

# Service employees starving for equality

CORY FREEMAN  
 NEWS STRINGER

Service Employees International Union Local 73 held a rally Tuesday in front of the Morris University Center to raise awareness of alleged unfair treatment by SIUE.

"It was intense but fun," SEIU representative Phil Martini said. "It went great, and we had massive student support."

Some signs held by cafeteria workers read, "Students and Labor United for Respect," "Management Say Take Back, We Say Fight Back," "Quit Removing Civil Service Employees from Bargaining Unit," "No Contract, No Peace," "Food Service Kneads Dough" and "SIUE Unfair to Workers."

Sixty cafeteria workers, who were represented by SEIU and supported by the Madison County Federation of Labor and the SIUE Student Government, held the rally. The cafeteria

workers have been bargaining a new contract since September.

According to SEIU officials, SIUE management is proposing to eliminate employees' seniority and the system of bidding on shifts and positions that goes along with it.

SEIU officials said management wishes to ignore the right of the civil servants to accumulate seniority, and therefore job security, and instead be able to place them in any position on any shift.

SEIU officials also said management has followed a policy of refusing to hire civil service employees for open positions, combined with the offer of a 4-percent wage increase over the life of the three-year contract.

The cafeteria workers also walked to Rendleman Hall to get the attention of Human Resources Director A.G. Monaco, who has been absent from the bargaining sessions.



DREW WILKE/ALESTLE

**Dave Hylla and Ron Briggs hold signs during the rally for the Service Employees International Union Local 73 Tuesday in the Stratton Quadrangle.**

"Monaco came out and said hello, and I respect that, but he never comes to the bargaining

table," Martini said. "It delays the bargaining process."

Since no progress had been

made at the bargaining table, SEIU held a strike vote March

see SEIU, page 4

# Barack Obama announces new legislation on campus

KRISTEN REBER  
 NEWS EDITOR

U.S. Sen. Barack Obama presented his first bill as a U.S. Senator Tuesday during a news conference in the corridor of the Meridian Ballroom of the Morris University Center.

The bill, entitled the Higher Education Opportunity through Pell Grant Expansion Act, proposes an increase in the maximum limit on Pell Grants from \$4,050 to \$5,100 per year.

Since he completed his college education, Obama says the funding costs for education have increased 519 percent. He says tuition costs are rising almost 10 percent a year.

According to Obama, the proposed legislation will increase along with inflation.

Obama, D-Ill., said the proposal, that would serve the 5.3 million students in the United States who use Pell grants to help pay for college education, would cost approximately \$2 billion. Obama said this bill is paid for without raising taxes.

The press conference was projected onto a screen located in the Goshen Lounge.

see OBAMA, page 4



KRISTEN REBER/ALESTLE

**U.S. Senator Barack Obama addresses a crowd of SIUE students, faculty and staff in the entryway of the Meridian Ballroom Tuesday.**

# Students can lobby for school funding

KRISTEN REBER  
 NEWS EDITOR

Students are coming together to lobby funding issues at the Illinois Capitol Wednesday, April 13.

"We are going up there for a couple reasons," Student Government Vice President Cindy Holesko said. "We have to lobby for (funding) for the Science Building and the School of Pharmacy. We also have to lobby for the higher education budget. It has been cut, or stagnant, for the past three years."

According to Holesko, since

SIUE is a state university, state money must be used to prepare the university's property. Student fees and tuition cannot be used to renovate the building.

"We need more money just to cover our inflationary costs. We have reached a point where we can't cut any more out of the budget," Holesko said. "We asked for a 1-percent increase to make sure the employees are taken care of. The governor cut it. We have to lobby the legislators to get it put back in. This will keep our tuition and fees down in the long run."

A bus will leave

see LOBBY DAY page 3

# Police issue Safety Bulletin

ALESTLE STAFF REPORT

The SIUE Police Department is warning the campus that they received a report of an attempted purse snatching Monday on the first floor of Peck Hall.

At approximately 2 p.m. a woman reported a man approached her from behind and grabbed her purse. She turned around and struck the man, who then let go of the purse, and

exited Peck Hall.

The SIUE Police Department's Safety Bulletin described the man as Middle Eastern, approximately 5 feet 11 inches tall, wearing dark jeans, a white polo shirt with dark trim and white colored shoes.

If you have any information, contact the SIUE Police Department by phone at 650-3324 or by e-mail at police@siue.edu.



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**For Senators**

## Race to celebrate abilities

JESSICA BALADAD  
NEWS STRINGER

Roll, run or walk to celebrate abilities at the fourth annual Celebrating Abilities 5-Kilometer Race.

Wheelchair racers start at 7:55 a.m., and the run/walk races start at 8 a.m., Sunday, April 17.

All proceeds from the race will benefit New Horizons, the SIUE organization for students with disabilities, and the SIUE track and cross country teams.

"The main goal of the race is to celebrate abilities, so that all the participants, including people with disabilities, can leave the race feeling a sense of accomplishment," Disability

Support Services Director Jane Floyd-Hendey said.

The race will start and finish at the Madison County Transit Center, on the corner of North Main Street and Hillsboro Avenue, in downtown Edwardsville. The route will go through historical neighborhoods in Edwardsville.

"It's going to be a fun day, very entertaining with lots to see," Floyd-Hendey said.

There will be numerous age divisions for men and women, ranging from 15 and under, to 70 and over.

The top three male and female finishers in each age division will receive a medal, and all racers will receive a T-shirt.

The entry fee is \$10 for the public and \$5 for SIUE students if the application is postmarked by April 14. Late entries and race-day entries will be \$15 for the public and \$10 for SIUE students. Participants will be asked to pay an additional \$2 for a XXL T-shirt. Race day registration closes at 7:30 a.m.

Participants must pick up their racing packets at the Madison County Transit Center between 10 a.m. and 2 p.m. Saturday, April 16, or prior to the start of racing Sunday, April 17.

For more information, contact Disability Support Services Director Floyd-Hendey at 650-3782 or Disability Support Services secretary Shirley Lodes at 650-3726.

## Attend a free leadership conference

SCHALENE HOUSTON  
NEWS STRINGER

Those wanting to enhance their leadership skills should attend the Anatomy of Leadership Conference from 9:30 a.m. to 5 p.m. Saturday in the Meridian Ballroom of the Morris University Center.

The purpose of the conference is so students, faculty and staff can learn these skills at no cost.

"It opens the door for students to attend a leadership conference, which would otherwise be too costly for them to attend," Anatomy of Leadership co-coordinator Michelle King said.

The conference will have

five breakout sessions, led by faculty and staff members, with two keynote speakers.

Topics discussed in the sessions will include leading with personality, principles of leadership and deciding to be a great leader, among other topics.

Each session will last about 45 minutes, and some will take place in the Engineering Building.

John Spence and Jonathon Sprinkles, both nationally recognized speakers, will serve as the keynote speakers.

Spence will present the topic "Excellence by Design" at 4 p.m., and Sprinkles will present "L.I.V.E like a Real Leader" at 9:30 a.m.

Anatomy of Leadership co-coordinator Melissa Preusser also said this is an excellent opportunity for the community.

"It is a rare opportunity to hear two great speakers at no cost and to build better leadership skills," Preusser said.

Attendees will also receive a free lunch.

To register, visit the Kimmel Leadership Center on the first floor of the MUC or go to [www.siu.edu/KIMMEL](http://www.siu.edu/KIMMEL). Pre-registration is recommended since space is limited, but students can also register at 9 a.m. Saturday.

For more information on the conference, contact King at 650-2689 or Preusser at [mpreuss@siue.edu](mailto:mpreuss@siue.edu).

## Dental School breaks new ground



SHARA REYNOLDS/ALESTLE  
Chancellor Vaughn Vandegrift speaks to a crowd during the groundbreaking for the School of Dental Medicine.



# Attend 30th annual Fritz Mardi philosophy lecture

BRENT NAYLOR  
NEWS REPORTER

Thomas R. Flynn, a philosophy professor at Emory University in Atlanta, will give this year's Fritz Marti lecture at 5 p.m. Thursday in the first-floor Events Room of Birger Hall.

SIUE Philosophy Department Chair Robert Wolf said Flynn is an expert on 20th-century continental philosophy.

Flynn's lecture "Jean-Paul Sartre, Man of the 19th Century Addressing the 21st?" will discuss the contemporary relevance of philosopher Jean-Paul Sartre.

The Fritz Marti lecture is an annual event hosted by the Philosophy Department.

"Fritz (Marti) was a faculty member here," Wolf said. "He started working at SIU after he had retired from a school back east."

Marti, one of the founding members of the Philosophy Department, worked at SIUE for 10 years.

"Because he was one of the founding members of the department, we set up a lecture in his honor," Wolf said.

This will be the 30th annual Fritz Marti lecture.

"We bring a prominent speaker in from just about any area of philosophy," Wolf said. "They come in and give a lecture open to the public, and then we have a discussion of the lecture afterwards."

Wolf said the lectures are geared to be useful to everyone and try to remain nontechnical.

A reception will be at 4 p.m., followed by the lecture. Everyone is welcome to attend.

For more information, contact the Philosophy Department at 650-2250.

## Police Incidents

### Traffic

3/23

Police issued a citation to Leah R. Lucas for expired registration on South University Drive.

Police issued a citation to Larry Shidler for driving on a suspended license and a written warning for speeding on University Drive.

Police took a report of someone striking an unattended vehicle in Lot 7.

3/24

Police issued a citation to Kate E. Daniel for speeding on Stadium Drive.

