

# Student government questions prez

TRAVIS ROSS  
NEWS REPORTER

During an open forum at Friday's student senate meeting, senators and students grilled Student Body President Dwayne Bess regarding the dismissal of an executive board member and a lost senate application.

Former Public Relations Chair Barbara Burgess submitted her resignation Feb. 8 demanding a formal apology from Bess.

Her resignation came after a series of disagreements between the two.

In one incident, Burgess claimed Bess called her a "f\*\*king idiot."

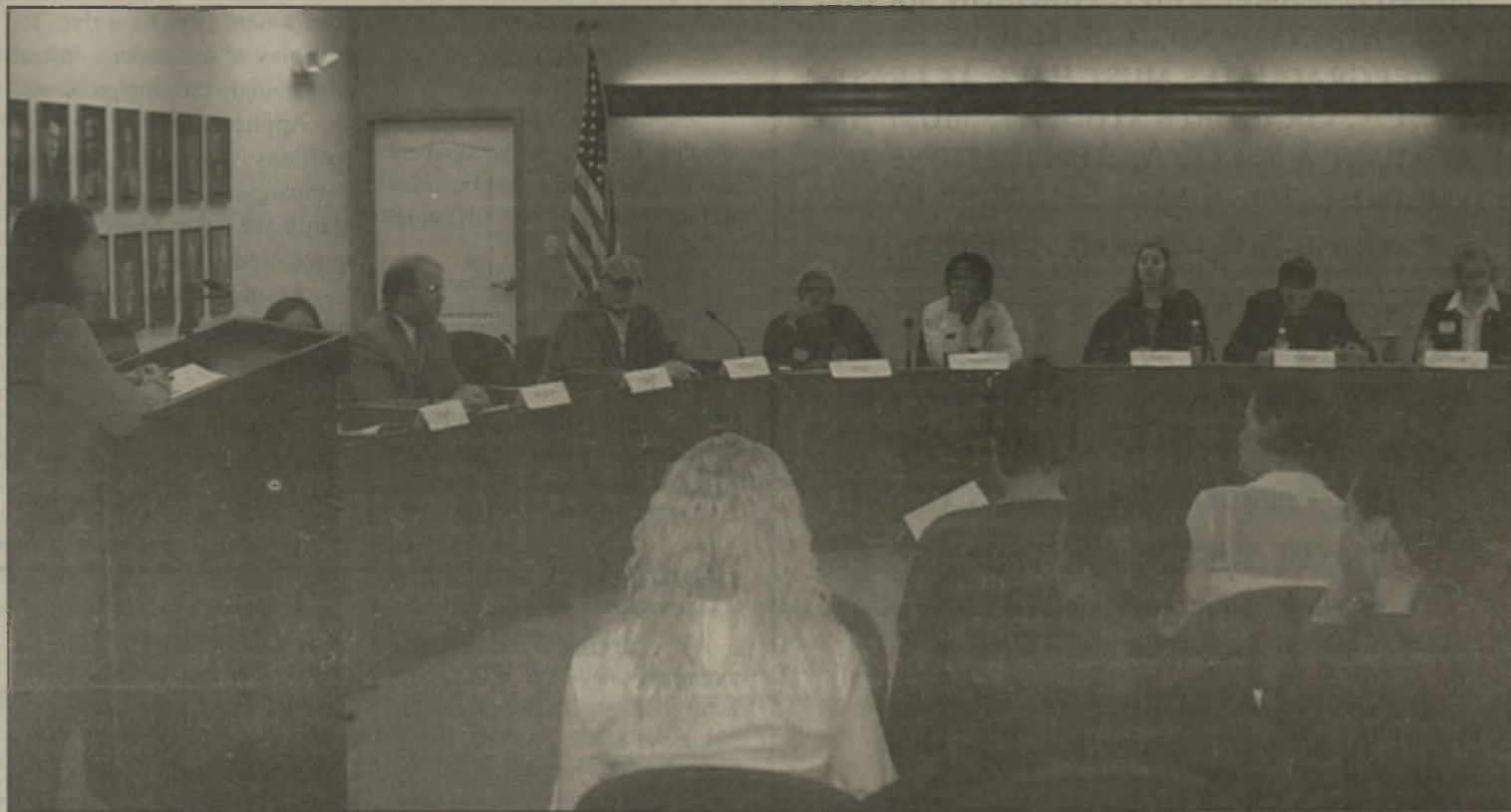
Bess denied the charge and removed Burgess on Feb. 14.

At Friday's open forum, Burgess asked senators Philip Gustafson and Felicia Papafio if they heard Bess called her a "f\*\*king idiot."

Both senators confirmed Burgess' claim.

But Bess again cited his reasons for removing Burgess.

"Appropriate chemistry



TRAVIS ROSS/ALESTLE

**Student government members question Student Body President Dwayne Bess during an open forum at their meeting at the Edwardsville City Hall Friday.**

needed for yourself (Burgess) and student government to act as a servant of the students has regressed to a substandard level," Bess said reading from a memo.

"There were things about her

that needed to be changed. When she submitted her letter of resignation that came to a screeching halt," Bess told the senators.

Personnel Director Natalie

Shubert said Bess' reasons for removing Burgess were inadequate.

"Barbara did her job to the fullest, even after she turned in her resignation," Shubert said.

"She just wanted an apology. It was the only way she felt she could make her voice heard."

But Bess said he had little alternative to removing Burgess.

see GOV, page 4

## SIUE wrestlers qualify for national tourney

KUMAR BHOOSHAN  
SPORTS EDITOR



Zach Stephens

The Cougar wrestling team will send two members of its squad to the National Collegiate Athletic Association Division II National Championship meet after finishing in the top four at the NCAA Regional in Aberdeen, S.D.

Senior Zach Stephens and sophomore Nathan Graumenz will go head-to-head with the top wrestlers in the nation March 8 and 9 in Kenosha, Wis.

Stephens, who carries a record of 26-12, wrestled his way to the regional title at 174 pounds, defeating Cory Anderson of Northern State University, of Aberdeen, S.D., in the championship round.

Graumenz finished third in the 149-pound division, defeating the University of Indianapolis' Mitchell Napier in the third-place match. Graumenz has a record of 17-14.

The two wrestlers were not the only ones to receive regional accolades.

Head coach Booker Benford was

named Regional Co-Coach of the Year with Indianapolis coach Terry Witherald. Benford led the Cougar squad from zero wins in 2001 to a 4-9 record in 2002.

