's them.

SIUE has come up with a plan to make the campus smoke-free. However, not much progress has been made on that "plan." Even if the plan were to go into effect, the size of our campus would make it very difficult to enforce.

Smoking is already prohibited in many public places. Many states have outlawed smoking in restaurants. Why is SIUE so late to follow suit?

Non-smokers should not have their health negatively affected by someone else's habit. SIUE needs to take steps to solve the problem so that nonsmokers do not have to feel like they are having rights taken away from them.

Justin Gibson can be reached at [alestle@gmail.com](mailto:alestle@gmail.com) or 650-3527.

## Alcohol solution lies at heart of problem

Car crashes, suicide and brain damage are consequences that may not come to mind when underage drinking is in progress, but these are three major problems that

### Letter to the Editor

accompany it. Alcohol use interacts with conditions such as depression and stress that contribute to suicide, which is the third leading cause of death among people between the ages of 14 and 25.

The truth remains that adolescent drinkers are vulnerable to alcohol-induced brain damage, decreasing their performance in school and work.

Countless numbers of underage drinkers have lost their lives or been injured due to alcohol-related traffic accidents. These accidents occur due to lack of experience, meaning not being able to judge how much to drink without being "too drunk" to drive.

Drinking is a privilege and takes wise judgment and responsibility to take part in. In most cases, young people lack both wise judgment and responsibility.

Underage drinking has been a problem for years, but nothing seems to reduce the number of mishaps. We need to start at the root of the problem, the parental community.

If parents would take the initiative to inform their children about alcohol, as they do smoking, the underage drinking population would decrease, just as smoking has.

For the children without parental guidance, the community should inform the young people. The community could inform them by having anti-drinking sessions in the schools, at least once a semester.

Parental guidance is essential to a young person's life. Without parental guidance, a young person would make many more mistakes. Parental and community guidance are the key for reducing this problem.

Christopher Ballenger  
Sophomore  
Computer Science



# International student seeks employment opportunities

International students in the U.S. are not allowed to work off campus, but they should be given the opportunity.

Most international students do need to work. They can get valuable experience in the field of their major, and most need wages for livelihood while attending college.

Getting experience in the field of one's future profession gives a student a better understanding of the educating they are getting.

Many international students come from a backgrounds where cultural systems are different from America's. Keeping them isolated on campus deprives them of experiencing the full range of their education.

As students, we are all entitled to equal treatment, with the exception of federal financial aid, since we are not citizens or permanent residents.

There are limited campus jobs, and it is not guaranteed that all international students can get one of them. Even if on-campus jobs were readily available, they may not be suitable for preparing us for a future profession.

As an international student in nursing, there

is very little financial aid to meet my needs. Although I am a registered phlebotomist, my campus job is in housekeeping.

An essential part of university education is the process of becoming self-sufficient as a young adult. Allowing us to work off campus, at generally higher wages than campus jobs, also relieves parents from the stress and expense they would incur trying to keep us in the university.

The university benefits from having international students in order to have a culturally diverse campus that prepares all students for civic and professional life in a multicultural world.

All students, American and international, are members of the university community. The principle of equal opportunity in education implies that all students should have a fair opportunity for work experience and livelihood.

Allowing international students the option of finding better-paying jobs off campus, just as England and Canada are now doing, can help them stay in school and earn their degrees.

Anita Nansubuga  
Junior  
Nursing

# Media needs 'real' women

The media is portraying women unrealistically, not only through magazine advertisements, but also through television, movies, the Internet and many other forms of mass media.

The average woman sees 400 to 600 advertisements per day. If you break that down, for about the 17 hours that a majority of women are awake, that is roughly 29 advertisements an hour. Only 9 percent of television commercials actually have a direct statement about beauty.

With so many different types of advertisements, trying to appeal to all different types of women, the minds begin to wonder, "Am I the right size? I see all these models and how thin they are. Am I overweight?"

According to the National Eating Disorder Association, "every 'body' is different." We all have different genetic make-up, which includes bone structure, body size, shape and weight.

Women in advertisements are being portrayed completely opposite of what they are supposed to be. In the early history of television, women were often stereotyped as naive or emotional, as women who needed the voice of a male narrator to guide them.

The basis of my position is that advertising has a powerful impact in several ways. One of which can cause young girls or women to develop eating disorders.

Advertising is known for associating certain products with thin models promoting this style of "attractiveness." As popular as these magazine or television advertisements might be, the models used for them are thinner than the norm. Today's average model weighs 23 percent less than the average female.

Throughout history many companies have been promoting the kind of body that is currently fashionable through their products with thin models, which are not "real."

Women between the ages of 18 to 34 have a 7 percent chance of even being a catwalk model. And 1 percent of women between those ages have a chance of being as thin as a supermodel.

Inspired by these findings, Dove, the global beauty brand, launched a new national advertising campaign starring real women with real bodies and real curves. The campaign is intended to make more women feel beautiful.

Of course, most women know that a way to be happy is to make good choices for your own body, which is encouraged by the NEDA. If you compare yourself to others, try to remember that we are all naturally different, which means we all have special qualities about us.

The media should be concerned for a woman's well-being by using "real" women in ads, not by pressuring women to be perfect.

Kiley Davis  
Mass Communications  
Sophomore

## GROVES from pg. 4

or she knows it is against the law to drink underage, and on top of that, knows what the consequences are for owning any drugs that are not prescribed or over-the-counter.

In fact, I had a friend who was just allowed back into University Housing after nearly two years because he was caught and arrested for possession of marijuana. He said he was ready to be responsible and not take his education for granted.

I have read several articles relating to last week's shooting in Washington and I agree with the argument that kids need to be more educated about society and more aware that violence is never the solution under any circumstance. That

said, it does not substitute the fact that schools always need protection and need it now.

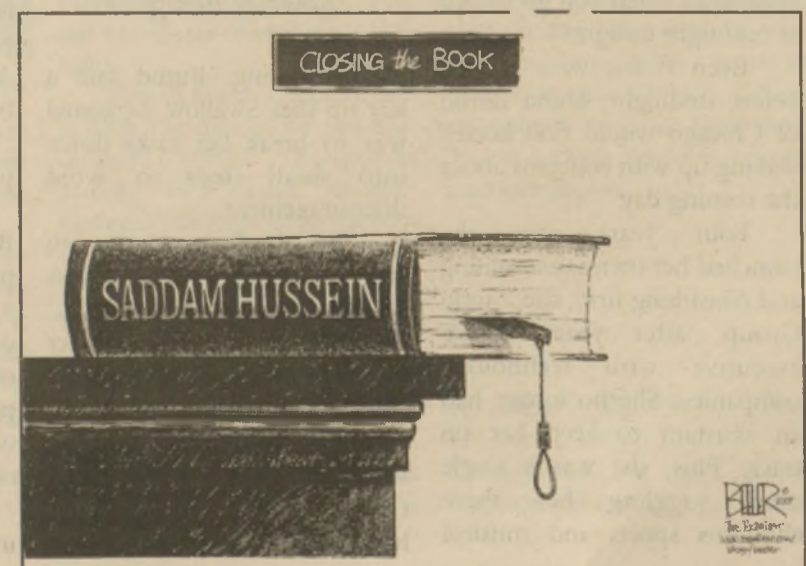
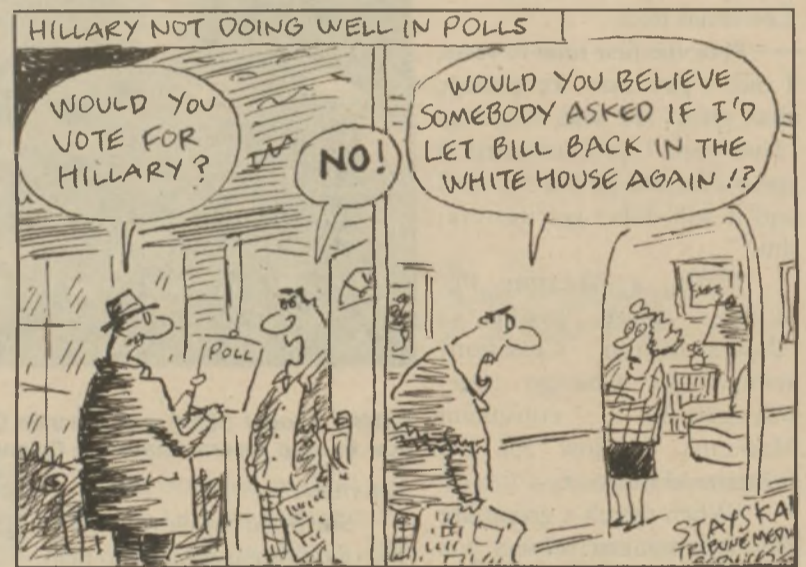
The education process would take years to decrease the violence among students, so I am thankful SIUE has its own police force and that they are working hard. They are hard to spot sometimes, but at least I know the officers are there, even if they are just giving out speeding tickets.

