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TUESDAY, DECEMBER 3, 2002

Southern Illinois University Edwardsville

Vol. 55, No. 28 🔶

## **SIUE bids farewell to wrestling team**

HEATHER KLOTZ SPORTS REPORTER BRIAN WALLHEIMER NEWS REPORTER

Say goodbye to wrestling at SIUE.

The wrestlers will hit the mats for the last time this spring due to budget problems that led to the discontinuation of the team.

The university announced it will cut the wrestling program after this season ends in March because of budget problems related to revenue cuts and increases in health insurance and room-and-board costs for athletes. The program's budget is about \$108,000 per year, according to SIUE Sports Information Director Eric Hess. Hess could not say what other teams' budgets were.

"This wasn't an easy decision," Athletic Director Brad Hewitt said in an interview with the (Alton) Telegraph. "But it's the most prudent financial decision. In keeping with the university's vision statement, intercollegiate athletics' prime ambition is to be recognized nationally for the excellence in its programs."

In a press release Wednesday, Hess said the annual budget shortfall in the athletic department was about \$110,000 and the university did not want to consider increasing student fees or asking for state support because of the condition of the economy.

The university unveiled a plan last year that called for four \$8 increases to student fees for athletics. That increase will bring the athletic department an extra \$100,000 per year after each year's increase.

Hewitt said other options, including a high increase in student fees or additional aid from the state, did not receive enough support.

Head wrestling coach Booker Benford said he knew wrestling was under the gun when he took over the head coaching job at SIUE four years ago.

see TEAM, page 3 SIUE Cougar Alec Lininger wrestles down an opponent at a home match.

AUBREY WILLIAMS/ALESTLE



## **ROTC** ranks top

#### CALLIE STILWELL News Editor

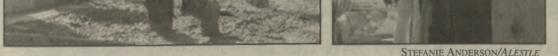
Out of 270 programs nationwide, SIUE's Army ROTC program ranks fourth in the nation.

2002 is the second consecutive year SIUE's Army ROTC has been ranked in the top 10 Army ROTC programs.

The U.S. Army Cadet Students who do try the ROTC Command ranks all 270 program find it to be both

involved in the program.

"Our success results directly from the strong teamwork between the Army ROTC program and the university. Enthusiastic support from the academic departments, especially the schools of Business and Nursing, has led to an increase in the number of scholars, athletes and leaders entering the program. Students who do try the ROTC program find it to be both



Workers, left, build the drive up ramp for the ATM station. A worker, right, measures the wooden frame at the ATM site.

#### JAMIE VANBUREN <u>News Stringer</u>

Southwestern Illinois College Southern Illinois University Credit Union is bringing a drive-through automatic teller machine to the SIUE campus this month.

Construction on the ATM started in the beginning of November at 480 University

Park Drive. The ribbon cutting for the ATM will be 10 a.m. Saturday, Dec. 14.

The anticipated date the ATM will be open for business is Dec. 23, or before weather permitting.

"Any SWICSIU Credit Union member using an ATM card issued by SWICSIU Credit Union will have access to this without a surcharge," said Kathy McKinnon, vice president of operations at the credit union.

There will be a \$1.50 surcharge for nonmembers using the ATM.

SIUE students, faculty and staff can become members by visiting the credit union's main branch office on the northeastern side of the campus on Lewis Road. programs against each other.

It takes into account the cadets' overall standing in the ROTC program, such as their grade point average, performance at National Advanced Leadership Camp and other ROTC activities. The program is also evaluated on many cadets how are commissioned to serve as second lieutenants each year either on active duty or in the Army Reserves or the Army National Guard.

Lt. Col. Joel Hillison, professor of military science for the ROTC at SIUE, attributed the achievement to the high-quality faculty, staff and students personally rewarding and challenging," Hillison said in a press release.

Maj. Michael Porch, assistant professor of military science, said SIUE Army ROTC commissioned 10 people last year, which was four more than the goal.

Two of those commissioned were nurses, which helped raise the program's points even more.

SIUE's program has more than 70 members.

"Our proportion is probably a good size for what we have here at SIUE," Porch said.

#### • PAGE Z

#### Alestle

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#### **SIUE Inclement Weather Closure Notice**

#### For School Closure Announcements Check:

- SIUE Homepage at 1. www.siue.edu
- WSIE at 88.7 FM 2.
- SIUE Information Center 3. 650-5555
- Your SIUE E-Mail Account 4.

#### NOTICES WILL BE POSTED BY 6:00 A.M.



## Winter woes solved by MAP

Campus help for frozen locks and dead batteries is just around the corner

> JESSICA MULLEN **ASSISTANT NEWS EDITOR**

With winter approaching, the possibility of cars not starting and locks being frozen will increase.

Students should remember that the Motorist Assistance Program is available on campus for help.

MAP helps students with a variety of situations.

"We come to help with dead batteries, lockouts, flat tires, de-icer, fuel and to provide escorts," Assistant to the Director of Police Services Tony Langendorf said.

According to Langendorf, who supervises MAP, the service is available 24 hours a day, seven days a week. Lockout assistance and escort services are dependent upon the availability of police officers.

"Since July 1, 2002, until present day we have

assisted with 271 lockouts, 242 jump starts and 21 flat tires," Langendorf said.

The services the MAP provides is free to all students.

"There may be a misconception that you have to pay for the services you receive through the MAP, but it is a free service that we provide for our students," Director of Administrative Services Bob Vanzo said.

MAP started in the fall of 2000 after equipment was purchased and final plans were made

"The MAP was a way for Parking Services to do something positive for the students. We also upgraded Parking Services vehicles to 4-wheel drive trucks so they could perform in any kind of weather," Langendorf said. "The trucks gave us a lot more flexibility to carry equipment and provide services through MAP."

Since the start of the program in 2000, more students are using MAP.

"The number of people that we help is growing each year. A lot more people are aware that the program exists," Langendorf said.

For assistance, call 650-3324 or push the assistance/information button on the emergency phones on campus.