Police issued a citation to Matthew D. Gordon for improper lane usage on University Drive.

Police responded to a two-vehicle accident on Cougar Lake Road at. No injuries or lane blockage occurred.

Police responded to a hit-and-run accident report

in Lot A.

### Other Offenses

3/23

Police responded to Cougar Village to speak with a female resident who has been receiving harassing e-mails, text messages and phone calls.

3/24

Police arrested Andrew T. Owens on a warrant for misuse of a credit card. Owens was taken to Madison County Jail. He was unable to post bond.

Police took a report of a telephone-solicitor complaint at Cougar Village.

3/25

Police located a vehicle with its back window broken in Lot 5.

## LOBBY DAY

from page 1

Edwardsville at 8:30 a.m. that Wednesday and arrive in Springfield at 9:45 a.m.

Students may be excused from classes if they choose to participate in the lobby day.

"Any student who is willing to give up their Wednesday, the Vice Chancellor of Student Affairs (Narbeth Emmanuel) is writing

notes for students to get out of class for the purpose (of lobbying)," Holesko said. "He is asking students to contact me (if they are willing to go)."

At 10:30 a.m., the group will rally at the Illinois State Museum, and the rallying will continue at the Capitol at 11:15 a.m.

The bus will return at 4 p.m.

to SIUE.

Lunch and a free SIUE T-shirt will be provided.

Holesko suggested students know their representatives before participating in the lobby day. To learn more about Illinois legislators, visit [www.elections.state.il.us](http://www.elections.state.il.us)

For more information or to sign up, contact Holesko at [cholesk@siue.edu](mailto:cholesk@siue.edu).

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## Psychology Club begins on campus

JESSICA BALADAD  
NEWS STRINGER

SIUE has a new Psychology Club open to all students, not just psychology majors.

According to Psychology Club Communications Director Nina Six, the new Psychology Club will offer a broader education to students about issues in psychology and the Psychology Department at SIUE. The club is open to students who want to know more about psychology. The only eligibility requirement is a 2.0 grade point average.

"We wanted a club that had low GPA requirements," Six said. "Also, we wanted to get to know other students and to be a mentor for them if they need it."

One of the goals of the club is to set up a mentoring program for recently declared psychology majors. Six said this program would help the new students

determine the best course plan for them while being able to seek advice from students who have been through a majority of the curriculum and understand the Psychology Department.

"Many students enter the psychology field not fully understanding the extensive aspects of the subject or the educational requirements in psychology," Six said.

To kick off its start, the Psychology Club will host Professor Scavenger Hunt/Trivia Night at 6 p.m. Thursday, April 14.

"We just officially became an organization, so now we plan to focus on promoting the club around campus and encouraging students to join," Psychology Club President Cindy Gullo said.

For more information, or to join the club, contact Six at 541-9997 or by e-mail at [nsix@siue.edu](mailto:nsix@siue.edu).

### SEIU

from page 1

14. Employees voted 46-8 to give SEIU the power to strike when necessary.

The required 10-day strike notice has been submitted to the university, and employees are prepared to shut the campus

cafeteria down if no progress is made at the bargaining table.

"We're bargaining (Wednesday) and Thursday in hopes to complete the bargaining," Martini said. "We're trying to avert a strike."

### OBAMA

from page 1

Several students, faculty, staff and community members filled the conference and the Goshen Lounge to hear the senator speak.

"(This is) an issue I discussed during the

campaign and I think it is the single most important issue facing us as a nation," Obama said.

Obama added, "I know we can work together to get this done."

## Sociology and Criminal Justice Week 2005

Monday, April 4, 3:00 PM  
**Panel on Harm Reducing Drug Policies**  
Peck Hall 0306

Monday, April 4, 5:00 PM  
**Panel on Alcohol/Drug on Campus**  
*Mike Newland, DanceSave*  
Peck Hall 2304

Monday, April 4, 6:00 PM  
**Mental Health and Police Issues**  
*Ron Roennike*  
Peck Hall 3415

Tuesday, April 5, 4:00 PM  
**Student Paper Presentations**  
*Alex Briesacher*  
*Kelly Faust*  
Room TBA

Wednesday, April 6, 3:00 PM  
**Panel on Graduate School**  
*Dave Kauzlarich, Sociology Graduate Program Coordinator*  
*Judy Bartel, Assistant Director of Admissions*  
*Tracey Hayes, Sociology Graduate Student*  
Room TBA

Thursday, April 7, 5:00 PM  
**Film- "The Life of David Gale"**  
*Discussion to follow*  
Peck Hall 0405

## HAVE A NOSE FOR NEWS?

For more information on how to become a reporter or stringer for the news section, contact News Editor Kristen Reber at [alestlenews@hotmail.com](mailto:alestlenews@hotmail.com) or 650-3527.

[www.thealestle.com](http://www.thealestle.com)



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We reserve the right to edit letters for grammar and content. However, great care will be taken to ensure that the message of the letter is not lost or altered.

Letters to the editor will not be printed anonymously except under extreme circumstances.

The Alestle is a member of the Illinois College Press Association, the Associated Collegiate Press and U-WIRE.

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#### Have a comment?

Let us know!

Send us an e-mail:  
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# OPINIONS & EDITORIAL

THURSDAY, MARCH 31, 2005

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## Be on the lookout for Spring fever

Warm weather has arrived, and it would appear spring is springing into action. What else could follow but the arrival of the one illness that is enough to destroy anyone who wanders in its path? That's right, the dreaded Spring fever will soon infect the students, faculty and staff at SIUE. Similar to cabin fever, Spring fever hits the victim quickly with little anticipation and no preparation. However, is it truly an illness or merely a state of mind that can have interesting effects on the individual it inhabits?

As a forewarning, I decided to provide you with a list of symptoms to be on the lookout for in case you suspect yourself or a loved one might have Spring fever.

For starters, if you feel antsy when confined in a building and find yourself staring out windows, or at walls where you wish there were windows, you could be feeling the early onset of Spring fever.

If you find yourself identifying with the color green like never before – perhaps suddenly it looks different or speaks to you or has a different meaning – be alert.

Another symptom might be if you start humming songs with the words sun, sunny or sunshine in them during strange times. An example would be breaking into a version of "Mr. Sun, please shine down on me," or, "you are my sunshine, my only sunshine." Be especially cautious if this happens during class or when you are taking an exam. Spring fever



may already be coursing through your veins.

If you see butterflies and flowers appear out of thin air, like the scene in "Bambi" where the characters become "twitterpated," then it may be time to seek professional help. Love sickness on top of Spring fever can result in a crossbreeding of emotions, resulting in spontaneous combustion or extreme hormonal fits.

If you haven't seen the sun for at least four months and the sight sends you into shock, as well as the pollen from the trees and flowers, I recommend allergy

See *SPRING FEVER*, page 6

## The end of file-sharing may be close at hand

MISSOULA, Mont. (U-WIRE) — Cry with me, friends, the end is nigh.

The free music joy ride might finally get pulled over, ticketed and thrown in the can soon when the Supreme Court rules on motion picture giant MGM's case against the creators of peer-to-peer downloading programs, including Grokster and Morpheus.

The case will decide whether companies can create file-sharing software while legally shrugging off responsibility for its use, saying it's up to consumers and how they want to use the programs.

That libertarian defense is eerily similar to the one gun manufacturers employed when Atlanta, Boston and a handful of other cities and states sued them for wrongful deaths. Not many of those cases succeeded. However, Smith & Wesson did agree to a settlement. Included in it are copious amounts of safety features, like childproof locks,

multiple serial numbers and "smart-gun" technology, to prevent unauthorized persons from using a gun. In other words, additions to make it more difficult for wrongful or accidental use of the weapons.

If the software companies lose their case and have to move on to producing less illegal products, it's not clear what will happen to users since the programs are already widely available on the Internet. It's also unclear how the ruling will be enforced, if at all.

Unless the U.S. Department of Justice receives a fat budget increase to send cease-and-desist orders to everyone still logged on to Kazaa, it's unlikely the ruling will ebb the massive flow of pirated music across the Internet.

The music and movie industries have wholeheartedly blamed that tide for their cascading sales descent, and it's hard to argue against the record companies. Not many people go

see *FILE SHARING*, page 6

## Political Cartoon



## Letter to the editor

### Students ask pro-lifers to look at alternatives to preventing pregnancy

We have seen signs on campus promoting a prayer vigil and an information booth in the basement of the Morris University Center promoting a pro-life point of view. These groups have strong opinions about this topic, and for many involved in this movement, this can be a defining part of their belief system. As Americans, it is absolutely their right to present and promote their point of view. However, it is an egregious assault to the university community to use inaccurate and

misleading information to do so.

As health education majors, we would like nothing more than to see the instances of unplanned pregnancies and sexually transmitted diseases drop dramatically. What is disappointing is that, at the information table in the basement of the MUC, there were no condoms or any information for sexually active people on how to prevent pregnancy and disease other than the narrow scope of abstinence only. Providing condoms and information on how

to use them correctly would seemingly go a long way in preventing many unplanned pregnancies. When this group was asked about the lack of condoms and was even given the opportunity to be provided with free condoms to distribute, the answer given was, "We don't need those."

In addition, there was a flier being distributed that gave false information about the contraceptive rates of latex condoms. A latex condom, if used correctly, has an effectiveness

rate of 98 percent, according to the Sexuality Information and Education Council of the United States. For more information on how to use a latex condom properly, visit the SIECUS Web site at [www.siecus.org](http://www.siecus.org) or visit Planned Parenthood's Web site at [www.plannedparenthood.org](http://www.plannedparenthood.org).