I would rather see speeding tickets than gunshot wounds.

Zach Groves can be reached at [alestle@gmail.com](mailto:alestle@gmail.com) or 650-3527.

# While you were out

## Commentary on news events from winter break





## It's never too late to stop procrastinating

By Patrick Kampert  
Chicago Tribune  
(MCT)

CHICAGO - Vickie Austin didn't put off her Christmas shopping to the last minute this year.

A full 10 days before the holiday, her presents were bought, wrapped, mailed and sitting under her relatives' Christmas trees.

"For the first time in years, I didn't pay more for postage than gifts," she said, laughing. "Last year, I procrastinated. I spent a fortune on Priority Mail and it still didn't get there on time."

Austin, a Wheaton, Ill., business coach, credits a "Procrastination Cessation" seminar by Chicago time-management consultant Marianna Swallow for her turnaround this year.

"When there's a group like that in a seminar setting, you get a sense of 'You're not the only one.' I don't think anybody completely overcomes procrastination; it's something that goes in waves."

As people start thinking about how to change their lives in the new year, getting a grip on procrastination is one way to find some peace, said Swallow, president of M. Runge and Associates (mrunge.com).

"How important is it for you to save that time?" she asked. "How important is it for you to get those things done and not have it hanging over your head when you go to bed at midnight tonight?"

Even if she were in bed before midnight, Maria Burud of Chicago would find herself waking up with concerns about the coming day.

Four years ago, she launched her own sales training and consulting firm, the Zanon Group, after years as an executive with technology companies. She no longer had an assistant to keep her on track. Plus, she was a single mom juggling her three children's sports and musical



Charles Osgood/Chicago Tribune/MCT

**Bobbie Soeder (right) and Brannen Daugherty listen as Marianna Swallow (left) leads a workshop on how to stop procrastinating in Chicago, Illinois, Dec. 15, 2006.**

activities.

She hired Swallow in 2004 for one-on-one sessions to help her get organized and stop

**"Usually I would multitask until I was completely overwhelmed and no task was completed."**

**-Laura Thoma, creativity coach and jewelry designer**

procrastinating. Burud said a key tip that Swallow suggested was to break her tasks down into small steps to avoid discouragement.

"Before, I would put on my to-do list: 'Create sales handbook for Client XYZ.' Well, there's like nine distinct items in that one statement," Burud said.

Now, her to-do list might say: Write copy for handbook. Create Power Point. Send handbook to printer. Buy

binders. Pick up handbooks from printer. Assemble binders.

She also has gotten better organized, she said, using her PDA for long-term appointments and a hardcover notebook to track daily activities. (Swallow told her to buy a notebook she found visually attractive so she would enjoy using it.)

"I get things done faster," Burud said, "with less stress."

Swallow says we all deal with varying degrees of procrastination. But a turning point for her came when she paid off a credit card (or so she thought), only to get a statement showing she still owed 98 cents. She intended to fight it and put the bill in a pile of papers, then forgot about it. A month went by, and the new bill came with a \$28 late fee.

"I've never been late with a payment again," she said.

Laura Thoma of Brookfield, Ill., a former professional dancer who is now a creativity coach and jewelry designer, wasn't feeling overwhelmed by the size of one project - she simply was buried with too many projects going at once.

"Usually I would multitask until I was completely

overwhelmed and no task was completed," she said.

At Swallow's October seminar at the Catalyst Ranch, she suggested that Thoma drop multitasking and focus on one role at a time.

"It has really made a difference," Thoma said. "I truly get more done in less time."

Swallow says there is no one-size-fits-all approach for overcoming procrastination.

"I know one girlfriend who keeps all of her 'to-do's' on her cell phone. She can't stand (desk planners) and she can't stand the computer, but her cell phone works."

If you're able to make progress on your procrastination, you'll find the reward goes beyond having more time, she says.

"You can fully enjoy your evening and your time with family and friends," Swallow said. "It allows you to be a lot more present, even if you just want a quiet night for reading a book by yourself."

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### CONFRONT WHATEVER IS BLOCKING YOU, THEN MOVE ON

**Chicago time-management consultant Marianna Swallow offers a few common tips to deal with putting things off:**

■ Identify your bugaboo, the thing that drives you nuts. What is the one thing that you're constantly thinking about on and off the job?

■ What is procrastination costing you? One of Swallow's seminar participants put off paying a traffic ticket for the third time and wound up with her license suspended.

■ Find the tiniest step you can find to get started on the project. If you're planning to redecorate your living room, Swallow said, don't try to do everything in one day. Go to a home-improvement store and pick up some cards of paint samples. Then call it a day.

■ Make an easily achievable goal to give yourself a mental jump-start. "We set ourselves up for failure, especially around the new year," Swallow said. "We say, 'OK, this is it. I'm not going to eat ice cream anymore and I'm going to the gym three times a week. Don't do that to yourself.' Instead, commit to going to the gym once a week for 5 minutes. Five will turn into 10, and so on."

■ Give yourself the freedom to delete minor, unfulfilled projects from the edges of your list. Maybe you've tried to arrange a lunch with an acquaintance and it has been canceled and rescheduled several times. At some point, Swallow says, it's OK to say, "This just isn't going to happen."



# ENTERTAINMENT CALENDAR

**Get your Sumo on:** Students can gain some vocational experience as a sumo wrestler in the Morris University Center, or at least make some interesting memories. The Campus Activities Board will be hosting "Sumo Suits" from 10 a.m. to 2 p.m. Wednesday in the Goshen Lounge. Students can suit up in overstuffed sumo wrestler outfits and take their aggression out on friends and colleagues in this Cougar Craze activity. More Cougar Craze events are scheduled at the end of the month.

**Fall Out Boy and New Found Glory in concert:** The "Friends or Enemies" tour lands at the Pageant in St. Louis, with Chicago pop rock band Fall Out Boy headlining. Fans will have to look to alternative means to get through the door; general admission tickets sold for \$30 but are sold out. The next nine concerts are sold out too. Doors open at 6 p.m., and the show is scheduled to start at 7 p.m. FOB's new album, "Infinity On High," hits shelves Feb. 6.

**Food Chat:** The SIUE Food Chat series continues on Thursday, Jan. 11 in the University Club, on the second floor of the Morris University Center, from 11:30 a.m. to 1 p.m. Students are invited to chat with professors on local and global current issues. Free lunch will be provided for all who attend. For more information, contact Chris Worrick at cworrick@siue.edu.

**Late Night Espresso:** Starbucks in the Morris University Center will be holding another live performance in a continuation of the Late Night Espresso program. Thursday, students can listen to an artist while drinking their favorite caffeinated beverage from 8 to 11:30 p.m. For more information, contact Mathias at 650-2305.



