SIU grad on way to becoming rock star See Lifestyles

Tuesday, November 1, 2005

WWW.THEALESTLE.COM

Vol. 58, No. 20

Rx for future: Lots of grads

The School of Pharmacy has its official ribbon-cutting as first class in program nears end of semester one

CORY FREEMAN NEWS STRINGER

Pharmacy cut the ribbon Friday, officially opening its laboratories talking to our students." building.

The program began this fall.

"It really signifies opening of the school of pharmacy," School of Pharmacy Dean Phil Medon said. "Without this building, couldn't have been offering program."

ceremony

place from 1 to 5 p.m. Friday. Park Drive, has no official name, The ceremony opened with the according to Medon. ribbon-cutting followed by tours

given by pharmacy school teaching

"The students did a great job The SIUE School of giving the tours," Medon said. "The attendees had a great time

The building, 220 University

"It really signifies the

The

opening of the School of

Pharmacy ... without this

building, we couldn't have

been offering our program."

School of Pharmacy Dean

building

~Phil Medon,

laboratories, faculty offices and a drug information and wellness "I think it will be a great opportunity for people that can't

afford the St. Louis College of Pharmacy to go to the pharmacy school," said sophomore pharmacy

research

major. Cole Naumann. Naumann is still waiting to be accepted into the school.

"The new building, I can't wait to be in there," he added. "Also being able to study stuff that you are actually going to use instead of taking all those other classes that you are not ever going to use."

Although the ribbon wasn't cut until Friday, the

see PHARMACY, page 4

Health Services says no sign of flu vaccine

EUCELIA HILL NEWS STRINGER

For the second year in a row, the flu vaccine is late.

Although SIUE Health Services did secure a state contract to administer the vaccine free of cost to faculty, staff, retirees and "a small margin of students," Health Services Director Riane Greenwalt said

the office is still waiting to receive the vaccine.

"It is going to be less than what we ordered, and it is going to be later than when we ordered. We ordered ours to arrive Sept. 15," she said Friday.

"Normally we would tell people the last week of October or the first week of November would be the best time to get their

see VACCINES, page 4

Stereo sound swiped

STEVE BRITT News Reporter

Thieves snatched stereos and speakers from several parked cars across campus Tuesday.

"All the stereos were of high value. Judging from the speakers, subwoofers and stereos, I would say they were all after-market," Lt. Kevin Schmoll said.

Schmoll said whoever took the equipment was targeting higher value products and it was most likely done by the same

A Monte Carlo, Explorer and Cavalier had their stereos swiped in Lots nine and six.

"The MO (modus operandi) was the same. All the locks were punched," Schmoll said.

As for students protecting their music makers, Schmoll suggested an alarm system for vehicles.

"Obviously you should also lock your door," Schmoll said.

Union charges SIUE not acting on contract

STEVE BRITT NEWS REPORTER

officials stonewalling workers, according to union Business Manager George Machino.

Contract talks between school officials and the International Union of Operating Engineers Local 339, the union for building engineers and grounds workers with approximately 40 members, are at a standstill.

"We have never had an administration stonewall us like this," Machino said Monday.

Officials are purposefully making things difficult, he said.

requested some information from them and they wanted to charge me \$165," Machino said. "I wanted to see contracts with other service workers and they wanted 15 cents a page. This is the kind of crap we're putting up with."

University officials declined comment Monday.

No headway has been made in about 16 months. A federal mediator has been brought in for two meetings.

The trouble comes from SIUE officials reneging on a agreement," "gentlemen's Machino said.

"We agreed to take a 3 percent hit and they wouldn't lay off any people," Machino said. "Then they went and laid off five

Now workers want their contracts to allow for arbitration grievances management decisions.

'This issue is quite frankly not economic. This is a dueprocess issue," Machino said.

An informational picket and a strike have been discussed, Machino said.

Machino said he feels that school officials are playing games, and described Human Resources Director A.G. Monaco as an "ass ...

"A.G. Monaco is taking great pride in playing games," Machino said.

"Ken Neher (vice chancellor for administration) is the pilot of all these bullsh*t issues."

A.G. Monaco, negotiator Ed Leardi and Chancellor Vaughn Vandegrift were unavailable for see CONTRACTS, page 3

Pool shark floats like a butterfly



KATY HARTWIG/ALESTLE

Freshman mass communications major Jenny Thomas plays pool while dressed up for Halloween Monday at Cougar Lanes in the Morris University Center.



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Special Services has been replaced with new smaller-budget program

CORY FREEMAN News Stringer

Since the Special Services program is no longer in existence, SIUE has decided to fund its own program for at-risk students.

To fill the gap, SIUE is introducing a new program called the Student Opportunities for Academic Results.

For 30 years the Special

Services program was funded by a Federal Department of Education grant, which renewable in four-year cycles. Funding was cut and Special Services ended on Aug. 31.

"There have been cutbacks across the country in various types educational SOAR programs,"

Program Director Earleen Patterson said. "There are so many other programs that we know that need financial support, but there's only so much governmental funding and there's cutbacks every year."

Patterson was Special Services Director for 12 years.

"The trouble with a grant is that sooner or later it will end," Advising Counseling Director Bill Hendey

"At least (the SOAR program) is something that's there, it's concrete."

