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TUESDAY, SEPTEMBER 14, 2004

SOUTHERN ILLINOIS UNIVERSITY EDWARDSVILLE

Vol. 57, No. 6 ♦

Trustees approve raises SIUE enrollment

hits all time high

KRISTEN REBER
NEWS EDITOR

Many SIU employees will get approximately 3-percent raises retroactive to July 1.

The raises come thanks to the new \$636 million budget approved for fiscal year 2005, which began July 1. The Southern Illinois University Board of Trustees met Thursday at the School of Dental Medicine in Alton and approved the raises.

Approximately \$1.9 million of the operating budget will go toward nearly 1,200 SIUE employee raises. Employees received a 2-percent raise last year.

"The salary increase is for all the faculty and for staff not in a union," Budget Director William Winter said.

University officials are also considering raises for union-represented employees.

Also, SIUE students will benefit financially with nearly \$500,000 set aside for

financial aid.

"(There will be) \$425,000 to assist students in financial need," Winter said. "It's basically to help to cover students' financial needs."

Around \$1.5 million will

increase will be retroactive to Aug. 23, when Walker began a 90-day medical leave while undergoing cancer treatment.

Carbondale's campus received \$348 million, 54 percent, of the budgeted funds. The remaining funds will go to the SIUC School of Medicine and the president's office.

"In each case, (the budgets are) not always the same for both campuses," Winter said. "Our entire budget for the entire campus (in Edwardsville) is around \$181 million."

This year, Carbondale plans to renovate and expand the Morris Library in a \$42 million project while also hiring faculty, giving raises and attracting more students to the school.

The budget shows expenses of \$636 million for the university system, with revenue of \$631 million. Most of the revenue comes from students' higher tuition costs and fees.

"Our goal with the increase of the budget is to increase the quality of the educational experience," Winter said.

"The salary increase is for all the faculty and for staff not in a union."

~Budget Director William Winter

go toward bringing new tenure-track faculty members to campus.

"In recent years we've experienced enrollment growth and we are just trying to keep up with this (by hiring more faculty)," Winter said.

Other high-priority projects include the building renovation and opening of the School of Pharmacy scheduled for fall 2005.

Duane Stucky, who is acting as president for President James E. Walker, will receive a temporary salary increase to \$260,000. Stucky's salary

the number of continuing undergraduates has increased by 278.

The number for full-time equivalent grew by 11 percent. FTE is based on the number of hours taken by all students and divided by 12 semester hours. The number increased from 9,556 in fall 2000 to this semester's 10,778.

While enrollment is up, accommodating the growing numbers may become challenging.

"We are becoming more and more crowded and it is having an impact on the facilities ... with maintaining them, cleaning and the general wear and tear," Vice Chancellor of Administration Kenneth Neher said.

Administrators moved up the application deadline in spring to keep enrollment numbers more manageable.

Adding physical facilities to the campus is a possibility to help see ENROLLMENT, page 4

KRISTEN REBER
NEWS EDITOR

SIUE is marking its 10th straight year of enrollment growth with its largest student population since 1975.

This semester's enrollment is 13,493 students, an increase of 198 students over last fall.

"I think we have been primarily affected with the increase in the number of students coming to college right out of high school," Director of Enrollment Management Boyd Bradshaw said. "We had a record number of students wait-listed."

Bradshaw said he also believes SIUE's nearness to St. Louis, first-rate residence halls and positive experiences in the classroom have helped boost enrollment numbers.

While the number of incoming freshmen for the fall 2004 semester fell from 1,709 last year to 1,682 this year,

Boiler project to heat things up

BRENT NAYLOR
NEWS REPORTER

Students may need to start packing their parkas indoors if the weather turns cold before October.

Since last May, Facilities Management has been working to replace the heat distribution systems in some campus buildings, leaving them temporarily without heat.

"Historically, the campus has been heated by boilers at the central heating and refrigeration plant out on Northwest [University Drive], by the water tower northwest of campus," Director of Facilities Management Bob Washburn said. "Over the last couple of years, we've started to have failures in the distribution system that was replaced ten years ago."

Assistant Director of Facilities Management Ed

Matecki said the system is operated via a hot-water line that connects individual buildings to the boilers in the heating and refrigeration plant.

"(The) system is being replaced with boilers in each of the buildings," Matecki said.

Matecki added "satellite boilers" would provide heat for each building autonomously of one another, and this alternative will be substantially less expensive than renovating the current climate control system.

"The total cost ... is \$3.2 million," Washburn said. "We're looking at it actually coming in at about a half-million dollars under that."

However, Washburn also said sticking with the centralized model would require spending seven to eight million dollars, and

would be necessary "within the next five to ten years."

According to Washburn, satellite boilers were first discussed around ten years ago.

"It was decided to go a different way," Washburn said. "In this case, it's an opportunity to do it now at half the cost of replacing the distribution system and it has a significant reduction in operating cost over the central plant."

This project is only affecting buildings close to the Stratton Quadrangle, Washburn added.

"The residence halls and Cougar Village have always had their own individual heating systems," Washburn said.

All buildings should have heat again by late October.

"(The project is) due to be substantially complete by Oct. 1," Matecki said.



AUBREY WILLIAMS/ALESTLE

A construction worker digs up concrete for the installation of the boiler systems.

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- **FACULTY/STAFF-** 8 week league every Thursday evening at 6:30pm. **HANDICAP** 4 Person Teams (you may bring 1 family member) \$5.00/NIGHT Meeting: 9-23 @ 6:30pm Prizes Awarded At the End of each League 650-5263 (LANE)

Student dies in car accident

KRISTEN REBER
NEWS EDITOR

Brett Zoelzer, a senior construction management major, died early Friday near his home in Moro.

Zoelzer, 22, lost control of the 1997 Ford pickup truck he was driving as he entered his driveway.

According to a report by Madison County Coroner Steve Nonn, the truck flipped a number of times before Zoelzer was ejected from the vehicle. He was trapped beneath the wrecked truck and received chest and head injuries.

He was pronounced dead at the scene by a deputy coroner.

A coroner's inquest will begin in October following the completion of the Madison County Sheriff's Office investigation and the toxicological analysis by the coroner's office.

Zoelzer worked on his family farm. He was also a member of St. John's United Church of Christ in Midway, St. John's Youth Fellowship, Young Farmers of Madison County and the Construction Engineering Club.

Jason Schipkowski, a junior art major, had known Zoelzer

since junior high school.

"(Zoelzer was) always dependable, always easy to talk to. He was the kind of guy you wanted to hang out with on a Friday night," Schipkowski said.

Visitation was Monday at Weber Funeral Home in Edwardsville. Funeral services are at 11 a.m. Tuesday at the St. John's United Church of Christ in Midway. Burial will be at Rose Lawn Memorial Estates.

Memorials may be made to the Edwardsville Legion Baseball, the Bethalto 4-H Agriculture Club or the Dirty Dozen Scholarship fund.

Memorials to be taken for retiree

CORY FREEMAN
NEWS STRINGER

Hollis White, former dean of what was then known as the Division of Fine Arts and later the School of Fine Arts and Communications, died Sept. 4 at St. Joseph's Hospital in Highland. He was 86.

Funeral services were held last Wednesday at Spengel-Boulanger Funeral Home in Highland.

"He was a very warm person to talk to," said Otis

Sweezy, chair of the Department of Theater and Dance. "He worked hard and gave me advice and encouragement."

White began teaching in the Fine Arts division of the original SIU campus in Alton in 1964. He later became chair of the speech and theater faculty and was named acting dean of the division in 1970.

White was responsible for the Early Childhood Center at Northwest Road. The day care was originally located at

1566 Lewis Road, now the credit union. White realized the building was too small for a day care and found a way to have a new one built.