## **Directories free for departments**

#### **ALESTE STAFF REPORT**

SIUE department staff can pick up the free December 2002 edition of the SBC Ameritech phone directory for the Edwardsville area.

There is a limit to one directory per extension.

Directories are available for pick up from 8:30 a.m. to 4 p.m. at the OIT Customer Support Center in Dunham Hall, Room 0210.

The Financial Accounting System account number must be presented to pick up directories.

For more information, contact Terry Meredith at tmeredi@siue.edu.

#### ROTC from page 1

He said the program has potential to grow, which will raise the goal for next year's commissions.

Porch said the high motivation of the students in the program contributes to their fourth-place ranking. "We like to think that we as cadre had something to do with that," Porch said. He also attributes the program's success to the students'

involvement with other quality academic and extracurricular programs on campus.

The Army ROTC provides scholarship opportunities as well as military training through camps and classes.

For more information on ROTC, call 650-2500 or visit the office in Founders

Hall, Room 3106.

## Campus Scanner

**Reception:** The SIUE faculty and staff holiday reception will be from 3 to 5 p.m. Wednesday in the Student Fitness Center.

Seminar: The Career Development Center along with the Student Leadership Development Program is taking reservations for an Image Seminar from 10 a.m. to 3 p.m. Feb. 1. Reservations are \$10 and must be made with the CDC by Friday. The seminar includes a T-shirt, program materials, refreshments and lunch. Speakers will cover interviewing, job search techniques, networking and dressing for success. The seminar is limited to 50 attendees. For more information, contact the CDC at 650-3708. Concert: The SIUE Wind Symphony and Concert Band will perform at 7:30 p.m. Tuesday in Katherine Dunham Hall Theater. Tickets are \$3 and \$2 for students. For more information, contact the Department of Music at 650-3900. Art: The Mexica 2002 art exhibit opens at 5 p.m. Tuesday in the New Wagner Art Gallery in the Art and Design Building. The exhibit features students who learned ancient weaving and ceramic techniques through visiting a small village in Mexico. A reception will also be Tuesday in the gallery at 5 p.m.. The exhibit will continue through Dec. 13. For more information, call 650-3071.

Center. "Is There a God? Ruminations of a Physicist" will be presented by SIUE Emeritus physics professor P. Narayana Swamy. For more information, call 650-3209.

Tobacco counseling: The American Lung Association of Illinois is providing the Illinois Tobacco Quitline. The toll-free line is staffed by registered nurses, respiratory therapists and addiction counselors. Counseling is free to all residents of Illinois. Those interested should call (866) QUIT-YES. Hotline hours are from 7 a.m. to 6 p.m. Monday through Friday. Alcoholics Anonymous: The Gut Level Group meets at 7 p.m. Saturdays in the Religious Center. This is an open meeting of Alcoholics Anonymous and Al-Anon. Nominations: The Edwardsville/Glen Carbon Chamber of Commerce is accepting nominations for the Albert Cassens Award for Outstanding Community Achievement. The nominee must have given his or her time freely to the community and have made a significant contribution during the 2002 calendar year. He or she must also be a resident of the Edwardsville Community District No. 7 or have a primary involvement in a business within the school district. Forms are available at the chamber office at 200 University Park Drive, Suite 260, or by calling 656-7600. The form must be received by Dec. 13.

#### ABB ZEE THE BUMER BE COMPRESSION

They help community groups - like the PTA®, your church, clubs over - organize resources and focus them where they're needed most. Especially fighting to keep kids away from drugs. If you're in a community group, ask if you can do more by teaming up with a community coalition, it's really simple, just go to www.helpyourcommunity.org or call 1-877-KIDS-313 to contact a community coalition in your area. They'll tell you exactly how your group can help. You'll be surprised at what you have to ffer. And how much you can accomplish

YOU GET MORE WHEN YOU GET TOGETHER

Ad

Office of National Dava Control Policy

Speaker: Dialogue with Senior Citizens will begin at 1 p.m. Wednesday at the Religious

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#### Alestle

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Wateria Adams, Lee Ann Lomax and Leamond Sloan, top, sing "Oh Come All Ye Faithful" in the Goshen Lounge of the Morris University Center for the Alpha Phi Alpha "Christmas in Goshen." Sloan, bottom, performs with piano accompaniment by Robert Webb.

ATM from page 1

Office hours are Monday January for anyone interested in through Friday 9 a.m. to 5:30 p.m.

McKinnon said the credit

joining, but as of now there are no set plans.

The credit union has been on union will have an event in campus since 1959.

#### **TEAM** from page 1

Still, Benford doesn't feel all the options were explored before the wrestling program was dropped.

"It's very funny that wrestling was dropped when a lot of other things could have been done," Benford said in the same interview with the Telegraph.

"We considered many options, including across-theboard cuts and the opportunity for additional revenue sources and decided that discontinuing the wrestling program was the most realistic option consistent with our guiding principles and strategic plan," Hewitt said.

Hess added the athletic department looked at several factors in deciding to cut wrestling including affiliation with the university's athletic conference, academic performance of athletes, media interest. community involvement, facility conditions and recent success.

"I don't think it's any one thing," Hess said. "I think it's a combination of everything."

However, the decision to cut the program surprised Benford because of the success of past teams.

"It's not a done deal, as far as I'm concerned," Benford said. "The decision still has to go through two more boards before a final decision is made."

Hess said Hewitt would be the person to explain why the department decided not to cut a little from every team instead of cutting the entire wrestling program.

Benford said he found out about the discontinuation of the program last week.

"The athletic director did not want to make cuts across the board," Benford said staff "'I members were told. immediately smelled a rat at that point."

Benford said he confronted Athletic Director Brad Hewitt about how the department would make up for budget problems and was told the wrestling team would be cut.

SIUE has had 19 individual champions overall along with three championship teams. The Cougars finished in the top 10 nationally 17 times.