Research has consistently identified the chief factors that put students at risk as being the first family member to go to college, coming from a low income family, having low ACT scores, and having low class rank in high school.

While the Special Services

the biggest difference."

Academic Advising and Counseling

program targeted principally first

generation, low income students,

the SOAR program targets

students who fall under the chief

intended to duplicate the old

program," Hendey said. "The old

program had to follow federal

will not follow the guidelines

strictly but will deal with the

Hendey added that SOAR

guidelines."

"The program is not

~Bill Hendey,

Director

"The mission is the

same, the funding is

The SOAR program will provide program students with a specific academic adviser, peer tutoring, cultural opportunities and tracking the academic

Because SIUE is unable to provide the same amount of money the federal grant provided, the SOAR program will be unable to assist as many students.

> Special Services assisted about 390 students per year, while SOAR will assist about students per year.

> "The mission is the same, the funding the biggest difference," Patterson

focused

supporting students that are targeted at-risk."

Three former Special Services advisors, Whittaker, Danita Mumphard and Dawn Reed, will be advisors for the SOAR program.

It is expected that the focus and methods of the SOAR program will result in a higher retention and graduation rate for this population of students than would otherwise be predicted.

Police charge student with phone fraud

STEVE BRITT News Reporter

An SIUE student's telephone calls across the Atlantic have been disconnected by police.

Tosin O. Oduwole was arrested for telephone access charge fraud, after using a biology professor's STAN to call Nigeria and the United Kingdom. the Class A misdemeanor Oct. students were never charged.

the number," SIUE Police Lt. Kevin Schmoll said.

Oduwole's total calling charges were estimated below \$300.

If it had been higher, he could have been charged with a felony, Schmoll said.

Oduwole was charged with

"We don't know how he got 24. He posted \$100 bond and was released.

In 1997, the phone system was overhauled after students were charged with abusing the university phone system and making phone calls costing SIUE over a million dollars.

The university regained some \$400,000, however some

Catch a mysterious play with dinner

AARON SUDHOLT News Reporter

Mystery theater, shopping and dinner come together at the annual Mystery Dinner Theater held by Friends of Theater and

"What we do is a comedy/mystery play and we also serve dinner," FOTAD President and SIUE Director of Public Affairs Greg Conroy said. "It's a lot of fun."

The play, where a famous publisher is poisoned while eating his dinner, follows the

deliberations of a private detective and a retired major over who killed him.

"It's pure silliness," Conroy

The silent auction gives attendants the opportunity to make bids on items until the play begins.

"We have fabulous prizes that we give out for attendants."

Open drawings give prizes to those attending. They include free tickets to Arts and Issues events, free art and free gift certificates.

FOTAD is an organization for supporting and promoting the arts of theater and dance as taught at SIUE.

Reservations must be made by Thursday. For reservation information, call the SIUE Fine Arts Box Office at 650-2773.

Doors open for the Mystery Dinner Theater at 6:15 p.m. on Sunday at the University Restaurant in the Morris University Center. At 7 p.m., as dinner is served and the play begins.

Tickets are \$35 per person and proceeds benefit FOTAD's scholarship fund.

www.thealestle.com

Study Abroad Fair offers diverse programs

JESSIKA CULLETT
LIFESTYLES STRINGER

Students interested in studying abroad will get the chance to learn more information about opportunities open to them as SIUE students for the summer and upcoming year.

The Study Abroad Fair will be held at 10 a.m. to 2 p.m. Thursday in the Goshen Lounge in the Morris University Center.

The fair will provide an overview of the range of opportunities for students to study abroad.

Professors leading upcoming travel study programs, staff from the Study Abroad office and the School of Business International Programs Office will be on hand to talk with students about study abroad

opportunities.

Students worried about the cost of study abroad programs should come and talk to financial aid representatives.

The representatives will be there to answer any questions and can explain how financial aid applies to study abroad programs.

"Keep in mind, most forms of financial aid apply to study abroad and scholarship money is available to a lot of programs as well," Study Abroad Coordinator Julie Beall-Marshall said.

Many different types of study abroad programs are available and summer 2006 has many opportunities.

Several five to six week trips are taking place to areas all over the world, including trips to Beijing and Xian, China; the Italy Study program; Quebec

Travel Study Program; and the German Travel Study Program.

Other programs run throughout the year and can take anywhere from a semester to a full year in places such as Argentina, France, Austria, China, England, Italy and Spain.

At the fair, students will get the chance to find out what steps to take in order to sign up for these and other study abroad programs.

"Studying abroad can change your life and open up new ways of looking at the world," Beall-Marshall said.

For more information on the Study Abroad Fair, go to the Study Abroad Web site siue.edu/STUDYABROAD/fair. htm, stop by the Study Abroad Office, MUC, Room 2053, or call 650-2419.

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American Stroke Association.



CONTRACTS from page 1

comment.

"We don't comment on negotiations," Public Affairs Assistant Director Greg Conroy said Monday.

Vice Chancellor Neher initially returned a phone call, but was out to lunch for a

return call. Conroy called shortly after the second call was made at 12:30 p.m. and said, "Ken Neher just called me and said he is not going to comment."

Machino had another view. won't "What kind of place of here."

higher learning won't talk to their own newspaper?" he asked.

"They're upset I won't sign a prenegotiation contract saying that we can't talk to the newspapers," Machino said. "I won't sign it. There's no trust here."