White retired in 1984 as an emeritus professor of Speech Communication. By that time, he had written three college textbooks about speech communication.

Memorials may be made to Faith Countryside Homes or Immanuel United Methodist Church in Edwardsville.

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Music and talks to help teach students about vote

KRISTEN REBER
NEWS EDITOR

Music and discussion will fill the campus Thursday in an effort to motivate the campus community to raise their voices.

"All U.S. citizens should attend this because it offers them the information on issues that do affect them," Kimmel Leadership Assistant Director Suzanne Kutterer-Siburt said.

"Feel the Beat Get the Vote" will kick off at 10 a.m. in the Hairpin Drive. Each hour, a speaker will introduce a topic for 10 minutes and then move to the political issues platform on the north side of the Morris University Center for those wishing to further discuss the issue.

Making Waves, a campus organization devoted to educating students on women's issues and studies, will present on women's issues at 10 a.m.

Denis Barker of the United Steel Workers of America will talk about healthcare issues at 11 a.m., while the Southwestern Illinois Central Labor Council AFL-CIO will discuss the economy and the Employee Free Choice Act at noon.

At 1 p.m. the Edwardsville League of Women's Voters will

present on new laws regarding voting issues, and the United Congregations of the Metro-East will speak on education at 2 p.m.

At 3 p.m. Iota Phi Theta Fraternity, Inc. will discuss passive activism and civil disobedience.

The Blaq Poet Society will conclude the discussions at 4 p.m. with Expressions of Our Responsibility.

Music performances begin at 10:15 a.m. by Dog Town All Stars. Freekbass will play at both 11:15 a.m. and 12:15 p.m.

At 1:15 p.m., Bagheera will perform followed by Lost Parade, Farshid Etniko and Troubadours of Divine Bliss at 2:15 p.m., 3:15 p.m. and 4:15 p.m., respectively.

Broken Glass will conclude the musical performances with their show at 5 p.m.

Also, voter registration tables and political issues tables will also be set up from 10 a.m. to 2 p.m. in the Hairpin Drive.

"I think to be a good voter, you need to be an informed voter," Kutterer-Siburt said. "So, you need to know the issues and how they will affect you personally. As a society, we're too quick to react to social and political issues instead of looking at what will really work."

Meet state Supreme Court candidates

ALESTLE STAFF REPORT

Two Illinois Supreme Court Justice candidates will be part of "Meet the Candidates," a chance for the community to learn about contenders for the office.

The event will begin at 6 p.m. Thursday in the Meridian Ballroom in the Morris University Center with an overview of the significance of the Supreme Court election.

Washington County Circuit

Judge Lloyd Karmeier and 5th District Appellate Justice Gordon Maag will be the featured speakers.

While the candidates will discuss their backgrounds and

see CANDIDATE, page 5

Campus Scanner

Career Carnival: The Career Development Center is holding a Career Carnival from 11 a.m. to 1 p.m. today on the Stratton Quadrangle.

Brazilian Bash: Campus Activities Board is sponsoring the live entertainment of Capoeira Brazil of St. Louis and St. Louis Ki Society from 11:30 a.m. to 1 p.m. today in the Goshen Lounge of the Morris University Center. The event will explore the Brazilian culture through food, dance, music and trivia.

See You At The Pole: Students, faculty and staff are invited to gather around the SIUE flagpoles and pray from 7 to 7:45 a.m. Wednesday near the Hairpin Drive. Complimentary breakfast pastries and refreshments will be provided. For more information, contact the Baptist Student Ministry at mail@siuebsm.com.

Raise Your Voice: The SIUE College Democrats

Association and the Conservative Student Association are presenting "Do You Know Who You're Voting For?" from 11:30 a.m. to 1 p.m. Wednesday in the Goshen Lounge of the MUC. For more information, call the Student Leadership Development Center at 650-3472.

Lunch with a Professor: Enjoy a free meal as the MUC sponsors a chance to talk with School of Business Professor Yanling Ge from noon to 1 p.m. Wednesday in the MUC Board Room.

SIUE Night at Busch Stadium: CAB is sponsoring SIUE night at the Cardinal's game Wednesday. Free transportation is provided and will leave the MUC at 5:45 p.m. Tickets cost \$7 for students and \$12 for the general public. For more information, contact the Kimmel Leadership Center at 650-2686 or sign up on the bus list at the MUC Information

Office.

Red Cross Blood Drive: The Red Cross Bloodmobile is collecting donations from 1 to 5 p.m. Thursday and Friday on the Stratton Quadrangle. Donors will receive a coupon for a free Dairy Queen blizzard. For more information, contact John Davenport at 650-2686.

Tobacco Counseling: The American Lung Association of Illinois is providing the Illinois Tobacco Quitline. Registered nurses, respiratory therapists and addiction counselors staff the toll-free line. Counseling is free to residents of Illinois. Those interested should call (866) QUIT-YES. Hot line hours are from 7 a.m. to 6 p.m. Monday through Friday.

Alcoholics Anonymous: The Gut Level Group meets at 7 p.m. Saturday in the Religious Center. This is an open meeting of Alcoholics Anonymous an Al-Anon.

How to identify an adjunct at SIUE

A brain working overtime to make the most with limited institutional support.

Furrowed brow from worrying about being arbitrarily terminated at the end of any given semester.

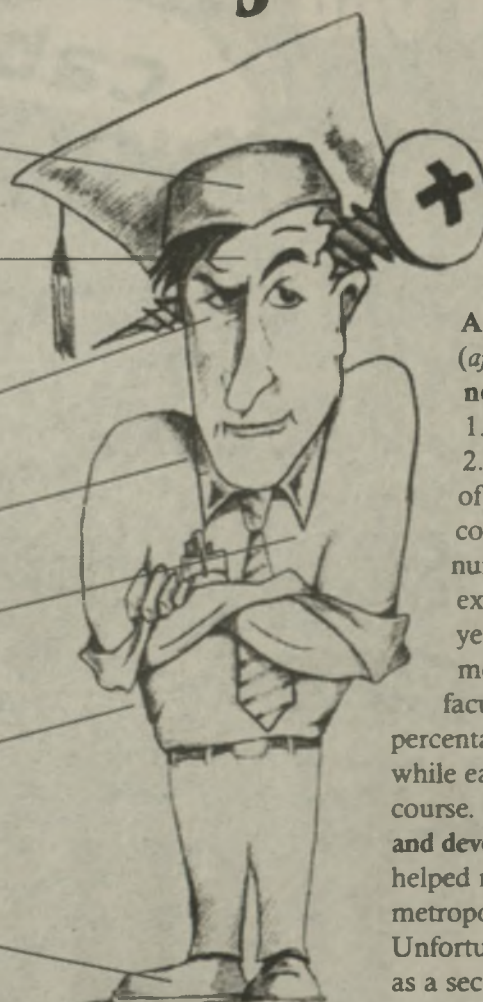
Bloodshot eyes from grading multiple courses worth of papers a semester — for some of us, at several colleges.

Persistent sore throat from lack of health insurance.

A huge heart full of devotion to students, and a commitment to their education.

Aching back from carrying office in a backpack.

Worn out shoes and tired feet from running from class to class.



Adjunctus Professorus
(aj' ungt-us pro-fes-or' us)
noun

1. An adjunct professor.
2. An integral member of the SIUE academic community. One of numerous highly trained, experienced and committed, yet underpaid, uninsured members of the SIUE faculty. Teaches large percentage of classes at SIUE, while earning only \$2300 per course. Noted for hard work and devotion over the years; has helped make SIUE a premier metropolitan institution. Unfortunately, is still treated as a second-class citizen.

Support the SIUE Non-Tenure Track Faculty Association to play a part in your future.

Vote September 27-28

Election details and how to contact us with questions or to help: www.siuuntt.org

Go Greek!

