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See Lifestyles

ALTON ■ EAST ST. LOUIS ■ EDWARDSVILLE

TUESDAY, NOVEMBER 9, 2004

SOUTHERN ILLINOIS UNIVERSITY EDWARDSVILLE

Vol. 57, No. 22 ♦

# Voters at SIUE follow national trend

RYAN WARTICK  
NEWS STRINGER

Following the nationwide trend of increased voter percentages, an increase of more than 300 SIUE students turned out to vote in the 2004 elections compared to the 2000 presidential election.

"In 2000, only 270 people voted on campus," Assistant Director of the Kimmel Leadership Center Suzanne Kutterer-Siburt said. "We had an increase of 317 votes cast. Also, students who live off campus were turning out at off-campus polling places."

Democratic presidential candidate John Kerry and U.S. Senate candidate Barack Obama received more than 70 percent of the votes cast on campus Nov. 2, according to the Madison County Clerk's Office.

The results are unofficial until all absentee and provisional ballots have been authenticated and counted, but as of Nov. 4, Kerry had received 420 votes compared with 164 votes for President Bush and Libertarian candidate Michael Badnarik received one vote and there were two votes cast for write-in candidates.

On campus, Obama fared equally as well as Kerry. He received 432 votes, or 78 percent,

compared with 102 votes, or 18 percent, for Alan Keyes. The Libertarian Jerry John, Independent Albert J. Franzen and write-in candidates garnered 19 votes combined.

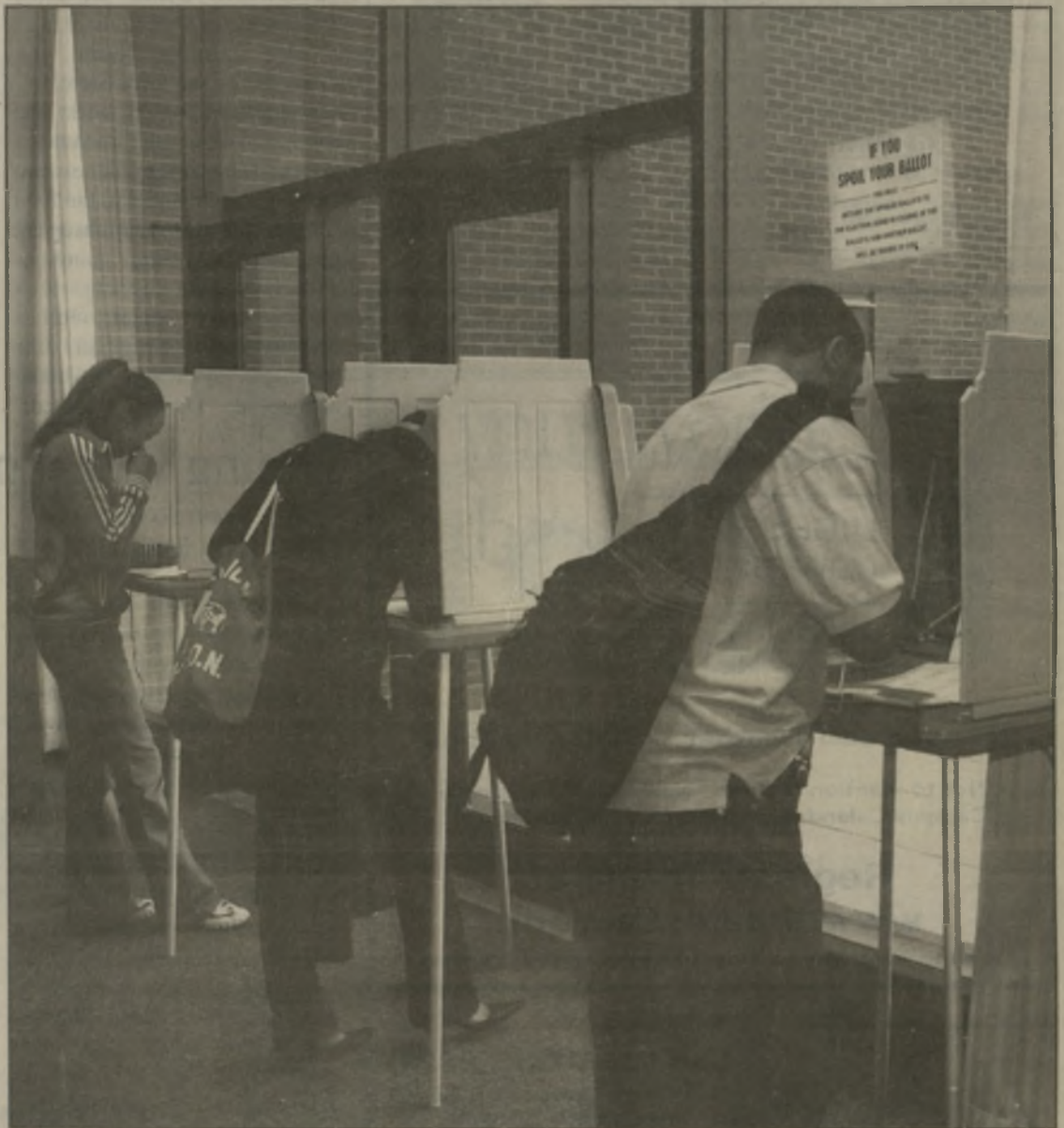
When all the vote counting is completed by early December, it is predicted that an estimated 120.2 million citizens will have cast their votes for president in this election, a 59.6 percent turnout rate of eligible citizens, the highest since 1968 when 61.9 percent of eligible people voted.

Nearly 15 million more Americans voted in 2004 than in 2000 when 105.4 million voted, a 54.3 percent voting rate.