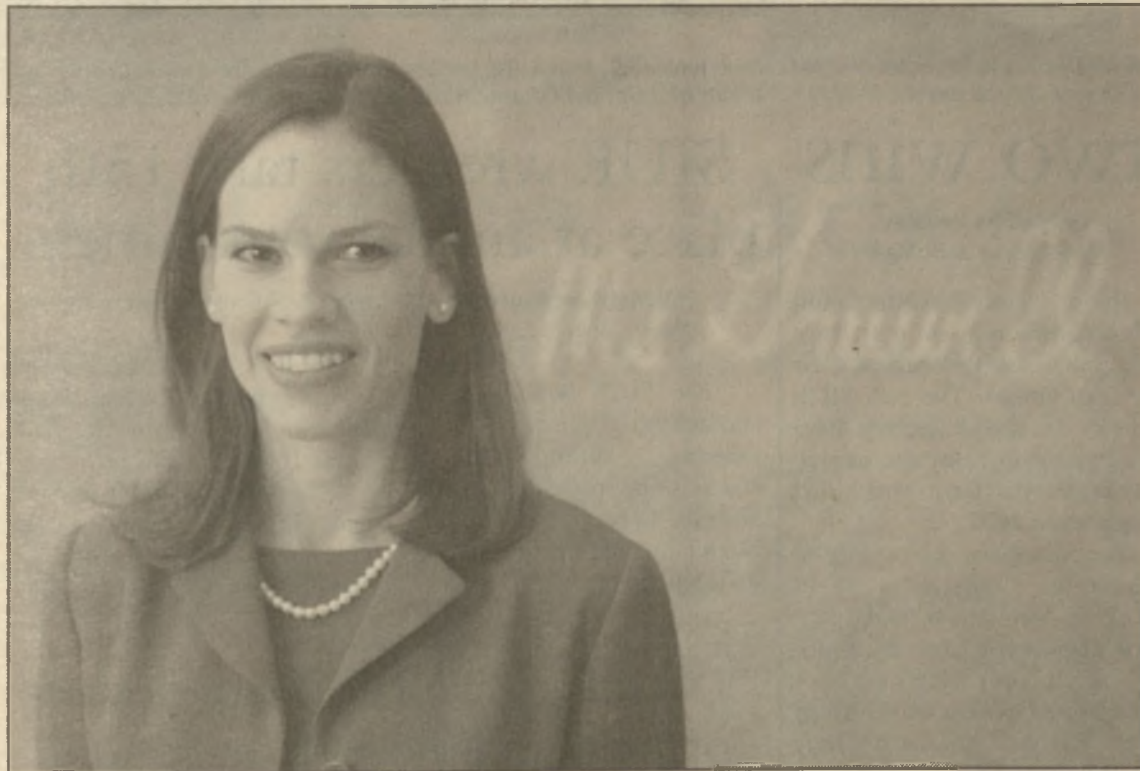
Photo Courtesy of Island Records

Chicago locals Fall Out Boy are playing for a sold out crowd at the Pageant on Wednesday.



## Now Rating:

## "Freedom Writers"



Paramount Pictures

by Rick Bentley  
McClatchy Newspapers

Sometimes a movie beats you into submission. It is not that you are given time to embrace the drama or the humor. It is just a matter of giving in under the relentless onslaught.

That's the approach of "Freedom Writers."

At its heart, it is a movie that suggests people are only limited

by their own fears. That manifests itself through a classroom at Wilson High School in Long Beach in the wake of the Los Angeles riots in the early 1990s.

Both the students and their idealistic teacher have to prove their worth.

Two-time Oscar winner Hilary Swank plays Erin Gruwell in the film which is based on a true story. First-year teacher

Gruwell takes a job at the Long Beach School that has seen its test scores slip to disastrous levels.

Gruwell, armed with an optimism she learned from her activist father, played by Scott Glenn, greets her first day with enthusiasm usually reserved for candy strippers or Richard Simmons.

Then she faces the reality of her new world.

Her freshmen students (all of whom look old enough to be in college) are just passing time until they can quit school.

They spend so much energy trying to protect their gang turf that they have little heart left for studies. In a world where their friends are killed on a whim, trying to learn the meaning of "The Odyssey" seems a waste.

It would be a short movie if Gruwell just threw up her erasers and walked out. She finally finds a way to connect with the class. She points out that their gangs are amateurs compared to the worst gang in history, the Nazis.

Then Gruwell introduces the class to writing by having each keep a journal. The daily scribbling and the sanctity of Gruwell's classroom finally gives the ethnic mix of students a safe haven.

This all might sound familiar because the themes are not that different from "Dangerous Minds" or "Coach Carter." Colleges should offer Tough Love 101 classes to anyone who wants to be a teacher. That seems to work in all these movies.

As an idea, "Freedom Writers" has merit. It certainly drives home the serious problems with the education system in this country. It would be nice to think that all troubled teens need is a

journal and their lives would be different.

It is the execution of the idea that has problems.

Swank's performance never suggests the determination or drive needed to win over this class. It would have helped if the students didn't look like touring company of "High School Musical."

The saving grace of "Freedom Writers" is the scenes that feature the actual words of the real students. What they have to say is so powerful, the cookie-cutter production is almost disrespectful.

And then there is the emotional version of piling on with the home problems of the teens, the troubles in class, Gruwell's failing marriage, the stuffy school administrator who believes only certain students deserve books, Gruwell's fathers disapproval and the Holocaust. That's enough to beat anyone into submission.

**Grade: C-**

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## Cougars starting to find stride

### SIUE men slip past UMSL, collect third straight victory

by Marty Jenkins  
Alestle Sports Reporter

After a two-week layoff, the SIUE men's basketball team returned to the hardwood this past week and got two big victories on the road.

On Saturday the 9-4 Cougars defeated the University of Missouri-St. Louis in a tight match-up, 70-68. The win improved SIUE's Great Lakes Valley Conference record to 5-1 and kept it in a tie for first place in the West Division with Quincy University.

"This was a big win for our team and it is important that we try to build on what we did," SIUE Head Coach Marty Simmons said. "I am proud of our guys and happy that they went into that hostile environment and got us a big victory."

SIUE shot an impressive 50 percent from the field and 39 percent from beyond the arc in the contest.

The Cougars' defense came up big as well, forcing eight turnovers and coming up with seven steals.

"Our intensity on the defensive side of the ball was very

good," Simmons said. "Anytime we can play solid defense in a game we are always going to have a better chance of winning."

Senior forward Mike Hardiek led the Cougars with 22 points, eight rebounds and one steal in the contest.

SIUE junior guard J.B. Jones poured in 17 points and had four assists and three steals while freshman forward Nick Arth added 14 points on 50 percent shooting from the field.

Brett Ledbetter and David Ward led the way for the Rivermen with 20 points each.

Two days earlier in Rolla, Mo., the Cougars put on a defensive showcase as they ousted host University of Missouri-Rolla 60-43.

Hardiek led the way for SIUE with 19 points and three assists. Jones again provided a sturdy boost as he poured in 12 points and senior center Doug Taylor was a lift with 10 points, going a perfect 6-for-6 from the charity stripe.

SIUE held Rolla to a dreadful 26 percent field goal percentage in the game and forced 20 turnovers. The Miners were not shy as they took 23 three-point attempts, only

connecting on four of them.

"We did a good job of pressuring their three-point shooters and it really paid off for us," Simmons said.

Yamani Ball led the way for Rolla with 15 points and four assists. SIUE outrebounded the Miners 42-34 in the game, dropping Rolla to 6-6 overall and 1-4 in conference play.