IFC Rush Week September 13-17

AKA

Monday (9/13)- Info Night, meet in Goshen in MUC @6:00
 Tuesday- Putt putt golf, meet in Goshen @6:00 >
 Wednesday-SIUE night at Busch stadium, meet time is TBA
 Thursday-Funny Bone, meet in Goshen @6:00
 Friday- (Bid day) Hooter's, meet in Goshen @6:00
 Call- Jared Krieg at - 618-420-5604

ΦΚΨ

Monday (9/13)- Info Night, meet in Goshen in MUC@6:00
 Tuesday- Football, meet in the MUC @ 6:00
 Wednesday- BBQ with Alpha Phi's, meet in the MUC @ 6:00
 Thursday- Hooters, Info night and interviews, meet in MUC @ 6:00
 Friday- Bid day and float trip
 Call- James- 815-382-5638

ΣΦΕ

Monday (9/13)- Info Night, meet in Goshen in MUC@6:00
 Tuesday-Dodge ball at Fitness Center @ 7:00
 Wednesday- Dorm Volleyball Challenge @ 7:00
 Thursday-BBQ and volleyball at the house @ 7:00
 Friday- Meet the Sig Eps at the house @ 7:00
 Call Kris at 618-971-5211

ΣΠ

Monday (9/13)- Info Night, meet in Goshen in MUC@6:00
 Tuesday- Camera Scavenger Hunt with AΣT
 Wednesday-Sand Volleyball Cookout at Prairie
 Thursday-Cardinal game
 Friday- Bid day, Induction Night
 Call- Brad Bolt at -618-691-8710

Volunteer your time

KRISTEN REBER
 NEWS EDITOR

For those struggling to decide on a career path or just wanting to give back to the community, representatives from 29 area organizations will fill the Goshen Lounge Wednesday with information on volunteer work.

"It's really important to give back and get involved in the community," Kimmel Leadership Assistant Director Suzanne Kutterer-Siburt said. "Especially, during the evolution of a college student, it helps to explore new things."

Sponsored by the Student Leadership Development Program, the Volunteer Fair will

run 9 a.m. to 2 p.m.

"The St. Louis area has one of the largest opportunities, I believe, for volunteering in the United States," Kutterer-Siburt said. "You can meet a lot of great people (through volunteering) and make good contacts."

Volunteer, non-profit and government agencies ranging from the American Red Cross to the Metro East Humane Society will be present.

"(The representatives will) have information and sign-ups for volunteering," Kutterer-Siburt said. "People will be here to fill in the blanks for students more in-depth questions."

For more information, contact Kutterer-Siburt at 650-2686.

HAVE A NOSE FOR NEWS?

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THIS WEEK IN CAB

campus activities board

MARTIAL ART SHOWDOWN

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ENROLLMENT

from page 1

better accommodate students.

"Housing, at this point, is pretty much maxed out and the Science Building is stretched to the limit," Neher said. "We are in the very preliminary stages at just looking at more housing."

He added that SIUE would need more classroom space, "if we build more housing."

In August, SIUE ranked in the Midwestern Universities Master's category of the U.S. News and World Report's annual university rankings. SIUE ranked 16th among

public universities in the category.

"Many students look at what the school ranks and when they see us ranked pretty strongly, they'll take a look at us," Bradshaw said. "High school counselors are referring students to us. We've had more high school counselors visit campus in the past couple years than before."

Overall, the university ranked 58 out of 142 public and private institutions in the Midwest Master's category.

CANDIDATE

from page 3

credentials, Illinois Supreme Court Rule 67 does not allow candidates for the Illinois Supreme Court to debate issues since they are vying for the position of judge.

Iota Phi Theta fraternity and the Blaq Poet Society will make presentations following the candidates' discussions.

The event is sponsored by many area organizations

including the League of Women Voters Edwardsville Area, United Congregations of the Metro-East, SIUE Raise Your Voice, Student Leadership Development Program, Volunteer Services and Student Government.

For more information, call the Student Leadership Development Program at 650-2686.

STUDENT GOVERNMENT SPONSORED PROGRAMS THIS WEEK

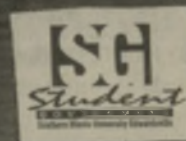
*Eta Sigma Gamma's Health Fair on Thurs., Sept. 16
from 11- 2pm in the Quad*

*USITT ETC Education Roadshow on Sat., Sept. 18
from 9 am - 4 pm in the Design Lab of Dunham Hall*

By the Way-

*Student Senate Meeting on Fri., Sept. 17 at 2 pm in
the Goshen Lounge, MUC*

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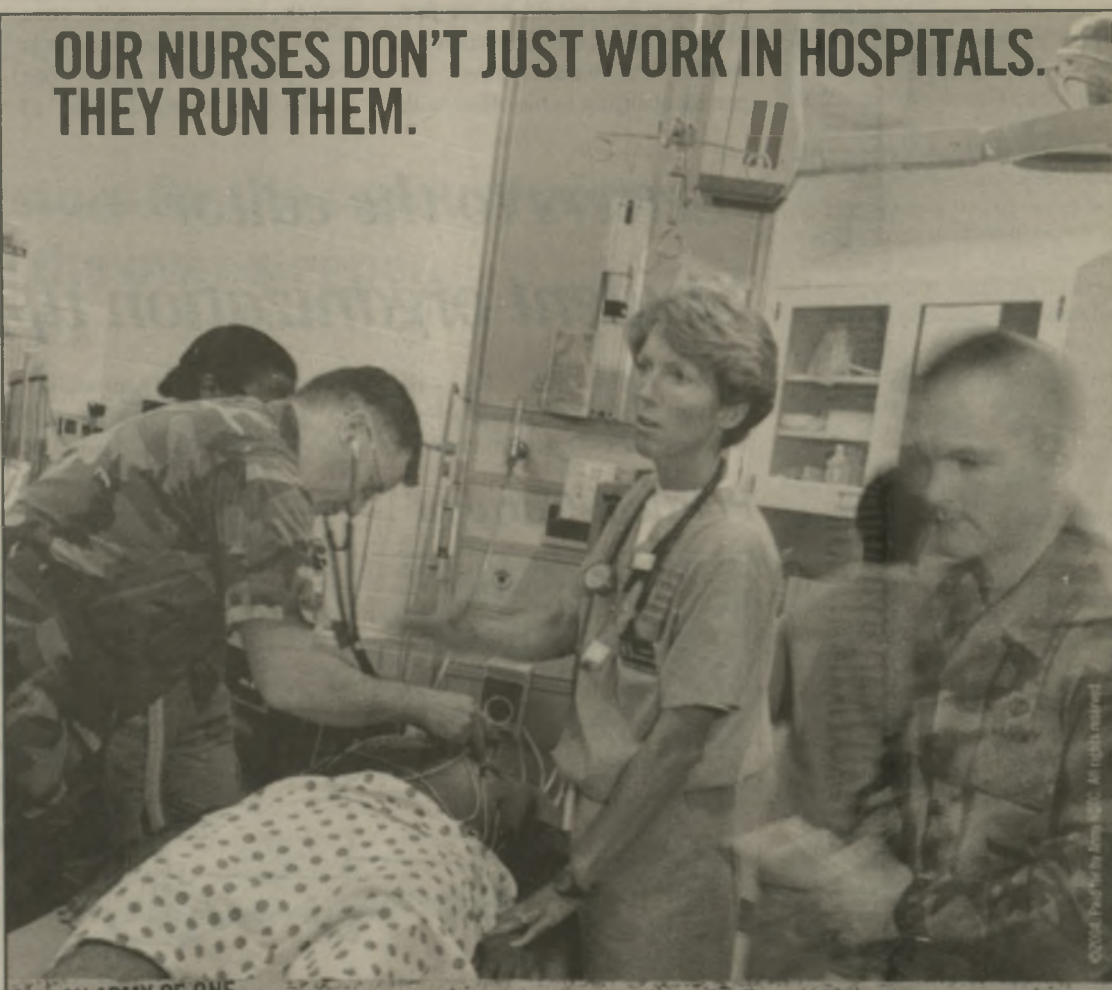
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We reserve the right to edit letters for grammar and content. However, great care will be taken to ensure that the message of the letter is not lost or altered.