On campus, the voter turnout rate was slightly below the national average. Unofficially, 587 of a possible 1054 registered voters, or 55.6 percent, cast their ballot on Nov. 2.

All of the races in Edwardsville Precinct 21 went in favor of the Democratic Party with the closest race being for the 19th Congressional District seat between Republican incumbent John M. Shimkus and Democrat Tim Bagwell. Bagwell received 67 percent of the on-campus vote compared with 32 percent for S Shimkus.

"We wanted the students to make an educated vote and I think that we accomplished that," Kutterer-Siburt said.



SHARA REYNOLDS/ALESTLE

Students line up for the opportunity to vote Tuesday in the 2004 election.

## Students invited to fall into fitness

SCHALENE HOUSTON  
NEWS STRINGER

Campus Recreation and Wellness Center are inviting students to fall for fitness and come learn tips about fitness and health from 10 a.m. until 2 p.m. Wednesday in the Student Fitness Center.

"It is to provide an opportunity for students and the rest of the community to find out wellness information about themselves," Assistant Director for Campus Recreation Aimee Knitter said.

The program is designed so

people of the community can improve their fitness.

"It's a way for people to get on the right track before going into the holiday season," Knitter said.

The Wellness Center staff realizes that some people may have unhealthy diets that could lead to obesity or heart problems. Knitter said having this program will provide those in the community with ways to stay healthy and start on a regular diet.

"There are tools to help get workout tips," Knitter said.

see FITNESS, page 3

## Dunham theater seats move to Wildey

JANELLE DOBSON  
NEWS STRINGER

After 35 years of service in Dunham Hall Theater, the seats will have a new life in the historic Wildey Theater in downtown Edwardsville.

A civic development group, the Alliance of Edwardsville and Glen Carbon, bought the 397 seats for \$1 apiece as a major step forward in renovating the theater.

Edwardsville Alderman and SIUE Assistant Vice Chancellor for Administration Richard Walker helped arrange the purchase.

Theater and Dance

Department Chair Otis Sweezey said the sale "was a good deal" for the alliance.

Dunham Hall seats are expected to be replaced during the winter break.

Bids have been received and are being evaluated by Facilities Management for recommendation to the Southern Illinois University Board of Trustees.

The 27,000-square-foot Wildey on Main Street has been vacant and without utilities for years. The city of Edwardsville bought the three-story theater in 1999 thanks to \$300,000 in state grants.

The city has put additional

money into renovating the building's distinctive art deco façade.

SIUE students are volunteering to help the restoration of the Wildey Theater.

Members of the U.S. Institute for Theater Technology group at SIUE have been busy helping bring the theater back to life.

Sweezey said the volunteers have been working weekends to clean out the Wildey.

"I've seen a lot of work there lately," he said.

The last movie shown at the Wildey was "The Big Chill" in 1984.





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## Murder mystery fills University Restaurant

COURTNEY RAKERS  
NEWS STRINGER

With fine dining, tons of attendance prizes, a silent auction and an intriguing mystery, guests and performers alike counted the seventh annual Mystery Dinner Theater a success.

On Sunday, the Morris University Center's University Restaurant was transformed into a hotel restaurant for "Murder in the Air," a play by Peg Sheldrick.

With over 50 people in attendance, the Friends of Theater and Dance presented their play.

The evening began with salad, drinks and discussion.

Guests mingled with one another, winning attendance prizes and checking out the silent auction. While enjoying the food and atmosphere, some observant guests noticed strange going-ons at the head table.

The play began, with a mystery unfolding in the restaurant. By the time the butler announced, "Dinner is served,"



SHARA REYNOLDS/ALESTLE

**Lady Ariadne Dithering-Ninny, played by Rachel Tompkins, faints into the arms of Ricky "Struts" Wingspan, played by S.J. Morrison, after being told of her husband's demise in the first scene of "Murder in the Air." Fred Faust, who played Harris the butler, is standing by.**

most guests were thoroughly intrigued.

With a murder, lies, infidelity, alibis and a huge inheritance at stake, guests were pondering "whodunit."

Ballots and the crime files were hidden under the table settings for guests to review before choosing their suspect over dinner.

Reno Walsharski, assistant to  
see DINNER, page 3

## Dining with a professor offers food for thought

BRENT NAYLOR  
NEWS REPORTER

Students will be able to enjoy a free lunch, that is, if they take a professor with them.

SIUE is now providing meal passes to students taking faculty to lunch through the "Food for Thought" program developed last summer.

"The 'Food for Thought' program is a way to extend class discussion and promote faculty-student interaction in a relaxed atmosphere," Assistant Director for Academic Programs and Assessment Kara Shustrin said. "We often hear that students ... are reluctant to approach faculty because they are intimidated. We hope to break down this barrier through the program."

"We also hope that students will get to know their professors better," Shustrin added.

A process must be followed for students to get their meal passes approved.

"To get meal passes, residential students need to complete a quick form that is available at the Cougar Village Commons front desk, the Cougar Village Family Resource Center or any residence hall front desk," Shustrin said. "Requests must be received by 4 p.m. the day prior to the lunch/dinner date, requests for Monday must be submitted by 4 p.m. the Friday prior."

According to Shustrin, the extra time allows housing to verify faculty attendance and to prepare meal passes.

Students can pick up meal

passes any time after 9 a.m. on the day of their meal at the Bluff Hall office.

However, Shustrin assured students that other arrangements can be made if necessary.

Once per month, students may obtain two \$7 meal passes that work at any dining venue on campus. Lunches will be verified with faculty before passes are issued.

Shustrin said that meal pass violations will result in "the student's SIUE account [being] charged \$14.00."

Faculty may request meal passes to take a student to lunch, as well, provided the student a resident.