Police Incidents—

Traffic = 10-21

Police issued Eskindir Y. Yehwalawork for speeding on New Poag Road. the operation of an uninsured motor vehicle on South University Drive. Police issued Brian J. Wayme

10-23

Police issued Herbert T. Lomax a citation for speeding on South University Drive.

10-24

Police issued Bethany M. Jones citations for speeding and the operation of an uninsured motor vehicle on South University Drive.

Police issued Georgia W. Reynolds-Ratliff 5D. a citation for speeding on South University Drive.

Police issued Patience M. Rhodes a citation for speeding on South University Drive.

10-25

Police issued Ruth M. Long a citation for the operation of an uninsured motor

vehicle on North University Drive.

Police issued Martin E. Zeller a citation for speeding on New Poag Road.

Police issued Brian J. Waymel citations for the operation of an uninsured motor vehicle and failing to yield to an emergency vehicle on North University Drive.

10-2

Police issued Michael J. Renner a citation for speeding on South University Drive.

10-27

Police issued Timothy Plumley a citation for parking in a handicapped zone in Lot 5D.

Police issued Aaron J. Ocepek a citation for not having a driver's license while operating a vehicle on North University Drive.

Police issued Dana J. Dexheimer a citation for speeding on North Circle Drive.

Police issued Amber N. Douglass a citation for speeding on North University Drive.



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School of Pharmacy Dean Philip Medon, left, Chancellor Vaughn Vandegrift, Illinois Representative Ron Stephens, R-Alton, and Provost Sharon Hahs share the ribbon cutting ceremony at the new School of Pharmacy Friday.

PHARMACY · from page 2

students have been using the laboratories building since Labor

The pharmacy program began this year and accepted 82

students. The pharmacy school is SIUE's second most competitive school after the School of Dental Medicine in Alton.

VACCINES from page 2

flu shot, but since that is not going to happen, we are trying to help people find other avenues to receive the vaccine," Greenwalt added.

Last year's flu vaccine shortage increased demand this Although Aventist Pharmaceuticals Inc. and Chiron pharmaceutical companies, were approved to manufacture the vaccine, they did not produce "in the quantities they initially projected," Greenwalt said.

"The vaccine has gone out to high-risk providers first such as hospitals, specialists and health departments, and the private sector has not gotten as much as we thought we would get," she

Flu shots might not be available until late November.

"When our supply finally arrives, I will send a general email to faculty, staff and retirees that will include details of dates, times and locations that our office will offer the shots," Greenwalt said in an e-mail to SIUE employees.

Those who want to get the flu shot should check with private physicians, specialists or the local flu clinics administered by the Visiting Nurse Associations or Maxim Health System.

Flu clinics can be found through www.findaflushot.com or in the newspapers. However, the state will not reimburse for the flu shot.

Human Resources Benefit Services Supervisor Donna

Blackwell explained that Illinois contracts with different providers to administer the flu shot. Those who have contracts are reimbursed by the state for providing the vaccine.

"If you did not go to one these providers, then there is no reimbursement from the state unless you can get it from your insurance," she said.

Blackwell could not confirm if insurance companies would cover the flu shot, but suggested that individuals should still submit the claim consideration.

The flu shot costs between \$20 and \$30.

State employees can also check www.benefitschoice.il.gov to find the flu shot schedule and locations awarded to the Illinois state workers' contract for shots this year.

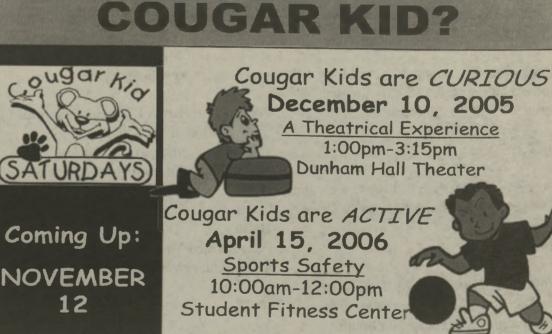
vaccine or no vaccine, Greenwalt said people should practice preventative health.

"The most important one is hand-washing," she said. "People need to wash their hands if they have been in contact with someone who has been ill. or if they are experiencing cold symptoms, so they do not spread it to the next person.".

She also recommended that rest, good nutrition and abstaining from alcohol and tobacco would go a long way in keeping the flu at bay.

"But if they become ill with either flu or cold symptoms, we will be happy to see them," Greenwalt said.





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We reserve the right to edit letters for grammar and content. However, great care will be taken to ensure that the message of the letter is not lost or altered.

Letters to the editor will not be printed anonymously except under extreme circumstances.

Alestie is a mei Illinois College Press Association, the Associated Collegiate Press and U-WIRE.

The name Alestle is an acronym derived from the names of the three campus locations of SIUE: Alton, East St. Louis and Edwardsville.

The Alestle is published on Tuesdays and Thursdays during fall and spring semesters, and on Wednesdays during summer semesters. For more information, call 650-3528.

> Have a comment? Let us know! Send us an e-mail: alextleeditor@gmail.com

The Alestle Campus Box 1167 Edwardsville, Ill. 62026-1167

IONS&EDITORIA

Tuesday, November 1, 2005

WWW.THEALESTLE.COM

It's easy to take advantage of a pushover

WIRE) – One of my best friends is a pushover.