Letters to the editor will not be printed anonymously except under extreme circumstances.

The Alestle is a member of the Illinois College Press Association, the Associated Collegiate Press and U-WIRE.

The name Alestle is an acronym derived from the names of the three campus locations of SIUE: Alton, East St. Louis and Edwardsville.

The Alestle is published on Tuesdays and Thursdays during fall and spring semesters, and on Wednesdays during summer semesters. For more information, call 650-3528.

Have a comment?

Let us know!

Send us an e-mail:

alestle_editor@hotmail.com

The Alestle
Campus Box 1167
Edwardsville, Ill. 62026-1167

Opinions & Editorial viewpoints & commentary

◆ TUESDAY, SEPTEMBER 14, 2004

A l e s t l e

PAGE 6 ◆

It's worth your time to vote

I've been trying to avoid talking about the coming election. I'm not very skilled in the ways of politics, and I'm not likely to tell someone whom they should or shouldn't vote for. That isn't my style. However, after reading a few e-mails and editorials about the lack of

women voters and the lack of voters in the age range of 18 to 26, I got a little riled up.

I registered to vote the day I turned 18. I simply cannot understand why anyone would not use the right to vote. Allow me to explain why I believe it is so important to vote. When I was small, I would watch my cartoons on the television during the weekend mornings and eat my cereal. Occasionally, there would be an important message from the president that would interrupt my cartoon. So I would try to change the channel to a different cartoon. The president would be on that channel, too. Every channel I would try would have the president sitting in his office with

the flag somewhere in the shot, and he would be addressing the American public about something that he thought was

"Why the hell wouldn't you vote? Forget complaining, do you know what it took to get you that vote?"

more important than my episode of Scooby-Doo or whatever else I would be watching. I would then proceed to run to the kitchen and tell my mother that the president was on all the channels and I couldn't watch my cartoons. She would explain to me that he had the right to interrupt my cartoons and I couldn't do anything.

"Well, I don't like him," would be my response, to which my mother would tell me, "Well, when you are old enough to vote you can elect someone you do like." OK, I know it sounds corny, but that is how I learned about the importance of the vote.

I have heard many reasons as to why someone wouldn't vote: "I don't like the candidates," "I

don't have time," or "My vote won't matter that much." Everyone has heard the old saying "If you don't vote, then you can't complain about the way things are." If you would like to rid the United States of that saying, use instead, "Why the hell wouldn't you vote? Forget complaining. Do you know what it took to get you that vote?"

I don't care who you are or whom you are voting for; somewhere back in time your forefathers and foremothers fought to get you the right to



vote. Sure, for some it came later than others, but for all races and both genders there was at one point in time a struggle for that

see VOTE, page 7

Quote of the Day

"Man is the only animal that can remain on friendly terms with the victims he intends to eat until he eats them."

~ Samuel Butler

Letters to the editor

Student organization upset with Student Senate

I would like to call everyone's attention to a problem between student government and

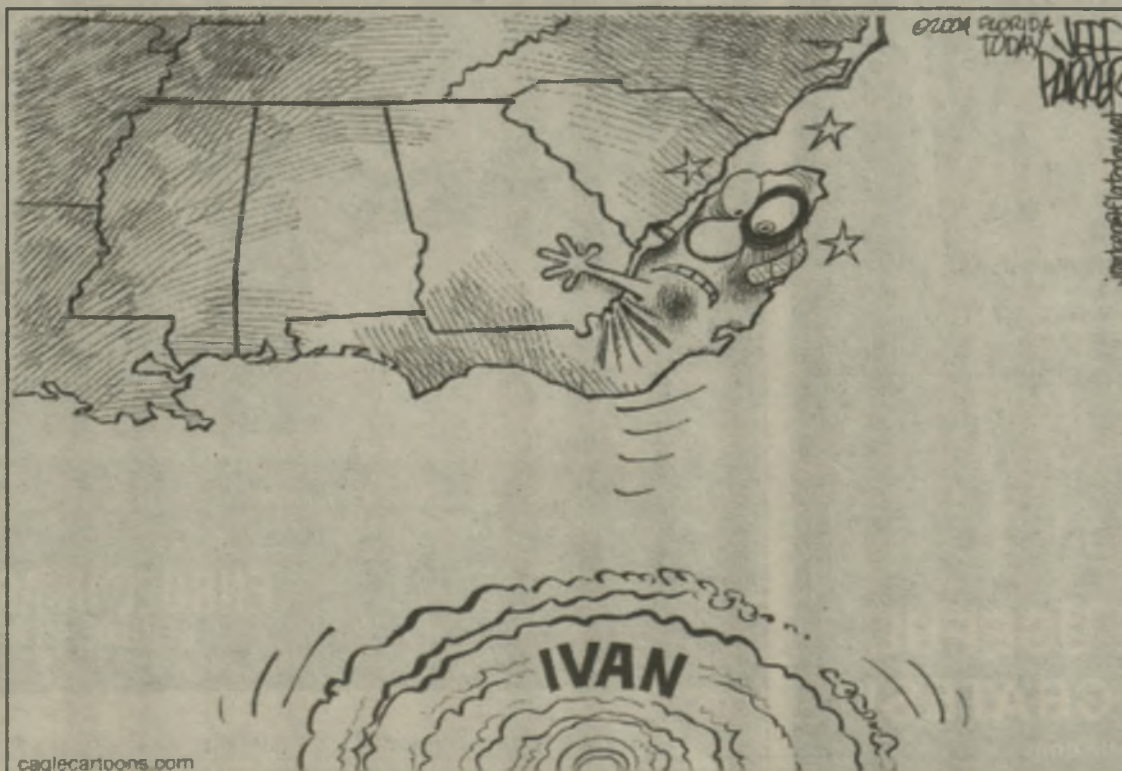
several student organizations. This year, student government made the decision to drastically

cut program funding to organizations that turned in program evaluations late, or not

at all last year. For example, if an organization was late turning in the form, it was allotted only half the money used in program funds last year. Those organizations that failed to turn in the evaluation get nothing this school year. What a shame that groups that actually put on beneficial programs, but forgot about a piece of paper, are being punished so severely. Might I mention that the groups that never did any programs still have all their funding. That does not seem right to me. In fact, the whole situation is just plain wrong. The importance of turning in the form was never stressed. After talking to a few, very patronizing Senate members, I found, apparently, this rule regarding turning in the evaluations had been on the books for years. If it truly was already a rule, why did 17 groups not know about it? Several of these groups were new organizations. This leads me to

see SENATE, page 7

Political Cartoon



VOTE

from page 6

right. And if there hadn't been that struggle, we would live in a monarchy and no one would have any say about the way things are run.

Come on, people, we aren't stupid. I think we all realize when the government isn't doing what we want, or when it is doing exactly what we want. I think the problem is that we don't think we have the capability to do anything about it.

I'm saying it now – don't feel that way. Everyone's vote

really does count; we ought to know that from the last election.

If you say you don't like either candidate, then pick the one you like better, or think about which one has policies that might interest you, or at least a political party that could sway them in a direction that you like. As for not having time, you have a whole day, and if you can't find five minutes in a day, then do this, don't pick up the Alestle and read it that day, instead,

go out and vote.

