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COUGAR MEN'S AND WOMEN'S SOCCER **TEAMS STAND FIRM** AGAINST UMSL ON A SWAMPY BOB GUELKER FIELD.

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PRIVACY CONCERNS WEIGH HEAVILY ON STUDENTS' MINDS.

WORDS OF WISDOM

"WHY NOT' IS THE SLOGAN FOR AN **INTERESTING LIFE."** -MASON COOLEY

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U.S. SOLDIERS GOING AFTER THE AMERICAN DREAM ... KIND OF.



ALTON EDMUSDILLE

♦ TUESDAY, OCTOBER 5, 1999

Southern Illinois University Edwardsville

Vol. 52, No. 12

MUC plans could hike students' fees

BY THOMAS OLSEN NEWS REPORTER

Renovations needed to the Morris University Center may mean an increase in fees for students, but just how much of an increase depends on the extent of the project.

planners Project university staff met Wednesday in the MUC for a presentation of the recommendations for the

Brian Hanlon of Brailsford and Dunlavey, a facility planning firm in Washington, D.C., said the recommendations for the renovation were based on focus group interviews and surveys conducted in April. Hanlon said those sources indicate that 75 percent of respondents were in favor of improvements to the MUC

Based on the market analysis, five plans have been proposed. These plans range in cost from \$11 million to \$26 Which plan is million. implemented will determine the fee increase to students, Hanlon

According to the planners' calculations, the fee increase could be from \$68 per semester to \$112 per semester, Hanlon

The planners said that the million deferred maintenance plan has to be done to update mechanical systems, meet the Americans with Disabilities Act requirements, complete a seismic analysis and meet life/safety codes.

see MUC, page 4

Like a rock ...



Corey Deist/Alestle

The rock was the victim of a vicious attack by roudy vandals who covered the rose quartz stone in concrete over the weekend. "I'm outraged," the rock said, "but, I'm just glad to be alive."

Crime stats released

BY PAT EBERS **NEWS EDITOR**

Campus crime is on the rise, according to the SIUE's annual security report.

In each of the last two years, the number of crimes reported by campus police has jumped. In the 1996, there were 49 crimes reported; in 1997, 67; and in 1998, there were 78.

Police Capt. Gina Hays said the rising numbers correlate to the increased number of campus residents.

"We also have an increase in on-campus living, we'll probably see another increase next year," Hays said.

Forcible sexual offenses have increased from one in 1996 to six in 1998. Hays said she believes this is due to increased awareness of sexual assault among college students.

She said educational programs have not only helped students realize when there has been a violation, but have made them more comfortable about reporting the offense.

"I think we're seeing an increase in reporting, not the crime itself," Hays said.

The most frequently occurring crime on campus is theft from vehicles parked here.

The number increased

from 47 in 1997 to 57 in 1998. In 1996 there were 25 incidents.

"Anytime you have an area where that many cars are parked, they're prime pickings," Hays said.

"We're trying to educate people about keeping their valuables out of view," Hays continued.

Hays said the university is committed to combatting this problem. The university has a police officer assigned to the Metro East Auto Theft Task Force, which helps conduct surveillance and investigations of high-crime parking areas.

Burglary has steadily dropped over the past three years; it has been cut in half from eight incidents in 1996 to four in 1998.

Alcohol arrests have dropped from 69 in 1996 to 30 in 1998. Cannabis possession arrests rose to 15 in 1998 after dropping from 14 in 1996 to eight in 1997.

The full report is published under the Federal Student Right To Know and Campus Security Act of 1990. It can be found on the Internet at http://admin.siue.edu/studentri ghtto.

Memorial service is set for SIUE grad student

BY ANTHONY WATT **NEWS REPORTER**

A memorial for an SIUE graduate student killed in a traffic accident Friday will be at 4 p.m. Wednesday in the Religious

Barbara Dyck, 26, was struck by a tractor-trailer at 4:53 p.m. Friday while riding her bicycle on a busy Edwardsville

Dyck was a student of the art and design department, and this was her first semester at SIUE. She had moved from Oakwood in Ontario, Canada.

The final investigation is not complete," Sgt. Scott Evers of the Edwardsville Police Department said. "We are waiting on the State Police accident reconstructionist to finish his investigation."

According to Evers, "The preliminary report is that Dyck was riding southbound on the 400 block of South Buchanan Street. The semi was passing her when witnesses said she appeared to lose control of her bike and fell underneath the truck as it was passing. Nothing indicates at this point that the driver or his vehicle were at fault in any way."

Evers said Dyck died instantly.

Dyck was a recipient of a competitive graduate award.

"We make up to 19 of these available a year based on academic potential," Kevin McCleary, associate dean of the Graduate School, said. "The winners receive a monthly stipend of \$675 and a waiver of tuition that supports them for a year."

Dyck was one of the 17 winners of the award for this year. Approximately 80 students

Dyck was pursuing a master in fine arts with a specialization in textile arts. Earlier this year she had recieved a bachelor in fine arts from Concordia University in Montreal, and a bachelor science in in Architecture from McGill University in Montreal in 1996.

Randy Rock, dean of students in the office of the vice chancellor for student affairs, said SIUE would provide counseling for friends or roommates and help the family in any way possible.

After Wednesday's memorial, there will be a reception in the atrium of the Art and Design Building.

(Ars longa, vita brevis.) Art is long, life is short.

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Business school eyes department merger

BY PATRICK EBERS **NEWS EDITOR**

The move is afoot to merge four departments into two in the School of Business, but the rapid pace at which it could happen has raised at least one man's eyebrows.

Dean Robert M. Carver has proposed a merger of the economics and finance departments, as well as the marketing and management departments in the coming year.

Carver said the move will increase efficiency of the department and make the curricula more appropriate for students entering the business

"What we've seen in the last two to three years is an explosion of the electronic marketplace," Carver said. "The area of future growth is from business to business through the Internet.

"By linking marketing and management into department, we can better train our students in the electronic

marketplace," Carver added.

Of the economics and finance departments, Carver said, "As a discipline, they have moved closer together."

Jack Kaikati, chair of the marketing department, and Donald Strickland, chair of management could not be reached for comment.

Donald Elliot of the economics department refused to

According to Jacky So, finance department chair, the proposal was brought forward Sept. 21, then followed by a onehour informational meeting Sept.

The vote for initial approval by the School of Business faculty was to be finalized today.

So has expressed concerns over the time frame for the

"The working papers say that due process for changes requires two weeks notice in writing," So said. "The minimum requirement has been met."

So, however, said he

believes that such an issue with so great am impact deserves more time for discussion.

So said he made motion at the Sept. 23 meeting for further discussion and research, but the request was denied because it was not a formal meeting, therefore no motions could be

So also said he and the other four finance department members will be attending the Management Financial Association International convention Wednesday, the day after the vote.

"All of the faculty have at least one paper solicited for presentation," So said of the convention. He said that because his faculty members have to prepare for their presentations, they will not be able to properly research the merger.

If approved by the School of Business faculty, the proposed merger will go to the faculty senate, then eventually to Provost David Sill and Chancellor David Werner for final approval.

Former SIU chancellor's two lawsuits thrown out

BY TIM CHAMBERLAIN **DAILY EGYPTIAN**

CARBONDALE (U-WIRE) ---A Williamson County judge Thursday afternoon threw out Southern Illinois University-Carbondale Chancellor Jo Ann Argersinger's lawsuits against the university and the SIU board of trustees because the complaints were filed in the wrong jurisdiction.

In one suit, Argersinger claimed a breach of contract took place when the board terminated her June 5. She asked for a court injunction reinstating her as chancellor. The complaint was dismissed by Judge William H. Wilson because Argersinger's action was against a state board and should have been filed in the Illinois Court of Claims.

All claims against the state upon employment contracts are in the exclusive jurisdiction of the Court of Claims, according to Wilson's ruling.

The other suit argued Argersinger was terminated without due process and in violation of the Illinois Open Meetings Act.

Open Meetings Act cases may be filed in circuit court, but the action should be brought in the circuit court in which the alleged violation occurred or where the affected public body has its principle office, court records said.

Judge Wilson noted the complaint alleged the infraction took place in Springfield, which is in Sangamon County.