There was also false information about HIV being able to pass easily through latex as part of an inherent flaw in the material. This information is much more consistent with

see *PREGNANCY*, page 6





**Which student from  
the dance department  
was honored at the  
annual American College  
Dance Festival?**

Submit answers to the Alestle office by  
noon Monday. The first person with the correct  
answer will win \$5 in movie money. The winner  
to last week's trivia contest was Joe Gibbons.

## SPRING FEVER

from page 5

medication and a pair of sunglasses. Haven't seen your sunglasses in four months, either? You can probably find a pair that will last you until summer at a dollar store. I know we college students are short on funds.

For those who feel they may be suffering from Spring fever, I suggest you seek help immediately in the form of ice cream, potted plants and trips to the beach. The occasional stopping to smell the roses can also subdue the symptoms for a

time, as long as you aren't allergic to roses. Keep in mind that it will pass, and soon we will have summer to look forward to.

Tyler Bennett  
Editor in Chief

## FILE SHARING

from page 5

out and buy an album if their friend has burned it for them. The supposedly evil and mean music industry didn't really have many other options. There are simply too many hands in the cookie jar for them to sit by without pressing charges.

Like Smith & Wesson and the rehabilitated pay-to-play Napster service, the software companies should probably relent

and embrace a compromise that gives artists and labels some compensation.

And at some point, consumers will have to accept that maybe they shouldn't be able to crash their hard drives with contraband. There are always going to be ways to steal music, unless the Recording Industry Association of America decides to sue the manufacturers of blank CDs as well.

Whether Limewire and Grokster users stay online regardless of the Supreme Court's ruling, the wholesale thievery did result in some positives. Lots of people got lots of music for nothing, and now it's easier than ever to buy songs online for half the cost of retail.

Cory Walsh  
Montana Kaimin  
University Montana

## PREGNANCY

from page 5

effectiveness rates of condoms made from natural sources, like lambskin. There was anecdotal information on this flier regarding medical doctors using multiple layers of latex gloves and face shields when dealing with HIV-positive patients. However, the assumption of most medical personnel is to protect themselves from all patients since most don't come in waving a newly minted clean bill of health. Medical personnel rely on latex gloves to protect themselves from contracting HIV, as well as a host of other blood-borne illnesses. Interestingly enough, the most recent source of information cited

on the flier was from 1993, with the least current information coming from an article written in 1986 that was citing a study performed in 1982.

Abstinence is always the best option for preventing pregnancy and the spread of disease. However, many of the distributed brochures failed to recognize several points. Not all people want to get married. Not all people who get married want children. Not all people are heterosexual. Not all people share religious beliefs and values regarding an abstinence-only lifestyle until the traditional husband-and-wife marriage. Not

all people have a partner who remains faithful.

We fully support the right of those who hold a pro-life stance to promote their beliefs, just as we would hope they respect our rights to either agree or dissent. Our disappointment lies within the context of hoping this group would be more proactive in preventing unplanned pregnancies, rather than giving false information meant only to confuse and scare.

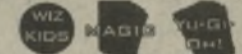
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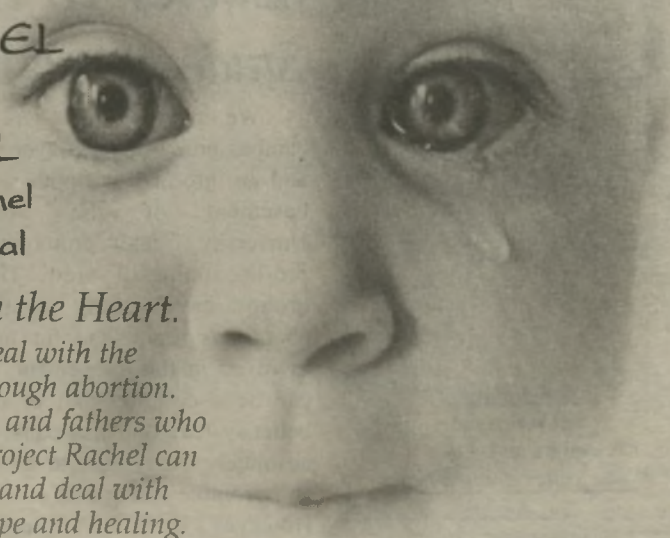
**www.intertek.net/~rachel**

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**Abortion leaves a hole in the Heart.**

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wish things could be different. Project Rachel can  
help you reconcile with that loss and deal with  
the grief. Project Rachel offers hope and healing.

**Questions Before Abortion Welcome**







## Is the pain worth the gain?

*Highly publicized stories of steroid use in Major League Baseball and among students have left people wondering about their appeal to athletes of all ages.*

*So take a closer look at the danger of steroids and their effect on SIUE.*

ZACH GROVES  
SPORTS EDITOR

Jose Canseco, Barry Bonds and Bay Area Laboratory Co-Operative all have one thing in common: a link to steroids.

Recently, U.S. Congress asked 11 current and former ballplayers, former Cardinals first baseman Mark McGwire among them, and Major League Baseball executives to address the issue of steroid use, past and present.

This fire was sparked by former Oakland Athletics slugger Jose Canseco, who wrote a book called "Juiced: Wild Times, Rampant 'Roids, Smash Hits and How Baseball Got Big," a tell-all book accusing several players of being on drugs while playing baseball.

In today's athletics, the heat is on to lift weights, train and prepare to go for the championship. Whether it is in middle school, high school, collegiate or professional athletics, for decades athletes have turned to these artificial enhancers to grow bigger, faster

and stronger.

The most common form of steroids is anabolic steroids, which help to build body tissue, according to [www.steroids.org](http://www.steroids.org). They "help build muscle tissue and increase body mass by acting like the body's natural male hormone, testosterone."

These enhancers can be taken either by needle injection,

damages and baldness. Other reports indicated that men may also suffer from reduced sperm count and increased breast size, while women may suffer from deepened voice and menstrual problems.

The most notable side effects from steroid use include "Roid Rage," which is aggressive behavior that can result in violent acts and fighting, mood swings and depression.

According to [www.steroids-info.com](http://www.steroids-info.com), steroid usage has been traced as far back as the 1930s, when scientists created a drug to increase hormone levels in men with hormonal deficiencies. In World War II steroids were provided as a counter to malnourishment in troops, and to this day have been medically used to increase strength in hospitalized patients and premature infants.

However, steroids also have become quite popular in the athletic realm because athletic performance seem to benefit with steroid use. The Olympics have had to conduct steroid testing after banning their use in 1975.

Recently, steroids have also caused hot controversy in the high school athletic arena. A Dallas Morning News investigation report in February found that 25 out of 100 current or former athletes interviewed in North Texas high schools have used steroids at one point.

The report noted that school districts throughout the nation, especially Texas, have amazingly overlooked this problem, and some coaches deny it is such a dilemma.

The focus of the steroid circus has been caused by MLB's recent crackdown on the use of steroids in athletes while weight training.

Following the magical 1998 season, which consisted of sluggers McGwire and former Chicago Cubs outfielder Sammy Sosa breaking Roger Maris'

see STEROIDS, page 11

*"We have had no one test positive (for steroids)."*

~Brad Hewitt

Head Athletic Director

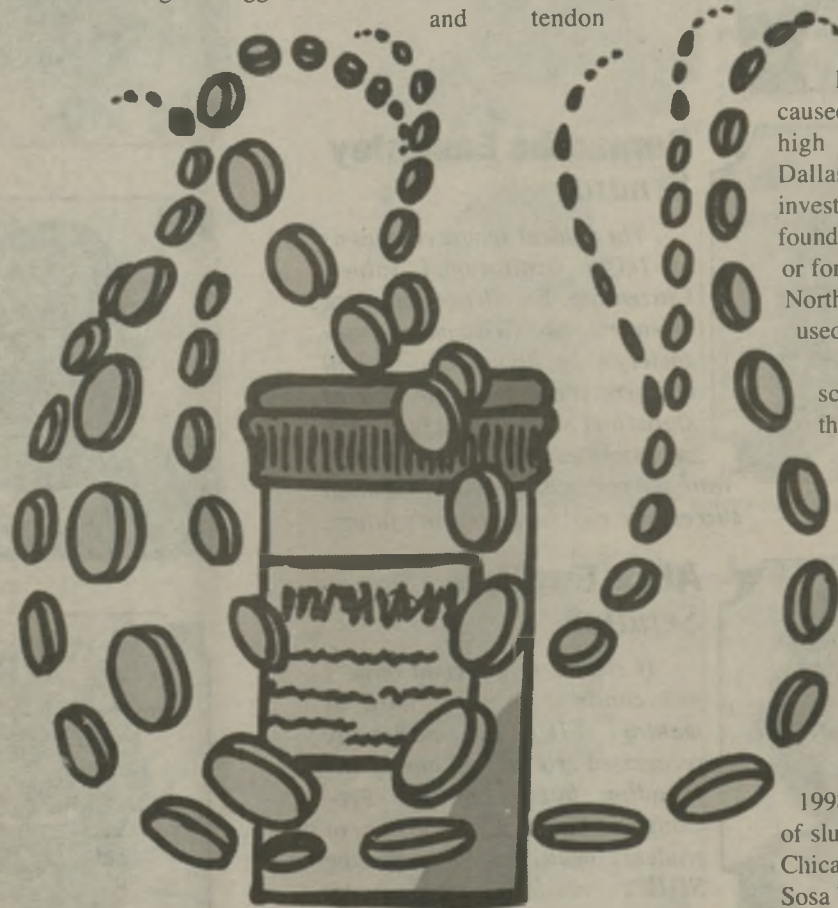
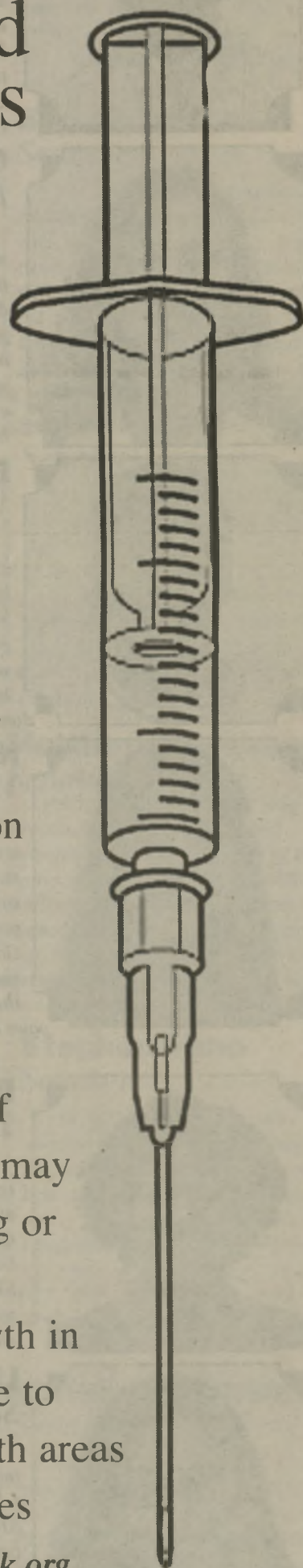
which is most common in athletics, by "popping the pill," which means taking the pills orally or by using an anabolic cream. Any steroid practice, if abused, can be dangerous.