And if you haven't registered, well, there are places all around that are willing to help you out with the problem. Swing by the Morris University Center and register there. If you won't vote for yourself, then at least do it for the thousands of people who are going to ask you to do so before Nov. 2, myself included.

Tyler Bennett
Editor in Chief

SENATE

from page 6

believe student government is at fault for inadequately orientating new officers. We were never warned about any consequences regarding late evaluations. My organization was shocked upon returning to school. We had planned to do so much this year, but now with the funding cuts, it is unlikely that we will be able to. I urge the Senate to reinstate the lost funds and give prior warning next time they start enforcing

a dead rule. I also urge any organization that has suffered from student government's sneaky attempts at budgeting to fight this wrongdoing. Many of our organizations have so much to offer to the school – let us.

Thank you,
Megan Bailey
President of Making Waves
SIUE

Political Cartoons



Corrections

A story in Thursday's Alestle incorrectly reported that the Physics Club was approved Sept. 3 as a campus organization by the Student Senate. The club was approved March 26. The Alestle regrets the error.

A story in Thursday's Alestle incorrectly reported the four Interfraternity Council Fraternities. The fraternities are Alpha Kappa Lambda, Phi Kappa Psi, Sigma Pi and Sigma Phi Epsilon. The Alestle regrets the error.

Have a comment?

Send a letter to the editor.

alestle_editor@hotmail.com

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Lifestyles

PEOPLE, ENTERTAINMENT, & Arts

Set goals

CHAVON CURRY
LIFESTYLES STRINGER

Graduating at the end of senior year and keeping a 3.0 grade point average are important aspects of being a college student.

College is a crucial time in life when students should have an idea of their goals.

Goal setting is a process many students and professionals use every day. The process allows individuals to set certain direction and purpose in their life.

A goal can be anything from waking up on time for class to maintaining a 4.0 GPA or landing your dream job upon completing college. People set goals subconsciously.

According to the Web site www.mygoals.com, goal setting is essential to everyday life. The Web site said the process of setting goals is an important method of deciding what is important for students to achieve in their lives. It also helps separate trivial aspects of a daily routine from the more important ones.

Mass communications major Morgan Stewart said goals help students do better in school.

"If you know what you want to strive for, the goals are very important," Stewart said.

The Career Development Center in Founders Hall, Room 3126, offers services that can help students learn to set goals. CDC Director Jean Paterson said the common obstacle college students face is not having a plan for their life.

"The biggest disadvantage to students is not knowing and not exploring all the possibilities," Paterson said.

Paterson advised students not to spend their college education unsure of what they want to do in life. She said it is better to have an ideal plan than no plan at all.

The CDC offers a planning service for graduate and undergraduate students. The service helps students with their career and educational goals, along with maintaining their two-year or four-year plan while in college.

Setting goals allows individuals to stay in control of their life while motivating them to achieve more, which causes an

ultimate boost to their self-esteem.

"(Goal setting) will give you a chance to expand yourself," computer management information systems major Julia McClendon said. "If you have goals, you already know what you need to do to keep you more focused. Then, you won't wait and do everything last minute."

The Web site also lists three major steps to follow in the goal-setting process.

First, people need to decide what they would like to do with their life. For example, if you are an aspiring nurse, examine how you can fulfill that aspiration.

Second, break down a large goal into small target areas that can be achieved quickly. After you have the plan, begin to work on achieving the small goals within that plan.

Third, break them into categories such as attitude, career, family, financial, physical, pleasure and public service. These are all areas that typically affect an individual's life. Be precise when setting goals and write them down to help keep track of what they are.

Also, do not base goals on their outcome. Sometimes results may not be what one expects. For example, a student may set a goal to get an A out of a class, but only earns a B. It is important to set goals, so even if the outcome is not ideal, the effort can be measured and improved.

Setting a goal does not mean lowering expectations. A goal that is set too low will not allow an individual to challenge the fullest potential of growth.

Most importantly, have a deadline for the goal. A deadline does not necessarily mean a "set in stone" time and day, but stay committed to achieving the goal and making it a lifestyle change. For example, if a people decide they need to eat healthy in order to lose weight, they may continue eating healthy even after having lost the desired weight. Therefore, a lifestyle change has

occurred.

Realize that even though you have goals you intend to reach, there may be obstacles you will come in contact with.

According to the Web



site, failure is the No. 1 reason people do not attempt to set goals. Along with failure, some goals may prove to be challenging. Upon discovering obstacles, try to distinguish whether or not they are true or imagined. It is important to look past the challenges and setbacks because missed deadlines and other obstacles are only meant to be learning experiences.

The Web site also said an ideal plan should be a five-year plan.

For more information on goal setting, contact the Career Development Center at 650-3708 or log on to www.mygoals.com.

Aim high

Don't quit

Steps to powerful goals

1. Make sure the goal is for something that is really wanted, not just something that sounds good.

2. A goal cannot contradict any other goals.

For example, a person can't buy a \$750,000 house if his/her income is only \$50,000 per year. This is called non-integrated thinking and will sabotage all of the hard work put into goals. Non-integrated thinking can also hamper everyday thoughts as well.

3. Develop goals in the six areas of life:

Family and Home
Spiritual and Ethical
Social and Cultural

Financial and Career
Physical and Health
Mental and Educational

4. Write the goal in the positive instead of the negative.

Thinking positively in everyday life will also help a person's growth as a human being. Don't limit it to goal setting.

5. Write the goal out in complete detail.

For example, instead of writing "a new home," write "a 4,000 square foot contemporary with four bedrooms and three baths and a view of the mountain on 20 acres."

6. By all means, make sure the goal is high enough.

7. This is the most important-write down your goals.

Writing down goals creates the roadmap to success. Although just the act of writing them down can set the process in motion, it is also extremely important to review the goals frequently. The more focused people are on their goals the more likely they are to accomplish them.

"If a man knows not what harbor he seeks, any wind is the right wind."

-Seneca

Night of laughs on tap for Keillor's first appearance

ALESTLE STAFF REPORT

Staff, students and members of the community who didn't plan ahead will miss out on the chance for a good laugh.

Tickets are sold out for the coming appearance of American humorist Garrison Keillor.

The event, scheduled for 7:30 p.m. Sept. 21, is the first event in the 2004-05 Arts & Issues series.

"We are happy with the response to Garrison's appearance and we're sorry not everyone will have the opportunity to experience his

unique sense of humor," John Peecher, coordinator of the Arts & Issues series, said in a recent press release.

Keillor, best known as the author and host of the live variety radio show "A Prairie Home Companion," has also written eight books for adults and three children's books.

Although individual tickets for the event are sold out, Peecher said a limited amount of subscription ticket packages are still available. Subscriptions for the seven Arts & Issues events are \$115 for faculty, staff and the general public and \$57.50 for

students. Packages that include the added performance of the Blind Boys of Alabama are \$133 for faculty, staff and the general public and \$66.50 for students.

Tickets are still available for the remaining Arts & Issues events. Former presidential press secretaries Marlin Fitzwater and Joe Lockhart will debate on the 2004 presidential election at the next Arts & Issues event at 7:30 p.m. Tuesday, Oct. 13.

For more information about the series or to purchase tickets, contact Peecher at 650-2626 or visit the Arts & Issues Web site at www.artsandissues.com

International Street Fair offers cultural flair for students and community

KARA SCHUFFERT LIFESTYLES STRINGER

Campus Activities Board will host its annual International Street Fair from noon to 4 p.m. Saturday at the Edwardsville City Park.

All members of the SIUE community are invited to partake in the interactive cultural activities.

"The International Street Fair brings pieces of the surrounding world to Edwardsville," Kimmel Assistant Director for Campus Life Amanda Rainey said. "We hope that the International Street Fair

can open up people's minds to the history and culture of other countries and regions around the world."