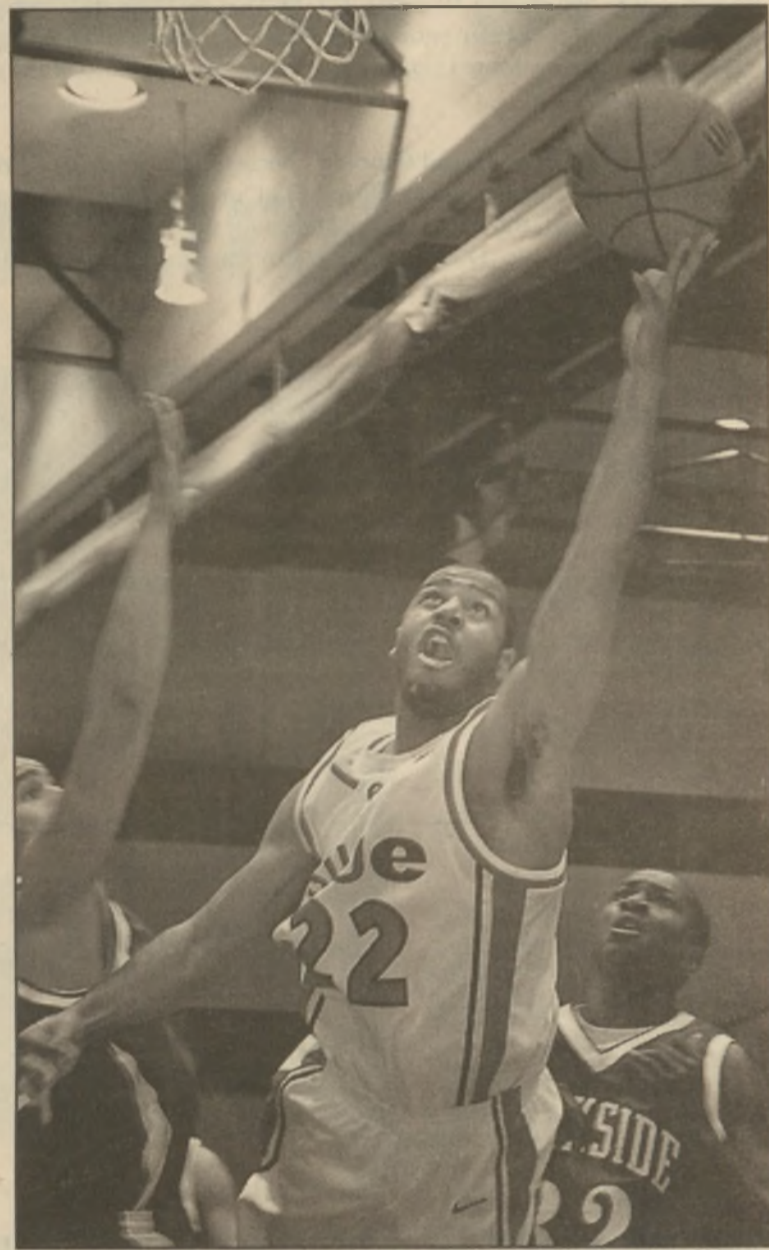
Before the Cougars' layoff, they knocked off Illinois Tech with a defensive showcase, pummeling the Scarlet Hawks 80-47 at home as junior forward Asa Clayborne led the way with 18 points.

The Cougars' lone conference loss thus far came at the hands of Kentucky Wesleyan College on December 16 in an 81-80 heartbreaker.

"It is important for our team to build on tough losses like that because it will make us a better team in the future," Simmons said. "I think the guys are starting to settle into their roles but we have a lot to improve on because the competition is always going to be really tough in this conference."

SIUE will look to extend its winning streak to four games when it hosts No. 5 University of Southern Indiana at 7:30 p.m. Thursday at the Vadalabene Center.

Marty Jenkins can be reached at  
alestlesports@gmail.com or 650-3524



Pete Ridens/Alestle

SIUE junior J.B. Jones, 22, barrels to the basket for a layup in between a pair of defenders during a recent game at the Vadalabene Center.

### Guards lift SIUE to two wins

by Mallory Hensley  
Alestle Sports Stringer

Junior Amy Austin and freshman Allison Fogle must have made some basketball-related New Year's resolutions. The two SIUE women's basketball guards have turned up the intensity and secured victories for the team in the first two games of 2007.

The Cougars breezed past Missouri-St. Louis in a 66-48 victory on Saturday, winning their fourth consecutive game. Missouri-St. Louis currently holds sixth place in the West Division of the Great Lakes Valley Conference. They dropped to 4-6 and 1-3 in conference play. SIUE is holding strong at No. 2 with an 11-2 record on the season, the same overall mark as first-place Southern Indiana.

"Our goal is to get off to a good start in every game. We definitely did that with UMSL. I was really happy about how hard we pushed," SIUE Head Coach Wendy Hedberg said.

SIUE started the game off with a little firepower, securing 10 points before the Rivermen could score

### SIUE wrestlers take 15th place at annual tournament

by Matthew Bruce  
Alestle Sports Editor

The SIUE wrestling team returned to the mats over the weekend, battling to the middle of the pack at the annual Midwest Classic Saturday at the University of Indianapolis in Indianapolis.

"I've still got a lot of things to work on. It's just little stuff, but once I get the kinks out...I'll be ready."

-Jed Lewis, who finished sixth place at 149 pounds  
Sophomore

The Cougars finished the two-day, 24-team tournament with 33.5 total team points to take fifteenth place.

No. 16 Adams State College grabbed the top spot. The Grizzlies fought their way to six top-three performances to finish

with 147.5 team points for the victory

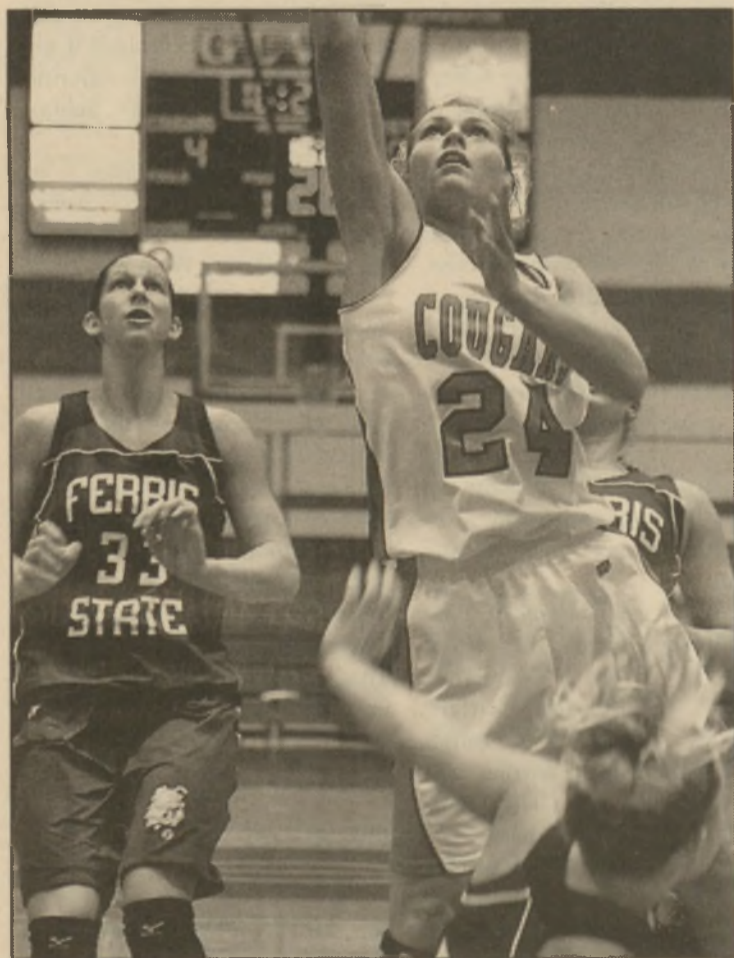
Senior John Ficht led the Cougars, finishing the tournament 3-2 with a pin to earn fifth place in the 165-pound bracket.

"It was pretty tough," Ficht said. "It was pretty much all the schools in our regional except the (University of Central Oklahoma).

And then (there) were a bunch of other ranked schools that were there. So it was a really tough tournament."

Ficht won his first two matches of the event before bowing 2-1 in double-overtime

WRESTLING/pg. 9



Pete Ridens/Alestle

SIUE junior guard Amber Shelton, 24, shoots a running jump shot in the lane during a recent game at the Vadalabene Center.



# Big Mac expected to be snubbed by Hall

by Mark Emmons  
San Jose Mercury News

(MCT) - No matter how much he doesn't want to talk about it, the past is about to catch up with Mark McGwire.

This year's Baseball Hall of Fame selections will be announced Tuesday, and Big Mac's name is not expected to be among them.

Such a snub would have been unthinkable five years ago, when he retired. McGwire's reputation still glowed from the magical summer of 1998, when he and Sammy Sosa made baseball fun again with their assault on the home run record.

But McGwire has since endured a stunning fall from grace.

His defining image now is not a mammoth home run but his sad appearance before a congressional hearing where he dodged questions about steroid use with the repetitive lament: "I'm not here to talk about the past."

That's why McGwire, the former Oakland A's star, probably won't get the 75 percent of votes required for entry into the Hall. The Associated Press surveyed 125 of the 575 members of the Baseball Writers' Association of America eligible to cast ballots, and only one in four said they planned to vote for McGwire.

Is this how it always will be

for McGwire? Ostracized and doubted? Maintaining, by all accounts, a reclusive lifestyle in Orange County?