The University of Central Oklahoma, ranked No. 1 in Division II wrestling, finished first in the regional with 150.5 points and SIUE placed fourth overall with 72 points.

Sophomore Matt Tomanovich was one place from advancing to the national meet. Tomanovich finished fifth in the 141-pound division and finished with a record of 14-15.

The Cougars also had four wrestlers finish in sixth place at the regional. Senior Manny Herrera finished his SIUE career with a record of 19-17 in 2002. Junior Aaron Wiens placed sixth in the heavyweight division, compiling an 18-16 record. The Cougars also had sixth place finishes from two sophomores, 157-pound Mike Brenner and 165-pound Omari Johnson.

Brenner finished his year with a record of 8-23 and Johnson finished the season with a 20-14 record.



Nathan Graumenz

## Flier causes concern among SIUE officials

KAYCI COMBS  
NEWS REPORTER

Parking service agents are taking extra precautions after a flier distributed on campus called on students to take actions against the agents.

"Revenge against the parking nazis" is the title on the half-page flier. It urges students to act against agents and suggests "if we all stick together, they can't win." The flier charges there is a "shortage of parking spaces on this campus."

A couple of suggestions were to "put money in someone else's meter" and "write a letter to The Alestle." Other activities listed were criminal acts.

"We're taking this very seriously," Administrative Services Director Bob Vanzo said.

"We're observant of the fact

that someone is upset," SIUE Police Lt. Tony Bennett said.

The fliers were distributed after Parking Services closed off the Vadalabene Center lot Feb. 18 for an Illinois High School Association Girls' Basketball Super-Sectional.

About 30 students received tickets for parking on the grass around the parking lot across from the Early Childhood Center. The anonymous flier claimed, "I myself counted over 68 tickets."

Bennett said the parking agents were simply following procedure.

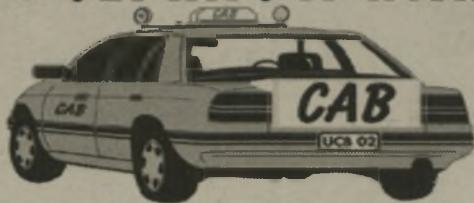
He said parking service agents are being blamed for a policy over which they have no control.

"These guys didn't do it," Bennett said.

see PARKING, page 2



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\$2.00 Margaritas
- Fri. Fish Night,  
\$1.00 Schnapps
- Sat. \$4.00 Coors Light Pitchers, Live Music

## Cafeteria machines still broken

CALLIE STILWELL  
ASSISTANT NEWS EDITOR

Paying for food in the Morris University Center continues to be a problem for those with meal plans.

The card-scanning system failed last week and is still not functioning, despite a new part that arrived Friday.

Students using meal cards have had to fill out paperwork for purchases because of a bad

converter, according to Bill Canney, director of dining services.

Canney said the converter came in Friday, but did not solve the problem.

"They still think it's a hardware problem," Canney said. "I don't have a date. I wish I did."

The Office of Information Technology is working with the chief engineers of Debold Systems, which manufactured the original system. The system was installed in 1994.

Canney said the problem is not with the card readers themselves, but in the main system that controls them. Additional new parts were supposed to come in Monday.

The Morris University Center is the only place where the problem has occurred.

Checkouts in the residence halls, the Commons and Skywalk Café are still functioning because those card readers are on a different system, Canney said.

## Student government applications due soon

TRAVIS ROSS  
NEWS REPORTER

Students interested in running for student government should get their applications turned into the Kimmel Leadership Center.

Election Commissioner Jeff Twardowski wants students to get involved.

"I hope that people realize they should get involved," Twardowski said. "I hope the people who get in student

government try to solve the problems of the students instead of seemingly creating problems."

Applications for all positions are due Friday. Campaigning is set to begin March 18, the Monday after spring break.

As of Monday, there were nearly 20 applications turned in for senators and executive board positions.

A "Meet the Candidates" forum will take place from 12:30 until 1:45 p.m. Friday, March 29,

in the Goshen Lounge of the Morris University Center.

In the 2000 election, more than 1,400 students voted.

That number fell to 789 in the 2001 election.

Voting will take place from 10 a.m. until 2 p.m. Saturday, April 6, and from 10 a.m. until 6 p.m. April 8 and 9.

Balloting will only take place in Peck Hall.

Unofficial results will be posted April 10 in the Student Government office in the Kimmel Leadership Center.

## PARKING

from page 1

A parking and traffic committee made up of students, faculty and staff makes rules for parking at SIUE. The decision to close the VC lot was made by

university officials, including the Athletic Department.

Parking attendants are affiliated with the SIUE Police Department, which is a branch of

the Illinois State Police.

SIUE police are trying to collect information about the origin of the flier, but currently have no leads.

## Campus Scanner

**Foreign language meeting:** The French table will meet from noon to 2 p.m. Monday in the University Restaurant in the Morris University Center. French speakers of all abilities are welcomed. No sign up is required. For more information, contact Rachel Ritterbusch at 650-2177 or e-mail raritte@siue.edu.

**Workshop:** Faculty is invited to the Internal Grants Workshop beginning at 2 p.m. Tuesday in the Maple-Dogwood rooms in the Morris University Center. The workshop will present suggestions for writing competitive grant proposals. Faculty interested in attending should contact Lil Manning by e-mail at limanni@siue.edu or by phone at 650-3114.

**Benefit dinner:** The 47th annual Madison County Lincoln Day Dinner will begin at 6 p.m. Saturday at the Knights of Columbus Hall in Bethalto. Tickets are \$25 per person and are available by contacting Rosemary Roberts at 466-6846. The public will have the opportunity to hear candidates for Senate and Governor as well as Attorney General Jim Ryan and Congressman John Shimkus. The fund-raiser is sponsored by the Madison County Republican Central Committee.

**Volunteer:** Volunteers are needed for the Mississippi River Clean Up from 9 a.m. to noon Saturday, March 9, at Chouteau Island. Volunteers will meet at the Old Chain of Rocks Bridge in Madison. A catered lunch will be provided and volunteers should wear work clothes. For more information, contact Kathi Weilbacher at (314) 416-9930, Ext. 111.

**Volunteer:** Salus Place needs volunteers to assist staff with purchasing and stocking

groceries. Salus Place is a home for people suffering from HIV/AIDS, mental illness or who are recovering from substance abuse. Volunteers will be picked up at 8 a.m. Saturday, March 23, in Lot B and returned there at noon. For more information, contact Kimmel Leadership Center at 650-2686.