It used to be worse. In high school, he was more than just a pushover. He would do almost anything for anyone, sometimes without even being asked.

Today, his situation is not nearly as extreme. But old habits die hard, and just the other day it happened again. He was supposed to go to work at 5 p.m. (he was already filling in for someone else on his day off) and he got a call asking him to come in a few hours earlier, because someone wanted to go out of town. I shook my head as he agreed, but as soon as he hung up the phone, he was furious.

My friend is not the only one

MANHATTAN, Kan. (U- with this problem. Everyone acceptance. But it rarely works knows who to call when they need someone to fill in at work, need help with their homework or

out for them. People may seem grateful and appreciative at the time something is done for them,

"People may seem grateful and appreciative at the time something is done for them, but somehow, these people are never available to do favors in return."

need to borrow money. The world seems to be filled with pushovers.

Most become people pushovers for the same reason my friend did: they need but somehow, these people are never available to do favors in return. And the more often favors are done for them, the less these people show appreciation and the more they seem to expect it.

It doesn't take long for pushovers to become very angry at being taken advantage of.

Obviously, this is no way to live, but that doesn't mean that we should never try to help each other out. It just means if it becomes too one-sided, it is time to stop.

One of the few things I've learned for sure in my short lifetime is that we teach people how to treat us. Unless you show people that you will not be taken advantage of, that is exactly what they will do.

> Addie Laue Kansas State Collegian Kansas State University

Advertising dominates many aspects of life

LAWRENCE, Kan. (U-WIRE) - Between the time you wake up and eat your cereal to the time you turn off "Late Night with Conan O'Brien," how many advertisements do you think you have been exposed to?

According to the Newspaper Association of America, the average American is exposed to more than 3,000 advertising messages in one day.

While this may seem like an outrageous number, just think about your day from start to

Listening to the radio, reading any newspaper, logging on to the Internet, watching television or reading US Weekly at the Student Fitness Center constitutes exposure to the media and advertising.

With such sensory overload, one can become accustomed to advertisements and come to accept them or brush them off. But, they may have more of an effect on you than you know.

Maybelline mascara promises "Longer, fuller lashes." Victoria's Secret promises "fuller, perkier breasts." Neutrogena promises "natural looking makeup."

The goal of longer, fuller, perkier and better is a nice way of saying "you aren't good enough the way you are." Your lashes aren't long or full enough, your breasts could use a little oomph and since when did makeup look natural at all? Facial skin is blotchy, pimply and has a tendency to be the same color as the rest of your bodily skin.

I own the aforementioned products because I want to put my best face forward and accentuate my best features.

There are times, however, when I see a perfectly airbrushed model and feel a slight pang of inadequacy.

This feeling is the realization that I will never acquire impossible perfection combined with the fear that I will be compared subconsciously or consciously to the model with cleavage spilling out on the cover of Cosmopolitan.

By no means am advocating the burning of pushup bras or the boycotting of makeup companies. I am merely drawing attention to messages that bombard you, as a consumer, in your daily life.

They may simply seem like great catch phrases, but the repetitive - nature of advertisements has a lasting

Advertisements are a great way to sell a product, but they also serve as a means to implant an impractical ideal into a nation's psyche.

The American Psychological Association conducted a study in 2000 on the effects of advertising on children.

"Children under the age of eight are unable to critically comprehend televised advertising messages and are prone to accept advertiser messages as truthful, accurate and unbiased," the research study said. This same

source said advertisers spent more than \$12 million in campaigns targeted toward the

This is abuse of developing young minds and is detrimental to society's perception of human

There is nothing wrong with expressing yourself with makeup and using beauty products, but know that a makeup-free face has its appeal and that no push-up bra can continually perk up your selfesteem. You are the same great person in sweats as you are in your Sunday best.

> Erica Prather University Daily Kansan University of Kansas

Political Cartoon



ALUMN ROCKS WITH

TED MCKINNEY MANAGING EDITOR

"So you want to be a rock 'n' roll star?"

Former SIUE instructor Tim Mauldin is living that dream.

"I'm having the time of my life with the band and touring and playing with artist like Lynyrd Skynyrd, Ted Nugent and Chuck Berry," Mauldin said.

in 1996 with a double-major

turned out to be Wayne Brady from the 'Wayne Brady Show' and 'Who's Line Is It Anyway?"

After the season ended, Mauldin moved to Los Angeles and began an internship with A&M Records.

"One of my jobs there was helping to enter Sheryl Crow's 'Tuesday Night Music Club' into the GRAMMY (Awards) and she won," Mauldin said.

Mauldin eventually moved back to St. Louis and began an internship SmithLee Productions Inc.

"I learned how to produce He graduated from SIUE high-quality recordings and got to do it for free when the

Productions and remained there until he signed a recording contract with Force MP Entertainment in 2004 as a guitarist with Pinkeye d'Gekko.

Starting in June, Pinkeye d'Gekko was on the road with Southern rock legend Lynyrd Skynyrd.

"When we went on the tour at first, we did not know what to expect as far as are we doing mostly fairs, do they still pack it in? Every show we've played has been a sellout," Mauldin s

The band has played in many venues, some jammed with more than 30,000 fans since beginning the tour.

Mauldin credits PDG's founder, Steve Mahoney, with much of the band's success.

