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◆ TUESDAY, MARCH 5, 2002

SOUTHERN ILLINOIS UNIVERSITY EDWARDSVILLE

Vol. 54, No. 45 ◆

## SIUE may tap students' pockets

### BOT could approve meal plan hike

TRAVIS ROSS  
NEWS REPORTER

Residence hall students' meals plans may see price hikes in fall 2003.

Meal plans B and C are scheduled to increase about \$255 and \$524 respectively by fiscal year 2004, which begins July 1, 2003. Plan A will be eliminated.

Students on the proposed meal plans will get discounts in Center Court.

University Housing Director Michael Schultz was at Friday's student senate meeting to explain the new meal plan system before it was approved by the senate.

"Students feel that they waste money with unused money on meal plans right now," Schultz said. "Myself and (Morris University Center Director) Mary Robinson have been looking into some options."

The proposed plans would offer students the light plan at \$1,142 per semester and the hearty plan at \$1,580. These plans are increases to what

University Housing was calling plans B and C, which cost \$836 and \$995 respectively this year.

According to Schultz, 60 percent of the meal plan amount would go toward Food Service's direct costs, including labor and business expenses. Students would then have \$457 on the light plan and \$632 on the hearty plan to spend on food.

Schultz said the new figures apply only to the involuntary meal plans used by residence hall students.

Residence hall students will receive 60 percent discounts on all food items, excluding food from the Commons Grill and Union Station.

According to MUC Business Manager Jim McDermott, meal plan prices will be increased because current plans only gave students a little more than \$2 per meal per day for three meals.

Raising the meal plan prices will give students about \$5 per day per meal.

"We based it on what it is really going to cost you to eat here," he said.

see PLANS, page 4

**"Students feel that they waste money with unused money on meal plans right now."**

-Michael Schultz

### Textbook rental fee may rise for 2003

TRAVIS ROSS  
NEWS REPORTER

Students taking classes in fall 2003 may face rising Textbook Service fees, in some cases as much as double what students pay now.

According to Assistant Vice Chancellor of Student Affairs Lora Flamm, Textbook Services may remove the fee cap.

"The maximum additional cost after uncapping the textbook fee is \$26 a semester for students enrolled in 15 credit hours a semester," Flamm said.

Currently students enrolled in 12 or more credit hours pay \$69.75 for textbook rental. That fee is scheduled to go up about 2.3 percent for fiscal year 2004, which begins July 1, 2003.

According to the new plan, students taking more than 12 credit hours will be charged more for books for each additional hour.

For example, students taking 15 hours would pay \$97.35, an increase of almost 40 percent. Students taking 18 hours will pay \$116.85, an almost 68 percent increase. Students taking 21 hours will be hit the hardest, paying \$136.35, about a 96 percent increase.

"This places the responsibility for extra textbooks upon the students who choose to enroll in the 12 to 21 credit hours and, therefore, does not burden students who are enrolled less than 12 hours," Flamm said.

Flamm said she hoped the uncapped fee would address issues among some of the faculty.

Morris University Center Business Manager Jim McDermott said the university's three-year adoption rule is partly to blame for the fee increase.

Under the rule, academic departments order books for each class and must use those books for three years, or nine semesters, before they can order new books.

see GOV, page 4

**"This places the responsibility for extra textbooks upon the students..."**

-Lora Flamm

## Rising tide is trouble for Science Building

DANIEL TOBERMAN  
NEWS EDITOR

Faculty and staff were forced from their offices in the Science Building due to another flood.

Several offices and the hallway on the first floor of the building had standing water after a flood that began around 1 p.m. Monday.

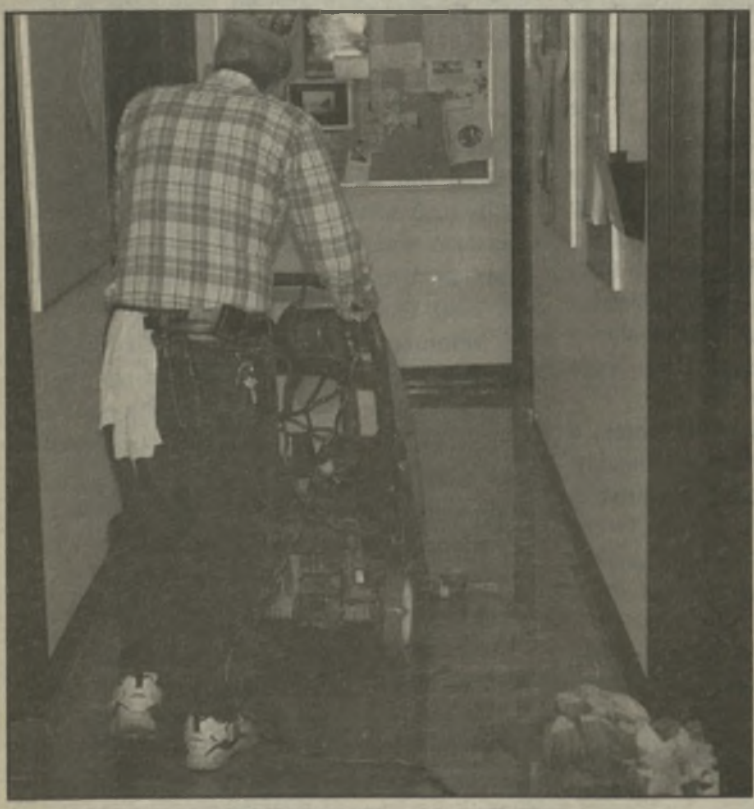
Andrew Neath, an associate professor in mathematics and statistics, was forced to leave his office during the flood. He recalled the first time his office flooded five years ago.

"I don't know who to blame, but this has to stop," Neath said. "I think it shows a general lack of appreciation for the faculty. We are at constant risk of floods and having our materials destroyed."

Assistant Director of Facilities Management Jack Butler said Monday that the flooding is due to failed insulation material that allowed freezing air into the building.

"We are doing our best to minimize the damage for everyone," Butler said.

see CLOSE, page 4



HEATHER CAIRNS/ALESTLE

A Facilities Management worker cleans after water floods the Science Building again Monday.

## MUC hours to change during SIUE's break

JANELLE LOHMAN  
NEWS REPORTER

Spring break and Morris University Center renovations will mean shorter hours at fewer campus dining spots.

On Friday, Pizza Hut Express, Commons Grill and Skywalk Food Court will close at 2 p.m. rather than 3 p.m. All other campus dining areas will be closed at 2 p.m. or before.

All Food Service areas will

be closed Saturday and Sunday and again on Saturday, March 16.

On Monday, Center Court will open at 10:30 a.m., rather than 7:30 a.m., and close at 2 p.m. Center Court will be the only dining service area open during the break.

For the rest of break week, Center Court will be open at its regular hours, from 7:30 a.m. to 2 p.m. Tuesday through Friday and from 4 to 7:30 p.m. Saturday, March 16.

see CLOSE, page 4

## Peeper is spotted in VC

ALESTLE STAFF REPORT

The SIUE Police Department has issued a campus crime alert.

A woman using the women's locker room at the Student Fitness Center told police she was dressing after a shower at about 7:30 p.m. Sunday when she saw a man staring at her.

The man fled after being spotted, according to police.

The crime alert described the suspect as a 5-foot, 8-inch black man weighing approximately 175 to 200 pounds.

He was wearing a black leather jacket, blue jeans and a Dallas Cowboys hat at the time of the incident.

Those who have any information should contact the SIUE Police Department at 650-3324 or can send an e-mail to police@siue.edu.