**Alcoholics Anonymous meeting:** The Gut Level Group meets at 7 p.m. Saturdays in the Religious Center. This is an open meeting of Alcoholics Anonymous and Al-Anon.

**Online mentors needed:** Applications are being accepted for online mentors for children in eight after-school programs in Washington Park, East St. Louis and Fairmont City. No personal contact is required. For more information, e-mail Susan Kutterer-Siburt at skutter@siue.edu.

**Volunteer:** Volunteers are needed to assist the Share Food Project. The food co-op program provides low-cost food through a self-help distribution system. Volunteers will be picked up at 8 a.m. Saturday, March 23, in Lot B and returned there at noon.

**Blood Drive:** The American Red Cross is holding area blood drives: in Bethalto at Civic Memorial High School from 9 a.m. to 3 p.m. Tuesday; in Roxana at the Church of the Nazarene from 3 to 7 p.m. Wednesday; in Alton at St. Anthony's Wellness Center from 11 a.m. to 3 p.m. Saturday; in Edwardsville at Edwardsville Fire Station No. 1 from 2 to 7 p.m. Monday. Donors must be at least 16 years old, weigh at least 110 pounds, not have gotten a tattoo within the last year, not be taking blood thinners or antibiotics and not have given blood within the last 56 days.



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## LETTERS TO THE EDITOR PLEASE!

The editors, staff and publishers of the Alestle believe in the free exchange of ideas, concerns and opinions and will publish as many letters to the editor as possible. Letters may be turned in at the Alestle office located in the Morris University Center, Room 2022 or via e-mail at [alestle\\_editor@hotmail.com](mailto:alestle_editor@hotmail.com). All hard copy letters should be typed and double-spaced. All letters should be no longer than 500 words. Please include your phone number, signature (or name, if using e-mail) and student identification number.

We reserve the right to edit letters for grammar and content. However, great care will be taken to ensure that the message of the letter is not lost or altered.

Letters to the editor will not be printed anonymously except under extreme circumstances.

The Alestle is a member of the Illinois College Press Association, the Associated Collegiate Press and U-WIRE.

The name Alestle is an acronym derived from the names of the three campus locations of SIUE: Alton, East St. Louis and Edwardsville.

The Alestle is published on Tuesdays and Thursdays during fall and spring semesters, and on Wednesdays during summer semesters. For more information, call (618) 650-3528.

## Have a comment?

Let us know!

Send us an e-mail:

[alestle\\_editor@hotmail.com](mailto:alestle_editor@hotmail.com)

The Alestle

Campus Box 1167

Edwardsville, Ill. 62026-1167

# Students get short end of the stick



Students have been placed at the bottom of SIUE's priority list.

I can't say that's always true, but when it comes to parking, I don't know if students will ever find their way out of the cellar.

The Vadalabene Center parking lot was closed Monday, Feb. 18, for the Illinois High School Association Super-Sectionals. SIUE students were kicked to the side to make way for a basketball tournament that has nothing to do with our school.

I don't have a problem walking a little farther to get to the Student Fitness Center, but I do have a problem with the university making money from the basketball tournament and turning its back on the students.

Maybe turning its back is a strong way to put it, but in all honesty, I think it is correct.

SIUE students pay to park on campus, and some students

paid a little more when the VC lot was closed.

The closest place to park if you're going to the VC and the lot is closed is the lot across the street from the Early Childhood Center. Many students went that route and filled that lot.

When the lot became full, some decided to park in the grass around the lot. You see, when university officials take away approximately 500 parking spaces, they severely limit options for places to park.

So wouldn't you think parking service agents would be a bit more lenient when it comes to ticketing around the VC for the day? I would think so. But they weren't. Those students parked in the grass got tickets.

Let's recap: The university closes 500 parking places, inconveniences students, tickets students for illegally parking in the grass and makes a bundle in the process.

Vice Chancellor for Student Affairs Narbeth Emmanuel said the Athletics Department will make around \$3,000 each time it holds an event such as the basketball tournament. And let's not forget about the money made from all the parking tickets.

So, what is more important to the university, students or outside interests?

I don't mind SIUE having

IHSA events on campus, but we shouldn't inconvenience students to make it happen.

Safety is another important issue we seemed to have forgotten in this mess.

While students should not be afraid to be on campus, the possibility of crime is always present. Should students have to walk from the red fan lots to the Student Fitness Center late at night when there is a perfectly good parking lot in front of the center? Isn't the lot there for students to park while using the Student Fitness Center.

Maybe it's just me, but I think the university should make spectators for the IHSA games walk a bit farther. The spectators don't pay \$60 per year to park on the campus; the students do. Maybe we could put the pay lot and the green lot behind Dunham Hall to good use. They never fill up. Visitors should park there on nights when SIUE plays host to such events.

Another ridiculous piece of the puzzle is making students walk from the red lots on Career Day. Students will be dressed up and trying to make a good impression with potential employers. Why should they have to walk from the red lots to the VC for an event that is specifically for students? Maybe the company representatives

should unload their things at the VC doors and then park somewhere else. The university could use the new Facilities Management buses to transport the representatives from the parking lots to the VC, thus making parking convenient for the students.

What the university fails to realize is that the university would not be here without students. Shouldn't university officials try to make life a bit easier for us instead of constantly making parking a hassle? It's about time someone takes a serious look at the parking issues at SIUE.

Finally, lighten up, Parking Services. I don't know where it is written that parking service agents have to ticket every vehicle that goes over one minute on a meter or parks in the grass when there are no more spots, but you could use a bit of compassion when doling out the fines.

Rules are in place for a reason, but the way parking is run at SIUE it's no wonder people refer to the agents as "parking nazis."

Brian Wallheimer  
Editor in Chief

## Letters to the Editor

Dear Editor:

Every Tuesday and Thursday I grab a copy of The Alestle and each time I enjoy the Stickman cartoon. Usually it presents a funny and true look at something I noticed earlier in the week and is a great addition to the paper.

But the Feb. 19 cartoon was one I did not enjoy. I love it when the growing Greek family here is made fun of, especially because I'm a part of it.

Many people don't understand the reasoning behind Greek life, and that's fine. But for the school newspaper, which never reports about the positives Greeks accomplish on campus, it is rude to publish such a cartoon, displaying a sorority as not knowing what their letters mean.

If the person who drew this cartoon were Greek, he or she would realize what a blow that is. All aspects of our respective organizations are important to us, and to poke fun at a bake sale is just wrong.