SIUE's wrestling program boasts three team national championships from 1984 to 1986 and 19 individual national champion wrestlers since the program started in 1969. Benford was a part of those team championships in 1984 and 1985 as well as an individual champion in both years. Benford noted that wrestling had Division II national champions in 1992 and 2000. Titus Taylor became national champion in the 2000 season.

Benford has been rebuilding the program for a couple years and finally got a full roster this year. The team finished 15th in the nation last year.

Benford said he's not going to sit idle.

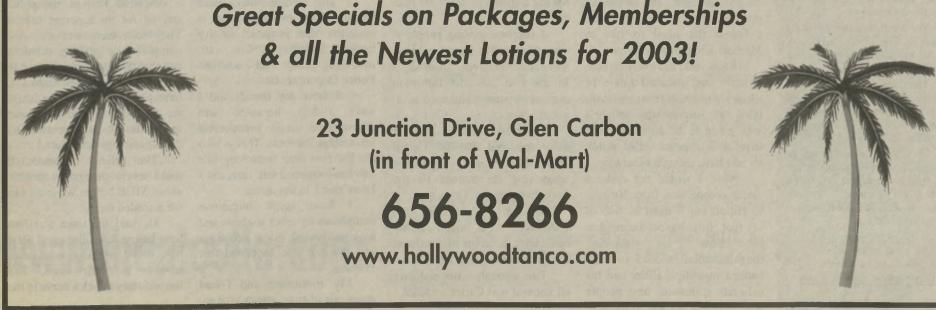
"I don't want them to break up what we got," Benford said. "It would be a total disservice to this university to cut this program without looking at other venues."

Benford has enlisted the support of the National Wrestling Association and the Illinois Kids Wrestling Federation to help him in his fight to save the SIUE wrestling team from the ax.

## Know your world **Read the Alestle**

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Saturday, December 7



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#### LETTERS TO THE EDITOR POLICY.

The editors, staff and publishers of the Alestle believe in the free exchange of ideas, concerns and opinions and will publish as many letters to the editor as possible. Letters may be turned in at the Alestle office located in the Morris University Center, Room 2022 or via e-mail

alestle\_editor@hotmail.com. All hard copy letters should be typed and double-spaced. All letters should be no longer than 500 words. Please include your phone number, signature (or name, if using c-mail) and student identification number.

We reserve the right to edit letters for grammar and content. However, great care will be taken to ensure that the message of the letter is not lost or altered.

Letters to the editor will not be printed anonymously except under

# Opinions & Editorial viewpoints & Commentary

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#### Alestle

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#### Viewpoints \_\_\_\_\_

#### George W. Bush's 2002 is a recapitulation of George Orwell's '1984'



In the George Orwell novel, "1984," one of the methods employed by the government of Oceania to control its population was to perpetually be at war with one of the two other governments mentioned in the book, Eurasia and East Asia. The hero of the book, Winston Smith, works in the Ministry of Truth, which regulates what the public gets to know. One of Smith's observations as he begins to doubt Big Brother, is how the government of Oceania has constantly shifted its pattern of war with one and peace with the other.

This seems to be the favored tactic of social control with the Bush administration. Be constantly at war, but always shift it around.

Consider if you will, way back in 2000, public enemy number one was North Korea. North Korea was why we needed the missile defense systems that never seemed to quite work and why we needed to get rid of a treaty that kept the peace for 40 years. During this time, the administration gave \$45 million to the Taliban government of Afghanistan.

Well, then came Sept. 11. Our leader told us that Osama bin Laden was public enemy number one and had to be brought in dead or alive. So, to get him, we started bombing one of the poorest nations on earth and when we were done, we installed new government in a Afghanistan.

About this time, the "axis of evil" was born. We were told that three of the other poorest countries on earth, Iraq, Iran and North Korea had to be gotten before they got us.

We pretty much know what's happened since then. Iraq has of course been our chief enemy. We have since been bombarded with a list of crimes that Saddam committed in the 1980s, mostly with the help of the current Bush Cabinet.

Recently, one of the old public enemies reared his head. Remember the man we were going to get, dead or alive? That's right, evidence of bin Laden being alive emerged. This news was met with a curious indifference by the Bush administration as mobilizing public opinion against Iraq has now become job No. 1.

Oh, and remember the "axis of evil?" Well, it now appears as though Iran is fine with the whole idea of being used as a staging ground against Iraq. And our trusted allies in the "War Against Terror" may indeed be helping the bad guys.

Funny how long it took the liberal media to figure out that if most of the Sept. 11 terrorists were Saudis, they may be getting funding from high-ranking Saudis. Yet, no bombs ever dropped on Saudi Arabia. Pakistan's beloved leader, who used to be the only government official in the world to recognize the Taliban government, may in fact be selling weapons materials to that ol' "axis of evil" member, North Korea. Both of these actions would seem to disqualify Saudi Arabia and Pakistan from being terrorism fighters.

I know it's hard to keep track of all this dizzying posturing over who is currently the chief bad guy in the world. It even appeared for a brief time that rebels in Columbia and the government of Venezuela might become our chief targets.

One of Smith's jobs at the Ministry of Truth was to rid the record of any facts that conflicted with the current government line Oceania. He of threw inconvenient documents down "The Memory Hole." That he was aware he was doing this was one of the reasons he started having doubts.

It began to occur to Smith that the quality of life in Oceania never improved. People were told that they were sacrificing for the perpetual war that Oceania was always in.

During our period of perpetual war we occasionally hear things that confirm what we know about our own quality of

We hear that the government allowing even is. more concentration in the media business. We hear that there's a looming housing crisis in this

country. We even hear that as part of our Homeland Security Bill the federal government is once again going to do business with corporations that set up dummy addresses in the Bahamas for the purpose of avoiding taxes. We know where those taxes will fall.

But these items just don't seem as sexy to the news business as "Showdown With Saddam" or the local news outlets promising us team coverage of the War on Terror.

And so, our quality of life never improves and we're told that we're sacrificing for the larger good.

