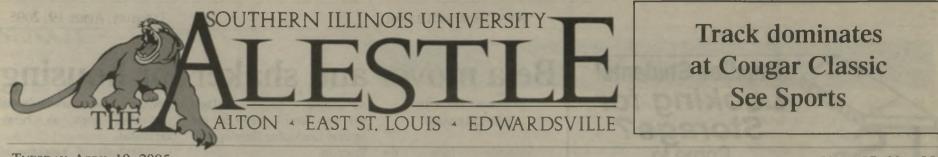
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TUESDAY, APRIL 19, 2005

WWW.THEALESTLE.COM

Vol. 57, No. 55

Apply for next year's financial aid now SEIU and SIUE

CORY FREEMAN NEWS STRINGER

If students haven't applied for financial aid yet, then they may have to start saving money for the fall semester.

"It's better to get it processed closer to the beginning of the term so it gives us sufficient time," Student Financial Aid Assistant Director Del Weston said. "That doesn't mean you're ineligible; it means you may have to begin payments yourself."

Weston said the preferred filing date is March 1.

Students who wait to file in May or later may have to make their first payment in order to keep from getting dropped, according to an e-mail sent by Student Financial Aid Director Sharon Berry. If eligible, the student will receive their aid later in the term.



Freshman Sherry Clinard receives assistance from Justin Jackson in the Student Financial Aid office.

In addition to the deadline for financial aid, financial aid scams have also come in effect.

One scam involves an e-mail in which a supposed lawyer

pretends a wealthy, distant relative of the recipient died. The "lawyer" asks for a bank account number to transfer the money.

see AID, page 2

reach agreement

CORY FREEMAN News Stringer

The Service Employees International Union Local 73 and SIUE management have reached a tentative agreement after months of negotiations.

After about 10 hours of negotiations Thursday, the bargaining committee for SEIU has agreed unanimously to ratify the contract.

"We've made significant gains that the membership will be very happy with," SEIU representative Phil Martini said. "Over the next couple of weeks, management and the union will be working together to document what we've agreed on."

SEIU will put the agreements in a synopsis form and bring it to a vote. Martini said he believes this will be solved within three weeks.

"On behalf of the civil service employees, I want to thank the support from the student organizations and the students in general. It was the straw that broke the camel's back," Martini said. "It really meant a great deal to these negotiations."

Negotiations have taken place as far back as September when food service employees felt they were not given dignity and respect.

Negotiations became heated in early March when a letter written by Morris University

see SEIU, page 3

Student Senate prepares to end the spring semester

ZACH GROVES SPORTS EDITOR

The SIUE Student Government's meeting in the Goshen Lounge Friday led to the discussion of primary issues, such as funding and parking.

Finance Board Chair Leamond Sloan proposed in the fiscal year 2006 allocations that.

due to the growing number of student organizations and the requested funding, the annual funding should be lowered from \$10,000 to \$7,000.

Vice President Cindy Holesko said she believes this is beneficial until funding is raised in 2007, the next time fees are increased.

"It is very good," Holesko

said. "We ran out of money this year. More student organizations are getting involved, which is a good thing.

"However, our student fee increases, which fund those programs, are only reviewed every two years," Holesko added. "We still have to deal with what we have now. We will not see those increases for two years. So, at least we might be able to help more student organizations."

As a result of the proposal, Ashok Dubey, an SIUE alumnus and graduate student, approached the Student Senate about the cutting back in costs. Dubey said since student organizations only receive 10 percent of the annual funding, he felt not all things would be covered, especially

decorations. In this case, each organization only would receive \$700, instead of the usual \$1,000

"I do understand his point, but we are on tight budget time," Holesko said. "And, decorations are not nearly as important to a program as figured. Ads are what get people to the programs, not decorations."

see SENATE, page 3

Week raises AIDS awareness on campus

BRENT NAYLOR NEWS REPORTER

Students should prepare for a week of informative discourse as SIUE celebrates AIDS Awareness Week.

Campus Activies Board Current Affairs Chair Christine

Williams said. "These organizations will have booths set up with information, fun activities and packets about HIV and how to prevent it."

"Vital Signs, lota Phi Theta, Counseling Center (and) Health Services are a few groups that have been involved," CAB Flicks will also be tied into the

displayed from 11:30 a.m. to 1 p.m. Wednesday in the Goshen Lounge. Students can make a panel for the AIDS quilt from noon to 1:30 p.m. Wednesday in the Goshen Lounge.

Food Chat and Free Friday





Williams said this is SIUE's first AIDS Awareness Week.

"We planned it for this month because April is National AIDS Awareness Month," Williams said.

AIDS Awareness Week features informational events every day.

An information fair will be from 11 a.m. to 2 p.m. Monday and Wednesday in the Morris University Center's Goshen Lounge.

"We have invited all organizations on campus and a number of organizations off campus to come and participate in our informational fair,"

graduate adviser Alyssa Bodeux said.

> The CAB-sponsored Bingo, Brew and Barriers, from 11:30 a.m. to 1 p.m. Tuesday in the MUC's Mississippi-Illinois Room, will feature condom bingo, root beer and prizes. Admission is free.

Tuesday will also feature a lecture by "Survivor: Africa" winner Ethan Zohn at 7 p.m. in the MUC Conference Center. According to a press release, Zohn put his "Survivor: Africa" winnings into a Zimbabwe AIDS awareness organization called Grass Roots Soccer.

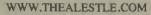
The AIDS quilt will be

week's activities.

Food Chat, from noon to 1:30 p.m. Wednesday in the Illinois Room, will be titled "The Cost of HIV: Who's Paying?" Lunch is provided for everyone attending Food Chat. The Free Friday Flick will be "And the Band Played On," a movie about the discovery of AIDS.

said Williams AIDS Awareness Week is sponsored and organized by CAB with the help of Health Services, Counseling Services and a number of student organizations. Students with questions about AIDS Awareness Week should contact CAB at 650-3371.

AUBREY WILLIAMS/ALESTLE John Davenport scoops icecream from the giant banana split that was part of Thursday's Springfest activities.





2

Be a mover and shaker for housing

SCHALENE HOUSTON NEWS STRINGER

have the opportunity to become movers and shakers on campus by joining University Housing's Move-In

The Move-In Crew will help students move into on-campus housing at the start of the fall

"It's a great opportunity to participate and welcome all students," Housing Marketing Coordinator Shelly Wolfe said.