Argersinger was terminated by the SIU board of trustees in Carbondale June 5. However, during a May 26 meeting of the board's executive committee in Springfield, Argersinger was offered a severance package and asked to resign.

Argersinger now has 30 days to file an amended complaint with new information that would allow the case to be heard in Williamson County or transfer the case to another court.

In both cases, Argersinger also asked that the university legal counsel be disqualified because Attorney General Jim Ryan should argue the case on behalf of the state. The motion to disqualify was denied in both

When contacted Thursday evening, Ronald E. Osman, Argersinger's attorney from Marion, said he was not aware of the decisions and refused comment.

Peter Ruger, university legal counsel, received word of the ruling Thursday afternoon and was "delighted."

"I hope they realize that this legal action against the university is an exercise in futility," Ruger said. "I hope that [Argersinger] and her supporters will start to devote their energy to moving the university forward.'

Daily Egyptian Managing Editor David Ferrara contributed to this article. Factoid: The court documents filed Thursday can be seen on the Daily Egyptian's Web site at www.dailyegyptian.com.

Scanner Campus

Process" is the title of the module at 2 p.m. today in the gymnastics room of the Student Fitness Another module, "Community Change: What a Leader Needs to Know," is at tonight Mississippi/Illinois rooms of the Morris University Center.

Theater: Arthur Miller's "The Crucible" will be performed at 7:30 p.m. Friday and Saturday Oct. 8, 9, 15 and 16 in Katherine Dunham Hall theater. Tickets are \$5 for students, faculty, staff and senior citizens. Tickets for general admission are \$7. For ticket information, call 650-2774.

Volunteer: The Student Leadership Development

Leadership Program needs volunteers to help Sunday, Oct. 17. Campus fliers will inform families of the upcoming health fair which is part of the Fairmont Family Day Oct. 30. Participants will depart from Parking Lot B at 10 a.m. and return at 1 p.m. Call 650-2686 for more information.

> Alcoholics Anonymous: An AA group for students will meet every Monday evening from 5 to 6 p.m. in the Missouri Room of the Morris University Center. It is supported by Counseling Services, the MUC and the Wellness Program. For more information, call Peterson at 650-2197.

> Outdoor recreation: Hike at Pere Marquette State Park,

Development Program: "Group distribute fliers Saturday. The Recreation is sponsoring this 8mile walk up the Great River Road through Alton, Grafton and Elsah. Meet at 9:30 a.m. in the Vadalabene Center parking lot and return at 3:30 p.m. Reservations are required by Wednesday, Oct. 13. Bring good walking shoes, a camera, binoculars and a picnic lunch. For reservation information, call 650-

> Books: The "Book in Every Home" campaign wants to collect at least 3,000 books this year. Drop off children's books at special boxes throughout campus, as well as at the East St. Louis Center and the School of Dental Medicine in Alton.

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We reserve the right to edit letters for grammar and content. However, great care will be taken to ensure that the message of the letter is not lost or altered.

Letters to the editor will not be printed anonymously except under extreme circumstances

The Alestle is a member of the Illinois College Press Association and the Associated Collegiate Press.

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The Alestle is published on Tuesdays and Thursdays during fall and spring semesters, and on Wednesdays during summer semesters. For more information, call (618) 650-3528.

Have a comment?

Let us know!

Send us an e-mail:

alestle editor@hotmail.com

The Alestle Campus Box 1167 Edwardsville, Ill. 62026-1167

Notification creates worry of privacy invasion

EAST LANSING, Mich. (U-WIRE) – The university would overstep student privacy boundaries by notifying parents of alcohol and drug violations.

Michigan State University administrators are debating whether their right to contact parents when students under 21 break university alcohol and drug rules. This right was given to universities by the recently revised federal Family Educational Rights and Privacy Act. Under MSU's current policy, parents are contacted only if a student is taken to a hospital via ambulance.

The university should not implement these policies – legal under the recent changes – primarily because an 18-year-old is legally an adult and should be treated accordingly. This policy would infringe upon adult rights and cause students to be treated differently than the rest of the adult population.

It is questionable whether having the university bridge the communication gap between students and parents will be effective. Parents who already are oblivious to the idea that their child has a drug or alcohol problem may not benefit from the university's efforts to inform them.

An honest relationship between students and parents is built on a firm foundation of trust. If MSU officials notify parents of their child's wrongdoing, they may damage that trust. Students may reminisce about grade school days when the principal called home. Students who make their beds, pack their lunches and do their homework without being reminded deserve more respect from the university.

Parents of a young adult not enrolled in college would not be notified under any circumstances if their 18-year-old were to commit a crime. The university should not enter into the business of implementing new methods of law enforcement. The primary mission of universities such as MSU is to educate students, and these institutions should be wary of engaging in a moralistic rather than academic course of action.

MSU President M. Peter McPherson should be commended for seeking the

recommendation of ASMSU, MSU's undergraduate student government, on the matter before finalizing his decision. McPherson seems committed to keeping the dialogue between students and administrators open on the topic of possible solutions to MSU's problems with underage alcohol consumption

MSU's policy of notifying parents when a student is hospitalized or in an emergency situation is necessary and fair. However, taking this policy any further would be a violation of students' right to privacy and may be harmful to the parent-student relationship.

Parents cannot be forced to take an active, positive role in their student's life. Eventually students, like all adults, must take sole responsibility for their own actions. Only when students take on this responsibility will they mature into responsible, self-sufficient, adults.

Staff Editorial The State News (Michigan State U.)

Letters from home, a humorous look at hometown relatives

This is the fifth "letter from home" in a series of eight. Each letter is published on Tuesday.

Annie Scaggs thought she escaped from her kinfolk deep in the hills. She fled north, married for a little love, a lot of money and became Ayn Fortesque. But her backwoods family never lost a relative, and when they heard she had been hospitalized, they decided to pay her a visit. Her cousin Priney wrote several letters explaining their progress.

Dear Cousin Annie,

I expect you are getting plum wore out, but I just want to tell you we got things took care of because Dexter kept Cousin Marvin out of the home for peculiars. Dexter paid good attention to what Flora Belle said, and good attention to mite near everything else about Flora Belle too. Even as a young'un Dexter got all hang-dog around her. But between his mother and Eunice's mother, they weren't having none of what Dexter wanted. And they moved into her family's big home when they got married. But that's a whole 'nother story.

Anyway, a week ago, Paw asked the UPS man to come pick up the jug he boxed up for you. Those boys are a sight for sore eyes, always washed and ironed in their brown suits and caps, their cute knees peakin' under their shorts, and carrying their clipboards. Billy Bob invited them to share a snort or two of the family moonshine. Well, they said they didn't min if they did, because this was their stop. Now it don't take much of our likker to cross your eyes and those city boys were amashurs. Somehow or 'nother a fracus got started. Billy Bob went gallovantin' off the porch, jumped into the UPS truck and high-tailed it down the road spinnin' dust. The UPS boys set off behind, waving their brown caps and clipboards, coughing and hollering, "Stop thief."

Billy Bob came out of the woods about an hour later, and said

he left the truck on the railroad crossing where they could find it.

Nobody knew that Old Blue had gone along for the ride, and he got all nervous about the boxes jumping around in the truck. The UPS office says we have to pay for fumingating and cleaning the truck. Billy Bob is in trouble, so we sent him off to live with Cousin Fern. The deputy won't have sense to look for him there. We can't send Flora Belle to town because Eunice come home. So Tommy Joe is going to see Blossem Titworthy, the mayor. You should remember the Titworthy girls. There was four of them, all about six feet tall, weighed close to 200 pounds each with a big shock of red hair. You could spot them in a crowd. Blossem is sweet on Tommy Joe, despite his problem. And the two of them is the best shots in the county.

Tommy Joe helped Blossem Titworthy get elected mayor. They run her campaign right proper 50 feet from the polls at the general store. They just stood there with their shotguns easy under their arms, and not one of them good old boys across the hill voted against her.

Your cousin,

Priney Scaggs

By E.J. Gallo

Got a problem on campus?
Can't seem to get an answer to
your questions?
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If you can't get answers or solutions to your questions, let the Alestle know.