A person can be forgiven for being confused as Winston Smith was over this shifting landscape being generated by our own Ministries of Truth and wondering why our own lives aren't improving and why more wealth seems to be flowing into the pockets of those whose pockets are full already.

Winston Smith found his own solution to his confusion in Orwell's book.

The Ministry of Love helped him in his struggle. Like Winston, maybe we all will realize that whatever confusion we have over this lies within ourselves. But by the end of the book Winston won the struggle over himself. Warm tears filled Winston's eyes as he realized that he loved Big Brother.

> Jon Pike Graduate Student Mass Communications

#### Letters to the Editor \_\_\_\_\_ Hitler, Hussein, let's call the whole thing off Police strike a nerve with SIUE students

#### Dear Editor,

After reading the statements

Hussein gassed Kurds, his own Dear Editor, people mind you, in the 90s for having a different belief set than

I am writing this letter

extreme circumstances.

The Alestle is a member of the Illinois College Press Association, the Associated Collegiate Press and U-WIRE.

The name Alestle is an acronym derived from the names of the three campus locations of SIUE: Alton, East St. Louis and Edwardsville.

The Alestle is published on Tuesdays and Thursdays during fall and spring semesters, and on Wednesdays during summer semesters. For more information, call (618) 650-3528.

> Have a comment? Let us know! Send us an e-mail: alestle\_editor@hotmail.com The Alestle Campus Box 1167 Edwardsville, III. 62026-1167

#### made by Brad Walker (Nov. 12),

I found the need to rise to Michael Kicielinski's defense.

Kicielinski has every right to criticize the so-called forum of ideas about the war on terrorism (Oct. 29). Anyone who thought it was going to be anything more than a 70s peace rally redux should have thought otherwise.

Now, I would not make a direct comparison from Hussein to Hitler, but it must be true to say that Hitler has set the mold as how an aspiring to megalomaniac should run his banana republic. Hitler had his officials eliminate any people who opposed his war in the 40s,

#### he.

I suppose gassing people is what Mr. Walker would call how someone "behaves rationally." In the late 30s, the European nations appeased Hitler so as to avoid a war.

Up until recently, it would have appeared that the United States was the only nation not condoning the actions by the Iraqi dictator.

Walker closes with the statement, "I'd much rather consider a solution of President Carter than President Bush." Fair enough. Because, we all know it was Carter's valiant

see HITLER, page 5

because I am outraged about a situation that occurred at my house Saturday, Nov. 16, involving the Edwardsville Police Department.

I believe my friends and I were rudely harassed and disrespected simply because we are college students. This is also not the first time something like this has happened this year, and I know that I'm not alone.

I have heard numerous complaints by other students and have witnessed many situations like the one that happened that evening.

My roommate and I had many out-of-town guests visit us. To avoid drinking and

Around 11 p.m. the police arrived for no apparent reason. They said there was no noise complaint or parking problem, and that they had only stopped by because we've been known to have parties before. Even though we are all responsible 21-yearold adults, we were treated like delinquent high schoolers.

driving we decided to have

everyone at our house.

The officer continued to make several derogatory remarks about SIUE before we even said we attended there.

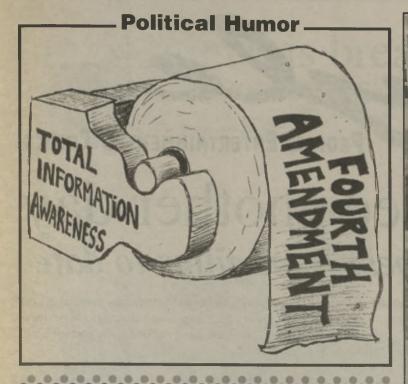
He said the town was here long before the college and SIUE has done nothing but cause trouble in their town. This immediately struck a nerve in me.

see POLICE, page 5

#### TUESDAY, DECEMBER 3, 2002

#### Alestie

#### PAGE 5



#### movie DUSS

Joseph Dethrow correctly identified the stuffed antelope near the front entrance of the Science Building. Come to the Alestle office on the second floor of the MUC to claim your prize.

The Win a Movie Pass mystery picture game will continue next spring with the Jan. 14 issue.

Thanks to everyone for playing.

...............

Letters to the Editor -HITLER -

#### from page 4

..........

efforts in North Korea that solved I would appreciate and entertain the issue so that North Korea would not boast about having nukes today, right?

And, we must not forget it was Clinton who solved the Middle East Conflict in 1993 with Oslo, Norway, which is why there is no more fighting between the Israelis and the Palestinians, right?

Mr. Walker, I am a senior, so

**POLICE** -

#### from page 4

Yes, the town was here first, but without the college students the businesses in Edwardsville be teaching their kids, nursing would suffer greatly.

Also, if you have ever been to a real college town, such as Carbondale or Bloomington, you would see that SIUE does not even register on the scale of party

your response to me without referring to "sophomoric opinion" or any other derogatory comments.

Thank you for your time.

Sincerely,

somewhere else.

**Tim Morris** timmorr@siue.edu

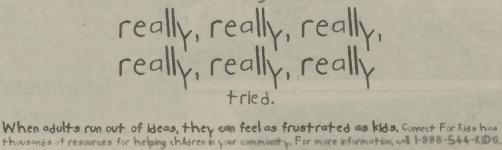


cover your butt. better yet, help cover your tuition



.

.



www.connectforkids.org

Guidance for Grown-Ups BENTON



Mrs. Bradley couldn't seem to get

enough parents involved in the school

even though she

be deeply hurt. schools.

Some townspeople needs to realize that the state of Illinois didn't build a prison in their back yard, but rather, a learning facility that students pay thousands of dollars to attend.

We are not forced to be here. We are here because we want to better ourselves and our futures, obviously not to party or we'd go

In regard to the above situation, this same letter will be sent to the Edwardsville newspaper, and an apology is being demanded from the Edwardsville Police Department.