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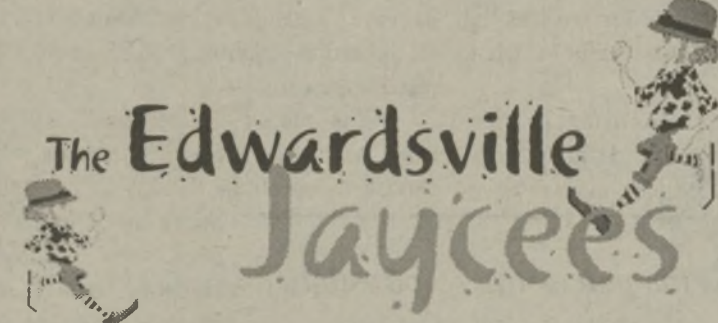
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## Fire raises questions about alarms

ALBERTO FRIEDMANN  
NEWS STRINGER

As investigations into the cause of a Cougar Village fire continue, University Housing officials are trying to find ways to ensure fire alarms within the apartments work no matter what the cause of a fire.

A Jan. 31 fire gutted the eight apartments in building 412 and damaged the apartments in building 411 after smoke alarms failed to sound. Housing Director Michael Schultz said his office is looking at enhancing the alarm system.

"I don't think the (smoke) alarms failed," Schultz said. "I think that before smoke got into the rooms, the wires burned and shorted out the system. We're looking at enhancing the system to ensure against that."

What needs to be done is

still being looked at. The insurance company has not yet determined the cause of the fire or what happened to the alarms. Until it does, neither alarm upgrades nor construction repairs can begin.

Schultz said the insurance company has allowed InRecon, the construction company hired to repair the buildings, to place a work fence around 412. However, until the insurance company finishes its investigation, construction is on hold.

"(The insurance company representatives) find one thing and bring in someone else to look at it," Schultz said. "They're narrowing down the cause, but they are still looking at it."

InRecon has been hired to rebuild damaged buildings in Cougar Village, but is not investigating the cause of the fire

as stated in the Feb. 22 Alestle.

Last week Edwardsville Fire Chief Mike Karlechik said the fire had been ruled as accidental. The ruling removed the fire department from the investigation.

Schultz said the fire alarms do have a system of warnings in place in case an alarm goes off, is disconnected or has a system problem. That system is hooked directly into the SIUE Police Department. The system was not in place during January's fire.

Schultz said the new system was in the process of being hooked up when the fire occurred. That process has finished and now every University Housing building has its fire alarms hooked directly to the police.

"The system has been tested and the staff has been trained," Schultz said.

## Two students arrested on campus

JANELLE LOHMAN  
AND  
KAYCI COMBS  
NEWS REPORTERS

Two students are in the spotlight for alleged crimes.

Campus police were called to Union Station Feb. 26 after a customer was accused of trying to shoplift candy and chocolate chip cookies. The person was not arrested, but the case will be handled as a disciplinary procedure by the university at the request of administration.

Dean of Students Randy Rock said that because the case was made an administrative issue, the name of the alleged thief will not be released.

Rock said that though he did not know who made the decision, reasons not to criminally charge this person could vary.

"It could be the level of activity involved or insufficient evidence to support a charge," he said Monday.

Rock said it is not often the university decides to handle criminal issues administratively.

Another alleged crime is in limbo.

The Madison County State's Attorney's office said charges have not yet been filed against sophomore Lukasz Rarowski, who was arrested for theft Feb. 23 after he was seen cutting chains and taking bicycles in

front of Cougar Village building 517 on Feb. 23.

Rarowski, 22, reportedly rode away with a \$400 Trek Antelope.

"We got the report and one of the officers saw him riding the bike, followed him to an apartment and arrested him," SIUE Police Chief Richard Harrison said.

Another person was seen stealing bicycles, but Rarowski told police he did not know the other alleged thief mentioned in the call to officers.

Since the stolen bike is valued at more than \$300, a felony charge could be brought against the student.

## Campus Scanner

**Women's History Month:** "Women's Equality" will be presented by a panel of speakers 11 a.m. to 12:30 p.m. Tuesday in the Goshen Lounge of the Morris University Center. "Afghan Women Today" will be presented by a panel of speakers from 7 to 8:30 p.m. Tuesday in the Maple-Dogwood rooms. Lisa Colbert Bandele will present selected readings from women writers from 11 a.m. to 1 p.m. Wednesday in the Goshen Lounge; "GI Jane" will be shown at 7 p.m. Wednesday in Woodland Hall. There will be a discussion following the movie.

**Choir concert:** SIUE choirs will present a Concert of Love Songs at 7:30 p.m. Thursday, March 21, at Eden United Church of Christ in Edwardsville. The theme will be "B is for Broadway." Admission is \$10 and includes a dessert buffet. For more information, call 650-3900.

**Genealogical meeting:** The Madison County Genealogical Society will hold a meeting at 7 p.m. Thursday, March 14, in the Fellowship Room of Immanuel United Methodist Church in Edwardsville. Guest speakers from the Highland Latzer Memorial Library will give a presentation on rare genealogical books not found in computer listings. For more information, call Elsie Wasser

at 656-2299.

**Volunteer:** Volunteers are needed for the Mississippi River Cleanup from 9 a.m. to noon Saturday at Chouteau Island. Volunteers will meet at the Old Chain of Rocks Bridge in Madison. A catered lunch will be provided and volunteers should wear work clothes. For more information, contact Kathi Weilbacher at (314) 416-9930, Ext. 111.

**Volunteer:** Volunteers are needed to assist the Share Food Project. The food co-op program provides low-cost food through a self-help distribution system. Volunteers will be picked up at 8 a.m. Saturday, March 23, in Lot B and returned there at noon.

**Blood Drive:** Blood drives will be held in Godfrey at Resurrection Lutheran Church from 9 a.m. to 2 p.m.; in Wood River at the First Baptist Church from 2 to 7 p.m. March 12; in Edwardsville at SIUE from 10 a.m. to 6 p.m. March 18; and in Glen Carbon at Our Health Club & Spa from 3 to 8 p.m. March 18. Donors must be at least 16 years old, weigh at least 110 pounds, not have gotten a tattoo within the last year, not be taking blood thinners or antibiotics and not have given blood within the last 56 days.



## Pack the meetings, fight for change

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### LETTERS TO THE EDITOR POLICY

The editors, staff and publishers of the Alestle believe in the free exchange of ideas, concerns and opinions and will publish as many letters to the editor as possible. Letters may be turned in at the Alestle office located in the Morris University Center, Room 2022 or via e-mail at [alestle\\_editor@hotmail.com](mailto:alestle_editor@hotmail.com). All hard copy letters should be typed and double-spaced. All letters should be no longer than 500 words. Please include your phone number, signature (or name, if using e-mail) and student identification number.

We reserve the right to edit letters for grammar and content. However, great care will be taken to ensure that the message of the letter is not lost or altered.

Letters to the editor will not be printed anonymously except under extreme circumstances.

The Alestle is a member of the Illinois College Press Association, the Associated Collegiate Press and U-WIRE.

The name Alestle is an acronym derived from the names of the three campus locations of SIUE: Alton, East St. Louis and Edwardsville.

The Alestle is published on Tuesdays and Thursdays during fall and spring semesters, and on Wednesdays during summer semesters. For more information, call (618) 650-3528.

### Have a comment?

Let us know!

Send us an e-mail:  
[alestle\\_editor@hotmail.com](mailto:alestle_editor@hotmail.com)

The Alestle  
Campus Box 1167  
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Parking problems are bad on campus, but students should remember to keep a cool head.