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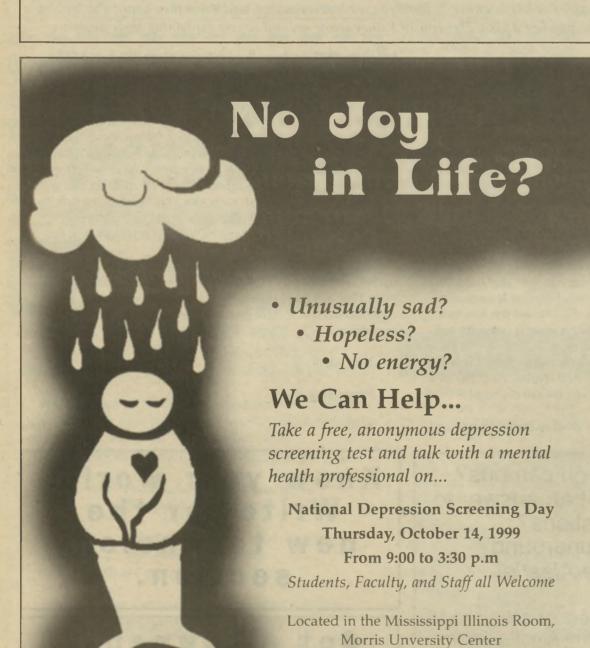
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Watch your credit rating

BRIAN WALLHEIMER NEWS REPORTER

Students all over the country have found that a bad credit rating can haunt them for the rest of their lives.

The U.S. Student Association has teamed up with MasterCard to educate college students on the importance of a good credit rating. The companies feel that teaching students to manage personal finances now will benefit them in the future.

The USSA and MasterCard have created a Web site to let students and others know the importance of budgeting, responsible credit card use, repaying debts and maintaining a solid credit history. The site gives tips and worksheets that can help mange finances.

According to the Web sites, the first way to keep out of credit problems is to create and maintain a budget. By figuring out expenses and comparing that with income, one can eliminate overspending and debt. If expenses are greater than income, a person needs to create more income or, in most cases, cut expenses.

After a budget is made, it is important to stick to it. Many people drift from their intended budget and end up in debt they did not expect.

According to the Web sites, many factors are involved in establishing good credit. The important thing is to remember not to go into debt. A bad mark on your credit report can come from late payments on bills, past denied credit, bankruptcies, foreclosures, tax problems, referrals to collection agencies and payment history on credit cards etc.

Another key issue in managing finance is creating a good credit report. A credit report is basically a report card of your

credit history that serves as a guideline for establishing new credit.

A credit report can make or break a person trying to get new credit. If bad credit has been established, other companies and banks will be reluctant to take a chance.

Only certain people can see a credit report. Mainly the reports are viewed by banks that give loans, landlords before leasing properties and employers looking to hire new help. People can request a copy of their credit report at any time.

This report is free if they have been denied credit, but the usual fee for others is approximately \$8.

It is also important to remember that establishing good credit is much easier than fixing bad credit. Paying bills on time will establish good credit. Also, getting as much credit as possible and keeping it out of trouble will establish good credit. Bad credit takes up to seven years to erase from a credit report and can keep a person from establishing new credit, according to the Web site

If bad credit occurs, the best bet is not to let it get any worse. Once credit is bad, creating good credit is the only way to regain a good credit standing.

Some simple ideas can keep credit problems to a minimum. For example, pay bills and loan payments on time, budget your income and do not charge things to credit cards that cannot be paid off easily, review your own credit report and make sure it is correct. If it is not, work with the credit bureau to fix the mistakes.

Do not overdraw on bank accounts or exceed limits on credit cards. Also, do not forget about recurring bills such as subscriptions and club dues.

For more information, visit the Web sites at http://www.credittalk.com or http://www.usstudents.org.

MUC - from page 1

The second plan includes the deferred maintenance plus \$2.5 million in dining facility improvements.

The third plan calls for a full dining facility renovation, opening the access to the recreation center, expanding Union Station and the deferred maintenance.

The fourth plan for \$22.5 million includes everything in the third plan plus bookstore renovation, a coffeehouse, a computer lab and atrium.

The \$26 million plan five adds renovations to the restaurant and conference area and entrance

towers

Vice Chancellor of Student Affairs Narbeth Emmanuel said a referendum should be conducted to find out how much students are willing to spend for improvements.

Hanlon said responses from the 1,200 returned surveys indicated 52 percent supported major improvements with the \$112 per semester fee increase, a \$68 per semester increase for limited improvements was supported by 23 percent, and 8.2 percent support only the deferred maintenance upgrades.

Know your world. Read the Alestle.

New campus chaplain offers "liberation theology" to SIUE students BY TINA FOSTER



Margaret Mazurek/Alestle SIUE's new chaplain, the Rev. Cherle Elizabeth Hambelton.

NEWS REPORTER

The Rev. Cherie Hambleton is a new chaplain of the United Campus Ministry on Sunday.

Hambleton came to SIUE after working in Washington, D.C., for the Lutheran Volunteer Corp. She and others in this organization place volunteers in nine different cities across the country. She also initiated programs for religious retreats and offered counseling for the volunteers.

"I had a two-year commitment to the LVC," Hambleton said. "I did not feel I was called to a parish. I enjoyed working with students, so I thought this would be a good place for me to work."

Hambleton also worked as

alumni coordinator for Baltimore Wilmington College, working with students just graduating from college, offering them counseling in spirituality.

She wants students to get in touch with their spiritual side.

"This generation was brought up to talk about sex, and somehow spirituality has become taboo," Hambleton said. "I want to talk about issues that will bring spirituality into our lives."

Hambleton does not want to be a typical "preacher."

"I have an interest in liberation theology," Hambleton said. "I talk about the 'forgotten about' populations. I feel I was called by God to speak out against injustices."

Some topics Hambleton talks about at her prayer and discussion groups are feminist and economic issues.

Hambleton is an ordained minister from the United Church of Christ. Her services are held 1 p.m. every Sunday at the Religious Center. She also has a Wednesday evening dinner and prayer group starting at 6:30 p.m.

If you are interested in joining in her discussions, she holds the Coffee House Discussion Group 7 p.m. every Thursday in the Religious Center.

"We talk about different issues of spirituality that are pertinent to this age group." Hambleton said.

For more information about events and discussion groups, call the Religious Center at 650-3246.

Flu shots: come and get 'em

BY NEAL HAMM **NEWS STRINGER**

shots will be offered at the Madison County Health Department during October and November.

"This is the primary flu season," said Debra Tscheschlok, personal health service manager at the department. "I encourage everyone to get a flu shot."

Tscheschlok said that flu and pneumonia are the fifth-leading cause of death to senior citizens.

"The flu," Tscheschlok said, "is not the intestinal bug that a lot of people think it is."

She said that it is a virus spread from person to person accompanied by the symptoms of high fever, chills, dry cough, headache, runny nose, sore throat, and muscle and joint pain.

"The flu is a highly contagious infection of the nose, throat and lungs," Tscheschlok said. "It's easily spread from person to person, primarily through coughing and sneezing."

She added that influenza can lead to pneumonia, further development of existing heart lung problems, hospitalization and even death.

She said that seniors are at high risk for complications of pneumococcal disease.

"Pneumococcal disease can lead to serious infection of the lungs called pneumonia," Tscheschlok said. She added that pneumococcal disease accounted for more deaths than all other vaccine-preventable diseases.

Data indicates that fewer than half of Madison County non-HMO Medicare seniors received the flu vaccine in 1997.

"The vaccines will help reduce the risk of getting the flu and pneumonia, but it does not eliminate it," Tscheschlok said.

She said that the vaccines Influenza and pneumonia are made according to the major strains of flu and pneumonia on the globe in a particular year.

> "The vaccines are different every year," Tscheschlok said.

She said that the best way to help prevent the flu and pneumonia is to have the vaccine because over-the-counter drugs are not a valid substitution.

"They are made to help ease the symptoms," Tscheschlok

"There are two things that you can do to help prevent the flu. You can be healthy, and you practice good hand washing," she said.

Tscheschlok added that these are the best ways, other than getting the vaccine, to prevent the contagious infections.

Tscheschlok said that the vaccines will work throughout the entire flu season which may last as long as March or April.

"The vaccines usually start to work within two weeks after getting them," she said.