When we graduate we will

their families, and providing

several other services for "their"

town. So when I am told that

SIUE does nothing but bring

down the town, I can't help but to

Sincerely,

Sarah Larson Junior Education College can mean maneuvering through a lot of different obstacles, but tuition payments shouldn't be one of them. In Army ROTC, you'll have a shot at a scholarship worth thousands. And make friends you can count on. Talk to an Army ROTC advisor today. We've got you covered.



د ز

ARMY ROTC Unlike any other college course you can take.

#### For more information, contact SIUE Army ROTC at 650-2500, Room 3111 FH, or www.siue.edu/ROTC

## www.thealestle.com

#### + PAGE 6

#### Alestie

TUESDAY, DECEMBER 3, 2002



## James Bond lives to see another day "Die Another Day" is one of the best Bond films to date





#### JEREMY HOUSEWRIGHT LIFESTYLE EDITOR

In the new James Bond film, "Die Another Day," the action scenes are taken to a new high, since the James Bond franchise is alive and well again.

The high-octane action begins at the very start of the film, with Bond, played by Pierce Brosnan, trying to set up a North Korean terrorist.

After a hover craft chase with plenty of shooting and explosions, Bond is captured and tortured by the terrorists.

After he is released, 14 months later, in exchange for a North Korean prisoner, Bond is out for revenge. Mayhem and plenty of action follow.

#### Running time: 2:12 Rated: PG:13

An extra bonus to the film is Halle Berry, who plays the sexy and savvy Jinx. Jinx mixes it up with Bond, in the bedroom and in the spy game. Fresh off her Oscar win, Berry brings charisma and sexiness to her role as the latest and one of the greatest Bond girls to date.

The plot has plenty of twists and turns with high-tech spy lingo to keep the audience wondering what will happen next.

Touted by many critics as the best Bond movie ever made, it is certainly the best in the last decade, but it's hard to top any of the Sean Connery Bond films.

Brosnan brings the cockiness, confidence and charisma to his role as Bond.

The over-the-top action sequences somewhat resemble scenes from the summer blockbuster "XXX." But that is where the comparisons stop. "Die Another Day" provides substance, wit and grit that complement the film's action and suspense, where "XXX" had nothing but weak acting and action sequences so over the top they were laughable.

"Die Another Day" is not only for James Bond fans but for fans of action movies as well.

This installment of the James Bond franchise proves the series will live to see another day.



Comic

Irregardless - Those Poor, Misled Creatures





By: J. Edwards

#### TUESDAY, DECEMBER 3, 2002

#### Alestle



Unchained is breaking loose Band decides to "Put Up or Shut Up" on new album



Members of the band from left to right; Matt Zeiss, Corey March, Chris Ward, Buddy Mueller and Shane Brown.

#### NANCY MCDONALD

With its emotional lyrics and heavy rock sound, local band Unchained is quickly becoming a favorite of music listeners in the St. Louis area.

After getting to know each other through mutual friends, the original members formed the band four years ago. There have been some changes in the lineup, but as the band stands today the members are singer Matt Zeiss, guitarists Corey March and Chris Ward, bass player Buddy Mueller and drummer Shane Brown.

We want to be the biggest rock band in the world.

Corey March

the United States. They have played at St. Louis venues such as Mississippi Nights, St. Louis University, Pops and MOJO's.

Unchained will share the stage with New Found Glory, Jimmy Eat World, Breaking Benjamin, OK GO and Sugarcult Dec.14 for KPNT-FM 105.7 The Point's "Ho Ho Show" at The Pageant.

March said the band is extremely excited to be a part of the outstanding lineup for the show.

"We're most looking forward to sharing the stage with Breaking Benjamin. For stylistic reasons, we'd really like to meet and talk with them," March said.

Unchained released a follow-up to their first album, "Hide My Shame," Nov. 16.

Their new album, "Put Up or Shut Up," is different from their previous one. March describes the new album as being "more radio friendly" and sounding more like "mainstream hard rock."

The first single from "Put Up or Shut Up," "Faded," is featured on The Point's compilation disc, "Pointessential 7."

With its growing popularity and 13,000 compact discs in circulation across the United States, one may wonder what the band's next goal is.

## Lose weight this holiday Classes available at Vadalabene Center

LAURA GRIFFITH LIFESTYLE STRINGER

The holidays are almost here and that means with all the extra food around for Thanksgiving and Christmas, people may be at risk of putting on a few extra pounds.

For those who want to lose weight instead of gain it, the SIUE Vadalabene Center is the place to go.

Several group exercise classes are available throughout each week this fall for those who don't want to exercise alone. Classes of all difficulty levels, from beginner to intense, are offered.

High-impact classes include Cardiovascular Kickboxing, Boot Camp, Ab Express, Power Step, which is an advanced step class, and Water Works. Water Works is a vigorous cardio workout in the water.

Classes focus on all types of exercise for different parts of the body. Total Body Conditioning, or TBC, is designed to increase bone density, muscle tone and endurance. The 30-20-10 class consists of a 30-minute cardio workout followed by 20 minutes of strength training and 10 minutes devoted to increasing flexibility. A Buns and Thighs class focuses on shaping the lower body, while an Ab Express class works out the abdominal region.

There are also nontraditional types of exercise classes available. Funk is a fun dance class and an invigorating workout all in one. Yoga increases flexibility and helps people to achieve a healthy mind and body balance.

Classes are offered from 6:10 a.m. to 7:10 p.m. Monday through Friday. Yoga is available Sunday from 12:30 to 1:30 p.m. Boot Camp is available Saturdays from 10 to 11 a.m. For a schedule of classes, visit www.siue.edu/CREC/group.html. Keep in mind that class schedules are subject to change.

All classes meet in the Aerobic Room in the Student Fitness Center except for dance classes, which are in the VC Dance Studio, and water classes at the VC Pool.

The VC is open from 6 a.m. to 11 p.m. Monday through Friday, from 9 a.m. to 9 p.m. Saturday and noon to 9 p.m. Sunday. Aerobic exercise rooms are open to anyone when classes are not in session. More than 30 exercise tapes are available for rental at the Equipment Issue Office.