I'm sure the ladies of Delta Phi Epsilon had no idea it was them you were portraying as not understanding something they put much time, sweat and tears into. Maybe if the students at SIUE had a more positive view of the fraternities and sororities on campus, Greek life could grow, making this campus more fun and beneficial to everyone.

Charles Reagan  
Sigma Phi Epsilon

Dear Editor:

This letter is in response to the audacious claims regarding President Bush's nomination for the Nobel Peace Prize in David Miller's letter to the editor that appeared in The Alestle on Feb. 19.

First, for the record, President Clinton has been nominated numerous times for the Nobel Peace Prize. In fact, just last year he was nominated alongside Fidel Castro of Cuba.

Your claims that Clinton wasn't even nominated just don't hold up to hard facts. The fact that Castro was nominated kind of soils your whole point that the nomination was special.

The provisions set by Alfred Nobel specify that the winner of the Peace Prize "shall have done the most or the best work for fraternity between nations, for the abolition or reduction of standing armies and for the holding and promotion of peace congresses."

Bush has failed those requirements by trying to increase and expand America's military and set about declaring an open-ended "War on Terrorism" which, according to Vice President Dick Cheney, "may never end, at least, not in our lifetimes."

Bush is not exactly doing his part to complete the requirements set forth by Alfred Nobel and upheld by the committee.

Stephen Bolen  
Junior

## What do you think about the university closing the Vadalabene Center parking lot for special events?

- ☐ It's OK to make visitors welcome
- ☐ It is a pain, but not that bad
- ☐ I don't park there anyway
- ☐ It inconveniences students
- ☐ It should never close to students

Vote at: [www.thealestle.com](http://www.thealestle.com)



# Election Pollworkers Needed

Student Government is seeking students interested in working as Pollworkers for the 2002 Spring Election.

**Workers Needed:**  
Monday, April 8  
Tuesday, April 9

Apply online at the Student Job Finder, [www.stuemp.siue.edu](http://www.stuemp.siue.edu), Job #4625 or in Student Government Office, Rm 1051, Morris University Center, 650-3819

## Students and faculty to meet in the MUC

Richard A. Koerper II  
NEWS STRINGER

Students and faculty will get a chance to get together in a nonclassroom atmosphere.

The Black Student Association will sponsor a Meet and Greet for African-American students to get together with African-American faculty and staff.

This will give students and

staff a chance to get to know each other on a social level.

"Faculty and students need to get to know each other better," Lashandia Holt, an elementary education major, said. "This has never been done before, and we're hoping for it to become an annual event."

The Meet and Greet will be from 4 to 6 p.m. Wednesday in the Maple-Dogwood rooms in the Morris University Center.

## Instructor tells students how to take good notes

JANELLE LOHMAN  
NEWS REPORTER

An instructor came to University Housing to bring scholastic advice right to some students' front doors.

Last week's workshop was to aid students in their note-taking and textbook-reading abilities.

According to Kara Shustrin, assistant director for academic programs for University Housing, students would respond to the workshop because of its proximity to their homes.

"We think the residential students are more likely to attend if we bring the workshop to their living area," Shustrin said.

GOV  
from page 1

In addition, invitations were sent to students on academic probation in hopes of helping some students get out of troubled waters.

The workshop included an exercise and a video.

A lecture from Terri Reed, a study skills instructor, came afterward.

One student in attendance, freshman Nicole Scott, said she came to the workshop because "I need all the help I can get."

There will be another workshop at 4 p.m. Tuesday, March 26, in the Woodland Hall learning resource center.

The workshop will focus on test anxiety and test-taking strategies.



## Apply by March 1 for

## 2002-03 Financial Aid

File online via the web at [www.finaid.siue.edu](http://www.finaid.siue.edu)

Student Financial Aid  
2308 Rendleman  
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"I took nothing away from the work that Barbara had done," Bess said. "Once she turned in the letter of resignation, it was pointless. It was like she was getting paid to agitate."

Former Student Organization Advisory Chair Rae Williamson asked senators to question their president.

"When you have a student government leader that is shrouded in controversy, how can that leader be trusted?" she asked.

Burgess also claimed that Bess threw away Election Commissioner Jeff Twardowski's application for a senate position last semester.

Twardowski turned in applications for a position in student government when seats were vacated in the fall. Since then, no one in student government has been able to locate his application for the senate. Bess claims he lost the application.

Twardowski reapplied and

was appointed as the election commissioner Jan. 25.

Twardowski said he was not given a fair shake for the senate positions in the fall.

"Members of the executive board and student senators should all be looking into this," Twardowski said Friday. "This should not be forgotten about."

In other action Friday, the student senate passed a program request from the Anthropology Club asking for \$2,677 to put on a program, "The Excavation of African Burial Grounds," on April 12 in the Science Building.

The Gay, Lesbian or Bisexual Alliance received \$1,137 for a program, "Hedwig and the Angry Inch." The program will be presented at 7 p.m. April 17 through 21 at the Metcalf Student Experimental Theater.

The next student government meeting is 2 p.m. Friday in the Goshen Lounge of the Morris University Center.

[www.thealestle.com](http://www.thealestle.com)



# Indian Student Association

Invites You All To

## India Night 2002

*Come and share the joy with us.*

March 2, 2002, 6:00pm

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\$10 - SIUE Students (ID's need to be swiped at the door)

\$12 - Faculty/Staff/Gen. Admission

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# SIUE Student Government

Applications Available

## 2002-2003 Elected Positions

- Student Body President
- Student Body Vice President
- Student Trustee
- Student Senators (12 seats)

### How to Apply:

**STEP ONE:** Obtain an application and election manual from the Student Government Office (1st floor, MUC).

**STEP TWO:** Return the completed application to the Student Government Office by 4:15pm, Friday, March 1.

**STEP THREE:** Attend Mandatory Candidates' Meeting Tuesday, March 5, 4:30pm, MUC Board Room.



# Lifestyle

PEOPLE, ENTERTAINMENT & COMICS



BROOK BERTELS/ALESTLE

## Chaser drug to prevent hangovers

ELIZABETH A. LEHNERER  
ASSISTANT LIFESTYLE EDITOR

After a night of drinking, a hangover is the last thing a person wants to deal with.

Hangovers include feelings of nausea, dry mouth, dizziness and headache that come after a night of alcoholic partying.