The Madison County Health Department offers both the flu and pneumonia vaccine. The vaccines are given on a walk-in regular during immunization clinic hours which are 2 to 5:30 p.m. Monday, 9 to 11:30 a.m. Tuesday, and 1 to 4:30 p.m. Wednesday. The cost is \$8 for the flu vaccine and \$16 for the pneumonia vaccine.

Flu vaccines are also available at student health services in the basement of Rendleman Hall. The cost is \$8.

For more information call the Madison County Health Department at 618-692-8954, or call student health services at 650-2850.

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ement. ² Standard & Poor's Insurance Rating Analysis, 1999; and Lipper Analytical Services, Inc., Lipper Directors Analytical Data 1999 (quarterly). 3 Marningstar Variable Annuites Tale, 6/30/1996). Of the 6/32 variable annuites racked by Morningstar, the average fund had total fees combining annual expenses of 0.84% plus an insurance expense of 1.26%. TIAA CREF expenses are subject to change and are not guaranteed for the future. Past performance is no guarantee of future results. TIAA CREF Individual and Institutional Services distributes CREF certificates and interests in the TIAA Real Estate Account. For more complete information, including charges and expenses, call 1 800 842-2776, extension 5509, for prospectuses. Read them carefully before you invest or send money

BREAKING FROM THE NORM...

Choosing an alternate lifestyle

BY TOBIE DEPAUW **ASSISTANT LIFESTYLES EDITOR**

Vegetarianism is a diet. Vegan is a way of life.

Sometimes there are terms that float around the media and society that are vaguely defined and often misunderstood. "Vegan" is a word that fits the aforementioned category all too well.

In more open-minded locations across the country, vegans are catered to and provided for quite readily. Edwardsville is not one of these places.

Vegan (pronounced like "begin," not "pagan") is a lifestyle that calls for strong willpower and social confidence. Webster's Dictionary defines vegan as "a vegetarian who eats no animal products."

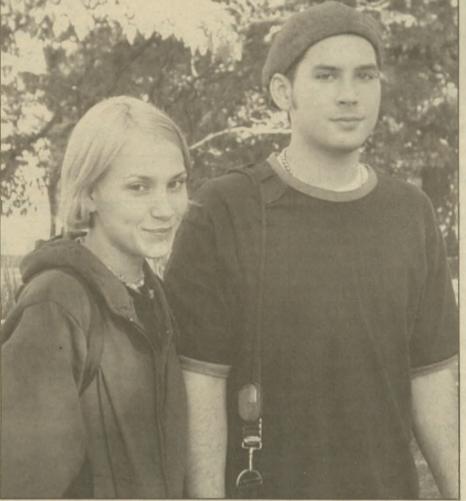
Unfortunately, Webster falls short, way short, in defining the vegan lifestyle. Not only does a vegan not consume any animal products, such as meat, milk, eggs, etc., but also a vegan does not consume any animal byproducts, which include honey, refined white sugar (processed with animal bone), gelatin (assorted animal products used for texture) and any other product that contains anything derived from any part of any animal.

Veganism is more than a diet because its guidelines branch out much farther than just what to eat.

Vegans do not buy or wear any clothing made from animals, including leather, silk (the product of silk worms) or fur in any form. They do not support any institution that exploits animals, including zoos and circuses. This statement automatically ties vegans to radical animal rights activists. This is not always the case. Every vegan is not necessarily an activist.

Stephanie Baranowski and Pete Motykowski, both SIUE sophomores, have been vegans for almost two years. Stephanie had been a vegetarian for 11 years before she became a vegan. They both agree it is a good idea to try vegetarianism first.

They have had to struggle every day with SIUE food service. SIUE officials seem to think the salad bar is the answer to vegetarian requests. Unfortunately, the



Tobie DePauw/Alestle

Stephanie Baranowski and Pete Motykowski choose a lifestyle that requires great will power - veganism.

salad bar contains meat, cheese or eggs in its selection more often than not.

"If they are trying to cater to vegetarians with a salad bar, why do the salads always have meat in them?" Motykowski said.

According to Baranowski, "The cheese is always mixed into the lettuce."

If there are any scraps of meat, egg or cheese in the lettuce at all, Motykowski and Baranowski consider the whole bin inedible. Last year, they said, they survived on apple sauce, bagels and salad (when consumable).

Another solution the school offered was veggie burgers and veggie subs, but the burgers have milk in them and the bread was out of the question because it contains animal fat.

Baranowski talked to Chancellor David Werner last year. She informed him of the problems with the salad bar and suggested a fruit bar. As of yet, no noticeable action has been taken to improve the conditions.

"Some people [at food service] are very courteous, like the time a lady made us carrots without butter, but other people look at you like you're a heart attack," Baranowski said.

It was far easier for Motykowski to explain that he was lactose intolerant than to try and explain what vegan meant.

Jamie Schmidt, a friend of Motykowski's, faced the same difficulties at Virginia Tech and definite action was taken. Schmidt was an employee of the school and the employee meal plan did not cater to the needs of a vegan at all. Using the comparatively large vegan population in the area, volunteers manned an "in your face" campaign and blanketed the campus with information until school officials decided to cooperate. There are now three vegan meals served daily on that campus.

Motykowski and Baranowski may not see the changes but changes have been made if you look at the big picture.

"The university is doing a better job now than ever before," said Cynthia

Cooper, an assistant professor of mass communications. "[It] has come a long way to understand that vegetarianism does not include chicken or fish."

Presently Cooper would consider herself a vegan if not for the fact that she does consume cheese. That is her only breach of definition.

Cooper has been a professor here for four years and has noticed a huge difference in the attitude of the university.

While attending the University of Tulsa, Cooper said she had an incredibly tough time being a vegetarian. Once she graduated, she had more time and liberty to

see VEGAN, page 11

ARTHUR MILLER'S WITCH-CRAZED DRAMA COMES T

BY TOM KENNEDY LIFESTYLE STRINGER

Love, betrayal, deceit and murder. If Arthur Miller's "The Crucible" were set commentary," Cocuzza said. "We plan in the '90s, it would be like an episode of "Melrose Place" or a made-fortelevision movie.

Miller used the Salem witch trials of the 17th century, one of the darkest bits of American history, to mask the most brilliant social commentary of the 1950s.

AT SIUE, the Miller play will be directed by theater veteran Peter

Cocuzza, an assistant professor in the department of theater and dance.

"We are not going to hit the audience over the head with any social on focusing on the love story" in the

Cocuzza added that the SIUE production will stay true to the original form of "The Crucible." Specifically, the production refrains from drawing any present-day social parallels. This will leave the cast free to explore the love story more in depth.

This freedom for the characters will

translate into more freedom for the audience. People seeing this play for the first time, without being aware of its history, will be able to apply the themes to any modern persecution problem they see in today's society

The set appears to be the most creative and innovative design in recent campus productions.

Sarah Maxfield, who plays Abigail Williams, is a veteran of campus productions. Her credits include "Shadow Box" and "Hamlet." Maxfield lends experience, credibility and excellent acting to this production.

"The Crucible" opens at 7:30 p.m. Thursday with the preview night. Performances will continue at 7:30 p.m. Friday and Saturday. Performances will again be offered at 7:30 p.m. Oct. 15 and 16. A matinee show will be presented at 2 p.m. Oct. 17. All performances will be in Dunham Hall

Ticket prices are \$7 for general admission and \$5 for students. Tickets can be ordered by calling 650-2774 or toll free at (888) 328-5168, Ext. 2774. Tickets can also be purchased at the box office in Dunham Hall.

Hidden treasures in the sand

"THREE KINGS" IS THE LATEST ACTION ADVENTURE...ONLY THIS ONE HAS A DECENT PLOT

BY ANDREW LEHMAN LIFESTYLES STRINGER

In the midst of the Gulf War cease-fire of 1991, four disoriented soldiers, who seem to want nothing other than to leave the barren desert, embark on a journey to find millions of dollars in gold.

This is the premise for the unique action/drama, dark-comedy "Three Kings."

This is director David O. Russell's third film. His first film, "Spanking the Monkey," premiered at the Sundance Film Festival where it won the Sundance Audience Award in 1994. Russell's second film, "Flirting with Disaster," appeared on more than 30 critics' Top Ten Best Films for 1996.

Russell assembled an off-the-wall and unlikely cast for "Three Kings." The three leading roles are portrayed by George Clooney, Mark Wahlberg and Ice Cube.