While studies have shown that side effects directly harm males more due to the hormone growth, the effects are also harmful for females. Females may suffer high blood pressure and heart disease, liver damage, strokes and blood clots, diarrhea, increased risk of ligament and tendon

### Steroid Effects

- \* Liver cancer
- \* Sterility
- \* Masculine traits in women and feminine traits in men
- \* Aggression
- \* Depression
- \* Mood swings
- \* Jaundice
- \* Fluid retention
- \* High blood pressure
- \* Severe acne
- \* Trembling
- \* Weakening of tendons which may result in tearing or rupture
- \* Stunted growth in adolescents due to damaged growth areas on ends of bones

[www.prevlink.org](http://www.prevlink.org)





## Vote

1. Only students enrolled in courses at the time of the election are allowed to vote.
2. Students are allowed to vote for one person for president, vice president and student trustee.
3. Students are allowed to vote for up to 12 senator candidates. The 12 senate candidates who receive the most votes will be the winners.



**Larry Brown**  
President

*What I will try to accomplish in my tenure as Student Body President is a wholesome place for all people to receive the best college experience possible. Not only that but to make sure that we all live to the true mission of the university: Citizenship, Excellence, Integrity, Openness and Wisdom.*



**Cindy Holesko**  
President

*If elected, I will continue to work hard to increase state aid for higher education and to keep costs down. In the past, I have improved parking and housing regulations and will continue to do so. I will work with the administration to ensure that all students' voices are heard.*



**Eanista Dixon**  
Vice President

*As Vice President, I aim to assist students in the process of having a better student life here at SIUE. As a previous student government member, I am familiar with its policies and practices. I have what it takes to get the job done.*



**Nikki Grashoff**  
Vice President

*If elected to office, I will make myself available to students so they may vocalize any concerns or suggestions they have and then present them to the Student Government. I will also continue my endeavors to increase school spirit through projects like the cougar paws on campus.*



**Dell Jones**  
Trustee

*As student trustee, I will represent the students of SIUE at all of the SIU Board of Trustees meetings. I will function as the liaison between the students of SIUE and the Board of Trustees. I will advocate on behalf of the students.*



**Lisa Calvarese**  
Senator

*Senator I hope to help improve school spirit here at SIUE. I hope that by the time I graduate SIUE we can have a football team. I believe that by having a football team the school would have more spirit and involvement by students.*

# Election

The following student campaign statements have been p  
the statements for grammar or content at the request of



**Cameron Cobb**  
Senator

*As a student senator, I will uphold the duties the position entails and do my part in the promotion of campus life. My focus, which is inspired by the student body, is to be an important factor in the decisions made only to benefit all Southern Illinois University of Edwardsville students.*



**Don Conoyer**  
Senator

*If elected, I shall do my best to improve campus life and activities for students. I will also promote Greek life, athletics, and overall campus involvement.*



**Wesley Copper**  
Senator

*I will try my best to make SIUE the best that it can be. I want the problems that students have to be solved because that is what they are paying for. Parking and School Spirit and Pride are going to be my main focus.*



**Cassandra Costello**  
Senator

*I hope to make S.I.U.E. into a tighter community. And also help students have better resources. In addition, I plan on opening students up to many new ideas.*



**Samantha Easterley**  
Senator

*The student senate enables us to fulfill institutional values. Citizenship, Excellence, Integrity, Openness and Wisdom are our society's backbone and I will augment them. Both the current status and SIUE and its future are my priorities. SIUE's involvement with its community and graduation success are vital to the region's future.*



**Alex English**  
Senator

*If elected to a second term, I will continue to work hard at making SIUE a nationally recognized school. As one of the founding fathers of the Pro-Cougartarian Party, a group of students dedicated to furthering SIUE's academic and social capabilities, I promise to bring change.*



board, athletics, and my outgoing





# on 2005

n published as they were received. The Alestle has not edited  
quest of the Student Government Election Commission.

## Holly Glover Senator

If I am elected to be Student Senator, my promise is to make sure that our organizations on campus get as much funding as possible. Also, I will represent S.I.U.E. with an open mind to all students viewpoints and concerns.

## Timothy Goldman Senator

I would like to increase communication between administration and students. I will communicate between administration and students to keep everyone abreast to whats going on. I would also like to see SIUE get a charter bus to go back and forth to Chicago every weekend.

## Betsy Hall Senator

SIUE is a great school, but there's room for improvements. By promoting involvement, I think we can change the trend of campus being vacated on weekends. I feel that students' athletics need attention as well. With my experience in student council, finance and outgoing nature, I ask for your vote.

## Milton Kidd Senator

I hope to be an instrument in changing and reforming one of students' biggest complaints, which is parking services. Students need a voice between them and the administration and I hope to be that voice.

## Maurice Lawson Senator

I will represent the student body as a whole and make known all that SIUE has to offer. I will promote education to the fullest extent. I will also increase the communication link between students, faculty, and the student government. As a senator, I will BRIDGE THE GAP!

## Richard Mann Senator

I plan on trying to make every student's needs meet while I am in office. I want to make students' lives as easy as possible while they are attending SIUE.



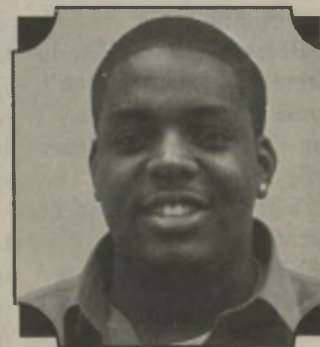
## Justin Matheny Senator

If elected into office, I will strive to promote attendance to school functions like sports, plays, and Greek life. I feel that those areas are key to any active, outgoing campus life.



## William Miller Senator

I want to increase student participation on campus. I want to increase school spirit. I want to foster the building of tradition among SIUE students, faculty, staff, and alumni.



## Carl B. Mitchell Senator

As senator here at SIUE, I will continue to serve the student body as a liaison between your needs and those who can meet them. My priorities are to increase Cougarpride, create a more diverse and integrated social atmosphere, and to cater to you. Your needs are my necessities.



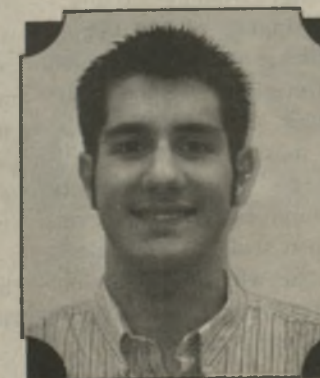
## Kyle Oehmke Senator

Realizing that the purpose of Student Government is to directly represent the student body of SIUE, I will do whatever it takes to serve the best interests of my peers. I will strive to ensure that every student has a voice while experiencing justice and equality at this university.



## Jesse Phelps Senator

I will help increase communication between the school's administration and the student body. I will also work to help improve extracurricular campus life. Most importantly, I will keep the students' best interests in mind so that their voices are heard.



## Jonathan Ritchey Senator

As a student senator, I will be an open ear to all student organizations. I plant to vote informed, rather than biased, on all issues concerning funding. I am here for my fellow students.

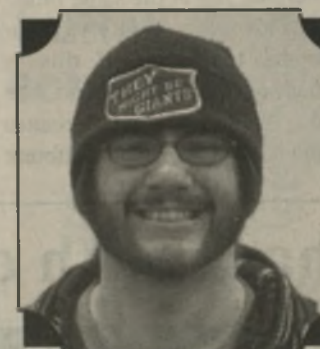
# Vote

## April 4 - 5



## Andrew Sarver Senator

I care about improving all aspects of our university, involving students having more control and input to improve our education, environment, organizations, and recreational opportunities. I was active in the national elections last fall and, with your help, want to continue my political involvement.