For more information on the Food for Thought program, contact Kara Shustrin at 650-0546.

## Organization of the week

COURTNEY RAKERS  
NEWS STRINGER

The Retention of African American Men Association is dedicated to helping African American males adjust to university life and improve their academic careers by providing workshops, social events, mentors and academic discipline.

"There is a one in five graduation rate (for African American males), so for every five freshmen that enter the university, only one will graduate," Carl B. Mitchell Jr., president of RAM, said. "Anyone who is dedicated to helping them (graduate) should join RAM."

RAM sponsors study sessions from 4 to 6 p.m. every Tuesday and Wednesday in the Special Services office in Peck Hall, Room 1313.

Members also visit the Early Childhood Center each Thursday for the Generation Next program where they can play with, talk to and mentor the children.

"Lots of times kids will say they want to be a rapper ... we try to bring them to the medical or law field and broaden their opportunities," Mitchell said.

According to RAM's constitution, membership is open to any student, staff or faculty member who wants to work toward raising retention of African American men at SIUE.

Students interested in RAM can attend meetings which take place at 6 p.m. on alternating Thursdays in the International Room of the Morris University Center or visit their Web site at [joinram.4t.com](http://joinram.4t.com).



## FITNESS

from page 1

During the day there will be free screenings provided. Some of the screenings included are for blood pressure, flexibility and muscular strength.

Knitter said that mainly nursing and kinesiology students will be helping participants and running the tests.

"The nursing students will test the heart rate and blood pressure," Knitter said.

After tests are run, there will be an explanation and suggestions for improvements will also be

provided.

Although the event lasts until 2 p.m., the Wellness Center is asking for all participants to arrive by 1:30 p.m.

Workout attire is required for this event.

Knitter said she would like for everyone to come out and learn more information concerning their health. "I encourage people to take the time to come and find out about their wellness," Knitter said. For more information, call 650-BWEL (2935).

## DINNER

from page 2

Detective Holden Gunn, played by Kelly Maier and John Harvey respectively, encouraged guests to purchase clues over dinner to help their table choose the correct answer on the ballot.

Keri Morrison, mother of S.J. Morrison, mechanic Ricky "Struts" Wingspan, defended her son during the debates. "Don't say the mechanic ... he's really a nice boy," Morrison said.

At the conclusion of dinner each table turned in their ballot and waited anxiously for the murderer to be revealed. Another turn was still in store for them when Lord Cyril "Budgy" Pierce Ninny, played by Gregory J. Conroy walked in. There had been no murder, only an attempt.

One guest stated that

the program had tipped her off.

"We couldn't imagine you (Conroy) being in a play and not speaking," she said.

Tables that had correctly identified the would-be murderer were recognized while the final attendance prizes were awarded and the silent auction concluded.

Conroy, who also serves as president of FOTAD, expressed approval at the evening.

"Some of them (the actors) had never acted before but I knew they were very expressive," he said. "It was interesting."

"It was an enjoyable evening," said Roger Bowler, a guest at the dinner. "I'll come back next time ... next Mystery Dinner Theater, count me in."

## Campus Scanner

**Open Gaming Night:** Join SIUE World Powers and University Housing from 5:30 to 11 p.m. Tuesday in the Cougar Village Commons Multifunction Room for a night of board, card, video and miniature games. Contact Christine Boston at [prudence\\_walker@yahoo.com](mailto:prudence_walker@yahoo.com) for more information.

**Writing with Details:** Come improve your writing skills from 1:05 to 1:55 p.m. Tuesday in Peck Hall, Room 1412. For more information, contact the SIUE Writing Center at 650-2045.

**Fall for Fitness Day:** Join Campus Recreation from 10 a.m. to 2 p.m. Thursday in the Student Fitness Center for the Annual Fall for Fitness Day. This will feature health assessments including heart rate, blood pressure and body composition. For more information, contact the Wellness Center at 650-2935.

**International Fest:** Enjoy a variety of cultural performances from 10 a.m. to 2 p.m. Thursday in the Morris University Center's Goshen Lounge. For more information, contact the Kimmel Leadership Center at 650-2686.

**Late Night Espresso:** Josh Melvin will be performing from 8 to 11:30 p.m. Thursday in Starbucks as part of the Late Night Espresso series. For more information, call the Morris University Center at 650-2305.

**French Conversation Hour:** Come polish your French skills from 12:30 to 1:30 p.m. Friday in the Morris University Center's cafeteria. Contact Geert Pallemans at 520-3548 for more information.

**International Night:** Join CAB and the International Student Council from 6 to 11 p.m. Saturday in the Morris University Center's Meridian Ballroom for a night of cultural

activities. International Night features dinner, live performances, a DJ and more. Tickets are \$10 for students, \$12 for faculty, and \$14 for the general public, and may be purchased at the Morris University Center's Information Center. For more information, contact Kimmel Leadership Center at 650-2686.

**Tobacco Counseling:** The American Lung Association of Illinois is providing the Illinois Tobacco Quitline. Registered nurses, respiratory therapists and addiction counselors staff the toll-free line. Counseling is free to residents of Illinois. Those interested should call (866) QUIT-YES. Hot line hours are from 7 a.m. to 6 p.m. Monday through Friday.

**Alcoholics Anonymous:** The Gut Level Group meets at 7 p.m. Saturday in the Religious Center. This is an open meeting of Alcoholics Anonymous and Al-Anon.

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The name Alestle is an acronym derived from the names of the three campus locations of SIUE: Alton, East St. Louis and Edwardsville.

The Alestle is published on Tuesdays and Thursdays during fall and spring semesters, and on Wednesdays during summer semesters. For more information, call 650-3528.