Students who participate in this traditional event will receive more benefits than just

welcoming students. They will also receive credit for the Student Leadership Development Program.

Volunteers will receive a free lunch pass for August 19 and a free T-shirt. Volunteers also can move into their on-campus housing August 18, a day earlier than move-in day.

Wolfe said she has certain expectations for move-in day. She said she expects no smoking and does not want volunteers who just socialize.

Volunteers are required to attend a meeting in the building they are working for. Wolfe said the meeting will inform

volunteers how to notice health conditions, such as being overheated.

"Anybody is welcome to join ... nontraditional students. faculty and staff," Wolfe said. "Come show your SIUE spirit in one of the best housing traditions."

Sign-up sheets are available at the front desks of the Cougar Village Commons and the residence halls, in the Kimmel Leadership Center and online at www.siue.edu/HOUSING. The sign-up sheets should be sent to Wolfe at campus box 1254, Woodland Hall, by July 1.

University offers summer youth camps

SCHALENE HOUSTON NEWS STRINGER

Area youth are welcomed to attend several academic and athletic camps hosted by SIUE in

The academic camps are dance, music, science, theater, writing and art. The athletic camps are baseball, boys' and girls' basketball, soccer, softball, tennis, track and field, volleyball and wrestling.

Chemistry professor Susan Wiediger said offering the camps to youth is beneficial for SIUE.

"There are a lot of benefits. One, it gets SIUE's name out for offering service," Wiediger said. Wiediger also said the community associates the camps with SIUE in a positive way.

Wiediger said the camps are good for a lot of the faculty and staff because they can bring their children while they work.

"A lot of attendees are university faculty and staff children," Wiediger said.

Wiediger said the science classes will be taught by teachers from the community and some university faculty will provide assistance.

"The actual instructors are area teachers. Some university faculty will do presentations," Wiediger said.

Wiediger said the science camps are from 9 a.m. to 3:30 p.m. July 18 through July

There will also be a science pre-camp from 7 to 9 a.m. and a post-camp from 3:30 to 6 p.m. Each of those sessions is \$20, in addition to the regular camp fee, which varies for each camp.

All camps are co-ed, and the campers are grouped by age and experience. Recreation activities are also included in many of the camps

For more information, call the Conferences and Institutes Office at 650-2660 or visit www.registrar.siue.edu/summerc amps.

Another scam includes people who contact parents of students who say they will fill out the Free Application for Federal Student Aid for a fee. The anything to apply for financial person will also ask for names of other relatives who are going

the person claims they will reduce the fee by \$100.

"It should not cost you aid," Weston said. "If you have the money to pay for fees, to college. For every name given, then you should put that

money toward the tuition."

As of March 7, 4,871 students have applied for financial aid. Although Weston said there has probably been another eight to nine hundred applications as of Monday.



the summer.

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TYLER BENNETT/ALESTLE

Members of the Black Butterfly Youth Foundation gather at the Alestle Office Saturday to talk with editors about newspaper procedures and practices. The members pictured include Travis Ivy, Carvel Dixon, Chelsea Dixon, Kara Crochell, Martisha Prothro, DeAmbra Crochell, Mickeya Watson, Mariamma Prothro, Chanelle Dixon, Cherie Dixon, Charles Dixon and Menelik Prothro. Executive Director Leslie Prothro and SIUE student Christopher Pedro are also pictured.

SENATE

from page 1

Nursing and sociology senior Lee Ann Lomax addressed the Student Senate on the ongoing parking issue. Lomax commented on the distance from the parking spots to the buildings on campus and the spaces provided.

While she said she has tried to speak with Transportation Service and Parking Services about additional Madison County Transit stops throughout campus, she has failed to accomplish anything.

late on prompting the Student Senate to take action and the Parking and Traffic Committee works as hard as it can to address everyone's concerns.

"The parking committee meets year-round. I am a member," Holesko said. "You can get things done in that committee. They will work with you.

"It is a shame though," she added. "It takes a school year to get something done, and it cannot

to read. SEIU representatives

members and students.

SEIU

from page 1

go into effect until the following school year. So, if they bring it to us now, they might be able to see the results faster ... but it is difficult to do anything at the end of the school year.

Holesko also commented on the trip to the Illinois General Assembly in Springfield Wednesday, and said she believes there is hope for revitalized school funding, especially for the Science Building.

"We used to be about 70 Holesko said she was a little percent funded by the state and now down to about 58. Hence, the tuition increase," Holesko said

> The Student Senate will meet for the final time this term when it convenes at 2 p.m. Friday, April 29, in the Mississippi Room of the Morris University Center.

> "Hopefully the newly elected senators will be standing in on the meeting just to see how things work, get their feet wet," Holesko said.

> > SEIU held a rally March 29

The last two bargaining

Campus Scanner

Regional Organization Servicing SIUE will offer a free showing of "Samurai X: Trust and Betrayal," followed by a lecture on Japanese history, at 5 p.m. Tuesday in the Morris Center's University Maple/Dogwood Room. The goal of the event is to raise interest in SIUE's student organization, The East Asian Culture Organization. For more information, contact Brent Naylor at 650-4978 or e-mail him at bnaylor@siue.edu.

APA Style: Learn how to write with style at the Writing Center's "APA Citation Style for Beginners" workshop at 12:05 p.m. Tuesday in Peck Hall Room 1412.

Golf Scramble: Campus **Recreation's Intramural Sports** will sponsor the 2005 Golf Scramble from 1 to 3 p.m. Wednesday at the Stonebridge Golf Course in Maryville. The registration fee is \$19 per person. Teams should be comprised of four people. The teams will be split into twoperson teams and will scramble down the first nine holes of the

ACROSS: The Anime Club course. For more information, call Eric George at 650-3245 or the Student Fitness Center front desk at 650-2348.

> Table Tennis: A free, double-elimination table tennis tournament will take place at 5 p.m. Thursday in the Student Fitness Center, sponsored by **Campus Recreation's Intramural** Sports. Members of the campus community interested in participating must register by Wednesday. For more information, contact Eric George at 650-3245 or the Student Fitness Center front desk at 650-2348.

Female Transport: University Theater will stage the play "Female Transport" from 7:30 to 9:30 p.m. Wednesday through Saturday in the Dunham "Female Hall Theater. Transport" is a drama regarding the political education of six women who were convicted of petty crimes in 19th century London and sent to Britain's overseas penal colony. For more information, contact the Box Office at 650-2774.