The event will provide a variety of unique entertainment through dance, music, art, food and interactive activities. Activities include Chinese calligraphy, origami, sand art, body art, mask making, tie-dyeing and henna tattooing.

The Philippine Festive Dancers, Israeli folk dancers called Hora Gil, and the German Cultural Society dancers will perform along with others.

Rainey said these are just a few of the events offered

throughout the day to expose the Edwardsville and SIUE communities to different cultures.

Everyone is encouraged to take advantage of this cultural experience.

Past events have attracted more than 1,000 students, faculty, staff and community members of all ages.

Free transportation is provided from the residence halls and Cougar Village to the event.

For additional information, contact the CAB in the Kimmel Leadership Center or call 650-2686.

HEALTH WISE

Students should be concerned about their oral hygiene

SARA WEST LIFESTYLES REPORTER

Why is it that mentioning the words dentist appointment can send an adult scampering in the opposite direction?

Oral hygiene is crucial to good health – it is no longer only of cosmetic importance but is linked to heart disease.

A study at the University of Minnesota correlated tooth decay and missing teeth in adulthood to plaque along the walls of the heart's arteries.

Adults with the most missing teeth due to decay and disease had not only the most carotid artery plaque, but also an increased risk of stroke.

"Think about it like this," dental hygiene student Anna Lewton said. "Your teeth have roots and the roots have nerves and those roots and nerves have tons of little blood vessels which travel directly to your heart. Any bacteria your teeth and gums catch can be sent to your heart, which is very dangerous."

The university's researchers believe periodontal (gum) disease could begin a flood of chemical events that may cause inflammation throughout the entire body.

So how do adults need to practice proper dental care to avoid not only mouth problems but heart disease as well? Brush and floss, brush and floss, brush and floss – can it be repeated enough?

Studies done by Oral-B Laboratories found Americans consume more than 20 teaspoons of sugar per day and spend more than \$5 billion per year on bottled water that contains no fluoride. Researchers discovered better eating habits can lead to better dental checkups.

The researchers suggest limiting sugar and starch intake, which includes sodas, juices, breath mints and specialty coffees. They also recommend fluoridated drinking water because fluoride reduces bacteria that eat away at tooth enamel, thus preventing tooth decay.

"It is extremely important to rinse with a fluoride solution such as Act after brushing and flossing, at least twice a day," Lewton said. "Also, don't fall for what the ads on television claim, like when Listerine uses 'dentist recommended' and 'proven to work as well as flossing,' those are just



advertising techniques."

Lewton added the importance of getting into a routine of brushing, flossing and rinsing, and she said the children's version of Act, which is bubble gum-flavored, works just as well.

The American Dental Association said to not only brush at least twice a day, but also brush correctly.

Brushing properly means using a 45-degree angle on the brush and use short, gentle strokes.

The angle provides cleaning right under the gumline, and also brush your back teeth well and include your tongue in the routine.

The ADA reminds adults to replace toothbrushes at least every three months as a new toothbrush can remove up to 30 percent more plaque than one three months old.

Oral-B reminds adults cleaning between the teeth, or flossing, is as essential as brushing because an adult can leave up to 40 percent of tooth surfaces untouched and unclean by brushing alone.

Another preventive measure is to stop using tobacco products.

The Oral-B researchers claim tobacco use is challenging to the body's immune system as well as harmful to gums, causes tarter buildup and is the leading source of oral cancer.

Lewton reminds all adults to schedule regular visits with your dentist and dental hygienist.

"Professionally applied treatments and techniques can reduce cavities and disease greatly," Lewton said. "We're not going to hurt you, we're here to help better care for your mouth and your heart."

For more information or to schedule an appointment, call the SIUE Dental School at 474-7000 or visit the Web site at www.siu.edu/sdm/.

Make your own SIUE teddies



AUBREY WILLIAMS/ALESTLE

Students stuff teddy bears and dress them in SIUE T-shirts Friday during September Late Night sponsored by Campus Activities Board.

H Σ Γ
Eta Sigma Gamma

Health Fair

Sept. 16, 11:00 a.m. – 2 p.m.

In the Quad!!!

(Goshen Lounge if Raining)

Free
Coupons
&
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Free
T-SHIRTS

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Eta Sigma Gamma
National Professional Health Education Honorary

Organizations and Topics

- *Bethany Place—HIV/AIDS info and testing
- *Planned Parenthood
- *SIUE Health Services
- *American Red Cross—blood drive and info.
- *American Lung Association
- *Fitness and Nutrition
- *State Police—drinking and driving—drunk goggles
- *Anderson Hospital—diabetes info
- *SIUE Counseling Services
- *American Cancer Society
- *ETC.

This activity is sponsored in whole or in part by student activity fees.

See free flicks

SHAUN PILAT
LIFESTYLES REPORTER

The movie is free and so is the popcorn at Friday Free Flicks.

The Campus Activities Board is offering free movies one Friday each month.

"Shrek 2" will be shown at 6 p.m. Friday in Abbot Auditorium in the basement of the Lovejoy Library.

The show is free to students and their guests.

CAB Entertainment Chair Ashley Manous said free concessions will be available at the auditorium.

"We'll have popcorn and soda for this one," Manous said.

"Shrek 2" is the sequel to the

computer-animated comedy original. The movie features the voice talents of actors Mike Myers as Shrek, Cameron Diaz as Fiona and Eddie Murphy as Donkey. Actor Antonio Banderas provides the voice for one of the new characters, Puss in Boots.

Students may want to consider arriving early to the 143-seat auditorium. The folding, blue-cushioned chairs may not provide the comfort of stadium-style seating found in commercial movie theaters, but they appear much more comfortable than most college desks.

For more information, contact the Campus Activities Board at 650-3371 or Kimmel Leadership Center at 650-2686.

Students enjoy bowling in spare time at Cougar Lanes



AUBREY WILLIAMS/ALESTLE

Freshman Chris Casey lines up his shot in hopes of a strike at Cougar Lanes Friday during September Late Night. Campus Activities Board hosted free bowling, as well as other free activities such as billiards and air hockey.

International Street FAIR

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Campus Activities Board

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because he
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them by smoking weed.

m y f r i e n d s

MY ANTI-DRUG.

Sports Quote of the Day

"All I want out of life is that when I walk down the street, folks will say, 'There goes the greatest hitter that ever lived.'"

~Ted Williams

Coming Up

SIUE Women's tennis opens up their home season Tuesday against UMSL.



◆ Page 12

A l e s t l e

TUESDAY, SEPTEMBER 14, 2004 ◆

Men's soccer dominates weekend competition

TRAVIS ROSS
SPORTS REPORTER

It was all defense for the men's soccer team this past weekend as they stomped the University of Missouri-Rolla Miners 5-1, and came back the next day to slip by the Ashland University Eagles 1-0.

"Two regional wins is always a nice weekend, especially considering that Ashland was very competitive on the road," head coach Ed Huneke said. "If we're going to be where we want at the end of the season, then we need to have a lot more weekends like this."

The Cougars scored all five of their goals against the Miners in the first half.

"We played extremely well against Rolla in the first half," Huneke said. "I was disappointed with the second half, but we did have a five-

goal lead."

Junior forward Tim Collico blistered the Miners with two goals and freshman forward Ross Beveridge chipped in a goal of his own. Sophomore midfielder Victor Pacheco knocked in his team-leading fourth goal of the season and senior defensive back Michael Burgund tacked on his second goal of the season.

Huneke said it was nice to have the forwards punching the ball in.

"That is something we always want to keep is a certain amount of momentum amongst the forwards," Huneke said. "We like confident forwards."

According to Huneke, one of the reasons the Cougar forwards are getting open shots is Pacheco's outstanding play.