Crisis management experts say McGwire can reinvent himself. But it won't be easy and McGwire must, in effect, come out of hiding.

"The only way you can repair a reputation is with truth," said Mike Paul, the president of New York-based MGP & Associates PR. "He has to say, 'I've made some mistakes.' He needs to become the poster boy for this issue. He doesn't have a shot at regaining his reputation unless he spends the rest of his life embracing it."

While Eric Dezenhall agrees that McGwire can rehabilitate his image, he wonders whether the slugger can do anything that will get him into Cooperstown.

"Baseball history is basically statistics," said Dezenhall, CEO of Washington, D.C.-based Dezenhall Resources. "His statistics are tainted. The idea that he can un-taint them with some public relations gesture is nonsense. There will always be an asterisk."

But with McGwire in self-imposed exile, it's not clear whether he sees himself as an outcast - or if he even cares what anyone thinks.

Today's announcement will be the first referendum on the so-

called Steroid Era, when statistics and muscles were inflated. Writers are passing judgment on a man once seen as baseball's savior.

Home run mania swept the nation in 1998. That also was a summer filled with non-stop coverage of President Clinton's affair with an intern, and McGwire was a welcome diversion from the scandal.

He was Paul Bunyan with a bat. Playing for the St. Louis Cardinals, he belted 70 home runs, eclipsing Roger Maris' season record of 61. He endeared himself by sharing the moment with his young son and the Maris family. McGwire and Sosa were named Sports Illustrated's athletes of the year for helping heal wounds from the divisive 1994 baseball strike.

There were hints of the trouble to come. It was revealed that McGwire used androstenedion - an over-the-counter prohormone that acts like testosterone. Although allowed by baseball at the time, it was banned by the International Olympic Committee.

But no one seemed to care. They loved Big Mac. And to quote a TV commercial of the era: "Chicks dig the long ball."

McGwire played three more seasons before retiring in 2001, even though he hit 29 home runs in 97 games that year. A reticent

MCGWIRE/pg. 10

## WRESTLING from pg. 8

to Upper Iowa University's Mitch Norton - who went on to claim the title in the weight class in the semifinals.

"I just went out there and I was ready to go," Ficht said. "I had a good warm-up that day. I went out there and pinned my first kid pretty quick and I was just ready for my second match."

Ficht fell to Vice Bertucci, of the University of Central Missouri, in his next match before defeating Ashland University's Eric Lakia through an injury default in the fifth-place bout to run his season record to 11-8.

SIUE got a strong performance from Jed Lewis at 149 pounds. Lewis picked up five victories en route to tussling to a sixth-place finish in his class.

The sophomore grappler said he would look to strengthen his technique for future matches in the season.

"I've still got a lot of things to work on," Lewis said. "It's just little stuff, but once I get the kinks out and if I peak at the right time, I'll be ready."

Lewis suffered a narrow 7-5 defeat in overtime to Adams State's Noomis Jones in his second match. Lewis rebounded, running off four consecutive wins before taking the mat with Jones again. Jones struck down Lewis in another close battle, sending him to face Jason Roush of the

College of Mount St. Joseph for fifth place.

"It's a kid I should be able to beat," Lewis said of Jones. "I'm just not hitting on all cylinders right now and once I do I think I'll be ready to be at the top of the podium."

Lewis went down to Roush 8-3 and finished the tournament with a 5-3 record.

Besides Ficht and Jones, the Cougars had marginal success. Freshman Tommy Hill and junior Sean Tyus picked up one victory a piece in their respective weight classes. Junior Dan Midgett and freshmen Nick Shumate and James Aschenbrenner bowed out of the tournament without any wins, all three suffering a pair of consecutive losses.

"We did alright. We've got to step it up a little bit when it comes to Regionals," Ficht said. "But otherwise, we're kind of young. We've got a couple of guys that are going to fill up our lineup. So hopefully we'll do much better for the matches coming up - in our duals."

SIUE gets a two-week rest before it returns to the mat for a dual meet at 7 p.m. Saturday, Jan. 20 when it takes on Truman State University in Kirksville, Mo.

Matthew Bruce can be reached at alestlesports@gmail.com or 650-3524.



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**More Information:**  
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**Registration Due:**  
**Wednesday, January 17**



## WOMEN'S BASKETBALL

from pg. 8

their first basket. UMSL missed their first nine shots of the game, and the women felt the repercussions of their slow start throughout the whole game. The Cougars were also winning by 10 when they hit the locker room at halftime up 34-24.

Austin, 5-foot-6, turned in the most rewarding offensive display of her career, sinking 20 points in 40 minutes of play. When she was not busy shooting one of her 10 free throws, she was buzzing around the court, hitting three shots from beyond the arc. Austin shot 7-for-10 from the charity stripe.

"It was good to see Austin step up and score a bit more. She showed a little bit more attitude. She's very capable, but sometimes she's too unselfish and she passes up looks. It was good to see her get some points," Hedberg said.

SIUE sophomore Amber Shelton has been a consistent anchor for the Cougars this season. She has scored in the double digits in every game this year, including a high of 29 points in the game against Wayne State University. Shelton added 13 points to SIUE's effort against

Missouri-St. Louis while dishing out a team-high five assists.

"Amber played a very solid game, shooting 50 percent from the field. The one thing that stood out is that she's looking to give up the ball a bit more. She did a great job with her assists, and she always plays solid defense for us," Hedberg said.

Senior Julianne McMillen and Fogle both contributed 10 points. Fogle earned herself her first start of the season in the previous game, where she impressed Hedberg by notching 17 points.

"Alli stepped into the starting position with Elyse Morris being down. She played a lot of minutes on Thursday and came back and did a great job against UMSL. She's always a threat out there, scoring-wise," Hedberg said.

Three Rivermen also scored in double digits. UMSL's Kristi White played only 17 minutes, but shot a perfect 100 percent, scoring 12 points. Megan Alberts also added 12 to the scoreboard from the bench. Taylor Gagliano proved herself a worthy starter — she was the only one of the five

to hit 10 points.

"(UMSL is) a tough place to play, so I was glad to get out of there with a win. They are a capable team. You don't want to even give them a shot to win," Hedberg said.

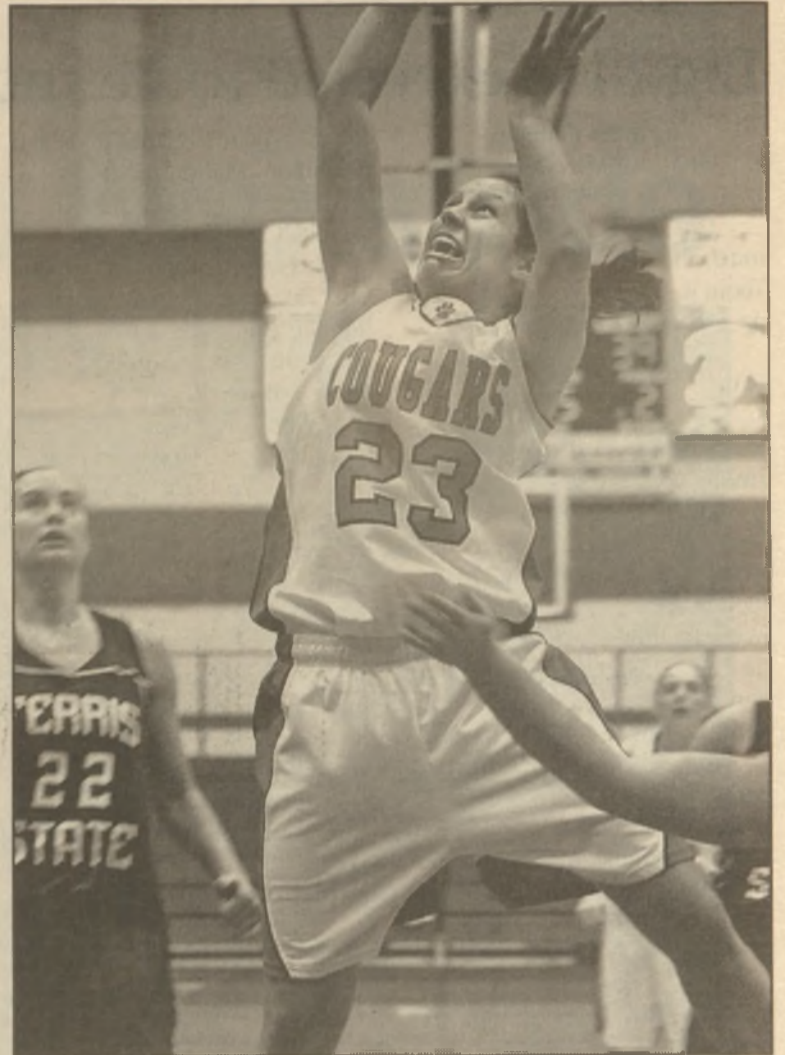
UMSL sunk just 28.8 percent of their shots, but conquered the boards 44-36. The Cougars shot 45.3 percent from the field.