## Brian Schmidt Senator

I'm one of a few students running as a Democrat. I'd like students to have more say over their student government. Clearly, the Senate should serve the interests of the students, but those interests are less clear. Send ideas and concerns to me at [brschmi@siue.edu](mailto:brschmi@siue.edu).



## Lise Suliman Senator

As a student senator, I plan to be proactive about the issues that are really important to SIUE students. I will focus on improved parking conditions, getting non-traditional and commuter students involved with campus, and increasing school spirit and pride, which are essential to campus life.



## Matthew Townsend Senator

As a Student Senator and a Procougartarian, I intend to strengthen the overall quality of the non-academic life of individual students by expanding the types of events we offer. I will support activities that promote and develop leadership skills and any event that improves life at SIUE.



## Stephen Vano Senator

In office, I hope to start a solution to work on the state funding issue. I would also try my best at seeing SIUE grow with new programs and student involvement. Housing, Greek systems, and athletics could benefit the school and others' attitudes appreciating their time at SIUE.



## Christine Williams Senator

As a Student Senator, I will represent the students of SIUE. I feel the relationship between Parking Services and SIUE students would be improved by my election to the Senate. As your voice, I will represent you to the best of my abilities.



# Enjoy a mystery and a meal for April Fools Fest

NICOLE THORP  
LIFESTYLES STRINGER

As part of April Fool's Fest, students are invited to have a mysteriously fun time at a murder mystery dinner from 6 to 9 p.m. Friday in the Morris University Center's University Restaurant.

The dinner will consist of a three-course buffet, with actors performing in between courses. As the dinner goes on, the plot progresses, and the actors give out clues as to who the murderer is.

Participants in the mystery dinner will be given one guess per table, and each person at every table who guesses correctly will be given

a \$10 gift card.

Campus Activities Board Special Events Chair Rachel LaRussa said the CAB Special Events Committee wanted to try something different for April Fool's Day.

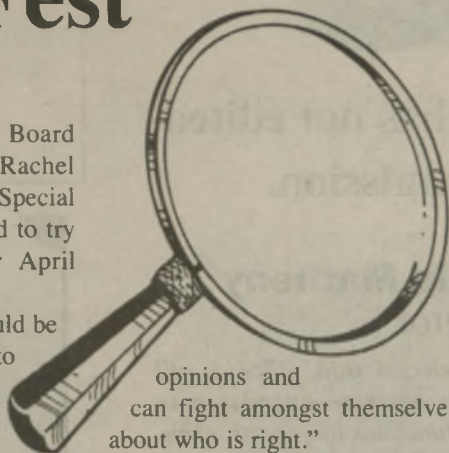
"We thought this would be a great way for everyone to have fun and act like a fool at the same time," LaRussa said.

LaRussa said she encourages students to attend the dinner because it's an inexpensive way to have a good dinner and fun at the same time.

"This is a great way for students to decide if this is something they like to do," she said. "This is fun because students will all have different

opinions and can fight amongst themselves about who is right."

The dinner costs \$8.75 and can be paid for with a meal plan or cash. The first course will be a salad bar, followed by fried chicken, fettuccini alfredo, mashed potatoes and gravy, green beans, corn and rolls and marble cake with chocolate icing for dessert.



## Living in a shack with dirty laundry



SHARA REYNOLDS/ALESTLE

A shack sits on one of the grassy knolls in the quad to represent the 16 percent of the world population living in shanty towns. The structure is part of the Dirty Laundry Project.

## ~ Health Wise ~

Get the most out of natural performance conditioning.

SARA WEST  
LIFESTYLES REPORTER



As illegal anabolic steroid use recently made its way into the media spotlight, many may be wondering if proper fitness conditioning even exists among athletes.

In our culture, people have been conditioned to want to perform better, be stronger and look muscular, which has led to an outbreak in steroid use among athletes of all ages and in all types of sports.

Elizabeth Quinn, a writer for Sports Medicine, said people may get the most out of a training plan without anabolic steroid use.

She further explained that improved performance may be obtained by following specific training principles.

Quinn said people should begin performance training by learning the principle of individual differences.

"Because every athlete is different, each person's response to exercise will vary," Quinn wrote. "A proper training program should be modified to take individual differences into account."

She listed some considerations, which include women and older athletes generally need more recovery time than men and younger athletes; small muscles heal faster than large muscles; and the heavier the load that is lifted, the more recovery time needed.

Another training factor Quinn discussed is the principle of overload – a greater-than-normal load on the body is needed for training adaptation to occur.

"In order for a muscle to increase strength, it must be gradually stressed by working against a load greater than it is used to," Quinn said. "If this stress is removed or decreased, there will be a decrease in that particular component of fitness."

Therefore, if a person wants to build muscle, weight loads must be increased and weight-training programs must be changed from time to time.

Changing weight-training activities is what Quinn labeled the principle of adaptation. She reported that repeating the same muscle activity or skill will result in the activity becoming easier to perform. She also said this principle is the reason why athletes are sore after beginning a new workout or increasing weights.

"Adaptation is the way the body 'programs' muscles to remember particular activities," she said.

Quinn said the principle of progression is the one that should get the most attention in people's training plans. This principle holds with the idea that there is an optimal level of overload and an optimal timeframe for this overload.

Overload, or added stress to the muscles, in training should not be increased too slowly or conditioning improvement will not occur, and overload should not be increased too quickly, or injury is likely.

Quinn said people should be aware that exercising above the body's target zone might be quite dangerous because muscles and the body need proper rest and recovery.

"Continual stress on the body and constant overload will result in exhaustion and injury," she reported. "You should not and cannot train hard all the time."

Although a person cannot train hard all the time, Quinn said, it is important to find a balance between training and recovering.

This is considered to be the principle of use/disuse, which, according to Quinn, simply translates into "use it or lose it." She added that people need to allow for proper stresses, or overloads, followed by proper periods of rest and recovery to get the most from their training.

Quinn said proper training must also follow a hierarchy that begins with a more general training workout and leads to a more specific training workouts. This is Quinn's principle of specificity – people must apply their workout to meet the specific needs of the particular sport, event or activity that people are training for.

"The point to take away is that a runner should train by running and a swimmer should

see HEALTHWISE, page 11

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## STEROIDS

from page 7

home run record of 61, steroids became a significant spotlight in sports. Much of the media pointed the finger at steroid usage as the reason McGwire, Sosa and Bonds were able to break records.

An original agreement in September 2002 between MLB's Players Union and the league's team owners agreed on steroid testing, however, New York Yankees first baseman Jason Giambi and outfielder Gary Sheffield, along with Bonds, San Francisco Giants outfielder, all admitted in a 2003 private testimony to continuing steroid use after the initial agreement.

As a result of the trio's testimony, players had to take at least one test a year, but would not be aware of surprise tests after that. Suspensions were hefty, ranging from 10 games to the whole season.

In January, according to espn.com, the union and the owners met again and came to another agreement, which increased even stricter steroid testing of the league's athletes.

Steroid testing has also entered collegiate athletics. Division I schools must hold mandatory steroid testing, and nearly 75 percent of Division II schools hold testing, SIUE Athletics Director Brad Hewitt said.

Steroids have not been an issue for athletes at SIUE in recent years, courtesy of an annual drug test.

"The process is (SIUE does steroid testing in) 20 percent, randomly, of every team in season and 10 percent out of season," Hewitt said.

In the SIUE Student-Athlete Handbook, these tests are unannounced and given to all athletes no matter what condition.

Beginning in the Fall 2001 season, tests ranging from saliva to Breathalyzer examinations are given and the samples are

collected by the head athletics trainer and submitted to a testing facility for identification. Results are kept confidential unless demanded otherwise.

The SIUE Athletic Department bans all substances listed under the NCAA guidelines, and the refusal to take a steroids test results in a "positive test result," the handbook stated. The book also notes the penalties that result from positive testing. The first offense includes additional testing for substances and suspension from athletic competition for one day. The second offense includes suspension for three days from athletic competition and a mandatory meeting with the parents of the student-athlete, the athlete and the athletics director and the athlete is sent for an evaluation with the SIUE Counseling Services. The third and final offense results in expulsion from the team and revocation of any scholarships the athlete may attain.

Since substance testing was instituted at SIUE, only one athlete has violated the test, but for a substance other than steroids.

"We have had no one test positive (for steroids)," Hewitt said.

Hewitt stressed the miniscule use of steroids in college, noting that people "just do not see it at (the collegiate) level."

As a former football coach, Hewitt said he has seen the growth of steroids mainly in high school.

As steroids continue to grow as a major problem in today's athletics, athletic departments nationwide continue to crack down on use, and stricter substance testing will occur in all athletic realms.

## A SIUE Murder Mystery Dinner

Come experience an exciting murder mystery full of shocks, twists, and PRIZES! A three course buffet dinner will be served.

Friday, April 1  
6 p.m. - 9 p.m.

University Restaurant

Doors open at 5 p.m. so come get a good seat!

[www.siue.edu/CAB](http://www.siue.edu/CAB)



Campus Activities Board

## HEALTHWISE

from page 10

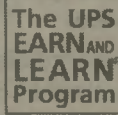
train by swimming," Quinn said.

She added that training must also be specific to individual abilities and training objectives.

Quinn stated that these principles are a cornerstone of most effective techniques used in natural,

performance training.

"These cover all aspects of a solid foundation of athletic training," Quinn said. "Once put together, the most logical training program involves a periodicized approach, which cycles the intensity and training objectives."