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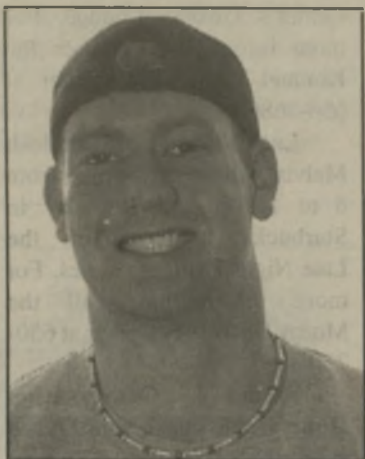
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# Opinions & Editorial viewpoints & commentary

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A l e s t l e

TUESDAY, NOVEMBER 9, 2004 ◆



It's the simple things in life that make me happy; clean underwear (if available), video games (Tiger Woods 2005), and fresh-cooked food.

While my having a fresh pair of drawers is unlikely and buying Tiger Woods 2005 is just beyond my budget constraints, me cooking food of any kind is just impossible.

This has led to a lot of single

## Simple things not so easy for some

dates with House of China II, McDonald's, Wingin' It and Papa John's. A few weeks ago this fast food-Chinese-pizza eating frenzy culminated when I called Wingin' It (that fabulous little startup chicken joint that only

A simple task, right? Koko the sign language savvy gorilla could microwave popcorn, right? You read the back of the bag and throw it in the microwave and hit the button that blatantly says "popcorn."

my roommate walked in the kitchen and, after a moment turned off the microwave.

He asked me if I was cooking popcorn. I figured there was no reason to hide my accomplishment, so I said yes. He brought the bag into the living room as evidence that I had failed to take the bag out of the plastic wrapper.

Strike one.

The next day I got up and thought it would be a great idea to make some pancakes. It's hard to screw up pancakes, right? I cracked the eggs, threw it in the bowl with all of the other stuff and beat the living hell out of it.

Having not screwed up yet and seeing a possible future as a professional pancake chef, I

see POPCORN, page 5

*"I was suffering from a severe lack of ambition, so I decided to microwave some popcorn."*

delivers) and they weren't open. It was around 9 o'clock at night and I was suffering from a severe lack of ambition, so I decided to microwave some popcorn.

I did all of this, sat down on the couch and waited until the microwave was done working its voodoo on the popcorn. With the microwave still humming away,

## Karaoke; uniting the world with song

One should never underestimate the power of karaoke. I learned that this weekend on a trip to Nashville with other Alestle staff members. In other words, what do you get when you take eight people from completely different backgrounds with very different personalities and throw them on stage together - a night full of comedy, apparently.

The staff and I were in search of a fun time, and we

happened upon Graham Central Station, a place that claims to have seven different bars inside. We were looking for a place to dance, but stopped short when we saw the TV screens with the lyrics scrolling along and the music blaring in the background.

It was like a sign from the heavens. "Stop here, children, fun awaits you." We sat tight-lipped for a few moments, but soon the words to all the songs were dripping from our mouths

and the dancing followed shortly thereafter. We rocked out, we slow danced, we got our bump-and-grind on. We were like frogs in a blender mixed with neon lights and a barrel of monkeys.

It didn't take long for the eight of us (four boys, four girls) to decide to give the stage a try and belt out a rousing rendition of the B 52's "Love Shack." We rocked out together and with every "Bang, bang, bang, on the door baby," all differences were



forgotten. We bonded over the sound of the cheering and clapping and singing, and by the line "Tin roof, rusted," we were a family. Albeit we were a strange family, of loud obnoxious off-key singers, but we were a family none the less.

By the time we went back one night later, we were the rowdiest bunch in town, so much that for every song we danced and cheered, we had a few songs played for "the group from St. Louis" as they called us.

I have to admit that I have never had so much fun, and I never knew that I could enjoy being with so many people who were so different from me.

For anyone who has ever thought that they couldn't get along with someone else, for whatever reason, or worried that the differences were too broad to overcome, I recommend karaoke. You'll never know how much fun you'll have till you get on stage with a group of people and sing the Beatles "Hard Day's Night." For anyone who wants to add a little life to your party, the Alestle staff is available for karaoke.

Tyler Bennett  
Editor in Chief





## POPCORN

from page 4

threw caution to the wind and turned on the stove. I got the temperature right, but I forgot to move the plastic plate away from the flames – only a little bit of the plate melted, don't get your panties all bunched up. The saddest part of the story is that I burnt the pancake so bad it tasted like I was gnawing on a Brillo pad. Nonetheless, I ate it.

Strike two.