It is still unclear why hangovers occur. According to the Living Essentials Web site, hangovers are caused by congeners, byproducts of the fermentation process. Congeners are toxins and the body fights them by releasing cytokines. In turn, the cytokines use fluids from the body, leaving the hangover victim dehydrated.

A number of companies are offering products called "chasers" to attempt to prevent hangovers. Chasers trap and remove the congeners before they enter the bloodstream.

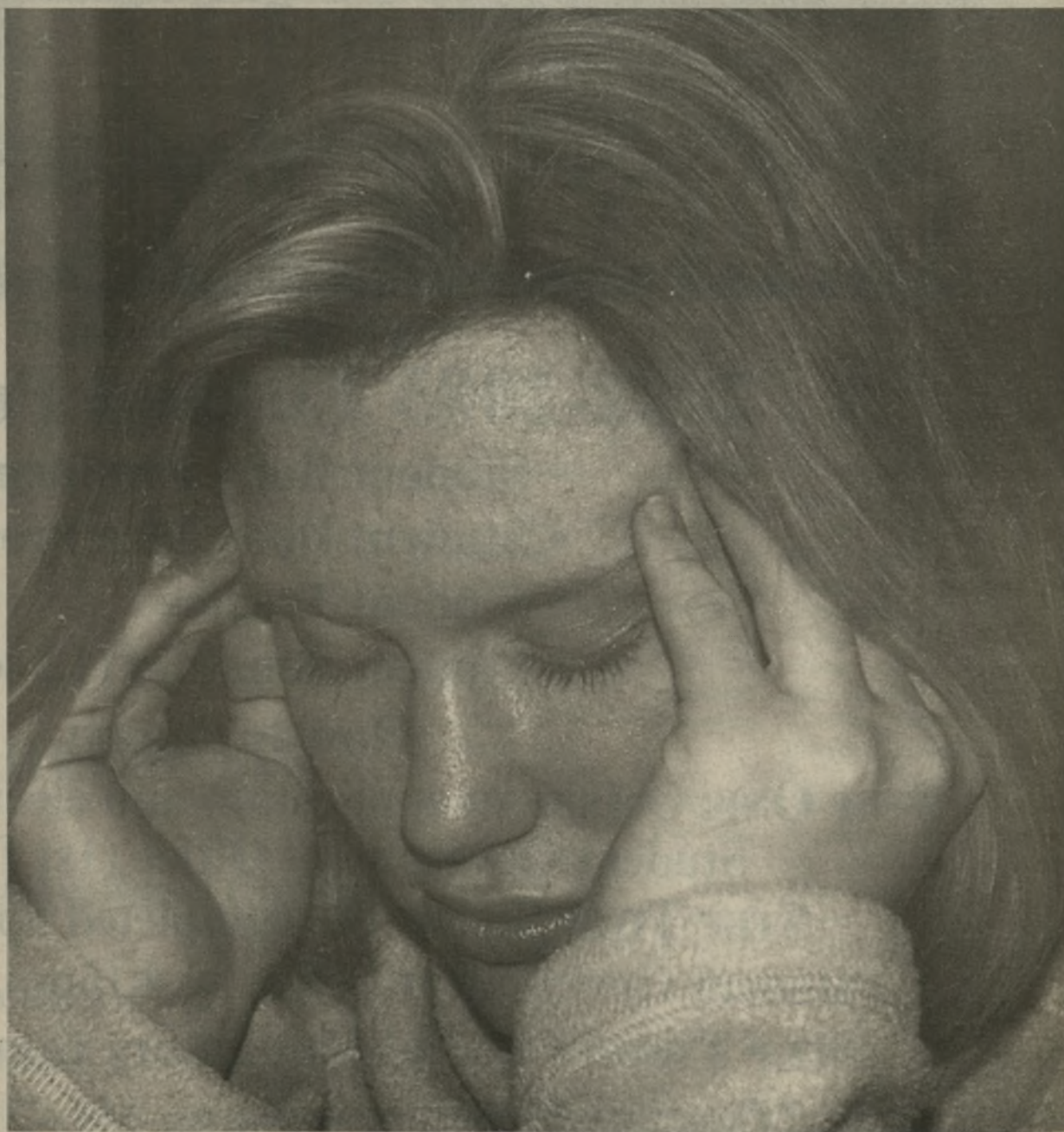
Double Chaser is a natural product made with calcium carbonate and vegetable carbon. According to the product's Web site, Double Chaser was developed by Dr. Raymond Crippen, a "leader in chemistry." It has been on the market for five years as a hangover cure. A 40-count pack of Double Chaser caplets can be bought online for \$30.

Alka-Seltzer also has a similar product. Alka-Seltzer Morning Relief is a citrus-flavored dissolvable tablet that is supposed to get rid of headache and fatigue as well as be gentle on the stomach. The package comes with 16 tablets and can be found at any local store.

While the products claim to prevent or ease hangovers, none can claim to prevent long-term damage to the liver and brain cells that result from alcohol consumption.

The best way to prevent a hangover is to avoid drinking. For those who feel that giving up drinking is a distant goal, there are other inexpensive ways to avoid or cope with hangovers.

According to [www.coolnurse.com](http://www.coolnurse.com), when coping with a hangover, drink plenty of water or juice to replenish the body fluids. Over-the-counter medication such as aspirin or ibuprofen can be effective to fight any aches and pains. Drinking water while drinking alcohol can also minimize a hangover, the site says.



BROOK BERTELS/ALESTLE



# Turning to chocolate, sugar for stress relief



NEIL CHRISTOPHER APELES  
DAILY TROJAN

(U-WIRE) LOS ANGELES - More people are turning to sugary and fatty foods during times of stress, according to a survey by Registered Dietitians.

Stress, both emotional and physical, can alter the normal routines or levels of control people have over their lives. Most people turn to food when their anxiety level increases due to personal or environmental instability. People most often turn to foods high in carbohydrates and fats.

"People who are stressed and depressed can find comfort in foods because of increased endorphin levels," said Kristy Mayer, dietitian and health educator at University Park Campus Health Center.

There are both biological and psychological reasons that people turn to food in times of high tension. Biologically, certain foods that are high in carbohydrates have been shown to increase neurotransmitters in the brain like endorphins and serotonin.

Both of these chemicals are associated with uplifting moods and causing appetite changes. In addition, serotonin affects sleep patterns and endorphins have pain-relieving properties.

"Chocolate stimulates endorphins," said Martha Charlson, research dietitian with the University of Southern California atherosclerosis unit, which studies fatty deposits in arteries. "This is just temporary as compared to exercise."