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Child Abuse Talk: 6pm Goshen Lounge  
Deconstructing Barbie 7:30pm WH MultifunctionR  
T & W: Feed Yourself & the world! 11-1:30 Quad  
W: Sex Signals 6:30pm, Conference Center, MUC  
R: Frozen: Fully Dressed activity Noon Quad  
Making Social Change Happen 12:30 MUC IL Rm  
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Sat/Sun 1:00 Fri/Sat 10:00  
**MISS CONGENIALITY 2** (PG-13) Daily 3:45  
6:30 Sat/Sun 1:15 Fri/Sat 9:15  
**GUESS WHO** (PG-13) Daily 4:30 7:15  
Sat/Sun 1:45 Fri/Sat 9:45  
**THE RING 2** (PG-13) Daily 4:45 7:30  
Sat/Sun 2:00 Fri/Sat 10:10  
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7:20 9:40 10:10  
**THE UPSIDE OF ANGER** (R) 1:40 4:40 7:40  
10:20  
**GUESS WHO** (PG-13)  
2:30 5:20 8:00 10:30  
**MISS CONGENIALITY 2** (PG-13) 1:10 2:00  
4:00 4:50 7:10 7:45 10:00 10:25  
**THE RING 2** (PG-13)  
2:20 5:10 7:50 10:15  
**ICE PRINCESS** (G)  
1:50 4:20 6:45 9:20  
**ROBOTS** (PG) 2:10 5:00 7:30 9:50  
**THE PACIFIER** (PG) 1:15 3:30 6:30 9:00

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- Juiced: Hying Masculinity in Sports
- Wrestling with Masculinity: Correlations between Literature and Pop Culture
- Masculinity and Family

### Thursday Morning Panels:

- Vulnerable Masculinities
- Gay Poetics/Gay Masculinity
- Uterus Envy

### Wednesday Afternoon Panels:

- The Manly Gaze: Inward and Outward
- Women in Science: Implications of the Lawrence Summers 'Diversifying the Science and Engineering Workforce' Speech
- Masculinities in the Context of Foreign Languages and Literature: German, Chinese, and Old Norse
- Waratory and the Good Ol' Boy Network
- The Animal(e) Kingdom
- Identity and Powerful Others
- The Language of Masculinity
- Blaxploitation: Films and Their Impact of African American Masculinity

### Enjoy an Engaging Wednesday Evening

Keynote Speaker: Dr. Don Conway-Long, Webster University,  
"Violence in the Fields: Masculinities, Social Sciences and Terrorisms"

Join us as speakers and discussants address issues of masculinity within a broad context from various disciplines and cultural perspectives.  
For program details see <http://www.siue.edu/CAS/COLLOQUIA/>



## Sports Quote of the Day

"I'm glad I don't play anymore. I could never learn all those handshakes."

~Phil Rizzuto



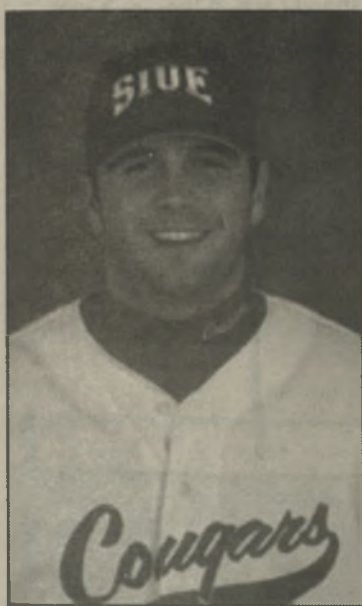
THURSDAY, MARCH 31, 2005

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13

# Sweep victory

*Solid starting pitching and Derek Stratman's saves sealed the doubleheader victories over Kentucky Wesleyan College*



COURTESY OF SIUE ATHLETICS  
**Junior pitcher Derek Stratman picks up saves against KWC.**

JONG CAMBRON  
SPORTS REPORTER

The SIUE Cougar baseball team extended its roller coaster ride with a doubleheader sweep of the Kentucky Wesleyan College Panthers, 1-0 and 4-2.

With the opening of the Great Lakes Valley Conference play March 19, the Cougars have traded off winning two games and then losing two games.

After the wavering cycle, they now carry an 11-6 overall record and a 6-4 record in conference action.

**"I'll come in every game from here on out if I have to."**

~Derek Stratman, junior pitcher

Junior pitcher Derek Stratman earned his first two saves of the season with two shutout innings in both games. He finished with five strikeouts and gave up only one single.

"Stratman did what he was supposed to do, go into tight games and shut it down for the win," junior second baseman Jeremy Bond said.

In the first game, Stratman and senior pitcher Jarad Rettberg combined to toss a two-hitter.



PHOTO COURTESY OF MANDI THORNTON

**Senior right-hander Jarad Rettberg tosses five shutout innings in the Cougars' 1-0 win in game one over Kentucky Wesleyan College. Rettberg earns his first win of the season and stands at a 3.27 ERA.**

Junior outfielder Robert Rahn picked up the lone RBI on a fielder's choice.

Even though the Cougars pounded out nine hits in the

second game, they only managed to score four runs.

"We should have scored more runs," head coach Gary

Collins said. "We are a work in progress offensively."

Junior outfielder Jeff Darnell led the team with three singles. Bond picked up a hit, a run scored and an RBI in his four trips to the plate against Kentucky pitcher Zach Woodard.

"I think after facing Woodard a few times, we had an idea of a pitch we were looking for and had good swings at that pitch," Bond said.

Freshman pitcher Cody

Litteken lasted into the top of the sixth inning when he was pulled after surrendering two runs, which gave Kentucky a 2-1 lead. Senior pitcher Ryan Spurgeon relieved Litteken.

The Cougars scored then two runs in the bottom of the sixth inning. Freshman catcher Cory Bunner doubled home a run, and sophomore third baseman Adam Tallman scored on a fielder's choice. SIUE added another run in the bottom of the seventh to make the score 4-2.

Once again, Stratman was brought into the game to seal the win for the Cougars. He struck out three of the seven batters he faced and gave up one walk to convert his second save opportunity.

"I'll come in every game from here on out if I have to," Stratman said. "I think I've pretty much settled into that role, and that's fine by me."

## Tennis snaps four-game winning streak at home

MATTHEW BRUCE  
SPORTS REPORTER

The SIUE men's tennis team suffered a bruising 8-1 defeat to the University of Missouri-St. Louis Rivermen Tuesday, ending its four-game winning streak.

It was the Cougars' first loss to a Great Lakes Valley Conference opponent this year.

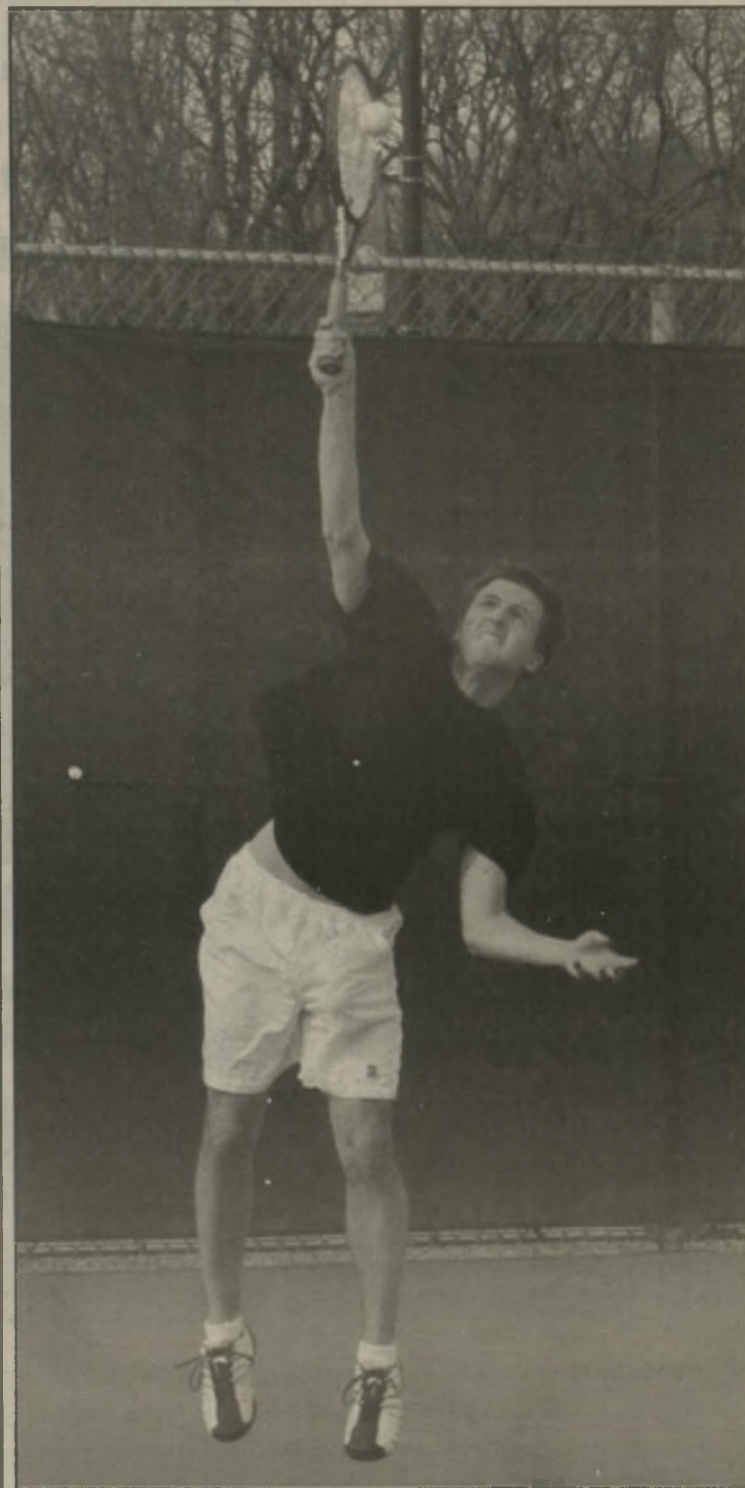
The Rivermen took control right from the start, beating the

Cougars to the punch in a set of hotly contested doubles matches.