Volunteer: Those looking for a chance to volunteer may

join the Student Leadership **Development Program from 8** a.m. to noon Saturday at the Granite City Community Care Center. Volunteers will help arrange and carry food to customers' vehicles. Those interested need to register in the Kimmel Leadership Center. Transportation from SIUE will be offered, and those attending should meet in Lot B by 8 a.m. Contact Suzanne Kutterer-Siburt at skutter@siue.edu or call 650-2686 for more information.

Tobacco Counseling: The American Lung Association of Illinois is providing the Illinois Tobacco Quitline. Registered nurses, respiratory therapists and addiction counselors staff the toll-free line. Counseling is free to residents of Illinois. Those interested should call (866) QUIT-YES. Hot line hours are from 7 a.m. to 6 p.m. Monday through Friday.

Alcoholics Anonymous: The Gut Level Group will meet at 7 p.m. Saturday in the Religious Center. This is an open meeting of Alcoholics Anonymous and Al-Anon.

www.thealestle.com

SOUTHERN ILLINOIS UNIVERSITY

The Office of the Provost and Vice Chancellor for Academic Affairs is pleased to extend much deserved recognition and

Congratulations

to members of the SIUE faculty who were awarded promotions in rank and/or tenured effective Academic Year 2005-2006.

College of Arts and Sciences

Center Assistant Director Bill in Canney's letter. University

Canney was allegedly placed in officials were unable to comment

believed the letter's intent was to in front of the MUC to raise intimidate and misinform union awareness and student support.

contradicting nearly everything agreement was reached.

A letter was soon sent back sessions took place this past by a university employee, Tuesday and Thursday, where an

the cafeteria kitchen for anyone on either letter.

Mark Bolyard Professor **Biological Sciences**

Suzanne Cataldi Professor Philosophy

William Retzlaff

Library and

Information Services

Tenured Associate Professor Technical and Access Services

Instruction and Reference

School of Education

Curt Lox Professor Kinesiology and Health Education

Susan Breck Tenured Associate Professor Currentum and Instruction

School of Engineering

S. Cem Karacal Professor Mechanical and Industrial Engineering

Xiaojun Terry Yan Professor Mechanical Engineering

Rowena McClinton Tenured Associate Professor **Historical Studies**

John Pendergast Tenured Associate Professo English Language and Literature

Jill Garbs

Lydia Jackson **Tenured Associate Professor**

3

Reginald Thomas Professor Music

Sandra Bouman Tenured Associate Professor Music

Judith Crane Tenured Associate Professor Philosophy

James Dorethy Tenured Associate Professor Theater and Dance

Abdullatif Hamad Tenured Associate Professor **Physics**

Mark Hildebrandt Tenured Associate Professor Geography

Tenured Associate Professor **Biological Sciences**

Eric Ruckh Tenured Associate Professor Historical Studies

Allison Thomason Tenured Associate Professor Historical Studies

Marcus Agustin Tenured Mathematics and Statistics

Joel Knapp Tenured Music

Asha Tickoo Tenured English Language and Literature School of Business

Susan Yager

Tenured Associate Professor Computer Management and Information Systems

David Mason Tenured Accounting

School of Dental Medicine

Duane Douglas Tenured Associate Professor Restorative Dentistry

Douglas Miley Tenured Associate Professor Applied Dental Medicine

David Cluphf Tenured Associate Professor Kinesiology and Health Education

Martha Latorre **Tenured Associate Professor** Curriculum and Instruction

Stephanie McAndrews **Tenured Associate Professor** Curriculum and Instruction

Victoria Scott Tenured Special Education and Communication Disorders

Bryon Ehlmann Tenured Professor Computer Science

EDITOR IN CHIEF: TYLER BENNETT

NEWS EDITOR: KRISTEN REBER

LIFESTYLES EDITOR: COURTNEY RAKERS

SPORTS EDITOR: ZACH GROVES

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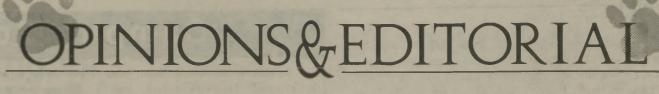
LETTERS TO THE EDITOR POLICY;

The editors, staff and publishers of the Alestle believe in the free exchange of ideas, concerns and opinions and will publish as many letters to the editor as possible. Letters may be turned in at the Alestle office located in the Morris University Center, Room 2022 via e-mail DT. at alestle_editor@hotmail.com. All hard copy letters should be typed and double-spaced. All letters should be no longer than 500 words. Please include your phone number. signature (or name. if using e-mail) and student identification number.

We reserve the right to edit letters for grammar and content. However, great care will be taken to ensure that the message of the letter is not lost or altered.

Letters to the editor will not be printed anonymously except under extreme circumstances

The Alestle is a member of the Illinois College Press Association. the Associated Collegiate Press and



WWW.THEALESTLE.COM

Soapbox

not easy place to take a stand

Edwardsville High School than from her own counselors. Of course, as anyone can imagine, this stirred up some emotions with the Collinsville counselors, teachers and administration. The young woman has gotten a lot of flack for what she said, but I am pleased to see she is willing to stand behind her opinion.

It is hard for people to understand that not everyone's opinions are the same and that no two people's experiences in any given place are the same. The fact this young woman had the bravery to come forward and complain about her school in the paper says a lot about the kind of person she is. Most people who read their newspaper in high school probably noticed they lacked depth or range in stories. Those who worked for the newspaper in high school realize that much, and sometimes all, of see SOAPBOX, page 5

Political Cartoon



TUESDAY, APRIL 19, 2005

LETTER TO THE EDITOR Student tackles issues of litter on campus

noticed large amounts of litter on campus, as well as what appeared to be an unorganized recycling program. As an undergraduate, I

At least once every week, I sit down at my computer and

mull over the week's events, the

latest news issues and things that

have been on my mind to try and

come up with something to talk

about in my column. It isn't easy

to get on a soapbox, and I have to

say it is even harder to find things

to say. That is why I find it so

admirable when people younger

than me take on that

responsibility and find ways to

newspaper at Collinsville High School has taken some heat for a

comment she made in a recent

editorial. She said she felt the

math department at the school

was lacking in skills and that she

had gotten more help in five

minutes from the counselors at

Recently, the editor for the

voice their own opinion.