"He is a big music lover and he really believes in Pinkeye d'Gekko," Mauldin said. "Being on tour with Skynyrd, everything just went through the roof. It is night and day what something like that can do for your career."

The band's name represents former Roughrider, Generalissimo Dom Pietro Pinquay Del Gueco, who taught Teddy Roosevelt a poker game, at least according to the PDG's Web site.

Mahoney handpicked each member of the band from the St. Louis area's best talent.

He said since the band members spend so much time together, much of it trapped in a bus, it was also important that Mauldin has a great personality and a strong character.

"Tim is one of the best, most versatile guitar players I know," Mahoney said. "He is a classy player, a classy gentleman and an excellent showman. He adds a lot to the

"I'm having the time of my life with the band and touring and playing with artists like Lynyrd Skynyrd, Ted Nugent and Chuck Berry."

~PDG band member Tim Maudlin

bachelor's degree in music studio and mass communications.

After graduation, Mauldin began working for "a company, company out of Florida called The Totally Fun Company. They produced a few shows for Six Flags St. Louis, and they hired me to do sound for a show called 'The Warner Rock Review.

"It was great because I would take care of the guitars that were used in the show as props, and me and one of the singers would kill time in between shows by writing goofy songs and playing old '50s songs," Mauldin said. "We even snuck up there one night and used the equipment to make a recording. That guy

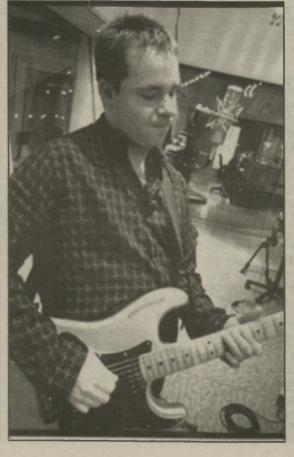
available," Mauldin said.

He started his own record Cock's Crow Records, and recorded the first CD for his former band, The

"KPNT 105.7 The Point put one of our songs, 'Never Wanna Be,' into heavy rotation and released it on one of their compilations 'Point Volume Mauldin said. "It was so awesome to be driving to work and hear your song on the radio. It brought us a lot of success, even some attention from major record labels."

Mauldin eventually took a at SmithLee position







LYNYRD SKYNYRD



live shows."

Mauldin said he knew he hit the big time when PDG's manager discouraged the band from lugging its own equipment. PDG had a new image to project.

Overall, Mauldin said, life on the road suits him well. PDG now travels with two roadies, a sound engineer, a manager and the five band members.

Not all of the excitement has come from being on stage.

"We lease our own tour bus," Mauldin said. "We've been with drivers that I swear they have fallen asleep at the wheel. You are in a bed thing, it's like a coffin, and you wake up at four in the morning because you're nearly tossed out of bed (when the driver overcorrects)."

While the bus is great, it does lack some of the comforts of home.

"We live on the bus," Mauldin said. "We get a hotel room for showers. There are usually two beds. Our manager gets one. The rest of us flip a quarter to see who gets the other. Then we rotate. So you get a bed once in a while."

He said he does not mind the travel, but he does take a mountain bike with him and pedaled up and down many beaches while the band toured the East Coast.

Mauldin said he most misses his newlywed bride, Kristen Braeuninger. They were married Dec. 31, 2004, a day he describes as "the best day of my life."

Mauldin had reservations about going on the road. It not only meant being away from his wife, but also he had to put

newfound employment as an educator on hold. He had been teaching audio production classes at SIUE since the fall 2003 semester.

"I had so much fun teaching," Mauldin said. "I miss the kids.

"It is amazing how much talent you see in young people. I gave an award for best student. The people who won those awards ... watch out. In five years they are going to be huge."

Mass Communications Chair Patrick Murphy said Mauldin's passion is what makes him special. Murphy also noted that he sees a isn't on the road right now, however.

Lynyrd Skynyrd's lead singer, Johnny Van Zant, had surgery in September to remove a polyp from his right vocal chord.

PDG is scheduled to perform its 100th show in Las Vegas with Lynyrd Skynyrd in December.

Mauldin said the band has spent the downtime working on its third album, scheduled for release in February.

"Tim is one of the best, most versatile guitar players I know. He is a classy player, a classy gentleman and an excellent showman. He adds a lot to the live shows."

~PDG founder Steve Mahoney

parallel between touring and teaching.

"In both cases, in a strange sort of way, he is on stage," Murphy said.
"Teaching is sort of a performance. You try to engage people."

Murphy said he advised Mauldin, "If you get the opportunity, go. You only get these type of things so many times in your life."

Mauldin said if his rock 'n' roll dream ever fell apart he would love to return to teaching.