"This is going to be a huge week for us," Hedberg said, regarding this week's games against Southern Indiana and Kentucky Wesleyan. "USI is very athletic with a little bit of size, so we'll have our hands full. KW has been playing really well and is a really strong team as well. We have two tough home games this week."

The Cougars hope to extend their winning streak to five when they take on Southern Indiana, their greatest GLVC competitor, for the West Division lead.

The action starts at 5:30 p.m. on Thursday.

Mallory Hensley can be reached at [alestlesports@gmail.com](mailto:alestlesports@gmail.com) or 650-3524.



Pete Ridens/Alestle

SIUE sophomore guard Julie Sweetin goes up for a shot during a recent game at the Vadalabene Center.

## MCGWIRE

from pg. 9

figure uncomfortable in the spotlight, McGwire seemed ready to move on. His 583 home runs appeared to make him a shoo-in for the Hall of Fame.

In hindsight, though, some wonder if he was leaving before serious questions could be raised.

"He ducked out early, when most people seem to think that

he could have played for another season or two," Paul said.

The scope of steroids in sport became more apparent after McGwire's departure.

McGwire had never failed a drug test — baseball didn't test while he played. But he declined to say he never took steroids -- his silence was deafening.

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### ATTENTION STUDENTS:

Specific types of student Directory Information are made available to the general public. Under Public Law 93-380 as amended, the University may make accessible to any person external to the University "Directory Information" in conformity with the law. Notice is therefore given that the information listed below will be available to any person inquiring about such data for any student enrolled at SIUE unless the student files a written objection prohibiting release of this information. Students who have not filed an objection to the release of directory information will also be included in all SIUE student directories, published both in print and on the University's website. The written objection must be filed with the Office of the Registrar no later than **January 12, 2007**. This objection will remain in effect until the student files a written cancellation with the Office of the Registrar.

#### Directory Information includes the following:

1. Student Name
2. Student address and telephone number (local and permanent)
3. Student e-mail address
4. Major field of study
5. Classification
6. Dates of attendance
7. Full or part-time status
8. Attempted hours
9. Degrees and awards earned
10. The most recent educational agency or institution attended prior to enrollment at SIUE
11. Participation in officially recognized activity or sport
12. Weight and height of members of athletic teams
13. Date of birth

#### Important Note:

The Office of the Registrar would like to remind all students to take a moment to review their addresses on CougarNet at <http://www.siu.edu/COUGARNET>. We strongly encourage you to maintain accurate address information in order for you to receive important University correspondence.

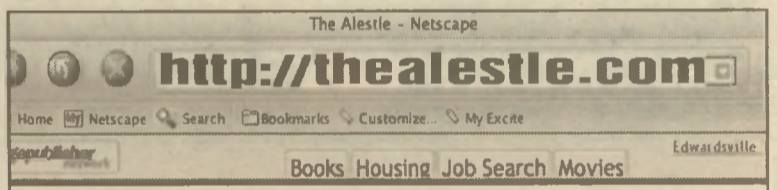
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# THE Daily Crossword

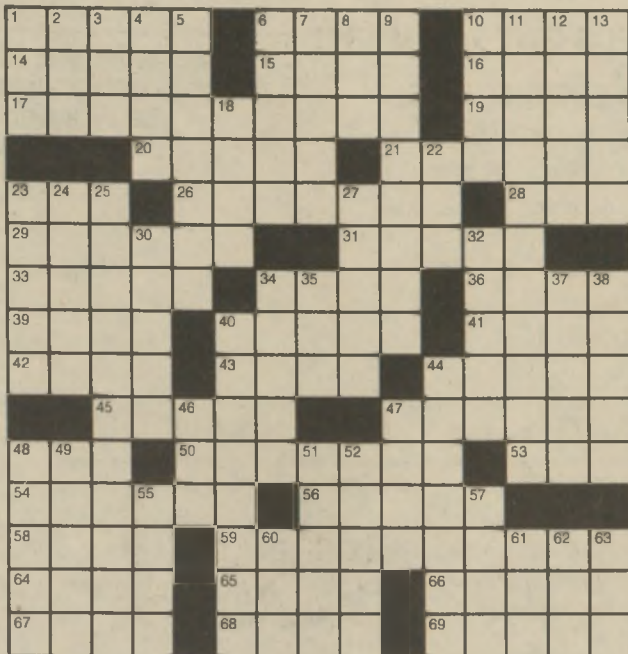
Edited by Wayne Robert Williams

## ACROSS

- 1 Fit for a king
- 6 "The best \_\_\_ plans..."
- 10 Mimics
- 14 First name of a plane?
- 15 \_\_\_ breve
- 16 Spread slowly
- 17 Hoover's former name?
- 19 Spanish river
- 20 Colander
- 21 Language of Lebanon
- 23 4 of dates
- 26 Proximal
- 28 Albanian cash
- 29 Bush or Burns
- 31 Act division
- 33 Brogan binders
- 34 In \_\_\_ (undisturbed)
- 36 Nile bird
- 39 Sommer of films
- 40 Footwear
- 41 Bird abode
- 42 Herbal drinks
- 43 Lion's coil
- 44 Put a stop to
- 45 Neighbor of Tibet
- 47 Slipup
- 48 Universal meas.
- 50 "The Music Man" star
- 53 One of the girls
- 54 Most virtuous
- 56 Flambeau
- 58 At the zenith
- 59 Salisbury Plain sight
- 64 Musical Porter
- 65 QED word
- 66 WWW letters
- 67 \_\_\_ Stanley Gardner
- 68 Josip Broz
- 69 Indications

## DOWN

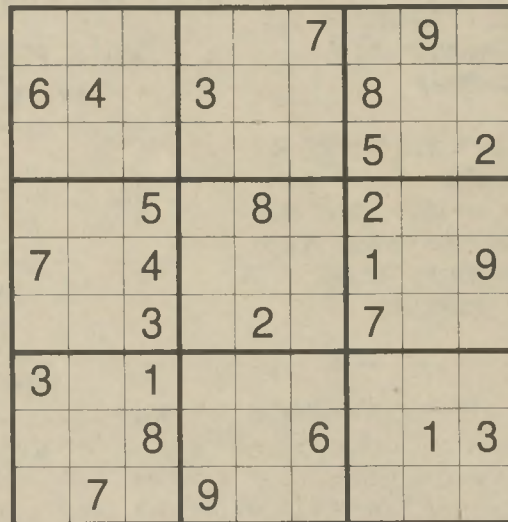
- 1 CSA soldier
- 2 Lennon's love
- 3 Thee, today
- 4 "...\_\_\_ right with the world"



- 5 Cargos
- 6 Insect stage
- 7 Birch relative
- 8 Dockers' org.
- 9 Syrian capital
- 10 On the Aegean
- 11 Annual golf pro-am site
- 12 Spooky
- 13 Kirk's cohort
- 18 Extra-wide shoe
- 22 66 is one
- 23 Shoelace end
- 24 U.S. painter Rembrandt
- 25 Elvis's genre
- 27 Cosmetician Lauder
- 30 Actress Witherspoon
- 32 Golf course halves
- 34 Sedimentary rock
- 35 Charged particle
- 37 Matter of contention
- 38 Guide
- 40 Intellectual elite
- 44 Sure things
- 46 2nd letter add-on
- 47 Additional amount
- 48 Parking spot
- 49 One-on-one teacher
- 51 Summer ermine
- 52 Lone Ranger's pal
- 55 Three-sided rapier
- 57 Half: pref.
- 60 Cycle starter?
- 61 Old horse
- 62 Rummy game
- 63 Golfer Ernie

# SUDOKU

By Michael Mepham



Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit 1 to 9. For strategies on how to solve Sudoku, visit [www.sudoku.org.uk](http://www.sudoku.org.uk).