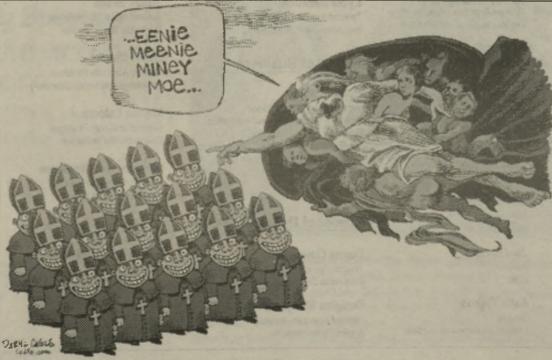
When I enrolled at SIUE, I often wondered what I could personally do to help the situation. For the past several months, I have turned my observation into a dedicated

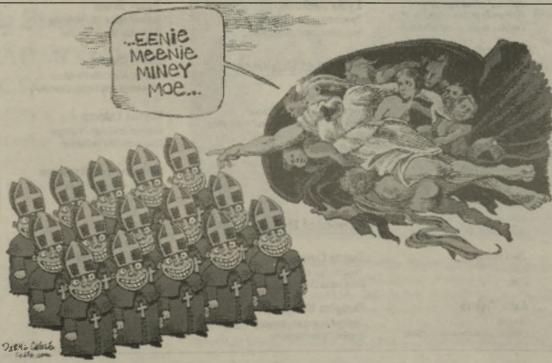
senior project. While I know I cannot change the world and the minds of those who litter in one semester, I am trying to bring awareness to those

who will listen.

Upon beginning the project. I thought SIUE's and Madison County's recycling policies were far from what they could be. I talked with the solid waste coordinator for the Madison County Planning and Development Office and realized the county's curbside and dropoff recycling programs are far more organized and successful than all of the counties in the St. Louis metropolitan area. As far as SIUE's amount of litter and the number of goods actually being recycled, there is much room for improvement. Almost all of the litter I pick up on campus is recyclable. Most of what I find is paper, plastic bottles and cigarette butts; sadly the butts are not recyclable, but throwing them on the ground is still littering. The recycling bins scattered around campus are often contaminated with trash, and the facility workers are not paid to sort through it and recycle. The whole recycling

Political Cartoon





U-WIRE.

The name Alestle is an acronym derived from the names of the three campus locations of SIUE: Alton, East St. Louis and Edwardsville.

The Alestle is published on Tuesdays and Thursdays during fall and spring semesters, and on Wednesdays during summer semesters. For more information, call 650-3528.

> Have a comment? Let us know! Send us an e-mail: alestle_editor@hotmail.com

The Alestie Campus Box 1167 Edwardsville, Ill. 62026-1167

see LITTER, page 5

SOAPBOX -from page 4

what is printed is subject to make her case and take a stand scrutiny by the administration and that many subjects are taboo and not tolerated. Stories about teen pregnancy and drug use in schools are cut while anything that is pro-school is hyped and made a lead story. I'm not saying it is right or wrong, but that is the way the country works, and that is what the courts have upheld. High schools have the right to regulate the newspaper.

However, this young woman, knowing everything she writes is subject to scrutiny by those who are older and probably believe their opinions are valued more than her's, was willing to against things happening in her school that she believes are wrong or unfair.

As a person who struggles with what to say and not say, what opinions to share and not share and the constant question of whether or not anyone is really listening to what I have to say to begin with, I sympathize with her for the backlash she is getting, and I applaud her for sticking to her guns. It may look like a nice place to be, but a soapbox is a hard place to stand.

> **Tyler Bennett Editor in Chief**

LITTER from page 4

program on campus is unorganized, and correcting it is not on the top of the priority list. I've talked to the recycling coordinator at Southern Illinois University Carbondale, and its recycling program appears to be extremely successful. SIUC's Web site even has an option to request a recycling bin.

In addition to the unorganized recycling policies on SIUE's campus, there are those students who just don't care. I interviewed some students in the Morris University Center. One group of students was in the cafeteria eating out of Styrofoam containers and drinking out of plastic bottles. I asked the students why they chose to-go boxes and not dishware, and they said they did not want to walk "all the way over there" to drop off dishes or recycle their bottles. Wow! Their response awed me but, at

the same time, was not surprising.

Through my research, I have some eye-opening found statistics. Every hour, Americans throw away 2.5 million plastic bottles. Glass is the only material that is 100 percent recyclable; however, only 10 percent of the glass produced each year gets recycled. Every year, Americans alone throw away enough aluminum cans to make 10,000 airplanes. In the United States alone, our total yearly wastes could fill garbage trucks lined up halfway to the moon.

I challenge those of you who do care not to overlook litter, to reuse what you have and walk out of your way to properly use the recyclables, which are actually provided for us in our area and on our campus.

> Liz Stygar Senior

Quote of the Day "Free-speech zone? Why isn't the whole country a freespeech zone?"



5

Know your world. Read the Alestle. www.thealestle.com

by Steve Gooch

April 24 at 2 PM **Female Transport**

April 20-23 at 7:30 PM

~ Ellenor Frutt

character on "The Practice" TV series, 2004



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LIFESTYLES

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TUESDAY, APRIL 19, 2005

ADD is not just a childhood disease, it may last through adulthood, too

Despite the belief that college-age students outgrowAttention-Deficit Disorder, the disorder may continue into adulthood. Resources are available on campus for help in dealing with ADD.

EMILY ORTMAN DAILY NEWS **COURTNEY RAKERS** LIFESTYLES EDITOR

MUNCIE, Ind. (U-Wire) -Medical professionals believed for decades that children with Attention Deficit Disorder would outgrow the disorder by adulthood, according to the National Institute of Mental Health.

However, not until recently has it been discovered that ADD may continue into adulthood and does so in about 67 percent of children who are diagnosed with ADD, the NIMH said.

no one actually knows the causes of ADD. But the diagnosis of ADD requires a strictly laid out evaluation process that looks at the symptoms of adult ADD. Once diagnosed, the range of options for treatment of adults is substantial.

know, adult ADD is a continuation of childhood ADD into adulthood," Kent Bullis, director of the Amelia T. Wood Student Health Center at Ball State University said.

must have had childhood ADD to be diagnosed with adult ADD.

to cope with the disorder by the time they reach adulthood, but people who have adult ADD are those who continue to experience the symptoms into adulthood, he said

Bullis said one study showed that children who spent four hours or more a day watching television prior to the age of three had a higher risk of developing ADD. Although studies have been conducted, nobody really knows what causes it.