Clooney plays the disgruntled Sgt. Maj. Archie Gates, a Green Beret whose extensive military experience left him cynical about the Gulf War and reluctant to take orders from anyone other than himself.

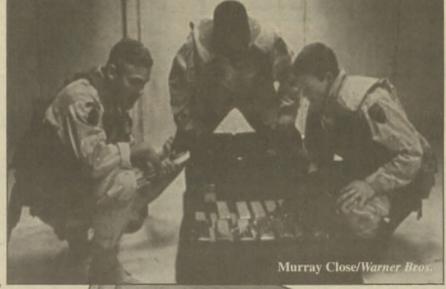
Clooney, who faltered in his role as Batman in "Batman and Robin," won critical acclaim for his role in Elmore Leonard's "Out of Sight." Clooney has recently finished production on the Coen brothers' latest film "O Brother, Where Art Thou?" and is now working on his starring role in Warner Bros.' "The Perfect Storm."

Mark Wahlberg shines in his role as Sgt. Troy Barlow, a young, honest and capable Army Reserve soldier. Barlow's main concern is the safety and wellbeing of his wife and newborn daughter, which prompts him to go on the gold hunt.

Wahlberg began his film career in the off-beat military comedy "Renaissance Man." He followed that up with "The Basketball Diaries" and "Fear." Box office success came with the release of "The Big Hit." Wahlberg's most recent release is "The Corrupter."

Ice Cube plays the religious Chief Elgin, a one-time baggage handler at Detroit Airport. Elgin's strong Christian beliefs and unwavering commitment earn him respect among his fellow soldiers.

Considered to be a modern-day Renaissance man, Ice Cube is an actor, screenwriter, director, producer, rapper and music producer. He wrote, directed, produced



and
starred in
"The Player's
Club." He also wrote and
starred in the soon to be released
"Next Friday," the sequel to "Friday," a film
that he starred in, co-wrote and co-produced.

Spike Jonze makes his acting debut in "Three Kings." Jonze plays the part of Conrad Vig, a red-neck and high school dropout. Vig's only purpose in fighting in the Gulf War is to have a grand adventure that he can embellish in the bars back home.

Jonze is an award-winning director of music videos, short films and commercials. His latest film is entitled "Being John Malkovich." Jonze also directed the music videos for Sean Lennon's "Home," Puff Daddy & the

Family's "It's All About the Benjamins" and the Beastie Boys' "Sabotage."

This unique cast compliments the equally unique story of "Three Kings."

After the cease-fire, Sgt. Barlow stumbles upon a map that locates the position of Saddam Husein's strategic bunkers. Barlow, Chief Elgin and Conrad Vig do their best to keep the map a secret. However, when Sgt. Maj. Archie Gates learns of the discovery, he takes over the operation.

Gates is convinced that these bunkers hold Saddam's gold supply, which he stole from the Kuwaiti sheiks. Gates persuades the other three soldiers to help him steal an estimated \$23 million in gold.

Gates, who is supposed to help journalist Adrianna Cruz ("Saturday Night Live" veteran Nora Dunn) get her Emmy-winning story, sends her on a wild-goose chase across the Iraqi desert. Meanwhile, the four absent-without-leave soldiers head to one of Saddam's hidden bunkers

What follows is a wild adventure across the desert filled with action, drama and suspense, much like the classic "Lawrence of Arabia." The soldiers face unexpected moral decisions concerning the citizens of Iraq, not to mention the problem of what to do with the gold.

Director Russell offers an intriguing look at the war film genre. He used a process called bleach bypass to give the opening of the film a colorless edge and more of a documentary look.

When the soldiers venture into the desert, Russell changed the film stock to Ektachrome, a film commonly associated with use in still cameras. The film stock provides amazing and often surreal colors that show how the soldiers are disoriented by their unfamiliar surroundings.

By the end of the film, the stock returns to the bleach bypass of the opening, except with more color. This mirrors a sense of acclimation to the soldiers' surroundings.

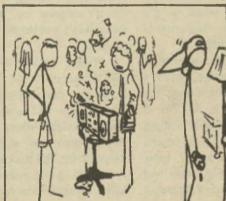
"Three Kings" is rated R due to violent content, adult subject matter and language, runs approximately 115 minutes and is showing in theaters everywhere.

STICKMAN

BY: CYNTHIA KRUCHTEN



AFTER YOU SPILLED YOUR DRINK AND FRIED THE STEREO, YOU SPENT THE REST OF THE EVENING IN A CORNER AVOIDING EYE CONTACT.





I STILL MANAGED TO HIT IT



Volleyball. 7 p.m. Friday against Wisconsin-Parkside at Kenosha, Wis.; 1 p.m. Sunday at Bellarmine College at Louisville, Ky. Women's tennis. Friday through Saturday, GLVC Championships at Indianapolis, TBA. Soccer. 6 p.m. (women's) and 8 p.m. (men's) Saturday against Wisconsin-Parkside (Home).

♦ PAGE 8

IHE ULESILE

TUESDAY, OCTOBER 5, 1999

Cougars have deja vu at home

Lady Cougars beat Riverwomen, 4-1; Cougars beat Rivermen, 4-1

BY ANDREW LEHMAN SPORTS REPORTER

On a cold, wet Saturday night, the SIUE women's soccer team extended its winning streak to six.

The Cougars, 6-2 overall and 5-0 in the Great Lakes Valley Conference, defeated conference rival University of Missouri-St. Louis Saturday by a score of 4-1.

SIUE jumped ahead early by scoring the game's first goal at the 1:50 mark. Megan Beagles, who scored her second goal of the season, gave SIUE the early lead. Melissa Montgomery added one of her two assists of the night during the play.

After five more minutes of intense pressure, SIUE added to the lead. After an excellent pass from Colleen Creamer, Kristi Stedman split the UMSL defense with a burst of speed and scored her second goal of the season at 7:03. Creamer's assist was her second on the season.

The Cougar defense stonewalled UMSL for the first 35 minutes of the half. Members of the frustrated UMSL defense, who seemed tired, cold and wet,



Margaret Mazurek/Alestle

SIUE's Colleen Creamer (left) assisted on Kristi Stedman's goal.

proceeded to put the ball in their own net, scoring for the Cougars.

In the last 10 minutes of the half, the Cougars looked tired themselves. Jennifer Terbrock, with an assist by Lindsay Jones, put UMSL on the board at 36:30. UMSL took advantage of an opportunity that it would not have had earlier in the half. The weather had taken its toll on the Cougars.

SIUE led at the beginning of the second half 3-1. It would not remain that way for long.

On what appeared to be a broken play, Heather Bebe scored her second goal of the season at 58:44. After a Cougar corner kick

into a group of players in front of the UMSL net, Creamer gained control of the ball and found a wide-open Bebe at the top of the box. Bebe booted it in, and Creamer recorded her second assist of the game and third of the season

Bebe's goal was the final tally of the game. Toward the end of the game, play got choppy with a few high elbows and lackluster passing. The weather had proven to be a formidable foe for players, coaches and fans.

The Cougars hope to continue their winning ways tonight against Rockhurst College in Kansas City, Mo.

BY RICK CROSSIN
ASSISTANT SPORTS EDITOR

The SIUE men's soccer team played its best game so far this season Saturday night, and did so in some the worst conditions as well.

The Cougars beat the University of Missouri-St. Louis 4-1 at a cold and soggy Bob Guelker Field.

"These kids have grown up playing under these circumstances," head coach Ed Huneke said. "The field is in very good shape."

The Cougars looked like they were in good shape as well, scoring twice in the first half. Both goals were scored by midfielder Justin McMillian. The assists went to Justin Huneke on the first goal and Brad Kroenig on the second.

The Cougars got goals from Justin Huneke and Yuzuru Takami in the second half. Jeff Stegman scored the lone goal for the Rivermen.

McMillian leads the team with six goals and said he wasn't affected by the conditions.

"It was raining off and on the City, Mo.

whole time and it was cold, but you just have rise above it," McMillian said. "I just put it away when it was there."

The Cougars improved their Great Lakes Valley Conference record to 4-1 and 5-4 overall.

The play seemed to get more physical as the game went on, with a lot of pushing and shoving. Coach Huneke said, "They start using that (the weather) as an excuse for getting sloppy."