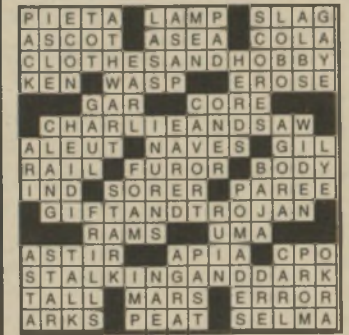
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Now on Mobile! Key in 783658.com on your cell's Web browser for details. Charges will apply.

## Thursdays's Answers

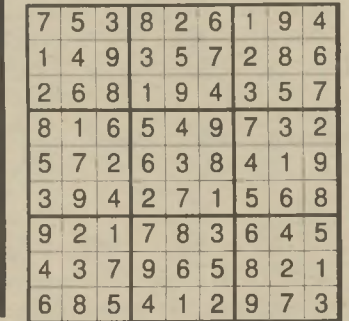
### THE Daily Crossword

Edited by Wayne Robert Williams



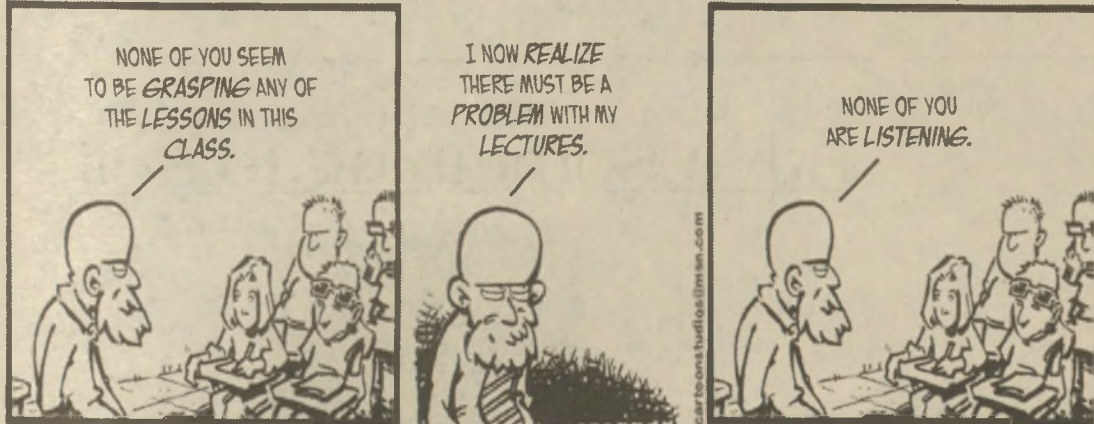
## SUDOKU

By Michael Mepham



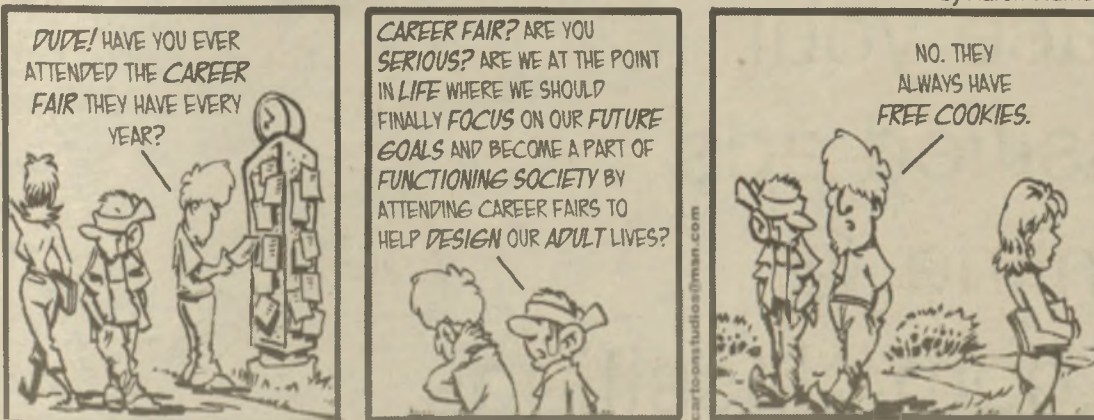
## A College Girl Named Joe

by Aaron Warner



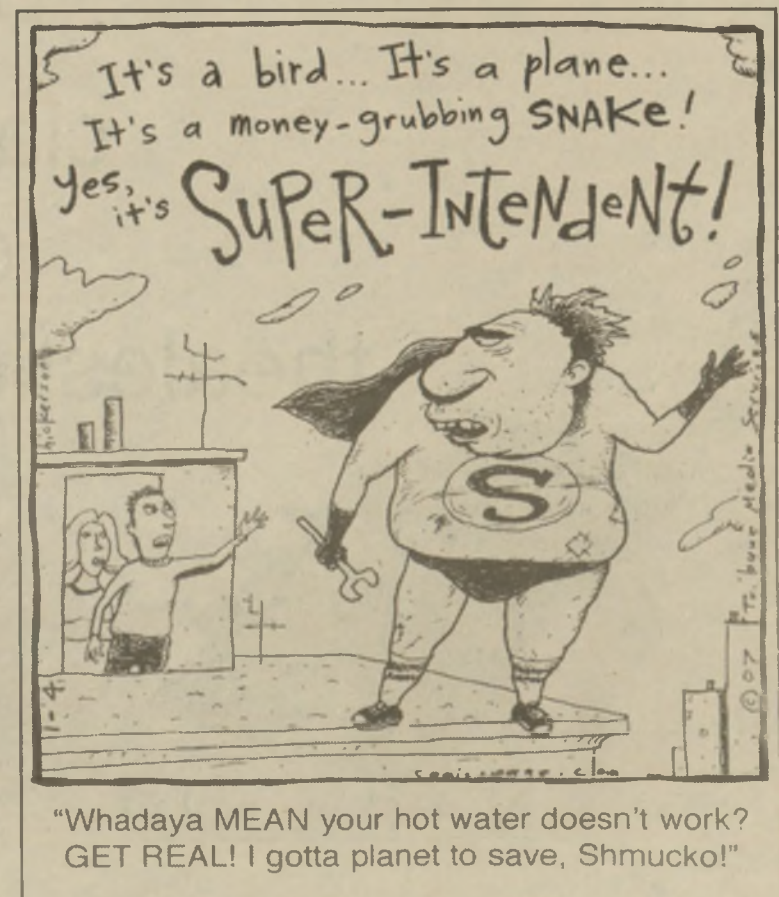
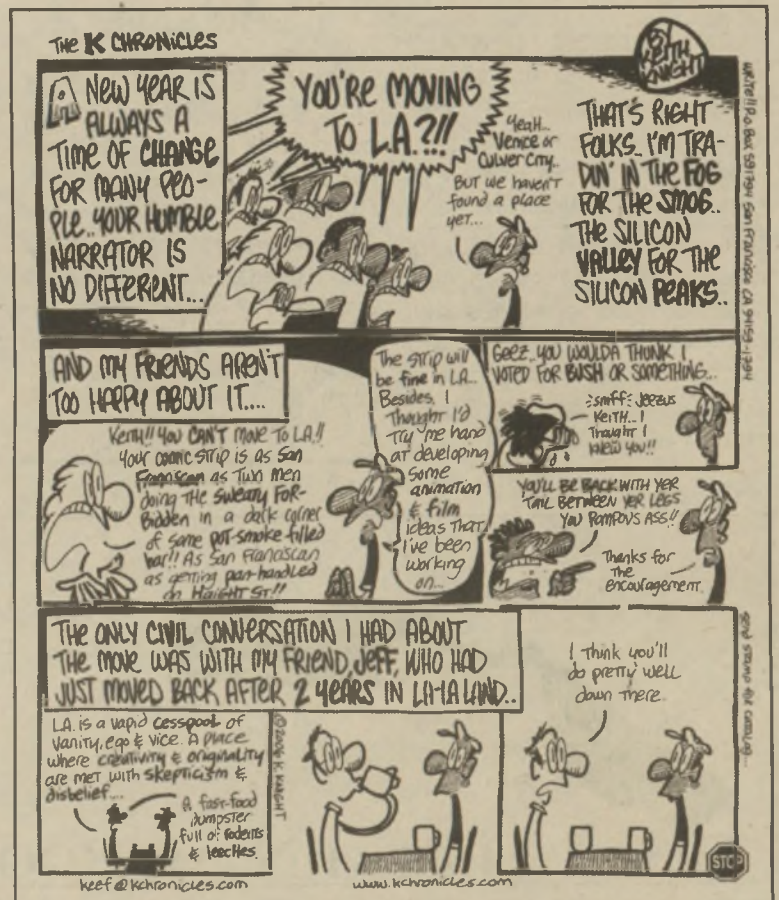
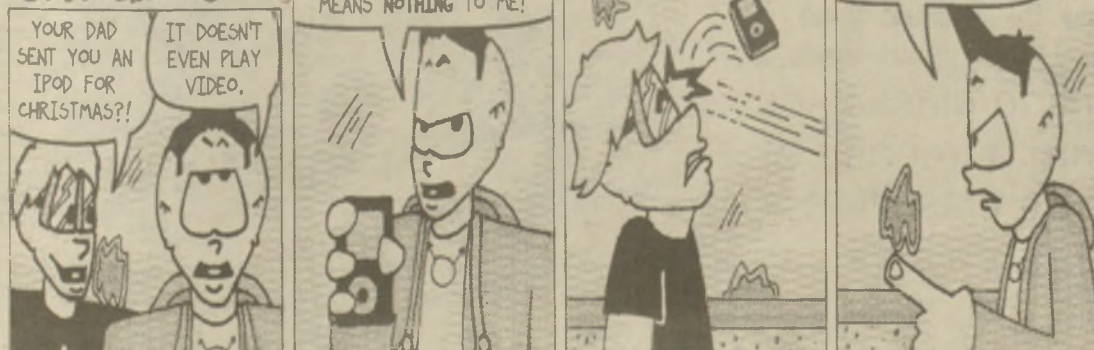
## Two Dudes