For more information, contact Darleen Harmon at dharmon@siue.edu.



These five guys have been cranking out some of the best local rock music for more than one and one-half years.

March said the band's music shows its musical influences.

"We're all really into Metallica, Creed, Black Sabbath, Ozzy (Osbourne), Incubus and Alice Cooper," March said.

The members of Unchained are so influenced by some of these bands that they occasionally do a cover of one of their songs.

"At most of our shows we play Black Sabbath's 'War Pigs.' We always get a great crowd reaction from it. It's kind of like a live staple for us," March said.

March said the band has played all over

"We want to be the biggest rock band in the world. Ninety-nine percent of the people in this world don't even get close to their ultimate goals," March said. "We'd love to knock Creed off the pedestal. I mean, love them or hate them, they're played all over the radio and they've sold millions of albums. We want to make people forget about Creed. We want people to say, 'Creed who?""

Besides the "Ho Ho Show" Dec. 14, Unchained will play at The Pageant Dec. 21 with bands like Cavo, Fly Nova, Mesh STL and Stir. They will play at The Farm House in Farmington with The 5th Element on Jan. 4.

For more information, check out the band's Web site at www.unchainedmusic.com.

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## Important Notice to Graduating Students

SIUE holds a commencement ceremony after each term. You are eligible to participate in the commencement ceremony held at the end of the term in which you complete your degree requirements. Application for graduation and advisor approval are required.

The deadline for submitting an **undergraduate** application for graduation is the end of the first week of the term in which you expect to complete all degree requirements. The deadline for submitting a **graduate** application for graduation is the first day of the term preceding that in which you expect to complete all degree requirements. Applications for graduation are available in the Service Center, Rendleman Hall, Room 1309.

#### Sandler's animated holiday musical falls hard Comedian's new film has been called the worst of his career

JJ DUNCAN Kansas State Collegian (Kansas State U.)

Alestie

(U-WIRE) MANHATTAN, Kan. - Adam Sandler just had to go and ruin the critical praise he's been receiving for "Punch-Drunk Love" by releasing the worst film he's ever made on its coattails.

"Eight Crazy Nights" is the animated Sandler musical that combines cute animated characters, bad songs and the worst fart jokes this side of a National Lampoon movie. Adam Sandler's juvenile humor has proven to carry otherwise questionable films like "Mr. Deeds," but his non sequiturs and stupid voices just take "Eight Crazy Nights" farther down the scale.

Sandler is the 33-year-old Davey Stone, a basically sweet

Get a Life

There's more to life than reality TV and bad pizza.

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kid until his parents die in a car wreck on the first night of Hanukkah 20 years before the movie begins. Now, he's a drunk loner who makes a point of ruining the holidays for everyone else.

When Davey gets himself into trouble for ruining some ice sculptures, a judge sentences him to work with Whitey Duvall, a kind midget with a funny voice and a club foot, as a youth basketball referee. Slowly, Whitey puts Sandler back in touch with his emotions, and it sounds like a holiday heartwarmer, but it's not because Sandler has to throw in bad jokes every two minutes.

If there has been any movie where the Sandler brand of humor has fallen so flat, it's this one. Even die-hard fans of the "Saturday Night Live" alumnus were groaning and shifting in their seats by the film's end.

Sandler should have chosen one type of movie to make. If it was a cute holiday musical with a simple moral and some funny songs, that's one thing. He could have left out some expletives and fart jokes and the movie would have been the kind of thing you could take kids to see.

Instead, scenes like reindeer baring their poop-smeared teeth after licking Whitey clean of the sewage and ice in which Sandler traps him just ruin the movie. If he wanted to make a gross-out, middle-school-level comedy, he should have left it live action and taken out the songs.

So give yourself a Hanukkah present and go see something worthwhile. The only thing Sandler has to offer is the worst of low-brow humor.

Coming Thursday
Matt Seniour cartoon
Music Review

Alestle's Email Edition.

Sign up online for our Email Edition and get plugged into what really matters.

**Regular Updates** 

Campus News. Isn't it about time you brought something to the conversation. **Must See Features** 

Movie Listings. Go check out that new flick before someone tells you how it ends.

#### TUESDAY, DECEMBER 3, 2002

#### **Daily Weather.**

Now that you're going out... Umbrella? Coat? Flood gear?