That night I was going to

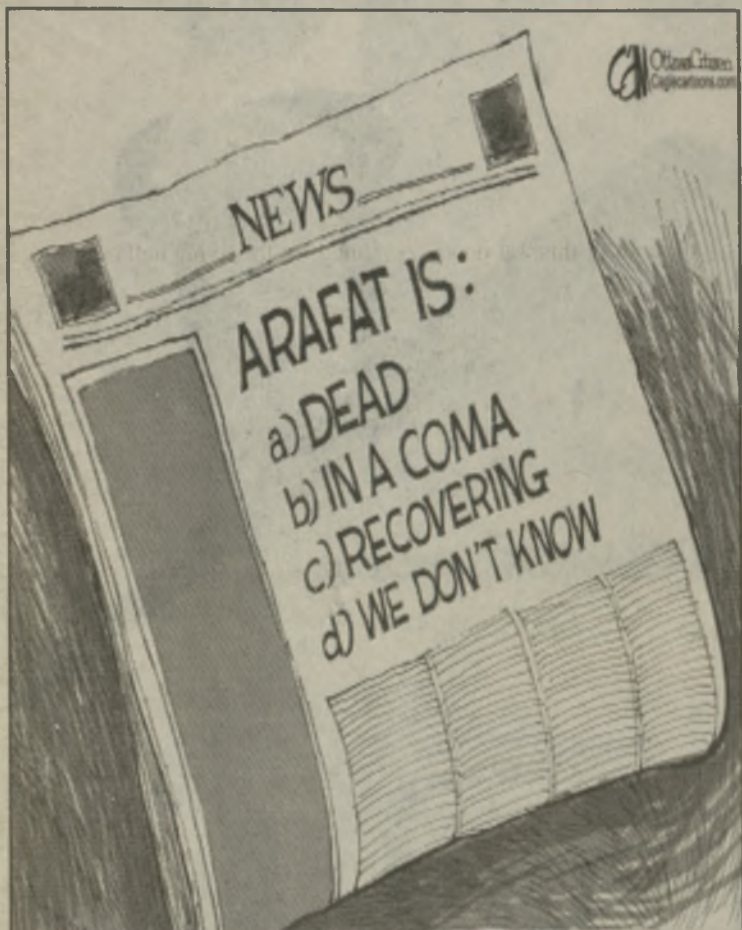
boil some brats in beer. I bought Italian sausage on accident and insisted on boiling them in beer anyway. The experiment went flawlessly on the part of the sausage, but another plastic plate was wounded in the process. Needless to say, nobody ate the sausage.

Strike three.

Travis Ross  
Columnist

Radiomn1@hotmail.com

## Political Cartoon



## Quote of the Day

*“Men of few words  
are the best men.”*

~ William Shakespeare

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# Lifestyles

PEOPLE, ENTERTAINMENT, & Arts

## Change lives over spring break

*Habitat for Humanity is looking for students to build houses*

*The organization hopes to build 200,000 homes by the end of 2005*

EMILY TAUL  
LIFESTYLES STRINGER

**H**abitat for Humanity International is putting SIUE students to the "Collegiate Challenge."

The organization is looking for students to attend an alternative spring break choice where they will build homes for the betterment of local communities.

Registration for the coming spring trip began Monday, Oct. 25 and will end in January, and those interested in the one-week trip can find information on the Web site at [habitat.org](http://habitat.org).

"Any group of students, five or more, can join the challenge," Alynn Woodson, Habitat for Humanity International Collegiate Challenge manager said. "They should first check out the Web site where they can look for local affiliates and then register over phone with the office at 1-800-HABITAT."

Woodson said experience does not really matter, but there is a stipulation on the age of volunteers.

"Volunteers must be 16 years of age, but we are basically looking for anyone interested in hard work, learning about construction and the surrounding community," Woodson said. "The local affiliates are used to volunteers with little or no experience, so construction knowledge is not an issue."

Students do need to follow and meet a set of objectives found on the Web site.

"The best way to prepare is to select a team leader to guide the group dynamics and to prepare and provide the group with its necessities," Woodson added. "It is up to the group to provide food and transportation, and the local affiliate they sign up with will help guide them and give them advice."

By the end of 2005, Habitat for Humanity will have built 200,000 homes, and 100,000 of the homes have been built in the last five years. Woodson said that goals are set by the local affiliates and 250 affiliates are all at different stages of the building process.

Last year, nearly 11,000 students nationwide participated during spring break, with another 1,500 participating during fall, winter and summer breaks.

"Becoming involved with the challenge is a great way to have a good time, make new friends and to step outside of our own world and personally experience the poverty housing situations," Woodson said.

Groups do need to register early in order to finish all required steps of the

registration process. However, Woodson said students should prepare for the event by first completing a dry run and building on a Saturday, if at all possible. He added that then students should learn about the surrounding community that the construction site is in and get to know team members.

"We offer this one-week opportunity to all of our affiliates, and they decide whether to host the spring-breakers and what jobs are to be expected of them," Woodson said. "Students have the chance to volunteer for a meaningful building experience and should be prepared for working any stage of construction of a home."

Habitat for Humanity has provided housing for more than one million people and provides these homes through a non-

profit,  
zero-  
interest

mortgage program.

"'Collegiate Challenge', is where I began working with the Habitat," Woodson said.

For information regarding the spring break trip, visit [habitat.org](http://habitat.org) or call the home office at (800) 422-4828.





# Student rolls to class one wheel at a time

BRENT NAYLOR  
NEWS REPORTER

It's a bird! It's the flasher! It's some guy riding a unicycle to class!

It's a good bet that students attending SIUE in the last two and a half years have probably seen Erik Illies, a junior architecture major, who is known around campus as the unicycle guy because he rides his unicycle everywhere.

Illies first got involved with unicycles almost three years ago after receiving a unicycle for Christmas.

"I race mountain bikes and I ride road bikes and I just have fun with them, so I figured what else would be more fun than getting a unicycle?" Illies said. "That and the local bike store I ride out of had one sitting in there, so it just got me excited about it. I didn't see too many other people doing it, so I figured it would be neat."

Illies admitted learning to ride took a while.

"(I) took roughly two months before I could just get up and ride it without having to hold onto something, and it was probably another month after that before I could ride it up and down my street with any type of confidence," Illies added. "That was just straight practice, too. I just rode it in my basement for all of the winter, until it got nice enough outside that I could start taking it to school with me and riding it."

From then on, Illies couldn't get enough of unicycling.

"I ride my unicycle about as often as I can," Illies said. "I ride around town, too, around my local park. I got to be known there a little bit quicker as the unicycle guy than I did here, and I was approached by my local bowling alley to ride it in the Labor Day parade about a year or so back."

Over the course of nearly three years of unicycling, Illies has learned how to hop, ride backwards for a short distance,



JESSICA BALADAD/ALESTLE  
**Junior Erik Illos poses on his unicycle outside the Engineering Building.**

make sharp turns and drop up to six inches. However, he said he won't ride the unicycle down stairs or perform any juggling acts while on the bike.