Chocolate and ice cream were the most popular comfort foods among USC students interviewed. Even though many students recognize the biological reasons for comfort foods, more agreed with the

psychological reasons for turning to food during stress. Certain foods like cookies, candy and ice cream are associated with happy times during childhood.

"When you're stressed out, you turn to foods that will make you happy and you associate certain foods with happiness," said Stacy Safaei, a senior majoring in political science.

Because childhood foods are symbols for nurturing, for many people they have become a comfort with consequences. For those involved in weight-loss programs, the stress-food-comfort routine becomes a cycle that may lead to weight gain and decreased self-esteem.

"You know (food) is going to be fulfilling and you're doing something to get your mind off of the stress," said David Ross, a sophomore majoring in mathematics. "Later, people realize that it's a vicious cycle."

Weight gain from comfort foods leads to self-esteem issues and body image disturbances. This causes an increased level of stress and continued retreat to foods high in fat and calories. There are a few alternatives to comfort foods during stressful times.

Exercise releases endorphins, but the result is reduction of stress levels over a longer period of time. The energy boost and quick fix people feel from comfort foods are short-term and can hinder weight-loss efforts.

Nutritionists suggest low-fat and low-calorie foods that may serve as alternatives to traditional comfort foods. These foods include hot chocolate, baked apples and chocolate pudding.

In addition to exercise, it is also important to talk about stressful issues and deal with stress in healthy ways, Mayer said.

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## Today in sports history

On this day in 1935, the New York Yankees released Babe Ruth, who signed with the Boston Braves for \$20,000 and a share in the team's profits. He drew the largest opening day crowd in Braves history.

Cougar basketball finishes out season marking the end of coach Jack Argenthaler's SIUE career. see page 9

◆ Page 8

AleStle

Tuesday, February 26, 2002◆

# Women's track has big finish in GLVC

CHENOA GLENN  
SPORTS STRINGER

The Cougars returned from the Great Lakes Valley Conference Indoor Championships with what was arguably their best meet of the season.

SIUE came back from the meet in Romeoville with six conference champions and a second-place finish overall.

The women's distance medley relay, consisting of sophomores Breanne Stephens and Lee Ann Lomax, freshman Mary Witte and senior Amanda Bozue, shattered the school record and the conference record with a time of 12 minutes, 36.18 seconds.

Lomax, who ran the 400-meter leg of the race, doubled for the 1,600-meter relay team with senior Tamekia Howard and freshmen Jenny Jaquez and Megan Stoneking.

They ran the race in 4 minutes, 7 seconds for first place, posting their best time this year.

The 800-meter relay of Jaquez and seniors Desiree Barcomb, Howard and Sarah Turpin finished in second place behind Lewis University.

Barcomb was given Athlete

of the Year and All-Conference honors for the GLVC, and earned a national provisional mark.

Barcomb ran for first place in the 55-meter hurdles in 8.7 seconds and finished the long jump in first place with a jump of 18 feet, 4.5 inches.

Her long jump performance was good for national provisional distance and a new school record.

She also earned second place in the high jump with a height of 5 feet, 1 inch.

Turpin put in good individual performances, earning the conference win in the pole vault and setting the new conference record to 10 feet.

She also won the 200-meter hurdle competition with her time of 29.69 seconds.

Bozue earned an individual champion this weekend with her 3,000-meter performance.

Her time of 10 minutes, 27.41 seconds came within a second of the school record.

Senior Kathy Ostrander won the weight throw with a 45-foot, 5-inch distance that also set a school record.

She finished third in the shot put with a 34-foot throw in that event. see TRACK, page 10

# SIUE Softball on a roll



BETH KRUZAN/ALESTLE

Junior second baseman Katie Waldo has a .259 batting average in 10 games this season for SIUE.

AMY GRANT  
ASSISTANT SPORTS EDITOR

The softball team returned with a 9-1 record after playing its second tournament of the season over the weekend.

The Lady Cougars took four games and suffered one loss in the Kennesaw State Tournament in Georgia Friday and Saturday.

"We played very well again," head coach Sandy Montgomery said. "Even with one loss, they're playing at a very high level."

SIUE faced one of the tougher teams in the tournament, Texas A&M University-Kingsville, in its first game

Friday afternoon.

The Javelinas came into the game with a 10-1 record. Most of the action was in the first inning with the Lady Cougars scoring four runs and Texas scoring two.

SIUE scored one more run in the sixth inning and went on to win the game 5-2.

Sophomore outfielder Jenny Esker hit the game's only home run and freshman catcher Cassie Witherell went 3-for-4 with a double and an RBI.

Texas' freshman pitcher Meghan King wasn't able to finish a full inning, but still took the loss for the Javelinas, giving up four hits and four runs without

throwing a strike.

Sophomore Missy Koenig pitched seven innings for the Lady Cougars, striking out two and giving up one earned run in the win.

SIUE needed only five innings to secure a 9-1 victory over Georgia College and State University of Milledgeville, Ga., in its next game.

The Lady Cougars scored at least one run in the game's five innings with four runs coming in the fourth.

Georgia's lone run came in the fourth as the team fell to 6-3.

see SOFTBALL, page 11

# Women's basketball ready for conference tournament



BROOK BERTELS/ALESTLE

Senior guard Heather Hillebrenner leads the Lady Cougar squad in 3-point percentage, converting 46.7 percent on the year.

AMY GRANT  
ASSISTANT SPORTS EDITOR

After dropping the final two games of the season, the women's basketball team is set to face Bellarmine University in the Great Lakes Valley Conference Tournament Wednesday.

SIUE had a chance to improve its standing in the conference, but remains in fifth place after losses to St. Joseph's College and the University of Indianapolis over the weekend.

"We knew we had two tough games going into St. Joe and Indianapolis," head coach Wendy Hedberg said. "We felt we just didn't have the intensity we should have ending the season and going into the conference tournament this week."

The Lady Cougars shot only 37.8 percent from field in the second half and couldn't makeup a 40-32 deficit at halftime. SIUE lost the game 74-67 and fell to 14-11 on the season.

St. Joseph's sophomore

forward Heather Allen went 8-for-11 on shots from the field and led the Lady Pumas with 21 points.

SIUE junior forward Ruth Kipping recorded a double-double for SIUE with 11 rebounds and 14 points. She had a team-high seven assists.

Senior forward Amanda Buldtman also recorded 14 points in the game as well as four rebounds and four steals.