"It was very close," UMSL head coach Rick Gyllenborg said. "It was one of those situations where we won all three, but we could have lost all three. I feel very lucky, very fortunate to get the win."

Rivermen Francis Lam and Raj Saini beat SIUE sophomore Andrew Reznack and freshman

see TENNIS page 11



AUBREY WILLIAMS / ALESTLE

**Despite pounding the ball offensively, the men's tennis team falls short in an 8-1 loss to UMSL. The Cougars look to start a new winning streak Friday at Indianapolis.**



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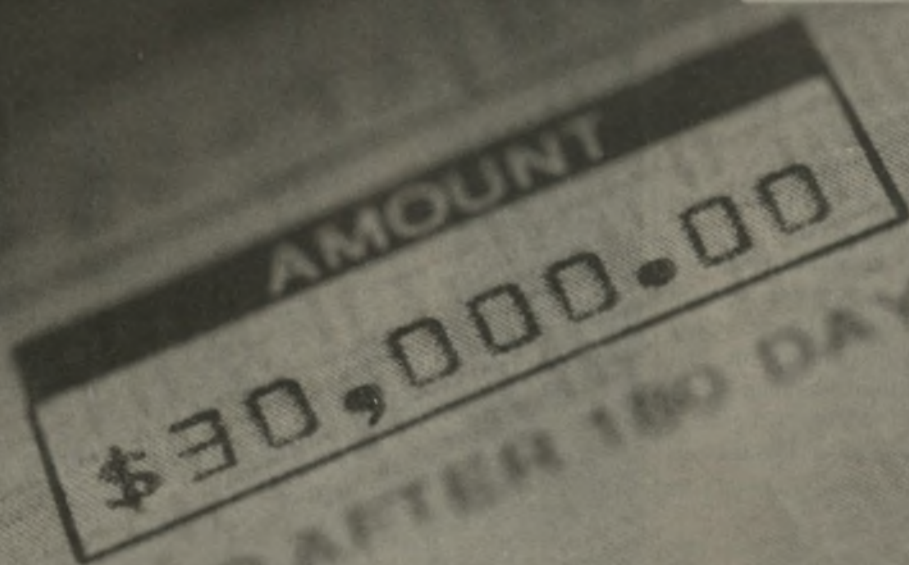
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## TENNIS

from page 13

Dan Glon, 9-7, in the No. 2 match before the senior duo of Chris Rigdon and Andy Renner fell 8-6 in the No. 3 spot.

Down 2-0 early, the Cougars looked to junior Matt Warner and sophomore Justin Free to pull out a win in the No. 1 doubles and get SIUE back in striking distance.

Free and Warner fought hard to take a 7-6 lead in the waning stages of the match. But gloom set over the SIUE court as Warner faulted four serves in a row to give the advantage back to UMSL's Mike Schaff and Steve Pobst. The SIUE twosome clawed back to tie the score, 8-8, only to lose, 7-4, in the tiebreaker.

UMSL, 6-2 overall and 4-0 in the GLVC, won the match 9-8 and took a commanding 3-0 lead into the singles contests.

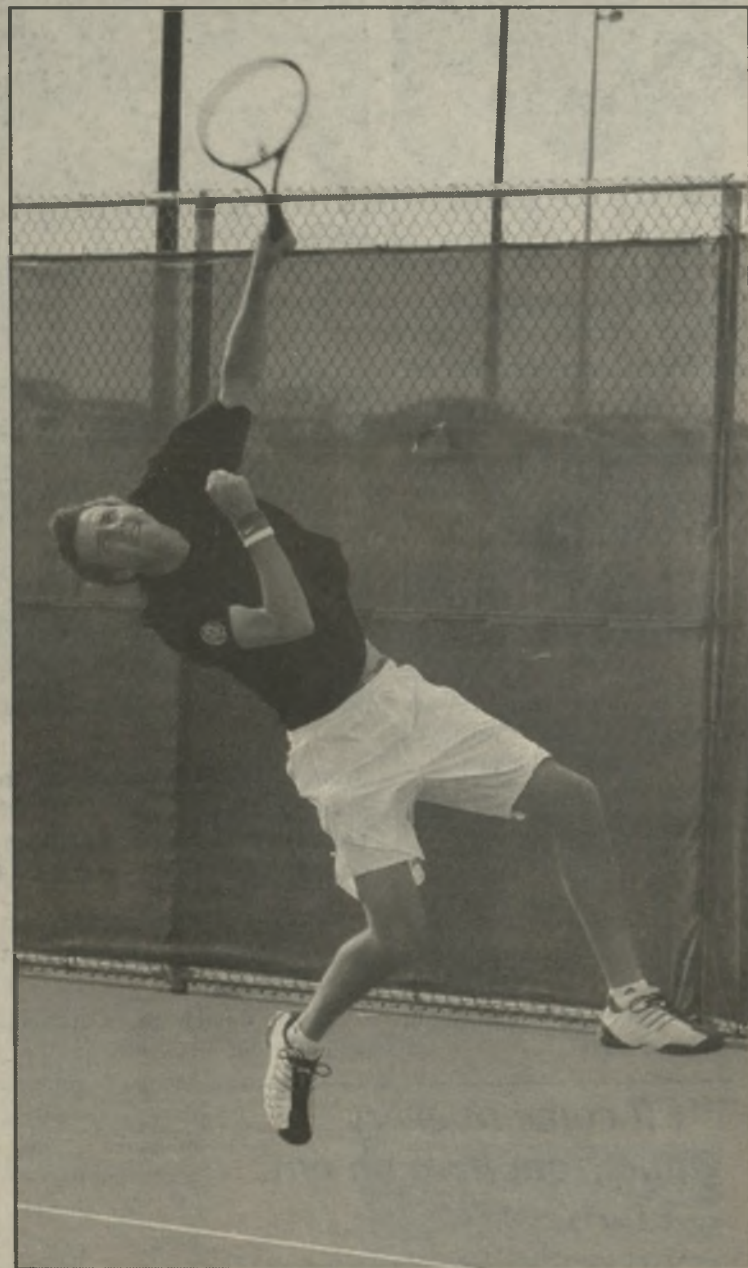
"Once we lost the doubles, I knew we were in trouble," SIUE head coach Bill Logan said. "It kind of took the wind out of us."

UMSL overpowered the Cougars the rest of the way, winning five of the six singles matches. The Rivermen won the No. 1, No. 2 and No. 3 matches in straight sets.

Glon and Renner put up a fight in their matches, both winning the second set, only to come up short in the third and decisive sequence.

Rigdon staved off the UMSL sweep by beating Ryan Burgdorfer, 6-2, 6-4, in straight sets at the No. 6 spot.

The Cougars fall to 7-5 on the season and are 2-1 in the GLVC. They travel to Indianapolis to face the University of Indianapolis Greyhounds at 3 p.m. Friday.



AUBREY WILLIAMS / ALESTLE

**Men's tennis flies high in Tuesday's match against UMSL, only to fall 8-1. At 7-5, the Cougars travel to take on Indianapolis University Friday.**

Read the  
Alestle online  
[www.thealestle.com](http://www.thealestle.com)



## Track laces up for outdoor season Friday

ZACH GROVES  
SPORTS EDITOR

The SIUE men's and women's track teams will have a chance to flex their muscles this weekend to open the outdoor season.

Led by a combined group of 12 All-Americans, the track squads will travel Friday to Cape Girardeau, Mo. to compete in the 24th Annual Gatorade Classic.

Women's head coach and men's assistant coach Ben Beyers reiterated the importance of the indoor season, in hopes of a successful outdoor campaign.

"We had a very exciting time indoors," Beyers said.

Throughout the meet there will be two divisions, Division I and Non-Division I schools. The Cougars will take off in the Non-Division I section against the Southern Indiana University Screaming Eagles, the Harding University Bison, the Rend Lake College Warriors' men's team and the Missouri Baptist University Spartans' women's team.

Although the 1600-meter relay teams, which consist of senior Jeff Fearday,

sophomore Jonathan Bannister and freshmen Kyle Rose and Ryan Nowakowski of the men, and senior Tairisha Sawyer, junior Kimetha Williams, sophomore Valerie Simmons and freshman Jessica Levy of the women, dominated indoors, nothing is set in stone for the outdoor tournaments.

"With some of the relays, I always tell the athletes that it is pretty much wide open for spots," Beyers said.

"Nobody is guaranteed a spot. Just because you competed in the 4-by-400 (1600-meter) relay indoors does not guarantee you a spot in that afterwards."

Beyers said he feels his decision could "very well change from week to week" and "month to month." He believes the speed of the runners will determine the makeup of the squads.

The case is different for the individual events, like the mile run or the weight throw, but a few slip-ups can cost the competitor that position as well.

"If you are not performing as well as you think you should, that obviously puts you out of

the event," Beyers said.

The toughest part of the preseason for the track coaches is to pick out any breakout runners or decide on who earns the privilege of accompanying the team to the meets.