"I can't juggle ... a lot of people ask me if I can juggle, but I can't juggle-that's the most disappointing thing about me," Illies said.

Other questions Illies is asked frequently are, "have you lost your other wheel," "where are your handlebars at" and "is that hard?"

His love of unicycling has led him to find humor in inquiring minds and to learn more about the sport.

"I got on the Internet and started checking stuff out, and there are a lot of (Web sites) dedicated to unicycling," Illies

said. "There are clubs and a lot of organizations that sponsor races."

Illies plans to transfer to SIUC and then University of Illinois at Urbana-Champaign, but he'll keep up his cycling regardless of location.

"I'll probably just keep going at it and trying to get better," Illies said. "I don't know if Carbondale does or not, but I know that U of I Champaign actually has a unicycle club."

Illies would not mind a unicycle club at SIUE, but he finds the prospects unlikely.

"I've met maybe two other people, as long as I've been here, that ride at all or have ever ridden (a unicycle)," Illies said.

Illies added that the ladies should know he is available.

## CAB provides funny photos for free

SHAUN PILAT  
LIFESTYLES REPORTER

"Funny Fotos" alter reality from 10 a.m. to 4 p.m. Wednesday, Nov. 17 in Goshen Lounge during Cougar Craze.

Jennifer Barbour, a graduate assistant for Campus Activities Board, said students can have their pictures taken and composed on bodies not their own to produce a funny photograph.

"You get to choose a photo

and they superimpose your head on it," Barbour said.

Barbour said the photographs are made using digital technology.

Students have their pictures taken in front of a white screen by digital camera, which is then processed on a computer and printed.

Students interested in attending can have their pictures taken on a consistent basis.

Barbour was not sure exactly

how many students would get their pictures made but expressed optimism that a good number would turn out.

"We do expect many to make it through," she said.

The duration of the event was expanded to accommodate more students.

Barbour said the last time CAB had a picture-taking event, students signed up, took a number and then got pictures taken when the student's number was called.

## ~ HEALTH WISE ~

*Early detection is key to successful treatment of testicular cancer*

SARA WEST  
LIFESTYLES REPORTER



The little yellow wristbands almost everyone is wearing may have become a huge fad across the nation, but many don't even know that the bands actually support a testicular cancer foundation.

Lance Armstrong, the sixth straight winner of the Tour de France, is a testicular cancer survivor, and his yellow "Live Strong" wristbands support his Lance Armstrong Foundation to provide support and research of the disease.

According to the National Cancer Institute, testicular cancer is only one percent of cancers across all age groups of men; however, it is the most common cancer in men between the ages of 15 and 35. Statistics also show that the cancer is more prevalent in Caucasian men than in African-American men, carrying a four to one ratio.

The National Cancer Institute said testicular cancer occurs when cells in one or both testicles become malignant. Research done by the American Cancer Society has found that certain changes in chromosomes and DNA may be the cause of normal testicular germ cells developing into germ cell tumors.

However, John Henkel, a testicular cancer writer for the U.S. Food and Drug Administration, said improved diagnostics, better tests and advances in therapeutic drugs have greatly increased survival rates of victims of this disease.

Henkel said early detection is important in order to detect whether the cancer may have spread to lymph nodes deep within the abdomen where the testicles drain.

Henkel also said most patients discover tumors themselves, either by accident or during self-examination.

S. Bruce Malkowicz, co-director of urologic oncology at the University of Pennsylvania Medical Center, said a diagnosis of testicular

cancer is not a death sentence, and self-examinations are key.

"The usual presentation is of an enlarged, painless lump," Markowicz said. "Occasionally there can be pain."

Henkel also said any abnormality, such as enlargement, feeling of heaviness or collection of fluid in the scrotum, should be brought to the immediate attention of a physician.

Malkowicz advised all men to use the steps recommended by the National Cancer Institute when performing self-examinations every month.

First, check for swelling on the scrotum skin, and then roll each testicle between the thumb and fingers. It is normal for one testicle to be slightly larger than the other. Cancerous lumps are generally found on the sides of the testicle but also may show on the front.

Henkel said in his article, "Locating a tumor (by self-examination) can boost the odds of early intervention and total cure."

The American Cancer Society said all men should evaluate lifestyle choices in order to prevent cancer. Men should stay on a healthy diet and exercise program, quit smoking or using tobacco products, learn about sun safety and pay attention to environmental and occupational cancer risks.

For more information about testicular cancer prevention and detection, visit the American Cancer Society Web site at cancer.org or call SIUE Health Service at 650-2842.

She said that method caused too much trouble because students would leave, intending to return, and miss their turn.

"Funny Fotos" is brought

to the school by the Smith Agency.

For more information on Cougar Craze, contact CAB at 650-3371 or Kimmel Leadership Center at 650-2686.

**www.thealestle.com**



This is my precious little girl, Carlie. I always told her, "I will love you as long as there are stars in the sky." She would always smile, look up at me and say, "I love you more than there are stars in the universe." These words are now inscribed on her tombstone. At the tender age of five, she was killed by a drunk driver - her mother.

If you think it can't happen to you - think again. Please don't drink and drive.

*Lieutenant Carl McDonald*



Mothers Against Drunk Driving needs your support this holiday season to assist victims and help keep our roadways safe.

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# Soulful sounds to fill Dunham Hall

EMILY TAUL  
LIFESTYLES STRINGER

Musicians will jazz up an audience with their soulful sounds this weekend.