The Lady Cougars had one last chance to improve their record against Indianapolis Saturday.

In a game that was tied 15 times with the lead changing nine times, SIUE fell to Indianapolis 60-58 in a close contest.

Kipping recorded her second double-double of the weekend with 12 rebounds and 17 points. She shot 8-for-15 from the field and added five assists.

Senior forward Jill Johnson was second on the Lady Cougars going 5-for-5 from the free-throw line with 11 points and three

rebounds.

SIUE will face No. 4 Bellarmine at the GLVC Tournament at noon Wednesday in Evansville, Ind.

"I think both teams (Bellarmine and SIUE) are similar," Hedberg said. "We'll match up well against them, but it will be a very physical and hard-fought game."

Bellarmine finished the season 12-8 in conference play and 17-9 overall.

The team has split its two games against SIUE this season.

The Lady Cougars won their first matchup against Bellarmine 78-75 in November, but lost their last game 87-61 earlier this month.

Junior guard Nickie Randall had 27 points against SIUE with nine assists and seven steals.

If the Lady Cougars win, they will move on to play in the semifinals Friday against either Northern Kentucky University or St. Joseph's.



## Cougar basketball finishes season with two losses in GLVC action

KELI KEENER  
SPORTS STRINGER

The men's basketball team completed its season and bid farewell to head coach Jack Margenthaler over the weekend.

SIUE made its first stop Thursday in Rensselaer, Ind., to meet the Pumas of St. Joseph's College.

The Pumas beat the Cougars 81-72.

Junior forward Ron Heflin led SIUE and all scorers with a career-high 35 points.

Senior forward Marty Perry

finished second behind Heflin with 14 points. Junior guard Ben Garwitz came up with nine points in the Cougars' loss.

Four players finished in double figures for St. Joseph's.

Sophomore center Corey Seegers led the way with 18 points and senior forward Brent Mason followed closely with 17 points.

Sophomore forward Jake Argenta and junior guard Hodges Smith picked up 11 points each in the Pumas' victory.

St. Joseph's finished its season at 8-18 overall and 5-15 in

the Great Lakes Valley Conference, placing the team at No. 9 in the final standings.

The Pumas were eliminated, along with Quincy University and SIUE, which finished 10th and 11th respectively.

Margenthaler finished his 10 years as SIUE's head coach with a record of 7-19 this season.

Perry broke the 1,000-point barrier Saturday in SIUE's 93-68 loss to the University of Indianapolis.

Perry's name was added to the 12 Cougars who have hit or bettered that mark.

see COUGARS, page 10

## Men's track has two GLVC winners

CHENOA GLENN  
SPORTS STRINGER

The men's track team ran away with a third-place finish in the Great Lakes Valley Conference Indoor Championship over the weekend and brought home two individual conference champions.

The 1,600-meter relay team, consisting of senior Ryan Gold, sophomore Kevin Koller, junior Tyrone Walker and freshman Jeff Fearday, ran for first place and a new conference record in a time of 3 minutes, 19.33 seconds.

The distance medley relay

team of sophomores Richard Skirball and Darren Dinkelman, and freshmen Steve Ogunjobi and Ryan Boyle earned second place with a time of 10 minutes, 26.09 seconds.

The 800-meter relay team with Gold, Walker, senior Bill Wolfe and junior Marvell Seals finished in second place in 1 minute, 31.91 seconds.

Skirball turned in a winning performance and a new conference record in the 800-meter run with his time of 1 minute, 55.68 seconds.

Senior Josh Benton won the high jump when he cleared 6 feet,

6 inches, and finished in sixth place in the triple jump with a jump of 40 feet, 6.25 inches.

Among the All-Conference honorees was sophomore Lee Weedon, who finished second in the shot put with a 47-foot toss.

Wolfe earned All-Conference honors twice this weekend, placing second in both the 55-meter hurdles, with his time of 8.03 seconds, and the 200-meter hurdles, which he ran in 26.53 seconds.

Wolfe also posted his personal best and a fifth-place finish in the pole vault with his height of 14 feet.

see MEN'S, page 11

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## TRACK

from page 8

Witte earned the Female Freshman of the Year award and took All-Conference honors. She finished the 800-meter run in second place with her time of 2 minutes, 21 seconds.

Stephens improved as well, finishing just behind teammate Witte with her time of 2 minutes, 22.42 seconds. Stephens also ran the mile, earning fourth place with her time of 5 minutes, 16 seconds.

Howard ran to third place in the 400-meter dash in 58.22 seconds. She also took sixth place in the 200-meter dash with a time of 26.76 seconds.

Sophomore Carrie Carducci finished in third place in the 5,000-meter run at 19 minutes, 10 seconds.

Sophomore Maria Ewersman, who has been struggling with shin problems all year, didn't seem to notice them when she broke out her fourth-place performance in the 5,000-meter run in 19 minutes, 18 seconds.

Freshman Carmen Scott performed well in the triple jump, resetting her school record and earning a fourth-place finish with her jump of 35 feet, 5 inches.

## COUGARS

from page 9

Perry scored 20 points to lead the Cougars in their final game of the season. In his three seasons at SIUE, Perry has tallied 1,013 points.

Two other SIUE players also finished in double figures. Freshman guard Rob Baumgardner had 17 points while junior guard Garrett Thomas came up with 11.

Indianapolis shot 100 percent from the free-throw line, converting on all 11 chances. The Greyhounds committed no fouls in the first half.

Senior guard Cedric Moodie was the leading scorer for Indianapolis with 22 points. Three other players also finished in double figures for the Greyhounds. Freshman guard

David Logan recorded 13 points, junior forward Brad Borgman had 12 points and freshman guard Cory Bennett picked up 10.

The Greyhounds will head to the GLVC Tournament with their 15-11 overall record and 11-9 showing in the conference.

They finished fifth and will meet the University of Southern Indiana, ranked No. 4, in the first round.

The Cougars finished up with an overall record of 7-19 and a 3-17 mark in the GLVC to place them at the bottom of the conference.

Perry and Heflin led SIUE throughout the season, ending up as the top two scorers. Perry averaged 17 points per game and Heflin averaged 13.6.