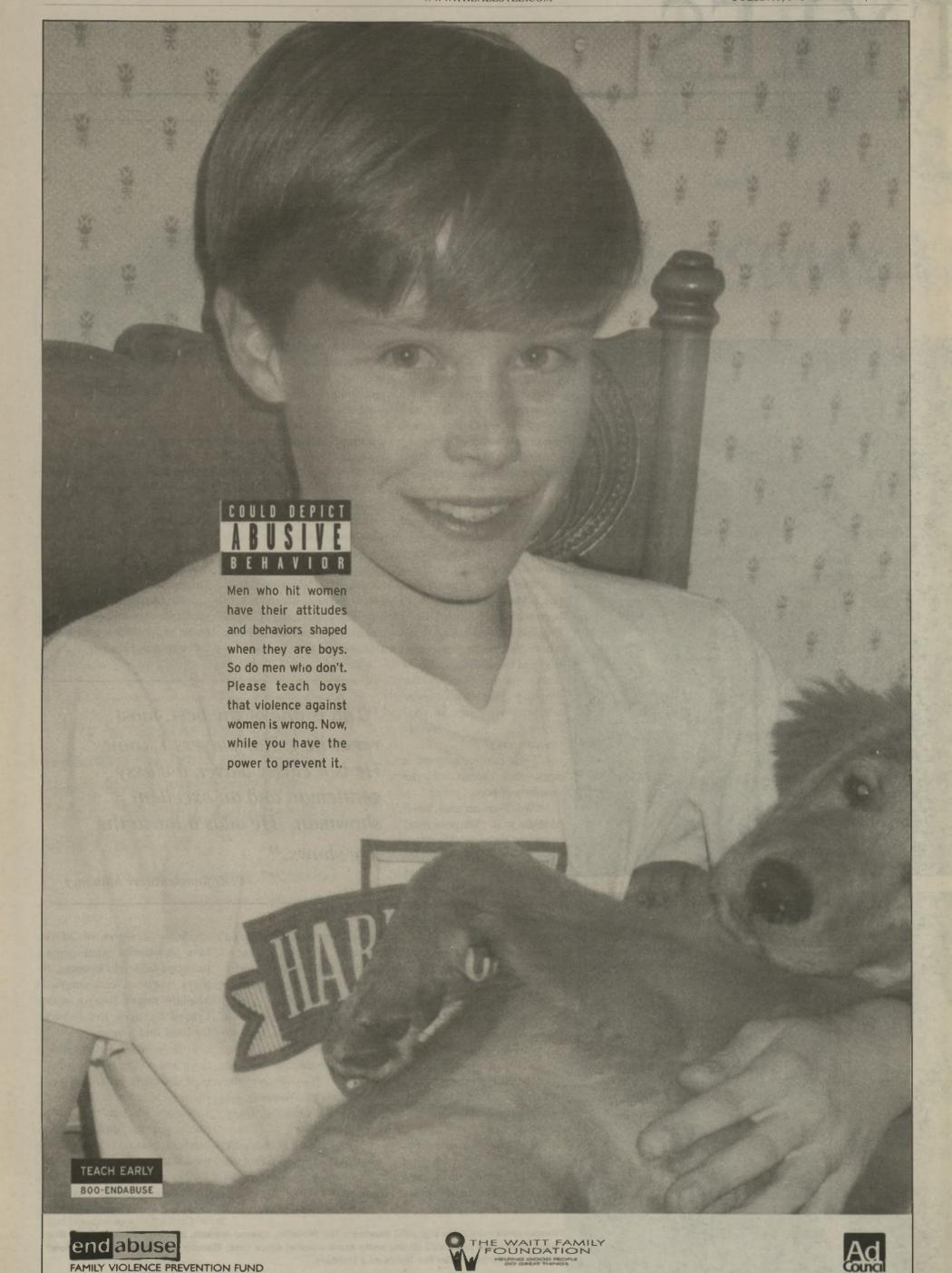
Some reviews of PDG have questioned what genre the band falls into because it plays such diverse music. Mauldin thinks touring with Lynyrd Skynyrd has helped the band find a niche.

"Doing the Southern rock thing and seeing how big that is, it definitely influences our music," Maudlin said. "The audiences we play for have influenced the direction the band is going. I just don't want it to end."

For more info, check out the Pinkeye d'Gekko Web site at www.pdgrocks.com.

PHOTO COURTESY OF WWW.PDGROCKS.COM

Counterclockwise from top: PDG members Tim Maudlin, Jahmal Nichols, and SRM rock out at a live concert; Maudlin practices during some much-needed down time; Maudlin warms up before a show; Maudlin performs under the lights at a concert.



TUESDAY, NOVEMBER 1, 2005

WWW.THEALESTLE.COM

Cougars survive a thriller Cougar Penalty kicks lift soccer team in overtime Diaries

Penalty kicks lift soccer team in overtime

JANELLE DOBSON SPORTS REPORTER

The No.-1 ranked SIUE men's soccer team dodged another potential upset on Sunday afternoon. SIUE faced Bellarmine University in the Great Lakes Valley Conference quarterfinals behind Ralph Korte Stadium. The Cougars played the Knights earlier in the season and won 2-0, but the match-up was much closer this time.

"I did think we were the better team, but I also know when tournament time comes around it's kind of like a new season for teams," SIUE Men's Soccer Head Coach Ed Huneke said.

During the 34th minute, SIUE was given the chance to score off a penalty kick taken by junior midfielder Victor Pacheco, but his shot was saved.

"With soccer, you have to capitalize on your opportunities," Huneke said.

After an almost scoreless first half, Bellarmine's Tyler Schaefering scored off a restart in the 42nd minute, putting his team up 1-0 at halftime.

During the second half, SIUE relentlessly tried to tie the score. They out shot the Knights 12-5

"I think we outplayed them,"

Huneke said.