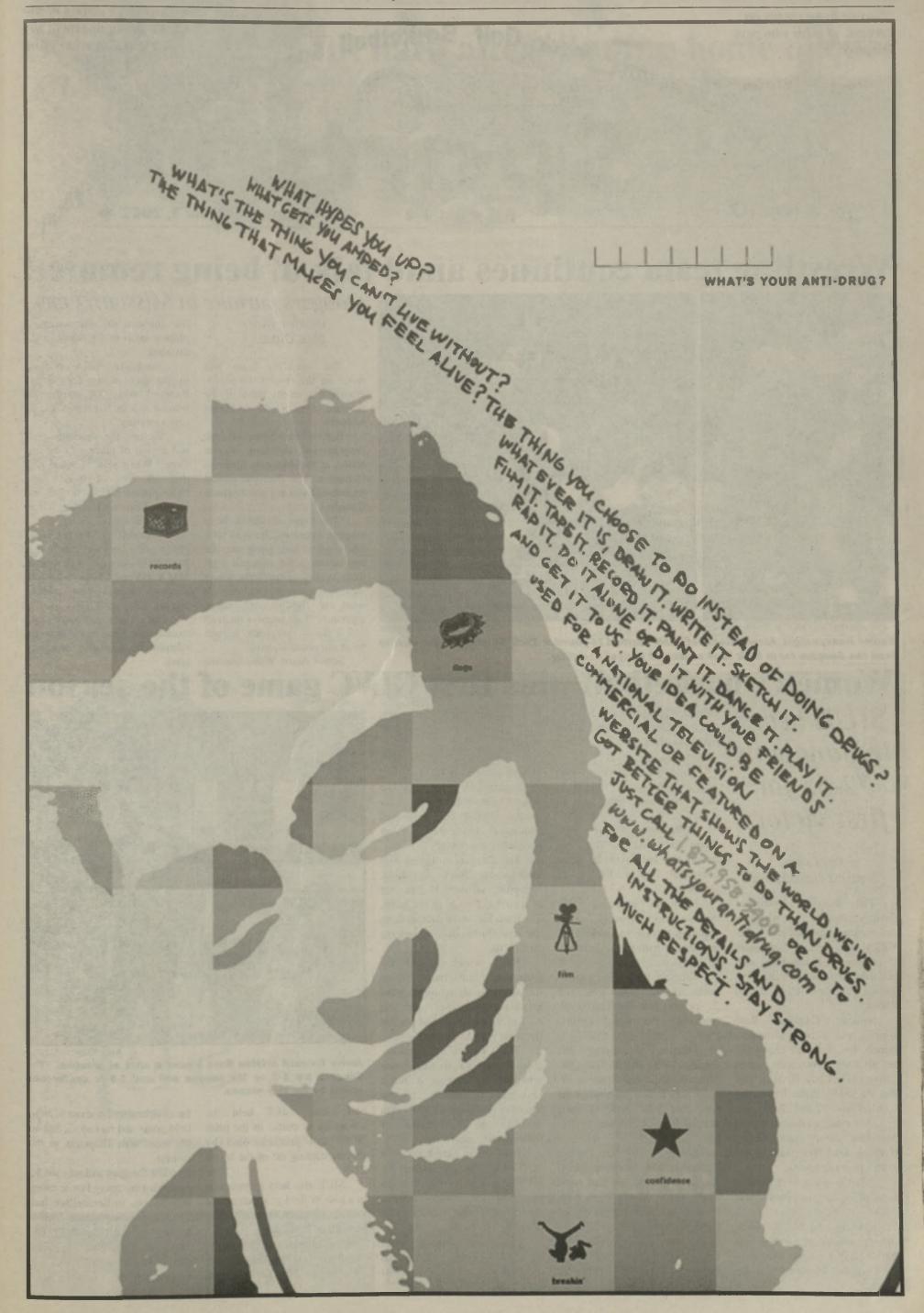
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#### PAGE 9



#### Sports Quote of the Day

"No one has a corner on success. It is his who pays the price.

-Orison Swett Marden

Page 10

**Coming up** 

See Thursday's edition of the on pays den den contraction Source Wresting contraction of a source wresting Alestle for an update of the wrestling team's fate

Tuesday, December 3, 2002

### Wrestling team continues amid talk of being removed Cougars partake in Missouri Open

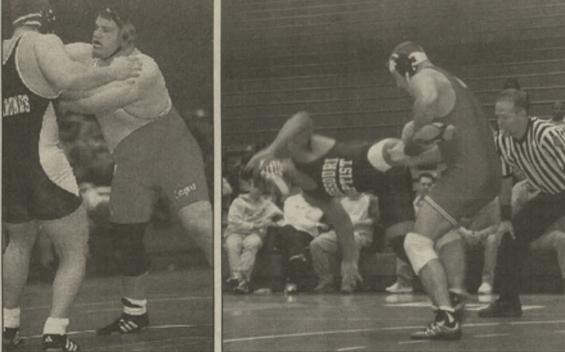


PHOTO COURTESY OF PHOTO SERVICES

lead the Cougars far in their final season of Cougar wrestling.

AUBREY WILLIAMS/ALESTLE Senior Heavyweight Aaron Wiens left and senior 174-pounder Zach Stephens right look to

#### HEATHER KLOTZ SPORTS STRINGER

The wrestling team will focus on the rest of the season despite the recent news of the program being cut due to budget problems

Before the news of the program cut, the team was in action at the Missouri Open in Columbia, Mo. The tournament included Division I and Division II teams.

"We knew it would be a tough tournament," Benford said. "We worked hard going into the tournament and I expected a lot from the guys. Everybody was in there to the very end and they all went out fighting and stayed aggressive. I am proud of them all and I think everybody learned some important lessons."

the highest for the Cougars, placing sixth in the heavyweight division.

"We haven't had a guy place in that division in a few years," Benford said. "Of course, he wanted to win, but it was a solid finish anyway."

"Before the tournament, I had a goal of placing in the top three," Wiens said. "Considering that all five of those guys (who placed higher) are ranked high in Division I, I was happy with the finish.

"The rest of the team did pretty good and we had a few guys (157-pound sophomore Matt Oliva and 174-pound senior Zach Stephens) real closeto placing."

The official results from the tournament have not yet been released because of a computer crash.

Senior Aaron Wiens finished

#### game of the season Women's basketball wins first GLV

SIUE beats Indianapolis 72-55 for first victory

#### **AMY GRANT** ASSISTANT SPORTS EDITOR

The women's basketball team notched its first win over the weekend against Great Lakes Valley Conference opponent University of Indianapolis after suffering two losses in the ninth

Bearcats. She also made 12 of 13 from the free-throw line and led the team with three assists and three steals.

Junior guard Jessica Robert was the only other Cougar to finish in double digits with 12 points.

Collectively, SIUE outrebounded SBU 39-23, but turned the ball over 26 times SBU's compared to 12 turnovers.

Hedberg expected that number to improve after spending extra time working on the team's half court defensive strategy.

field and grabbed four rebounds while playing a team-leading 33 minutes.

"Amber has received more playing time and is adjusting well to the game," Hedberg said. "The other freshmen have received a limited amount but that could continue to change the more they get used to this style."

The Cougars struggled with their shots from the field, converting on only 44.3 percent of their field goals in the game. The team had more success from the free throw line, converting nine of 10.

PSU, which hosted the Kipping was SIUE's point tournament, improved to 2-0 on the season with junior forward Stephanie Shanline converting on 7 of 9 field goals and leading the team with 18 points.