I, as much as anyone on this campus, want things to change when it comes to parking. I think students have been ignored on parking issues and I think administrators need to take us more seriously.

However, I do not advocate violence as a remedy.

A flier went out to students regarding revenge on the "parking nazis." The flier advocated both peaceful methods of getting the message across and a couple illegal tactics. What a waste.

Someone went to the time and trouble of actually voicing a concern and trying to get students to rally for a cause. Unfortunately, advocating violence sank the entire

argument.

One thing we usually forget is that the parking service agents aren't totally to blame for the parking problems. Yes, they give the tickets. And yes, sometimes they are a bit overzealous about their jobs, but attacking them won't do a bit of good.

Maybe it would stop them from hovering over meters that are about to expire, but it won't change the policies.

The only thing that will come from students taking out frustrations on parking agents is a larger police incidents section in The Alestle.

We need to do something legal and something that administrators will have to listen to.

I think students need to go to parking and traffic committee meetings. Get to the root of the problem.

These are the meetings where students can make a difference. I don't think students should barge in and make demands. But students should ask for the opportunity to be heard and voice concerns.

If, after that happens, students aren't satisfied with the results, they should try other things. Sit in at the chancellor's

office. Picket and ask local news organizations to come. These things aren't illegal and they are peaceful.

I think administrators don't realize how angry students really are about parking problems. Maybe if we do take a stand, things will get done. Writing letters to the editor is good. It gets the point across, but actually showing up at meetings may get the job done.

The next parking and traffic committee meeting is at 10 a.m. Friday in the International Room of the Morris University Center.

Remember, working to get what you want shows character. Using violence to get it shows a lack of respect and brains.

Stand up and be heard. Just make sure it's not from a jail cell.

Brian Wallheimer  
Editor in Chief



## Letters to the Editor

Dear Editor:

Well here we are again. It's February 2002, a full two years since I became a student here and we are all complaining about the same problem with Parking Services.

It seems there is a never-ending cycle of students complaining about the parking nazis and The Alestle reporting the incidents as well as repeated letters to the editor, including several from me.

What is it going to take for someone in the administration to fix this problem? Over the past two years, how many improvements have been made to fix this problem with the parking nazis?

Well, they did buy them new gas-guzzling trucks. Oh, and they give out free parking spaces to non-students during an event which has absolutely nothing to do with SIUE. I say if they want to hold a high school basketball tournament here, fine. If they earn money for the Athletic Department, I think that is great. But then the spectators should pay the \$60 we all have to pay to park in the lot. I mean rules are rules, right? They should apply to everyone, shouldn't they?

I wonder if the employees of Parking Services pay for their hangtags? That is something The Alestle might want to investigate. On many occasions, I have witnessed the parking nazis idling in no-parking zones and even parking on sidewalks. I doubt they even follow their own rules when it comes to purchasing tags.

I would like to reiterate the position I took last semester with the parking nazis and how to fix this problem. I suggest that all students write letters to everyone who donates money to this school, individuals as well as corporations, and tell them your concerns in a polite professional manner. Ask them to halt all donations as well as any future funding until the school listens, recognizes this problem and implements a plan to fix it.

If the school stops getting funding, maybe then administrators will listen to our concerns. The school's policy has always been to blame student government saying, "Oh, we have one student on our committee." Well, we all know that one student senator doesn't really have any power to change anything. If he or she did, this would have been fixed by now.

I would also like to applaud the student or group of students who took the time to stand up to the parking nazis with that flier. However, I do not condone the use of violence against them. That would be wrong, illegal and unfair. Why would anyone want to do that to the

parking nazis? They are always right, legal and fair, aren't they?

Seriously, we have to fight them with words and any other lawful means, including a boycott.

This problem with the parking nazis has gone on far too long. Two years is more than enough time for them to come up with a solution that will make the university and students happy.

Neal Severn  
Business Management

Dear Editor:

As a tuition-paying student of SIUE and a user of the Vadalabene Center parking lot, I am disgusted at the use of my money.

It's bad enough that the lot has been closed, and will be several more times during the semester. But when I attended my classes in the VC on Monday, Feb. 25, I became really annoyed.

I arrived for class at 9:30 a.m. and I noticed a parking service agent sitting in a Parking Services truck guarding the lot, which was barricaded and roped off. He was sitting in his truck with the engine running. When I returned from class at about 1:15 p.m., he was still sitting in his truck in the same place with the engine still running.

At one point during my trek I watched him put the truck in gear and drive to a trash can, throw something away, then drive back to his guard post. This was in spite of the fact that there was a trash can that he could have walked to about 15 feet away from his post.

I know we must accept the fact that the university is going to close the lot and that the parking sticker is not a guarantee for parking in a certain area, but to waste my money by having an employee guard the lot is a little ridiculous.

I highly doubt that an SIUE student is going to tear down or run through their barriers. I also find it a little ridiculous that non-university events take precedence over students and their needs, especially in the case of Illinois High School Association tournaments. They don't even pay for the lot and we do.

In closing, while I am sure they have little ability to do anything, I would hope that student government would entertain getting involved in this ridiculous situation.

Mark Kuechle  
Senior





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## Students plead guilty for illegal possession

JANELLE LOHMAN  
NEWS REPORTER

Two students pleaded guilty to charges in Madison County court Wednesday.

Sophomore Charles Hess appeared in court with a guilty plea for a charge of possession and consumption of liquor by a minor.

He was charged Jan. 28 in Bluff Hall. He was given six months of court supervision and ordered to pay fines totaling \$200.

Freshman Kodi Jackson pleaded guilty to possessing less than 2.5 grams marijuana.

He was placed on court supervision and fined \$150 plus court costs.

### CLOSE

from page 1

Food Service Director Bill Canney said electrical power in the MUC will be cut off Friday for renovation work, forcing the earlier closing.

"The closings were planned and the hours were posted clearly ahead of time," Canney said.

As for closing the Commons and the Skywalk Café, Canney said, "There are not enough customers to warrant the facility being open."

Because the center facilities will be open for shorter periods, MUC employees will be working shorter days.

Canney said the loss to workers would only be one or two hours per day.

Another group affected by the closings is international students, many of whom may stay on campus for break.

Adviser Toni Liston said that of the 530 international students at SIUE, about 125 live in Cougar Village and very few, if any, live in the residence halls. Liston said finding a place to eat should not be difficult for them because bus transportation will be available and students will have the option of eating off campus.

### PLANS

from page 1

The senate approved the plan Friday. Before it goes into effect, the plan must be approved by the Southern Illinois University board of trustees.

In other business, the senate approved travel requests for the SIUE Men's Volleyball Club, SIUE Women's Volleyball Club and the Recreational Sports Advisory Council to attend the 2002 National Intramural-Recreational Sports Association Annual Conference in San Antonio, Texas.

Each travel request was for the maximum \$425.

Sculptors at Wagner was granted \$5,000 to bring two visiting artists to the campus. John Hock will be visiting the campus April 17 through 19 and Rollin Marquette will be on campus April 22 through 26.

The Black Student Association was given \$920 for the seventh annual Carter G. Woodson Graduation Celebration. The event will be at 7 p.m. May 3 in the Meridian Ballroom.

The senate's next meeting will be at 2 p.m. Friday, March 29, in the MUC.

### GOV

from page 1

"If we used it (a book) for nine semesters, we get our money back. We break even," McDermott said.

But with technology changing, some books are outdated in less than three years. McDermott said there will be procedures to waive the three-year adoption rule to obtain new books to keep up with changing times.

He said to accomplish this, either all rental fees had to be

increased, or the cap had to be lifted.