by Aaron Warner



## HARD KNOCKS

BY JAMES CAMPBELL



"Whadaya MEAN your hot water doesn't work? GET REAL! I gotta planet to save, Shmucko!"



# Classifieds

Place your classified ad at a time convenient for you using our easy, secure online interface at [thealestle.com/classifieds](http://thealestle.com/classifieds)

Your ad gets **TOTAL exposure** – the power of print **AND** the immediacy of the internet!  
Your ad will be published **FREE** on our high- traffic web site just as it will appear in the printed version of our newspaper! All using secure, encrypted SSL transmission for your protection.

## ALESTLE CLASSIFIEDS GIVE YOU MORE!

### BASIC PRINT INSERTION RATES: 10 word minimum for all ads.

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19 cents a word 3-4 insertions, per insertion  
18 cents a word 5-19 insertions, per insertion  
17 cents a word 20+ insertions, per insertion

**Print Extras:**  
All bold, additional \$5  
**Web Extras Vary**

Please schedule your ad carefully as we cannot offer refunds. Corrections must be noted by on the first day the ad appears in the newspaper.

### Deadlines:

By noon Friday for Tuesday issue  
By noon Tuesday for Thursday issue

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**Alestle Office Hours (MUC 2022):**  
8 a.m. - 4:30 p.m. Mon-Fri

## FOR RENT

**TOWNHOUSE, 2 BDRM, 1.5BA**, dishwasher, semi-finished basement, attached garage, pets maybe, \$650/mo. plus utilities. (618)772-9146.

**HOUSE FOR RENT 1427 EBERHART** in Edwardsville for more information contact owner (618)344-4760l. 5 mins. from SIUE.

**GLEN CARBON RENTALS** minutes to SIUE Apartments, Townhouses, Lofts, washer/ dryer hook-ups, basement. Starting at \$585. (618)346-7878. [www.osbomproperties.com](http://www.osbomproperties.com)

**4BR, 3BA FOUR LEVELS** of living space in Middlegate Subdivision. Completely restored, everything new, 608 acre wooded lot; 3200 sq. ft., fireplace, game room and lots of storage. \$2,000 month. Call 618-781-2258.

**2BR TOWNHOUSE 1.5 BA.** Quiet location, great interstate access, \$575/ month includes W/ S/ T and W/ D. No pets, no smoking. (618)931-4700.

**BASEMENT APARTMENT** In quiet Edwardsville neighborhood. Partially furnished. Utilities, broadband, premium cable incl. Share W&D. Some storage. Pets considered. Prefer student or single. \$450. 531-3384

## FOR SALE

**CORNER SOFA WITH PULL OUT BED** Sofa with with pull out double bed right side and storage compartment left side. Complete with all bed linen.(linen not used) VERY NEW (Beige) I can email you pictures and complete information. SAVE - only \$500 Location: Staunton, IL 635-5479

## HELP WANTED

**SITTERS WANTED.** Average \$10 per hour, register free for jobs near campus or home, [www.student-sitters.com](http://www.student-sitters.com).

**CHILD CARE WANTED** for two month old. 8-12 hours per week. References preferred. Call (618) 205-3041.

**RESIDENTIAL & NEW CONSTRUCTION** painting company looking for a full-time painter. No experience necessary. Must be handy, able to lift 100 lbs, and willing to learn. Call (618) 656-9300 and leave a message.

**LITTLE CAESARS IS NOW HIRING** for all positions, to be filled ASAP! Come in between 10a.m.-5p.m. M-F for an application and interview at new location across from Dierbergs on Hwy 159. Grand opening January 16. (618)567-5622 and leave message.

## MISCELLANEOUS

**#1 SPRING BREAK Website!** Low prices guaranteed. Group discounts for 6+. Book 20 people, get 3 free trips! [www.SpringBreakDiscounts.com](http://www.SpringBreakDiscounts.com) or 800-838-8202.

**UPGRADE YOUR CLASSIFIEDS** on the Alestle's website. Get attention by adding one or more of many exciting options to your ad. Go to [www.thealestle.com](http://www.thealestle.com) and jazz up your online classified today!

**MAKE MORE THEN YOU EVER** dreamed! Travel for less then you could imagine! [cybertravel.biz](http://cybertravel.biz)

**LOOKING FOR A FARSI (PERSIAN)** language tutor. Times and rates flexible and negotiable based on both of our schedules. (618)659-2397

## PERSONALS

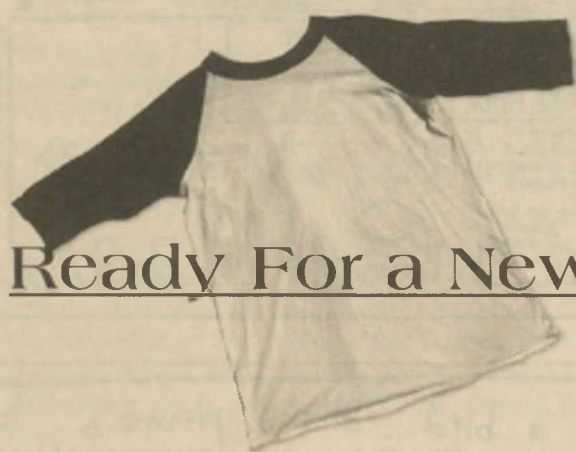
**SIGMA PI BROTHER** this week: Nick for the Pants Party and starting festivus.

**SIGMA PI BURRO** this week: Petey and Nancy for an array of things.

## ROOMMATE WANTED

**MALE ROOMMATE WANTED** To share house in hisoric Leclaire district. Separate access and own bathroom/living area. Great location, minutes from campus. \$400/month + 1/2 utilities. Move in February 1st. Call Ben at 972-2136

**FEMALE ROOMMATES WANTED.** Rooms at home on Troy Road. \$300-350/month some utilities included. Washer and dryer included. Call Jen for more information at (618)580-6833.



Ready For a New Roommate?



Have Something to Sell?

Place your classified ads online @

[thealestle.com/classifieds](http://thealestle.com/classifieds)



Need A Job?

**FREE!** online classifieds with purchase of print classifieds.



Interested in Buying a Car?