ADD is a heritable disorder, Gina Zanardelli, a Ball State Counseling Center psychologist,

Doctors do not know

Some people who have however, if it is genetically childhood ADD are able to learn inherited or inherited because of the family environment a person grows up in.

The NIMH also suggests a possible correlation between ADD and cigarette and alcohol use during pregnancy.

It's an ongoing problem and struggle, but the more they understand it, the better their life will be and the more success they will have."

~Jacqueline Harris, Learning Center

According to the NIMH, substances these may be hazardous to the fetus' developing brain and may distort developing nerve cells. Heavy alcohol use during pregnancy has been linked to fetal alcohol syndrome, a condition that may lead to low birth weight, intellectual impairment and certain physical defects.

Many children born with fetal alcohol syndrome show much of the same hyperactivity, inattention and impulsivity that children with Attention Deficit Disorder have.

Not until recently, when it began to be covered by the news media and actually diagnosed by doctors, had many people heard of adult ADD.

Some people are skeptical of

being over-diagnosed," Bullis said. "With ADD, I think most physicians are very careful in diagnosing it."

While people may be questioning this new adult disorder, the experts have agreed that adult ADD is a real problem.

A panel of experts assembled by the NIMH met in 1998 and issued a consensus statement acknowledging the validity in the diagnosis of ADD as a disorder with broadly accepted symptoms and behavioral characteristics, according to the NIMH.

At Ball State, students may be tested for adult ADD at the Ball State School Psychology Clinic.

The clinic looks at the symptoms a person may have, such as concentration and organization problems, the tendency to procrastinate, the tendency to constantly interrupt others, restlessness and the inability to sit still for long periods of time.

The evaluation also asks numerous questions about a person's childhood to determine if ADD was present in the past.

Adult ADD is not typically diagnosed unless formal test results are in hand, Bullis said

He also said that because nobody knows what causes ADD, no prevention exists. However, students do have several forms of treatment to choose from.



the seemingly high numbers of adults being diagnosed and think adult ADD is simply a market ploy, Bullis said.

"The pharmaceutical companies have been looking for new markets for their drugs so they have been looking to raise awareness," he said. "The popular media has had a hand in it."

Bullis said the Internet has also helped people discover adult ADD because they can now research their own problems online and they are noticing their symptoms correlating with adult ADD.

"I would hesitate to say it's

"Treatment is usually a combination of behavioral things and medication," Bullis said. Medication is particularly helpful in adult cases of ADD.

"Depending on how severe your symptoms are, some people can cope with this by learning relaxation techniques," Bullis said.

Behavioral therapy also allows people with ADD to learn to cope with the disorder learning organizational by and scheduling techniques, which may be self-monitored, the NIMH said. Support also a good groups are

see ADD, page 7

WWW.THEALESTLE.COM

Memorial quilt to bring **AIDS** awareness to campus



PHOTO COURTESY OF WWW.AIDSQUILT.ORG

The AIDS Memorial Quilt is on display around the world. A portion of the quilt will be displayed Wednesday in the Morris University Center's Goshen Lounge In honor of AIDS Awareness Week.

AMBER ERNST LIFESTYLES STRINGER

Campus Activities Board will display a portion of the 44,000-paneled AIDS memorial quilt from 10 a.m. to 8 p.m. Wednesday in the Morris University Center's Goshen Lounge

"We are offering students, faculty and the community to come in and pay their respects to their loved ones either by admiring the quilt or by making up a panel, if they so desire, to represent their feelings of love for their

ADD from page 6

treatment.

ADD is a federally protected disability, and Ball State is ADD, taking a test in a for them, things like extensions required to make allowances for classroom can be disarming or on time on tests and volunteer

lost ones," CAB Entertainment living with HIV/AIDS." Chair Joe Gibbons said.

a quilt panel in honor of those lost to HIV/AIDS should visit the Kimmel Leadership Center in the MUC and ask for more information.

Each panel of the quilt represents a life taken by AIDS. The quilt grows larger as the disease continues to claim more lives around the world.

According to www.niaid.nih.gov, "As of the end of 2003, an estimated 37.8 million people worldwide were

Though AIDS is most severe Anyone interested in making in Sub-Saharan Africa, it has a great impact in the United States as well.

> "Approximately 40,000 new HIV infections occur each year in the United States, about 70 percent among men and 30 percent among women. Of these newly infected people, half are younger than 25 years of age," the Web site said.

For more information concerning the AIDS memorial quilt, contact CAB graduate adviser Alyssa Bodeux at abodeux@siue.edu.

~Health Wise~

Allergy season is in full swing, beware of high pollen and mold counts to prevent suffering.

SARA WEST LIFESTYLES REPORTER

It may be time to begin stockpiling boxes of tissue and eye drops as spring is in full bloom.

The American Academy of Allergy, Asthma and Immunology reported more than 20 percent of Americans suffer from seasonal allergies.

Allergy symptoms rise during spring because trees, grass, weeds and flowers begin to bloom, causing increased pollen and mold counts.

Pollen and mold spores substances called are People allergens. who experience allergy symptoms are actually reacting to the allergens that are inhaled.

The reaction to such allergens causes the release of histamine, which may lead to sneezing, nasal congestion, itchy and watery eyes, headaches or a runny nose.

Linda Ford, a member of the AAAAI's Aerobiology Committee, reported that medication may decrease allergic symptoms.

"One of the best ways to help prevent allergy attacks is to start taking medication prescribed by your allergist about a week before peak allergy season in your area begins," Ford said.

The AAAAI offered some tips for allergy sufferers to find relief.

The academy said people should keep windows closed at night and use an air conditioner or dehumidifier to keep the air clean. In addition, people should avoid hanging clothes outside to dry and do a thorough "spring cleaning" of



7

mold counts, and when returning from outdoors, people should shower to remove allergens.

Keeping pets off furniture or outside also may decrease allergic attacks, the academy said.

Avoidance behaviors may help allergy sufferers, but Judy Tidwell wrote in her guide to allergies that a visit to the doctor may be necessary.

"Your doctor may be able to prescribe a combination of over-the-counter and prescription medications tailored to your specific needs," Tidwell said. "People with severe allergies may need immunotherapy in addition to medication to get relief. It helps the body's sensitivity to almost any airborne allergen."

Meanwhile, allergy symptoms may not vary a great deal from cold symptoms, but colds are highly contagious.