"Victor's starting to attract a lot of attention from



AUBREY WILLIAMS/ALESTLE

SIUE's Victor Pacheco darts past a Missouri-Rolla defender in the Cougars 5-1 rout of the Miners on Saturday.

other teams," Huneke said. "As teams start to put more attention on him it opens up holes for other players to

score."

Freshman goalkeeper Nick Frasca is keeping the Cougars in every game the

team plays. Through four games Frasca has logged a 0.29 goals against average,

see SOCCER, page 14



AUBREY WILLIAMS/ALESTLE

SIUE's Kelly Morris putts onto the green during the Cougar Classic on Saturday. Check back in Thursday's paper for final results.

Cross Country off to a running start

ZACH GROVES
SPORTS REPORTER

The Cougars' men's and women's cross country teams came away from Peoria with second-place finishes in a five-team event.

Leading the pack were senior Ryan Boyll, who took fifth with 25 minutes, 4 seconds and junior Brian Taghon, who claimed sixth with 25 minutes, 7 seconds.

Also placing well were junior Justin Crain and freshman Erik Steffens. Crain picked up the 24th spot while Steffens took No. 25 in the top 30 runners.

Junior Trae Cotner, senior Jonathan Sadowski and sophomore Joshua Bozue also placed for the Cougars.

The women's team fared well, placing second among the five schools.

Individually, two runners finished in the top 40. Senior

Mary Witte nabbed 20th with 19 minutes and 8 seconds and freshman Kelly Flounders finished with 19 minutes and 43 seconds.

Finishing as well for the cougars were Junior Heather Zipparro, senior Lee Ann Lomax, junior Amanda

place for our team to do well, so our runners all need to step up every time," she added.

"Things are starting to click, as we had some good practices before the meet. They took that momentum into the meet," she said.

"There is room for improvement, but we should be able to build upon those for upcoming tournaments," McAllister said.

The teams began their season in grand fashion in the Cougar/Bearcat classic here Sept. 3.

The Cougar men's team placed first overall in points from the competition with three top-10 finishers, including Taghon.

Taghon took second overall, finishing with 27 minutes and 31 seconds.

Five other Cougars finished in the top 20. Boyll

see CROSS COUNTRY, page 14

"Things are starting to click, as we had some good practices before the meet."

~head coach Eileen McAllister

White, sophomores Betsy Hall and Priscilla Rahn, and freshman Rebecca Peach.

"These guys were ready to run, but it is too early in the season to point to standouts," head coach Eileen McAllister said.

"And all five of those positions are important to

Cougar Volleyball goes 2-1 during East Coast swing

ZACH GROVES
SPORTS REPORTER

West Virginia's hilly regions were no obstacles to the women's volleyball team members as they took on East Coast competition in the Great Lakes Valley Conference-Great Lakes Intercollegiate Athletic Conference-West Virginia Intercollegiate Athletic Conference Crossover Tournament this weekend.

The Cougars opened in a 3-1 victory Friday against the Mercyhurst College Lakers. Leading the offensive attack was junior middle hitter Tina Talsma who tallied 24 kills and junior middle hitter Heather Bonde who recorded 20.

Junior outside hitter Allison Buss dominated with four aces offensively and cleaned up with 23 digs defensively. Bonde also chipped in defensively with six blocked shots.

The Cougars next battled out a victory over the Ferris State University Bulldogs by rallying for a 15-8 win in the final set.

Four players reached

double-digits in kills in the match. Junior outside hitter Kindra Westendorf nabbed 17, juniors Bonde and outside hitter Shannon Winkeler both recorded 14 and Talsma had 10.

Defense was essential to the team's win over Ferris State. Buss led again on defense for the Cougars with 17 digs, but Winkeler and sophomore outside hitter Beth Degreef were right behind with 12 each.

Later that day, the Cougars failed to capitalize for a sweep, falling 3-1 as they closed out the tournament against the University of Findlay Oilers.

Bonde led in kills with 23, while junior setter Krystal Majernik assisted offensively with 48 assists. Despite the loss, Buss and Winkeler defended well with 21 and 11 digs, respectively.

The Cougars will have a nice taste of home cooking as they return to play conference rivals, the University of Wisconsin-Parkside Rangers at 7 p.m. Friday and the Lewis University Flyers at 1 p.m. Saturday at the Vadalabene Center.

Taking their shot



AUBREY WILLIAMS/ALESTLE

Cougar basketball hopefuls gathered at the Vadalabene Center Wednesday with dreams of becoming a part of an up and coming men's Cougar basketball club. "It's a chance for students to come out and show off their skills," head coach Marty Simmons said. Tryouts lasted an hour, with players having a chance to showcase their abilities for the SIUE men's basketball coaching staff in hopes of making a contribution to the team this season.

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Campus Recreation www.siu.edu/CREC

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One class \$50,
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650-3245



Womens tennis are true road warriors

TRAVIS ROSS
SPORTS REPORTER

It's been a long and bumpy road for the women's tennis team this season – literally.

The Cougars are 2-4 and have played all six matches this season on the road. A few weeks ago the team traveled more than a thousand miles and played three matches in less than 24 hours.

"It's exhausting, it's tough and it's rough on the kids," head coach Bill Logan said. "We eat good and have the right snacks. The bus is comfortable."

Logan said the team has an intense travel schedule every other season.

"Last year we didn't have to travel that much," Logan said. "When we have the new schools come into the Great Lakes Valley Conference there is talk that they could split tennis into an east and west division so we wouldn't have to make these ridiculously long trips any more."

Now that the traveling portion of the schedule is done for the Cougars, and the team has already squared off against the GLVC's No. 1 and

2 teams, Lewis University and Indianapolis University respectively, the team will have its final three matches of the season at home.

"Playing at home is always an advantage," Logan said. "(The University of) Southern Indiana should be a really good match because they're one of the top-rated teams, but after that I think we'll be alright."

The tough season aside, Logan said his team has far from given up.

"I'm happy with the whole group," Logan said. "(Senior) Chrissy (Yingst) has been doing a phenomenal job this season. She's had some tough matches, but she's coming around and getting stronger."

Yingst has posted a 3-2 record this season playing in the No. 1 spot for the Cougars. Senior Allison Coats has also singled herself out for the Cougars this season, stacking up a 4-1 record playing in the No. 3 spot for SIUE.

The Cougars will hit the home court for the first time 3 p.m. Tuesday when they square off against the University of Missouri-St. Louis Rivermen.

SOCCKER

from page 12

giving up only one goal in the four-game stretch.

Huneke said the team is more than ready to open up Great Lakes Valley Conference play this weekend.

"We will be ready for anybody," Huneke said. "We'll be one of the top

teams, if not the best team, in the conference."

The Cougars will battle the Kentucky Wesleyan College Panthers at 1 p.m. Friday in Owensboro. SIUE will then face the Screaming Eagles of Southern Indiana at noon Sunday in Evansville.

CROSS COUNTRY

from page 12

took third right behind Taghon, and Steffens placed fifth. Cotner nabbed seventh, Crain made 13th and freshman Brian Getz took 14th.

The women's team ran very well also, placing second overall with a fourth-place finish from Witte.

Zipparro took 14th overall and sophomores Rahn, Natalie Aschim and Hall took 15th, 17th and 19th,

respectively.

McAllister said the season opener was just a steppingstone for the runners.

"It was really small, and I don't think either team ran to their potential. Not to mention that our home course is a tough one," she said.

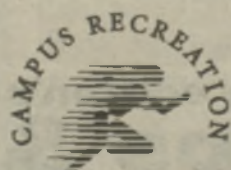
Next up for both teams is the Eastern Illinois University Panther Invitational at 4 p.m. Friday at Charleston.

Baseball Bass Masters Bowling Cricket Cycling Dagorhir

Did You Know?