The Cougar defense was overshadowed by a good offensive night. SIUE held UMSL to five shots and just one corner kick the entire game.

Junior goalkeeper Donny Sheehan had three saves for the Cougars. Freshman goaltender Bret Richardson also made an appearance, but faced no shots.

"We played really well as a team," coach Huneke said. "We were believing in ourselves a lot more as well."

With the loss, the Rivermen dropped to 1-4 in the GLVC and 3-7 overall.

The Cougars will play their next game against Rockhurst College at 2 p.m. today in Kansas City, Mo.

There's no place like home

Lady Cougars win Cougar/Bearcat Challenge on home turf

BY TONY AMMANN SPORTS EDITOR

What a difference a month makes.

The Cougar men's and women's cross country teams held the Cougar/Bearcat Challenge Saturday at SIUE. Both teams showed improvements from the last time a race was held here.

The women started the day off with a race at 10 a.m. The Lady Cougars dominated the course from the sound of the gunshot until the last runner crossed the finish line.

At the first mile marker of the 5-kilometer race, SIUE's Amanda Bozue came up the inclined pathway in the No. 5 spot. Teammates Shelly Friberg and Lisa Ribes were right behind her at the No. 6 and 7 spots respectively. Friberg, who had never finished ahead of Bozue all year, was just warming up. Jill Irlam was the final Lady Cougar to pass the 1-mile marker, at a respectable 27th place.

As the runners made their way out of the woods and to the second mile marker, many expected to see Bozue sticking her head out first for the Lady Cougars. Bozue, who had finished first on the team in each of SIUE's first three races, now saw Friberg in front of her.

"She's still coming on as the season has progressed," head coach Darryl Frerker said. "It doesn't surprise me, but at the same time I was happy to see her up front."

Friberg passed the second mile marker in the No. 4 position. Ribes also passed Bozue in the second mile and was just two runners behind Friberg at No. 6. Bozue, who was suffering an injured knee, fell back to No. 8.

At this point in the race, the Lady Cougars showcased five runners in the top 5. Bridget Fitzpatrick and Stephanie Mullen filled the No. 9 and 10 places respectively.

The Lady Cougars had a comfortable lead and plenty of insurance in their rearview mirrors. Penny Simons, Alissa Alberts and Irlam were a close 15th, 21st and 23rd respectively.

"As I said before, we have more than five ladies who can switch places in any one race," Frerker said. "We have a good core of ladies coming in a very tight pack."

The Lady Cougars sprinted their way to the finish line but probably could have walked and still won the race. Fitzpatrick, Mullen and Ann Miklovic all passed the injured Bozue in the last mile, finishing at Nos. 8 through 10 respectively.

Despite running the race in obvious pain, Bozue may have had the best finish on the team at No. 12. She immediately found see RACE, page 9



Jill Stevens/Alestle

SIUE's Amanda Bozue finished the race with a time of 20:30.27.

RACE

from page 8

the assistance of a trainer after in the race. the race and had her knee heavily bandaged and packed with ice. She finished 12th on a bad leg.

"Amanda would have been right with her (Friberg) if she had been 100 percent," Frerker said. "She's had some soreness creep in the past week that we need to correct. She has some swelling in her knee, but she had a little bit of a hamstring problem."

The Lady Cougars scored a minuscule 30 points to win the race. Lindenwood College scored 48 points but finished a distant second. Park College finished third and Oakland City brought up the rear with 105 points.

Sarah Korir of Lebanon won the race, just two seconds in front of second-place finisher Mikendra Massey of Park College. The two runners were neck and neck the entire race, and Massey finished almost a full minute ahead of third-place finisher Bevin Toomey of Lindenwood.

The SIUE men's team had a tough act to follow in the second and final race of the meet. The men fielded 11 runners in the race, as opposed to nine on the Lady Cougar's team.

SIUE sophomore Luke Standerfer led the team the entire race. At the first mile marker, Standerfer placed at No. 9. At this point three of the top eight runners belonged to McKendree College.

McKendree made its move early in the 8-kilometer race. At the second mile marker, the Nos. 1, 2 and 3 spots were represented by Bearcat runners. McKendree has been ranked as high as third National among Athletic Intercollegiate Association schools this season.

According to Frerker, Bearcat head coach Gary White All-Missouri/Border was without his two best runners Championships in St. Louis.

"I knew McKendree was going to be pretty tough this year," Frerker said. "To be honest with you, he did not run his top two guys today. They looked outstanding today. They're even better."

At the fourth mile marker, McKendree was even stronger, placing in every spot in the top seven except No. 4.

SIUE's Shawn Brundies made a strong showing. He was just four places behind Standerfer in the No. 17 slot.

"He's (Brundies) a very tough runner," Frerker said. "I have a feeling he's going to be right up there with the Nos. 1-2 bunch.'

Lindenwood College tried to make a run at McKendree in the final mile, but it wasn't enough. The Bearcats scored just 25 points to win the race. The Nos. 1 and 4 through 6 spots were filled by McKendree runners.

The Cougars finished third in the race. The top five spots were filled by Standerfer, Brundies, Andrew Warnsing (No. 18), Darren Dinkleman (No. 19) and Dan Walden (No. 22). SIUE scored 69 points.

Right behind Walden at the No. 23 and 24 positions were teammates Helaman Castillo and Andrew Anzalone. finishers for SIUE were Gawain Piper (No. 32), Dustin Gentry (No. 33) and Kevin Wiedman

"Outside of McKendree, I thought we'd be able to compete with anybody else here," Frerker said. "I was happy with the guys' performances today. They had a competitive nature that we were looking for."

The next meet for SIUE will start at 10 a.m. Saturday at the

Golf team wraps up season

SIUE finishes seventh at GLVC Championships

BY AARON CLOUSE SPORTS REPORTER

team placed seventh out of 10 in the Second Annual Great Lakes Valley Conference Championship Sept. 27 and 28. The tournament winner was University of Indianapolis. The tournament was at Oak Tree Golf Course in Indiana.

"We placed about where I thought we would since the girls did shoot up to their potential," said Larry Bennett, head coach of the Cougars.

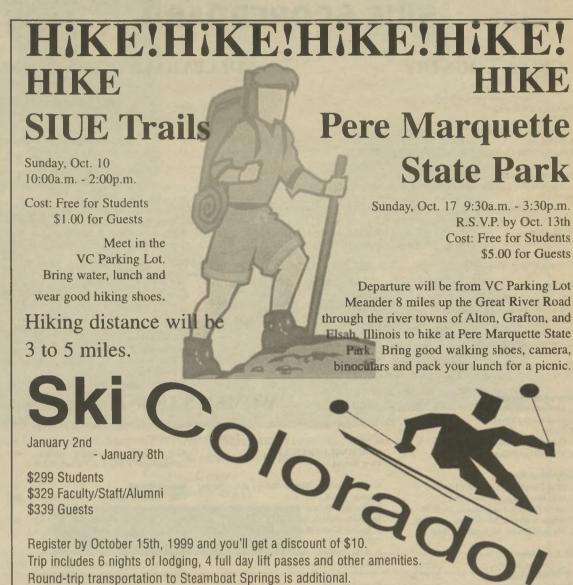
The Cougars highest placers were Spring Riley and Sarah Williams who tied for 26th in the tournament with a score of 179. Williams had the best single round for the Cougars with an 86

on the first day.

On the second day, she shot a 93. Riley scores were 90 and 89. The SIUE's women's golf The other two members of the women's golf team were Angie Duff and Melissa Lewis. Duff shot a 189 to place 33rd. Her scores for each day were 98 and 91. Lewis placed 36th with scores were 99 and 94 for combined score of 193.

"We were down to only four players by the tournament, which meant there was no margin for error," Bennett said. "The girls that stayed on the team were very dedicated."

The Cougars placed one spot lower then they did last season even though they did have a better score. The fall season is over for the women's golf team but they will restart in the spring.