Tidwell stated a physician may be the only one to distinguish between cold and allergy symptoms. She said allergies can have an impact on a person's immune system.

"Psychological stress, allergic disorders ... and menstrual cycles may have an impact on a person's susceptibility to colds," Tidwell said For more information on accurate pollen and mold counts in the local area, visit the National Allergy Bureau's Web site at www.aaaai.org/nab.

"For students with adult

ADD

"We've got accommodations

students with this disability.

Students may be given more time on tests or be allowed to take tests in a separate room from the rest of the class so there is a lower number of distractions, Larry Markle, assistant director of the Disabled Student Development office, said.

"These are the primary accommodations for students with ADD, but we really encourage students who use our services to get over to the Learning Center," he said.

Jacqueline Harris, coordinator of the Learning Center Study Strategies and Writing Desks, said tutoring and coaching are helpful to students distracting," she said.

with ADD.

The Learning Center's success with a student depends on the student's honesty with the tutor because the student and tutor work together to learn what works and what doesn't, Harris said

"Not all ADD is the same for all people. The student has to be the one to describe it because it can manifest itself in different ways," she said. "It's an ongoing problem and struggle, but the more they understand it, the better their life will be and the more success they will have."

Disability Support Services specialist Jim Boyle said services are available for students with

note takers.

"They have to bring in documentation that is less than three years old that has a diagnosis and what recommendations the professional makes," Boyle added.

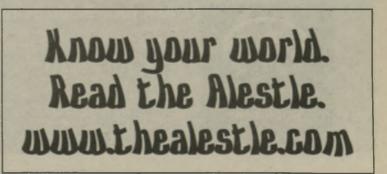
Boyle said students may be tested for ADD at Disability Support Services, although he warned that the wait was long.

"We have a ton of people coming in, a lot more lately," he said. "I can also help them work on organizational skills and things.'

For mole information on ADD or support services at SIUE, contact Disability Support Services at 650-3782.

the house, inside and out, including a weekly bed washing.

Further, the AAAAI indicated people should minimize time spent outdoors on days with high pollen and



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TUESDAY, APRIL 19, 2005

Woodstock rocks Woodland Hall



8

AUBREY WILLIAMS/ALESTLE Sophomore lke Randolph takes a trip down the inflatable slide.



AUBREY WILLIAMS/ALESTLE Sophomore Johnny Kraps and Sophomore Ike Randolph pose at the end of the inflatable slide at Woodland Hall's Woodstock party Saturday afternoon.

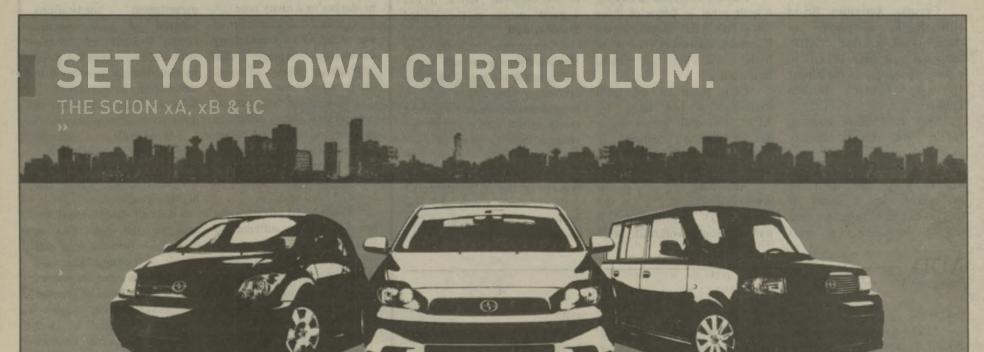


AUBREY WILLIAMS/ALESTLE Freshman Cody Scott lunges for the ball during a volleyball match at

Woodstock.

AUBREY WILLIAMS/ALESTLE

Students enjoy a game of volleyball on the lawn of Woodland Hall during the Woodstock party.



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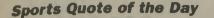
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"The only time close counts is in horseshoes and dancing. ~Fred Haney

TUESDAY, APRIL 19, 2005

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Eat our dust SIUE overwhelms opponents in Cougar Classic



The SIUE men's and women's track and field squads outrun their opponents on their stomping grounds in the Cougar Classic Saturday.

JONG CAMBRON SPORTS REPORTER ZACH GROVES SPORTS EDITOR

The SIUE men's and women's track and field teams ran away with first place at Saturday's Cougar Classic at Ralph Korte Stadium.

258.5 points, crushing Greenville who finished in second place with 148 points.

"We knew it was a good day overall," assistant track coach Eileen McAllister said. "It was a pretty small meet ... I thought, overall, our team did really well."

Sophomore Jonathan Bannister and senior Lee Weeden added their names to the list of broken school records.

Weeden set a new record in the shot put with a throw of 54 feet, 3.25 inches, and improved his NCAA provisional qualifying mark at the same time. He also finished first in the discus and hammer throw.

"(Weeden) is a very talented athlete," McAllister said. "And, he has not been able to put in a The men's team won with full season of track. To my knowledge he has suffered injuries in the past seasons.

"Now that he is healthy he is able to do some things that he was not able to do in the past," McAllister added.



Freshman Ryan Nowakowski placed first in the 800 run with a time of 1:55.71 and senior Ryan Boyll placed first in the 3,000 steeplechase run with a time of 9:29.25.

Other top-three finishers were junior Justin Crain in the 1,500 run. senior Jeff Fearday in the 400, freshman Blake Marcum in the 800 and sophomore Jason Hall in the 200 dash.

"They all ran really well," McAllister said. "They were all very exciting to watch."

Weeden, junior Steve Landers and junior Ben Willard swept the men's discus throw by finishing in the top three. The three athletes also held the topthree positions in the men's shot put competition.

Men's basketball signs local talent for 2005-2006 season

ZACH GROVES SPORTS EDITOR

SIUE men's basketball head coach Marty Simmons may have found his man to replace departing forwards Tim Bauersachs and Joel Jaye.

Simmons looked no further than Edwardsville High School to find that player. EHS star Nick Arth, who stands at 6 feet 6 inches recently signed a letter of intent to play at SIUE next season.

"I think Nick brings a lot to the table," Simmons said. "He is a complete player. He can shoot the three and is an excellent passer; he is good all around."

Arth, an honorable mention All-State in Class AA his senior season and a two-time All-Southwestern Conference pick, averaged 17.3 points and 10.4 rebounds per game.

