Framework

The Complexity Leadership Model is the framework guiding this project. The Complexity Leadership Model is comprised of knowledge, leadership style, personal being and awareness, and action (Crowell, 2011). The model is derived from the theory of complexity science and the understanding that health care delivery is a complex adaptive system. As is needed for successful short term global health experiences, the theoretical basis serves to develop strategies and behaviors rooted in a relationship-based approach intermeshed with self-reflective practices to an ever changing environment in hopes to achieve growth, change, and mutually beneficial outcomes.