The SIUE Club Sports Program has over 20 active student organizations to serve your needs. For more information about joining a club sport or starting your own, please visit

www.siu.edu/CREC
or call (618) 650-3245.



SCA Tackle Football Tae Kwon Do Hapkido Underwater Hockey Women's Volleyball

Executive Council Fencing Flying Cougars Golf Hybrid Movements Ice Hockey

Roller Hockey Powerlifting Paintball Outdoor Adventure Men's Volleyball Master Swim

Campus Recreation www.siu.edu/CREC



E-mail Sports Editor Eric Crain

with questions or comments at

ericcrain@yahoo.com.

Feel The Beat Get The Vote



Thursday, September 16, 2004

Location: Hairpin SIUE

- 10:00 am Women's Issues, Making Waves
- 10:15 am Dog Town All Stars - Band
- 11:00 am Health Care Issue, Denise Barker, United Steel Workers of America
- 11:15 am Freekbass - Band
- Noon Jobs/Economy/Employee Free Choice Act, Southwestern Illinois Central Labor Council AFL-CIO
- 12:15 pm Freekbass (continue)
- 1:00 pm Voting Issue, Edwardsville League of Women Voters
- 1:15 pm Bagheera - Band
- 2:00 pm Education Issue, United Congregations of the Metro-East
- 2:15 pm Lost Parade - Band
- 3:00 pm Passive Activism/Civil Disobedience, IOTA Phi Theta Fraternity, Inc.
- 3:15 pm Farshid Etniko - Band
- 4:00 pm Expressions of Our Responsibility, Blaq Poet Society
- 4:15 pm Troubadours of Divine Bliss - Band
- 5:00 pm Broken Grass - Band

Political Issues Tables on Voting, Health Care, Jobs/Economy/Employee Free Choice Act, and Women Issues will be set up between 10:00 a.m. and 2:00 p.m. in the hairpin area. A speaker on various issues will present a topic each hour for ten minutes. Following the introduction, the speaker will move to the political issues platform on the north side of the Morris University Center for further discussion.

Voters Registration table available between 10:00 a.m. and 2:00 p.m. in the Hairpin area.

Meet the Candidates



Location: Meridian Ballroom

- 6:00 pm Welcome/Overview of the Significance of the Supreme Court Election
- 6:15 pm Supreme Court Judge Candidates (Background/Candidacy, & Why Vote for Them) Washington County Circuit Judge Lloyd Karmeier & 5th District Appellate Justice Gordon Maag
- 6:45 pm Candidates Final Message
- 6:50 pm Passive Activism/Civil Disobedience, IOTA Phi Theta Fraternity, Inc.
- 7:00 pm Expressions of Our Responsibility, Blaq Poet Society

Illinois Supreme Court Rule 67 does not allow candidates for the Illinois Supreme Court to debate issues due to the position they seek as a judge. The candidates are not allowed to talk about issues that may be heard by them if elected.

Sponsored by: League of Women Voters Edwardsville Area, United Congregations of the Metro-East, SIUE Raise Your Voice, Student Leadership Development Program and Volunteer Services, Student Government

Raise Your Voice collaborates with the following: SIUE organizations of: IOTA Phi Theta Fraternity, Inc., Web Radio, WSIE, Blaq Poet Society, RHEMA, Phi Eta Sigma, Delta Sigma Theta Sorority, Inc., Omega Psi Phi Fraternity, Inc., Zeta Phi Beta Sorority, Inc., SIUE EOP Office, and RAM

Collaborating Community Organizations of: Southwestern Illinois Central Labor Council AFL-CIO, United Steel Workers of America, AFSCME Council 31, United Commercial and Food Workers Union, Focus St. Louis, and Edwardsville Chapter of the NAACP

Classified & Personals

◆ PAGE 16

A l e s t l e

TUESDAY, SEPTEMBER 14, 2004 ◆

HELP WANTED

Sell Avon. Earn 50%. Call Darlene. 567-6686. 10/05/04

Volunteer to read/help blind person. 2hrs per/wk. Call Paul 288-7299 09/14/04

Need \$\$\$\$\$? Pt. time, weekdays, house cleaning service...must have car, phone, and 3hr. availability between classes. \$6.75 hr. Will train. Edw/Glen Carbon area. 618-656-0005 09/14/04

Golf course work. Will work around class schedule, \$7.00/hr. Call Paul at (618) 781-0971. 09/21/04

Teacher needs caregiver in our home. Close to campus. For 3yr old girl. Non-smoker, someone who likes children and has experience. Call 692-4429 09/14/04

FOR SALE

Used books at bargain prices. Good Buy Bookshop, Lovejoy Library, Room 0012, Wednesdays and Thursdays 11a.m. to 2p.m. Sponsored by Friends of Lovejoy Library. 12/09/04

Need a car? Call Ray! All makes/mdels, price ranges. www.GatewayAutoplex.com or (618) 531-0218 12/09/04

91 Accord power, moonroof, single owner, 180,XXX miles, \$1850, 659-4075 09/21/04

Loft for sale \$75 OBO Call 618-406-4541 9/14/04

2000 VW Cabrio GLS, convertible, auto 45K excellent \$13,900 692-6575 09/23/04

MISCELLANEOUS

Spring break 2005-Travel with STS, America's #1 student tour operator. Jamaica, Cancun, Acapulco, Bahamas, Florida. Hiring campus reps. Call for discounts. 1-800-648-4849 or www.ststravel.com 12/09/04

Haircut models needed for educational training. Men, women, shoulder to short hair length only. Performed by licensed professional in area salon. No charge for services. 656-4011 Henderson Hair Design. 9/30/04

Do you have a nice voice? Put it to work! Voiceover training in a professional recording studio voiceoverstlouis.com 314-781-6200 10/14/04

Leisure Tours International #1 Spring Break Website! Lowest prices guaranteed! Free meals & free drinks. Book 11 people, get 12th trip free! Group discounts for 6+ www.SpringBreakDiscounts.com or 800-838-8202. 02/01/05

FOR RENT

3 Bedroom Collinsville Great Condition, Large rooms, \$675. 830-6830 09/21/04

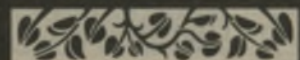
Two Bedroom Apartmet, washer, dryer, and dishwasher. Half block off MAIN, one block to downtown, ALL utilities paid. No smoking, No pets. \$750. (314) 757-4545 09/23/04

American Heart Association

Fighting Heart Disease and Stroke

Keep more than memories alive with memorials and tributes.

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1-800-AHA-USA1

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friends
don't let friends
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U.S. Department of Transportation

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One Month Unlimited \$29.95



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& Salon

All coupons must be Redeemed by Oct. 31, 2004

www.thealestle.com

Placing a classified ad - Frequency Rates

(For billing purposes, five (5) words equal one line). All classifieds and personals must be paid in full prior to publication.

1 run: \$1.00/line (2 line minimum)
2 runs: \$.90/line
3 runs: \$.85/line
5 runs: \$.90/line
20 runs: \$.8/line
Personals: \$.50

Deadlines FALL

Tuesday Publication: Noon Friday
Thursday Publication: Noon Tuesday

Adjustments

Please read your ad on the first day it appears. If you cannot find your ad or discover an error in your ad, call 650-3528 or come into the office. Positively no allowance made for errors after the first insertion of advertisement. No allowance of correction will be made without a receipt.

Placing Ads

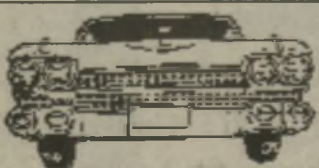
To place a classified ad, come to the Office of Student Publications, located in the UC, Rm. 2022, and fill out a classifieds form.

Office Hours: Monday thru Friday: 8am - 4:30pm

the Alestle 650-3528

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