McDermott cited rising book costs as another reason for the hike.

"Textbooks are rising at a rate of 8 to 10 percent a year, minimum," he said.

The student senate approved the fee hike at its Friday meeting. Before the increase can go into effect, it must be approved by the Southern Illinois University board of trustees.

### FLOOD

from page 1

According to Butler, the warmer weather in the near future will be beneficial for fixing the problem.

In late October, first-floor

offices and rooms were flooded when pipes failed.

Butler said repairs should be completed when the weather is warmer.

## Need Extra Cash?

### Election Pollworkers Needed

Student Government is seeking students interested in working as Pollworkers for the 2002 Spring Elections

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Monday, April 8

Tuesday, April 9

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[www.stuemp.siu.edu](http://www.stuemp.siu.edu), Job #4625 or in  
Student Government Office, Rm 1051,  
Morris University Center, ext. 3818



## Police incidents

### Ambulance

2/26/02

An ambulance was called to the Student Fitness Center for a student with an injured ankle. He was taken to Anderson Hospital.

### Traffic

2/6/02

Police issued a citation to Marissa C. Williams for having no insurance or valid registration on University Drive.

Police issued a citation to Shalaudna F. Walker for parking in a space reserved for handicapped people at the police department.

2/7/02

Police issued a citation to Crystal A. Minor for parking in a space reserved for handicapped people in Lot 51.

2/8/02

Police issued a citation to Dorothy J. Granger for speeding in Lot A.

Police issued a citation to Roberto Hernandez for failure to yield to a pedestrian on a crosswalk on University Drive.

Police issued a citation to Tyria Riley for failure to yield to a pedestrian on a crosswalk on University Drive.

Police issued a citation to Brandon P. Hudson for failure to reduce speed in Lot 5E and for a stop sign violation.

2/10/02

Police issued a citation to Jill M. Parker for parking in a space reserved for handicapped people in Lot C.

2/11/02

Police issued a citation to Gary M. Ranek for a stop sign violation on University Drive.

2/12/02

Police issued a citation to Susan R. Davis for speeding on Poag Road.

Police issued a citation to Savoy Gardner III for parking in a space reserved for handicapped people at the police department.

2/16/02

Police issued a citation to Greeteeca Vanaik for a stop

sign violation on Research Drive.

2/18/02

Police issued a citation to Bill E. Tindall for driving with expired registration on University Drive.

Police issued a citation to Amy K. David for failure to yield at the intersection of Lot P2 and University Drive.

Police issued a citation to Michael J. Gloeckner for a stop sign violation on University Drive.

Police issued a citation to Marion D. Ellis Jr. for operation of an uninsured motor vehicle on Cougar Lake Drive.

2/19/02

Police issued a citation to Thomas M. Lavalley for speeding on South University Drive.

Police issued a citation to Laura D. Marzluf for speeding on University Drive.

Police issued a citation to Terrien A. Fennoy for speeding on South University Drive.

Police issued a citation to Marc Thompson for illegal transportation of alcohol on Circle Drive.

2/20/02

Police issued a citation to Cameron L. Austin for parking in a space reserved for handicapped people in Lot 51.

Police issued a citation to Brian A. Holden for operation of an uninsured motor vehicle on East University Drive.

2/21/02


Police issued a citation to Anna K. House for parking in a space reserved for handicapped people at 525 Cougar Village.

2/22/02

Police issued a citation to Branden R. Berhenke for speeding and driving with a suspended license on Circle Drive.

2/28/02

Police issued a citation to Janette M. Campbell for driving while under the influence of alcohol, without lights when required, driving on a sidewalk and driving with a suspended license at Woodland Hall.



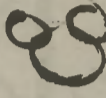
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**Wednesday, March 6 at 4:30PM**  
Science Building Auditorium, Room 3114

 **COLLEGE PROGRAM**  
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# YOGA

## Exercising the body and relaxing the mind

ELIZABETH A. LEHNERER  
ASSISTANT LIFESTYLE EDITOR

The Student Fitness Center offers students different types of exercise machines to strengthen muscles and other programs to help students lose their beer bellies. The fitness center also offers a class that stretches the muscles, exercises breathing and relaxes the mind.

Yoga is an Indian psychophysical exercise that focuses on physical postures, breathing exercises and meditation. With positions that have names like the swan dive, monkey pose, and dead bug, yoga may seem like a crazy, new-age trend but it has actually been practiced for 5,000 years.

There are four types of traditional yoga, but Hatha is the type practiced in the fitness center. Hatha is the division of Raja that represents self-control and focuses on controlling breathing.

Yoga is very versatile and allows modifications of positions to make it an easy, interesting and fun way to release stress and stay in shape.

Melissa Winneshiek, instructor of the Sunday class, has been doing yoga on and off for eight years.

Winneshiek said there are a lot of reasons for students to come to the free class.

"Yoga stretches a lot of the muscles people normally don't stretch," Winneshiek said. "It also helps breathing and mental state. It makes you feel relaxed but it also gives you a kind of natural high."

Winneshiek instructs her class with ease and patience. She explains to her group what moves they are doing while performing the positions with them. She also walks around the class and gives personal attention to those who need it.

"Yoga isn't hard, and this is a beginner/intermediate class. All you have to do is ask questions," Winneshiek said. "There are a lot of modifications to the moves so if someone is having a problem they can get a similar effect by doing an easier move."

Those who attend the Sunday yoga classes really seem to enjoy it.

"When I leave class on Sunday I feel awakened, alive," senior Stephanie Baranowski said. "I feel peaceful, but energized. I love it."

Senior Peter Motykowski said the meditation and relaxation he receives from yoga helps him prepare for a busy week of school.

"I was interested in the relaxation and peacefulness that yoga brings," Motykowski said. "It helps me to clear my mind and seems to be a great low-impact exercise."

Anaria Schram, 22, had her first experience with yoga Sunday.