Reggie Thomas, associate professor of music and director of the Black Studies program, will direct his vocal jazz ensemble at 5:30 p.m. Sunday in Dunham Hall, Room 1109. The jazz ensemble is made up of five members, four of whom are new this semester.

Thomas has arranged the music for the concert, which varies from Duke Ellington to Al Jarreau.

"There will be a medley in tribute to Duke, a piece from Dave Brubeck, Blue Rondo a La Turk and some various scat singing," Thomas said.

Members from the group auditioned during the first week of classes and will be joined in the concert by guest artist Kim Stamps.

"I try to accommodate those looking to be a part of the ensemble, but I am looking for students who are willing and open to learning more jazz-oriented styles," Thomas said.

Thomas said he had set the date for this concert even before

auditions so he could decide the concert forum as the semester progressed according to the level of the musicians.

"Every jazz performance is unique and different," Thomas said. "And because of improvisation, every performance, even from the same group, will never be the same."

Although the music department provides various opportunities for students to attend concerts, Thomas said this performance is an important experience for students.

"This concert will allow (students) an experience they may not otherwise have sought out on their own," Thomas said. "I want my students and audience to take away with them the rich legacy of jazz, which is America's single greatest contribution to the arts, and a deeper appreciation and understanding of that art."

"The concert will be a lot of fun and will expose the audience, who might have made previous judgments of jazz music, to the enjoyment and fun of the art," Thomas added.

For more information about the jazz concert or other coming music events, contact the music department at 650-3900.

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## Sports Quote of the Day

"The first time I played the Masters I was so nervous I drank a bottle of rum before I took off. I shot the happiest 83 of my life."

~ Chi Chi Rodriguez

## Coming Up

Men's basketball travels to Macomb to take on the Western Illinois University Leathernecks.



◆ TUESDAY, NOVEMBER 9, 2004

AleStle

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# Masters of their domain

## Cougar soccer claims GLVC championship in dominating fashion

TRAVIS L. ROSS

ASSISTANT SPORTS EDITOR

AJIT OZA

SPORTS REPORTER

The SIUE men's soccer team did something that last year's team could not do — beat the Lewis University Flyers in the championship game of the Great Lakes Valley Conference Tournament.

In order to get to the championship game, the Cougars defeated the Hawks of Quincy University in the semi-final match Friday.

The Cougars' defense was able to hold off the pressure of the Hawks' offense. The Cougar offense had to stay patient and finally, in the 41st minute, the Cougars were able to score when sophomore midfielder Victor Pacheco was able to swing a corner kick right into the path of sophomore forward John Matthews.

"I hope that Victor is a big factor in the regional tournament," head coach Ed Huneke said. "He has a hard shot and good crosses. If we get the right people on the other end



Adam Lanter and the Cougars ran past Great Lakes Valley Conference foes over the weekend en route to claiming the conference championship.

of it then it's almost impossible to deal with."

The one-goal lead would be all the Cougars defense would need, as freshman goalkeeper Greg Cook and company allowed only five shots in the second

half en route to picking up the 1-0 victory.

In the championship game the Cougars faced off against Lewis University. The Cougars were trying to avenge a 3-1 loss at the hands of the Flyers

at last year's conference championship game.

The game also had some regional implications — the Cougars were No. 2 in the Great Lakes Region and the Flyers were ranked No. 1 in the

region.

The crowd of 277 saw a rough game in the first half as the Cougars committed 11 fouls and the Flyers committed nine fouls.

The Cougars were able to get a goal in the 53rd minute when freshman forward Adam Lanter scored an unassisted goal from 18 yards out.

Sophomore forward Mike Banner added an insurance goal in the 80th minute, making the final score 2-0 in favor of the Cougars.

When asked to compare this team to some of the great teams he has coached in the past, Huneke laughed.

"I'm not too crazy about comparing teams," Huneke said. "I have three kids and I love them all the same but in different ways. We have a very skilled team."

The win nearly guarantees the Cougars a spot in the National Collegiate Athletic Association's regional tournament. The Cougars are also in the running for the No. 1 seed in the region, which would afford them the right to host the regional tournament at SIUE.

## Men's basketball holds their own against University of Illinois

TRAVIS L. ROSS

ASSISTANT SPORTS EDITOR

Dan Heimos and the men's basketball team stood tall against the University of Illinois this weekend, but fell 78-58.

The Cougars fell behind the Fighting Illini 25-5 early in the first half, but came back to tie the game at 53 before letting the game slip away.

"We turned the ball over a couple of times and they capitalized in transition, but overall I think we really kept our composure and did well," head coach Marty Simmons said.

In the Cougars' first exhibition game, the 6-foot-11 center Heimos popped in 12 points and nabbed nine of SIUE's 34 rebounds.

"I think Dan played very well," Simmons said. "We could have done a better job of getting him the ball in the second half. He really did battle in the middle."

Simmons said the Cougars out-rebounding the Illini 34-33 was a big plus for SIUE.

"We rebounded with them," Simmons said. "That hasn't been a big strong suit for us. You're not going to play a more athletic team than U of I, so that's a really big positive."

According to Simmons, it isn't the score of the game you have to look at in the preseason.

"There are certain things going into the game that we want to execute," Simmons said. "Some of the things we did were really good and some of the

things were really bad. They just happened to capitalize on the things that were really bad.

"All we want to do is get better," Simmons said.

Simmons said he saw some positives out of a few new faces on the team.

"(Freshman guard) J.B. Jones only had two turnovers going against a pressure that they applied. Overall, I thought he did a nice job on guard Dee Brown," Simmons said. "I thought (freshman guard) Anthony Jones did some good things for us. He did a good job taking care of the ball and a good job defensively."

The Cougars' next exhibition game will be at 7 p.m. Wednesday in Macomb against the Western Illinois University Leathernecks.