# Millennium of Peace Week

Schedule of Events

**The Female Candidate: Running for Political Office** with speaker Barbara Brown, Circuit Clerk, Randolph County  
Monday, March 4, 12-1:00pm Peck Hall 3316

**Panel discussion on "Women's Equality"**  
Tuesday, March 5, 11:12:30pm Goshen Lounge, MUC

**Panel discussion on "Women of Afghanistan Today"**  
Tuesday, March 5, 7-8:30pm Maple-Dogwood, MUC

**"Women through the Arts"** Prof. Blain to lead group activity, performances directed by Lisa Colbert-Bandeale  
Wednesday March 6, 11-1:00pm Goshen Lounge, MUC

**"Their Mother's Voices: African-American Women, Autobiography and Memory"** with speaker Dr. Shirley Portwood  
Wednesday, March 6, 5-6:00pm Peck Hall 3417

**GI Jane** - movie and presentation by women of the military  
Wednesday, March 6, 7:30pm Prairie Hall

**Guest Speaker Layli Miller**, Women's rights activist and Founder of Tahirih Justice Center  
Thursday, March 7, 7-8:30pm Redbud, MUC

**"I give up my voice" day**  
Friday, March 8

**Rosie the Riveter: Women at work in WWII** presented by Historyonics Theatre Company for children and adults  
Saturday, March 9, 3:00pm Dunham Hall Theater

Sponsored by Vice Chancellor for Student Affairs, Office of the Assistant Provost for Cultural and Social Diversity, Women's Studies department, the University Center Board, American Humanics, Amnesty International, and African Student Association.

Funded in whole or part by student activity fees.



## SOFTBALL

from page 8

Esker had another outstanding game going 3-for-3, hitting the game's only home run and knocking in four runs.

Senior third baseman Erin Newman went 2-for-4 with two RBIs in the game.

"Jenny's been playing very well for us right now," Montgomery said.

The Lady Cougars scored four runs in one inning Friday night for the third successive game against Lander University of Greenwood, S.C.

SIUE was trailing for the first time in the tournament, 1-0, going into the third inning, but the Lady Senators weren't able to hold on.

SIUE scored four runs in the fourth and one run in the seventh to win 5-1 and finish the first day of the tournament undefeated.

## MEN'S

from page 9

Koller finished in third place in the 400-meter dash with a time of 49.64 seconds.

Fearday was close on his heels with his fourth-place finish at 49.96 seconds.

Gold finished third in the

Junior RyAnn Spann pitched seven innings, striking out 11 and only allowing one run and three hits.

The Lady Cougars faced Wayne State University Saturday.

SIUE's defense was strong again as the team only allowed one run in a 4-1 win.

Georgia College and State snapped the Lady Cougar's nine-game winning streak in its second meeting and SIUE's final game of the tournament.

SIUE had the lead 3-1 going into the fifth inning, but Georgia scored two runs in the seventh and three in the eighth to win the game 6-3 and eliminate the Lady Cougars.

Esker hit her third home run of the tournament and had two RBIs in the game.

long jump with a distance of 22 feet, 8 inches.

He placed sixth in the 200-meter dash with a time of 22.85 seconds and eighth in the 55-meter dash with a time of 6.81 seconds.

# SIUE I.M. SPORTS

## 9-Ball Tournament

WHEN: FEBRUARY 26 @ 6:00 PM

WHERE: MORRIS UNIVERSITY CENTER  
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WHO: ALL SIUE STUDENTS, FACULTY & STAFF  
Anyone interested in participating in this tournament must sign up at 6:00 the night of the tournament. We will take registrations until 6:20 that evening. After this time, no one will be allowed to enter the tournament. Players may bring their own sticks. Each match will be the best out of three games, except the final where it will be the best out of 5 games. Standard 9-Ball rules will be used for the tournament.

This event is FREE to all eligible players!  
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## VOLLEYBALL LEAGUE

DIVISIONS: Men, Women & COED

REGISTRATION DUE: March 4, 9:00pm

ENTRY FEE: \$20.00/team

FORFEIT FEE: \$20.00/team

A member of each team must attend a mandatory manager's meeting March 6 at 4:30pm in the Vadalabene Center, Room 2001. Forms and fees should be turned into the Student Fitness Center Front Desk. Games are played Monday and Tuesday evenings. The league begins when we return from Spring Break, March 18 & 19.

Call 650-3245 for more information.

## WALLEYBALL LEAGUE

REGISTRATION DUE: Tuesday, Feb 26

ENTRY FEE: \$10.00/team

FORFEIT FEE: \$20.00/team

Wallyball is a fast moving game that combines volleyball skills and a racquetball court. Teams are made of 3 to 4 people, rules similar to volleyball, with one major catch, some of the walls are playable. A member of each team must attend a mandatory meeting Feb. 27 in Room 2001 of the Vadalabene Center at 4:30 PM. Teams not represented may be dropped from the league. All forms and fees should be returned to the Student Fitness Center Front Desk by 9:00 PM, Feb. 26. Registration forms are available next to the Student Fitness Center Front Desk.

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# Classifieds

◆ PAGE 12

A l e s t l e

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## PERSONALS

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To my ever growing neo Jennifer. Don't let go! Remember there must be rain before the rainbow. Much love, Makeeta. 2/26/02

To my glorious neos. I love you all so much. Remember to keep your head held high. Your prophyte Makeeta. 2/26/02

To my sorors of S.S. New Era - Continue to stand strong! Pretty in Pink, Gorgeous in Green. 20 pearls = a lifetime of love. - Chantay 2/26/02

TO MY BABIES!! Xhibit Ms. Propitious Skeematic Tempo Kimirical. Classic Virtuous Rectify and Xtremity, I am so very proud of you all!! Skee-Wee love always Speechless. 2/26/02

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Congratulations to all the new lovely ladies of Alpha Kappa Alpha. S.S. New Era. Much AKA love, S.S. Empirical Selection. Skee-Wee. 02/26/02

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California has a uniquely diverse population, and we're looking for teachers who embrace these differences and use them to enhance the learning environment. Because the Classroom Reduction Act of 1996 reduced class sizes to 20 students per teacher in grades K-3, we have a renewed need for teachers in those grades. We also have a great need for teachers who specialize in math, science, ESL/bilingual education and special education at all grade levels.

## Bring your teaching degree to California

Our commitment to education translates into real benefits for teachers: Starting salaries of \$34,000 to \$44,000 for first year teachers; up to \$19,000 in grants for education loans; no-money-down mortgages with low interest rates; and other incentives for teachers in areas of high need.

We need you in California. It's easy to get here. For more information, call toll-free 1-888-CalTeach (888-225-8322) or visit our website at [www.calteach.com](http://www.calteach.com).

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