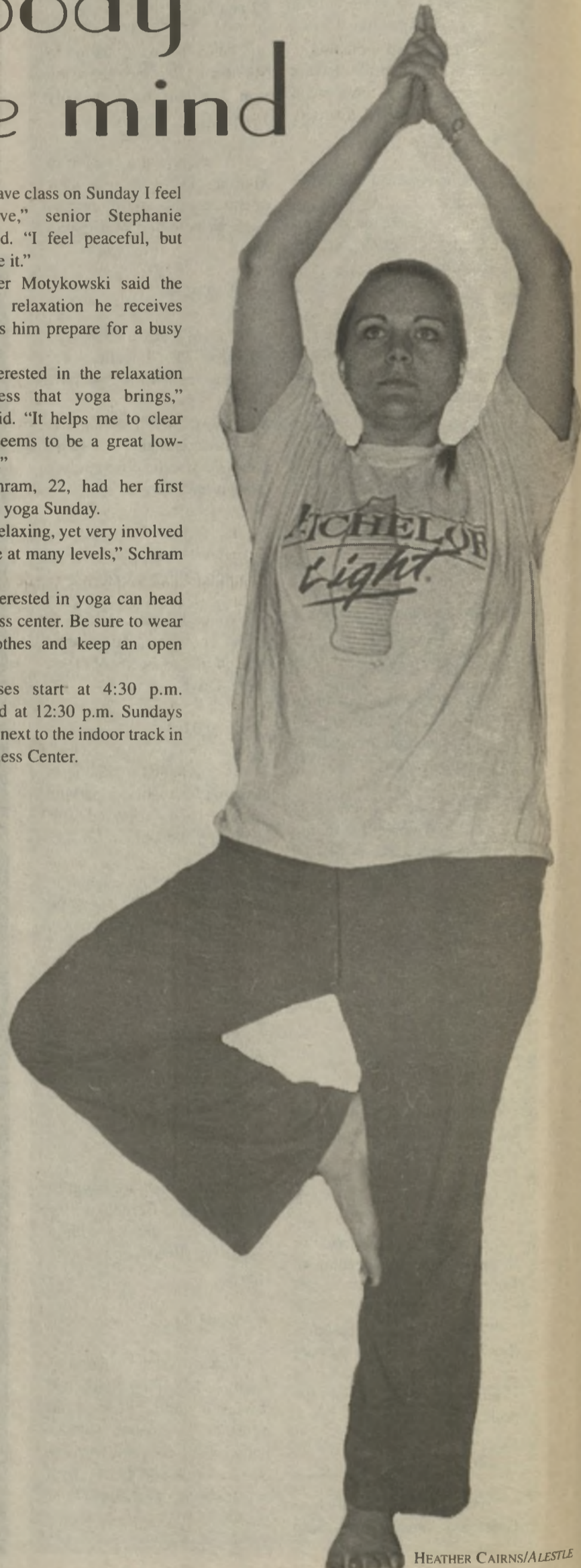
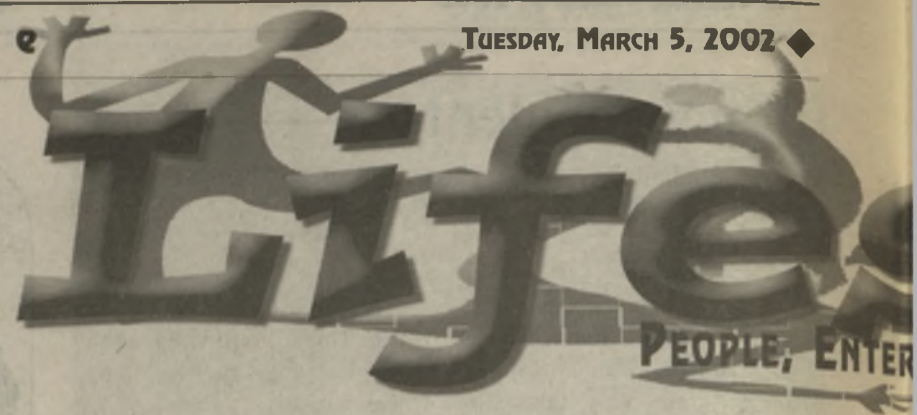
"It is very relaxing, yet very involved and can be done at many levels," Schram said.

Anyone interested in yoga can head over to the fitness center. Be sure to wear comfortable clothes and keep an open mind.

Yoga classes start at 4:30 p.m. Wednesdays and at 12:30 p.m. Sundays in Room F2402 next to the indoor track in the Student Fitness Center.

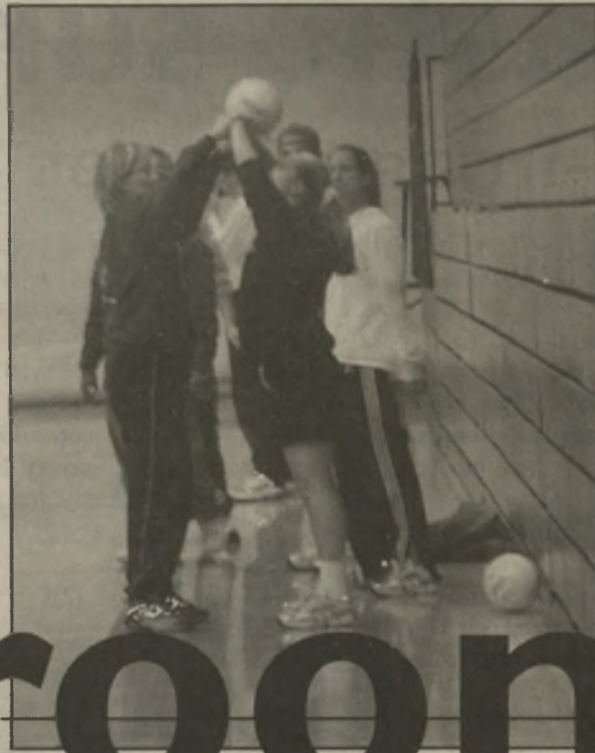
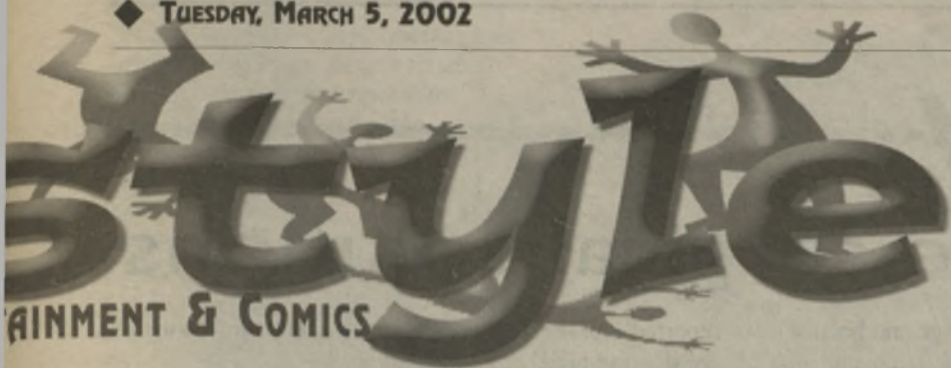


Yoga instructor Melissa Winneshiek demonstrates a yoga position in class Sunday.



HEATHER CAIRNS/ALESTLE





# A different kind of classroom

JEREMY HOUSEWRIGHT  
LIFESTYLE STRINGER

The kinesiology field offers a variety of career opportunities for SIUE students.

For those who don't know what kinesiology is, according to Encyclopedia Britannica, it is the study of the mechanics and anatomy of human movement and their roles in promoting health and reducing disease. Kinesiology has direct applications to fitness and health, including developing exercise programs for people with and without disabilities, preserving the independence of older people, preventing disease due to trauma and neglect, and rehabilitating people after disease or injury. Kinesiologists also develop more accessible furniture and environments for people with limited movement and find ways to enhance individual and team efficiency.

"There are two different programs in the KIN field that students can choose from. Teaching, and exercise and wellness are both

separate majors in the KIN field," kinesiology instructor Dr. Brian Butki said.

Heather Hancock, a kinesiology major at Washington University, said she hopes to one day start her own physical therapy business.

"I was never totally sure what I wanted to major in and I had changed my mind several times, but I don't think I could see myself any happier doing anything else," Hancock said.

"I wouldn't say that the classes are blow-off courses. I have had some pretty tough KIN courses," she added.

When thinking of classes such as badminton, bowling and jogging, students are thinking of the exercise and wellness programs.

"Our 100 and 200 level classes are not good toward a KIN teaching major, they are just to promote physical health and education," Butki said. "These classes are for undergraduates and fill up very quickly."

"In the teaching program students must take KIN 315, which is Introduction to

Physiology and KIN 318 which is Basic Concepts. Both of these are introduction courses required by major," he added.

"In the teaching program, all the classes are required for a major so there is little room for anything else," David Cluphf, coordinator of the Undergraduate Teaching Program, said.

There are 144 students majoring in the KIN field at SIUE.

"There may be just a few more students majoring in the teaching program, but the two are pretty even as far as the number of students majoring in them," Butki said.

Some may think that KIN classes are blow-off classes. Butki said some of the physiology classes are as tough as some biology classes.