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SIUE SCOREBOARD

CROSS COUNTRY VOLLEYBALL Saturday Cougar/Bearcat Challenge Women's 5 Kilometers SUNDAY I. SIUE at Bellarmine College 2. Lindenwood University 48 3. Park College 4.Oakland City University 60 Record Games 105 **Boston College** Indidvidual Results 1. Sarah Korir, Lebanon Cross Country Club, 18:17.01. SIUE STATISTICS 1. Lindsay Rust 2. Mikendra Massey, Park College, 18:19.09. KILLS 2. Meghan Daugherty 3. Bevin Toomey, Lindenwood University, 1. Linday Rust 15 3. Kathy Dulle 2. Audrey Husk 4. Heather Vaughan 11 4. Brooke Six, Lindenwood University, 3. Kim Gilman SATURDAY 5. Shelly Friberg, SIUE, 19:57.99 at Northern Kentucky University Record Games SIUE finishers 11-6 7. Lisa Ribes 20:15.92 Northern Kentucky 8. Bridget Fitzpatrick 20:17.93 9. Ann Miklovic 20:24.37 SIUE STATISTICS 10. Stephanie Mullen 20:28.92 1. Lindsay Rust 12. Amanda Bozue KILLS 2. Anne Ulrich 15 17. Penny Simons 21:02.36 1. Linday Rust 3. Kim Gilman 11 22. Alissa Alberts 21:44.06 2. Kim Gilman 4. Kathy Dulle 25. Jill Irlam 22:24.06 3. Anne Ulrich Men's 8 Kilometers WOMEN'S TENNIS 1. McKendree College 2. Lindenwood University 33 1999 Illinois Tennis Association NCAA II Women's Tennis Mid-American Regional 3. SIUE 69 Friday through Saturday 4. Oakland City University SIUE SINGLES RESULTS 5. MacMurray College First Round Indidvidual Results Mike Farrell, McKendree, 25:56.82 1. Dana Borgan (Grand Valley) def. Christy

Sean Birren, Lindenwood, 26:22.32 3. Bahar Ibrahim, Lindenwood, 26:30.18

4. Edwin Kiprotich, McKendree, 26:50.40 5. Michael Tomlin, McKendree, 27:08.42

SIUE misners	
12. Luke Standerfer	28:29.63
16. Shawn Brundies	28:57.80
18. Andrew Warnsing	29:26.23
19. Darren Dinkleman	29:34.13
22. Dan Walden	29:45.18
23. Helaman Castillo	29:46.24
24. Andrew Anzalone	29:52.48
32. Gawain Piper	32:17.97
33. Dustin Gentry	32:27.09
35. Gawain Piper	33:43.77

Ulavege (SIUE), 6-0, 6-0. 2. Suzanne Batten (Ferris State) def. Sarah

Hardimon (SIUE), 6-3, 6-2 3. Sharrie Kindig (Ferris State) def. Amy Nagle

4. Kim Mulherin (SIUE) def. Fawn O'Leary (Lake Superior), 6-1, 7-5.

Ellen Frost (Ferris State) def. Mulherin (SIUE), 7-5, 6-4.

SIUE DOUBLES RESULTS

First Round Amy Nagle/Ulavege (SIUE) def. Caryer/Harmeyer (Indiana University Purdue University Fort Wayne), 6-2, 4-6, 6-4. #2-5. Hardimon/Mulherin (SIUE) def. George/Pape (IUPU-Fort Wayne), 6-1, 6-1.

#7-8 Durova/Kotaskova (Northwood) def. Nagle/Ulavege (SIUE), 6-1, 7-5. #2-5 Hardimon/Mulherin (SIUE) def. Decker/LaBarge (Saint Joseph's), 6-1, 6-2.

Quarterfinals

#2-5 Hardimon/Mulherin (SIUE) def. #2-5 Giesler/Shockey (Indianapolis), 6-3, 6-4.

#2-5 Hardimon/Mulherin (SIUE) def. #6 Bentley/Frost (Ferris State), 6-3, 2-6, 7-5.

#1. Garvey/King (Ferris State) def. Hardimon Mulherin (SIUE), 6-1, 7-6(6).

Doubles team reaches finals

Hardimon/Mulherin take second at Mid-American Regional final

BY RICK CROSSIN ASSISTANT SPORTS EDITOR

For the SIUE women's tennis team, the weekend's matches were a chance to see just how well SIUE stacked up to other teams in the region.

Four members of the team participated in the Illinois Tennis Association Mid-American regionals in Indianpolis. Sara Hardimon, Kim Mulherin, Amy Nagle and Christy Ulavege played in both singles and doubles.

Mulherin was the only Lady Cougar to advance past the first round in singles. She lost in the second round to Ellen Frost of Ferris State University 7-5, 6-4.

Head coach William Logan thought his team played well this

"It was a tough tournament," Logan said. "We had some tough singles matches, but things went well in the doubles matches."

Mulherin and Hardimon

have been doubles partners all season and it showed as they reached the finals of the tournament, defeating Anne Bentley and Ellen Frost of Ferris State 6-3, 2-6, 7-5, in the semi-

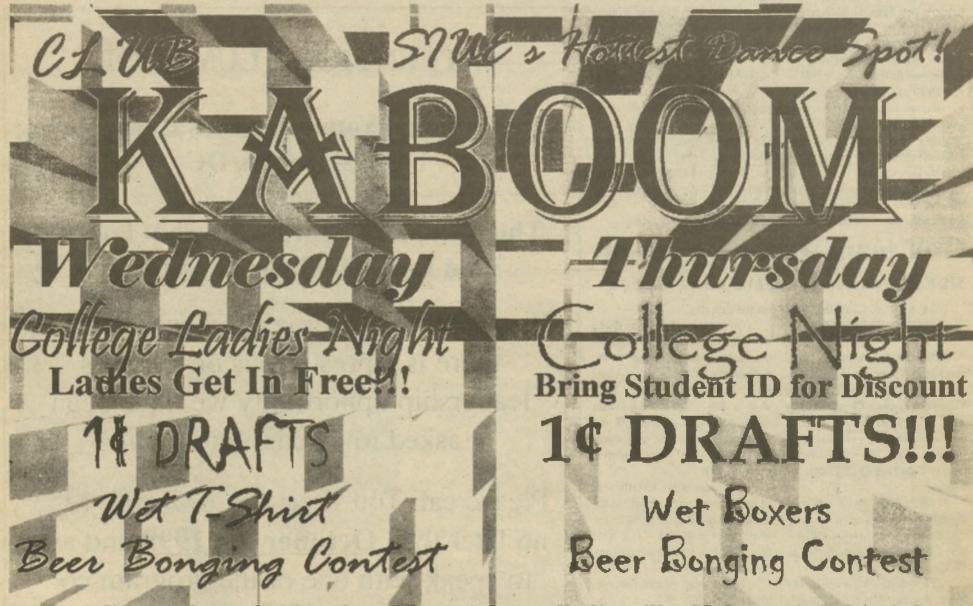
Mulherin and Hardimon lost in the finals to Ferris State's Jennifer Garvey and Sharrie Kindig 6-1, 7-6.

"It was really a close match," Logan said. "The scores don't indicate how close the match

The Lady Cougars are now focusing on this weekend's GLVC championships. SIUE is ranked No. 3 in the conference and is still unsure who their first round opponent will be.

"We play the sixth seed," Logan said. "There's still a match to played between Bellarmine and Lewis to decide the fifth and sixth seed."

The GLVC championships will held in Indianpolis on Friday and Saturday.



Ten Minutes from SIUE take 157 straight to Collinsville. Kaboom is behind the Waffle House and Amoco Station in the Travelodge. Phone: (618) 344-7171 Ext: 407

VEGAN-

from page 6

prepare whatever food she desired.

The question that everyone is so eager to ask is: "What do you eat?"

The U.S. Department of Agriculture has convinced everyone that people need to eat meat to get the recommended amount of protein. However, it is not necessary to eat meat. More than enough protein can be found in other organic sources.

Vegans depend on these organic sources for their dietary needs, and vitamin supplements are often used.

A very popular part of the vegan diet is tofu. For many people, this triggers the gag reflex, but Motykowski swears they haven't had it prepared properly.

Another organic meat is Seitan, which is commonly known as "wheat meat."

Soy is a large part of the vegan diet as well. Vegans use soy milk in place of regular milk for cooking and to make cheese.

True vegan products are labeled properly. BocaBurgers are an example of a labeled vegan product.

The vegan lifestyle is very trying for college students and it is incredibly expensive to follow. For example, a quart of soy milk costs \$2. That translates to an \$8 gallon of milk

Reactions to this lifestyle vary from curious to hostile, vegans say. Often when a social ritual, in this case eating meat, is questioned or changed, people react negatively.