In addition, he notched more than 1,100 points in three of his four seasons as a Tiger, including 503 in his last and final season. Arth also took down 301 rebounds defensively.

"He will have the ability to play inside and outside as well because of his shooting capabilities and good defense,' Simmons said.

This past season Arth led the Tigers to a 24-5 record and the Southwestern Conference title. EHS finished its season appearing in the sectional championship game against Alton High School.

"He is a winner that comes from an outstanding program and has played under a great coach in (Edwardsville High School's) Mark Waldo," Simmons said.

Arth hit 35 percent of his three-point shots last season and see SIGNING, page 11

Baseball on a six-game tear after weekend wins

JANELLE DOBSON SPORTS REPORTER

The SIUE baseball team sits on a six-game winning streak after sweeping Upper Iowa University in two doubleheaders over the weekend.

"It's a lot better than a sixgame losing streak," baseball head coach Gary Collins said. "We've played pretty well."

The Cougars shutout the Peacocks 8-0 in the first game of



Bannister broke the previous 400-meter run record, set in 1985 by Kettrell Berry, with a time of 47.93 seconds. This time was good enough to put him on the NCAA provisional qualifying list. Bannister also finished second in the 110-meter hurdles. "He was really good," McAllister said of Bannister. "He got out well and completely took the race over.

"The weather was really nice and he took advantage of it," McAllister added. "There is more to come from him."

AUBREY WILLIAMS/ALESTLE Freshman middle distance runner Keith Patten sprints in the relays Saturday.

In other field events, junior Phil Freimuth placed first in the high jump with a leap of 6 feet and 6 inches.

Junior Anthony Weber finished first in the men's pole vault with a vault of 15-5 and junior Dustin Bilbruck finished first in the javelin throw.

"It was all pretty exciting to see us win that many events at home," McAllister said.

In the field events, freshman Christine Butler, sophomore Valerie Simmons and senior Jenny Jaquez took over the triple see TRACK, page 11

the weekend. Sophomore leftfielder Michael DalPozzo and junior second baseman Jeremy Bond each scored two of the Cougars' eight runs.

Junior third baseman Robert Rahn also contributed with a perfect 3-3 at bat and two RBIs. Junior pitcher Clay Zavada pitched the entire game and recorded an impressive shutout

"(Zavada) pitched a really fine game," Collins said. "Eleven strikeouts and one walk is pretty outstanding."

The team continued its winning streak in the second game on Saturday, beating Upper

AUBREY WILLIAMS/ALESTLE Junior lefty Clay Zavada delivers a pitch in a Cougars' 8-0 win over the **Upper Iowa Peacocks.**

lowa 5-1. Senior right-hander Jarad Rettberg pitched into the sixth inning when sophomore pitcher Ryan Spurgeon relieved him. Spurgeon pitched until junior pitcher Jameson Sheley took the mound in the eighth inning.

"I thought we pitched well again," Collins said. "Our bullpen did a good job on

see BASEBALL, page 11

WWW.THEALESTLE.COM

TUESDAY, APRIL 19, 2005

Softball's winning streak comes to a halt against UMSL

MATTHEW BRUCE SPORTS REPORTER

The SIUE softball team nabbed three victories, but saw their 15-game winning streak come to a close as they played host to doubleheaders against the Quincy University Hawks and the University of Missouri-St. Louis Riverwomen over the weekend.

The Cougars swept Saturday's contests against Quincy despite what head coach Sandy Montgomery considered a sub par performance.

"We didn't play well," she said. "We played down to (Quincy's) level."

SIUE narrowly escaped defeat in game one, taking a sizable lead late in the game before horrid defense let Quincy back into it.

The Cougars were poised for victory carrying a 5-2 lead into the seventh inning, but a pair of errors gave the Lady Hawks life.

After a single up the middle by Quincy's Lori Potacki, SIUE sophomore Emily Lenart committed an error at first base that put runners on second and third.

Then the Hawks loaded the bases with no outs on a misplayed ground ball by senior Veronica Schmidt at shortstop.

The Cougars regrouped and managed to keep Quincy to just three runs in the frame, keeping the score tied at five.



Aubrey Williams/Alestle SIUE softball fails short for the first time since March 20. The Cougars drop a 2-1 game to the University of Missouri-St. Louis Riverwomen in a doubleheader Sunday.

SIUE junior Shanna Waldo saved the game for the Cougars with a perfect throw from centerfield to gun down what would have been the go-ahead run for Quincy at home plate and end the inning.

Waldo struck again in the extra frame, this time with her offense. She led off the eighth inning with a single over the first baseman's head and then stole second base to get in scoring position. A single by junior Holly Neuerburg drove Waldo in and the Cougars won 6-5. Freshman Lindsey Laas picked up the win for SIUE, giving up two hits and allowing no earned runs in two innings of relief pitching.

"She's been sharp and has had command of her pitches," Montgomery said. "When we ask for a curve, she gives us a curve. When we call for a changeup, she gives a changeup."

SIUE had an easier time in the second game, overcoming the Hawks 5-2. The Cougars went for three runs in the fifth inning to break a 2-2 tie and never

looked back.

"Edwardsville has a target on their back," Quincy head coach Kim Schuette said. "That's what happens when you play well. We knew we had to play well to stay with them."

Laas came on in relief again for her fifth consecutive victory, bringing her season record to 14-3.

SIUE was back in action Sunday afternoon for a pair of games against UMSL. The Riverwomen held the Cougars to just eight hits.

In the first game, senior outfielder Samantha Easterley came up big, driving in two runs to lead SIUE to a 3-1 victory.

Junior left-hander Casey Wantland got the win for the Cougars, giving up just one run on five hits in seven strong innings.

In game two, SIUE tasted defeat for the first time since March 20. The loss to UMSL was the Cougars' first loss to a Great Lakes Valley Conference opponent all year.

UMSL pitcher Emily Wagoner held the Cougars to just one unearned run on five hits in six, solid innings.