"The grades are pretty similar in some difficult KIN classes compared to some tougher biology classes," he said.

For more information on the different types of kinesiology classes offered, check out the Web page at [www.siu.edu](http://www.siu.edu).



PHOTOS BY BETH KRUZAN/ALESTLE



# Plastic surgery

## Self-image issues increase surgical solutions

MEGAN MITCHELL  
BADGER HERALD

(U-WIRE) MADISON, Wis. – Studies show an increase in individuals' desire to enhance their self-image is the underlying cause behind the recent rise in the number of facial plastic surgeries performed.

"Since 1997, there has been a 12 percent increase, especially in a couple of specific procedures," said Dr. Kevin Robertson, director of facial plastic surgery at the University of Wisconsin Hospital. "It is a nationwide trend encompassing both men and women."

The predominant motivation behind undergoing plastic surgery is the desire to feel better about oneself.

According to an article by Dr. Andrew Campbell, of the State Medical Society of Wisconsin, "People now save up for (rhinoplasty) as they would for any other product or service they believe will enhance their life."

Undergoing surgery to help improve self-esteem has increased in both male and female patients.

Candidates for cosmetic surgery are often people with poor self-image.

"If facial plastic surgery

will help improve the patient's self-image and bolster his or her self-confidence ... the decision to change one's appearance may be a good one," Campbell wrote.

According to a 1999 poll by the American Academy of Facial Plastic and Reconstructive Surgery, "Looking younger and enhancing appearance are the primary motivations for both genders for undergoing facial plastic surgery. Ninety percent of women and 68 percent of men

reported looking younger as one of their top reasons for considering facial cosmetic surgery."

Another cause in the increase of surgery is said to be work-related.

"Thirty-eight percent of men state work-related reasons for cosmetic surgery," Robertson said.

Robertson said that looking better can help people fare better with job-related issues, including corporate downsizing and other demands of a competitive work force.

"That perception is clearly affecting my business," Robertson said.

The new trend in plastic surgery has changed the demographics of what was once believed to be specifically for members of the upper class.

"People aren't thinking it is only for affluent groups," Robertson said.

While the demand for facial surgery, such as rhinoplasty has increased, a decrease in related costs is apparently not the motivation for the increased participation.

"Price has kept pace with inflation," Robertson said. "People are more willing to spend money on themselves. People consider themselves and their bodies as investments."

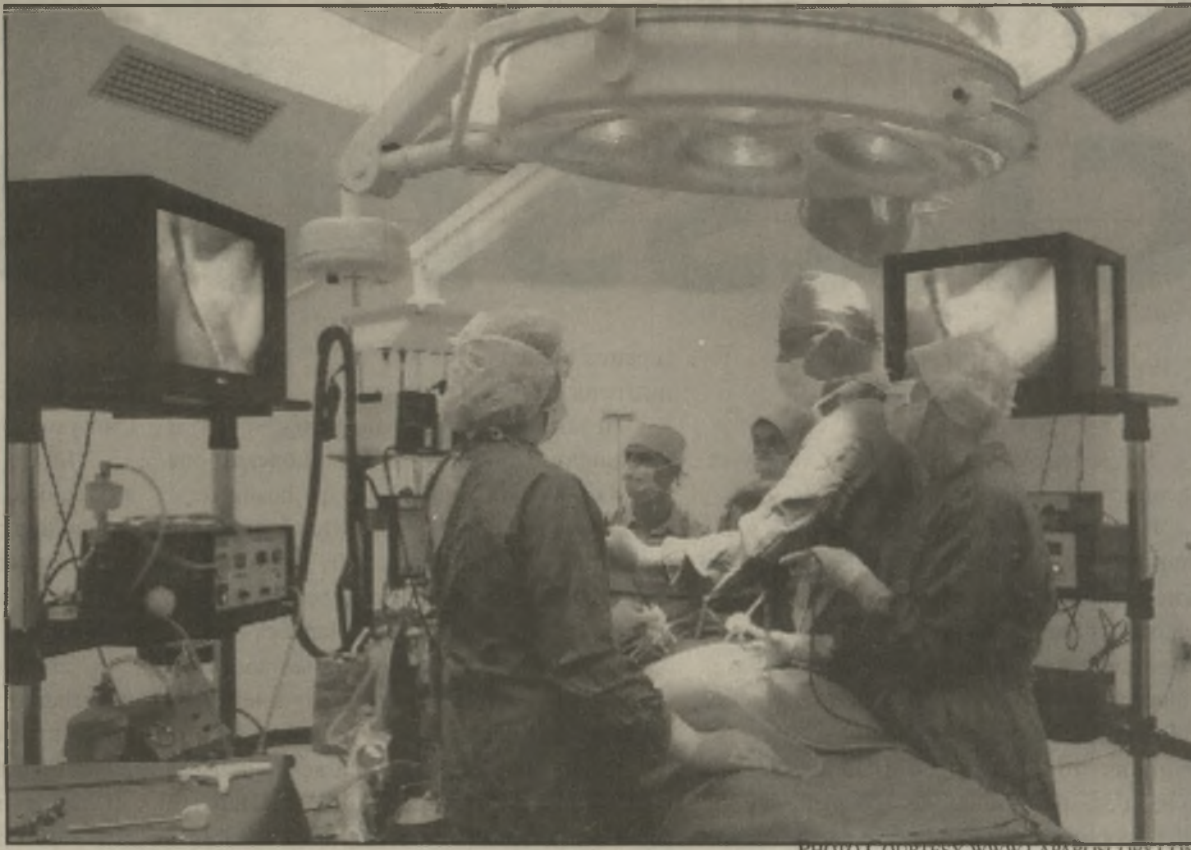


PHOTO COURTESY WWW.LAPAROSCOPY.COM



## Millennium of Peace

Guest Speaker: Layli Miller

### "Do They Hear You When You Cry: The Struggle for Equality of Women and Men"

Thursday, March 7, 2002 - 7:00pm, Conference Center - Morris University Center, SIUE

*Book signing and reception following the talk in Goshen*

**Layli Miller Bashir**, the Tahirih Justice Center's founder and chair, is an attorney in Washington, D.C. at the law firm of Arnold & Porter practicing general litigation and international law. The author of numerous articles on gender-based asylum law and female genital mutilation, Ms. Bashir co-authored the book, *Do They Hear You When You Cry* with her former client Fauziya Kassindja.

In 1996, the United States Board of Immigration Appeals granted asylum to a young, Togolese woman, Fauziya Kassindja, who fled her country to escape a tribal practice known as Female Genital Mutilation (FGM). After seventeen months and two weeks in maximum security prisons and Immigration and Naturalization Service detention facilities, Ms. Kassindja won her Freedom with the help of Layli Miller. Ms. Miller was still in law school during the time she worked on Ms. Kassindja's case. The case set national precedent and revolutionized asylum law in the United States, opening the door to an entirely new basis for protection, gender-based persecution. In response to an outcry for assistance from women in Ms. Kassindja's situation that was generated by international media coverage of her case, Layli Miller founded the Tahirih Justice Center to provide free legal representation to women like Ms. Kassindja who face the threat of FGM and other forms of gender-based abuse.

Sponsored by Vice Chancellor for Student Affairs, Office of the Assistant Provost for Cultural and Social Diversity, Women's Studies department, the University Center Board, American Humanics, Amnesty International, African Student Association, and United Campus Ministries.

*Funded in whole or part by student activity fees.*



**Today in sports history**

On this day in 1994, replacement players appeared in a Major League Baseball game for the first time since 1903. The game featured the California Angels and Arizona State University in an exhibition game in Tempe, Ariz.