Finally, junior Mike Banner connected on a shot from six yards out during the 66th minute for SIUE, tying the game. Junior back Trevor House had the assist.

"It was a well-developed play," Huneke said. "It was capped off with a nice shot on his part."

Neither team was able to score during the rest of regulation time, sending the game into overtime. Once again, the Cougars had the chance to score

see MEN'S SOCCER, page 11



ANDY RATHNOW/ALESTLE

Junior men's soccer midfielder Mike Banner gets blocked by an opponent Sunday.

Volleyball cruises to 12th straight win

ELIZABETH WILLIAMS SPORTS STRINGER

The SIUE volleyball team continued its winning streak as it defeated both Quincy and the University of Missouri-St. Louis.

"We had two good matches," SIUE Head Volleyball Coach Todd Gober said. "It was a chance for us to use everyone.

In the game against Quincy. SIUE won easily in three straight sets by scores of 30-23, 30-19 and 30-12.

Senior Allison Buss led the SIUE defense with 16 digs. Freshman Kate Hofeldt also added 10 digs for the Cougars.

Setter Krystal Majernik led SIUE with 23 assists, while freshman Mallory Clements also added 14 assists for the team.

"Clements took an elbow to actually stayed in the game and contributed eight digs. did really well," Gober said.

SIUE defeated UMSL Saturday night in three straight sets with the end scores being 30-20, 30-24 and 33-31.

Freshman Emily Rahn helped the Cougars with her .833 hitting percentage. She also added five kills on six attacks.

"I'm very pleased with Emily's performance." Gober said. "She's really being more aggressive as a front row player."

Majernik had 26 assists and eight digs for the Cougars, while Clements was not far behind with

On UMSL's side, Lisa Brinker had 33 assists for the

With 18 digs, Buss again led the eye Friday night, but she SIUE on defense. Majernik also

> Kindra Westendorf Cougar's offense with 12 kills.

"Kindra's a very vocal player which is good because UMSL's crowd was pretty rowdy," Gober said. "The more pressure she's under, the better she does.

Cougar's The percentage for the game was .325 compared with UMSL's .083.

"I'm very happy with our hitting percentage," Gober said. "This week I'd like to focus on getting our smoothness back, though."

The Cougars will next be playing Kentucky Wesleyan at 7 p.m. Tuesday on their home

Hi, my name is Trae Cotner and I am a senior captain of the Cougar Cross Country Team.I am writing this diary to let everyone know what has been going on throughout this season and to give you an insight into the hard work that goes into each
Senson of collegiate cross Senson, Men's Cross Country season of collegiate cross country.



On a hot day in mid-August, the cross country team met for their first official practice. We got to meet the new freshmen and catch up with everyone and see how their summers of training went. Every single person on our team did the work over the summer and we all came into the season in amazing shape. Once we got into the workouts and we all started running together everyday, the long summer of miles began to seem worth it.

We had some early success as a team and we built our mileage up throughout the season. We won the Washington University Invite, the Bradley Open and competed very well in all of our other meets. But then the training got harder, results started to fluctuate, injuries and soreness began to creep in, but we stayed

"We believe that we have done all that we can do, and now, it is a matter of heart. We intend to pour ourselves into the endeavor that we have trained so hard for, to leave everything on the course..."

the course and knew that in the end, we would be stronger for all the hard work.

Now we are starting to back off, and all of the hard work seems to have been worth it. The thousands of miles we have run. the 6:30 a.m. runs twice a week, the 65-80 mile weeks we have been running, sacrificing our Saturday nights so that we are well rested for our long runs every Sunday morning, mile repeats, 60-60 workouts, Fartleks (Swedish training method) and tempo runs, we all now see the purpose in everything as our strength carries us through the end of the season. Enduring all of these things together has perpetuated an already strong team bond.

Last weekend we had our conference meet and took third. But we want more; we've worked too hard this season to lose sight of the goal. We are ready for regionals, ready for the race that we have been preparing for since early June. This is the race that we need to finish in the top four in order to advance to the national meet. If we don't finish in the top four, I am 100 percent positive that every single runner on this team has given his all, every day at practice, 7 days a week. We trust our work and we are

To quote the great Steve Prefontaine, "Most people run a race to see who is fastest. I run a race to see who has the most guts."

We believe that we have done all that we can do, and now, it is a matter of heart. We intend to pour ourselves into the endeavor that we have trained so hard for, to leave everything on the course, and show that we are the strongest. Good luck to the men's and women's cross country teams at regionals.

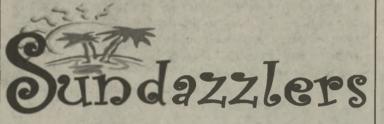
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Women's basketball looks forward to new and improved performance

JOE VANZO
SPORTS STRINGER

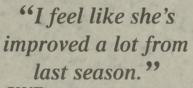
The SIUE women's basketball team is entering the 2005-06 season hoping to build on a 12-18 finish from a year ago.

SIUE Head Coach Wendy Hedberg, who is heading into her 27th season at SIUE, believes this year's squad can improve upon its 12 victories and seventhplace finish in the Great Lakes Valley Conference in 2004-05.

"I would say our main goal is to improve on our record overall and in conference play from last season," she said. "With our experience and the players we have brought in, I think that goal is very attainable."

The team has five newcomers — three freshman and two junior college transfers.