Some people feel that vegans are asking them to change their normal daily rituals and this triggers a negative

"It isn't for everyone, it's just my personal choice,"
Cooper said.

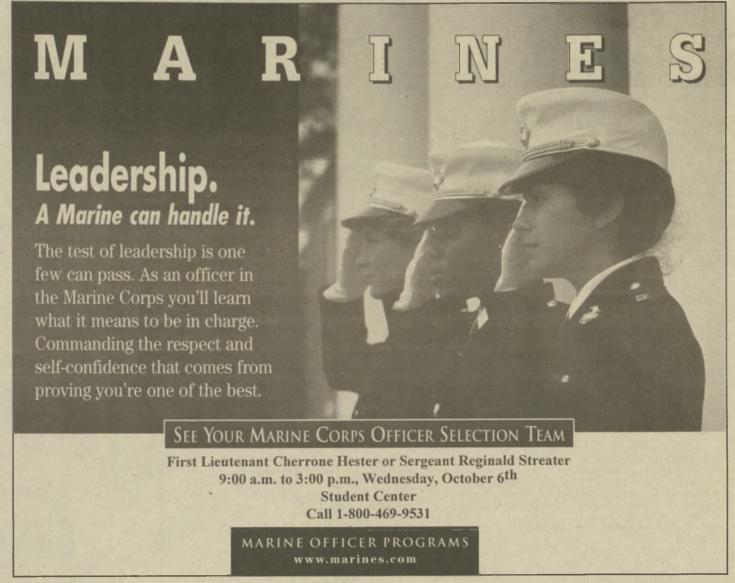
Motykowski has been confronted numerous times by people trying to impose their beliefs on him just because he is different.

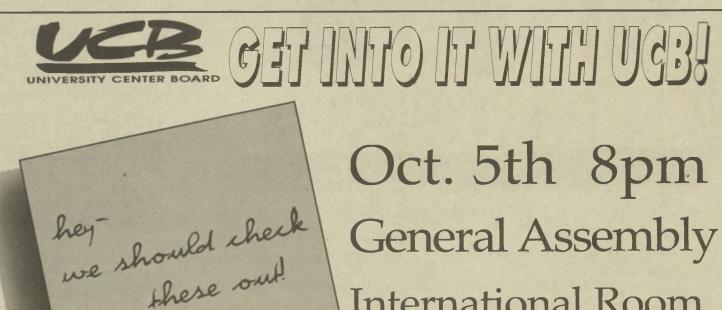
People need to know what it means to be vegan in order to understand vegans themselves. There are many reasons why people adhere to this idea. For the most part, vegans don't believe animals deserve to be slaughtered.

Plus, grain used to feed livestock could be used to feed many more people than the meat produced. Actually, animals are being fed enough grain in a year to feed 1.3 billion people.

It is not unhealthy for people to practice a vegan lifestyle if they are willing to be educated and compensate for all of their dietary needs.

If you have any questions, e-mail Pete Motykowski at pmotyko@siue.edu. He is willing to do his best to answer all questions.





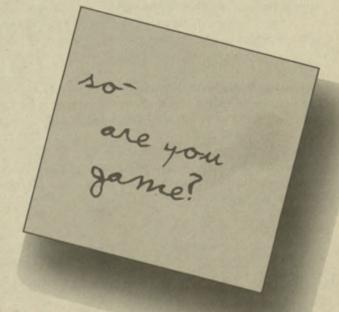
International Room
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Oct. 6th noon

Soup & Substance

Cahokia Room

Free Soup! Door Prizes!



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School age teacher needed for after school program, 2p.m. to 6p.m. 2 years college with 2 classes in education needed. Call 797-6622

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Looking for a reliable and dependable house and/or child sitter. Must like animals. Gloria 288-8854 10/7/99

PERSONALS

Now what you have been waiting for?. Delta Jam '99. It's time to really kick it! Oct. 8, 1999. 10pm - 2:30am. Admission \$3.00. Delta Sigma Theta

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ΔΦΕ Becky Ellis - Congratulations!! Wish I could be there to help you celebrate the good news - he's a lucky guy. Love, ΔΦE Susan 10/5/99

ΔΦΕ Ladies - You're the best - don't ever forget that, or let anyone tell you any different! Always.... 10/5/99

COME JAM WITH THE DEVASTATING **DIVAS OF DELTA SIGMA THETA.** Friday, October 8. Meridian Ballroom 10pm 2:30am. Cost \$3.00 oo-oop! oo-oop!

Watch out! Look at all that BROWN and OLD Gold walking around! Welcome back to the Quad Gentlemen! The Zealous Ladies of ZΦΒ! 10/5/99

The night was full of true blue elegance! Much love to the three madames of Zeta Phi Beta Soronty Inc.

FOR SALE

Used Books at bargain prices. Good Buy Bookshop, Lovejoy Library Room 0012, Wednesdays and Thursdays 11am-3pm. Sponsored by Friends of Lovejoy Library.

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1996 Geo Metro. Blue 4-door. 49,000 miles. Good Condition. \$4,000 o.b.o. Call 659-1973

For Sale!!! 1993 Infinity J30. Charcoal 75,xxx miles, Fully loaded. \$11,500 o.b.o. Contact 482-0282

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APARTMENT FOR RENT 2 bedroom 1 1/2 baths \$450/month 667-1909

ATTENTION!

The New

1999-2000 SIUE **Phone Directory**

is available Tuesday, October 5, at the Information Center located in the Morris University Center.

appears. If you cannot find your ad or

discover an error in your ad, call 650-

3528 or come into the office. Positively

no allowance made for errors after the

first insertion of advertisement. No

allowance of correction will be made

Placing Ads

To place a classified ad, come to the

Placing a classified ad Frequency Rates **Adjustments** Please read your ad on the first day it

(For billing purposes, five (5) words equal one line). All classifieds and personals must be paid in full prior to

1 run: \$1.00/line 5 runs: \$.90/line (2 line minimum) 20 runs: \$.8/line 3 runs: \$.95/line Personals: \$.50

> **Deadlines** Fall/ Spring **Tuesday Publication:** Noon Friday Thursday Publication:

Noon Tuesday

Office of Student Publications, located In the UC, Rm. 2022, and fill out a classifieds form.

without a receipt.

Office Hours: Monday thru Friday: 8am - 4:30pm



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Limit One Per Customer • Must Present Valid ID

Must Present Coupon • Expires 9/30/99 CALL TODAY, 656-UTAN



12:00 pm - 1:00 pm : Soup & Substance (Cahokia Room) Improving Patient Compliance and Management of Chronic Medical Conditions via the Web. Presented by Steve Kline, Dr. Jerry Weinberg and SIUE Computer Science Department. FREE Admission, Soup & Door Prizes.

9:00 pm - 11:00 pm: Fireside Flicks in the Opapi Lounge of the Center. This weeks feature is "Yojimbo". Come and see this film for extra credit, you'll be glad you did.

7 - Thursday

7:00 pm 10:00 pm : Casino Night (Meridian Ballroom)

7:00 pm 10:00 pm : Must See TV (Goshen Lounge) Come and see some of your Thursday night programming on a large screen TV with a friend. Free coffee & popcorn.

8 - Friday

8:00 pm: Friday Night Follies (Cougar Den) This Friday, the Follies presents REVELATIONS Catch some of today's hottest alternative rock, along with some orginals. GREAT MUSIC, GREAT ENTERTAINMENT, EVERY FRIDAY! FREE Admissions & Snacks.

11:00 am - 2:00 pm: Brunch in the University Restaurant. 11:00 am - 12:00 Midnight: Sports Central in the Cougar Den. Come and root for your favorite team. Enjoy some FREE popcorn and a great time.

10 - Sunday

11:00 am - 2:00 pm : Brunch in the University Restaurant.

11:00 am - 10:00 pm : Sports Central in the Cougar Den. College Ball, feel the excitement on a large screen. Enjoy some FREE popcorn and a great game.

11- Monday

7:00PM-UTC: Monday Night Football (Cougar Den). Jacksonville at New York Jets. Enjoy some FREE snacks and sacks.

Calendar on the web at http://www.siue.edu/UNVCNT/happenings