Conference tournament wraps up in women's basketball with Lady Cougars looking ahead. See page 10

# SIUE on the prowl for basketball coach

*SIUE Athletic Department searches for replacement for retired basketball coach*



**KUMAR BHOOSHAN**  
SPORTS EDITOR

The SIUE Athletic Department will have its choice of more than 100 applicants for the head coaching position for the men's basketball team.

According to Associate Director of Athletics Nick Adams, the deadline was Friday, but the Athletic Department expects a few more applications to "trickle in."

The search began in January when Jack Margenthaler announced his retirement after a 10-year campaign at SIUE.

Margenthaler was coach at SIUE when the team was searching for a conference to play in.

He was the first SIUE men's basketball coach to participate in the Great Lakes Valley Conference, in which SIUE still participates.

Margenthaler finished with a conference record of 44 wins and 77 losses and an overall SIUE record of 98-117.

During his tenure as the Cougars' head coach, Margenthaler had two winning seasons.

His team went 18-9 during

the '97-'98 season and 14-12 during the '92-'93 season.

Adams said with so many applications, meetings are already under way to start weeding out applicants.

"We've been reviewing the applications at weekly meetings," Adams said. "We have a pool of people who we feel are qualified and have started narrowing our choices down."

Now that applications are in, the selection process is in full swing.

Adams said April 1 is the target date to have a coach selected.

"Right now many of the applicants are coaching in tournaments," Adams said. "We will wait until the tournaments are over and wait until after spring break to start inviting coaches to the campus and let them show us their stuff."

Adams said after the break there should be two weeks of interviews and then the ultimate decision will be made.

For the last two months there was a description of the head coaching position on the SIUE Athletics Web site and as of Friday it had been removed.

# Lady Cougar softball picks up 10th win of season in Catawba

**AMY GRANT**  
ASSISTANT SPORTS EDITOR

A two-day tournament turned into two games Sunday for the softball team after the Catawba Tournament's Saturday games were postponed due to rain.

The Lady Cougars were scheduled to face Barton College, of Wilson, N.C., Kutztown University, of Kutztown, Penn., and Catawba College to start the tournament Saturday in Salisbury, N.C.

The team was also scheduled to play Lees McRae College, of Banner Elk, N.C., Sunday before bracket play began.

SIUE opened the tournament

Sunday, facing Barton and Kutztown.

The Lady Cougars jumped out to a 2-0 lead in the second inning against Barton and increased their lead drastically with 10 runs in the third.

SIUE added three more in the fifth to close the game 15-0 and secure the shutout.

Junior pitcher Ryann Spann was only one hit away from throwing a no-hitter.

She allowed just one hit in five innings, while striking out five and walking one.

Not only was Barton shut out 15-0, but SIUE out-hit Barton 15-1 in an errorless game.

Senior pitcher Amy Shacklock gave up 15 hits and 15

runs in the game while striking out only two and walking eight.

Junior outfielder Katie Waldo went a perfect 5-for-5 in the game with two triples and four RBIs.

Sophomore outfielder Jenny Esker was 3-for-3 with three doubles and two RBIs.

SIUE fell 5-4 to Kutztown in what proved to be a closer game in the Lady Cougars' second contest of the day.

The Lady Cougars found themselves in a hole 5-1 after the fourth inning, but came close to making a comeback near the end of the game after driving in two runs in the sixth and one in the seventh. *see SOFTBALL, page 11*



BETH KRUZAN/ALESTLE

Junior pitcher Jeff Ebeler has a 5.40 ERA this season for SIUE.

# Baseball team can't win against weather

**KELI KEENER**  
SPORTS STRINGER

So far this season the toughest opponent the SIUE baseball team has faced has been mother nature.

The men's baseball team was scheduled to play host to Lindenwood College, of St. Charles, Mo., Wednesday at Roy E. Lee Field, but the game was canceled due to inclement weather.

SIUE did not compete last week either.

The Cougars were scheduled

to travel to Jefferson City, Mo., to face Lincoln College Friday.

The team then planned to head to Joplin, Mo., Saturday and Sunday to play Missouri Southern State University, of Joplin, Washburn University, of Topeka, Kan., and North Dakota State University, of Fargo.

Those games will most likely not be rescheduled.

The Cougars plan on playing their game Wednesday at home against Harris-Stowe State College, which will travel across the river from St. Louis.

*see WEATHER, page 11*



PHOTO COURTESY PHOTO SERVICES

Junior outfielder Katie Waldo (left) has driven in six runs in 12 games for the Lady Cougars this season.



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# Screaming Eagles take the GLVC Championship against Lady Norse

*After an up-and-down 2002 season SIUE turns to its future*

AMY GRANT  
ASSISTANT SPORTS EDITOR

The Lady Screaming Eagles of the University of Southern Indiana dethroned the Lady Norse of Northern Kentucky University as the Great Lakes Valley Conference champions.

USI, the No. 2 seed, took the championship game 89-79 Saturday over NKU, the No. 1 seed.

On the road to the championship, Southern Indiana, of Evansville, knocked off Quincy University 60-57 and the University of Wisconsin-Parkside 76-48.

NKU had to go through St. Joseph's College, of Rensselaer, Ind., and Bellarmine University, of Louisville, Ky. NKU won those games 99-84 and 92-88, respectively.

SIUE was knocked out of the GLVC Tournament early, suffering a first-round loss to Bellarmine 90-79.

Despite a disappointing finish and the loss of three seniors, the women's basketball team will return next season with its top two players in points.

SIUE finished the season 14-13 overall and 12-8 in the GLVC for fifth place.

The Lady Cougars played well at home with a 10-2 mark, but were 4-11 on the road.

"As a coach, you're never really happy with your season," head coach Wendy Hedberg said. "I think we could have played better at times and done a little better."

The Lady Cougars played with three seniors this season; guard Heather Hillebrenner and forwards Amanda Buldtman and



PHOTO COURTESY PHOTO SERVICES

**Sophomore Jaque Howard will return for the Lady Cougars in the fall.** Jill Johnson.

Hillebrenner finished the season with a team-leading .467 3-point percentage. She averaged 0.9 rebounds and 2.1 points per game with 34 assists.

Buldtman's .495 field goal percentage was second only to junior forward Ruth Kipping's .536 percentage.

Buldtman recorded 44 assists, 43 steals, and averaged 10.4 points per game.

"Amanda didn't see a lot of time prior to this season, but she had a great year," Hedberg said.

Johnson grabbed an average

of five rebounds and 6.4 points per game.

She finished the season with 28 assists and 23 steals.

"Jill brings a lot of intensity and energy to our team," Hedberg said. "I think that's a big factor in having her on the team."

Two of the Lady Cougars' key returning players are Kipping and sophomore guard Jessica Robert.

Kipping led the team with an average of 9.6 rebounds and 18.7 points per game and had 11 double-doubles throughout the season. *see WOMEN'S, page 11*

## Men's tennis downed in first match

ALESTLE STAFF REPORT

Cold weather forced the men's tennis team indoors for its match against Wayne State University Saturday, but going inside wasn't enough to knock the frost off the Cougars' rackets.

Wayne State, of Detroit, was too much for the Cougars and took the win 9-0 at King's Point Racquetball Club in Belleville.

SIUE's best chance of getting points was in doubles play.

Seniors Heath Turpin and Francisco Perez took a tough loss at No. 1 doubles.

WSU's Mike Davis and Mikolas Pontus came up with the 8-5 decision.

Turpin said the surface on the indoor court made playing

difficult.

"We're used to playing on clay courts and returning balls on this court was like trying to hit a bullet," Turpin said.