Kitchen Pass Tipoff annual Classic.

forward Ruth Senior Kipping put in two outstanding efforts, but it wasn't enough to lift SIUE past Southwest Baptist University's Lady Bearcats and the Pittsburg State University Gorillas Nov. 22 and 23.

"We made a lot of defensive mistakes," head coach Wendy Hedberg said, referring to the team's first two losses.

"That's something we've been addressing in practice this week."

Kipping recorded 33 points and 16 rebounds for her first double-double of the season in the Cougars' 76-60 loss to the

leader for the second time with 22 points, but the end result remained the same against PSU.

Despite outscoring the Gorillas 34-32 after halftime, the Cougars could not erase a 19point deficit they built up in the first half and suffered their second loss of the season 82-65.

forward Liz Senior DeShasier and freshman guard Amber Wisdom also had point totals in the double digits with Wisdom recording 12 points and DeShasier adding 11.

DeShasier led SIUE with five rebounds and two steals. Wisdom went 5 of 11 from the

The Cougars opened their Great Lakes Valley Conference schedule by playing a much stronger defensive game Saturday resulting in a 72-55 win against the University of Indianapolis Greyhounds.

Both teams were knotted up at 32 by halftime, but Robert put SIUE ahead by two on a layup less than one minute into the second half and the Cougars never looked back.

In a game where the score was tied 11 times and the lead changed nine times in the first KELI KEENER/ALESTLE

Junior forward Kristen Boss blocks a shot at practice. The Cougars are 1-2 on the season and and 1-0 in conference action so far this season.

half alone, SIUE held the advantage in points in the paint 26-18 and points scored by players coming off of the bench 21-8.

SIUE also held Indianapolis to a low 38 field-goal percentage and a 10 percent three-point percentage in the game.

Kipping went 5 of 5 from the free-throw line and led the team with 26 points. Junior guard

Sarah Schweers hit seven of eight field goals and ranked second on the team with 19 points in the contest.

The Cougars will play the St. Joseph's University Pumas today at 5:30 p.m. in Renssellaer, Ind. The Cougars first home match of the season will be at 5:30 p.m. Thursday, December 5 against the Flyers of Lewis University.

#### Alestle

#### TUESDAY, DECEMBER 3, 2002

## Men's basketball hit hard after winning home opener

SIUE falls in first GLVC contest

#### TRAVIS L. ROSS ASSISTANT SPORTS EDITOR

Since starting the season in the win column, the men's basketball team has gone 0-2. SIUE suffered losses to the Murray State University Racers and the University of Indianapolis Greyhounds.

The Cougars were defeated by the Racers 86-58 before being dropped by the Greyhounds 91-82 in the team's first Great Lakes Valley Conference contest this season.

Murray State forward Antoine Whelchel and center James Singleton blistered the Cougars, hammering out a combined 32 points, six steals and 19 rebounds.

SIUE's only answer to the five Murray State players scoring in double digits was a 12-point, four-rebound performance by senior forward Ron Heflin and a sixteen-point performance by junior guard Ron Jones.

Despite better production from the offense, head coach Marty Simmons and the Cougars could not nail down their first conference win of the season against the Greyhounds.

Freshman forward Justin Ward lit up the Greyhounds with29 points, two blocks and five rebounds, with four of the rebounds being pulled down on the offensive end. Ward was 11 of 17 from field-goal range, two of three from the three-point line and five of six from the freethrow line.

The Cougars' rebounding woes continued. SIUE was outrebounded 40 to 26 with 21 Indianapolis rebounds pulled down on offense. The Cougars have been out- rebounded in three games 123 to 71 and have allowed the defense to an average of 41 rebounds per game.

SIUE has also allowed 47 of opposing teams' 123 rebounds to come on the offensive glass, giving opponents highpercentage shots and contributing to opponents shooting a combined 51 percent against SIUE this season.

The Cougars have struggled in field-goal range, shooting only 42 percent and pulling down only 23 offensive rebounds total.

However, the Cougars have been able to compensate for their field-goal shooting with above average three-point shooting, converting 30 of 74 from behind

the arc.

A big piece of the puzzle missing for the Cougars is 6foot-8-inch sophomore center Brent Mueller, who is out with a stress fracture to his right foot. Mueller was fourth on the team in rebounds last season with 3.1 rebounds per game and sixth on last team with 4.3 points per game.

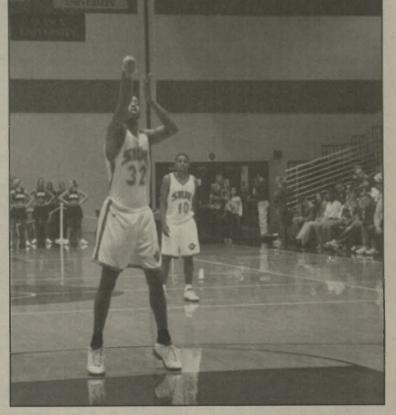
The Cougars are also going to need more production from sophomore guard Rob Baumgardner.

Baumgardner is averaging 8.7 points per game and is nine of 30 from field-goal range so far this season and five of 15 from the three-point arch.

According to Simmons, Baumgardner plays a key role by drawing the defense's No. 1 defender.

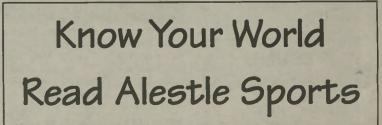
While Baumgardner has been working around tough defenders, Jones has assumed the position as the Cougars' leading scorer, posting 17 points per game and shooting 49percent from the three-point line.

The Cougars wrapped up a three-game road trip in Rensselaer, Ind., when they played the Pumas of St. Joseph's College Monday. Due to deadline, the Alestle will report on that game in Thursday's issue.



KELI KEENER/ALESTLE

Senior forward Ron Heflin knocks down a pair of free throws against the University of Illinols-Springfield Prairie Stars.



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## Classifieds Personals

Alestle

#### PAGE 12

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