"It is always difficult to pick out any specific individuals because everyone works so hard," Beyers said. "But there are the All-Americans. It is hard to say that but those are the ones you want to start with."

"As coaches, we do have to make a decision in terms of who is traveling with us," he added.

Senior Shavon Shegog joins the team this season after an injury-ridden campaign last year. She previously set records in the indoor circuit last year in the 200-meter dash, claiming a 25.75 second time.

Beyers said he expects the outdoor season to start slow, but feels the Gatorade Classic is a steppingstone towards reaching the expectations of the indoor season. "We will not be running as strongly as we will later in the year," Beyers said. "But this will give us an idea of where we are now."

## Team MW crowned king of intramural basketball

ALESTLE STAFF REPORT

March Madness has swarmed NCAA basketball this month, and it was no different for SIUE intramurals.

After a six-week campaign, last Thursday the Intramural Men's Basketball League ended its season with the championship game between the Miners and MW.

MW edged the Miners 50-44 in the matchup, led by Miners' senior Pat Readus and MW's senior Ryan Smith.

The Miners entered the tournament with a 5-0 record, where as MW came in with a 4-1 record after the regular season.

While all of the participants

had a chance, only a select number of players were nominated for the All-Star team: Readus, alumnus Darryl Tyler, sophomore Rosario James, senior Bryan Rainey, freshman Cody Carlson, sophomore Jonathon Ellington, junior Cole Wolf, sophomore Jason Friedrich, senior Josh Wemhoener, junior Ryan Dougherty, sophomore Terrence Ross, senior Tom Oller, junior Nolan Cramsey, junior Tyler Claypool, senior Willie Shirley, junior Dan Alldridge, graduate student Darren Dinkelman and junior Jared Miller.

The All-Star game was played Wednesday. The season starts up again in Winter 2005-2006.

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## MODULES

**Student Leadership  
Development Program &  
Volunteer Services**

### Modules

4/5/05

Module 22, 2:00 p.m.  
Professional Etiquette  
Jean Patterson, Director  
Career Development Center  
Board Room, MUC

4/5/05

Module 21, 5:00 p.m.  
Leadership Challenges for Men & Women  
Paul Pitts  
Assistant to Chancellor, SIUE  
Board Room, MUC

4/12/05

Module 24, 2:00 p.m.  
Managing Stress  
Nancy Vetter, Social Worker  
Anderson Hospital  
Board Room, MUC

4/12/05

Module 23, 6:30 p.m.  
Leadership Challenges for Minorities  
Starsky Wilson, CEO  
Madison County Urban League  
Board Room, MUC

### SLDP Reminders....

#### Volunteer Projects

April 2 - St. Vincent dePaul Thrift Store, E. St. Louis, IL  
April 19 - Share Food, Granite City, IL  
May 21 - Share Food, Granite City, IL

For more information and the calendar, contact the Kimmel Leadership Center at extension 2686 or visit the website at [www.siu.edu/KIMMEL/SLDP](http://www.siu.edu/KIMMEL/SLDP).

Campus Recreation [www.siu.edu/CREC](http://www.siu.edu/CREC)



## Cougar Lake Pool Memberships On Sale April 4

For more info call 650-BFIT

Memberships are available and must be purchased at the Front Desk of the Student Fitness Center.

Only individuals directly affiliated with SIUE will be allowed to purchase memberships to the pool.



Payments can be made by cash, check, Visa or MasterCard.

## Cougar Lake Marina

Located just south of the Cougar Lake Pool

April 16 - May 1 Saturdays and Sundays 12:00 pm - 5:00 pm

### Hourly Boat Rates:

For Staff, Faculty, and Alumni

Canoes	\$1.00/hour
Pedal Boats	\$1.00/hour
Rowboats	\$1.00/hour
Kayaks	\$1.00/hour
Sail Boats	\$2.50/hour

SIUE students can use facility for FREE

For more info call 650-BFIT or 650- 3245





# CLASSIFIEDS

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THURSDAY, MARCH 31, 2005

## HELP WANTED

**Web Radio** is always looking for new talent! Anyone interested in joining a fun and fulfilling student organization should contact Erin at [eschaus@sive.edu](mailto:eschaus@sive.edu) or 650-3267. 3/31/05

**Interested in live sound and theatrical lighting?** MUC Technical Services is looking for enthusiastic individuals to work as media technicians. Phone: 650-2412 4/05/05

**Help wanted at the Edwardsville Cyclery.** Stop by for an application. Full-time and part-time. Male or female. Sales office work. 4/07/05

**Nursery attendant needed** during worship services at church in Maryville. \$7.50/hr for up to 5 hrs/weekend. Call Debbie at 345-5692 for information. 4/07/05

**Laborer-Landscape work.** Experience required for Spring, Summer and Fall positions. Part time and full time positions starting at \$7.50 per hour. 345-9131 4/05/05

**summer nanny wanted** for 2 children, ages 4 and 5. Daytime 8-5, Monday through Friday in Edwardsville home. Non-smoker. 18 and over preferred. (217)876-9286 3/31/05

## ROOMMATES WANTED

**Two female roommates** wanted to share 5BR house w/3 other females. \$325/mo. rent ea. Incl. all util./pool/wash & dry/ph/high sp. int. 8 miles from SIUE. Call Julie @667-1160 or Jackie @314-487-0237. 4/28/05

**Female roommate wanted** for Edwardsville apartment. Contact 314-306-5810. 3/31/05

**Room for rent,** walk/bike to campus. \$280/mo. including utilities, Ph + internet access. 949-307-2532. Available 4/10. 3/31/05

**Need female roommate** to share two bedroom townhouse. Call 618-304-1524. 3/31/05

## FOR SALE

**For Sale 1987 Mercury-only** 41,000 miles. Electric everything. Call 618-406-8134. \$1800.00. Air, tape player. 3/31/05

**1996 Ford Mustang GT.** Great condition, 95,500 miles. Call for details. 217-433-6085. 4/28/05

**Stackable washer and dryer for sale.** Call for details. \$300. 655-0203. 3/31/05

## FOR RENT

**Two Bedroom-Union Street Apts.** Fully equipped kitchen, w/d and cable hookup. 127 East Union St. 656-1624. 4/28/05

**2 Bedroom House,** Downtown Edwardsville. \$475 plus sec. deposit. 656-3639. 4/12/05

**Tired of living on campus?** Spacious 2-bedroom, 1.5 baths, w/d hookup, 24 hour maintenance/customer service. Starting at \$750.00. 618-692-9310, [www.rentchp.com](http://www.rentchp.com) 4/28/05

## MISCELLANEOUS

**Vote Cindy Holesko** for President on April 4th and 5th. 3/31/05

**Used Books at Bargain Prices.** Good Buy Bookstore, Lovejoy Library. Room 0012, Wednesdays and Thursdays 11a.m. to 2p.m. Sponsored by Friends of Lovejoy Library. 4/28/05

**\$600 Group Fundraiser** Scheduling Bonus. 4 hours of your groups time PLUS our free (yes, free) fundraising solutions EQUALS \$1,000-\$2,000 in earnings for your group. Call TODAY for a \$600 bonus when you schedule your non-sales fundraiser with Campus Fundraiser. Contact Campus Fundraiser (888) 923-3238 or visit [www.campusfundraiser.com](http://www.campusfundraiser.com). 4/28/05

[www.thealestle.com](http://www.thealestle.com)

## PERSONALS

**Congrats to Rachel Scronce AFW** Active of the Week! AFW 3/31/05

**Congratulations to Chelsee Huggins** and Brandon Stone. AFW pledges of the week! Keep up the good work! 3/31/05

## ALESTLE SALES REP WANTED

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(2 line minimum) 20 runs: \$.85/line  
3 runs: \$.95/line Personals: \$.50

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Tuesday Publication: Noon Friday  
Thursday Publication: Noon Tuesday

## Adjustments

Read your ad on the first day it appears. If you cannot find your ad or discover an error in your ad, call 650-3528 or come into the office. Positively no allowance made for errors after the first insertion of advertisement. No allowance of correction will be made without a receipt.

## Placing Ads

To place a classified ad, come to the Office of Student Publications, located in the UC, Rm. 2022, and fill out a classifieds form.

**Alestle Office Hours:**  
Monday thru Friday: 8am - 4:30pm  
650-3528

## EDITOR WANTED

the Alestle

EDITOR SEARCH

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Applications close  
4:30 p.m.  
Monday, April 4

### The Alestle seeks an experienced undergraduate to lead the student newspaper

The successful candidate must have leadership, a sense of community and journalistic ability. Knowledge of newspaper layout and design, including proficiency in QuarkXpress program is helpful.

The job requires 20 hours per week with the heaviest workloads on Monday and Wednesday afternoons and evenings. The new editor will begin work with the summer semester, May 23.

Complete information on applying for the job is available from the receptionist at the Alestle, Room 2022 in the Morris University Center.



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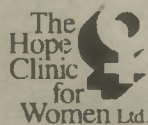


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<p>all <b>PEAVEY</b> microphones Only <b>\$69.99</b></p>	<p><b>TAMA</b> Rockstar and Customs to Low to Print!</p>	<p><b>50% off</b> List Price on all <b>Zildjian Cymbals</b></p>
<p>we now have <b>Rivera &amp; Rickenbacker</b> guitars</p>	<p><b>hundreds of Guitars</b> in stock!</p>	<p>Expanded selection of <b>Drums, Cymbals, Sticks, &amp; Heads</b></p>

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