SIUE's No. 2 doubles team, freshmen Andy Renner and Mike Schmidt, battled to an 8-5 loss against WSU's Rohan Singh and Lech Czerwinski.

At No. 3 doubles, SIUE's team of sophomores Doug Kummer and freshman Chris Rigdon lost to Eduardo Carvallo and Matt Akers 8-3.

In No. 1 singles play, Singh defeated Turpin 6-0, 6-2. At the No. 2 spot, Davis silenced Perez 6-0, 6-1.

At No. 3 singles, Pontus took the win over Renner 6-1, 6-3. And at No. 4 singles, Czerwinski stopped Kummer 6-1, 6-0.

Hormis Tharakan, No. 5, beat Schmidt 6-3, 6-0, while Eduardo Carvallo, No. 6, dominated Rigdon 6-0, 6-1.

"As you can tell by the scores we all came flat and after our doubles play we were a bit frustrated," Turpin said.

The Cougars are 0-1 on the year and the team is unsure whether it will take the trip to Pensacola, Fla., during spring break.

The team is scheduled to play in four matches over the break, but Turpin said coach Bill Logan said he doesn't know if that trip will happen.

SIUE will begin its conference season after spring break on March 29 with a home match against St. Joseph's College, of Rensselaer, Ind.



## Lewis University upsets GLVC basketball No. 1

KUMAR BHOOSHAN  
SPORTS EDITOR

Lewis University upset the National Collegiate Athletic Association Division II 2001 national champions Kentucky Wesleyan College in the championship round of the Great Lakes Valley Conference Saturday, 77-65.

The Panthers, of Kentucky Wesleyan, were ranked No. 1 in the GLVC and were the top seed going into the tournament.

The No. 2 seeded Norse, of Northern Kentucky, from Highland Heights, Ky., were upset in the first round by the University of Wisconsin-Parkside, 93-87.

That allowed Lewis, of Romeoville the No. 3 seed, to move its way into the championship round.

The loss was only the Panthers' second of the year.

The Panthers will continue postseason play with a record of 16-2.

The win ensures Lewis a bid into the NCAA Division II Tournament, with a 15-5 record and will have a No. 3 seed in the regional tournament.

Games will start Thursday on Kentucky Wesleyan's home floor in Owensboro, Ky.

Despite the loss, the Panthers received a No. 1 seed in the regional tournament.

## SOFTBALL

from page 9

Kutztown junior pitcher Kellie Evans allowed eight hits and four runs in seven innings to pick up the win.

SIUE sophomore pitcher Missy Koenig recorded the loss for the Lady Cougars, giving up eight of Kutztown's 10 hits and five runs in 3.2 innings.

Two of those runs were unearned.

The Lady Cougars are 10-2 on the season.

The team faces the Lincoln University Blue Tigers, in

Jefferson City, Mo., in a doubleheader Tuesday.

Lincoln has won its first two games of the season 3-1 and 7-6 against Southwest Baptist University, of Bolivar, Mo.

Junior shortstop Talia Parsons is leading the Blue Tigers after those two games with a .667 batting average, four hits, two home runs and six RBIs.

The Lady Cougars' doubleheader against Lincoln will be at 2 p.m. Tuesday in Jefferson City, Mo.

## WEATHER

from page 9

Harris-Stowe is a member of the National Athletic Intercollegiate Association, and the Hornets welcomed 22 recruits this season.

Game time is 2 p.m. at Roy E. Lee Field.

The game is the last game scheduled before the team's spring break trip to Savannah, Ga.

In Savannah, SIUE is slated to play Grand Valley State University, of Allendale, Mich., Gannon University, of Erie, Pa., Armstrong Atlantic State University, of Savannah, Ga.,

Missouri Western State College, of St. Joseph, Concord, of Athens, W.Va., Bryant, of Smithfield, R.I., and St. Augustine's College, of Raleigh, N.C.

SIUE will begin its Great Lakes Valley Conference season the following week.

The Cougars will start the regular season at home March 16 and 17, playing host to St. Joseph's College, of Rensselaer.

The Pumas will come for a doubleheader Saturday and a single game Sunday at noon both days.

## WOMEN'S

from page 10

Her 56 assists, 10 blocks and 35 steals also placed her toward the top of the roster.

"Ruth has a lot of talent," Hedberg said. "Sometimes it takes a year for players who transfer into a new program to get accustomed to the program we're running. But for the most part I was happy with her play and

hopefully we'll get more from her next year."

Kipping is a transfer from the University of Michigan.

Robert went 34-of-44 on free throws this season while leading the team with 101 assists and 50 steals. She was second behind Kipping with an average of 11.6 points per game.

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For More Information Contact: THE SIUE WELLNESS CENTER (61B) 650-3873 wellness@siue.edu

SIUE SOUTHERN ILLINOIS UNIVERSITY EDWARDSVILLE

## SIUE Intramural Sports Softball League

DIVISIONS: Men, Women & COED  
REGISTRATION DUE: March 6, 9:00pm  
ENTRY FEE: \$20.00/team  
FORFEIT FEE: \$20.00/team

A member of each team must attend a mandatory manager's meeting March 7 at 4:30pm in the Vadalabene Center, Room 2001 or that team will be dropped from the league. Forms and fees should be turned into the Student Fitness Center Front Desk.

Scheduling information will be available at this meeting.

Call 650-3245 for more information.

### Rock Climbing at Ferne Cliff State Park

Sunday, April 7  
6:00am - 6:45pm

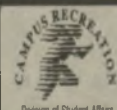
Reservation required by Wednesday, April 3

\$35 for students/faculty/staff/alumni  
\$45 for guest

An introduction to rock climbing: Knowledge of climbing and/or ropes is not necessary. All skills for climbing, belaying and rope handling will be demonstrated. Practice on 150-foot cliffs. Bring gloves, camera, hiking shoes, water and lunch. Instructors, ropes, safety equipment and transportation will be provided.

For More Information Call The Student Fitness Center At 650-B-FIT

SIUE Wellness Program • Campus Recreation, Student Affairs • 650-B-FIT



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**HELP WANTED**

**Pollworkers needed** for upcoming SIUE Student Government elections. Students apply online at [www.stuemp.siu.edu](http://www.stuemp.siu.edu) job #4625, or in the Student Government Office, RM. 1051, MUC, Ext. 3818 4/2/02

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**PERSONALS**

**To Tomeika, my Talented Spec!** You know you are my Love child and you are so crazy! Keep working hard for Delta. Love Always Makeeta. 3/5/02

**To my spec Yeside** a real soul sistah! Our bond is so strong and continues to grow. Love you, Makeeta. 3/5/02

**Congratulations** to all of the new ladies of S.S. New Era. Keep those noses in the air and watch the haters stare. Love "Enchanted" 3/5/02

**Skee-Wee** to My Baby Xhibit. Welcome to the 1st and finest sorority ever. Make me proud, representing that pretty pink & gorgeous green. Love "Enchanted" 3/5/02

**Good Job** to all Alpha Kappa Lambda Brothers on raising substantial funds for Bowl for Kids Sake. 3/7/02

**Congratulations** to Alpha Kappa Lambda Brother of the Week Sean. Excellent work on Bowl for Kids Sake! 3/7/02

**MISCELLANEOUS**

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## Visiting Fiber Artist

# Ilze Avik

Slide Presentation:

"Contemporary Textiles: Poetry and Politics"

Thursday, March 7,

Seminar Room One  
11:30 a.m. to 12:30 p.m.

Reception following in Atruim Art and Design Building

This event is funded in part or whole through student activity fees