PHOTO COURTESY OF SIUE ATHLETICS  
Senior guard Calvin Sikes makes a move around a defender. The Cougars made a strong showing against national powerhouse University of Illinois Friday, losing 78-58.



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## Enthusiasm must replace experience for women's basketball

JONG CAMBRON  
SPORTS REPORTER

The SIUE women's basketball team is hoping younger means better in the 2004-05 season.

The Cougars graduated their leading scorer, Jessica Robert, from last season and brought in five new players to the program.

"The new players have adjusted well so far, and they all come from winning programs," head coach Wendy Hedberg said.

This year's team is young, with only two seniors on the roster. Guard Sara Unterbrink and forward Annie Miller played in a combined 43 games last season with only five starts between them.

Unterbrink said it hurts to have only two seniors, but the players have learned to play as a team in practices and the exhibition game.

"We want to hopefully improve from last year, and make the conference tournament again," Unterbrink said.

According to Hedberg, the lack of experience will hurt the team early in the season, but she hopes the girls are ready for the pressure in time for the post-season.

Coach Hedberg expects junior center Tanya Guell and junior point guard Amber Wisdom to become the court

leaders of the team. Guell is the returning leading scorer, who averaged 13 points per game last season.

"Amber has two years under her belt playing the point," Hedberg said.

Sophomore forward Julianne McMillen was limited in the second half of last season with a knee injury but led the team in rebounds her freshman season.

"For the most part she has recovered from her injuries," Hedberg said. "We will keep an eye on her."

The inexperienced Cougars opened the preseason last Saturday against Bradley University. The Braves stormed to a 20-point lead by the end of the first half before defeating the Cougars 86-63.

Two new faces on the team, freshman guard Amy Austin and junior forward/guard Lindy Carey, led the Cougars with 11 points each. Carey transferred from Indiana University-Purdue University Fort Wayne.

The Cougars defense could not bottle up the Bradley offense. Four Braves put up double digits and 13 of 14 on the Bradley squad scored.

"We played hard," Hedberg said. "We just made some mistakes on defense."

Only two exhibition games remain for the Cougars before the regular season begins Nov. 16 against Robert Morris University.

## Campus Recreation [www.siu.edu/CREC](http://www.siu.edu/CREC)

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SHARA REYNOLDS/THE ALESTLE  
Whether they were old pros or wobbly beginners, the students who participated in skating with the Cougars hockey team Nov. 6 at the East Alton Ice Arena had a good time.



# Volleyball blocks compiteton in finale



CRISTA CHITWOOD/THE ALESTLE  
Sophomore opposite hitter Melissa Spann continues the Cougars' impressive defense as she blocks an opponents attempted kill.

ZACH GROVES  
SPORTS REPORTER

The Volleyball team closed out a spectacular season this weekend with wins over the Lady Hawks of Quincy University and the Riverwomen of the University of Missouri-St. Louis.

At Quincy, the Cougars dropped their first set to the Lady Hawks 21-30. The Cougars then came back to win the second set 30-22, but lost the third set 25-30. SIUE stormed on to claim the final two sets, topping the Lady Hawks 30-20 in the fourth set and sealing the match 15-9 in the fifth.

Head coach Todd Gober believed this match was a building block for the postseason despite the Lady Hawks' early attacks on the outside hitters, including sophomore Beth Degreeff, who was filling in for injured junior outside hitter Kindra Westendorf.

"Quincy really showed how teams are going to attack us in the (Great Lakes Valley Conference) Tournament," he said. "Beth came in with swelling in her knee this week and was not quite 100 percent. They attacked her. Teams will try expose something

and attack it."

The Cougar offense tallied important kills to keep up in the match. Junior middle hitters Heather Bonde and Tina Talsma formed a one-two punch with 21 and 18 kills, respectively.

Junior setter Krystal Majernik played the go-between offensively with 49 assists.

Powerful defense kept the Cougars in the match, led by junior outside hitter Allison Buss and her career-high 44 digs.

"We've been focusing on defense over the last couple of weeks," Gober said. "It was a huge defensive game. Our players shattered the school record for most digs in a game (125), and Allison shattered the record for most digs in a game (individually)."

Five other players recorded double digits in digs against the Lady Hawks: junior outside hitter Shannon Winkeler notched 23 digs, junior setter Jenny Heimann had 17 digs, sophomore outside hitter Degreeff nabbed 14 digs and Bonde reached 10.

The Cougars took on UMSL Saturday afternoon and swept the Riverwomen 30-15, 30-16, 30-13.

Sophomore middle hitter

Jamie Jones pounded a career-high 18 kills and posted a .696 hitting percentage.

"Jamie had never played the right side before," Gober said. "Her blocking was outstanding. She also broke a school record for hitting percentage."

Talsma chipped in the contest with 10 kills and Bonde recorded nine. Majernik kept the offense rolling again after nabbing 48 assists.

Buss continued her dominance on defense while recording 18 digs. SIUE as a team recorded 56 digs.

SIUE finished the season with a 24-6 record and was 14-2 in the GLVC. The Cougars will enter the postseason as the No. 2 seed.

Despite their high position on the playoff bracket, coach Gober says the Cougars aren't feeling the pressure of the postseason.

After a first round bye in the GLVC Championship, the Cougars will play the winner of the Northern Kentucky University/Saint Joseph's University match at Southern Indiana University in Evansville, Ind. Times are yet to be announced.

Gober said, "It is going to be a fun tournament."



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# Classifieds & Personals

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## PERSONALS

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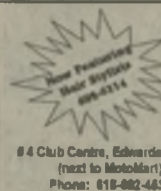
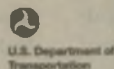
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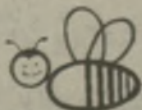
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