Hedberg is expecting key contributions from the two transfers, Laura Witherspoon and Krystal Rosengren.



~SIUE Head Coach Wendy Hedberg on Julianne McMillen

"Laura's very versatile. She could play the two or three spot as well as run the point for us at any time during the game," Hedberg said. "Krystal is someone that is going to bring a presence on the floor. She's 6'3". I look for her to be a force altering shots around the bucket. Both players should see quality minutes."

According to Hedberg, the



COURTESY OF SIUE PHOTO SERVICES

SIUE junior forward Julianne McMillen, top center, goes up strong against two defenders during a contest last season. Senior guard Amber Wisdom, below, lays in an easy bucket.

three freshmen, Becky Tenholder, Allison Fogle and Deidra Dace, are all capable of contributing. She expects they will at some point during the year, but admits there is a learning curve.

"All three of them are still getting used to this level of play," she said. "They'll add depth."

The Cougars were picked to finish fourth in the seven team West Division of the GLVC. Hedberg admits the conference is very strong, especially in the West, where Quincy is the returning champ and newcomer Drury is ranked No. 1 in the country in the NCAA Division II pre season poll.

"The conference will be tough, no doubt about it," Hedberg said..



"Overall I think our strengths are experience and athleticism."

~SIUE Head Wendy Hedberg

The team's key may be junior forward Julianne McMillen, who was a GLVC honorable mention selection as a sophomore. McMillen has the

see WOMEN'S BASKETBALL,

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Donations benefit Oasis Women's Center, a shelter for victims of domestic violence Tuesday, November 1st 7pm Vadalabene Center

MEN'S SOCCERfrom page 9

off a penalty kick during the 81st well. minute, but junior Kevin Thibodeau's shot was saved by the Knights' goalie. After 20 minutes of overtime, the score was still 1-1. The game would be determined by penalty kicks.

"I was not totally confident because we had missed two during the game," Huneke said. "I did believe in them as players, and I wanted to put them back on the spot, and as true competitors they responded."

The Knights missed their first one, and SIUE's Pacheco made his play, putting the Cougars up 1-0 early in the penalty kicks.

Bellarmine and SIUE's second shooters both missed their shots.

SIUE's goalie, Then, sophomore Greg Crook, made a save on the third penalty kick.

Bellarmine's goalie, Stephen Slough, was not to be out done, and he saved the next shot as

The Knights' fourth shooter made it, and so did SIUE senior Tim Collico.

The Knights final shooter hit the shot as well, evening the score 2-2.

The outcome of the game was in the hands of Thibodeau, the final shooter.

"He is a talented player who's got a mindset that's well suited for being in that position," Huneke said. "I felt good about him. I believe in Kevin and my beliefs were rewarded."

Thibodeau was able to deliver the goal during crunch time, and the Cougars won 3-2 on penalty kicks.

After this thriller, the Cougars travel to the University of Missouri-St. Louis where they will play Quincy University at 7:30 p.m. Friday in the semifinals. The Cougars beat Quincy 4-0 earlier in the season.



ANDY RATHNOW/ALESTLE

Junior men's soccer midfielder Mike Banner gets run down by an opposing player while in pursuit of the ball.

WOMEN'S BASKETBALL

potential to be a dominant player on a nightly basis. She can score in bunches, is a factor on the boards and can get to the free throw line often. She made her .812 percentage of her free throws a year ago.

"She battled through a lot of injuries last year and because of that she wasn't able to perform at her top level," Hedberg said. "I feel like she's improved a lot from last season, and I look for her to be a more consistent scorer and rebounder. I also look for

her to be more of a leader.

"Overall I think our strengths the experience and athleticism," she added. "We're also pretty well rounded. We're very solid in the backcourt as well as in the post. We're capable of having a very good season but with the strength of our conference we could go either way."

SIUE begins its season at 5 p.m. Friday in an exhibition game at Cape Girardeau, Mo., against Southeast Missouri State.



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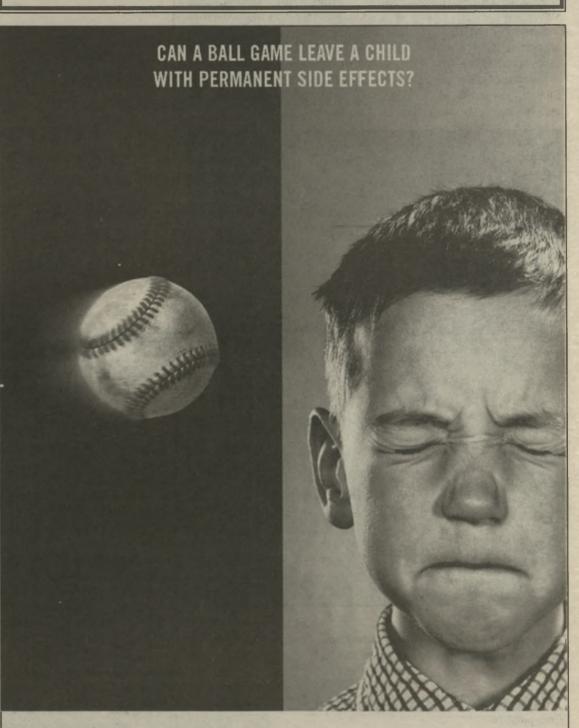




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