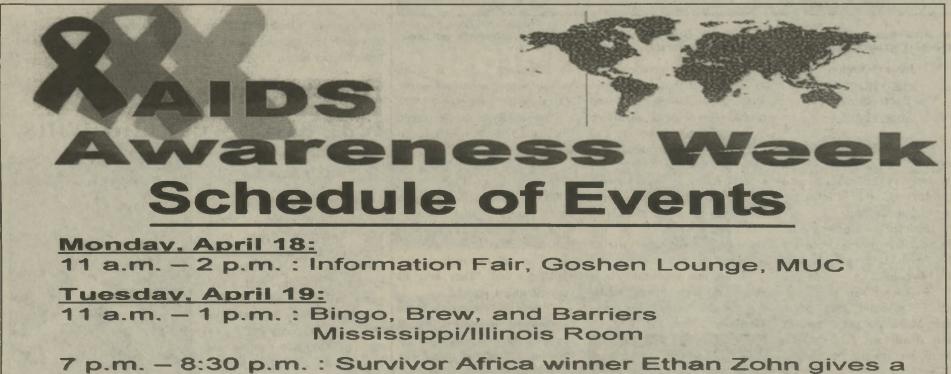
Laas suffered the loss despite pitching the entire game and giving up no earned runs on six hits.

"They both threw well," Montgomery said of Sunday's pitchers. "I'm very proud of our pitching."

The Riverwomen scored both their runs on fielding errors by SIUE.

"Errors happen," Montgomery said. "You need to score runs to win ballgames and we didn't. We didn't get the hits when we needed them and they did, so they got the win."

SIUE is 33-9 on the season and 11-1 in the GLVC. They took on Lincoln College Monday afternoon in Jefferson City, Mo., to make up for a March 22 rainout.



lecture on AIDS, Conference Center, MUC

Wednesday, April 20:

10 a.m. - 8 p.m. : AIDS Quilt on display in the Goshen Lounge

- 11:30 a.m. 1 p.m. : Cougar Craze: Design your own AIDS quilt panel in the Goshen Lounge
- 12 p.m. 1:30 p.m. : Food Chat: "The Cost of HIV: Who's Paying?" in the Illinois Room
- 11 a.m. 2 p.m. : Information Fair, Goshen Lounge, MUC

Friday, April 22:

7 p.m. : Friday Free Flicks: "And the Band Played On" in the Lovejoy Library Auditorium

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TRACK from page 9

jump by owning the topthree positions. Butler also finished first in the long jump with a ieap of 19-1.5 and Jaquez placed

first in the 400 hurdles.

Junior Holly Noller and sophomore Lindsey DeFevers finished in the top two in the shot put, two of the top-three positions in the hammer and the discus throw and two of the top-four positions in the javelin.

"It was a pretty small meet and the level of competition," McAllister said. "We did not have as much depth. But you still have to perform to your best ability regardless of your competition, and the girls did that."

The women's track and field team also dominated to continue its dominance in the the competition by finishing with 311 points, more than the other six teams combined.

In the running events, senior Lee Ann Lomax finished first in the 1,500 run in 4:43.32 with senior teammate Mary Witte placing second. Lomax also finished first in the 800.

Sophomore Julia Scherer won the 400 with Simmons and freshman Jennifer Wilson right behind. In the 200 run, sophomores Tairisha Sawyer and Scherer and senior Shavon Shegog held three of the topfour spots.

"I think she still has more to show us," McAllister said of Shegog, who came back this season after sitting out in the indoor circuit. "She was not able to compete in the indoor because she ran out of eligibility. By the end of the season she will be back to her top form."

Junior Amanda White ranked first in the 3,000 run with a time of 11:50.78 and sophomore Betsy Hall placed second in the same event.

The Cougar track team looks Central Collegiate Championships Saturday in Champaign.

"This weekend should be really exciting," McAllister said. "We have a lot of tough competition in preparation for our twilight meet in two weeks."

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11

U.S. AIR FORCE CROSS INTO THE BLUE

BASEBALL from page 9

Saturday."

Bond and senior first baseman Craig Ohlau went .500 at the plate. Each scored one run for the Cougars.

SIUE kept the streak alive on Sunday and won both games against Upper Iowa, winning 6-3 and 6-5, respectively. Tallman pitched for the Cougars in game one until being relieved in the sixth inning by junior pitcher Derek Stratman.

Darnall was perfect at the plate and recorded an RBI.

In the Cougars' second game they shuffled five pitchers. "We didn't pitch quite as well," Collins said.

Freshman pitcher Cody Litteken started the game, but senior right-hander Ron Jones.

sophomore pitcher Chip Durland, junior pitcher David Briesacher and Sheley all came in relief from innings three through nine to finish it.

SIUE outhit Upper Iowa 13-7. Bond, Smith, Darnall, Newby and DalPazzo all helped the Cougars' offense with two hits.

The baseball team is 20-17 overall, and 11-11 in the Great Lakes Valley Conference. The Cougars will look to extend their six-game winning streak against Wesleyan on Kentucky Wednesday.

"We're sure going to try to continue our winning streak," Collins said. "(Kentucky Wesleyan is) just like us. They are .500 in the conference."

shot 54.5 percent from the field.

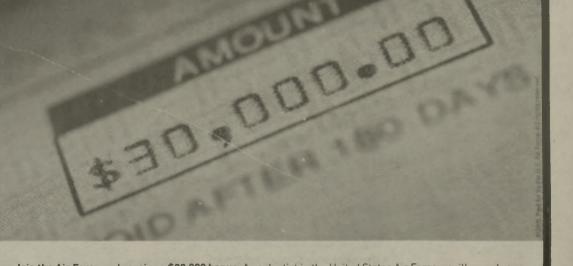
an outstanding college player." Simmons said.

for the team, Simmons is not good. We have a lot of players through yet. The Cougars, who we went 23-9 and appeared in the (right now)."

NCAA Division II regionals for "I really think Nick will be the first time in 16 years, lost five seniors after the 2004-05 season. "We are still recruiting,"

While this may be a good fit Simmons said. "But, it is going are looking





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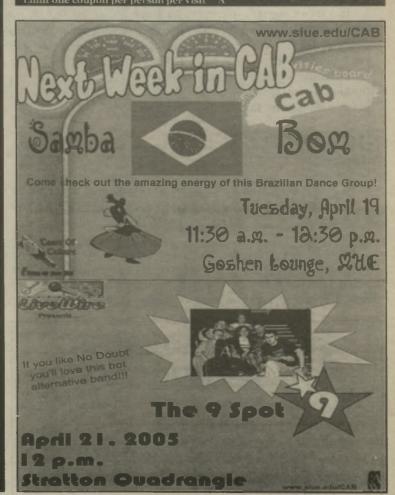




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TUESDAY, APRIL 19, 2005

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